

# GLOBAL EMPIRE EVENTS & BizNATION TV

*Presents*

# EK Ek. nari 100 Pe Bhari NARI

## CHAPTER-9



POWERED BY-  
GLOBAL EMPIRE EVENTS

29th FEBURARY 2024



# GLOBAL EMPIRE EVENTS

## CHAPTER-9



100 Pe Bhari

GLOBAL  EMPIRE

*Breakthrough to Excellence*

**29th FEBURARY 2024**  
**RADISSON BLU, NEW DELHI, INDIA**

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# Adv. Udaiveer Singh Bindra

## Managing Director Global Empire Events & BizNATION TV



Aaj aap sab ki uphastati me and in your welcome I would like to say

मीरा की अमर भक्ति ज़हर से मर नहीं सकती,  
झाँसी वाली रानी है किसी से डर नहीं सकती,  
मदर टेरेसा, कल्पना हो या सानिया,  
असम्भव क्या है दुनियां में जो नारी कर नहीं सकती।

Today on this auspicious occasion as we have gathered under the Ek nari 100 pe bhari and Leaders of Bharat 9th Chapter.

I would like to mention Why do we celebrate the Woman Leaders and glorify our Indian women entrepreneurs and Educators more is because - बिजली चमकती हैं तो आकाश बदल देती हैं आंधी उठती हैं तो दिन रात बदल देती हैं जब गरजती हैं नारी शक्ति तो इतिहास बदल देती हैं

!!

I'll tell you why and how ?

Today President of India is a Woman, The Finance Minister of India is a Woman, many Chief Justices of Honorable Supreme Court are woman, many corporate heads of big mncs are woman, woman cricket team is excelling. So we are not only just having leaders in the most populated country of the world, but we are also way ahead in having "woman as leaders".

Talking about leadership according to the shreemad Bhagavad Gita,

It is not possible to become an effective leader if the leader does not understand his or her own self, and does not understand his or her own potential and purpose but today in India we have a leader Our Prime Minister Sh. NARENDRA Modi ji who does not only understands himself very clearly but the heart of the Nation and people as well and is leading on the forefronts, Economically, socially and geopolitically and we can proudly say today that India is the world leader not only on the Asian Map, but up there on the World map & India is the New Emerging Superpower.

And now Talking about BizNation TV the digital backbone of Global Empire Events, the core team of marketing, digital marketing and the pillar.

In today's Era of Entrepreneurship and marketing I believe that we don't have a choice on whether we do social media, whether we advertise our business on social media or not, but the question is how well we do it ?

So How well we do it at BizNation TV?

In mba the first chapter we read is jo dikhta ha vo bikta ha.

BizNation TV is a live example for everyone of you attending this conference today, you all connected with us because of our visibility on social media because of our digital marketing which was done by BizNation TV.

BizNation TV will be a one stop solution for all your digital marketing needs. All the designing you see here on the stage on photobooth on the standees all the conceptualizing of the conference and the event and the marketing has been handled by BizNation TV.

We believe in brand building and would like to be at your service through our digital marketing strategies & Services. Let's grow your brand together with BizNation TV. To know about our services we have kept our brochures in your Conference kits.

I'll conclude by saying...

रुकावटें आती हैं सफलता की राहों में ये कौन नहीं जानता,  
फिर भी वह मंज़िल पा ही लेता है जो हार नहीं मानता।





## H.E. Mr. K.L. Ganju

**o.c.v.c. (Cdr.) Doctor (Honoris Causa)  
Consul General (Hy). Advisor to Foreign  
Minister, Union of Comoros. President  
Hony. Consular Corps Diplomatique-India**

Mr. K.L. Ganju a businessman by profession became the Consul General (Hy.) of the Union of Comoros in the year 2005. The gazette notification for his appointment was issued by Govt. of India on 10th January, 2005. Mr. Ganju at the initial stage of his life had to abandon his education to standby his father at the time of crises in the family. But he was determined to make a mark in his life. At the age of 19 years he started a small business which grew steadily. He continued his struggle and achieved his desired goals. He married Dr. Gurdeep Kaur and started living happily. He has two daughters. After giving good education to them, he got them married. Right from the beginning of his life he was devoted towards helping the under-privileged, he continued to give education to the poor children and helping getting married the daughters of the poor families. Apart from this, he was instrumental in collecting funds for the Indian Spinal Injury Center which is today one of the best Spinal Injuries Hospital in India. For this effort, he collaborated with Maj. H.P.S. Ahluwalia (the Everest Hero). But the zeal to do something special continued. In the year 2004 he was offered to become the Consul General (Hy.) of the Union of Comoros in India. Initially he declined this offer, but ultimately due to some good friends he agreed to take the responsibility. After assuming the charge of the Consul General (Hy.) he realized that this is the

best way to help the needy people wherever they are and also promote good bilateral relations between India and Union of Comoros. He established Embassy like Hony. Consulate in New Delhi and started working. He realized that there is no traffic of people from Union of Comoros to India either for education, medical treatment or business. He used his skill to convince the people and Govt. of the Union of Comoros to send their patients for medical treatment to India which has good medical facilities available at a reasonable price. He also convinced the students of Union of Comoros to come to India for education. Though Union of Comoros is a francophone country still students came to India, learnt English and thereafter completed their graduation, post-graduation and also some of them did doctorate. The biggest satisfaction which came to Mr. Ganju was when serious patients started coming to India for treatment. During the course of their treatment it gave Mr. Ganju opportunity to serve them, help them at the time of need. This also includes, sometimes, giving family blood to the patients at the time of operation. This action of Mr. Ganju became talk of the town in the diplomatic community in Delhi and people in Comoros. This service of Mr. Ganju continued and is still on.

Having achieved to serve the people of Comoros, Mr. Ganju also played an important role in promoting bilateral relations between India and Union of Comoros. Today the bilateral relations between the two countries are its best.

Mr. Ganju is proud of his achievements and in the process he published a book titled "The Golden Decade 2005-15, My life as Hony. Consul General". During the printing of the book, the comments Mr. Ganju received from dignitaries including Hon'ble President of the Union of Comoros are remarkable and satisfying. Some of the comments are mentioned below:

Hon'ble President of the Union of Comoros wrote I quote "So I am glad to say that during this decade, thanks to the tireless efforts of Mr. Ganju, there has been much improvement in Indo-Comorian relations, whether in terms of high level visits, economic interaction or people to people contact." Unquote  
Hon'ble Foreign Minister of the Union of Comoros wrote I quote "Talking about his experience as Honorary Consul General of the Union of the Comoros is an important contribution that I greet with respect. It is a testimony and teaching. Diplomat by heart, Mr. Ganju will always surprise us and amaze us. His journey is a life lesson. His life, he devoted to others. My country is proud to count on a man with great human qualities, a man of great talent who knows how to open himself to others." Unquote

Hon'ble Mr. Idriss Raoua Quedraogo, Ambassador of Burkina Faso in India wrote I quote "His achievement as Hony. Consul General is like a pilgrimage, where he has invested a lot of dedication, selfless service, humility and fraternity to deepen the concept of Diplomacy. As a young envoy of Africa, I feel very proud and honored to have crossed paths with Mr. K.L. Ganju." Unquote.

There are many other messages which were received from different Ambassadors, High Commissioners, Dr. G.V.G. Krishnamurthy, Former Election Commissioner of India and other dignitaries.

For this extraordinary humanitarian work through diplomacy and also developing excellent bilateral relations between India and Comoros, Mr. Ganju was awarded two highest civilian decorations by the Hon'ble President of Union of Comoros.

1. "Order of the Green Crescent of Comoros" – Officer Grade
2. "Order of the Green Crescent of Comoros" and was raised to the level of "COMMANDER". This is the highest civilian decoration of the Union of Comoros.

Apart from the above Mr. Ganju has received the following awards:

1. Gusi Peace Prize, citation of which is signed by the Hon'ble President of Philippines. He is the 7th Indian to receive this award.
2. Pride of India leadership award from Kent, United Kingdom.
3. "Gold Medal" by Amity International University, Noida.

Apart from the above he has received many other National and International Awards.



## **Dr. Neeraj A. Sharma**

### **Honorary Consul General of the Republic of Palau to India**



Dr. Neeraj A Sharma born in New Delhi (India), comes from a simple joint family background. He is a second generation Entrepreneur. He holds his Masters in Foreign Trade and Post Graduation in Management from the Indian Institute of Management Kozhikode (IIM K ). He has also been awarded a Doctorate of Honors in Business Management. Dr. Sharma is a well known Strategist and has been in the fore front of Establishing Diplomatic relations to enhance value addition for Business Houses. He is a Specialist in Mentoring Start ups in various domains and has a fan following for the business turn arounds that he does. He specializes in Brand creation, process simplification & simplified Top Management Operations, Long & Medium term business Strategy, Financial Management, New market Developments and Entrepreneur Vision Advisory. He manages various businesses in his personal capacity in the field of Technology, Automobiles, Real Estate, Consumer Electronics, Biodegradable products, Food products & Higher Education. He is also on the board of advisors of many Educational Institutions and Companies as well. Dr.

Neeraj has been awarded "Rashtriya Udyog Ratan Award" by the Economic Development Forum. He is an active supporter of Non-Governmental Organisations and Charitable Organisations like Home for the Aged (Little Sisters of the poor), Missionaries of Charities belonging to Mother Teresa's Home) & Cheshire's Home for the handicapped girls. In 2019, he was appointed the Honorary Consul General of the Republic of Palau to India. It is a Position where-in he has been appointed under the Exequatur issued by the Honourable President of the Republic of India & The Honourable President of the Republic of Palau, a rare nomination given to privileged few. Despite his Professional and Social duties he is an amazing Sports person and continues to inspire the younger generation by his Athletism. He has won many distinguished medals and awards in the field of Cricket, Track & Field Events, Badminton and Football. And has had the honor of being trained by Shri. VR Beedu (Dronacharya Award Winner 2018) He is constantly working towards enhancing bilateral trade and relations not only between India and Palau but also between India and various other countries, and has been propagating focus on building business based on Technology and Made in India

products and also is consciously making an effort to mentor young Global Millennials into Niche Entrepreneurs with an out of the box strategy.



## **Dr. Nabhit Kapur**

**Head of SDG'S - United Nations Association  
President - World Leaders For Mental  
Health**



Dr. Nabhit Kapur is a crusader of mental health and multilateral diplomacy who advocates for global mental health and wellbeing. Working on the agenda of well-being diplomacy with special focus on Africa he has served in various organisations and governments in different capacities in Africa.

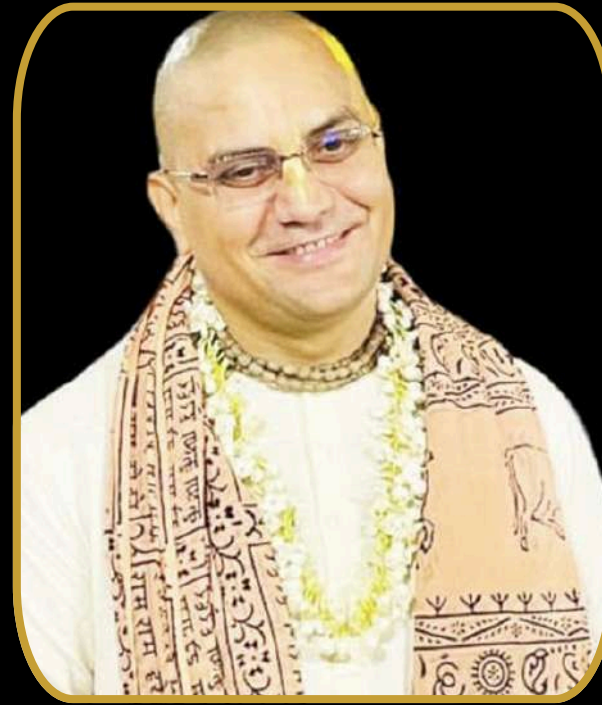
Dr Nabhit Kapur currently is the head of department of Mental Health (SD3) of the world fund for development and planning (IGO). His main professional interests include mental health advocacy, well-being diplomacy, international affairs, diplomacy and global peace. He is the founder and president of Peacefulmind Foundation and World leaders for mental with core objective to heighten up the scale of mental wellbeing all over the world. According to him mental and psycho-social well-being demands and deserves attention and robust initiatives. As a tireless advocate for well-being diplomacy and change maker, he has distinguished himself by his compassion, persistence, devoted advocacy and awareness raising about the importance of mental health in policy making focused both on micro and macro levels, particularly in the context of the 2030 Agenda for Sustainable Development. Nabhit is working passionately to bring about a considerable change in way mental health and well-being is perceived today hosting policy makers globally on the platform of world leaders for mental. Rooted by his nature to serve, he has provided the said missions with invaluable assistance in areas such as collaborations, humanitarian assistance, education, peacebuilding etc. He is committed to selflessly serving the communities, especially the vulnerable ones in the context of making mental health a household name. During the time period of March and May 2020, Nabhit Kapur successfully trained approximately 154 Volunteers across Africa who were named PM COVID-19 envoys. The areas of their focus were to reach out to people digitally who need help, post motivational quotes, psychological wellbeing help tips, etc. During the second wave of Covid-19 in 2021; since April, PM under the leadership of Dr. Nabhit Kapur entailed free counseling sessions for more than 1500 people.

In 2021 when Afghanistan was in dire straits he chose not to become a mere spectator instead believed in taking initiative for the improvement. After coming across the whole scenario, he called the people who were from Afghanistan and are residing in India all alone and gave them the assurance that they are not alone. As the founder of the Peacefulmind Foundation, he guaranteed to provide psychological aid and special counseling to Afghans. The list is endless but some of his notable recognitions includes - the Ghana Peace Award by the Ministry of Interior, African Peace Laureate was presented to Nabhit Kapur by African Union and African Child foundation in 2018. Further, he was honored with Commissioned as Colonel Highest civilian honor by Government/Governor of Kentucky State, USA. 2021 though a slow year, but Nabhit Kapur was recognised by the International association of world peace advocates UNECOSOC as the Peace ambassador and a peace fellow. In 2022 universities like OPJS and Accord university Somalia honoured him with Honorary doctorate in mental health and wellness. During the African heads of states meeting in Addis 2023 he was bestowed with the African peace Ambassador award and le meilleur leader in Health and diplomacy in Benin. In Ghana April 2023 he has been recognized as the most influential leader in Africa by British council. Nabhit has taken honours in Psychology at the graduate, post graduate and higher education. The profile of the organizations are [wifmh.org](http://wifmh.org), [Peacefulmind.org](http://Peacefulmind.org)



# Prashant Mukund Prabhu

International Spiritual Coach || Senior  
Councilor ISKCON Dwarka Temple



Brahmin Initiated Disciple of HH Gopal Krishna Goswami  
Maharaj

His Profesional Education

B.Sc (Industrial Chemistry) Delhi University, MBA ( Symbiosis institute)

DPS from london college of management.

He has worked with big multi national companies like Novartis, WNS, Millward Brown..

He is associated with ISKCON last 16 years.

He is Vedic Bhakti Shastri from ISKCON (MIHE - Mayapur Institute of ligher Education)

He has worked as Vice - President of Annamrita (ISKCON Food relief foundation)

He is regular Visiting Faculty @ ISKCON Bhagavat Mahavidhalay (Vedaversity).

He is Involved into Councelling as spiritual Guide to many families @ India, Florida, Phillidelphia, Dubai, Muscut, Oman, Denver, Karanchi

He is famous vedic scripture speaker can be seen on YouTube and Hare Krishna TV Channel.

He has done more than 100 seminars on DYPH, Life Management, Stress Management, Time Management in corporates, schools, socities, management colleges.

Like Apcejay College of Management, Delhi.

Indian navy school, Visakhapatnam.

Paras Hospital, Gurgaon.

Akash College, Ajmer.

PHD chamber of commerce, Delhi.

Alims Hospital Delhi.

He is known for his Dham Yatra Katha cone at Rameshvaram, Jagannath Puri, Dwarka, Vrindavan, Mayapur, Tirupati, Guruvayur, uddlippi, Sri Rangam, Haridwar, Suktaal, Yamunotri, Simhachalam, Ahobilam.

He is regular guest speaker of srimad Bhagwatam in different iscon temples globaly...He is known for his Dham Yatra Katha done at Rameshvaram, Jagannath Puri, Dwarka, Vrindavan, Mayapur, Tirupati, Guruvayur, uddlippi, Sri Rangam, Haridwar, Suktaal, Yamunotri, Simhachalam, Ahobilam.



## **Ms. Usha Mani**

**Topic- "Leader, I'm not a Leader"**



**USHA MANI**

**FOUNDER PARENTEEN BOND**

**CHANGE MAKER, EDUCATIONAL THOUGHT LEADER,**

**UNDAUNTED TRANSFORMATIONAL SPEAKER, WORLD-CLASS FACILITATOR,  
INSPIRATIONAL AUTHOR, AND CERTIFIED COACH.**

Usha Mani is a seasoned teacher, award-winning transformational speaker, author, and British Council School Ambassador and Master Trainer – CBSE who has dedicated her life to educating and inspiring the next generation. With over 40 years of extensive experience in the field of education, Usha Mani has been blessed to touch the lives of thousands of students, parents, and fellow teachers throughout her lengthy career. In 2015, she received the National Award from the President of India for her contribution to the field of education.

She is the founder of “ParenTeen Bond” which facilitates

Smooth communication and excellent relations between teenagers and their parents.

As a proud mother, grandmother, and wife to her wonderful late husband, Usha Mani believes in always growing and embracing new opportunities. This led her to dedicate herself to coaching and speaking at the age of 67.

As the author of her book, It's Now or Never, she aims to distill her experience into practical advice that helps struggling parents with their teens. She has also hosted several workshops on Self-Effective Transformation (SET) for corporate professionals, leaders, housewives & and people of all backgrounds.

She is on a mission to transform the future generation and make an impact with “100 schools in 100 days in 2024”

Usha Mani is driven by her relentless desire to give back to her community and share the love that has made her life so deeply meaningful.

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## Ms. Sheenu Kathuria

### "Determination of a Woman Entrepreneur Towards adding Value"



"Whatever you give a woman, she will make greater. She multiplies and enlarges whatever comes her way." – Ms Sheenu Kathuria - Founder & CEO, EduNation Consultants, has been an epitome of this statement. As a second time representative of this platform – specifically this year as "Ek Nari 100 Par Bhari", she has proven that you bring upon any opportunity or challenge to her, and she has ensured to come with an outcome that is driven by determination, values and immense confidence.

Her leadership journey started in 2002, when at the age of 20, she began working in a Medical Transcription firm in Delhi. She was the youngest employee in the firm, but that did not deter her from proving that age is just a number. Within six months of being with the firm and due to strong exhibits of effective performance, she was assigned the responsibility of handling a full team of 40 employees. "A true leader is one who commands respect and not one who demands it." This statement holds good for her, as for her new role, the entire team was completely supportive and equally elated, and the fact that every employee was elder to her, never acted as any deterrent in the working journey. In fact, every sub-ordinate worked tirelessly to ensure that the team's goals are met in lines with Sheenu's goals and vision.

In the next few years, there were numerous endeavors that Sheenu embraced and proved her mettle of being a true professional and leader. She has managed different roles at leading firms such as Wipro, Standard Chartered Bank, New Zealand High Commission and Australian High Commission, to name a few. Her last employment was in 2019 at Australian High Commission, post which she decided to embark on the entrepreneurship route.

All plans to set up an Overseas Education Consultancy were concrete. However, what was not foreseen was the COVID - 19 phase. The go-getter as she has been, Sheenu refused to accept any deterrents to her plans and on March 21, 2020, the day the entire country went on Lockdown – She enrolled her first student for IELTS – Online. This was another exhibit, of a true leader – Being immune to pressure or unforeseen situations. That year, she trained from 1 to about 50 students on Zoom platform, and there was no looking back. She continued to working on student profiles and placing them to respective countries, despite border restrictions even in 2021. Finally, in January 2022, Sheenu formally registered her firm EduNation Consultants, an Overseas Education Consultancy in Faridabad. A firm that started just with her as one-man army – wherein she was the Counsellor, the Trainer, The Admissions Expert, the Visa expert and representative of all services, is now a Team of 6 wonderful Executives that she proudly terms as Pillars. The organisation embeds values of Integrity, Dedication and Strategic Implementation alongwith ensuring that every student is guided and nurtured properly such that they are able to meet their International Study Goals.

She shares her reason to become an Entrepreneur as one that is Absolutely Personal. Sheenu and her husband Mr Vaibhav Kathuria, were blessed with a baby boy (Kabir) in 2015. Owing to good opportunities and priorities, Sheenu resumed her role at New Zealand High Commission when her son was just 5 months old. There were many milestones of her son that she witnessed over a Video Call or through a Whatsapp Video Recording. As a mother and a professional, she had been balancing the routine well. However, in 2019, she took this decision that she would not want to miss any more moments of her son's growing up years and work upon something that gets her to continue being relevant workwise and enjoy Motherhood with Kabir. For her and as per her, COVID-19 has been a Blessing in Disguise as she spent a truly blissful time with her son alongwith managing her IELTS sessions and working on her plan to start her Firm. In her words, this is one another highlighting attribute of a true leader – Balancing Roles!

The incorporation of EduNation Consultants has been an amalgamation of Emotions and Career Goals. It has been a manifestation of Sheenu's efforts, both as a Coveted professional and a zealous, loving mother. EduNation is now 2 years and 3 months young and they have achieved numerous milestones as a team, and there is no stopping here.

In a society where kids inherit legacy from the patriarchal side of their lineage, Sheenu endeavors to create a mark for her son Kabir and leave a strong foundation by gifting him the Values, Ethics and Vision of EduNation Consultants. Of course, he needs to work towards it as there is no replacement to Hard Work – and she says it through her 2 decades of Experience.

She has many feathers to her cap – A Banker, A Certified IELTS Mastertrainer, An Ex-Visa Officer, and an Entrepreneur. She concludes – A Woman Leader and Entrepreneur is not just somebody who guides a team on professional terms – She is a nurturer of the future of Working individuals, a torchbearer of hope for those who aspire to dream, a rock of emotional support in and outside office and an Example of the fact that You can Do Business Emotionally too – Ms Sheenu Kathuria runs EduNation with utmost emotions and has ensured that it is Profitable – Both Value-wise and Commercially.





# Ms. Aaira Kaurr

"Self-love: The Power Within You"



Profoundly inspiring journey of Aaira Kaurr towards self-love and empowering others!

Aaira Kaurr, a SelfLove Mentor, renowned Author, and much-loved jewellery design Entrepreneur, has embarked on an incredible mission to bring shine in people's lives from the inside out. She has gracefully overcome societal pressures and explored various industries to follow her passion.

After gathering multiple degrees and working with a renowned insurance company for six years, Aaira started her entrepreneurial journey by diving into the world of custom-made real jewelry. However, overwhelmed by the chaos in her life, she turned to meditation and healing in 2008.

With unwavering signs from higher forces, Aaira decided to pause her business and dedicate more time to understand different schools of thought, spiritual learning, and the mind-body connection. She delved deep into the world of meditation, healing, and spiritual learning. She's learned from the best, with certifications in NLP, Life Coaching, Hypnotherapy, Pranic Healing, and so much more.

She also traveled to multiple ashrams worldwide, and practiced mindfulness and meditation under the guidance of gurus.

In January 2020, Aaira's authored a book, "SelfLove: The Power Within You," which guides individuals on the path to self-resilience and creating their dream life. She didn't stop there. Incorporating her passion for jewelry designing, Aaira founded her brand "Selflove Jewels" in 2021, providing both premium and affordable pieces.

What sets her jewellery apart is the process behind it. Aaira calls it MAGIC, which stands for

- Meditation with an Intention
- Aligning the idea into a product concept
- Giving Beautiful shape and form to the product
- Infusing specific sound frequencies and healing, and
- Covering with the protective energy shield.
- The impact of Aaira's work extends globally, with happy clients in Dubai, Spain, Italy, Myanmar, Australia, and more. She has conducted over 200 workshops, retreats, and sessions for diverse groups, corporate clients, schools, and colleges. With over 14 years of energy healing experience, she has given over 1500 healing sessions and taught meditation to more than 50,000 individuals.
- Aaira's integration of wisdom and knowledge spans across industries, coaching and training organizations, managers, and leaders to achieve their goals while maintaining a holistic work-life balance.
- So, if you're in need of a little self-love and healing (and let's be honest, who isn't?), let's celebrate Aaira's empowering venture and learn from her wisdom!





# Ms. Taylor Elizabeth Bodrie Perramond

## "Empowering Feminine Leadership"



Taylor Elizabeth Perramond

### Bio Short:

Taylor Elizabeth is an award-winning certified Emotional Intelligence and etiquette advisor and communications expert who holds a professional diploma in Etiquette and Protocol, MBA in International Business, a Masters of the Arts in International Affairs, and is a certified and licensed Life Coach, Emotional Intelligence Coach and NLP Practitioner. She collaborates with executives, entrepreneurs, and global corporations to cultivate awareness, enhance effectiveness, and foster professional behavior in individuals and teams worldwide. Taylor's distinctive method of etiquette and personal branding emphasizes emotional intelligence, harnessing skills like empathy, self-awareness, and effective communication. This empowers her clients to deeply connect and manifest their optimal selves in both personal and professional spheres.

### Bio Long:

Taylor Elizabeth is an award-winning Emotional Intelligence Etiquette, and Image Advisor and soft skills expert who holds a professional diploma in Etiquette and Protocol, MBA in International Business, a Masters of the Arts in International Affairs, and is a and licensed Life Coach, Emotional Intelligence Coach and NLP practitioner. She has over 13 years of experience working in 22 different markets on five continents.

As 'The Elegance Advisor' she assists her worldwide community and clients through empowering them to understand the importance of etiquette, effective communications, emotional intelligence and cross-cultural sensitivity in their personal and professional lives.

Taylor Elizabeth specializes in curating bespoke and comprehensive programs to increase one's professionalism, EQ, and effective communications. She has assisted thousands of people through her presence as a social media influencer, coaching, at speaking engagements, and through her courses to understand the importance of etiquette and elegance in their personal and professional lives.

### Awards and Recognition

MumzWorld Expert on Etiquette

The International Award of Inspirational Leadership, TLGSEF

The Award of Global Business Excellence in Social Impact, The GUIDE

Expo 2020 Dubai Speaker at the Women's Pavilion, USA Pavilion and Philippines Pavilion

Mentor, UN Women

Crea Global Award, 2022, 2023

Most inspiring UAE Women Entrepreneurs of 2023, The Gulf Entrepreneur

Al Saihati Award for Intercultural Awareness, 2023, AIMS Conference & Awards, London UK

World's 40 Under 40 Emerging Leaders to Watch in 2023

### Areas of Expertise

Social etiquette ( Continental European, British and American) Business etiquette

Personal Branding

Effective Communications

Cross-cultural communications and cultural sensitivity Image consulting

Public Speaking

Life Coaching

Emotional Intelligence Coaching NLP Practitioner

### Education

Diploma in International Etiquette and Protocol, Institut Villa Pierrefeu, Glion Switzerland MBA International Business, The George Washington University, Washington DC USA Masters in European, Russian and Eurasian Studies, The Elliott School of International Affairs, Washington DC

Certificates in Personal Fashion Styling, London College of Fashion and FAD Institute for Luxury Fashion and Style, Dubai

Life Coach IFC License and Certification. Coach Transformation Academy

Emotional Intelligence Coaching Certification. Coach Transformation Academy

NLP Practitioner Coaching Certification. Coach Transformation Academy





# Ms. Amandeep Kaur

I believe in Karma not in destiny, if we do Karma it will take time but it will be done. So,  
"Work until die"

I started my journey in the past 14 years ago when I was passed out my senior secondary education. On that time, I have no vision and path to decide to what to do? Because of middle class family background with limited thinking, I grew up and starting a good job in chartered accountant firm for earning and completing my graduation and in between when I doing my job then I dream that business idea, but no one known about my idea and I doing job and job and job and after many struggles I quit and drop my dream and career. In the period of 2013-2016, because of health issue I hospitalized and suffer from hypothyroidism that time I experience that there is no hope for my dream life and I defeat my life with medicines and syringe. In 2017, this year GST was launch in India and I starting my life again and join chartered accountant firm 10am-7pm job for earning and studying. On that time doctors said that I am too weak and not able to take stress, but my dream is my passion and I ignored and defeated doctor's word and accept the challenges and start my journey with job and study again. Between 2017-2020 I gain my 1st achievement that is "GST officer" I expertise my skills in indirect taxes and after this achievement I again face health issue with suffering gluten intolerance, as well as world face COVID pandemic and I saw all people face same challenge, that I face it in between the period of 2013-2016. 15 days quarantine, immunity down etc. challenges. Then I realize GOD do all things on time and again I starting my journey at home in COVID period and registering myself on social platforms and starting with picture content for aware about this decease and as well as volunteer. I aware people to secure with this pandemic. Because same precaution I taken It between 2013-2016 and as well as I registering for online Courses for upgrading my skills and slowly slowly, I update my all things on Social platforms i.e. my daily lifestyle, my habits, my feelings and my emotions too. I start doing articles with my ground ethics to pertain GST for financial learners and day by day I grew up.

Today I achieve more than 50k members on my official Business Group with Tag line

"BUILD YOUR BRAND'S SUCCESS  
STAND OUT FROM THE CROWD"

- My own business
- One Business Brand
- Financial consultancy services to various businesses.

Now my Life's journey is completely on Facebook, LinkedIn, WhatsApp etc.

Founder and Admin – GST AND INCOME TAX

Follow me below links: -

Facebook - <https://www.facebook.com/amandeep.kaur2911>

Instagram- [https://www.facebook.com/aman\\_deepkaur2911](https://www.facebook.com/aman_deepkaur2911)

Twitter- amandeep.kaur2911

LinkedIn- amandeep.kaur2911

WhatsApp- <https://wa.me/message/233SFT2ZKKDJF1>

Youth4work- <https://www.youth4work.com/y/amandeepkaur2911>

Achievement's in Awards and Certificate is as follows:

- Woman Change Maker of the Year Jul 2023  
Presented by Global Empire Events Sponsored by Women Leaders Forum (ICON OF ASIA)
- Google Analytics Apr 2022

- Google Foundations: Data, Data, Everywhere Jun 2021

- Bachelor of Commerce Jun 2014  
Delhi University • Delhi • India

Achievement's in Professional Life is as follows:

- Financial Consultant Manager at M/s Devriz Fashion Lifestyle  
• New Delhi • India Jan-2023 - Present  
(Business Nature: Trader and Digital Marketer of Beauty and Healthcare Products i.e. Face Wash, Face Cream, Serum, Sunscreen etc.)

- Business Manager at M/s Verma Singh and Company (Chartered Accountants)  
• New Delhi • India Jan-2022 - Present  
(Business Nature: Reputed Chartered Accountant Firm established since 15 years and providing services related to resolving tax case law, filing, registration etc.)

- Proprietor at M/s A.K. Associates (Tax Law and Consultancy Firm)  
• New Delhi • India Jul-2022 - Present  
(Business Nature: Providing offline services related to method of book keeping and provided efficient solutions through excel formats and utility for managing financial statements to Chartered Accountant Firms)

- Proprietor at M/s Japji Consultancy Services (Online Financial Services) Jan-2021 - Present  
(Business Nature: Providing online services related to resolving tax case law, FAQ's by various Tax practitioners, resolve technical issues in software used for filing and submitting returns.)



# Ms. Ambika Burman

**Ambika Burman: The Golden Girl of Indian Business and Entrepreneurship**

Ambika Burman, a leading personality in India's bullion and jewellery industries, has made a name for herself as the Chairperson of Goldsikka Limited. Her journey in the industry has been marked by remarkable innovation in a largely traditional sector, along with a steadfast commitment to sustainable and ethical business practices. As a result of her outstanding contributions, she has been honoured with the prestigious Golden Girl Award 2023, which celebrates exceptional women in business and entrepreneurship.

## Early Life and Education

Ambika Burman hails from Hyderabad, Andhra Pradesh (now Telangana), and was raised in a family where her father is a Central Govt. Non-Gazetted Officer and her mother is an educator. She completed her Bachelor of Commerce degree, which provided her with a solid base to pursue a business career.

## Career Journey

Upon finishing her education, Burman commenced her career in Mumbai as a management consultant at a prominent firm. Nevertheless, she soon experienced an intense desire to become an entrepreneur and launch her own business. She established a hyperlocal ecosystem startup that garnered significant success and also expressed interest in the construction and media sectors. After recognising an opportunity in the bullion and jewellery industries, Burman founded Goldsikka Ltd. in 2019.

In the initial stages of the business, Burman faced several challenges. Still, her dedication and hard work helped her overcome these obstacles. Her dedication, hard work, and business acumen have made Goldsikka Ltd. one of the most successful tech driven bullion and jewellery companies in India. Her approach to business is based on innovation, strategic thinking, and a strong commitment to promoting sustainable and environmentally friendly business practices.

## Goldsikka Ltd.'s Success

Under Burman's leadership, Goldsikka Ltd. has achieved tremendous success over the years. The company specialises in gold and silver bullion trading and jewellery manufacturing. Goldsikka Ltd. has established a vast network of clients across India and expanded its operations to international markets.

The company's commitment to ethical and sustainable practices has also contributed to its success. Goldsikka Ltd. uses only certified, ethically sourced gold and silver.

## The Gold ATM Innovation

Goldsikka Limited launched a Gold ATM in Hyderabad, India, in December 2022, aiming to revive India's gold-rich status. The machine dispenses high-quality gold coins with debit or credit card insertion, storing up to five kilograms of gold and offering different denominations. It also dispenses silver coins of various denominations, simplifying the buying process. Goldsikka is continuously researching and developing new technologies to make gold and silver purchases more convenient and efficient.

## The Gold ATM's Purpose

Goldsikka predicted how gold would pick up prominence in the global metal market. Ambika Burman, the chairperson, envisioned gold and its approach across a broader segment, including the fixed-income group. She dreamed of stimulating the ordinary and the extraordinary to spend in gold. To achieve her goal forever, Burman conceptualised and faced an uphill battle to turn her idea into reality. Consequently, the gold ATM profited from India's focus on gold as an asset.

## Recognitions and Achievements

Burman's leadership and Goldsikka Ltd.'s success have earned her special recognition. In 2023, she was honoured with the prestigious Golden Girl Award, which recognises exceptional women in business and entrepreneurship. The award is given to women who have made a significant contribution to their field and have inspired and empowered other women to succeed. Burman's dedication to promoting sustainable business practices has also earned her recognition.

## Women's Empowerment and Entrepreneurship

Ambika Burman, an Indian entrepreneur, is a shining example of women's empowerment and entrepreneurship. Despite facing numerous obstacles, she established a successful bullion and jewellery company, showcasing the potential of women in business and entrepreneurship. Despite increasing women's entrepreneurship rates in India, challenges like limited funding and networking opportunities hinder women's pursuit of their dreams. Burman's dedication to female entrepreneurship, based on innovation, strategic thinking, and sustainable practices, is commendable. Her success serves as an inspiration to women across India and underscores the importance of promoting women's entrepreneurship in promoting economic growth, reducing gender inequalities, and creating more job opportunities.

## Future Plans

Burman and Goldsikka Ltd. have ambitious growth plans for the future, including expanding operations globally and establishing Goldsikka as a leading bullion and jewellery company. The company is investing in research and development to create innovative products and services. Burman is also dedicated to promoting female entrepreneurship and providing mentorship to women, believing in their potential to positively impact society.

Ambika Burman, co-founder of Goldsikka Ltd., has demonstrated the potential of women in business and entrepreneurship through her dedication, hard work, and commitment to sustainable practices. She has also advocated for female entrepreneurship, offering support and mentorship. The launch of Goldsikka's Gold ATM is a significant milestone, showcasing the potential for growth in the bullion and jewellery industries in India. Burman's success serves as an inspiration for women entrepreneurs, emphasizing the importance of supporting women's entrepreneurship and empowerment in a more inclusive society.





# Dr. Anindita Chatterjee Rao

Professor (Dr.) Anindita Chatterjee Rao  
Professor, Trainer, and Psychic Medium

Professor (Dr.) Anindita Chatterjee Rao is working as Research director-Leadership and Business Excellence and Professor at School of Leadership and Management, Manav Rachna International Institute of Research and Studies(MRIIRS). Her research interests are in area of human behavior, HR practices, sustainable development, organizational change, data analytics, role efficacy. She completed her PhD from Mohan Lal Sukhadia University Udaipur in 2010 and have been working as professor. She worked with Genpact, HDFC and ICICI Bank as an executive before joining education industry.

She has twenty years of experience in management education. She has been recently awarded with 'Best Teacher Award' by MRIIRS. She has guided a number of research assignments for post-graduate and doctoral research students. She did funded research project of 7 lacs from ICSSR (Indian Council of Social Science Research) on Education for Sustainable Development in 2016. This research focused on institutionalization of sustainable development goals in private and public sector universities. She has also published cases study with ECCH and Scopus. Four scholars have been awarded PhD under her supervision.

She has written forty one research papers and book chapters on higher education, sustainable development, leadership, mentoring and employee performance. Her papers in area of corporate governance, E-Sports and green growth indicators have received lot of attention in terms of creating an impact. She has been also involved in using advanced quantitative research techniques in her area of work.

She is trainer and resource person with many organizations. She conducted research workshops as a resource person in Nirmala Memorial Foundation College of Commerce & Science(31st May 2023) and university research development cell, She also did psychometric profiling at Rotary Youth Leadership Awards ( 14th January 2023) for young Rotarians. She conducted four sessions on Achievement Orientation for different batches of GAIL employees at Administrative Staff College of India, Hyderabad (Nov 2022 to April 2023). She has been Program Director and Resource person in management development program on Leadership for Indian Oil Corporation 19th -20th April 2022 and 7th-8th Oct 2022 at IIPM Gurugram on leadership skills and interpersonal skill building.

She has developed two online courses for Center of Distance and Online Education, MRIIRS on SWAYAM portal. She has organized international conferences MRCON 2020 and MRCON 2023, annual as a convener. She has published police journal for Haryana Police as an Associate Editor. She is also an academic council member with Harayana Waqf board in February 2020 at Mewat Engineering Institute, Haryana. She has conducted Webinars on Crisis Management in COVID 19 and Student engagement in online teaching during the lock down period. She has been a moderator and organizer of Panel Discussion with Faridabad Management Association 'Rethinking Performance Management Post Covid August 29, 2020.

She recently completed her training on Diversity and Inclusion from Avtar and NHRDN in November 2023.

She is a psychic medium and healer. She has been actively involved in medium ship reading for healing of people seeking answers from their dead loved ones. She is also a tarot card reader and Reiki techniques. Her work involves helping people with energy healing and Angelic healing modality. She is a follower of Mahaavtar Babaji and his Kriya yoga. She believes in meditation and its effect on our daily lives. Her book on 'My journey with spirit through mediumship: Connecting with afterlife.



# Ms. Anuja Soni

Hi ,

My name is Anuja Soni and I am owner and founder of  
“Melodious Moments Music School” .

I teach Hindustani Classical music and keyboard to students  
across the world . I started my teaching journey in Delhi in 2004.  
and continued in Bangalore where I am living since 2009.

I did my Sangeet Visharad from Indira kala Sangeet Vishwavidyalaya .

I am an Electronics Engineer by education , but I have pursued my career  
in music as that was my passion since childhood.

My music school was established in 2009 and is affiliated to  
Bangiya Sangeet Parishad ( Kolkata) and students from my music school  
Undertake exams every year .

Courses from Adya ( beginner level) to Senior Diploma ( Sangeet Biwakar)  
are offered in my music school.

In 2023 I received award for the “Most Talented Music Teacher” by India Excellence awards ( handed by Amrita Rao)

In 2022 and 2019 I have received “ Artist of the year” by WEFT foundation.

There are more than 100 students from all over the world who are currently  
learning from me. I am associated with many NGOs, where I provide my services  
free of cost to underprivileged children.

My vision is to make Indian classical music popular and approachable to the  
masses .Our Culture and heritage is very rich and needs to brought under spotlight  
so that the classical musicians get their well deserved respect and compensation.

I want to take our Indian Music to common people all over the world so that the  
world knows what beautiful music our previous generations have created.

This is possible when more students learn music and we have more teachers for that purpose.

I hope that this award and recognition helps me in getting closer to my goal .

Thanks and regards,

Anuja

P.S pls have a look at the web links where my profile and interviews have been published

. <https://timesofindia.indiatimes.com/blindwink-announces-the-winners-of-india-excellence-awards-2023/articleshow/102434306.cms>

<https://successmagazine.in/unveiling-the-melodious-journey-of-mrs-anuja-soni-a-maestro-in-music-education/>

<https://brandzmagazine.com/embracing-melodies-the-inspiring-journey-of-mrs-anuja-soni/>





# Adv. Nagma

OUR EFFORTS TO ILLUMINATE SOMEONE ELSE'S HOME MAY ALSO LIGHT UP.

I am dedicated social worker with over 5 years of experience proving suppose to elementary age children proven track record of working with students family and PMKVY, DDUGKY, SFDT within a variety of settings adept in conflict resolution safe physical management and counselling methods. Strong understanding of at risk and special education students experience in managing case loads in an efficiation and effective manner while utilising exceptional time management skills to successfully advocate for time.

## WORK HISTORY

Social worker to serve society at the grassroot level.

Communicated with students with guiness and counselling for development of their soft skills like mobilization convincing and counselling.

Coordinated on going task with team members in village for education of illiterates.

Help to provide shelter to orphans, homeless aged.....

"Nothing in the universe can stop you from letting go and starting over."

Nagma Advocate

Founder- Bright Future Foundation

(Orphen house and old age house)

Contact - 7247827423

Instagram - [https://www.instagram.com/lawyermuskan\\_?](https://www.instagram.com/lawyermuskan_?igsh=YTQwZjQ0NmI0OA==)

[igsh=YTQwZjQ0NmI0OA==](https://www.instagram.com/lawyermuskan_?igsh=YTQwZjQ0NmI0OA==)

<https://www.instagram.com/anath8567?igsh=OGQ5ZDc2ODk2ZA==>

Twitter - [https://x.com/malik\\_nagma09?t=zQVju5XSImQY1kkiqN-ASQ&s=09](https://x.com/malik_nagma09?t=zQVju5XSImQY1kkiqN-ASQ&s=09)



# Dr. Bindu Kumar

Dr. Bindu Kumar, Patron

Dr. Bindu Kumar is Chairperson – New Delhi Institute of Management. Honorary doctorate from California Public university ,

Receipt of 1000 women of Asia Award, Dr. Bindu Kumar is an educationist & philanthropist is founder member of 'Society for Employment & Career Counseling' & Director of 'Employment Today', a national level NGO imparting free coaching for competitive exams to students from the weaker sections of the society for more than two decades. A Post Graduate from Delhi University, Dr. Bindu Kumar is known nationally and internationally for her contribution to management education in India & Abroad. From the last 32 years she has been actively involved in disseminating & rendering quality Management & Professional education to the masses. Under her able guidance 'NDIM', a premier B-School, with consistent A++ ratings is successfully running BBA course of GGSIP University. Being a renowned management consultant she is on the recruitment board of several public & Private sector organizations like Indian Airlines, SAIL, and ONGC. Dr. Bindu Kumar's tremendous initiative and leadership skills have resulted in several activities of social concern & welfare at different levels and conduct of various training and executive Development programmes.

Also leading Shikshit Bharat, under this over 10000 underprivileged children has been provided free education and midday meals. Keep the environment clean and green for which she personally joins the students for fortnightly keep the nearby areas clean. Over 1000 trees have been planted by this team. With efforts still continuing. Girl students are given special privileges and she keeps their safety and skill enhancement as a top priority. Conducting safety drills, self defense workshops with a special dept for sexual harassment for students and staff. As a result NDIM is the number 1 choice of girl students and their parents in Delhi NCR.





# Ms. Christobel Gunaseelan

Gifts play a vital role in expressing love and affection to our family and friends, especially during special occasions. However, in our fast-paced lives, it can be challenging to manage these gestures. People are turning to sources and channels that offer convenient doorstep delivery of gifts. In India, there are very few startups dedicated to providing customised and thoughtful gifts for various occasions.

Garden Concoctions Souvenirs, part of the GC & Co. brand offers a wide range of categories in a single platform, making it easy for you to choose and purchase your favours and gifts for every occasion. The convenience and flexibility offered by our online gifting platform has made it immensely popular, as it empowers people to make their special moments even more memorable by providing tailored gifting options based on unique preferences and convenience.

The world of online gifting startups in India is thriving with creativity, innovation, and convenience. Gifting platforms have revolutionized the way we express our love and affection through thoughtful gifts. From personalized items to unique experiences, we offer a wide range of options to cater to every occasion and recipient. With user-friendly interfaces, secure payment gateways, and efficient delivery services, we hope to make gifting hassle-free and enjoyable.

As the gift industry continues to grow, we expect even more exciting developments and offerings in the coming years. So, whether it's a birthday, wedding, or any special occasion, remember us as we are here to make your gifting experience memorable and extraordinary.

Apart from gifting, we are also into the holistic skincare and hair care sector, with Garden Concoctions Apothecary. It is no secret that the natural & organic skincare & hair care business is one of the fastest growing in India & globally as the demand for natural & organic products is constantly on the upward thrust.

As per research post covid, people prefer using natural & clean products not only in food but are conscious about skin care & wellness products too. We have a wide range of products including an elaborate range of herbal teas, herbal & essential oils for both skin and hair, masks, clays & washes for skin and hair and so much more. We hope to scale our business even further and reach more people in our approach towards a happy and healthy life.

Christobel Gunaseelan  
Founder, GC & Co.  
Chennai | India

Instagram: @garden\_concoctions\_souvenirs  
@garden\_concoctions\_apothecary  
Phone: +91 74188 34567



GREAT GIFTS. GREAT TIMES.

# Ms. Deepa Dagaonkar



DEEPA DAGAONKAR, FOUNDER OF FOSTERING THE FUTURE & SPELLING CONNOISSEUR

Deepa brings over 25 years of professional experience which has given her a broad perspective of the needs of employers versus the skills of the talent pool. Leveraging this knowledge, she is working towards the holistic development of students which often gets overlooked in educational institutions. Career Mentors play a crucial role today in guiding students towards a promising career. With continuously increasing competition, there is a vital need for job seekers to stand out from the hoi polloi of candidates applying for the same role. Having an overall impressive personality with academic, social, and communication skills all perfected is an essential component. While in India, students perfect the academic requirements, their lack of proper communication and social skills often leave them in an unfavorable position. Fostering the Future, aims to bridge this gap, shaping the Indian youth into well rounded individuals who excel in every sphere. Here are some highlights from our interaction. Important facets of your life and professional journey : Prior to establishing Fostering the Future, Deepa Dagaonkar has worked in various industries across the public, private, and government sectors after having completed double prograduation. During professional journey, attended several seminars and industrial meets, which realized that there is a big gap in finishing education among the school and collegians passouts. What the industries are looking for in job seekers and kind of talent pool is not available in today's learners. While students fared very highly in the academic and technical knowledge spheres, they lacked immensely in social skills and communication skills, which impacted their overall personality and impression before employers. This is what motivated to establish an organization which can groom the students from the age of 3.5 years onwards. FTF learners can have the quality of vocabulary, communication, language, listening, reading, life skills which is very important in today's world.

Fostering the Future is a finishing school focusing on social skills, communication skills, as well as academic skills. We help students to strengthen their Empathy, Wisdom, and Courage under social skills; and focus strongly on helping them develop a strong vocabulary and spelling skills to help improve communication and language skills. In today's globalizing world, being fluent in English and having a strong vocabulary beyond the basic words is vital. We also focus on general knowledge which often gets overlooked in the school paradigm. We conduct and participate in Spell Bee Competitions on an international scale, offering our students a platform to compete against foreign students, further motivating them to enhance their skills. Vocabulary building, pronunciations, and spelling fluency are vital offerings of our online platform. What sets us apart from any other spelling bee is that we provide training for spelling formation for each category at school itself. We select and train them, that will help to learn the vocabulary with meaning. We also teach them the words, which will help them for IELTS exam or any other International English language exam from early age itself.

The skill development scenarios for Indian students is challenging, and have ambitious goals to assist them to attain the same level of fluency as students from English speaking countries. One of the main things we work on is helping students build a strong vocabulary for both informal and formal

communication. Furthermore, we want to provide students with worldwide exposure, which is why we compete in worldwide Spell Bee Competitions. Our kids have previously competed in Nigerian and Chinese spelling bees, and we working on our Indians students to register in American spelling bees in the future years. Another goal for the near future is to focus on the concept of social skills, helping students to develop basic skills for healthy human interaction. Inspiration is from an Indian former international civil servant, diplomat, bureaucrat, politician, writer and public intellectual who have been serving as Member of Parliament for Thiruvananthapuram, Kerala, Shri. Shashi Tharoor. One of the biggest goals is to invite Shashi Tharoor on a talk show to inspire our students, and maybe even organize a Spell Bee competition with our FTF Spellers. We want to conduct a spell bee competition in any OTT Channel, which will enhance the vocabulary among all Indians. Dependency on Google search engine in terms of vocabulary and meanings should be on toes while communicating.

Hope to have fulfilled our dreams soon with the cooperation of the society, industries and various well known renowned Business Leaders from India and International.







# Dr. Chhavi Jain

As a school student, I remember one of my interesting visits to school library during the free period. The librarian, Miss Sudha Vashishtha greeted me with a very pleasant smile on her face as always. My favourite section is the cabinet with novels and plays. I love reading short stories, novels and dramas. So, I just inquired the librarian to suggest an interesting book to read, and she always suggests a title to read. Not only this but more small memories motivated me to choose my career as librarian. I had completed graduation in Science from Delhi University and decided to get the professional degree in Library Science. In 2001, after completing Bachelors and Masters Degree in Library and Information Science, started working as assistant librarian in a school. It was the time when world was changing rapidly. Due to introduction of computers, all sectors including education were looking towards automation. This was the time when I had decided to equip myself with the knowledge of use of information technology in school libraries. In 2004, I had received degree of Master of Philosophy in Library and Information Science and specialized in Automation of School Libraries. Indian school libraries were changing rapidly that time and I had got chance to head the project of automation of libraries in various schools.

Looking back to the beginning of my professional life, my path from information scientist or librarian to IASL has been long and interesting. I am member of IASL since 2011 and playing a role of Digital Bookmarks Exchange Project Coordinator since 2014. The first IASL conference I attended was the one in Moscow, Russia in 2011. At this conference I received the Jean Lowrie Leadership Development Grant for the major role I played in empowering school librarians and libraries in India. Now as the Regional Director Asia, IASL working for connecting school libraries across the globe. Presently working as Head Librarian at Manav Rachna International School, sec-46, Gurugram, Haryana, India continue to advocate for school librarians and school libraries. The library is now the hub and centre of independent research by students and teachers as well. I have presented several papers at both national and international forums and is known for work on International Projects to connect classroom with the other parts of world. More than 23 years of experience in the Library profession with substantial experience using latest IT infrastructure in the library is a strength for me and motivated me to complete the research in the field of Digital Libraries. I was honoured with Doctoral degree in 2017. I had presented a significant number of quality professional and research papers, and workshops nationally and internationally. I am member of Information Literacy Standing Committee, International Federation of Library Association (IFLA) since 2011. I was an Honoured Librarian, School Librarian of the Year Award 2018 of School Library Association (SLA), UK.

Working as a committed librarian I have worked on a number of International Projects to connect the organization with the other parts of world. To make the library as a main and working space for the organization, many projects were organized to connect library activities with classroom activities for better understanding of topics. For many years we have been working on International Literacy Projects and other Research Models. To support and upgrade the staff and school librarians, workshops and seminars have been organized. As a proactive librarian, I headed many projects for the development of new information systems in the Library. The recognition with the prestigious EK Naari award would provide me platform for networking opportunities, opportunity to see the profession from a novel perspective and will raise the status bar for School Librarians.

Dr. Chhavi Jain  
Librarian  
Manav Rachna International School  
Sec-46  
Gurugram, Haryana, India



# Dr. Shefali Mendiratta

Dr. Shefali Mendiratta is a distinguished academic and social figure, born on October 9, 1975, with Indian nationality. She currently serves as an Assistant Professor of Education for U.G. & P.G. students at Suresh Gyan Vihar University in Jaipur, Rajasthan, India. Prior to this role, she also served as an Assistant Professor of Sociology for U.G. & P.G. students.

Her educational journey showcases her commitment to academic excellence. In 2023, she earned her Ph.D. & M.Phil. in Sociology from the University of Rajasthan, India. Her academic pursuits also include M.Ed. from the Indira Gandhi National Open University, New Delhi, India.

In the realm of research and publications, Dr. Shefali has made significant contributions. Her research articles have been published in esteemed journals and books, covering diverse topics such as Mahatma Gandhi's Educational Philosophy, Psycho-Socio Problems of the Elderly, and The Changing Society and Lifestyles of the Aged. She has also actively engaged in Newspaper contributions and Platform Publications, addressing subjects ranging from Mindfulness Meditation to Social Issues and Cultural Perspectives.

Beyond her academic achievements, Dr. Shefali Mendiratta has earned numerous awards and honours for her outstanding contributions. Notable accolades include the "International Human Rights Award," the 'Brij Darpan Samman,' and the 'Gina Devi Samaj Ratna Samman.' She has been recognized for her literary contributions and leadership roles, receiving awards like the 'Bhasha Gaurav Samman 2023' and the 'Guru Excellence Award.'

Dr. Shefali is actively involved in social welfare activities, serving as the President of the Women Power Society in Jaipur, Rajasthan. She is a life member of the Rajasthan Sociological Association and participates in various NGOs, including the Time Bank of India and the Shri Satya Indira Foundation. As an educator, she has conducted webinars and workshops for diverse audiences, focusing on students, parents, housewives, and the elderly. Additionally, she has served as the Co-ordinator of the Social Welfare Club (Mangalam) and as the Ex-Nodal Officer of the Aanandam Project run by the University of Rajasthan, Jaipur, India.

Her commitment to education, research, and social welfare with the Motto 'Sharing is Caring' reflects a multi-faceted professional dedicated to making a positive impact in her community and beyond."



# Dr. Zafarunnisa

Respected delegates, Greeting of the day,  
Hope you all are doing well!!

I Dr. Zafarunnisa MD. Farooq has been working in the field of health under TWINKLE HEALTH FOUNDATION for last 35 yrs and to get recognized by this platform of Ek Naari 100 pe bhari. That has created an influence of my profile dynamically. I would like to give thanks to jury of Global Empire Events for selecting and would like to mention a special thanks to Biz Nation TV for providing this platform where I could keep up my words in front of everyone and meet diplomates, entrepreneurs, educators and change makers from various walks of life and it will be learning and networking experience to me as well.

I was a well earning doctor, why would I need to come up with this foundation and run all these through a tough times....right? Exactly, I haven't choose myself to be here it was all the lives who needed and who will need me for their better future. Being a women challenges I faced to reach here wasn't easy but I am having a supportive partner in entire journey of my life....but it doesn't matter who your father is, husband is or supporting man in your life is? As far I thought was only 1 thing women should be financially independent, responsible for her own finances in her life. I never thought making a housekeeper, housewife financially stable would fix her Family crises to the 1000 of livelihoods I have been changing and supporting in there journey. From where a thought have been changed into a biggest dream of my life.

By my profession and this foundation, I will

Give my best but many hands will make me achieve my goals about health awarness, education, development among them for sure. What I deserve is not just by me but for all those who made me reach to this platform and motivating me either.

This is not my dream to be chased,

This is my AIM to be achieved by my hardwork and your support.

Once again thanks to jury of Global Empire Events and to Biz Nation TV for giving me this platform where I could speak up and thanks to all patience listeners...THANK YOU





# Ms. Eesha Lkhwani

I, Eesha Lkhwani, have been working in the field of spirituality for last 10 years and to get recognized at the platform of ek nari 100 pe bhari under the category of \_\_\_ has created an influence on my profile dynamically. I would like to thank the Jury Team of Global Empire Events for selecting me & would like to mention a Special thanks to Biz Nation TV for providing this platform where I will be able to meet diplomats, entrepreneurs, educators & change makers from various walks of life and it will be a learning and networking experience.

I am a certified Numerologist, Lifestyle & Manifestation Coach and a Vastu Consultant.

I started out my professional journey working in the corporate field. However, I soon realized that this was not the road I was meant to travel. My true calling was somewhere else – the study of numbers and stars and how they affect our lives!

The spiritual attraction began in the early years of my childhood, as I was always keen to meet with Astrologers, Palmists or Numerologists. I would often seek guidance from my Horoscope or Numeroscope to choose my path to success.

With the grace of God and the guidance of my mother, who herself has very deep and rich knowledge of this field, I started my journey in the field of occult sciences. Over the last few years, through my humble knowledge of the occult science, I have helped many individuals & business owners choose better paths and navigate their lives better by overcoming the issues of their lives. My purpose in life is to help people find the right paths that can bring them fulfilment, happiness & prosperity.

"My purpose in life is to leave something positive in whosoever's life I touch. I want to help people find the right paths that can bring them fulfilment, happiness & prosperity."



# Ms. Harpreet Ahluwalia

Harpreet Ahluwalia – Green entrepreneur with distinctiveness.

- Effected a leap of faith at peak of my corporate career by listening to my conscious call of being a constructive, meaningful entrepreneur, whose aim was inducing a paradigm shift of rehashing the social entrepreneurship, to a distinctive level of preserving, nurturing and evolving nature.
- My intrinsic love, sensitivity for preservation, evolution of flora, fauna were instrumental in launch of an eco-green enterprise- Earthly Creations with objectives of:
  - Offering an emphatic consciousness towards environment by the present generation.
  - Creating a sustainable, scalable, evolving ecosystem thereby providing meaningful sustenance to the marginalized societal section- Potters, whose traditional art was disappearing –since it presently was unsustainable for them, resulting in mass migration to urban centers as unorganized labor?
- I was committed to provide an engaging alternative on how gardening and gifting, needs to be done, such that one is sensitized better towards animals, plants, birds and environ. A novel concept of preserving, celebrating nature at individual spaces.
- Being resolute, having impeccable clarity of thought, action, a perennial risk taker who explores un charted areas with conviction, resilience, converting them into conscious business, having its edifice on value compass and human face, I have skillfully created, an absorbing value proposition, through a better business design of collaboration, inclusiveness and empathy.

# Ms. Harvesh Yadav



श्रद्धा ज्ञान कर्म .....

Winners don't do different thing, they do things differently .....

Life is full of miracles as well as obstacles. Everyone faces disappointments but winner's don't get disheartened. An English proverb says "A smooth sea never made a skillful mariner". Nothing comes easy in life. Success is not measured by our position in life but by the obstacles we over come to get there.

Service above self.....The best way to find yourself is to lose yourself in the service of others...

I am a proud Rotarian. I try my best to put service before self and doing what is best for the people being served. It's about being able to help others, give hope and make a difference. It satisfies me knowing I positively impacted someone else's life. Seeing other people who are less fortunate than I can be heart wrenching but knowing I can help them, comforts me.

All professions and professionals are the result of a great teacher. So, teaching is my way of serving the community. I wish to make a difference in people's life and want to render my service to womanhood. As a leader, I have clear picture of the vision. My focus is enhancing quality learning especially for girl child and diversity in all forms is an asset to teaching & learning.

होसलों की उड़ान अभी बाकी है

मन के कई अरमान अभी बाकी है

अभी तो नापी है मुट्ठी भर जमीन अभी तो पूरा

आसमान बाकी है| Sky is not the limit, it's just the beginning.





# Ms. Mamta Bhadana

**\*\*Mamta Bhadana: A Trailblazer in Sports, Education, and Social Impact\*\***

In the tapestry of remarkable individuals, Mamta Bhadana stands as a vibrant thread weaving through the realms of sports, education, and social service. A name synonymous with excellence, Mamta is not just a gold medalist in MSc (Electronics) but a multifaceted dynamo whose journey transcends the conventional boundaries of success. As we unravel the layers of her inspiring narrative, we discover a woman who seamlessly combines her prowess as a national-level basketball and khokho player with a passion for education and a commitment to uplift the weaker sections of society.

Mamta's journey in sports began on the courts of Kendriya Vidyalaya, where she not only honed her skills but emerged as a key player in national-level basketball and khokho competitions. Her commitment to the game reflects not only in the glittering gold medals she proudly wears but in the discipline, teamwork, and resilience that characterize her approach to life. Beyond the scoreboard, Mamta's sporting spirit has instilled in her a drive for excellence that she now channels into her diverse pursuits.

A trailblazer both on and off the court, Mamta seamlessly transitioned from her athletic achievements to the academic arena, earning a gold medal in MSc (Electronics). Her intellectual prowess is a testament to her dedication, proving that the same determination that fuels success in sports propels her academic pursuits to new heights.

Yet, Mamta's story doesn't end with academic laurels. Fueled by a passion for shaping young minds, she has charted a path in education that is as commendable as her achievements in sports. Currently serving as the director cum principal of a preschool, Mamta brings to her role the same energy, leadership, and commitment to excellence that defined her sporting career. Her approach to education mirrors the teamwork and strategy she applied on the basketball court, creating an environment where young minds flourish and dreams take root. Beyond her professional commitments, Mamta Bhadana is a beacon of compassion and social responsibility. Engaging in various initiatives, she tirelessly works towards uplifting the weaker sections of society. Her dedication to social causes goes beyond token gestures, reflecting a genuine commitment to creating positive change in the lives of those who need it most.

In Mamta Bhadana, we find not just a woman of exceptional talent but a role model who defies stereotypes, seamlessly blending strength with grace, and athleticism with intellect. Her story is an inspiration—a reminder that passion, perseverance, and a commitment to making a difference can shape a life of extraordinary impact. As we delve into the chapters of Mamta Bhadana's life, let us celebrate a woman who embodies the spirit of resilience, excellence, and compassion. Through her achievements in sports, academia, and social work, Mamta not only writes her own success story but inspires others to pick up the pen and script their narratives of triumph.



# Ms. Meenakshi Shahi

With 18 years of dedicated professional experience, Ms. Meenakshi Shahi is a stalwart in the realm of social upliftment and educational transformation. For the past 15 years, she has been an integral part of CSRL, an NGO committed to empowering the underprivileged sections of society. Ms. Shahi's journey with CSRL began at its inception, showcasing her enduring dedication to its noble cause. As the Director of Business Development & Communications, Ms. Shahi exemplifies leadership and hands-on involvement. She spearheads CSRL's Educational Project, which serves as a beacon of hope for financially challenged students. Personally, overseeing a residential learning centre, she instils invaluable life skills, fosters social awareness, and champions sustainability initiatives. Ms. Shahi is not just a leader; she is a catalyst for ethical values and environmental consciousness. Through her guidance, students under CSRL's wing embrace a holistic approach to education, not just academics but emphasizing the importance of ethical conduct and environmental stewardship.

Beyond her impactful work within CSRL, Ms. Shahi is a prolific writer and a beacon of inspiration. With 75 published poems and articles to her credit, she shares her insights and experiences with the world, fostering dialogue and igniting change. Her remarkable contributions have earned her accolades, including the prestigious Women of Excellence award, Woman of Substance Award. She is an active participant in Women Car Rally associations. Ms. Shahi's commitment extends beyond professional realms; she actively fosters alumni relations, ensuring continued support for CSRL beneficiaries in their educational pursuits. Armed with a Masters's in Human Resource Management, she brings a wealth of experience in customer relations and HR practices from her tenure at renowned organizations. A true global citizen, Ms. Shahi's passion for travel and exploration has endowed her with a profound understanding of diverse cultures and perspectives. This worldly outlook enriches her approach to social initiatives and fuels her drive to effect positive change. Ms. Meenakshi Shahi's profile is a testament to her unwavering dedication to transforming lives through education and social initiatives. Her passion for projects in waste management and skill development for women in remote areas of India reflects her commitment to driving meaningful change. With a collaborative spirit, she seeks to engage individuals and institutions in her noble endeavor, making her an invaluable asset to CSRL and the broader community.

# Ms. Meghna Pramanik



Ladies and gentlemen, esteemed guests, and my dear friends,  
Namaste! It is truly an honor and a privilege to stand before you today as Mrs. Meghna Debasish Pramanik, a proud daughter of a business family, a wife of a first generation entrepreneur, a devoted mother to a 10-year-old princess, a passionate politician associated with the Bharatiya Janata Party (BJP) for over 14 years. Today, I am humbled to hold the esteemed position of Vice President in Udyog Aghadi Pune City, a responsibility that I cherish with utmost dedication.

My journey has been one filled with diverse experiences, and today, I would like to share a glimpse into the various facets of my life. Having pursued my education in M.Com from Pune University, my journey took a significant turn when I entered the world of entrepreneurship and politics.

My entrepreneurial journey started when I founded Maverick Matrimonials, a company that has become a beacon of love, unity, and celebration. Established under the MSME banner, Maverick Matrimonials has evolved into a trusted name in the matrimonial landscape.

From its humble beginnings, Maverick Matrimonials has expanded its horizons, branching out to cater to various communities, including all Hindu, Muslim, Bengali, Marathi, and Gujarati communities. Our numerous websites reflect our commitment to inclusivity and diversity, ensuring that every individual finds their perfect match within their community.

Beyond matchmaking, Maverick Matrimonials takes pride in offering comprehensive event management services. Whether it's a destination wedding, a theme-based celebration, or corporate events, our dedicated team of planners ensures every occasion is a memorable affair.

In addition to these services, Maverick Matrimonials goes a step further by providing essential legal services. From caste certificates to marriage certificates and prenuptial agreements, we strive to simplify the legal aspects of marriage, making the process seamless for our clients. Our commitment doesn't end there; we recognize the importance of nurturing relationships. Maverick Matrimonials also offers marriage counseling services, reinforcing our belief in not just bringing people together but supporting them throughout their journey.

I am also proud to be a co-founder and director of Systools Software Pvt Ltd, a company specializing in providing software solutions for businesses. During my tenure as the Finance Head of SysTools Software Pvt. Ltd., I played a crucial role in contributing to the company's growth and success. It is a testament to the fact that women can excel in various fields, including the often male-dominated world of finance and technology.

While recounting my journey, I cannot help but express my deep gratitude to my loving husband, Mr. Debasish Pramanik. Contrary to the traditional saying, "Behind every man's success, there is a woman," in my life, it is not about being behind or ahead. It is about standing side by side, supporting each other, and complementing each other's strengths.. However, it is the unwavering support and encouragement of my husband that has been the driving force behind

my success. He has been my pillar of strength, a constant source of inspiration, and a partner in every sense of the word. I owe my success to his wholehearted support and belief in my capabilities.

Empowering women has been a cause close to my heart, and my journey is a testament to the fact that with determination, perseverance, and a supportive environment, women can achieve great heights. If I can break barriers, overcome challenges, and thrive in diverse fields, then each and every woman out there has the potential to do the same. My success story is not just mine; it is a testament to the collective strength and resilience of women who strive for excellence in every aspect of their lives.

I stand here not only as Mrs. Meghna Debasish Pramanik but as a symbol of empowerment, resilience, and the limitless potential that lies within each woman. I believe that every woman has the potential to achieve greatness, and my story is a testament to the fact that if I can, so can you. If I can achieve success in a male-dominated industry, so can any woman who dares to dream.. Let us continue to support and uplift one another, breaking down barriers and creating a world where every woman can pursue her dreams without limitations. Together, let us shape a future where every woman's journey is one of empowerment and success.

Thank you.



# Ms. Nikhat Khan



You can't connect the dots looking forward; you can only connect them looking backwards.

-Steve Jobs.

First Time I had heard that speech in 2016, but don't understand its meaning. Now I'm in 2024, it takes almost eight years to understand the meaning of connecting the dots.

From 2016-2019, I was engaged in brief research, with lots of questions about business, finance and economics. How these things are operating, how can any startup convert into an empire's, what will be the best financial system to follow. These questions help me a lot, and radiated two things from me; firstly it turns me into a writer, and I am became an author of "The Clash of Energy and Economics". Secondly it made me an Entrepreneur; my startup began on the most crucial time of humanity, called, Corona virus in 2020, its Pandemic time when I started Hawk Trading Company. I started with food business because that was the need of Time, need of People.

Perhaps, it involves so many hurdles, with ups and down but till now my company has reached to some of Middle Eastern countries, including south East Asia.

With the changing pattern of Time, we have to renew our life and businesses, and this is the coming age of 4th Industrial Revolution; hence we have started our new project, namely; Fazr Interactive Lab. Mainly for education sector, which lead the system of in a technologically broader way.

Nikhat Khan

Author; The Clash of Energy and Economics.

Founder; Hawk Trading Company; Fazr Interactive Lab.

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# Mrs. Priyancka Agarwaal

Success is a journey, not a destination and I've navigated an 18-year odyssey within RCM Business, India's premier direct selling firm. As the founder of KeySoul, I believe "femininity is power", which can guide every individual towards success. From the very beginning, my commitment has been to drive transformation and innovation within the industry, leaving an indelible mark on both RCM and the larger community. My journey started with hands-on involvement in product development, sourcing, and strategically establishing product categories. These early experiences provided me with a profound understanding of the intricate details of the business landscape.

My vision extends beyond boardrooms and profit margins through KeySoul, a brand breaking traditional boundaries. It's not just about cosmetics; it's a commitment to personal hygiene, offering essentials like sanitary pads and hygiene washes to uplift health standards.

My mission is clear - to provide opportunities to every woman in the country through skill development initiatives. I want to ensure that women of the society can be financially independent and they can create a brighter future for themselves and their families.

I personally believe that females should come out of their shell and contribute to economy of the country in a great way, but due to lack of awareness ladies themselves don't believe in their own capabilities. I also hail from a very small town in Rajasthan but I got fortunate to learn, explore and experiment by joining my father's business, eventually I realized that if opportunities is given to women, they can break the shackles and start firmly believing in their own capabilities.

We have reached lakhs of woman through thousands of hygiene camps and we are dedicated to change the menstrual hygiene situation for not only this generation but for upcoming generations as well. Join me on this extraordinary journey to build a more prosperous, equitable, and empowered India.

I would also like to mention that behind every successful woman is a supportive family. I am married to Mr. Abhishek Agarwaal, a successful entrepreneur. Our partnership is a source of strength in both personal and professional aspects. With two children, Anika and Tavish, my family's diverse interests contribute to the resilience and success I bring to my role as a businesswoman.

My academic journey, from Sophia Sr. Sec. School to Mody School, Lakshmangarh, laid the groundwork for my achievements. Eventually I completed my studies by earning a master's degree in commerce. Life is a learning journey and I often draw inspiration from my father as well, Mr. TC Chhabra, who is not just a business mentor to me but also a personal and spiritual guide.

I believe everything is possible by sheer will and network of powerful people, hence I invite you all to connect and collaborate for a lasting impact. Together, we can build a more prosperous and empowered India.

Priyancka Agarwaal

Founder - KeySoul | Executive Director - RCM Business

Direct Selling | Visionary Leader | Women Empowerment Advocate

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# Ms. Pooja Mahajan



Hello all!!

This is Pooja Mahajan...Founder and Director of Aashiana Home Decor,Gifts,Novelties and Return Favours.I cater to all needs related to gifting in casual as well as corporate world.U can order curated gift boxes for any occasions like b'day Return Gifts,Kitty Gifts,Engagement return gifts,fancy hampers and any type of customisation along with preferred gifts

I am Resin artist too...I make Resin Items starting from small key chains to platters to tables and store ur valuables in resin which can last till eternity.So u can contact me for anytype of customisation in resin products

Another diamond to add in My profile is I am a Director of Sanfort Little school Moti Nagar.It's a Franchise of Sanfort group of schools having more than 300 branches all over India,Nepal and Bangladesh





# Ms. Renu Srivastava

Dr. Renu Srivastava is a retired Professor in Political Science from V.K.M PG College affiliated to B.H.U Varanasi. She has put in 35+ years of service in teaching Political Theory and Public Administration. She carried out her doctoral research on the policy of Non-Alignment in International Relations in 1989 from BHU, Varanasi. Thereafter, she spent time researching on significance of indigenous technologies in local development associated with PPST Foundation Chennai, India.

She has been an active participant in organizing seminars, conferences and workshops for faculties and students with more than thirty plus seminar presentations till date and has fifteen plus published articles in peer reviewed/UGC listed journals in India.

She has published one book on “India and the Non-Aligned Summit: Belgrade to Jakarta”, New Delhi, 1995 and has contributed several chapters in books.

She has been a regular member of International Political Science Association- IPSA and has been a contributor in presenting empirical research papers in three IPSA conferences

1. – “Administrative Culture and Behavior of Civil servants in India” at the 20th IPSA World Congress-RC 48 at Fukuoka Japan, July 2006. F
2. Amidst the severe global Covid crisis, she managed to present her research paper virtually, on “New Nationalism in an Open World” at IPSA World Congress 2021, Lisbon Portugal.
3. Her latest presentation at IPSA was held in July 2023, Buenos Aires, Argentina on topic - Politics in an age of Transboundary crises: The Spiritual perspective to shape the 21st century Politics.

To her credit, she also has 25 presented papers, 17 invited lectures, 10 lectures as a resource person. She is actively engaged in extension activities for students and women empowerment till date.



# Ms. Sarayu Chintala

Meet Sarayu Reddy, a dynamic and imaginative English educator currently contributing her expertise to Sloka International School, Cambridge Hyderabad. While holding a bachelor's degree in Pharmacy and a master's degree in MBA healthcare administration, Sarayu's true passion lies in the realm of teaching English, fuelled by her profound love for literature and working with children.

With her impressive qualifications, Sarayu had numerous opportunities to pursue a well-paying job in the corporate world or a lucrative career in the field of Healthcare Administration in USA. However, her true passion and calling was teaching. From a young age, Sarayu had a natural ability to connect with students and inspire them to reach their full potential.

Sarayu's decision to prioritize teaching over a potentially lucrative career in the USA is a testament to her unwavering commitment to education and her belief in its power to transform lives. She serves as an inspiration to aspiring educators, reminding us all that true fulfilment comes from following our passions and making a positive impact in the lives of others.

Motivated by her ardour for teaching and the desire to make a positive impact, Sarayu embarked on a transformative journey into the field of education. Despite lacking a formal background in English education, she embraced this challenge with fervour and originality. Leveraging her diverse experiences, Sarayu crafted innovative teaching methods aimed at captivating students and instilling a genuine appreciation for language. Sarayu consistently seeks fresh and inventive approaches to engage her students and enhance their language proficiency. Employing a variety of techniques, including technology integration, interactive games, projects, and collaborative learning, she ensures that her classes are both enjoyable and interactive. Active in numerous extracurricular pursuits such as the school newspaper, drama club, and poetry slam, Sarayu is recognized for her optimistic demeanour and the ability to motivate and inspire her students.

Beyond the standard curriculum, Sarayu is unwavering in her commitment to cultivating a supportive and inclusive learning environment. She emphasizes not only language skills but also the development of critical thinking, empathy, and a global perspective. Sarayu's dedication to her students and her passion for teaching exemplify how an unconventional journey can yield exceptional results in education.

# Ms. Shaheda Shaikh



I never daydreamt about Success, I worked for it...

Had been questioning myself, what do I want out of my life?

Holding my standards and values, high of myself as my career with Testing, Inspection etc. I have worked from very young age. I started taking home tutions when i was studying. Then started working in various fields such as events, corporates, education etc. But after losing 2 children, I felt that education is the best field for me to come out of trauma that i have faced. I was lucky and got support from my husband and family to continue my further studies. I have gone through ups and downs of my life and this made me more stronger. I have noticed that specially in weaker and lower economically class male child has given more importance then female child. So i felt that i must help girl child by getting proper education so that they are ready to accept any challenges which may come across their life. Since more than 15 years I have been in the field of education. I believe leadership quality, listening patiently, speaking logically and thoughtfully assisting my students, making my students understand the core value education. As per their interest i guided them and motivated them to choose their professional field.

This made me a reliable and

well- recognized as a good mentor. Education is power and makes a girl powerful. Let gender inequality go away from the society through a girl education. Girls are the base of life, educate them and empower them! These experiences thought me meaningful lessons on how to interact with students and parents and build confidence among me.

Last +15yrs, Aim of life had change started staying positive. Determination, dedication, planning, self -motivation, taking action on time whether it is short-term etc, takes courage to keeping a good head on your shoulders in the face of hardship. It had never been an easy way though as a working women to handle both work and family.

Listening to music, Reading Books are always a stressbuster.

One of my experienced served as a pivotal moment in my life and the path that i had been walking all through.

My family, My students, well-wishers, their ongoing belief in me had inspired me to meet and exceed their every expectation.

I have always looked-for having one of these beautiful awards on my shelf, and today, it's a reality.

This isn't the end goal, but the beginning of the new journey. It has motivated me to do better and my best is yet to come. Hence what's NEXT will always be the driving force within.

I always believe and have faith in the Almighty if you do hard work, definitely one day success is your path. This is how I am moving in my life motivating and building confidence among students. I believe positive and keep focus on what exactly we want to do.

Mrs Shaheda Shaikh M.com, M.B.A, Mphil, B.ed

Principal

Abdul Majeed Khatib Junior college of Arts and Commerce, Mumbai.

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# Ms. Shanie Nilofar

Mrs. Shanie Nilofar is born on 24th September 1975 in Devlali, Maharashtra. I had my schooling in various Kendriya Vidyalayas as my father worked as physical education teacher in Kendriya Vidyalaya. So, being a government employee he had a transferable service and we lived in different cities and states of India. My mother also worked as a teacher in a private school. I did my graduation from Jai Narayan Vyas University. I am married to an Air Force person. He had served the country being in Indian Air Force.

During all these years of my schooling and college, I had participated in various co curricular activities. Many times I got the opportunity of functioning as a guide in my school which inculcated leadership quality within me and it helped a lot in cultivation of a proper spirit of efficient service in my personality. I was also a sports enthusiast in my childhood, so whenever I got the chance I took part in most of the sports activities held in school.

Moreover, I had also gone for trekking to the Gangotri Glacier with my group. we had done trekking in many other places including Narkanda. Meanwhile, I was also fascinated by annual nights and programs like this, also I was good with my dancing skills, so I also got the chance to be in cultural programs held in school and college. I have also participated and learnt through various social science exhibitions. By observing my active participation in all the sections, I was awarded with 'Miss All Rounder' in school. And my most happiest moment in school was when I was appointed as the 'Head girl' of my school.

After my studies, I worked in various well- known private schools. I first joined Bharat Sainik School in Sirsa. Then I got the opportunity to teach in Air Force School, Barwala. I also joined as a teacher in Oxford Public School, Jammu. And after all these services and experiences, currently I'm working as a principal in Sunrise Public School, Jamshedpur.

I also believe in giving back whatsoever I have received from the society. So not much, but few months back I have taken a tiny step towards my aim. Hence, I am presently also working in an NGO known as 'Real India Foundation' that works for medical, educational and outreach program.



# Ms. Sonali Bhambri

I followed my heart..  
And my heart felt full and contented and joyous!

We all search trying to find our purpose of life. A lot of us struggle for years to do that. Something similar happened to me. After having spent 14 years in a Corporate job (after an Engineering Degree in Computer Science) and trying to find my purpose in life, I found my calling in learning and teaching about Yoga and Well-being. I found my calling in exploring depths of my inner self by meditating, in expressing about the need for holistic Wellness than focusing merely on physical fitness.

After leaving my Corporate job fully in 2015-16, I took to seriously pursue teaching Yoga professionally. I spent about 2-3 years learning, taking my teachers training certification in Yoga, Yoga Therapy, Prenatal Yoga, Meditation, Working with Props, Injury Management, Reiki Healing, and Sound Healing. Though I had been a Yoga Practitioner from much earlier (since 2008 while I was first time pregnant), I started teaching formally in 2017. And there has been no looking back since then.

As part of my first assignment only, I took Yoga classes for a group of 100+ teachers, parents, grandparents for 6 months – as part of a Community Service Initiative by the Ayush Ministry and the Bal Bharti Schools. In last 6 years, I have taken several offline and online Corporate sessions and Yoga and Wellness Events for various firms such as BBC London, EnY, Jabong, Vodafone, Renew, Fortum, and many more. During the Yoga day every year, I get to be a part of larger Corporate events. For the last 2 years I have been associated with the Asian Hospital Faridabad (as their Prenatal Yoga coach) – as part of their Antenatal Program where there they educate pregnant women on all aspects of a healthy delivery.

I have been teaching Prenatal Yoga since last 6 years and have had the privilege to hear stories of so many happy and healthy normal deliveries and the big positive impact a practice like Yoga made in the lives of not just the pregnant women but their new borns too.

I love to teach Yoga and talk about Wellness, write and inspire through my posts and small nuggets of information. I love connecting and interacting with people and inspire them to take care of themselves. I am a forever learner and strive to learn ways to make life more meaningful, purposeful and of service to others. I love to sing, take walks in nature, listen to mantras and feel passionate about life.

My vision is to reach out to as many people as I can, and through my learning in Yoga and Wellness, impart knowledge about a healthy mind, body and lifestyle.

What drives me to go on everyday even when times are low? The immense love, respect, and the life changing stories of my students and my own commitment to make a difference in the life of people I come in contact with. Even if there's a small positive impact I can make in anyone's life, it is worth a lot.

It's a day of honour today and I humbly look at it. This isn't the end goal, but the beginning of a new journey. It has motivated me to do better and my best is yet to come...Hence what's NEXT will always be the driving force within.

My simple motto for 2024 – BRING IT On!

Sonali Bhambri

Founder – My Sacred Space

Yoga | Wellness | Meditation | Events

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Feedback about my classes can be checked at my page:

<https://www.facebook.com/mysacredspacebysonali>

Or on my Website: [www.mysacredspace.in](http://www.mysacredspace.in)

Insta Handle: <https://www.instagram.com/my.sacred.space>



# Ms. Sri Ramya

It all started when I found a blank slate wall, a piece of chalk, and my grandfather at leisure. The innocence and pleasure of a three-year-old teaching a fifty-year-old grey-haired man alphabets is still fresh in my mind. As days passed, that teacher in me was silenced by the roar of expectations and forced aspirations.

My life took me from the classrooms of an engineering college to the MNCs in the avenues of the West and back to my beloved homeland, where destiny finally opened doors to my destination. 15 years ago, a highly reputed school in Hyderabad welcomed a novice like me into its fraternity. Since then, I have worked in many schools, met hundreds of students, been molded by my mentors, and made a few forever friends. Today, I look back on all those years with a heart full of gratitude - for bestowing upon me memories, learnings, achievements, accolades, and lots and lots of love.

Motherhood broadened my horizons and reacquainted me with the magical world I bid adieu to as a young adult. Children, I am reminded, color their world in hues of innocence, creativity, and brimming positivity. And what a brilliant portrait they make every single time!

I sadly realized that these portraits fade into greys and blacks as these very naive children grow up into rigid adults - their kindness, sweetness, and smiles lost down the road. What pinches me most is that my sons will go through the same process, if they are not cautioned and groomed now. But then again, would it really be worth it if they remain the same but the world around them turns grey? As a new mother, these thoughts tormented my sanity, especially as I, once more, started to see the world through the lens of a child.

To abridge what happened next, these thoughts fueled my innate passion for being a teacher - this time, not just to live up to my childhood dream but also to do my molehill's worth of service to children who keep hope going and love thriving in this almost automated world. And in the process, who knows, if I can touch at least a student's world - not let one forget who they truly are - I would consider my life worth it.

But it was easier said than done! Though academically presumed to be an outstanding scholar, my foray into the field of teaching took me by surprise - because teaching, I have come to know, is not just about academic discourses. It's about patiently answering countless questions, sometimes answering the same question repeatedly. It's about putting in long hours correcting barely legible notes. It's about giving a shoulder to lean on, and an ear to listen as young hearts vent out their grievances. Sometimes, it was all about being firm to prod them in the direction of their dreams and sometimes, it was all about pushing them to fly to the stars, while they felt they were only fit to walk on the earth.

The past decade and a half of my life is speckled with the faces of my students who look up at me in toothy smiles, magnified by their gifts of admiration and friendship. I have become their confidante, their mentor, and their favorite teacher. But I'd like to confess, I wasn't the only one playing teacher here. They taught me to laugh out loud, be kind to myself and surprisingly, to grow.

I am now a published author of 'Whispered Verses: Illuminations of the Soul' and a recipient of the Emily Dickinson Award. Accolades add drive to determination and when Rotary Club bestowed upon me the 'Best Teacher Award', it only made me want to be better than the best. Chosen to be felicitated with the 'Lead by Example' Award by Pearson, reinforced my perseverance.

While writing this, I wonder if I chose this path or if this path chose me, but no matter what, I will continue doing what I do - envision and work towards a utopia where children are the storytellers, pathmakers, and happy, vivacious adults not bogged down by their own insecurities.

To quote my favorite line from The Alchemist, "... and that happiness could be found in a grain of sand from the desert, as the alchemist had said. Because a grain of sand is a moment of creation, and the universe has taken millions of years to create it." Let's take care of our creations, and the creation will be taken care of.





# Ms. Sucheta Sharma

Sucheta Sharma, a dynamic entrepreneur, embarked on an unconventional journey that saw her transition from the realms of technology and government service to the vibrant world of beauty and style. Armed with a B.Tech in IT and an MBA in Marketing, Sucheta spent a commendable seven years contributing her skills to a government department. However, her innate curiosity and passion led her to a remarkable shift – the establishment of her own salon business, aptly named "Under the Dryer."

Despite lacking industry-specific knowledge, Sucheta's determination and enthusiasm became the driving force behind her venture. With a leap of faith, she entered the salon business, navigating uncharted waters with resilience. Her journey, fueled by the desire to explore and create, began to unfold in Chandigarh, where she opened "Under the Dryer."

Overcoming challenges that often accompany entrepreneurship, Sucheta's salon has now thrived for 1.5 successful years in Chandigarh. The salon, a testament to her tenacity and commitment, has become a local favorite, catering to a diverse clientele seeking quality beauty services.

What sets Sucheta apart is not just her professional journey but also the unique support system that has fueled her ambitions. As a woman in a traditionally male-dominated industry, she faced hurdles and skepticism, but her parents emerged as her unwavering pillars of strength. Despite societal expectations, they stood by her, providing the support and encouragement needed to surmount obstacles. Sucheta's parents, never losing hope, became her backbone, proving that familial encouragement can be a powerful driving force.

In a world where stereotypes often dictate opportunities, Sucheta Sharma's story breaks the mold. Her transition from technology and government service to a flourishing salon business exemplifies the transformative power of passion, determination, and the unwavering support of loved ones. Sucheta's journey inspires not only aspiring entrepreneurs but also challenges conventional norms, proving that with resilience and a supportive network, one can carve out success in unexpected places.



# Ms. Suchitra Gopi

Receiving this prestigious aviation award prompts a reflection on the exciting trajectory of my career, from the early days at Jet Airways to the global experiences at Qatar Airways. Now, at Icarus Aviation Academy, a new chapter emerges, characterized by a vision that boldly transcends the bounds of traditional aviation education.

Jet Airways was where my aviation journey began. As a cabin crew member, challenges became stepping stones, propelling my determination to thrive in an industry that demands nothing short of perfection. It was here that my passion for aviation took flight.

The next phase unfolded at Qatar Airways, a five-star airline synonymous with global excellence. Working in a diverse and multicultural team broadened my horizons and instilled in me a commitment to perfection that guides my professional endeavors. The experiences at Qatar Airways were not just about traversing time zones but understanding the intricate tapestry of the global aviation landscape.

As the head of Icarus Aviation Academy, our vision extends beyond conventional education. The academy stands against malpractices and misinformation within the industry, fostering a culture of transparency and accountability. We are dedicated to providing world-class amenities to our students, ensuring a holistic education encompassing technical expertise, soft skills, and a profound sense of responsibility.

Receiving this award is a recognition of the collective effort and dedication of everyone who has been part of my journey. I extend my deepest gratitude to my colleagues, mentors, and the remarkable team at Icarus Aviation Academy for their unwavering support.

As I stand before you with this award, I am reminded of Amelia Earhart's words, "The most effective way to do it is to do it." With this spirit, I am committed to shaping the future of aviation through education and exposing malpractices that tarnish the industry's integrity. Icarus Aviation Academy is not just an institution; it's a movement towards a brighter, more accountable future for aviation.

Thank you for this incredible honor, and here's to the continued journey of inspiring, educating, and shaping the future of aviation – one student at a time. Together, let us soar to new heights and set a standard for excellence and transparency in the aviation industry.

# AECS Magnolia Maaruti Public School



I am writing to express my sincere interest in applying for the Top 10 Schools of the Year Award After careful consideration of the eligibility criteria and the esteemed nature of this award, I believe that my achievements and contributions align closely with the values and objectives of the Award.

I Dr Anuradha V, General Surgeon by profession and also owning a hospitality establishment was drawn into the education sector inspired by my father, Shri R.Venkatesh, Founder & Secretary, AECS Magnolia Maaruti Public School, Bengaluru. Our school carries the name Magnolia, a flower which has the spiritual meaning purity, grace, and dignity apart from the many qualities it represents it especially signifies endurance and perseverance. And also, Maaruti, derived from the Sanskrit word 'Marut' is one of the names of Hanuman who is admired for his strength, courage, loyalty, and selfless service. These are the qualities our school aims at developing in the MAGNOLIANS. I firmly believe that education is the cornerstone of personal and societal development. There is no better way if this education can be provided in an environment which is fun for kids. Making education fun and engaging is a fantastic way to enhance learning experiences and encourage a positive attitude towards acquiring knowledge.

With a humble beginning with 192 students in the year 2007 the AECS MMPS family has expanded to house 2700 students today. At our school, we are constantly updating syllabi, teaching newer techniques, and are always innovating so that the child is always in the lead. I had the opportunity to implement innovative teaching methods and curriculum enhancements.

Our school has been recipient of the various awards for initiating a culture of innovation among the students and teachers:

We have been awarded the PARENT OF INNOVATION JURY CHOICE AWARD 2019, by Parentof in association with ASSOCHAM, Karnataka under the category of Innovation in Information and Communication Technology. It is a platform that recognises extraordinary commitment by schools towards 360-degree student growth and development. Out of 1000 schools across Karnataka, our school emerged as winner in this category.

We have received "SCHOOL OF THE FUTURE" award presented by 1M1B (1 Million for 1 Billion) in collaboration with IBM for empowering students to be future ready. They actively participated in the AI Start-up School program organized by CBSE in collaboration with IBM.

Our school's Director & Principal, Dr Seema Goel was honoured with the PRINCIPAL OF INNOVATION AWARD at the Youth Ideathon 2023 a programme by Think Startup on 19th November 2023 at IIT Delhi. ThinkStartup runs Youth Ideathon in collaboration with CBSE and MEPSC (Min. of Skill Development & Entrepreneurship).

Our school was awarded the OUTSTANDING SCHOOL 2023 FOR DISTINGUISHED FACULTY by Academic Insights. We received the award on 17th Dec 2023, Sunday from Prof Annapoorna Gopal Dean BITS Pilani Off - Campus Centre Bangalore. These experiences have reinforced my belief that quality education goes beyond textbooks, incorporating real-world applications and fostering a holistic approach to learning. I am happy to share that at AECS MMPS we open up all venues for the children from all walks of life to be in touch with their inner self and derive their immense potential, strength and capabilities. We strive to see the MAGNOLIAN blossom with their own flavour and their uniqueness and spread their wings at the global level and emerge as a responsible citizen with a holistic all-round development.

I take pride in taking up the opportunity to play this role with my dedicated team in shaping the future of the students through quality education and I am eager to continuously contribute my skills, passion, and dedication to fostering a learning environment with respect for our Dharma where every student can thrive.







# Dr. Nina Apra

DEPUTY CHIEF MEDICAL OFFICER, CHIEF ANESTHETIST, LIFE MEMBER WIPS, IMA, ICA, ISA, AOA, AORA EDUCATOR, DEMONSTRATOR, TRAINER, PHYSICIAN, ADMINISTRATOR  
MY TAGLINES :

I MAY HAVE BEEN LATE TO TRY  
TO FLY  
BUT MY AIM IS THE SKY

WHEN THE DIRECTION OF WINDS ARE AGAINST ME, I ADJUST MY SAILS AND KEEP SOARING AND SAILING

SETTING GOALS IS THE FIRST STEP IN TURNING INVISIBLE TO VISIBLE

A dedicated doctor, a compassionate anaesthesiologist, able administrator, skilled educator & trainer .  
A devoted daughter, sister, wife and mother.  
A professional with certain hobbies and passions like orating, writing, singing, poetry. A social worker , a stand up comedian, actor and anchor.  
A dreamer who not only dares to dream big, but also wakes up to endeavour to realise the dreams

Born in the leap year ( date of birth: 29th February), a naughty yet studious girl grew up to be excellent in academics.  
A doctor who had to take up a job soon after graduation at young age. Despite doing great at work and being content , somewhere within there was a void, an unfulfilled dream to pursue higher studies. There were hurdles and impediments.  
Life was tough but I was tougher . I took life's obstacles as challenges , faced them, fought them, overcame them . The hindrances I faced , introduced me to myself  
Inspiration comes from within.  
I realised that if a caterpillar could turn to a butterfly , overcoming adversities, I could also soar beyond hardships.  
I knew to achieve something I never had before, I would have to do things I never did before.  
12 years after graduation, while still in service , I could re start my studies ( studying had always been my hobby and books my besties). I succeeded in cracking the national post graduate entrance examination with flying colours.  
A hardworking , skilled post graduate returned to job as a specialist to face more challenges ,to handle more responsibilities.  
A woman with evergrowing hunger to read, write, learn, upgrade and upskill self continues to polish her academics ,as well as serve as kind, devoted doctor and a better and a happier person.  
I still keep dreaming big, thinking big and doing as big as I can to achieve them. There are and will be endless goals to aim at ....till my last breath. I let go the life I planned to have the life waiting for me.

My uniqueness:

- My ability to take criticisms with grace
- My adroitness to make people around me happy
- My dexterity to laugh at self
- My artistry to imitate people; my great sense of humour

My strengths:

- To laugh away my sorrows
- To believe in self
- To be myself

I believe success cannot be measured by the position we are in but by the obstacles overcome. Its how we overcome the hurdles makes the difference.  
I may have not reached the 'ultimate goal' but yes I am a level higher than I was yesterday. This positivity fuels my journey .To take a journey of thousand miles, I have taken the first few steps. I feel there still remains a lot to be covered.  
The Woods are lovely dark ad deep  
But I have promises to keep  
And miles to go before I sleep  
And miles to go before I sleep.... ( from my favourite poem by Robert Frost)

Important keys to my success so far:

- Hard work
- Self confidence
- Self respect
- Ability to take criticisms with grace
- Resolution to success
- Time management & work life balance
- Affirmation of my own uniqueness
- Belief in magic after best efforts

Over the course of time I proved that age is just a number ; your talent will never fail you . It has no expiry date.  
I have many role models in my life., I continue to draw inspirations from them.  
I would be honoured and blessed to inspire & motivate women like me .I would proudly and humbly affirm :  
Ordinary women can have extra ordinary stories  
Any common person can achieve the uncommon  
I believe one is never too old to set another goal or to dream another dream.  
Its never too late to be what I might have been

# Dr. Pooja Jha



**Total Solution Rehabilitation Society (TSRS): A Proficient Holistic Healing Therapy center for Persons with Special Needs**

**Dr. Pooja Jha Nair: A Unique Passionate Rehabilitation Professional**

In this fast and competitive world, where the people's judgement of circumstances and individuals describe a lineage of good and bad, holistic healing proves to be a key to

liberation, providing freedom from oppression and the constant presence of self-determination. Contextually, holistic healing directs the intentional process of reconciling

internalized trauma and conflict to position oneself physically, mentally, and spiritually to address continuing challenges in daily life, especially those presented by varying forms of oppression or physical condition of the being of a human.

Dr. Pooja Jha Nair, a holistic human healer deep down realized this. Hers is a very struggling story and she learned the hard way to earn knowledge for people service. Dr. Pooja Jha Nair, a mediocre student from a government school in Delhi, today is a Psychology graduate from Daulat Ram College, Delhi University. Being a proper Hindi medium student, with a bare knowledge of English, she faced huge humiliation but her zeal to learn kept her growing and improving. Though it took her multiple attempts to pursue a Master's in Psychology from the North Campus of Delhi University, her failures gave her a big jolt to succeed, and continuing to try, she did Diploma in Special Education courses then. Later she also enrolled in a Master's in Applied Psychology from South Campus, Delhi University. On getting placed in Sucheta Kriplani Children's Hospital as part of her master's program, she learned the ground reality of India attending to several children (having a variety of issues) coming from all parts of the country. It was then, she positively came to know what real psychiatric problems are.

While having done the job for two years, her quest was still not completed and wanting to learn more, she got into the first batch of a clinical professional course, M.Phil Rehabilitation Psychology (2004-2006) at National Institute for the Mentally Handicapped - NIMH, Secunderabad- presently named National Institute for the Empowerment of Persons with Intellectual Disabilities(Divyangjan)- NIEPID. Earning the license to practice psychology from Rehabilitation Council of India (RCI), learning about diagnosis, assessment, therapy, rehabilitation and handling all rigorous kinds of work routines, she was keen on learning a lot about learning disabilities. Her unquenching thirst for exposure and learning of varied and latest practices in the field of learning and education, landed up to take a job of a special educator and psychologist at DeKalb County, Atlanta, Georgia, for some time. Then it was her interest largely developing in Autism and learning about the disability seriously that bestowed her with American Board Certified Behavior Analyst program (BCBA- a licensed

Company Management Description

Total Solution Rehabilitation

Society (TSRS)

Hyderabad

[totalsolutionforlearning.com](http://totalsolutionforlearning.com)

Dr. Pooja Jha Nair,  
Founder

A committed holistic  
rehabilitation center



program of 180 hours), though prior to this she had obtained her Doctorate in Psychology program from Osmania University, Hyderabad  
Incorporated in 2019, Total Solution is certainly the answer to her quest. Total Solution Rehabilitation Society (TSRS), formerly Total Solution, is a rehabilitation society that aims at providing holistic rehabilitation to a developing child and strengthening the family in the same process. The firm is backed by a team of passionate & dedicated professionals dedicated to innovations and excellence in rehabilitation services, research activities, and training, dreaming of an improved, productive, & inclusive society; is one of the most distinguished learning centres concerning developmental disorders. With over 14 years of experience in providing a flexible and varied range of services, including life skills training, packages for out-of-station clients, home-based programs, and school-based rehabilitation, TSRS primarily provides intensive support to children having Autism Spectrum Disorder (ASD), Sensory processing difficulties, Epilepsy, Learning Disorders (SLD), Attention Deficit Disorder (ADD), Attention Deficit Hyperactive Disorder (ADHD), Children with behavioral challenges and emotional difficulties, School Rejection, and Phobia. TSRS is actively conducting applied research. Dr. Pooja is also co author of Brain Based Intelligence Test. While Total Solution Rehabilitation Society (TSRS) has policies in place to ensure all children have equal opportunity to achieve their educational goals, it has succeeded in supporting several children to live independently with their assured tenancies. Furthermore, also it aims to support each individual to integrate fully into their local community and live the life of their choice (academically, personally, and professionally) by providing all possible professional support and the use of assistive technology wherever necessary.  
Quotes: Total Solution aims to support each individual to integrate fully into their local community and live the life of their choice



# Dr. Shraddha Deshpande

“Teachers who love teaching, teach children to love learning!

Your success as a teacher is visible through the success of your students. Their holistic development is a teacher's pivotal aim and being a guide and a facilitator at the right time is what a teacher should consistently work on. She is working as an Associate professor and head of the Department of English for 17 years and facilitating the work of different student centric committees. She has arranged induction programmes and gender sensitization activities for students to expand their insight towards society and self.

During the ensuing years she has won recognition and awards such as Best paper presentation Award, Best Teacher In charge of Rotaract Club, Certificate of Recognition : Beat Covid Campaign ,Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India, and Best Teacher in English as Iconic Women Award 2024.

She kept upgrading herself to learning new skillsets and counselling techniques in order to understand the behavioral patterns of every new generation and guide them accordingly. She also kept her interest alive in certifications in the field of Counselling and mentoring and received credentials such as Soft Skills Development Trainer Level, Certified Counselor and Life Coach, and completed Psychological Counseling Training Workshop and Certificate Course in 'Behavioral Neuroscience.

Her teaching skills also encompasses substantial number of guest lectures on English Language teaching, English Literature and Communication Skills. To keep oneself aligned with the changing scenario, she also launched a You-tube channel of English language learning, entitled, ' Learning English is easy! to aid the students digital learning process.

Her administrative experience marks a range of positions in the institute including Director of Certificate Courses, Course Coordinator of Certificate Course in Communication Skills and Personality Development, Teacher in Charge of Rotaract Club of College, Convener of Training Placement and Career Guidance Cell, Women Cell, Cultural Committee, Extracurricular Activity Committee, Induction Programme. She has also been training the students through certificate courses and departmental activities and engaged them in creative learning through innovative learning strategies. This served as the best opportunity to guide them in their personal and professional development. Rotaract club under her Leadership has won more than 15 awards in last 4 years and students have participated in extracurricular competitions and won accolades there too.

Her academic inclination is a matter of continuous process and where she procured 'ELITE' NPTEL Online certification funded by the Ministry of HRD, Government of India, Course: Trauma and Literature with a score of 80%. Along with teaching she is also immersed in the creative landscape and keeps writing poems, articles, book review, blogs and research papers. She also completed UGC Sponsored Minor Research Project on “Recent Trends in developing Communicative Competence through e-learning. This project was specifically carried out to understand the impact of online learning strategies in developing communication skills.

She is member of All India Networks of English Teachers (AINET), The iSPELL VIDARBHA FORUM, CLIC: Centre for Literary Interaction and Creativity, and SHAKESPEAR SOCIETY OF CENTRAL INDIA and Indian Women Scientists Association (IWSA). She has a special bonding with my alumni since many years and still receive unconditional love and support from them whenever and wherever is needed. The steadfast support of her family was critical to her development as an Educator.

Dr.Shraddha Deshpande

Associate Professor and Head,

Department of English,

Dharampeth M.P.Deo Memorial Science College, Nagpur.



# Dr. Anuradha Venkatesh



I hold an MBBS degree with a specialization in general surgery, but my true passion lies in the culinary realm. Since my childhood, I have been captivated by my mother's culinary experiments and her exploration of various recipes.

As a mother myself, I noticed my daughter's inclination towards diverse and trendy foods to keep up with her peers. This inspired me to embark on a culinary journey, driven to satisfy her taste buds. Despite facing several setbacks, I managed to succeed in one out of every ten attempts. Infact my mother and doctor- sister and me form a wholesome trio in experimenting foods with the formula of balanced and nutritious diet. We plan to further add household grandmom's recipes of various states for festive occasions so that the young ones get the Taste of India along with veg BBQ and other trendy foods.

Four years ago, just before the Covid pandemic began, the 3 of us made a life-altering decision to follow our hearts. We took the leap and opened a restaurant -cafe, naming the Cafe Caramelts and the vegetarian BBQ restaurant as Charcoal. Our establishment specializes in BBQ dishes and offers a variety of inhouse cakes, breads, shakes, in-house icecreams and more.

In light of the current trend of blending non-vegetarian and vegetarian fare with cocktails, we welcomed the chance to highlight the abundant and diverse vegetarian cuisine that reflects our deep-rooted cultural values rooted in Sanatan Dharma. My reasoning is two-fold. Firstly, as a doctor, I am aware of the significant contribution of non-vegetarian food to climate change. Thus, I strive to find sustainable alternatives. Secondly, from a health standpoint, I strongly believe in the benefits of vegetarian food for individuals of all ages - children, adults, and the elderly. We take great care in the quality of ingredients used for all our products. Infact my sister ensures quality purchases and local ingredients sourced directly from farms. The results of this is seen in the quality of our in-house breads, pizzas, burgers, icecreams, etc and the fresh taste of food. We constantly experiment and have additions to our menu. For diabetic children and adults, natural alternatives to sugar are used for the cakes and ice creams. In addition to our delectable food, our restaurant cafe provides a welcoming ambience. We have designed the space to exude our cultural heritage, incorporating traditional decor elements and strive to ensure our customers have a great family time along with digital detox. A small library nestles in a corner in our cafe for children to encourage them to drop their mobiles and to read books. By offering nourishing and wholesome vegetarian meals, we strive to enhance the overall health of our valued customers.

In conclusion, my transition from being a surgeon to a restaurateur has been a fulfilling and rewarding journey and more so because it is the joint efforts of the narishakthi of my family. We , at Caramelts and Charcoal take pride in embracing our cultural values and incorporating them into the culinary world, demonstrating that vegetarian food can be exciting, satisfying, and beneficial for both individuals and the planet. With determination, passion, and the support of our amazing patrons, I am confident that Caramelts and Charcoal will thrive and make a significant contribution to the food industry. Our happiest moment was when a cute nursery boy asked us, "excuse me! What brand of ice cream is this? It is so yummy!", with ice cream all over his little face!!





# Ms. Amita Dhaiya

Amita Daya has been a stalwart in the field of education for more than a decade, showcasing excellence and unwavering commitment. With a profound belief in the value of time, she champions its significance in the lives of both students and teachers. As a principal, she understands that time is not just a measure, but a precious resource that shapes futures.

Beyond her role as a principal, Amita emerges as a beacon of inspiration, serving as a role model for her colleagues, students, and even her own family. Her dedication to her craft, coupled with her genuine concern for the holistic development of those around her, sets her apart.

In an era where the demands on educators are ever-evolving, Amita's steadfast resolve and unwavering passion for education shine brightly. Her ability to navigate challenges with grace and determination reflects her unwavering commitment to the betterment of society through education.

Amita Daya's commendable journey serves as a testament to the transformative power of education and the profound impact one individual can have on the lives of many. As she continues to inspire and uplift those around her, her legacy as a catalyst for positive change in the field of education will undoubtedly endure for generations to come.

# Ms. Anusuya Ghosh Banerjee



In the realm of Performing Arts Education, Ms Anusuya Ghosh Banerjee a renowned name to reckon with dignity. A dancer, Educator, Researcher, Social reformer, Choreographer and Guru brings an enlightened mind and cultured taste, refinement and grace to bear on her artform and all allied she works with.

Her association with bharatanatyam was inherited from Sri.Sunil Banerjee, who was the disciple of exemplary founder of Oriental dance, Guru Shri Uday Shankar. She was initially trained under Guru Smt Thankamani Kutty and later was trained on the advance study of Natya Shastra and Bharanritta Technique under the guidance of Padmavibhushan Dr. Padma Subhrahmaniyam. Under Padmshri Guru Smt. Chitra Visweswaran she furthered her holistic training in Classical Dance and Music. To this strong foundation she has harnessed an intellectual quest, aesthetic sensibility and spiritual depth which makes her projects and performances scale great creative heights. Excelling both facets of dance,'Nritta' and 'Abhinaya', her performances are marked as natural and joyous.

Nrittakshetra, an Academy of Performing Arts is the brain child of Anusuya to instill an awareness of our rich Indian heritage of arts & Culture in All those who pass through its portals under the traditional Custom of Guru-Sishya Parampara.

She has performed on various prestigious platform in India and Abroad representing India in Global Cultural Scenario like Germany, Middle East, USA, Finland etc. She was associated with Rabindra Bharati University, Kolkata as Guest Lecturer from 2007-2012. Since 2012 She is contributing in the realm of Art in Education as the Cultural Head of KHAITAN PUBLIC SCHOOL,SAHIBABAD,UP.

She also grooms up Classical dancers from UNDER PRIVILEGED SOCIETY and give them a direction towards a better livelihood through the classical dance artforms.

## **AWARDS & RECOGNITION:-**

- CCRT SCHOLARSHIP in the field of Bharatnatyam from Ministry of Culture,Govt of India.
- RAJYA SANGEET NATAK ACADEMY AWARD, WEST BENGAL
- SANGEET YOGASHREE AWARD from School of Alternative Medicine
- JUNIOR RESEARCH FELLOWSHIP HOLDER from ministry of Culture, Govt of India
- Best Choreographer's Award at 7th INTERNATIONAL CHILDREN'S FESTIVAL organized by Ryan International School, Sangeet Natak academy and Hindustan Times
- REGULAR TEDx SPEAKER
- BEST CHOREOGRAPHY AWARD,REPUBLIC DAY-1999
- PEARSON TEACHING AWARD – TEACHING EXCELLENCE IN ART IN PERFORMING ARTS IN SCHOOL EDUCATION BY INDIA DIALECTICS
- APPRECIATION FROM MS.SMRITI ZUBINI IRANI,FORMER EDUCATION MINISTER FOR CONTRIBUTION IN CBSE BOARDS EXAM RESULTS
- INTERNATIONAL SCHOOL AWARD FROM BRITISH COUNCIL FOR INTEGRATION OF ARTS IN SCHOOL CURRICULUM
- AMERICAN MERIT COUNCIL CERTIFICATION ON CONTRIBUTION OF ARTS IN SCHOOL EDUCATION
- TOP 100 WOMEN ICONS OF INDIA AWARD
- THE LEADERSHIP AND STUDENT DEVELOPMENT AWARD FROM ISA.



# Ms. Debjani Ghosh



I, DEBJANI GHOSH, an advocate by profession and a partner of M/s. Victor Moses & Co. Solicitors & Advocates of Temple Chambers, No.6, Old Post Office Street, Kolkata-700 001 and my family Firm, S. C. Ghosh & Co., Solicitors & Advocates and Victor Moses & Associates situated in Delhi. I am also the empanelled Mediator of Calcutta High Court. I am also the Notary of the Government of India. Same time I am the member of various Bar Associations including Bar Association at Supreme Court. I am also the member Treasurer (2021-22) and Legal Advisor of Rotary Club of Calcutta. At present, I am the Treasurer of Welfare Society for Blind. I am also on the Advisory Board of Deepranjani Foundation, a Shelter and School for the autistic children. I am also on Board of various International Complaints Committee under POSH Act in various Institutions and Organization. I am also the member of Inner Wheel Club of Calcutta and Calcutta Club. I am the Vice-President of 1923 Chhatra Samity, a pioneer centennial Sports Club. I am also the Vice-President of Asokanath Gourinath Shastri Smarak Samity, an Organization for promulgation of Sanskrit language. I am the member of Bharta Chamber of Commerce and of FICCI and FLO. I am also the founder of Alok Foundation, a registered Charitable Trust rendering philanthropic social services in various fields, specially for marginalized and under privileged section of the society. I am also the Co-founder and Trustee of Loksayata Trust and Prayas, both are registered charitable Trust.

I have conducted various litigations before Hon'ble Supreme Court, different Hon'ble High Courts and other legal Forums. I have also chaired mediation referred by the Hon'ble High Court at Calcutta. I have completed Family Counsellors Training Course from Legal Aid Services, West Bengal and stood first in the said training with grade A+. I attended workshop on Lok Adalat- a Scheme of Alternative Dispute Resolution as a Counsellors. I participated and assisted in seven Lok Adalat organized by Legal Aid Services, West Bengal as family Counsellor/ para lawyer. I have completed my Masters Diploma in Music from Bangio Sangeet Parishad, in both Bhav Sangeet and Subodho Sangeet. I completed junior Diploma in Bharat Nattam and Folk Dance from Chandigarh. I am also the author of 'Ek Bindu Saash' a compilation of Bengali Short Stories.

My articles on various topics are published in magazines and journals. I completed "Business English Certificate Course" from the University of Cambridge Local Examination Syndicate (British Council). I was the student lecturer in Lady Brabourne College. I was honoured as Super Wander Woman-2023 by Fatma Foundation Trust, by Dasabhuja Samman, 2023 by Dakshin Howrah Muktheadhara, Abhaya Samman by the team of Rajanigandha, Gift of Joy amongst girl child by Human Rights Organization. I received the Certificate of Excellence as an actress of the best music video "Tumi Robe Nirobe" in 2011 Noida Film Festival.

I have organized various legal and social awareness workshops, specially schools and colleges as motivational speaker to instil the passion of empowerment from childhood so that the students not only become empowered but also empower others to create an empowered society.

My Alok Foundation is a registered social charitable Trust which basically deals with underprivileged sections of the society, including Acid attack survivors, autistic children and adult, transgender, specially abled persons, thalassemia patients, physically handicapped persons, street children, orphans, people residing at Old age Home., Tribal people, village schools, jail inmates and other marginalized section of the society providing them financial and educational support within our limited means. We have organised blood donation camps, medical camps at Sundarbans, mini marathon for pavement dwellers, fashion show by acid survivors, cultural program by jail inmates, transgenders, fair by specially abled people only, female football match between underprivileged players from remote districts, distribution of free chess boards and chess awareness and training in schools preferably females, distribution of text books, educational kits, nutritional kits amongst underprivileged, street, tribal children and orphans. Economic support to acid survivors for their business, house construction, dry ration etc. We paid some protocols for cancer patients, celebrated World Cancer Day, spent ratha jatra, janmastami, birthdays with cancer kids of Premashraya, a unit of Tata Cancer Centre. We had tram ride with orphan children, street children and autistic children providing each section a day of sunshine with fun and food. We had Exceptional Bhai phota with the acid survivors, blind brothers, children of chariot drivers. We celebrated Christmas with students of Asha Pathshala, being children of workers at brick klinth in Hooghly. We donated wheel chairs, computers, laptops, water purifiers to various remote village schools. Each month we try to organise atleast 15 to 20 projects to support our beneficiaries. The only constraint is our fund which is basically provided by the trustees themselves and individual donations.

Contact of Alok foundation - 9836676681



# Ms. Jatinder Bhatia

Dr. Mrs. Jatinder Bhatia has more than 30 years of experience in Pathology and Laboratory medicine, including over 15 years of experience in senior level positions in large labs in India

- Dr. Bhatia is currently the Director at 360 Diagnostic and Health services Pvt. Ltd. The Organization conducts training on Quality and Technology in Healthcare across Asia and does National and international Lab projects.
  - Her experience includes:
    - Setting up and running Molecular lab since 2020
    - Executive Director Datar Cancer Genetics Ltd 2019 -2021 launching esoteric cancer Genetic tests in India, Dubai and Africa
    - Global VP Neuberg Diagnostics 2018-2019 creating uniform processes for 5 Lab takeover by Neuberg in India, Dubai, and South Africa
    - Lab project with JVPD Japan 2017
    - Lab project in Uzbekistan in 2016
    - Setting up labs in Bangalore, Mumbai and Kerala in 2015
      - a. She was the CEO of Metropolis - North India from 2009 to 2014. She was instrumental in making the company a formidable player in North India. She expanded the presence of the company from 1 lab to 15 labs during her tenure and was responsible for overall business in North India
      - b. She was the founder of Final diagnosis, a chain of 4 branches and 40 franchisees. Final diagnosis was acquired by Metropolis India in 2009
  - Dr. Bhatia is very active in various healthcare organizations in India. Some of her positions include
    - c. Head Quality Awareness Committee (Federation of Indian Chambers of Commerce and Industry) FICCI 2013-14 and member of Jury for Innovation awards FICCI HEAL 2014,2015,2017.
- Advisor to Alvarez and Marsal healthcare team
- Technical Consultant Mckinsey Lab Projects in India
1. Member Standard writing Committee with Standard Council of Canada (SCC)
  2. Lead NABL Assessor for ISO 15189 for medical Labs since 2010
  3. NABH Assessor and Blood bank Assessor
  4. Executive Member for Consortium of Accredited Healthcare Organizations (CAHO)
  5. Expert Committee Member, All India Council of Technical education (AICTEE)
  6. Director-Program HELP-Conducting training for ISO 15189 in collaboration with QCI
  7. Faculty National Institute of Training and Standardization, Bureau of Indian Standards
  8. Ex-President Noida Association of Pathologists and Microbiologists
  9. She has been faculty and speaker in many National and Regional Conferences
- Dr. Bhatia is awarded numerous awards for her contribution to healthcare. Some of the awards include
    - a. Sadhbhawna Award by Chief Minister, Delhi in 1998
    - b. Bharat Jyoti Award for Professional Excellence 2003
    - c. Annual Metropolis Award -2010 for "Best Networking" in North India
    - d. Annual Metropolis Award -2011 for "Turnaround Story" labs North India
    - e. Annual Metropolis Award -2012 for "Money Matters" labs North India
    - f. Annual Metropolis Award -2014 for "Scholar Collar"
    - g. 101 Global Healthcare Leaders Award by Economic Times in 2020
  - Dr. Bhatia has earned M.D in Pathology from Government Medical College, Amritsar and M.B.B.S from Government Medical College, Amritsar. She was awarded a Gold medal in Pathology and E.N.T (M.B.B.S)
  - Top Healthcare Organization in UP award in 2023 Nov



# Ms. Manasvi Kulkarni

## STUDENT'S DEVELOPMENT

Manasvi Kulkarni.

Feeling deeply honoured and filled with joy, I, Manasvi Kulkarni, express my sincere gratitude for being bestowed with an award recognizing my efforts and contributions towards the development of students. This moment is truly remarkable for me, and I am thrilled to share in this achievement with all my dear students, whose growth and progress have been my utmost priority. Creating an environment where students can flourish academically, socially, and emotionally has been a fulfilling journey, and I am grateful for the opportunity to celebrate this milestone with them.

In the realm of student development, **the Seven Vectors of College Student Development** serve as guiding principles:

1. Developing Competence: Nurturing proficiency across various domains such as intellectual, physical, social, and spiritual realms.
2. Managing Emotions: Cultivating the ability to understand and regulate one's emotions effectively.
3. Developing Autonomy: Encouraging independence and self-direction in decision-making and actions.
4. Establishing Identity: Supporting the exploration and formation of one's identity and values.
5. Developing Mature Interpersonal Relationships: Fostering meaningful connections and communication skills.
6. Developing Purpose: Assisting students in discovering their passions and aspirations.
7. Developing Integrity: Upholding ethical principles and moral values in all endeavors.

The holistic development of a student encompasses mental, spiritual, physical, emotional, and social aspects. Therefore, the objectives of student development programs are multifaceted. These programs aim to equip students with practical knowledge and strategies essential for developing effective study habits crucial for their academic journey. Moreover, instilling a sense of purpose and motivation empowers students to take ownership of their learning and strive for excellence.

Reflecting on my journey, I completed my Masters and Bachelor's in Arts with First class in 2003. Concurrently, I served as an assistant professor at Patkar College. During this time, I embarked on a journey of mentoring and coaching students, guiding them through academic challenges and empowering them to excel in their pursuits. Recognizing the importance of addressing various student issues, I assumed leadership roles in coaching institutes to enhance student learning experiences.

**My contributions can be summarized into two key areas:**

- a) **Inspirational Teaching:** Employing innovative teaching methodologies to inspire students to unleash their full potential. Through personalized attention and academic guidance, I motivated learners to strive towards their goals.
- b) **Empowering Students:** Instilling confidence in students and fostering a sense of responsibility for their learning journey. Empowerment lies at the core of my mentorship philosophy, encouraging students to pursue their aspirations with vigor.

Navigating challenges in student behavior, academics, and emotions underscored the importance of parental involvement. Recognizing parents as crucial stakeholders, I endeavored to build strong partnerships to support students in overcoming obstacles and realizing their potential.

From 2007 to 2012, I extended my outreach as a social worker, particularly in underserved communities like the Sonal Slums in Goregaon (East). Here, I endeavored to instill confidence in students and underscored the importance of education in shaping their futures. Witnessing the transformative power of education fueled my commitment to serving the marginalized, a commitment I carry forward with unwavering dedication.

The impact of my efforts is exemplified through the success stories of my former students. From a factory worker's daughter achieving Chartered Accountancy to a paperboy excelling in academics and establishing his own business, these stories serve as testaments to the transformative power of education and mentorship.

Realizing the significance of early childhood development, I pursued additional qualifications in Early Childhood Care and Education (ECCE) with distinction. And a Bachelor of Education (B.Ed) degree with First class. This enhanced my ability to contribute meaningfully to the foundational stages of learning, emphasizing the importance of instilling ethical and moral values.

Today, as an inspirational teacher at the school level, I remain steadfast in my commitment to nurturing the next generation. Rooted in a strong spiritual foundation, my endeavors aim to empower students to excel in every aspect of their lives. Recognitions such as the New Upcoming Face of Education Award and Teacher of the Year serve as affirmations of my dedication to educational excellence and student welfare. Achievements:

1. New Upcoming Face of Education Award (2005-2006)
2. Appreciation Award (2009-2010)
3. Popular Teacher (2014-2015)
4. Teacher of the Year (2017-2018)
5. Appreciation Award for SOF Taking Initiative (2022-2023)
6. Appreciation Award for SOF Taking Initiative (2023-2024)

Behind my all educational work there is a very strong spiritual base of my beloved **Sadguru Dr. Anirudhha Joshi** and my **Guru aai Dr. Nanda Aniruddha Joshi**. They are not only guiding us spiritually but also helping in betterment of our life, furthermore they are helping us to become a good human being. I am genuinely trying to implement these principles for my students, because our India is a diverse Country with different religions, and all of them together form a strong spiritual aura. I would thank my beloved husband **Manish Kulkarni**, my **parents**, my **brother**, **sister** and my **sweet daughter**, as with their strong moral support in my entire journey, I am here.

In conclusion, my journey as an educator and mentor has been a rewarding one, driven by a passion for student development and empowerment. As I continue on this path, I am committed to making a meaningful difference in the lives of students, inspiring them to reach greater heights and realize their fullest potential.





# Ms. Nikita Jain

*From Childhood Passion to Building an Architectural Empire: My Journey*

*Hi everyone,*

*I'm Nikita Sanjay Jain, a 28-year-old architect from Amravati, and I'm thrilled to share my journey with you today. My passion for architecture began in my childhood, sparked by visits to the bank with my father, where I'd be captivated by the architects designing the space. This early fascination fueled my determination, leading me to pursue architecture despite societal pressures and family concerns.*

*My journey wasn't always smooth. After topping my class in architecture school, I was fortunate to travel abroad with other toppers, gaining invaluable exposure to diverse architectural styles. However, starting my career during the pandemic presented challenges. Yet, I persevered, establishing a design consultancy in Amravati, taking on both corporate and residential projects.*

*As my practice grew, I partnered with Akshay, and together, we expanded to Pune. Our success led to the establishment of our firm, "Crekaar," which garnered an overwhelming response, with our workload increasing from 5-6 projects to 10-11 per month.*

*However, limitations emerged. We faced challenges managing a growing workload with limited resources, particularly skilled carpenters. This pushed us to innovate. After extensive research, we implemented in-house furniture manufacturing, a bold move that transformed our business. This shift not only improved quality and efficiency but also enabled us to handle 50-60 projects monthly.*

*Today, Crekaar boasts a team of over 40 individuals, and our vision extends far beyond regional boundaries. We aspire to establish ourselves as a leading national brand, eventually reaching the international stage.*

*Being a woman in this field hasn't been without its hurdles. Overcoming gender bias and gaining the respect of traditionally male-dominated workforces has been a constant battle. Yet, my unwavering passion and dedication have paved the way.*

*My role model, Sara Shah, exemplifies the perfect balance between professional success and motherhood, inspiring me to strive for similar achievements.*

*Through my story, I urge aspiring female architects to embrace their confidence and bravery. Remember, with these qualities, you can achieve anything you set your mind to.*

*Thank you for joining me on this journey. Until next time!*

# Crekaar



# Ms. Pratiksha Bedmutha

*I'm Pratiksha. I'm 30 years Old. I Live In Barshi Dist-Solapur.*

*My Education is Interior Designer, B.com*

*I Started My Own HomeBusiness...Cake's and Cooking Classes*

*I always aspired to be independent women. I Always Wanted To have self Identity*

*"APNI PEHCHAN"*

*I always wanted to do something in which I can give equal time to my child and work. My Honesty my loyalty and dedication towards my customers is the uppermost priority for me*

*Since last 4 years, My business start in home*

*I will always be grateful to my clients for being my greatest support because without them I could have never achieved all of this*

*It was not easy to reach here my hard work day and night and the support of my Mom Dad has brought me to this success. I*

*will full credit to my mom dad or my 3 year son, whatever I'm today. I'm only with the support my mom dad or son.*

*I never wanted to fame and always been a believer of hardworking. but when I look back at my life I realize I haven't don't anything for my dreams. Now it's time we women make our own identity. Baking Has My Paasion And I lottts of love this cooking or new products making or baking I will try this daily new new items*



# Ms. Sanju Dahiya



There are different type of experiences and events in every person's life. Sometimes these experiences are of happiness and success, while sometimes they are full of challenges and troubles. The importance of life lies in the fact that we learn from these experiences and stay alert in your upcoming work. My name is Sanju Dahiya and I belong to Haryana. My father is retired from CRPF and my mother is a housewife. I have studied at CRPF public school which is in Rohini sector 14. In the school children come from big families and I was from a small family. My mother was from Haryana and was not educated, so she used to think that girls should only wear suits and not talk to any boy. When I used to go to PTM wearing a suit, everyone would look at me strangely, we would not eat food together. I could feel all this. Father was only concerned about our studies and not about anything else, he would keep TV in the box even during holidays. They used to tie the cot to an iron bell and make it stand so that one could not sleep on the cot. After passing 12th, I took admission in Rohtak University MDU and got married after doing Law. The person with whom I got married was told that he was doing LLB but when I got married I found that he was 12th passed from open, took the LLB fees from home but that fees was spent on travelling around here and there. I got a big shock and went into depression. I could not do anything in my law career, so I gradually controlled myself. I did aviation law from Nalsar University. My two days old son was with my mother in law and I went to give the paper. Till date, I have not understood that a woman does household work and comes back from work in the evening. If she sleeps without lying near a man then it is said that she has come to meet her boyfriend, why is it said like this. Then I joined a school where I got a salary of Rs4000. The problem of life did not end because my husband was not on the job. After joining the school, I controlled myself, it kept increasing from 4000 to 8000, 8000 to 10000, but still I was not getting satisfaction from the school work. In 2011 I thought of poor children who did not know how to read and write and whose school mam had said that they could not do anything. Today, one of those children completed a hotel management course and is working in a good hotel. There is only struggle in my life and no sport from Life partner. I was not getting satisfaction even with my job in school because in private school it was just politics and in this politics I lost 11 years of friendship which I still miss in my life. I saw a fear of maths among the children who knew maths but could not do it due to fear, so I started teaching maths to the children in school. School used to charge extra fees for Vedic maths subject and if any parents did not pay the fees for their children, they were not given Vedic maths classes. Seeing all these things, I was not getting satisfaction.

I left school and opened my academy on June 20, 2021. When no child came for 3 months, my family member made fun of me saying that I had left my job and was sitting at home. Every husband support his wife but there was no support here and the joke was made that I was the pen and pencil academy wali. I did not listen to anyone and then a student came and said, Ma'am, I don't have fees, will you teach me? I said yes, gradually the children grew up and today I have 100 children in which 40 children do not pay any fees and the rest pay whatever they want. The fees received are spent on those children, notebook, school bags and shoes are brought for the poor children who do not pay fees. Sometimes I also give Vedic maths classes to my children. There is no fees for it. Some children were very afraid of mathematics. But because of Vedic maths, today my children do not have any fear of maths and I am happy that children were afraid of mathematics are removing their fear and getting good marks. I always think that true text book for the pupil is his teacher because children take in much more and with less labour, through their ears than through their eyes.



# Ms. Sriyam Mall



*Sriyam Mall, is an aspiring entrepreneur and an environment enthusiast. She completed her graduation from J.D. Birla Institute and her Master's from St. Xavier's College, Kolkata. She is born and brought up in Jhargram, West Bengal and is currently married and stays in Kolkata.*

*She began her journey in the sustainability industry soon after her graduation, and her association with Hulladek Recycling runs back to its early days. She joined the organisation in 2016 & since then, she has worn different hats and has contributed towards the development, structure & stability of multiple functions. Currently, she is driving the revenue segment in the organisation through consultancy services & assistance in environmental compliance fulfilment for various industries.*

*She is passionate about the waste management industry and believes in providing a one-stop solution to her customers. With this belief, she diversified Hulladek Recycling into Plastic Waste from E-waste in 2021.*

*At Hulladek, currently her team is working with organisations from Electronic and Electrical industries, Plastic & Battery manufacturing industries, Importers of different products and with various FMCG companies as well. They help companies being compliant with the Extended Producer Responsibility (EPR) Rules in the country. EPR is currently a mandate for most of the organisations involved in importing, manufacturing/producing or selling products in the country. Hulladek provides end to end solution, right from registration to compliance fulfilment under this segment.*

*She is currently heading the division, ensuring smooth customer experience and timely EPR compliance fulfilment for them. She believes in providing her clients with correct and complete information to ensure transparency and relevant compliance fulfilment.*

*Hulladek Recycling also works towards collection of waste and channelisation of the same for recycling. The organisation has recently launched a merchandise brand of their own wherein waste materials are upcycled and is given a new life in the form of beautiful products of office use, passionately headed by her.*

*Sriyam, at her core is creative and loves art in all its forms. She believes in having conversations and that new ideas always emerge when you sit across the table.*

# Ms. Swagata Chakraborty



*Thank you, Global Empire Events, "Ek Nari 100 Pe Bhari" to find u spotlight on power of women's in the Leadership arena. Myself Swagata Chakraborty, Co founder of SS Medicorp, Medical Equipment distribution Enterprise, based in Kolkata, Started journey with my husband Sujan Chakraborty in 2001.*

*Here we deal with medical Imaging devices, like X-Ray, Ultrasound, Liver diagnosis product- fibrascon, Laparoscopy and So On and so forth.*

*When I started, in a niche area, dictated by men, it was a thriving challenge for me.*

*My observation towards building Career by a woman is queer. The biological clock is quite opposite to the career clock. When we start our journey we have to get married. When you are in middle management your kids are also teenager. And the by this time your husband also turns teenager. So you have to give time and attention to them. And when you are in the top management your parents get old and seek your care. But heres our beauty*

*You But we the Indian Women leaders pasts all the acid test and march forward.*

*As trite as , it sounds, I love the saying, Underestimate me. That'ii be fun". Some times, I do it better than the counterparts " Doing. Better does not mean being loudest voice in the hall,sometimes it is, hear yourself speak.And take the right move.*

*My company , SSMEDICORP, One of the leding distribution house foe medical devices in the eastern part of India has branched itself to various cities. We are dreaming of giving employment to 100 numbers in 2024.Care , commitment and trust is our motto.*

*Nevertheless*

*Na Rukmini valla baha, Na Basudeva Bhrataha, No Devaki nandana. Na Yashoda putraha Na Anirudhdha Pitaha. Krishnaha sayam Krishnaha..not son Of Devaki, not husband of Rukmini, not Father of Anirudhha, krisgna is Krishna himself.likewise not HIS Daughter, or someones wife or mother.. I am what I AM.. MY WORK ETHICS, MY COURAGE AND KNOWLEDGE Has made me a aleader.*

*I THANK THE ALMIGHTY, MY HUSBAND AND DAUGHTER AND ENTIRE SSMEDICORP TEAM FOR BEING WITH ME IN THIS JOURNEY.*

*And last but not the least I thank those who kept thorns in my way, because that has made me even more stronger.Today my team team ask for support when any major issue arises and when I resolve that , I say myself, EK Naree 100 PE BHARI,*

*THANKS, THANKS A LOT  
thank you.*

# Ms. Sridevi Prasad



Sridevi Prasad is child psychologist and special educator by profession. She is working with children with intellectual challenges since 38 years. She is founder of Shankar Foundation which is serving 275 children and adults in the age group of 3 years to 58 years in 6 units namely Shraddha, Saaburi, Smardh, Saakaar, Sannidhi and Swanthana.

She authored academic curriculum for low IQ children and enable them to pass out 10 th and 12th classes through NIOS. She also helped to achieve them employment in various establishments in community and in sheltered work stations. Her dedicated work empowered many people with intellectual challenges. She has been selected as project associate in making country oriented Global Oneness curriculum for intellectual disabilities at international level. She has been honoured by many esteemed organizations for her remarkable work. Mrs. Sridevi Prasad is marked as most passionate lady in the sector of disabilities by Sir Abdul Kalam.







# Ms. Smita Shirpurkar

Education empowers, and it does fall into any category to make your livelihood.

Be it mainstream or vocational, you're learning, dedication and integrity fetch you same results in whatever field you choose. I grew up under the continual threat of financial struggle and at the age 18 I decided to go for earn while learn way. Behind my decision lay a passionate concern for my family that included my mother and four sisters. I completed my graduation in Arts faculty and got an opportunity to work in a beauty parlor which gave me a raise of 800Rs to 1200 rs in last three years. Adapting myself to the changing circumstances, I worked as an employee as well taught the students under the training programs held.

Eventually my clients in those years motivated me to take things in my own hands. I could not miss the chance and used my time management skills and fetched small consumers. I started home visits that started with 5 and reached more than 100. I grabbed all the prospects of bridal make up outside Nagpur as well. Till today I have received 100 % customer feedback and I intend to expand my horizon by setting up a salon, an academy and consumer products of my own. As a women entrepreneur my reputation rests on the authentic services and chemical free and self-tested products, I offer to my clients in the given stipulated time. Having learned how to make myself visible, and empowered, I took up the task of training and employing other girls in this field.

My further plan is to set up my own ownership and provide employment to dedicated females to establish their own businesses and thus contribute to nation's economy through skill development.



# Dr. Anjali Israni

“Drench yourself in words unspoken  
Live your life with arms wide open  
Today is where your book begins  
The rest is still unwritten” – Natasha Bedingfield



MULUND / VIKHROLI

In the intricate world of ophthalmology, where each surgical maneuver has the potential to transform lives, my journey as an ophthalmologist has been marked by unwavering dedication, compassionate care, and a commitment to innovation. As I reflect upon my professional trajectory, spanning from 2013 to the present, I find profound satisfaction in the numerous milestones achieved and the vision of a brighter, accessible future for eye care.

#### Early Years and Professional Growth:

My venture into the realm of ophthalmology unfolded as a series of significant milestones. From 2013 to 2015, I honed my surgical skills by performing an impressive 2500 cataract surgeries, showcasing a dedication to restoring vision and enhancing the quality of life for countless individuals. Beyond cataracts, my expertise extended to squint surgeries, pediatric ophthalmology, and oculoplasty surgeries, embodying a holistic approach to eye care.

#### Pioneering Research and Global Impact:

Driven by a curiosity to unravel the complexities of eye health, I delved into extensive work and research on retinoblastoma cases, a rare and challenging form of eye cancer. This commitment led to international recognition with publications in peer-reviewed journals, reflecting my dedication to advancing the understanding and treatment of critical eye conditions.

#### Mentorship and Giving Back:

Recognizing the importance of passing on knowledge, I took on the responsibility of training junior doctors both in India and abroad in various ophthalmic surgeries. My commitment to mentorship extended beyond the medical fraternity to encompass underprivileged members of society. Oculoplastic surgeries for those who lacked access to such specialized care became a cornerstone of my professional ethos.

#### Entrepreneurial Spirit: Drishti Netralaya:

In pursuit of a vision for inclusive eye care, I founded Drishti Netralaya, a startup aimed at providing comprehensive eye services to individuals from all walks of life. The startup was not just confined to urban areas; a satellite clinic in a remote pocket of Mumbai was established to ensure affordable eye care services reached underserved communities.

#### Philanthropy and Community Engagement:

My commitment to community welfare took tangible form through volunteering for free cataract surgeries for Brijwasis and devotees of Vrindavan and Barsana. Additionally, my association with the charitable wing of Swabhimaan Trust in Mumbai emphasized the importance of providing eye care services to those in need.

#### State-of-the-Art Centers in Mulund:

Undeterred by challenges, I founded state-of-the-art centers in the prime area of Mulund, Mumbai, offering comprehensive eye care facilities under one roof. These centers boast cutting-edge diagnostics and surgical facilities for cataracts, retina issues, glaucoma, and pediatric ophthalmology. An excellent and accurate optical setup complements these services, ensuring precise care for every patient.

#### Educational Initiatives and Public Outreach:

Recognizing the power of education, I conducted multiple informative webinars and patient educative programs. These efforts aimed to empower individuals to prioritize their eye health, reaching out to corporate clients, schools, colleges, and the general public.

#### Future Vision: Expanding Horizons:

Looking ahead, my vision extends beyond current accomplishments. I aim to expand Drishti Netralaya to various remote and premium areas of Mumbai, bringing state-of-the-art eye care facilities to the doorsteps of diverse communities. My journey in ophthalmology has been a tapestry woven with passion, compassion, and a commitment to societal well-being. As I peer into the future, my vision extends beyond current accomplishments. The roadmap includes the establishment of a teaching institute, nurturing young surgeons in ophthalmic surgeries, and initiating a research wing to contribute to the ongoing evolution of ophthalmology.

In closing, my journey as an ophthalmologist has been shaped by a deep-seated commitment to healing, innovation, and community service. Each surgical procedure, every endeavor in research and education, is a brushstroke in a canvas painted with the colors of healing and hope. As I continue this journey, my commitment remains resolute – to illuminate the path to clear vision for all, one surgery, one innovation, and one compassionate act at a time.



# Dr. Bhagyashree Ghosalkar

Bhagyashree Ghosalkar

"I may not be all that I should be, but I'm more than I used to be, and God isn't finished with me yet!"

Okay, so who am I?

Hi. My name is Bhagyashree Ghosalkar, happily married & a proud mother of two daughters, a Counsellor, Soft-skills Corporate trainer, Leadership Coach & a Facilitator.

I hold a Bachelor's degree in Commerce, a Diploma in Education Counselling and Guidance from Symbiosis Pune, and certifications in Neuro Linguistic Programming (NLP-USA), Emotional Quotient, Transaction Analysis, POSH training, Emotional Freedom Therapy, and Accelerated Human Change Training from Speak First-London.

But that's not why I am here.

I'm an entrepreneur from Mumbai and run a small outfit H2H Solutions that is into Corporate Skills & training with its existence pan India for the last 20 years and aims to nurture and empower professionals with domain knowledge, by sharpening their soft skills to meet the ever changing needs of modern globalized business.

And what brings me here?

As I look back and connect the dots, I understand how the magic of destiny and passion works. 30 years ago, when I had quit my job and was working as a fulltime homemaker & a mom to two wonderful girls, the constant urge to keep doing something creative, challenging and at the same time to create your own "pehchaan"... your own "identity" made me restless.

I wanted to balance both ... and so started working as a Freelance Consultant for TIMES Newspaper in Education conducting various workshops for educational institutions. For over 8 years. I successfully conducted student counselling workshops, teacher soft skills programs and positive parenting workshops in over 450 schools and colleges. This role gave me happiness, satisfaction of being of help and also recognition... I was invited to do radio programs, TV programs on Positive Parenting, and it suddenly felt like a dream come true. But I wanted to achieve more... reach out to larger horizons.

I started a small endeavor Disha Skill Development and started Entrepreneurship Skill Development Programme (ESDP), under MSME & KVIC. The project aimed to motivate different sections of the society such as SC, ST, women, differently abled, ex-servicemen and educated unemployed, to take up entrepreneurship as a career option, by providing motivation and awareness on entrepreneurship, self-employment. Reaching out to people in the rural and interiors of Maharashtra, conducting several entrepreneurial skill development programs, handholding them for their startups, seeing them grow and develop gave me a feeling of content in the way I was contributing. When an Adivasi single mom started her own tailoring shop, and a 40 yr old farmer widow started her own wafer factory, and another few started their own beauty parlours, photography or mobile service centres ...I was the most happiest.

I had already started my Corporate and Leadership coaching in various industries. This was my phase of life when I realized to reach out to people, work in challenging and creative environment and contribute towards the development of the individuals & organization has always been my passion my calling. And this led me to starting my dream venture H2H Solutions (Training & Development).

H2H Solutions has a team of proactive, like-minded trainers and consultants who work passionately towards

**OUR MISSION:** To Integrate Soft-skills, People Skills & Psychological Preparation In Order To Inspire People To Break Barriers In The Pursuit Of Excellence and

**OUR VISION:** to transform individuals, transform organizations to create a co-evolved World: ONE BUSINESS AT A TIME.

Expertise in Managerial Development Programs, Situational Leadership, Emotional Intelligence, Customer Centricity, Accelerated Self Development, Leadership Branding, Marketing and Sales, Conflict Management, Team & Leadership, Women Empowerment, People development, POSH trainings and many more.

H2H Solutions has been rendering services in Education, Media, Healthcare, Education, Banking & Finance, IT, Insurance, Pharma, Shipping and CFS, Construction, Power Supply, Government Sector, Defense, in field of Management Coaching & training for over 22 years and till date have trained 25000 participants across industries.

My next leap is to set foot on International Trainings and be recognised internationally.

The Mantra of my life "The path emerges as you walk it. So simply walk it." —

And I sing .... Safar Khoobsurat hai Manzil se bhi !!!







# Ms. Bamini Rajasekharan

Dr. Bamini Rajasekharan, MBA., PhD

Dr. Bamini is a dynamic and accomplished professional with a distinguished career in academia and quality assurance. Proven leadership as the Director of the School of Management at Sri Ramakrishna College of Arts and Science. Extensive experience as an Assistant Director, Quality Assurance and Projects at SNS Group of Institutions, Coimbatore. Recognized Quality Assurance Expert for the Ministry of Manpower in Oman. Certified Management Lecturer with a solid academic background, including an MBA and PhD in Human Resources Management.

Professional Experience:

Director – Sri Ramakrishna Business School, Sri Ramakrishna College of Arts and Science | Aug 2019 – Present (4.3 years)

Spearheading the strategic vision and leadership of the School of Management.

- ✓ Evaluator for Toycathon 2021, by MOE's Innovation Cell- GOI
- ✓ Best Resource person in AICTE STTP - "Innovation and Edutainment for effective Teaching and Learning for Gen Z students" from 06/09/2021 to 10/09/2021
- Assistant Director, Quality Assurance and Projects, SNS Group of Institutions, Coimbatore | Aug 2015 – July 2019 (3.11 years)
- ✓ Successfully completed many recruitments drives for SNS Groups of Educational Institutions (Faculty, Teachers and Staff recruitment)
- ✓ Offered Faculty Development Programs to improve the Teaching & Learning processes
- ✓ Setting-up benchmark indicators for the colleges to support and guide Institutional Accreditation
- ✓ Goal setting and achievement indicators for Faculty Members (for both individual as well as institutional development)
- Higher Education Quality Assurance Expert for Colleges of Technology, Ministry of Manpower, Muscat | Jan 2007 – Jan 2015 (8 years)
- ✓ Best Employee award, Ministry of Manpower, Sultanate of Oman, May 2010
- ✓ Curriculum Development and Review Framework (CDRF) for higher education
- ✓ Pedagogical Framework for Teaching and Learning (PF) [methodology for Teaching and learning in colleges of technology]
- ✓ Performance Management (Appraisal, Evaluation and Management) System for Academic and Non-academic staff
- ✓ System for tracking progress of Strategic Plan achievement at regular intervals and annually
- ✓ Feedback systems for evaluation of teaching and learning at Colleges of Technology
- ✓ Goal setting and target achievements for faculty self-development
- ✓ Developed 3600 Faculty Appraisal systems for colleges
- ✓ Guided and trained the members of Quality Assurance
- Committees to track the achievement of Strategic and Operational plans in terms of Vision, Mission, Goals, Objectives and KPIs
- ✓ Guided the QA members to analyze the results and carry them over as improvements for the forthcoming years (PDCA/ADRI cycle)
- ✓ Facilitated and conducted Institution wide Strategic Planning workshops (for colleges in Oman) to develop their respective Strategic Plans
- Ibra Colleges of Technology, Ministry of Manpower, Muscat | Jan 2003 – Jan 2007 (4 years)
- ✓ Initiated and created the placement cell for the college
- ✓ Provided Leadership training for all final year graduating students
- Lecturer, Business Administration. PSGR Krishnammal College for Women, Coimbatore | Jul 1995 – Jan 2003 (7.5 years)
- ✓ Head of the Academic Section of Business studies
- ✓ Implemented pedagogical innovations and student-centric methods
- Educational Qualifications:
- ✓ PhD in Human Resources Management, PSGR Krishnammal College for Women, Bharathiar University, 2014
- ✓ MBA in Marketing and Finance, GRG School of Management Studies, Bharathiar University, 1995
- ✓ SLET in Management, Bharathidasan University, 2000



# Ms. Damayanti Eshwar Jethwa



Hello, everyone..

Good morning!

I'm sure everyone of you likes to hear a story. And I'm also sure that it's been a while that you have heard one. So, I'm here to tell you an interesting one.

And title of my story is: A Tale of Damayati: From Dreams to Budget-Friendly Adventures

Once upon a time in the quiet town of Thane (which is not in Mumbai), there lived a remarkable woman named Damayati Rajput. Damayati had big dreams when she was younger – she wanted to become an IAS officer or a politician. However, life took her on a different journey.

Damayati got married to her sweetheart at the age of 20. From Damayati Rajput she became Damayati Jethwa!

For 30 years, she took care of her family and children. But deep down, her dreams never faded away. Damayati's husband and kids were always supportive, cheering her on.

Before starting her travel business, she taught at home for 10 years to help her family financially. She also ran a small event company, organizing local events and family weddings. Her talent for organizing things and making events special became well-known in her entire family and local community.

The turning point in Damayati's life came when she realized she could combine her love for organizing with her passion for travel. She wanted to make travel possible for everyone, even those on a tight budget. With the support of her family, Damayati started a travel business, arranging affordable local tours.

Her husband played a big role, helping with planning and logistics, while her kids brought in their fresh ideas and technical skills. Together, they formed a strong team that turned Damayati's dream into a successful reality.

Her travel business became a hit in her community and extended family. Her tours were not just budget-friendly; they also highlighted the town's hidden gems and local

traditions. Damayati's story became an inspiration for others, proving that you can start a new adventure and find success no matter how many years have passed.

In the end, Damayati's journey from a dreamer to the proud owner of a budget-friendly travel business shows us the power of not giving up. Her story is a reminder

that it's never too late to chase your dreams, and with the support of loved ones, you can turn those dreams into reality.

I hope this story gave everyone a much needed boost and courage to start something new without worrying about Log Kya Kahege!  
That's all from my end, everyone! Have a great day ahead!

And special thanks to Nari Shakti stage for giving me this platform for stepping up inspiring others! Thank you, everyone!





# Dr. Meenakshi Sanwaria

## SPEAK LESS EXERCISE A LOT

I Dr. Meenakshi Sanwaria, director of sanwaria hospital a 50 bedded multispecialty hospital located in chaksu, Jaipur Rajasthan. I was selected for govt job in 2008 but I felt that I was not able to deliver my energy at fullest in the name of mankind and upliftment of women. So I decided to resign and started my own hospital with a capacity of 5 beds only. At the time of my startup sometime I was restless and some time I rest less and this the result of that now I have 50 bedded multispecialty hospital with all modern facilities and latest technologies.

At the time of pandemic covid 19, when people were dying because of deficiency of beds, I felt that It's my duty to serve for the people. I served my hospital free of cost with all available resources for the covid patients. I am very much thankful to all my staff who also served for this noble job. I made temporary shelters for patients attendants and made food packets available free of cost. It was the result of our best medical facility that we have not recorded a single mortality. What I earned in this mankind job was blessings and smile of the patients who cured of the disease and returned happily to their home.

In my day to day practice I always encourage female patients for female education, female hygiene and try to tear by roots the social vices like dowry system, child marriage, Daayan pratha.

I had been awarded as change maker humanity award by international NGO bharat sokka gakkai, Naari gaurav samman, naari shakti samman and now women director of the year. I want express my special thanks to entire team of Ek naari 100 pe bhaari and biznation TV.

I have special concern with infertility

दूर हटेगा बांझपन का अंधेरा हर आंगन होगा किलकारी का बसेरा







# Major Reenu Ohlan

"From Military Service to Educational Leadership: A Journey of Dedication and Contribution"

Myself Major Reenu Ohlan belongs to a family, where wearing uniforms, whether in the distinguished olive green or resilient khaki, wasn't merely a personal preference but a family tradition and lifestyle. My path was set early on, my father's service in the CISF paved the way for my own entrance into the Indian Army.

Graduating with honors in Physics from Delhi University, I joined Indian Army in September 2000, embarking on a fulfilling career marked by service in the challenging terrains of J&K and various other appointments, where I navigated multifaceted responsibilities ranging from security to administration.

My journey took a poignant turn with the loss of my husband in 2016, Late Lt Col Ranjit Singh Pawar, Sena Medal, a hero honored posthumously by the President of India for his gallantry. His memory lives on in the hearts of a nation proud to mention his name on the Country's War Memorial in Delhi and to dedicate a crossing in Haridwar in his honor. Transitioning from military to civilian life, I continued my service as a Protocol & Security Officer in NABARD.

My journey in the education world started as the first Head (HR) of 175 years old prestigious residential school The Lawrence School Sanawar, a historic institution renowned for its connection to the armed forces. Taking on the role as the first Head(HR), I brought my expertise to establish the school's HR department, laying the foundation for efficient organizational management.

Transitioning to the Heritage International Xperiential School as Chief Administrative Officer, continued my journey in the educational landscape. As the founding CAO of the school, played a pivotal role in shaping the administrative framework of the newly established campus, ensuring smooth operations and organizational success.

I believe in quality education fostering holistic student development, emphasizing self-realization, skill-building, and freedom from fear. Academic learning should prioritize personality development over mere examination success. Education must cater to individual strengths and weaknesses, promoting inclusivity and equity. Innovative teaching methods, interactive classrooms, and balanced technology integration enhance learning experiences. Effective management, transparency, and modern tools optimize school functioning. Capacity building activities for students and staff, guided by quantifiable plans and senior leadership involvement, ensure the realization of the holistic vision.

As a member of this industry, I take pride and satisfaction in playing my part in nation-building.

Major Reenu Ohlan  
Military Veteran



# Ms. Mansi Verma

My name is mansi verma. And I am from Moradabad city uttarpradesh (u.p). I started working right after my 12th boards in 2017. My job designation was a receptionist and my first salary was only rs 4,500/- only. Which I was very happy to see and handed over to my mother's hand. I wanted to be selfdepenent and manage my own expenses and dreams. It's not about earning and spending but when you're earning for yourself. You don't have to answer to anyone about your expenses. Yes, I am very happy in my life, it is not my dream life, but yes it is definitely someone else's dream life that I am living. because whatever i have achieved in my life till now, some people is only seeing this in dreams. My life turning point when I joined Lakme fashion academy and get internationally certified cosmetologist. After that I m very much confused that what is my future ?? But 1 day I got new job in salon industry in 2021, and get a chance to teach students. I got to choose skin for teaching and after that I become a skin trainer and for my students their skin faculty. From that day till now I have teached 20+ students in 3 years from fresher student to a professional trainer. this is my story that how I enter in this industry I personally always believe in One should never stop learning because if you don't learn, you won't gain experience, you'll always remain a beginner. in my life this is only just a starting, many more is come to my way, and i m confidently ready to learnmore and achieve more and become a big change maker in society.

Award that I earned

- Best Skin Trainer in Moradabad award in Jaipur by celebrity Malaika Arora in 2023 sept.
- Best Youngest Skin Trainer award by Diva Planet Magazine in 2023 Oct and also get featured on diva planet magazine front page in 2024 jan edition.
- Best Acharya of the year in 2024 feb by ek naari 100 pe bhari





# Ms. Mary Gold

Ms. Mary gold is a leading educationist, philanthropist, a great visionary and a truly empowered women. Right from her childhood she exhibited qualities of diligence, perseverance due to strong family values. She completed her graduation from Punjabi university Patiala followed by BED and Masters from same organisation. Her long teaching experience started from a school where her devotion and knowledge made students and parents spell bound.

She simultaneous put efforts in the betterment of her students as well as herself and did TESOL from American associations.

She is a perfect role model for all working women struggling to manage their life. While keeping to watch on all the work in her institute she has handle her daughter perfectly. It is highly inspirational aspect of her personality that managing such a responsible job and family.



**IELTS / PTE & IMMIGRATION**

she has been working in the field of education for more than a decade and she was successfully in mentoring more than 2500 students for their study in abroad. she not only assert on quality training but also helped them to remain motivated, disciplined, down to earth and teach them the significance of moral values in their personality

Basically, she is from a town and got married in a country side area where she realised how pathetic women's condition is. Despite being talented and educated, they are still dominated who do not have any right in reality to raise their voice. She has seen it and every tolerated it. However, her inner spirit did not allow her to do so. She rose her voice at different platforms against women's condition into by asserting "where one side we are feeling proud to say 'it is women empowerment'. In reality they are in prison and are bearing the domination of men."

She always aspired to be independent women and also want other women to enjoy their liberty. Initially it seemed like a not to crack but with strong determination, coverage and diligence. Being a mother it becomes hard to make a work life-balance. In spite of all the social pressure and obstacles, my consistance towards my duties remained same.

She has always been an educator in classroom and an administrator in various capacities and levels. As a team leader in self founded and sum organisations She always tried to provide better environment for students and staff alike.

She has been using innovative teaching methods for my students where they can study for longer hours without being tired mentally and physically, I perfectly assist advice and encourage her students in their future endeavours.

"Take something ordinary, add your passion, concentration and dedication and you will have the best of that in your hands".





# Ms. Mohinee Singh

A woman's willpower can change lives,

Mine led me to become the co-founder of CXO Junction...

My journey at Cyberfrat Pvt. Ltd. began when I joined as an intern in 2019, eager to learn and gain experience in the field of social media marketing. Little did I know that this opportunity would change the trajectory of my life. I became the initial employee at Cyberfrat when the company was just starting out, But I was driven by the vision and determination of our CEO, Mr. Gaurav Batra, and we knew that together, we could achieve great things.

I started off handling social media, but as the company grew, I took on more responsibilities and wore multiple hats. I worked in operations, marketing, sales, human resources, finance, and everything in between.

The proudest moment of my career so far has been the inception of CXO Junction. In 2021, I saw the need for a niche platform that brings together business leaders and provides them with valuable insights and solutions to combat the constantly evolving scene of cybersecurity, risk management and emerging technologies. With this vision in mind, I spearheaded the creation of CXO Junction, and today, it has a global presence in APAC and the Middle East too.

CXO Junction has become a go-to platform for over 5500 CXOs. Our events bring together experts and leaders from various industries to share their experiences and insights, making it a fruitful learning experience for all.

In my career so far, I have faced my fair share of challenges. But I never let that discourage me or hold me back from building my own venture. Instead, I used those challenges as motivation to work harder and prove myself. Today, I am proud to contribute to the industry with this initiative of building niche platforms.

I am grateful for the opportunities and support that I have received, and I am excited to see where CXO Junction will go in the future. I would like to say that anything is possible if you have a strong vision and the determination to make it a reality.

Mohinee Singh

Co-Founder, CXO Junction

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# Dr. Mona Ashish Gandhi

Strive not to get success, but rather to be of value."

I pursued my Post Graduation in Emergency Medicine in 2005, and since then was dedicatedly working in the emergency Dept. and ICU. The ICU was a place where all the patients got admitted in the end stage of life. The brutal condition in which they were brought was always an area of concern. Sometimes, due to their prevailing ailment itself; sometimes due to the mishandling of the victim by the bystanders or the relatives that brought the patient to the hospital. Due to the lack of awareness and the misconcepts, to provide the first aid, the patients' condition got deteriorated. The "golden hour" was not utilized promptly.

This thought was hovering my mind continuously, about what can be done; that the common man gets educated with the right first aid treatment to be provided to the victims before reaching the hospital. Meanwhile, I got a golden opportunity to initiate and start with "Eduforce" in 2011. This was an ideal platform where I could reach out to the world and spread the light of knowledge, skills and provide bespoke trainings to one and all. This was the turning point for me to address the mass and deliver trainings to the industrial workers, employees, various institutions on prompt handling of medical emergencies before they reached the hospital. The sky was the limit to my dreams....

As it is rightly said, you are the driver of your dreams.....

My dedication, mission and deep rooted values gave me the wings to soar higher and higher to achieve my dream..... enroute journey towards it. With this burning desire in mind, my strong belief, teaching with dedication; made me a reliable and well- recognized medical doctor and emergency medical expert, trainer and a consultant, who can reach out to the mass and spread the light of knowledge to everyone.

My work is my passion, and this true spirit in me, lead to an upsurge of appreciation, applauses, testimonials in person, as well as, on soft medias kept on booming within various industry circles. This moved throughout Pan-India and overseas too.

These experiences taught me meaningful lessons on how to interact and understand the peers, common man from all strides low and high positioned personnel and clients in general.

Last over 20 years, planning, self -motivation, determination, taking decisive actions needs tremendous courage to keeping a good head on your shoulders in the face of hardship. Being the only woman, in the field, site locations in the industries and undergoing rigorous, difficult challenges, demanding an excessive physical and mental driving force was never an easy task for a woman. Making through this unique but motivating mission gave immense strength to succeed in my career with motherhood and handling family fronts equally. Painting, singing, long drives and spending quality time with friends have been always my rejuvenators.

Few lines on my organization, Eduforce – a complete hub for Environment, Health and Industrial Safety trainings, audit and consultancy, serving Pan India and overseas. Partnered by two more Directors. With the current industrial scenario and market survey, we learnt that the safety factor, poor industrial work culture and in result the industrial accidents were tremendously high. Subsequently, the safety awareness and education was touching the baseline.

Hence, to bring about a wave of revolution in the world of health and safety; to improvise and increase the literacy and safe working conditions, methodology, and to gear the people up with handling medical emergencies before they reach the hospital, we came forward to form a unique platform – Eduforce.

The journey continues...and I am positive about many more achievements in the future.

'Work hard in silence, let your success be your noise.'

Dr. Mona A. Gandhi

Founder Director – Eduforce

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# Ms. Purvi Shah Saggu

Title: My Journey: From Home Tutor to Education Entrepreneur

## The Humble Beginnings

From the modest origins of being a home tutor at the age of 18, earning a meager 500 monthly, I embarked on a journey that transformed me into Mrs. Purvi Shah Saggu, a multifaceted professional, with more than 22 years of experience. It started with my balancing of tutoring gig with pursuing a CA course, I soon realized the potential of the teaching profession. Money and recognition trickled in, igniting my ambition. I saw teaching not just as a means to make ends meet but as a path to affluence and admiration. Climbing the ladder of success, I graced the classrooms of esteemed institutions like Navrachana, DPS, and Bhavans. However, the thirst for innovation and a deeper impact on students led me to question the confines of employment.

## The Entrepreneurial Leap

With a burning desire to revolutionize education, I took the leap into entrepreneurship. Despite financial constraints and the burden of EMIs, I ventured into uncharted territory with IP Tutorials. Specializing in CBSE commerce and humanities coaching, I swiftly carved a niche for myself, becoming a market leader within years. Yet, success was never just about profit margins. Giving back to society became my mission. Thus, Abhisiddhi NGO was born, catering to the educational and nutritional needs of migrant workers' children. This endeavor not only brought solace to my soul but also anchored my surplus funds in the pursuit.

## The Fusion of Worlds

Navigating between two disparate worlds—elite clientele and underprivileged communities—has been both a challenge and a blessing. While the allure of wealth and luxury tempts, it is the fulfillment of uplifting the marginalized that truly satiates the spirit. Crafting fast-track curriculums for migrant children, I learned that consistency, diligence, and empathy are the cornerstones of sustainable impact. Today, as I stand at the intersection of affluence and altruism, I realize that true liberation lies in using wealth not just for personal gain but as a tool for societal upliftment. My journey from teacher to entrepreneur has taught me that abundance isn't measured by what we possess but by what we share.





# Prof. Sangeeta Dayal

Prof. (Dr.) Sangeeta Dayal has made significant contributions to the academic and personal development of students throughout her career. Her commitment to give quality education and encourage a holistic educational experience has left an indelible impact on numerous individuals.

Her academic journey is studded with numerous accolades and accomplishments. Holding a Ph.D. in [Cytogenetics], she has demonstrated exceptional prowess in her research. Her ground breaking work on [Cytogenetical / Mutational analysis,

Molecular (DNA) characterization/ Protein characterization, Detection of antimicrobial efficacy, Biochemical profiling, Morphological studies, Allergenic protein characterization] has not only expanded the horizons of knowledge but has also garnered widespread recognition from peers and experts in the field. She has 20 years of experience in academic and administration. Till now 6 Ph.D. scholars, 2 M. Phil students, and 52 MSc students have been supervised by her. Her professional journey has started as Lecturer- Incharge Biotechnology Deptt. School of Life Sciences, Khandari Campus, Dr. B.R. Ambedkar Univ. Agra in 2003. She has worked as Director Academic Operations, Controller of Examinations (COE), and Professor & Head Biotechnology in reputed university of NCR Ghaziabad. Presently she is giving her best contribution in development of Swami Vivekanand Subharti University Meerut as HoD Botany and biotechnology dept. She has also proved herself as Director IQAC Swami Vivekanand Subharti University.

Her prolific publication record includes numerous peer-reviewed articles in prestigious journals, showcasing the depth and breadth of her contributions to academia. Her research has not only enriched the academic community but has also had practical implications. She also contributed/presented her researches in National and International conferences. Right now she is working on DST granted research project as PI.

In addition to her research, she has played a pivotal role in mentoring the next generation of scholars. Her commitment to nurturing young minds is reflected in the success of her students, many of whom have gone on to make significant contributions in their respective fields. She has actively engaged in the student development programs, bringing her expertise to a wider audience. Her efforts to bridge the gap between academia and society have manifested in workshops, public lectures, and collaborative initiatives that aim to make scholarly insights accessible to all. Furthermore, she has served in leadership roles within academic societies, contributing to the development and growth of her discipline. Her vision for the future of student development is reflected in her initiatives to encourage interdisciplinary collaboration and promote diversity within the academic community.

She give all credit of her all success to Dr. B. Dayal, he is her inspiration and motivation and a loving husband. In conclusion, her academic profile is a testament to the transformative power of passion, perseverance, and a commitment to advancing knowledge for the betterment of society. Her achievements and contributions serve as an inspiration, motivating both current and future generations to reach for new heights in academic excellence.

“The whole purpose of education is to turn mirrors into windows”. By Sydney J. Harris



# Prof. Shashi Prabha

## Shashi Prabha Biodata

Shashi Prabha stands as an eminent academician and esteemed Professor at National Council of Educational Research and Training (NCERT), New Delhi showcasing an illustrious 35 years commitment to advancing education. With an extraordinary career dedicated to the realm of Physics and Science Education, she has become a beacon of innovation and excellence. Having a distinguished academic background and holding a PhD in Physics, Shashi Prabha has augmented her scholarly pursuits with a BEd and MEd, guided by an unyielding passion for knowledge and pedagogical advancement. Her academic journey is enriched by the steadfast encouragement of her husband, a seasoned Petroleum Geologist, who has been the constant force propelling her dreams to unprecedented heights.

Fuelled by her seventeen years of teaching experience, spanning from class Tenth to BSc and BEd, Shashi Prabha has co-authored an impressive array of 36 books and played a pivotal role in shaping the content of other 45+ books and learning-teaching materials published by NCERT. She has contributed significantly to the development of twenty training modules in Physics and Science Education. Her distinguished role as a Resource Person shines brightly through her remarkable contribution to more than 127 meticulously crafted training programs, disseminating invaluable knowledge to educators at the National, Regional, and State levels throughout the nation. Notably, her recent contribution to the Continuous Professional Development (CPD) of Physics Teachers teaching classes Eleventh and Twelfth as Member-Coordinator of the development of self-learning modules for the DIKSHA portal, exemplify her expertise as a science educator.

Furthermore, she served as the National Coordinator for the State-Level Children's Science Exhibition (2009-2011), organized by NCERT. Shashi Prabha's expertise has been acknowledged at the national level, as she served as a nominated member (MHRD) of the International Review Panel for TESS-INDIA in 2014-15. She holds the esteemed position of being a distinguished member of the selection committee constituted (2018-2020) for the selection of the National Award to Teachers.

Her influence resonates across borders as her work also includes twenty five research papers published in peer-reviewed International and National Journals. The reverberations of her scholarly endeavors are further amplified through an additional twenty-five research papers presented at prestigious International and National Conferences, earning her accolades, including the coveted Best Paper Award at the International Conference on the Changing Landscape of Teacher Education at JMI University in 2021. Her extensive and active involvement in more than twenty seminars, workshops, and panel discussions at the National/State/Regional level coupled with her significant role in Curriculum Development Committees for Science Teacher Education programs, attests to her leadership in the field. She has the privilege of chairing session in many International and National Conferences. She holds prominent positions on the editorial boards of many international and national journals specializing in Science Education and Educational Technology. Her commitment to advancing the field is further underscored by her active engagement as a Life Member in various professional organizations, reflecting her dedication to staying abreast of developments and contributing to the broader discourse within her field.

Additionally, her academic impact is evident in her role as a PhET trusted translator for the Hindi language. This involvement highlights her commitment to making educational resources accessible to a wider audience, emphasizing her dedication to fostering learning opportunities to all in the country. In the realm of technology-driven education, Shashi Prabha has developed many e-contents and demonstrated a keen embrace of innovation, earning her the Best Program Award under the New Media category in 2021 and her work in developing Augmented Reality content on "Light" in Physics garnered a Jury Appreciation Award in 2022.

An innovator and trailblazer in the fields of Physics and Science Education, her career is a testament to unwavering commitment and transformative contributions. Her vision of a science educator encompasses a commitment to fostering a dynamic, holistic and inclusive learning environment where curiosity thrives, critical thinking flourishes, and a profound appreciation for the scientific inquiry is cultivated.





# Ms. Sonam Singh Chandel

Sonam's story is not one of silver spoon or golden; she is the embodiment of a phoenix emerges stronger the ashes. Like a warrior on a battlefield, she championed the cause of gender equality and empowerment proving that strength is not confined to muscle but resides in the power of conviction. She has done her graduation in agriculture from CSAUA&T, Kanpur and post graduation in plant pathology from SVPUA&T, Meerut as well as completed her B.Ed degree also. She also qualified NET and SRF exams conducted by ICAR New Delhi.

Sonam is a dynamic and versatile girl she is highly energetic & empathetic lady who is full of enthusiasm & life. She is a book-lover, good writer, keen observer having a great ability of communication and networking skills. Her academic background since childhood has been first class always along with 100 + medals, trophies certificates, cash prizes in various activities of fine arts literature, writing, speeches competitions etc at local, regional, district & national levels. She had been an ardent devoted volunteer of NSS cadet. She has represented her university at National level cultural events in fine arts and get awarded in it. She always get coverage in media with her own efforts and activities as well as have been telecasted on TV channels like Doordarshan. Because since her childhood She's blessed with artistic talent by Universe, her passion for art and her desire to express her creativity for generating income with these skills have always been essential part of her Identity.

Along with this, she previously worked on the post of research scientist in Chandrashekhar Azad University of Agriculture & Technology, Kanpur in an ambitious project of Uttar Pradesh Government as a wheat pathologist. Her papers have been published in various international/national journals & seminar/ conferences. She also contributed book chapters in edited volumes. She is an innovative & inspiring girl. She believe that we are all extraordinary human beings with immense potential, capable of achieving great things.

After working more than 2 years as a researcher she realized that her true passion lay in helping individuals into their potential and driving positive transformation. It was this realisation that prompted her to explore the word of creative skills trainings. That's why she tried for another job where she can able to explore her creative skills. In the year 2021, she has been qualified with first rank and selected for Uttar Pradesh State Rural Livelihood Mission as a Block Manager in Skill & Jobs theme & joined Bichhiya Block, District Unnao. She dedicates her creativity skills and knowledge whole heartedly for the needs of rural women's empowerment with her own efforts she trained many women & taking them on the journey to a business worth lakhs. She said that money plays a crucial role in today's world but for her it is equally important to experience the fulfillment & delight that comes from helping someone to leverage their living standards witnessing people's smiles is the most gratifying feeling one can imagine. The essence of her work as a Block Manager lies in empowering rural women to become the best versions of themselves while the path is unconventional her mission to bring about transformation in the lives of those rural women, helping them realise their true potential. She also added that Indian women who are considered better but don't get equal participation in the society because women are half the population of any society without taking them along, no society can improve in it's eternality. So that She created a Brand named of "Aparajita" Wellpreneur in the name Of Goddess "Durga". The purpose of this women community is "to give wings to their dreams" to help each other to grow and enjoy life. Aparajita is a government registered Cluster Level Federation at where we celebrate and promote women small entrepreneurship as the spark of economic growth and making them financial independent. She turn out many housewives in to the women entrepreneur so that they get able to generate income through various activities while taking care of their responsibilities towards their family.

Sonam is an empathetic humanitarian by soul she loves animal rescues and to feed them. She is also a plant lover who always keeps an exploring new ways to contribute to the nature and society out there with all the possible resources & zeal she has.

In a heartfelt statement, She expressed the greatest accomplishment for me is when everybody related to me feel proud on me. She told that her Mentor & Chairman Dr. Ramji Singh Sir always teach their student that "always try to think outside of the box" she took those words very positively but in a different way "she thought that along with thinking outside of the box, why not I should also think about what creative things can be made from that box so that someone can earn money also."

She wants to dedicate this "Ek Nari 100 pe Bhari award under the category of woman leader in skill development" to her parents Mrs. Mithilesh Singh & Mr. JP Singh & her mentors & teachers like Dr. Ramji Singh Sir, Mrs. Alka Ramji Singh, Dr JB Khan, Ms. Charul Kanchan, Mr. Dev Shankar Ramchandra Tiwari, Ms. Sumael Anjum Khan, Late KK Mishra and all my family members, relatives, seniors, my colleagues like Mr. Sanjay Kumar Rajput because he is trying his best in every aspect on this mission with his good intentions and also these women who are always ready to work under the guidance and inspiration of Sonam. Belonging to a lower middle class family where the elders didn't like having two daughters her mother strongly decided to provide higher education to both of us & always stood as a strong pillar for us. Following her parent's moral values in every phase of life, She believe that small initiative taken by her today, will be a big change tomorrow and can have a huge impact on someone's life.







# Ms. Urvashi Satghare



Ladies and Gentlemen, brace yourselves for the riveting tale of Urvashi Satghare, a creative maven who danced through the realms of advertising and film, leaving an indelible mark on the industry. Picture this: the seeds of her creativity were planted at Sir J.J. School of Arts, Mumbai, and from there, she embarked on a journey that would make any blockbuster jealous.

In the dazzling city of Dubai, Urvashi polished her skills with a prominent advertising agency, setting the stage for her fervent love affair with the world of creativity. But, ever the knowledge seeker, she set her sights on the bustling heart of cinematic excellence—only to pursue her love for film making and direction at the New York Film Academy in New York City. There, she embraced the city's energy and imbibed its rich cinematic culture, proving that the Big Apple was the perfect recipe for artistic evolution.

With a newfound passion, Urvashi delved into the world of indie films, consistently pushing the boundaries of storytelling. In 2007, her groundbreaking work on "A Four Letter Word" not only garnered accolades but also stood as a heartfelt tribute to the LGBT community—a cause close to her creative heart.

But the pièce de résistance came when she founded U N Square Advertising, turning her dreams into reality. Over 15 remarkable years, Urvashi and her team crafted innovative campaigns for major clients, consistently challenging conventions and redefining industry standards. Their hallmark? An unorthodox approach to creativity that blurred the lines between work and play.

Hold on, there's more! Urvashi's journey began with a humble 4-digit figure of 3000 rupees. From those modest beginnings, she scaled unimaginable heights, working with brands like Sodexo, Mc Donald's, J.L. Morisons-BabyDreams & Lakme India. It's a story that proves big dreams don't always need a big budget.

At U N Square, we transcend the conventional client-agency relationship. We don't just work for you; we work with you, fostering a sense of collective ownership of brands and ideas. Our journey, much like a captivating novel, is filled with twists, turns, and the relentless pursuit of creativity.

Urvashi Satghare, the visionary leader, laid the foundation for U N Square Advertising, turning challenges into triumphs. With a global perspective and no contacts in India, the initial steps were daunting, but the unwavering support of family fueled the agency's first strides. From international travels and studies to the birth of U N Square, family remained the anchor, navigating through the uncharted waters of the advertising industry.

And here's a twist in the narrative—Urvashi's father once scolded her (In her young school days in UAE) for sitting in his impressive chair by the window, overlooking the city of Abu Dhabi. He told her she had to earn it. Fast forward to the proud moment when she did just that, calling him from her own impressive perch.

But Urvashi isn't just a creative powerhouse; she's a leader with a heart. Her U N Square team is a testament to her commitment to work-life balance and her dedication to providing opportunities for young talent. She's not just a boss; she's a mentor who believes in never stopping work, never stopping learning, and never stopping the influence she imparts to the next generation.

In the world of leadership, Urvashi is the underdog who worked like a big cat in the market—stealthy, powerful, and always ready to pounce on the next creative challenge. Her story is not just about success; it's about transformation, reshaping the landscape, and inspiring others to follow their creative passions.

As an agency, it's standing tall with a repertoire of esteemed clients, including Raymond Consumer Care, Marico Ltd, HCCB India, Godrej Consumer Care, Faces Canada, Carlsberg India, Cipla Ltd, Mad Over Donuts, Nayara Energy and many more. Also being closely associated with brands like U Me & Earth and the Marico CSR team who drive a vision and purpose. Our creative solutions are not just about meeting objectives; they're about breathing life into ideas that resonate beyond the conventional boundaries of marketing.

So, here's to Urvashi Satghare, a force of creative dynamism, whose journey reads like a blockbuster script with a splash of wit, a dash of humility, and a whole lot of creative magic. Cheers to rewriting the rules and proving that in the world of advertising and film, Urvashi is the undisputed queen of creativity!

Beneath the spotlight, her art takes flight, A dance of pixels, a canvas of light.

In the tapestry of creativity, she weaves, A passionate saga she endlessly achieves!





# Ms. Sahiba I Vasudev

Sahiba I Vasudev is the founder of Soulszest. Sahiba is a well known name in the field of energy healing. She is a Sound Healer, Clinical Hypnotherapist, Tarot Trainer, Akashic Record Trainer, Graphologist and is passionate about helping others unlock their true potential and live a fulfilling and joyful life.

As a Clinical Hypnotherapist, Sahiba uses hypnosis to delve into the subconscious mind and facilitate healing and transformation. Through this powerful technique, she helps individuals overcome limiting beliefs, fears, and phobias, and empowers them to achieve their goals.

Additionally, Sahiba is a Tarot Trainer, guiding others in the art of tarot reading and interpretation. She believes that the tarot can be a powerful tool for self-discovery and gaining insights into one's life purpose and path.

Sound healing is another area of expertise for Sahiba. Using various sound healing instruments and techniques, she helps individuals balance their energy, release blockages, and experience deep relaxation and inner peace.

Furthermore, Sahiba is an Akashic Records trainer. The Akashic Records are said to be a repository of information about every soul's past, present, and future. Sahiba teaches others how to access and interpret this profound source of wisdom and guidance.

Through her teachings and therapies, Sahiba has positively impacted the lives of countless individuals, helping them release guilt, trauma, and stress. Her approach is holistic, addressing the mind, body, and soul, and empowering others to create positive and lasting change.

Sahiba's mission is to inspire and empower individuals to live their best lives, free from limitations and filled with joy and abundance. Her dedication and expertise in the field of energy healing make her a respected and sought-after practitioner in the industry.

During Sahiba's Shoonya Healing Wellness Circle sessions, participants are guided through a transformative deep healing experience that combines meditation and sound healing techniques. The purpose of these sessions is to create a sacred space where individuals can release stagnant energy, heal emotional wounds, and cultivate a state of inner balance and peace.

Through the power of meditation, participants are guided into a state of deep relaxation and connection with their inner selves. This state of stillness allows for the release of unwanted emotions, stress, and mental clutter. It also enables individuals to tap into their inner wisdom and intuition, facilitating self-discovery and personal growth.

In addition to meditation, sound healing is a vital component of Sahiba's sessions. Various instruments, such as singing bowls, gongs, and chimes, are used to create therapeutic vibrations and frequencies that resonate with the body and energy field. These vibrations help to balance and harmonize the energy centers, release energetic blockages, and promote healing on a physical, emotional, and energetic level.

The combination of meditation and sound healing in Sahiba's Shoonya Healing Wellness Circle sessions provides a powerful and transformative experience. Participants often report feeling a profound sense of relaxation, clarity, and rejuvenation after these sessions. They also gain insights, clarity, and a deeper understanding of themselves and their life's path.

Sahiba's commitment to empowering others through her transformative healing sessions has made her Shoonya Healing Wellness Circle a popular choice among individuals seeking holistic and transformative healing experiences. Her ability to create a safe and nurturing space allows participants to embark on a journey of self-discovery, healing, and transformation.

Sahiba is also a graphologist and can read people by their handwriting. She has trained many schools, teachers in the field of graphology and has helped numerous individuals gain a deeper understanding of themselves through their handwriting.

Sahiba's expertise in graphology allows her to analyze various aspects of handwriting, such as the size, slant, pressure, and overall structure, to gain insights into a person's personality, emotions, and even their health.

When working with schools, Sahiba conducts workshops and training sessions for both teachers and students. She educates them on the basics of graphology and how it can be applied to gain a better understanding of oneself and others. Sahiba believes that graphology can be a valuable tool in enhancing...

Sahiba is an Akashic Trainer too. As an Akashic Trainer, she has dedicated her practice to helping individuals navigate their root causes and unlock the transformative power of this ancient knowledge.

The Akashic Records are believed to be an energetic archive of every soul's journey, storing information about past lives, present circumstances, and future possibilities. By accessing these records, individuals can gain a deeper understanding of their soul's purpose, patterns, and the choices that shape their lives.

As an Akashic Trainer, her role is to guide individuals on their journey of exploration and self-discovery. Through intuitive and channeling techniques, I help my clients access the Akashic Records and connect with the wisdom and guidance that reside within.

During sessions, Sahiba facilitates a safe and supportive environment where clients can ask questions, seek clarity, and address specific challenges they may be facing. Together, they delve into the records to uncover root causes of issues, patterns, and energetic blocks that may be hindering personal growth or causing repetitive challenges.

Through this process, clients gain valuable insights into their past experiences, karmic connections, and lessons for their soul's evolution. Understanding these underlying influences can shed light on current challenges, relationships, and opportunities for growth.

Akashic Training extends beyond individual sessions. She also offers workshops and courses where participants can learn to access their own Akashic Records. These programs provide tools, techniques, and attunements to help individuals develop their intuitive abilities and establish a direct connection with the Akashic Records.

By embracing the wisdom of the Akashic Records, individuals can cultivate self-awareness, make empowered choices, and navigate their life's journey with clarity and purpose. The insights gained from working with an Akashic Trainer can empower individuals to transform old patterns, release energetic blocks, and manifest their highest potential.



# Ms. Munaza Khanam

## ENCOURAGEMENT FOR YOUTH

Today the women are taking part in every sphere of life. She is mother, wife and sister looks after all of them, without any fear.

As she has become part and parcel of her husband and takes care of his deeds and every day reminds us how a women dedicates her life for betterment of her family and above all the society.

Meet Munaza khanam, (@khanamcloset) young entrepreneur from kashmir valley, a face behind KHANAM CLOSET (House of exotic fabric boutique) a store and an online platform for shopping

Munaza khanam has done MBA in Finance, M. A in English and diploma in Computers, and her career is started by working in Airtel (CMS.ptd) as FMS Engineer and then joined in various private sectors.

Four years ago she came up with an idea of KHANAM CLOSET. Munaza khanam hailing from Nishat srinagar of j&k. While talking with founder of \_\_\_\_ she said, that she has struggled alot by way of competing in various examinations to get a job in Government department. As her all the family members are working in Government departments. In Addition She Said that she Also want to help needy ones in the society, who are in dire need of employment. This is Thought encouraged her to put forward khanam's house (A Boutique) at Nishat near HDFC bank where she is having all types of suits, shawls, stalls, pherans and stitching both online and offline. In addition to this KHANDRESS are also stitched there. This has paid not only to her but also to the workers as well as online as to their satisfaction. Besides she has resellers both online as well as offline who too can earn to need their both end meals..

As everybody is aware of the fact that women were looked down upon, teased hated on certain occasions and where deprived of their rights. It was because of islamic rules and regulations the women were facilitated with equal rights as that of men.





# Ms. Swati Vashistha

Swati Vashistha - Photographer and businesswoman

I have been fascinated by camera since my childhood. How could this box of wonders capture the truth of a moment so easily? Seeking answers as I grew up, photography turned out to be the amazing treasure of smiles, poses, colors, nature, friendships and my favorite being the several occasions of family gatherings and functions. My objective is to truly leverage the famous quote “A picture is worth a thousand words” through my various projects.

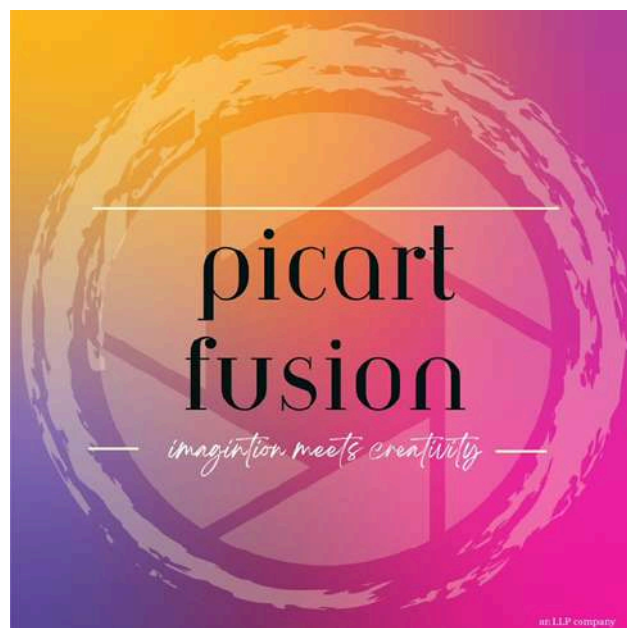
My professional growth covers diverse experience across my interests as a photographer to creating and running the website for Artworks and Images together with my mother who is my inspiration and a renowned professional Artist of her own standing.

I also keep in touch with my inner child while running my own You Tube Channel

“@AmazingSV” for kids.

I personally feel that it is exciting that life has offered me the opportunity to engage with multiple roles and challenges associated in my various roles as a daughter, partner, organizer, director, disciplinarian, teacher, photographer thereby promoting divergent thinking in problem solving for success.

I am honored to feature in your magazine “Ek Nari”, which exemplifies the same and with the credibility, brand power, high quality and related articles is a perfect fit to showcase success stories such as mine benefitting the overall objective of supporting and driving growth for Women Leaders and Entrepreneurs.







# Dr. Prabhjot Guron

Dr. Prabhjot Guron Bajju still considers herself to be a village girl being born into a renowned agriculturist family. Due to lack of educational infrastructure, she moved to Chandigarh. Her educational journey has been quite remarkable with a Ph.D., 2 masters and 2 bachelor's degrees in her kitty. Along with her studies, she kept on working to gather experience. She has worked as a primary teacher, a lecturer and a professor during the course of her studies. Her passion towards work kept her going even after her marriage.

She is one of the Directors in 'Aquacon Resourcing Pvt. Ltd.' Having two units in Haryana and setting up another unit in Waste Plastic recycling. The company has already set sight on setting up business in Europe and for that matter, Same company has been formed in Austria and hopefully, within another 3 months the business will get rolling.

Besides, being professionally successful, Dr. Prabhjot has always been very active in her social endeavours towards society. She has been supporting children in their education, She is working towards the adoption and vaccination of community/ abandoned animals. She was instrumental in a drive to put fluorescent collars on community dogs so that they are visible at night from a distance. If any animal was injured or abandoned, she attends to the issue at personal level.

This all started Five years back, when, To motivate children and to inculcate moral values in them, started a new initiative and named it 'MESHAAN'. It's a group of teenagers who do ordinary things in an extraordinary way. They go to old age homes to spend time and play with elders. They go to hospitals and support the attendants working there to show society's appreciation towards their effort, they collect unutilised medicines from homes and donate it to underprivileged through 'Seva Bharti' or directly, they collect unutilised old clothes from homes, sort them out and donate it to attendants of terminally ill patients as they have to stay with patients for months. Remaining clothes which are not fit to be distributed are used to stitch bags, which are distributed in Apni Mandis to replace plastic bags in their drive against Plastic use. They go to Government Primary schools and help underprivileged children.

In fact, one of her endeavours of utilising waste plastic which is generally used for landfills or is a major cause of pollution prompted her to start the new manufacturing unit in which plastic waste will be recycled and converted into outdoor furniture. The unit has already been set up and machinery is also being installed. This unit will be able to recycle approx. 30 tons of plastics per day and convert it into something useful and presentable. The unit will commence commercial production by 01st of June and hopefully it will start a chain of similar projects because she believes that in this effort against plastic, no number of waste recycling projects will be sufficient and this is the only alternative in utilising waste plastics.

She also Produced a movie 'PEST' which addressed a very different topic which is generally considered a taboo. The topic was 'Periods' and inhibitions associated with it. This movie was so appreciated that it won three Film fare awards and is now set to be screened in Birmingham, United Kingdom.

She has always been appreciated for her efforts and is a recipient of various awards due to her services to the society. To name a few;

- Achiever of the TWOS-2022 (29 Women Achievers of tricity), facilitated by the Honourable Governor and Punjab UT Administrator Shri Banwarilal Purohit Ji
- Honoured at NCC, 2nd Chandigarh Battalion, Annual training camp by Camp Commandant, ATC, 257.
- Selected as Role model in Panchkula under role model programme (Part of the govt. scheme under Balika Manch (Mann ki Baat))
- Recipient of 'Social Entrepreneur' award in the 6th Humanity Achievers Awards 2021.
- Recipient of 'Corona Yodha' certificate from National Akali Dal National President
- Recipient of 'AABHAAR'. Award from 'Forever Friends' for her efforts in creating awareness about the adoption of stray, injured and abandoned animals.
- Recipient of 'Certificate of Appreciation' from 'Open Eyes Foundation' for her efforts to alleviate the lesser privileged section of the society.
- Recipient of 'Women Excellence' award by N.A Cultural Society as an Entrepreneur and a Covid Warrior.
- Recipient of 'Guest of Honor' at POSH event conducted by PHD Chamber of commerce and Industry
- Recipient of 'Guest of Honor' at 'let's Normalize Period Talk' event conducted by NSS, Panjab University, Chandigarh.

Appreciation has been there but her concern is 'Service'. Service to the society, to the underprivileged and to animals. She is always up to doing something new which may benefit others. In all of it, lies her firm belief that you have to just plant a seed and nourish it for some time, the tree can then take care of itself. She wants everybody to be self-dependent after initial support and she is always there to help those who can't..



you don't need a reason to help



# Ms. Tanupreet Kaur

Ms. Tanupreet Kaur's profound contributions to the field of education are worthy of recognition. As the Principal of Takshasila Public School in Hyderabad, Telangana, she has played an instrumental role in shaping the minds of young learners, be it academic, personal, or co-curricular development.

Ms. Kaur began her journey in the field of education at a young age in 1995 and has since remained committed to this profession. Her mother, a History lecturer, served as her role model and inspired her to pursue a career in teaching. Ms. Kaur's exposure to various places through her Army Fraternity background motivated her to conduct research on the education system of a tribal community in a village called Noney in Manipur. She not only conducted research but also taught the tribals for three years without charging a fee. In addition, she worked to uplift the tribals and interacted with both students and parents to provide them with exposure to the outside world, all while working in an insurgency area without access to mobile, landline, or internet for three long years.

Ms. Kaur firmly believes that education extends beyond the walls of the classroom and aims to impart a message to society that can create a better future. To this end, her school has organized numerous cycling rallies and marathons related to cleanliness, plastic reduction, and other social issues. The school also runs a club named CHOTI SI ASHA that provides community service to those in need. Her school maintains connections with the armed forces and celebrates festivals such as Raksha Bandhan with the Jawans of the Army. The students of her school also send their Republic Day message to various Army units, instilling patriotism and cultivating empathy and sympathy amongst the students. Ms. Kaur firmly believes that community service and education should go hand in hand and that both are critical to the development of a well-rounded individual.

As the Principal of Takshasila Public School, Ms. Kaur understands the school's responsibility in shaping a child's future, which includes not only providing education but also molding the child's character, morals, and value system. The school provides the foundation needed to view the world as a limitless space with innumerable opportunities to shine. Ms. Kaur emphasizes the importance of physical, emotional, social, and spiritual training and has introduced the concept of a VALUE EDUCATION LAB, which is unique in itself. This innovative lab provides holistic education by instilling ethics and ethos in young minds with dedication and aplomb, aiming to create good humans, the need of the hour.

Ms. Kaur's approach to education is grounded in problem-solving, learning by doing, and inquiry-based learning. She has introduced various innovative teaching methods and emphasizes experiential learning, allowing her students to gain practical knowledge and develop skills that go beyond the classroom. Every third Saturday, the school celebrates Scintillating Saturday, where students exhibit their talents.

Ms. Kaur has made an immense impact on the field of education, serving as a friend, philosopher, guide, and mentor to her students. She believes that every child is unique and has potential; therefore, the school should provide a platform to explore this potential.

Ms. Kaur has completed a leadership skills program and is certified by IIM AHMEDABAD and LAL BAHADUR INSTITUTE OF MANAGEMENT SCIENCES. She also holds a certificate from QUALITY CIRCLES FORUM OF INDIA, Hyderabad. The Central Government has certified her to motivate students for science-engaging programs. Ms. Kaur's commitment to education and passion for teaching have earned her numerous accolades and awards over the years, including the K-12 School leader award for promoting the Development of Cognitive Skills, Emotional Intelligence, Data-driven Decision Making, and Global Competence. She had the opportunity to be a part of Leadership Enrichment by Sri Gaur Gopal Das, an International life coach, which was the feather in her cap. She was also honoured with the Top 100 Principal award at the Education Excellence Conclave in Bengaluru and recognized by Diva Planet Magazine as New Age Educationalist of the year 2024.

In conclusion, Ms. Tanupreet Kaur's 26 years of commitment to education, passion for community service, and new avenues for her students have made her an invaluable asset to the field of education, and she is a true inspiration to educators and students alike.





# Ms. Neha Banerjee

Neha Raj Banerjee stands as a beacon of inspiration, her journey spanning over 15 years in the realms of education and entrepreneurship. As the Director of Ario Group of Companies, she has not only left an indelible mark but has also reshaped the landscape of educational technology, staff recruitment, and recognition through awards.

Neha's foray into education began with a vision to revolutionize learning methodologies and empower students with knowledge beyond textbooks. With a fervent belief in the transformative power of education, she embarked on a mission to create innovative learning experiences that transcend traditional boundaries. Her dedication to excellence and unwavering commitment to student success have been the cornerstone of her journey.

From her earliest days, Neha Raj Banerjee's journey has been marked by excellence and humility. As a bright and eager student, she shone in every academic endeavor, her thirst for knowledge matched only by her unwavering dedication to learning. From the onset, Neha's innate curiosity and intellectual prowess set her apart, earning her the admiration and respect of both peers and educators alike.

Throughout her formative years, Neha's academic achievements were matched only by her humility and grace. Despite her exceptional talents, she remained grounded, ever mindful of the values instilled in her by her family and upbringing. Her humility was not merely a trait; it was a reflection of her deeply spiritual nature, nurtured from a young age.

As she navigated through the halls of academia, Neha's journey was illuminated by the guidance and mentorship of her teachers. Adored and recognized for her intellectual prowess and exemplary character, she became a source of inspiration and admiration within her school community. Her teachers saw in her not just a brilliant mind, but a kindred spirit—a beacon of light whose radiance touched hearts and minds in equal measure.

In her pursuit of excellence, Neha recognized the potential of educational technology to enhance teaching and learning outcomes. Leveraging her expertise and insight, she spearheaded initiatives to integrate cutting-edge technologies into educational frameworks, making learning more engaging, interactive, and accessible to all. Under her leadership, Group of Companies has become a trailblazer in the field of edu technology, empowering educators and learners alike to thrive in the digital age.

Beyond the realms of education, Neha's entrepreneurial spirit led her to diversify into staff recruitment, recognizing the pivotal role of human capital in organizational success. With a keen eye for talent and a deep understanding of industry dynamics, she has facilitated seamless matches between employers and employees, fostering synergies that drive business growth and innovation.

Moreover, Neha's vision extends beyond mere transactions; she believes in fostering a culture of recognition and appreciation. Through Ario Group of Companies' prestigious awards program, she has celebrated excellence and achievement across diverse domains, honoring individuals and organizations for their outstanding contributions to society.

Neha Raj Banerjee's journey is a testament to the transformative power of passion, perseverance, and purpose. Her unwavering commitment to education and entrepreneurship has not only transformed lives but has also created pathways for future generations to thrive and succeed.

It is this rare combination of excellence and humility that has defined Neha Raj Banerjee's remarkable journey—a journey marked by intellectual curiosity, spiritual depth, and unwavering dedication to excellence. As she continues to illuminate the path ahead, may her light serve as a beacon of hope and inspiration for generations to come.

As we celebrate Neha's remarkable achievements, let us draw inspiration from her journey and strive to emulate her spirit of innovation, compassion, and excellence in all our endeavors.





# Ms. Chandni Kapadia

Chandni Kapadia, Executive Director, GLS University

Detailed Profile

The multifaceted Marvel

A leader, a lawyer, a designer, a scholar, a Tedx speaker and an educationist – These are all the métiers of one individual – Chandni Kapadia. A cosmos child, Chandni's journey from being a fashion professional to heading a leading university is straight out like a movie. But only that this successful journey of hers is real. It is indeed a dream come true for a young girl when she sets her foot in the City of Dreams, New York. And it is exactly what Chandni did when she was just a teenager to study in Fashion Institute of Technology, New York! She later went on to study her MBA from London School of Economics.

The transformational leader

Chandni's leadership style has been transformational. As a leader she has always been concerned and involved in the processes which lead to great milestones for her teams and her businesses. Her strong foresightedness and perseverance to keep moving forward come whatsoever, has led her to handle leadership roles as the Country and Asia Pacific head for various luxury brands she has worked for.

Before she played an instrumental role in launching Starbucks in India, CK had already led the growth of top luxury brands like Accessorize and Calvin Klein in India. Marquee Organizations like Delta Trade International, Debenhams PLC all feature in her resume.

The believer of Women power

Chandni has worked with various organizations abroad and in India, which has helped her understand the work culture and most importantly - personnel management which was different with each company. This helped her create reliable teams and selecting right people for the right tasks. Her experience along with the understanding of a firm foundation on fair play and equal opportunities paved a way for her teams to create a work culture that is a combination of uniqueness and determination to achieve more. She says "Today I am at a stage of my career where I want to work more for women and with women". And that is the reason, Chandni now choses to have "All Women" Teams as they are bound to put their best in their jobs and at the same time are kind and hard working who always support each other's dreams and voices

As CK has progressed and expanded her businesses, her determination to do something for the society, gained a strong hold. She grabbed this perfect opportunity of looking for more minds like hers, when she associated with GLS University, almost over a decade ago. It was indeed interesting to see a woman driving the global ambitions of the institution. And coming with a plethora of unique qualifications and experience in the same, CK, seemed the perfect fit for the role. Today, Chandni has created eagles for businesses by aiding to create a world class private university and to cater to the changing needs of students by undertaking collaborations with Ivy League universities like Harvard, Luiss Business School, CBU, New Castle etc and has chiseled the students who are ready to address and take on the corporate world that she already had entered 20 years back.

Chandni – The dynamic superachiever

Over the years Chandni has herself turned into a brand, popularly known as "CK". A firm believer of manifestation of one's dreams, CK went on to make it true when she started working for Calvin Klein and Ralph Lauren, brands she had always dreamt to work for, while she was a fashion student at NY.

Today looking back at her journey, CK says "When I look back today, there is nothing that I probably wouldn't do again. However, there are things that I would do in a different way."

One can never expect CK's contribution towards fashion, education and entrepreneurship to have gone unnoticed. She is also a TEDx speaker at Jaipur where shares her inspiring journey towards success. She has also been the recipient of some coveted recognitions like Asia's Most Trusted leader at the House of Lords, UK, Black Swan Award for Women Empowerment by the UN Global and Government of India and the World Women Leadership Congress Award by the Hillary Clinton Foundation. Her charismatic leadership and contributions have been recognised by magazines of National and International repute like the TIME 100 Global issue, Changemakers of India by Outlook India with notable personalities, CIO Times of the USA and many others.

Chandni – The lover of all good things

CK admits that her journey has never been an easy ride but attempts to make so for other women. She says "Women should support each other more, so that men support & respect women more. We, as women, should ensure that our crowns don't fall and protect each other's crown as well." She thanks her stars that she has had various opportunities in life where she could meet people who believe in similar causes. Participating and associating herself with various women led initiatives and organizations has led her to reaching out to women across the world and supporting their causes and businesses – another dream of hers that she went on to manifest into reality.

Behind her strong entrepreneurial image, she has a soft, human side. A globetrotter and travel enthusiast, CK loves her life. She loves dogs and, in her leisure, plays with her baby pet, Zoey. She has been a strong advocate of preventing of street dogs against animal cruelty and has worked with various NGOs like WICCI National Design Council, Rotary Club towards it.



# Ms. Madhu Motiyani

Madhu Motiyani, often dubbed as the Iron Lady of the Industrial Automation sector, has carved a remarkable path in a predominantly male-dominated industry where the female-to-male ratio is notably low. Hailing from a humble background in Gujarat, Madhu defied societal norms and familial constraints to pursue her education and kick-start her career as an application engineer in a small company. Despite facing limited networking opportunities and financial constraints, she exhibited resilience and dedication to upskill herself, eventually finding her niche in the field of automation technologies, particularly within the realm of renewable energy.

Her journey took a significant turn when she joined Servilink Systems Ltd., a company initially focused on service and trading within the automation sector. Over the years, Ms. Motiyani under the leadership & guidance of Mr. Ashvin Trivedi (Founder & CMD of Servilink Group) and alongside a committed team, Servilink evolved into a major player in industrial automation, undertaking challenging and innovative projects that propelled the company's growth and reputation both nationally and globally.

Madhu's ascent within Servilink was not without challenges. It took her nine years of unwavering commitment and dedication to rise to the position of Director, a milestone she considers one of her greatest achievements. Her tenure as Director has been characterized by a multifaceted approach encompassing sales and marketing, business development, CRM, training, and profit center operations. She has been instrumental in fostering organizational growth, nurturing client relationships, and pioneering innovative solutions that have contributed to Servilink's success.

Under Seniors guidance and her rigorous efforts, Servilink has garnered numerous accolades, including recognition as the fastest-growing integrator, the most technologically adaptive company, and the most promising integrator. Madhu's strategic acumen and emphasis on forging alliances have been pivotal in driving the company's expansion and market penetration.

Beyond her professional endeavors, Madhu exemplifies compassion and empathy, often extending a helping hand to those in need. Her vision to establish an NGO dedicated to women empowerment and child development underscores her commitment to social welfare and community upliftment.

Madhu's influence extends beyond the confines of her professional sphere. She is a role model for aspiring engineers, particularly women, who view her as a beacon of inspiration and resilience. Her journey from a small town in Gujarat to the corridors of corporate leadership at Servilink epitomizes the transformative power of determination and perseverance.

In recognition of her contributions, Madhu has been honored with prestigious awards such as the "Iron Lady" award by Iron Lady in association with Tata Institute of Social Science, "Gujarat's Woman Leader," and "Asia's Woman Leader" by the World Women Leadership Congress. She is regularly invited to deliver expert talks at renowned universities, further cementing her status as a thought leader in the field of industrial automation.

As an alumna of the Indian Institute of Management (IIM) and a member of esteemed professional bodies like the Bombay Management Association (BMA), Federation of Gujarat Industries (FGI), Confederation of Indian Industry (CII), and International Society of Automation (ISA), Madhu remains committed to continuous learning and professional development.

In summation, Madhu Motiyani's journey embodies the fusion of professional excellence, social responsibility, and personal resilience. Her leadership at Servilink Systems Ltd. has not only elevated the company's stature within the automation industry but also inspired a generation of engineers to strive for excellence and make meaningful contributions to society.



# Ms. Kruti Manohar

In the tapestry of education, some threads stand out not just for their resilience but for the vibrant colors they add to the fabric of learning. One such luminous thread is Kruti Manohar, a dedicated educator with over eight years of enriching experience in shaping young minds. With a profound love for children, a reservoir of creative ideas, and an unwavering belief in holistic development, Kruti embodies the essence of a passionate educator whose influence transcends the confines of the classroom.

Kruti's journey in the realm of education began with a humble yet profound experience working with orphans. It was here that she first witnessed the transformative power of education in shaping the lives of the marginalized and underserved. Guided by a deep sense of empathy and a desire to make a meaningful difference, Kruti dedicated herself to nurturing these young souls, imparting not just knowledge but also instilling in them a sense of hope and resilience.

As she continued her journey, Kruti transitioned to the vibrant world of pre- primary education, where she further honed her skills in fostering creativity and curiosity in young learners. With her boundless energy and innovative teaching methods, she turned every lesson into an adventure, every activity into an opportunity for exploration. Through puppetry, storytelling, and hands-on learning experiences, Kruti sparked the imaginations of her students, laying a strong foundation for their future academic pursuits.

Today, Kruti finds herself in the heart of Tilak Maharashtra Vidyalyaya, where she serves as a primary teacher, guiding the next generation of learners on their educational odyssey. It is here amidst the bustling corridors and echoing laughter of children that Kruti feels most at home. For her, teaching is not just a profession but a calling—a calling to inspire, empower, and uplift young minds, shaping them into compassionate and conscientious individuals.

What sets Kruti apart is not just her passion for teaching but her unwavering commitment to the holistic development of her students. She believes that education is not confined to textbooks and blackboards but extends to nurturing the physical, emotional, and spiritual well-being of every child. Through her innovative approach to teaching, incorporating yoga, meditation, and mindfulness practices into the curriculum, Kruti ensures that her students not only excel academically but also develop into well-rounded individuals equipped to face life's challenges with grace and resilience.

Kruti's dedication and excellence in her craft have not gone unnoticed. Her tireless efforts and transformative impact have earned her numerous accolades and awards, including the prestigious Best Teachers Award from InSc, the Indian Glory Award for Excellence in Education, and the Influential Women Leaders Award for Excellence in Education. Most recently, she was honored as the Outstanding Educator of the Year by the World Education and Entrepreneurship Summit, a testament to her unwavering commitment to educational excellence.


Yet, amidst the glimmering trophies and accolades, Kruti remains grounded in her purpose. For her, the true measure of success lies not in the recognition she receives but in the lives she touches and the hearts she inspires. Each day, as she walks through the doors of Tilak Maharashtra Vidyalyaya, she is greeted by the eager faces of her students, their eyes shining with curiosity and wonder. It is in these moments that Kruti finds her greatest joy and fulfillment—the joy of witnessing the spark of knowledge ignite within each child, the fulfillment of knowing that she is making a difference, one heart at a time.

Kruti's journey as an educator is a testament to the transformative power of passion, dedication, and love. Through her tireless efforts and unwavering commitment, she continues to be a beacon of light, guiding and inspiring generations of learners to reach for the stars and embrace the boundless possibilities that education offers. As she continues on her educational odyssey, Kruti Manohar remains a shining example of the profound impact that a dedicated educator can have on the world, one child at a time.





# Dr. Ranjeeta Tanwar

Dr. Ranjeeta Tanwar, a distinguished figure in the realm of early childhood education and care, boasts an illustrious 20-year career dedicated to fostering the growth of children. Hailing from Ajmer, Rajasthan, India , Dr. Tanwar proudly serves as a Trustee for Future Ratna Pre School (FRPS), representing the institution with distinction across the nation.

Her academic prowess stands as a formidable pillar in her journey, with a comprehensive educational background that includes M.A. degrees in Political Science, History, and Sociology. Currently pursuing the final year of M.A. in Sanskrit, Dr. Tanwar has further fortified her credentials with a B.Ed. degree.

Passionate about mentoring both teachers and parents since her early years, Dr. Tanwar has earned honorary recognition with a doctorate in early childhood education. Her dedication and expertise have not gone unnoticed, as evidenced by numerous accolades, including Women Entrepreneurship Awards and Best Director Awards. She holds the prestigious title of a Global Certified Mentor by IIU, showcasing her commitment to excellence on a global scale.





# Dr. Anu Sharma

Dr. Anu Sharma Bandamaravuri is the founder and CEO of Ms/greenPaVAK Biotech Pvt. Ltd., an Agri-tech-based startup located in Lucknow U.P., India. Dr Anu's educational background comprised a doctorate in agricultural biotechnology from the esteemed Indian Council of Agricultural Research organization. She continued her post-doctoral research in Crop Protection, Post Harvest Management, and Plant Disease Management at the Council of Scientific and Industrial Research (CSIR)-CIMAP, Lucknow. Her research contributed to developing several novel biopesticide formulations against harmful plant pathogens and pests for herbal and medicinal plant cultivating fields and during their post-harvest storage. Her research work has been published in various reputed international scientific journals. She developed unique biopesticide formulations under IP protection and filed two patents. During 14 years of research career, she achieved several research grants and awards from ICAR, CSIR, DST, ICMR.

Being the daughter of a Farmer, and Biotechnologist, Dr Anu always senses the farmer and soil association; and always takes up the agricultural problems for her research material. Dr Anu got her roots deep into Agri-tech services and solutions for the improvement of soil health. She strongly believes that organic farming and chemical-free cultivation will rejuvenate soil health, and enhance the farmer's income. She started interacting with farmers and farmers groups to understand the lacunae for organic farming and to understand "Why are the farmers forcing themselves for high usage of harmful pesticides? How does the continuous usage of these harmful pesticides affect the farmer's health and the soil's health?" Dr Anu analyzed that the biggest gap is unawareness, and lack of education in the farmers for how, when, where, and what to use for their crops. The second gap is the dearth of highly effective organic pesticides with at least a similar impact as synthetic pesticides against various pests but with the least negative effect on the soil health, and farmers' health too.

To address the soil degradation due to chemical pesticides, Dr. Anu founded an R&D base startup enterprise to convert the Biowaste to bioactive materials for enrichment of soil and supporting farmers in natural and organic farming. She conducts farmer awareness programs and provides quality bio-pesticides.

Besides, Dr Anu also observed that despite so much awareness of healthy diets, and plenty of good food availability, the population specifically the urban people getting high cholesterol, high sugar, and similarly other diseases. Pregnant women are not getting enough vitamins and minerals from their diets and depend mostly on medical supplements. Children are not getting enough nutrients for their mental and physical wellness. Somewhere, fresh, organic, and more nutrient-rich food sources are required to combat these health issues. Earlier research established that different varieties of microgreens also known as immune-boosters are 5 to 10 times higher in nutrient content than usual plants. Microgreens are highly beneficial in controlling blood sugar, and cholesterol, and provide an adequate number of vitamins and natural minerals. Therefore, including microgreen varieties in a regular diet can add not only super taste but also a lot of natural nutrients and can reduce taking extra supplements.

In her words " Our company's main objective is to provide education, awareness, and services to farmers for integrated pest management to increase the production of organic crops and sustainable organic production of diverse microgreen plants.

The greenPaVAK startup has ventured into two major aspects of agriculture-

i) R&D-based manufacture and marketing of phytochemical-based biopesticide formulations for integrated pest management services on farmer's fields and during the post-harvest storage of agricultural commodities as well as herbal plant materials. We are scientifically validating all novel phytochemical-based biopesticide formulations for high effect against various fungal pathogens, insect pests, and weeds on various crops, and vegetables without harm to soil health. We are also developing biofumigant formulations for post-harvest storage against the mycotoxin-producing fungus and insect pests damaging the stored grains, spices, and herbal planting materials.

ii) Large-scale production and marketing of a diverse variety of high-quality microgreens to the common people. We are growing highly nutrient, exotic, aromatic, and tasteful natural microgreen plants that can be eaten raw, and enhance the taste of a perfect daily diet adding to the high nutrition of health to all age groups. Although microgreens are well-known as immune-boosters and popular abroad, it is still not prevalent among Indian people. We are committed to providing fresh microgreen products as per customer's health needs. We are committed to providing a range of unique bio-fungicides, biopesticides, and herbicides against many plant diseases such as powdery mildew, downy mildew stem-rot, root-rot, etc. for a range of crops. We also grow and deliver 20 varieties of organic microgreens such as millet microgreen, pak-choi, alfalfa, etc.

Dr Anu is passionate about translating her research expertise into an entrepreneurship journey to better serve Mother Earth and Society.

# Ms. Pooja Pandey



Ms. Pooja Pandey is an educator, leader, writer, story teller and a proud mother of two. She has an accumulated experience of 18 plus years in education sector. Leading, planning, organizing and implementing events, developing curriculum and training has been her core strengths. She has been actively involved in conducting training session for in house teachers as well as teachers for other branches for the organization she has worked with.

Ms Pandey is a leader, who awarded with the title 'Lead by Example' by international Swedish School, validating the leadership qualities in her. To add to her experience, knowledge and skills she attended 'Certificate Program in Instructional Leadership' from IAAT, I Am A Teacher institute by Heritage school Gurgaon. She strongly believes in identifying potential in her team and therefore encouraging and empowering them to achieve their goals by providing opportunities for growth – a growth which is personal as well as professional. She is adored by her team and her students alike. For her, students should be at the center for all the decisions to be taken in the education environment. Ultimately they are the ones who will be affected. Her belief that each individual is different and has different strengths ensures to highlight the potential of each one and helps to work collaboratively in a team. She believes that leaders should make team work a priority.

M A, B.ed in English, English honors from Delhi University, Diploma holder in Global Sales and Marketing of NIS, and trained as Odissi dancer under Padama shri Guru, Pooja Pandey is reputed writer of children's literature too.

An author of 8 Books for children - published by Scholastics, Wisdom Tree, American Publisher, Subhi Publications, she continues to explore the mythology for children of varied age groups. She has dwelled deep in traditional Indian literature and mythology and brought it closer to young readers by her lucid and equally profound writing. She has a series of stories published by CHILDREN'S WORLD magazine by CBT, Magic pot and various children's magazines. As storyteller she is popular among the school children and young children's groups and is frequently invited to story narration and reading sessions. Apart from entertaining children she lays stress on inculcating moral values among them, which is inseparable part of Indian literature and mythology. She has been regularly contributing towards creating awareness about Indian culture, values and traditions by bringing mythology close to children. Ms Pandey has not stopped at just writing she has extended her thoughts and spread awareness to children by conducting story telling sessions for children at Amity International, Gurgaon and Vasant Valley, Delhi by invitation.

Ms Pooja Pandey has delivered talks on numerous topics like Basant Panchami, Holi, and other festivals on AIR for external services.

She was graciously invited by Indira Gandhi National Centre for Arts, for participating in 'Symposium on Mahabharata' for one of the books. During the symposium, she narrated her stories from the book – Guru Shishya. Children and the parents in the session loved her stories and her way of narrating them so much that on special request she narrated more stories than was initially planned. Pooja Pandey recently was also part of the 'Pen and Palate', a literary retreat, in Marriott Gurgaon, whereby she spoke about her latest book 'Light of Asia'. Light of Asia is a compilation of various stories and folklores of Buddha from various places like Vietnam, China, Japan, Korea, Tibet and Nepal, Bhutan, Thailand and Indonesia and few more.

She draws all the inspiration for writing from her father, who was an eminent personality with 2 life time achievements awardee himself, with more than fifty published books in his name. And her mother, husband and children have been her constant source of encouragement and support giving her strength to wear several hats at a time and she is still able to spend quality time with them.

To conclude, leadership and writing is ingrained in her due to her beliefs and value systems. She has been instrumental in shaping academic and personal growth of countless young minds and teachers alike. Her passion in teaching and commitment is evident in everything she does. Her legacy in teaching and writing is a testament to the lasting impact that a dedicated educator and writer can have on the lives of her students and readers.



# Prof. Vandana Kalla



Name professor vandana kalla head of department of music rajasthan university..soecilizatioon in sitar M.A in music and sociology..complete ph.d on folk music instruments..11 students completed ph.d under my guidance..9 are enrolled..member of

In many music academy ..Vice President of shubh vichaar ngo..3 lecturer present in EMRC ugc ..inviting as resource owrsin many seminar workshop talk show seminar ..write four books two are in process knwoledge of folk dance gv performance in many states and national level in university education..asud games kei innovation pei ghoomar present kiya tha likhne ka shonk rakhti hun .kai social ngo sei connectivity rarkhti hun because I am in some socal activities. tk project on rajasthan comiunity.

1982 asiad games or Republic Day per four time present kiya tha dance...Member of BOS



# Ms. Mukta Saxena

**MUKTA SAXENA** – An Inspirational Journey of a HOME MAKER to a successful business woman (dance & fitness Coach), a woman of substance.

In the vibrant world of dance and fitness, there emerges a story of resilience, passion and unwavering spirit. This story is of a remarkable dance & fitness coach who despite battling health challenges, continues to inspire, motivate and lead by example.

Mukta hails from Gwalior, MP. She began dancing at a tender age of five, showing early signs of becoming a classical dancer. By the age of eight, she was winning accolades and trophies earmarking a potential bright future. At fourteen, Mukta was diagnosed with a chronic health condition that led to severe joint pain and fatigue. To compound the problems, she was later diagnosed with asthma. This diagnosis was not just a physical blow but an emotional and psychological battle that questioned Mukta's core identity and dreams. Multiple therapies, endless doctor visits became a new normal.

She struggled over the years in this dark period of her life but her passion for dance was very deep. Determined not to let her condition define her limitations, she began to adapt.

What sets Mukta apart is not just her ability to perform despite health challenges but the unwavering commitment to create an empowering community.

Mukta Dance and Fitness Academy at Dwarka, Delhi was set up by herself on 15th April 2015.

Mukta has a professional experience of over 27 years in classical (kathak) dance and is a trained dance instructor.

She has nine years of experience as a group fitness instructor and seven years of experience as a zumba instructor and has worked in many schools & various other prestigious institutions.

Her professional qualifications include-

- Masters in Business Administration (MBA) from a prestigious Jiwaji University, Gwalior
- 5 years diploma course in classical (kathak) dance in year 2001 from Braj Sangeet Vidyapeeth, Mathura - Certified by ministry of Skill Development, Govt of India, as a fitness trainer
- Internationally certified Official Zumba Instructor step level 1 and level 2
- Certified Kizomba training course
- Certified course in Classic mat pilates
- Certified Instructor of TOA (the outdoor athletic)
- Certified yoga coach
- Certified Powermoves Bollyfitx (Internationally certified by AFAA)
- Certified Zumba Zin Jam session training
- Certified floor aerobics instructor with Go Fitness Academy
- Certified step aerobics instructor with Go Fitness Academy

Apart from the many certifications, she possesses many awards –

- - Women Achiever's Award 2023
- - Beauty & Beyond Women Achiever Award 2023
- - Best Choreographer Rajdhani Ratan award 2019 by Mr Manoj Tiwari (MP)
- - Superstar Award 2023 for outstanding and priceless contribution to the society by Bal Utsav Ramleela Samiti, Sector 13, Dwarka,
- Women achiever 2023 award by CTI India (biggest body of India & Delhi for business) Adding to her experience,

Mukta has conducted more than 100 Zumba workshops & events . She has conducted many sessions at various upmarket locations in Delhi n NCR . including Zumba sessions at many corporates and upmarket locations like Vegas Mall, Pacific Mall, Dwarka half Marathon ,Decathlon sports India, BPTP, Air Force Base stations ,CRPF 88 Mahila Batalian ,Welcome Hotel by ITC ,Taj Vivanta ,GMR,DLF, Gaucity, Noida

She has conducted zumba sessions in many schools like GD Goenka, Basava International, Paramount, ITL, St Thomas, RD Rajpal, Sri Ram World school, Just Kidz, Venkateshwara school ,Nirmal Bharitiya & various other prestigious institutions.

She has single handedly organized & hosted Dandiya events consecutively for 8 years with a gathering of over 800 people.

Mukta is also associated with

- Pahal NGO for workshop for slum areas
- Stand & stride NGO for helping kids
- Decathlon Sports India as Zumba Partner

At her MDFA set up, Mukta gives Zumba training sessions to 2000 plus ladies and children. She has cultivated an inclusive space where everyone, regardless of age, fitness level or background is encouraged to join the dance. Every member is inspired to push beyond their perceived limitations to discover their own inner strength. The workout sessions at MDFA are more than just a work out, they are vibrant, positive, fun filled and energetic. A lady with never ending energy, she gives zumba training to ladies of all age groups (6 to 60years) at MDFA, Sector 9, Dwarka.

Mukta has a unique ability to connect with each MDFA members at a personal level making them feel valued and motivated to achieve their personal best.

At 41, Mukta embodies a passion and energy for dance and fitness that surpasses the fervor of her 20-year-old self. This remarkable journey from a promising dancer to an inspirational Zumba instructor, despite significant health challenges, continues to motivate and uplift those around her.

The depth of experience and energy that she brings to her classes is palpable. Her approach to fitness and well-being is imbued with empathy and understanding. She knows the struggles of maintaining physical activity when the body rebels and uses this insight to create a supportive environment where everyone feels encouraged. This empathy, born of lived experience, makes her not just a teacher but a mentor and confidante to many of her students.

Mukta reaches a wider audience through online classes and social media, sharing not just Zumba routines but the daily realities and triumphs of living with a chronic condition. Through these classes, she demonstrates that age and physical limitations are not impediments to pursuing one's passion but opportunities to innovate and inspire.

While life may impose limits, the human spirit is boundless. Her story is a beacon of hope, highlighting the importance of finding one's passion and the transformative power of resilience.

In a world that often focuses on limitations, this coach shines as a vibrant example of what's possible when you dance through life's storms with grace, courage, and a heart full of joy. Her journey is about the universal power of human spirit, the healing nature of dance, and the profound impact of inspiring others to move beyond their boundaries.

Thank you!

With regards

Mukta saxena

(Founder of Mukta dance & fitness academy)





# Ms. Hema Devarajan

Dr Hema Devarajan is a name synonymous with excellence in the field of quality education.

As founder, principal of Little Kingdom School in tirupur, she has been instrumental in shaping the academic and personal growth of countless young minds. Her passion for teaching and coaching the teachers and commitment to create a democratic school. Space for her students is evident at Little Kingdom School.

Dr Hema's journey in the field of education began at a young age of 12. She was brought up in a joint family of more teachers had daily routine happens in the midst of Teacher talks. Her passion for teaching has only grown stronger when she was recognised as the best teacher of the academic year in 1992.

Dr Hema Devarajan, the founder of Little Kingdom School in Tirupur, Tamil Nadu. her family legacy in education has played a significant role in shaping her carrier and inspiring her to pursue teaching as a profession.

Dr Hema's commitment to Education. It's not limited to the walls of the classroom.. she has always been deeply involved in making the social consciousness in students. Her concern in societal issues like avoiding plastic, save energy, Health and fitness, Avoiding waste, created an acronym, "MOM".- Made the students to be mindful., organised and Minimalist.

She has also helped many schools and teachers in grooming their professional professional skills. Her passion towards storytelling makes anything interesting with the flavour of enthusiasm and values.

In the societal issues is based on her thought that education at school is preparing students for FUTURE society filled with happiness, Authentic human beings, Peace of mind.

As the founder principal of Little Kingdom School, Dr Hema Devarajan has worked tirelessly to create a nurturing and inclusive learning environment for dyslexic students. She firmly believes that every child is a beautiful gift to the family and the society and it's our responsibility to hone the gifted potential skills and create success for their life

. Under her leadership Little kingdom school has become a progressive democratic school with equality and it has become one of the most sought after schools in Tirupur, known for its academic excellence, innovative teaching, learning practices and holistic approach to education.

Dr Hema's approach to education is grounded in the belief that education should create better thinking and peaceful life. She has introduced various teaching learning practises that can cater to different learning styles of her students.. her emphasis on experiential learning has allowed her students to gain interest and understanding the concepts that go beyond the classroom.

One of Dr Hema strengths as an educator is, her ability to motivate and inspire her students. She conducts transactional analysis sessions for her students family to create a happy and a mature adult behaviour.

Her dedication and commitment have earned her respect and accolades, admiration of colleagues and students.

Dr Hema impact on the field of education, extend beyond the walls of Little kingdom towards the whole society. She has been a mentor and a guide to many young educators, and her insights and expertise have helped to shape the carriers of countless teachers. Her commitment to teaching have earned her numerous awards. Over the years. Dr Hema has participated in an educational leadership training programme organised by IIM Kozhikode. she is also recipient of Mahila Shiromani award.

In conclusion, dr Hema is a true inspiration to educators and students. Her commitment and passion have made her an invaluable asset to the field of education. Her legacy is a testament to the transfer me to power of Education.



# Dr. Rani Srivastava



Dr. Rani Srivastava is a name synonymous with excellence in the field of education, literary creativity, Social works and humanity. As a professor of a College in the constituent unit of B.R. Ambedkar Bihar University and an awarded International Scientist. She had been instrumental in shaping the academic and personal growth of countless young students. Her passion for teaching, social work and guidance to students is very much evident in every things she does.

Academically, apart from doing M.Sc., Ph.D., She guided people in research work and securing their Ph.D. Degree.

As an International and National Scientist she had been honoured with five Gold Medals. She has four Felloships as well as nine Research papers published in Referral Journals. She participated in forty-six National and five National seminars, chaired and co-chaired many technical session.

She belongs to a family of Professor, Engineers (Technocrats), Doctors and Beurocrats. Her base of intellect and to help others was the force driven by her family.

She worked as N.S.S. (National Service Scheme) Programme Officer (Sports and Youth Affairs, Govt. of India) for more than 10 years in the college, where she got the opportunity to do so many social works by organizing countless Awareness Programmes in the society and among students. These included her work in spreading awareness regarding female foeticide, cleanliness, physical and mental health, general hygiene, prevention of AIDS, need of education and various programmes to eradicate social evils from the society. She also organized Legal Literacy programmes in collaboration with state Govt. officials to educate students about their general legal rights. She lead the sports team (EKLAVYA) of her university for competition between all the 12 Universities of Bihar as TEAM MANAGER. She also lead the educational and cultural inter-university competition team TARANG-2008, as a TEAM MANAGER to Bodh Gaya. The proramme was inaugurated by the then President Honorable Smt. Pratibha Devi Singh Patil. Our University became Runner in the competition. The trophy of the runner given by the then Governor Honorable Mr. R.S. Gavai. A top her contribution to the scientific fraternity, she is a noted National Poetess and writer. Her passion for creativity benefits society in the form of poetries, stories and other fields of literature through her written books as well as through Aakashwani and Doordarshan, electronic and Print media. The topic includes the causes of downtrodden, Social justice, female foeticide, pollution control, patriotism and ofcourse love, war and women's protection.

Through her various work she motivates youth and other people around her to grow in their educational, professional and personal lives.

Its interesting and impressive about her that her junior colleagues like to seek her suggestions for their petty or serious problems.

This is admirable that she is Author of two books of Zoology, Human Anatomy and Human Physiology published by Choice International, New Delhi. This book benefits students variously in their studies.

She is also the C.E.O. of ranidatacode.com. This software company enables engineers, data scientists to learn and code on big data, cloud computing and artificial intelligence.

These are the ways through which she mentors students, youth and the people around her to improve their life.

Thank you





# Dr. Rachna Pandey

Dr. Rachna Pandey is a Pediatric Dentist by profession, an amazing baker by passion and an entrepreneur. She also holds a PG Diploma in Preventive and Public Health Management from Apollo Hyderabad. She is a certified baker from Academy of Pastry and Culinary Arts (APCA). She is a practicing consultant at Neo Hospital Noida, private clinics and also runs her Dental Care set up at Moradabad. She specializes in treating children with special needs.

Dr. Rachna's love for cooking helps her churn out healthy recipes and dishes out to her healthy clientele

It was the love for the food that led to founding of SaRa's kitchen in the year 2020 which she is running successfully since the inception. Her passion for cooking and serving the food with the known ingredients made the platform set of fire. She brings a variety of experience to SaRa's kitchen from working for kids and food quality impacting their quality of life. SaRa's kitchen is known for its green initiatives and serves the food with the best ingredients available, mostly organic or home crafted shipped in eco-friendly packaging.

Dr. Rachna is associated with an NGO – Jan Jagran Sangathan for last six years and actively drives community services, go green habits such as waste segregation, no single use plastic and encourages people to disallow usage of disposals for events and functions. She actively promotes usage of utensils sourced by the 'Bartan Bank' initiative of the NGO.

She started gratitude baking for the condominium staff during the COVID pandemic as a way of showing appreciation to them and teaching them and her kids the importance of empathy and giving towards the people who help you in life's daily doldrums.

She comes out as a person who is extremely passionate and committed to environment and green practices. This clearly reflects in her enterprise which she runs with a lot of enthusiasm and vigor.

She happily quotes Pierre Omidyar who says "You have to really believe in what you're doing, be passionate enough about it so that you will put in the hours and hard work that it takes to actually succeed there, and then you'll be successful."

# Ms. Komal Arvindkumar Tiwari



Pranil Education Services LLP (PES) laid its strong foundation in the year 2019 by Mrs Komal Tiwari, an MBA Pass-out, with the vision of betterment of the people who want to study, work and migrate to foreign countries.

My professional experience of 12 years taught me much more than I ever expected. Under the guidance of international professionals and experts, I got plenty of exposure to the industry and myriad of opportunities to boost my self-confidence and aim high in life. My ambition to commence an organisation triggered during my maternity period. I took a leap of faith with an extreme conviction to begin this new journey. As I was not at all recommended to commute, I came up with my initial concept to work from home. As a matter of fact, when my son, Pranil was born on 17th April 2019, my husband, Mr. Arvind Tiwari and I without a second thought etched his name to incorporate the organisation. Pranil, as the name suggests, means Lord Shiva, illuminated the quintessence of life in both of us and we registered the company just within one month, in May 2019.

Pranil Education Services began with a small-set up that has now become full-fledged reputed service provider in Ahmedabad within 4 years. I started this organisation with the assistance of my husband, who being from such distinct background, quit his job and till date has been my helping hand through all my thick and thins. With such firm dedication, I have not just touched the core of many people's heart and done something extra ordinary but have also motivated women to become Lady Boss! That makes me proudly say that I have become an efficient leader with an extensive experience.

As and when time passed by, I became highly skilled in processing difficult files and also dealt with students who had weak profiles with simultaneously having a rich experience in handling Canadian student visa as well as their documentation process. Consecutively, I stood on my own feet firmly and accomplished great learnings with outstanding achievements as a STUDENT VISA EXPERT. Furthermore, I have not only garnered the attention of FEMME TIMES by being featured in their "Super 30 women leaders (2023)" but also secured a spot in Bw Business world's top emerging and successful mom entrepreneurs of 2023. Additionally, I have also been recognized by MTV India's 100 IRON LADY Awards for International Educationist of the year 2023. These accolades add multiple feathers to my cap and boosts our confidence to be a risk taker.

## ABOUT PRANIL EDUCATION SERVICES LLP

More than 500 students have trusted us with their future. We have successfully worked with them in achieving their goals and accomplishing their dreams. With a success rate of 90% in helping students to get admitted into a suitable institute, we have a defined process and dedicated team of experts to help students in their visa procedures.

We bring up students and immigration aspirants by counselling, right from selecting the course of study, the institution type and suitable scholarship options if any. Also helping students to score well in their exams that are required for getting admissions and obtaining visas. Client satisfaction is our main priority. Our efficient service providing quality makes it highly reliable.

We provide services like Student Visa, Visitor Visa, Permanent Residence, Settle Abroad, Work Abroad, Dependent Visas, and Tourist Visa.

We are recognized as well as certified by many international colleges and universities. We provide our services in countries such as Canada, UK, USA, Australia, New Zealand, Europe and Singapore.

In order to take our efforts to the next level, we are offering coaching to students for English speaking, French language and IELTS (International English Language Testing).

My Mission is to bring forth best trustworthy and neutral advice to our client, which is best for client according to their achievements, passion, talent and possibility, by using detailed along with latest information and knowledge about the scenario.

- I am the SOLE EDUGLOBE CONSULTANT IN INDIA of Beta College and MLC College of Canada.
- Pranil Education Services LLP is a Referral Partner of IDP. LinkedIn: @Komal Tiwari



# Ms. Nilima Pradhan



NILIMA PRADHAN

Senior Director – Implementation (RateGain Travel Technologies)

Author

Travel Blogger

YouTube Vlogger

Amateur Poet

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YouTube | Instagram Handle: @travelwithnilz

Author of Books :

Life's a Journey\_Travel and Unleash

Multiple Sclerosis\_A Blessing in Disguise

Life's a Journey\_A collection of short poems

Born and raised in the hills of Darjeeling, after completing my Graduation from Loreto College, I moved out of the small town to the big city looking to chase my dreams and embrace the city life. I have been working for almost 2 decades now and am corporately very much satisfied. Being a part of the Travel Industry, I started traveling a lot and soon realized that I really loved traveling. It somehow became my passion.

Nevertheless, being a student of English Literature, I always enjoyed writing since my college days and I would maintain a journal and scribble my thoughts. I wrote my very first poem when I was in the college and since then I have written multiple poems which remained only in my diary (till it was finally published).

My passion for travel and my hobby for writing made me publish my travel experiences in my Travel Blog: [www.travelwithnilz.com](http://www.travelwithnilz.com). I travel and share my experiences in the blog that I have been maintaining for years now. With blogging, off lately, I have started creating YouTube videos too of the places I visit.

Publishing a Book was what I always dreamt of but could never take out time for it. Being in the corporate world, my life was all about work, work, and more work!! Until the day I was diagnosed with Multiple Sclerosis which changed my outlook towards life. I realized that life is unpredictable and we do not have time to waste on things that do not add value. I felt we should do what we have always dreamt of doing without any delay as who knows we might not be lucky enough to get a second chance.

Travel being my passion I thought about writing the personal healing that travel can bring to a human mind. I have experienced it myself and would love to share the same with every single person. I don't want to be confined as a corporate professional but aspire to bring an awakening amongst everyone around on the importance of life and the satisfaction it carries to do what we have always dreamt of. I am a solo traveler and traveling is my Ikigai, and I look forward for every small opportunity to travel and collect memories. All of those memories I have shared in my book Life's a Journey\_Travel and Unleash!

I completed my Graduation in 2003 in English Honors and did a course in Travel & Tourism and started working in a Travel Agency. Wanted to do Masters in it but everyone said "Masters in English won't add any value to your career, you should rather do something in Business Administration". Fair enough, I agreed and did PGDBA in HR from Symbiosis, not sure what value that has added to my career though. However, I was always disappointed in myself for not being able to do something that I truly wanted. Back of my mind I still had the dream to complete my Masters but could never take out time for it. Until in 2021, I finally enrolled myself in IGNOU and walked down the path of fulfilling my dream. It sure was tough getting back to the student mode but I was determined not to let anything stop me. Sometime, you have to do what makes you truly happy, without thinking of any superficial gain. Exactly after 2 years, in 2023, 20 years after my Graduation I finally fulfilled my dream. I completed my Masters and the satisfaction that brought cannot be compared with anything else. Personal gratification supersedes all of it.

I have also written a memoir on my struggle with Multiple Sclerosis and it is not just a narrative of my medical battles but a testament to resilience, strength, and the unwavering human spirit. It is a deeply personal journey through the unpredictable landscape of life with Multiple Sclerosis. MS has definitely been a blessing in disguise as it has awakened me to reality that life is unpredictable and nothing is in our control. It is because of MS that I have started living a purposeful life and I try not to procrastinate anymore. I try to do everything that I have always dreamt of. After having a bad year with multiple MS attacks in 2017, I went on a solo trip to Europe in 2018 after I felt better and regained my health. I was afraid what if I don't get the opportunity again? What if MS attacks me again? What if I become blind again? So many WHAT IF with no concrete answer. I didn't want to regret not doing the things that I always dreamt of. I think MS has also made me self-reliant. I have fought my battle alone, struggled alone and I feel I can overcome anything in life alone.

I want to speak a word of hope to everyone who is fighting their own battle, no matter what, never lose faith and am sure you will definitely succeed. Never procrastinate to do what you have always wanted to do. The time is NOW! Do not wait for tomorrow as tomorrow's just a maybe. Live in the moment and you will live a fulfilling life. For those who are in good health, please take care of it as nothing is as important as health. Do not think you have all the time on earth as you cannot guarantee anything. The time is NOW for you too!

This is the message I want to convey to all.



# Ms. Nondini Dey

Ms. Nondini dey  
SCHOOL COUNSELLOR& mental health professional  
It's okay not to be okay

Let's prioritize our mental health

Sometimes it's really tough for us to talk about how we are feeling and how to talk about it. We need someone to listen about the roller-coaster of our thoughts and emotions which are running through our mind. And when we find someone who breaks the barriers of thoughts, we just float in that moment. This is how it works.

I am feeling immense pleasure and want to convey my gratitude towards Ek Nari foundation for giving this platform to shine and to spread my message and journey to the people.

I Nondini Dey, am working as an Educational Vocational Guidance counsellor, DIRECTORATE OF EDUCATION , DELHI. After having bachelor's degree from Culcatta university in psychology I wished to fly to varanasi for the Masters and the dream come true when I got admission in Banaras Hindu university for the Master's degree in psychology. That was my the first milestone towards advocating mental health. For me mental health is not just a topic to be discussed, it is an action that should be taken seriously. After having Post graduate diploma in counselling and guidance, I prepared myself to prioritize mental health. After completing studies, the first hand experience came when I got an opportunity to work in primary school of Municipal Corporation of Delhi. Good mental health is an important part of healthy child development. It helps children build positive social, emotional, behaviour, thinking and communication skills. It also lays the foundation for better mental health and wellbeing later in life. It is important to impart good mental health among Primary classes so that they can develop a good coping mechanism.

The second milestone towards my journey to prioritizing mental health was when I started working with a non profitable organization, SAHAYAM which gave me an opportunity to work with SAMADHAN where the children with special needs create magic. Working in SAMADHAN gave me a plethora of knowledge which I was trying to seek. To help the children with disabilities with their cognitive, social, emotional and academic was tough but it changed my view for a perfect life. The experience engraved in my life stages and motivated me to dream big.

Now when I am working as a school counsellor in Govt boys senior secondary school, sector 16 rohini, the challenges are quite high. It is very tough to understand the emotional road of teenagers and the issues they are going through when the life become topsy- turvy especially after post COVID Era. For them people will create problems and smartphones are only way to solve them.

My journey towards mental health started since 2011 and still counting. To handle boys with their problematic mental health as well as to handle their emotional turbulence is not a cup of tea. My journey is full of twist and turns because mental health is still stigmatized and talking about it is still a taboo. My journey will not come to end until I move step by step towards prioritizing mental health in society. I am blessed that I have such friends, mentors, and guides throughout my life and I am thankful to them for supporting me in this journey.

"Mental health awareness is great but action is essential. "



# Ms. Rama Kaushik

Rama Kaushik: A Visionary HR Leader Shaping Organizational Excellence and Transforming Education

In the dynamic world of Human Resources, where talent meets strategy, Rama Kaushik stands as a beacon of innovation and leadership. With a career spanning several years, Rama has not just been an HR professional but a strategic partner, shaping organizational cultures, fostering growth, and significantly contributing to the education sector through her transformative initiatives.

## Professional Journey

Rama's current role as the Head- Human Resource Business Partner at ProGrad reflects her commitment to holistic human resource development and management. In her tenure in this position so far, she has played a pivotal role in building and refining processes and procedures, working closely with co-founders and business heads. Rama made & initiated the launch of the Performance Management System on the HRMS tool, introduced various engagement programs, and significantly contributed to the establishment and enhancement of the recruitment process, covering campus hiring, lateral hiring, and freelance hiring.

Before her current role, Rama served as the Human Resources Business Partner-Lead at ProGrad, where she played a vital role in the HR transition as the organization evolved into an independent entity. During her six-month tenure, she developed and designed the payroll system, crafted HR templates, and laid the groundwork for the recruitment process. Rama's skills in HRIS, performance management, compensation and benefits, and organizational skills were evident in her contributions during this crucial phase.

Before ProGrad, Rama made a mark as a Freelance Human Resources Management Consultant, offering her expertise to start-ups and firms seeking HR services. Her dedication to continuous learning and talent management services showcased her commitment to both personal and organizational growth.

Her experience extends to her role as HR Business Partner\_Head West India at dineout.co.in, a part of the Times of India group. Rama headed the west zone, working closely with CXOs, implementing policies, and contributing to various employee induction and engagement programs. Her role included collaboration with recruitment, compensation and benefits, and learning and development teams, demonstrating her versatility in handling diverse HR functions.

At Tech Mahindra, Rama served as a Global Leadership Talent Acquisition & Management professional, where she managed end-to-end campus hiring on a national level, implemented cost-effective virtual phases in the process, and contributed significantly to HR analytics. Notably, Rama spearheaded a special project on the skill development of management trainees, showcasing her commitment to fostering learning and development within the organization.

## Education Transformation

In her current role at ProGrad, Rama has extended her impact beyond traditional HR functions. ProGrad specializes in the technical and soft skill development of students, paving the way for brighter career prospects. Rama's strategic vision has played a pivotal role in aligning ProGrad's educational initiatives with industry needs. Under her leadership, the organization launched innovative programs aimed at enhancing the employability of students by focusing on both technical expertise and soft skills.

## Skills and Contributions

Rama's skill set is a testament to her proficiency in various HR domains. From Human Resources Information Systems (HRIS) to performance management, compensation and benefits, organization skills, employee learning and development, and HR policies, she has showcased a comprehensive understanding of the HR function. Her strategic approach to HR planning, consulting, project management, talent management, and HR analytics further exemplifies her ability to align HR practices with organizational objectives.

In her role at Dineout, Rama's implementation of Time Internet Ltd policies, work on employee induction and engagement programs, and collaboration with various HR functions highlighted her ability to navigate complex organizational structures and contribute to the overall success of the business.

Such programs & initiatives underline her commitment to creating workplaces that foster growth and employee satisfaction

## Personal Traits and Impact on the HR and Education Community

Beyond her professional achievements, Rama's commitment to continuous learning and her active involvement in various projects, such as the development of an employee handbook, initiation of employee engagement activities, and spearheading educational initiatives, learning behavioral science demonstrate her passion for creating positive work environments and transforming education. Her focus on talent management services and employee lifecycle management further reflects her dedication to the well-being and growth of individuals within organizations.

Rama Kaushik's journey in the HR field is not just a testament to her success but also a source of inspiration for the broader HR and education communities. Her hands-on experience in diverse HR roles, combined with her strategic mindset, showcases the impact that a dedicated HR professional can have on organizational success and educational transformation.





# Ms. Shainda Faruqui

Shainda Faruqui

An effective independent lady working alone for a cause against opposition.

Shainda Faruqui, currently working as a Principal of ROYAL HEIGHTS PUBLIC SCHOOL, Indore. Also she had a great past experiences in highly recommended companies.

Work Areas-Elementary teacher in St. Umar H. S. School, Team Leader in Flipkart, Assistant manager in Multi Financial Technologies, Assistant manager in IndiaMart and H.R. in Comfin Technologies.

Shainda Faruqui belongs from Indore, M.P. (the cleanest city of India). She started a school along with her husband Mr. Amin Faruqui.

Her work is nothing short of amazing journey, which earned her the name – “SHINE INDIA” by her colleagues. After hearing about her story and applause nomination (internal recognition), we wanted to learn more about her and her work she is doing for the society. By finding a better way to run and analyses the results of framework she inspires much more girls to break the chain of conservative society.

Shainda is post graduated in Computer Science, D.el.ed, PGDCA.

Initially she faces many challenges to get higher education. But she always has a spark in her. In school she was a state athlete, captain of basketball team, discus throw champion, head of cultural event in collage, best personality 2009 from her collage (old GDC collage Indore). But for her it was not at all easy to do job as well. In the year 2013 she started her career as an elementary teacher. She later became founder of a school and start working as a principal. In the year 2019 due to pandemic she gets a chance to start a new journey when she joins Smarterbiz technologies as a customer support executive. Due to her hard work she soon became an SME and within a month she became Team Leader. Later she joined Indiamart as an assistant manager. In the year 2023 she became principal of Royal Heights School. This was the turning point as her promotions and recognition turn the table around.

As soon as she is getting success her family and society start believing and supporting her. It took a lot of hard work, many restless nights, critical thinking, positive brain washing and sacrifices to make her family believe in her and understand her and let her prioritize her career. So basically her first fight starts with herself and with her own society. This is the reason why she strongly stands in every challenge.

**HER DREAM-** With her small team and mentors of Royal Heights School she also imparting detailed career guidance to school children and emotional help for children, so that at any time kids can seek guidance from her. She is also supporting girls education through guidance and counselling of parents.

In conclusion - Shainda Faruqui and her work is a true inspiration to educators and society as well as in corporate sectors. Her lifelong commitment to connect and serve society and focus on empowering girls education through the power of knowledge and education is also an inspiration for everyone. It would not be wrong to say- She is a ONE WOMAN ARMY.



# Ms. Liju P Alex



With 25 years of experience in the field of education, Mrs Liju P. Alex is a trailblazer and evolutionary educationist. Anyone who knows her knows that she comes from a family of educators—her father and grandfather were teachers. As such, her enthusiasm for teaching comes as no surprise. Her family's educational tradition has inspired her to become an enthusiastic teacher who will shape the lives of thousands of young people.

Her career in education began when she was hired as a guest lecturer at St. John's College in Anchal, Kerala. Mrs. Liju changed her career to school education after realising that change must occur at the base level.

She began her teaching career at the elementary level as a Montessori teacher, and the administration of the school expressed particular gratitude to her for her remarkable commitment to creating a secure learning environment for the younger students. Her career path continued in Alfeen Public School in Kanjirapally, where she held a variety of positions including Subject Lead, Section Head, Academic Coordinator, Administrative Coordinator, and so on. In order to attend Mahindra World School in Chennai, she left Alfeen in 2015.

She oversaw a variety of duties at Mahindra World School, including senior secondary section head, academic coordinator, and subject lead. The fact that her students passed the NEET exam in biology without assistance is the best illustration of her dedication as a teacher.

She is a superb teacher who demonstrated her subject-matter mastery with exceptional Board exam outcomes. She had demonstrated over the years that she was a student-focused leader with strong commitment and effective educational values. She is an energetic leader who is committed to giving kids access to a secure, welcoming, productive, and forward-thinking learning environment.

She moved to Kochi in 2018 after being forced to quit Mahindra School for personal reasons. She took a voluntary leave of absence for a year, from 2018 to 2019, to allow her children to adjust to being accepted into two different schools. Realizing that her background in a variety of educational settings at all levels could be beneficial to children, she made the decision to assume the role of principal. She served as the principal of one of Kochi's top schools, St. Antony's Public School, Kizhakkambalam, Ernakulam, Kerala, from 2019 to 22.

Academics and discipline are prioritised at this school, where she was given her first chance to be a principal. Despite only being physically open for the first year of 2019, when it was forced to close due to COVID-19, the school rose to become one of Kochi's top five educational institutions. In terms of academics, the lowest Grade 12 score ever recorded in the 18-year-old school's history was 77% in 2019.

She gradually raised awareness within the parent community that they are crucial collaborators in their child's educational journey through methodical planning and implementation. She was able to establish discipline in the school. The parent community actively participated in fostering the school's and the students' progress by various programmes like 'Back to roots' etc.

She was chosen to serve as Kochi Sahodaya's secretary in 2021–2022, a testament to her leadership abilities. She also planned a number of leadership workshops for Kochi's principals.

She has been in charge of National Hill View Public School in Banashankari, Bangalore, as principal since 2022. Mrs. Liju P. Alex is significantly contributing to the advancement of education beyond the value-based approach in all areas. By meeting each kid at the school door each morning, she spends time getting to know them individually and involves parents in their child's educational path. According to her, schools should be the location where kids receive the most exposure in order to realise their full potential and instill confidence in each other as individuals.

According to Mrs. Liju P. Alex, the team's responsibility is to work together as a unit to observably improve the lives of the children entrusted to our care. She makes sure that educators have the chance to responsibly help mould the brains of future generations in addition to students.

In addition to teaching knowledge, Mrs. Liju believes that education should involve students actively in the process of learning. Her kids frequently compete in science fairs, Olympiads, MUN, Verbatte, Debates, and Ideathon. The school often offers Personality Development workshops that give kids the chance to develop into polite, accountable, and compassionate humanistic leaders. In secondary education, individuation is prioritised, with principles such as growth mindset, self-esteem, mindfulness, grit, and constructive conflict resolution taking centre stage in forming the next generation of global citizens.

Mrs. Liju's experience extends beyond her time in school. She works closely with those who are having difficulty keeping a balanced mental health and provides them with the necessary care and assistance. She actively participates in a number of non-governmental organisations that support students with disabilities and orphans.

To sum up, Mrs. Liju approaches education by having faith in each child and her staff to provide a wonderful educational experience. Her unwavering love of instructing and learning cultivates a community of engaged learners and has made her an indispensable figure in the educational profession.



# Ms. Meenakshi Dutta

Meenakshi Dutta

Welefull Unisex Salon: A Journey of Beauty, Empowerment & Growth

The Co-founder of Welefull Unisex Salon located in Punjabi Bagh (New Delhi), brings to you her insights about the makeover industry by sharing her experiences and learnings. She is a proud mother of three kids, a pet parent and a multitasker, managing her house, family and work whilst maintaining a balanced approach at all fronts.

She is a Makeup Artist and an Educator with an experience of over two decades in the industry.

The Hair & Beauty is one of the fastest growing sectors and having to be a part of it is an experience in itself. Attending to the clients, doing makeovers, working backstage, educating the young minds with a vision and wanting to become a makeup artist has always given her immense happiness. After all of this, she still thinks there is a lot to learn, adapt and grow with the changing times.

Makeup has been a woman's best friend and has helped her look her best in all tides of life. She firmly believes that if a person is internally at peace, the confidence and glow makeup can give cannot be expressed in words. Makeup is not just about application; it's about embracing and reflecting the best version of one's own self.

Being a firm believer in woman empowerment, she is running her own NGO by the name of 'Kanya', which is her way of giving back to the society. She spends time with the underprivileged kids, educates them about self-care as well as personal hygiene and they interact wholeheartedly with her.

It is rightly said that every girl dreams of looking the best on her big day i.e. her wedding day. We at Kanya help the underprivileged girls by doing their bridal makeovers and providing them the best possible outfits donated by family and friends, altered as per the individual's requirement. Our agenda is to give the confidence and happiness to a girl when she is starting her new chapter of life. Alongside this, the girl's immediate family members like her sister or mother are also given an opportunity to select their outfits and get their makeovers done.

Her dedication towards her work is unwavering. Having experienced all highs and lows in life, nothing could shake her confidence and faith in her own self. These experiences have only served as motivation for her personal and professional growth.

Her husband, Mr. Vikram Dutta, also a Co-founder of Welefull Unisex Salon and an erstwhile director of Looks has been a great support to her with all his experience of over three decades in the industry. Both of them have worked hard and come this far. They are grateful for what they have achieved and lost with learnings for a lifetime.

Meenakshi says: She prays and wishes that she continues to do and give her best always with Mahadev's blessings.





# Dr. Priti Srivastava

Dr. Priti Srivastava - Founder Ojas Academy Special School ,Trustee Aapa Foundation & Sr.Psychologist at Genesis Neurogen. She completed her PG in Clinical Psychology, PhD in Mental Health, and Hypnotherapist. She is one of the Best Psychologists in East Delhi. She has 20 years of hands-on experience, Currently working as the founder and Principal of a mid-size integrated Special school for children with special needs, learning/mental disorders, and other psychological disabilities. In addition, also attached as a Visiting Psychologist / Counselor with hospitals and health centers for IQ assessments, counseling, and psychological testing and on the panel of corporate houses as a consultant psychologist for pre-employment and pre-elevation psychosomatic assessments

OJAS Academy is managed by a Govt. registered charitable trust/NGO duly approved under section 80G of Income Tax Act. It is identified as a one-stop Center of Excellence in East Delhi-NCR for Children with Special Needs and Other Associated Mental Health Challenges. It not only provides them comprehensive care and distinctive support for their rehab, relief, education, training, and development but also instills a sense of hope, confidence, and independence in them so that they can be integrated with the social mainstream and groomed in tune with the rapidly changing society & advancement to lead a life with self-esteem & dignity.

Besides being located at safe & cozy premises in the heart of the prominent & convenient locality of Ramprastha (GZB) on the Delhi-Ghaziabad border, adjoining East Delhi's Anand Vihar, OJAS offers high-end amenities and is managed under the overall leadership, guidance & expertise of a veteran Clinical Psychologist and Metal Health Professional Dr. Priti Srivastava, who - besides possessing a rich experience of nearly 20 years in the field of Special Education, Rehabilitation, Training, Projects & Consultancy for children with Special Needs, Learning Disorders & Intellect Disabilities, is a visiting Consultant Psychologist to hospitals & clinics and also happens to be on the expert panel of many reputed NGOs & institutions. Her professional advice and views are widely carried in many national newspapers, magazines, and TV channels.

In addition to a large group of social workers and volunteers, the team at OJAS comprises extremely energetic & committed professionals with mental health, disability & various other causes for special children like Special Educators, Occupational Therapist, Speech Pathologist, Audiologists, Rehabilitation Specialists, Consultant Doctors, Clinical Psychologists, Counsellors etc., who - while dealing with the adversities and challenges related to Intellectual disabilities of each individual case, always follow OJAS's prime moto WWW i.e. Welfare With Wellness for its children and believe in spreading hopes, enhancing commitments and boosting enthusiasm.

OJAS's commitment to serving these special children is just not limited to internal multi-developmental activities for them through rigorous Therapies, Testing, Training, Remedials, etc., but also to spread due external awareness in the public by suitably educating the parents, academic institutions & other concerned sections of the Society about the role & significance of its activities, more so because - besides other curative & healing measures, it is equally important to identify & accept at the earliest the learning difficulties or problems faced by these special Children.

# Ms. Priya Darshini



Ms. Priya Darshini stands as a beacon of educational leadership, currently serving as the Principal at Indus Valley International School since December 2022. Her journey in education is marked by profound accomplishments, reflecting a commitment to holistic student development and innovative teaching methodologies.

As a CBSE Master Trainer, Ms. Priya Darshini has demonstrated a mastery of educational principles and practices. Her exceptional contributions to the field were acknowledged with the prestigious Top 100 Principal's Award, a testament to her dedication and impact on the educational community.

Ms. Priya Darshini's diverse roles during her 8-year tenure at Pallavi Model School, Alwal, Hyderabad, underscore her versatility. She served as the Grade 12 English faculty, grade 10 Coordinator, coordinator of International Dimensions in School (IDS), literary club in charge, NIE coordinator, and held the esteemed position of Chief Editor for both monthly and annual magazines.

Her academic journey is marked by a strong educational foundation, including an MA in English from Annamalai University (2012), MSc in Electronics from Osmania University-Sai Sudhir PG College (2007), BSc in Electronics from Osmania University - Sai Sudhir Degree College (2005), IPE from St. Francis College for Women (2002), and SSC from St. Francis School for Girls (2000). Beyond traditional teaching, Ms. Priya Darshini lent her voice to GK textbooks published by Viva Book Publication, covering 15 books across 5 grades, addressing the pandemic-induced learning loss.

Ms. Priya Darshini's commitment to social causes is evident in her association with the Roshni Foundation, where she contributed to training teachers in Dahanu village, focusing on effective phonics teaching. Currently serving as the Telangana State President for GVC (Global Village Connect), she actively works towards creating a comprehensive education network.

Her vision, "Each One Teach One," encapsulates her belief in the power of education to uplift the underprivileged. She envisions a future where every student embraces the role of a teacher, contributing to the betterment of society. Her core strengths include being detail-oriented, adaptable, and motivated to achieve targets ahead of schedule. She emphasizes the importance of channeling time and energy towards promoting education and preparing students to be confident speakers.

Ms. Priya Darshini embodies a growth mindset, transparent leadership, and a commitment to empowering and enriching teachers. Her approach involves appreciating hard work, fostering humanity, and motivating teachers through Continuous Professional Development. In times of crisis, she excels in resource management with minimal means. Her mentoring extends beyond academics, focusing on the growth and emotional well-being of parents and students through strategic planning, ultimately unlocking their full potential.



# Prof. Rachana

## Dr Rachana Profile

Dr. Rachana, a distinguished Professor in the Department of Biotechnology at Jaypee Institute of Information Technology (JIIT), has been a valuable asset to the institution since June 2009. Prior to joining JIIT Noida, she served at SPTM, NMIMS University, Mumbai. Dr. Rachana holds a postgraduate degree in Biotechnology from IIT Roorkee (1998) and earned her doctorate from IIT Bombay in 2006. Her academic prowess is reflected in her qualifications, including NET-LS and GATE (99.64 percentile and Topper in Kanpur zone and 4th rank in India) in Life Sciences.

During her academic journey, Dr. Rachana received prestigious fellowships, including the DBT fellowship during her master's and JRF and research fellowship from MHRD during her Ph.D. Her doctoral research focused on designing a therapy for Adult Respiratory Distress Syndrome (ARDS), resulting in two Indian patents, and numerous international articles to her credit.

Dr. Rachana's research highlights showcase her commitment to advancing therapeutics from natural products. She has investigated the mechanisms of action of herbal products against various conditions, including diabetes, asthma, respiratory infections, skin cancer, neurological disorders, and even COVID-19. Her group is dedicated to exploring the preventive and therapeutic potential of medicinal herbs, such as *Salacia oblonga*, *Adhatoda vasica*, *Ginkgo biloba*, *Picrorhiza kurroa*, *Punica granatum*, and others. Her overarching goal is to globally establish the mechanisms of action of traditional Indian herbal medicines and develop novel/nanotherapeutics from the traditional one to improve their therapeutic potential, efficacy and affordability.

In recognition of her ground-breaking research, Dr. Rachana secured a grant from AYUSH, NMPB, Govt of India for scientific documentation and digitization of selected Indian medicinal plants, specifically targeting antidiabetic activities resulting into 2 elaborated monographs submitted to National Medicinal Plant Board, Ayush, Govt of India.

A stalwart in the academic and scientific community, Dr. Rachana is a lifetime member of various esteemed associations, including the Indian Pharmaceutical Association, Biotechnology Society of India, Medicinal and Aromatic Plant Association of India, and Mumbai Haematology Group. She also served as a member of the American College of Clinical Pharmacology (ACCP) for approximately four years, contributing as an Advisor on the South Asian Chapter of ACCP's Student Outreach Committee (SOC) and IPA-SF Edufest.

In addition to her research and academic contributions, Dr. Rachana has actively contributed to scientific literature through publications in magazines like CII, Ingredients of South Asia, Pharmabizz, Ingredient South Asia, and Biospectrum. She has 2 patents, 3 books, 23 book chapters and 60 International publications to her credits. She has guided 3 PhD students and 3 more scholars are continuing with her.

Dr. Rachana's exceptional achievements have been acknowledged through a series of awards, underscoring her dedication and impact in the field:

- First prize for poster presentation at the Conference at MS Baroda, 2000.
- First prize for an Anti-TB campaign from her team at SPTM, NMIMS, Mumbai, recognized among 50 Schools of pharmacy across the country in 2009.
- Appreciation and award for excellence as a faculty by the School of Pharmacy and Technology Management, SVKM's NMIMS University, Mumbai, in 2009.
- IWAA Women Achievers Award by Anchor Media for contributions to education in 2017.
- Golden Global Award for Health and Education for outstanding contribution in the field of Biotechnology in 2019.
- Eminent Women Scientist Award in the field of Biomedical Sciences in Health and Wellness Conclave in March 2021.
- Excellence in Phytomedicine and Therapeutics Award at Healthcare Leadership Conclave and Awards in November 2021.
- Women Prestige Award 2022 from Lions Club Veg, New Delhi.
- Best Awardee, Shiksha Rattan Samman 2022 by AVVIARE Education Hub Noida UP.

Dr. Rachana's illustrious career, marked by significant contributions to academia and research, positions her as a beacon in the field of Biotechnology. Her passion for unravelling the potential of herbal medicines and dedication to advancing scientific knowledge have garnered widespread recognition and accolades.





# CA. Rekha Vivek Dhamankar

Rekha Vivek Dhamankar, B.Com., F.C.A., D.I.S.A. (I.C.A.), A.C.F.E. (USA), FAFD (ICAI), Certified Risk Professional (Malaysia and Germany) Rekha is a practising Chartered Accountant with more than 22 years of experience in diverse areas. She is also an "Information System Auditor", "Certified Fraud Detection Auditor" and "Certified Risk Professional" having certification from Malaysian and German Association. She is an Associate member of Association of Certified Fraud Examiners, (ACFE) USA, Maratha Chamber of Commerce and Agriculture, Maharashtra Tax Practitioners Association and All India Federation of Tax Practitioners.

She has served the Chartered Accountant fraternity as Treasurer, Secretary and Vice-chairperson of the second largest branch in India - Pune Branch of Institute of Chartered Accountants. She was the Chairperson, Taxation committee of the Branch from 2013 to 2015. She also became the first woman Chairperson of Pune Branch of ICAI for the year 2016-17. During her tenure as a chairperson Pune Branch received the Best Branch award at National as well as at Regional Level of ICAI.

She was a partner in a firm S R Dinodia & Co., LLP, Chartered Accountants, which is amongst the top twenty CA firms in India. Based at Pune, She was In-charge of Western Region.

Currently, she is a senior partner in a firm having 11 partners and 10 branches across India.

She has handled a variety of tax litigation, including appearance before the tax authorities & Tribunals.

She is an expert in forensic audits (fraud detection audits) and has worked with Economic Offence Wing of Maharashtra Police, Anti-Corruption Bureau and CID.

She worked on the State level panel of Home Ministry as a "Forensic Auditor".

She has worked for WHO on investigation audits. Investigation under her leadership has received "best investigation of critical cases award" of DG and her report is appreciated even by the Hon. High Court.

She is also empaneled with income tax investigation wing; Indian Banks Association (IBA).

She has handled more than 325 cases in total ranging from frauds of 5 cr to 3500 cr.

Her other specialized areas of practice include Systems Audit, Risk Assessment, System Testing (Field level to user acceptance testing), Migration audits, Process Audits, Development of SOPs, Due Diligence audits (financial as well as legal), Transfer Pricing, etc.

She is a known faculty for training in all these fields of expertise for Professionals, Corporates and Regulators.

She regularly contributes articles in the Journal of the Institute of Chartered Accountants of India, Taxmann and leading newspapers & Journals.

She has also authored a guide on 'Event Management', covering all aspects of organising conferences & seminars.

She is the author of well received book "All about e-filing" covering various aspects on e-filing under Income-tax Act and the Companies Act which is currently running into third edition.

Her detailed commentary on "Indian Partnership Act", running around more than 1200 pages, and a book on "Audit in Computerised Environment" are on the verge of publication.

She has been interviewed by various You Tube channels and has also participated in many of the TV shows on panel discussions.

She has also contributed in the book on Commentary on GST authored by CA Dharmendra Srivastava. She has delivered lectures at different forums on GST and conducted training programs for various industries.

Besides professional experience, she has designed and conducted training programs and study circles for CA article students.

Balancing work-life, she has founded a cultural and sports circle for CAs popularly called "CA Arts and Sports Circle", which organises musical programs, treks, sports events, dramas, competitions and exhibitions.

You can contact Rekha on her cell number: 09326447619/ 09975296697 or her email id: rekha.dhamankar@shaarps.in.



# Dr. T. Raja Rajeswari

## MANUSCRIPT OF THE VIDEO

Dr. T. Raja Rajeswari, the finalist of Felina Fashion 2023 has finally won the Fashion classic Winner Award of India( Telangana). A multi-talented woman, Rajeshwari has created a history in Vedic Mathematics and Abacus. She is the recipient OF NANDHI AWARD, KALAKAR BOOK OF WORLD RECORDS, MOTHER TERESA AWARD. Her Immense dedication lead her to carve a niche in the Guinness Book of world Record, Educationalist record , Bharath Book of World Record. All these have been possible through the academy she set up SRI SAI RAJESWARI EDUCATIONAL ACADEMY. An achiever by mind and a great human by heart, she conducts various charitable activities of rite poor and needy with the academy as a platform. Owing to her versatility and charm, she is now made the prestigious Ambassador of Felina International Pageant and a jury member. A woman with a vision is truly inspirational to the society.

It takes immense pleasure to say that Mrs Rajeswari Garu has governed the Title Forever Mrs India 2023, Felina Grand pageant Indore, Fashion Classic winner of Visakhapatnam  
Her quest for taking part in the beauty pageant to prove that A woman is born with dreams and sky is the limit to achieve them.

Respecting cultures and traditions, celebrating the great Indian festivals and spread the diversity of Indian culture.

Mrs Rajeswari Garu received an honourable doctorate from the Busan Christian University, South Korea.  
An appreciation for honest efforts spreading great many workshops in mathematics and through her academy.

Today, the teachers of the academy look up with pride at our fond director and founder Mrs Rajeswari of Sri Sai Rajeshwari Educational academy.

She has been providing various holistic trainings in Ayurveda for the healthy. Body and mind.  
Courses like Panchakarma, Marma therapy using age-old rituals of the Ayurveda Marma therapy that yields therapeutic benefits for. Bone and muscles as well as relaxation and weigh reduction

Panchakarma for quality mind and great body, Yoga Rudra training for Better and improved life .Acupressure trainings using the techniques of seed and magnetic therapy, foot reflexology

A person with a heart of gold and pure love for humanity. She has been empowering women to overcome obstacles and master them to become financially independent,

She has been providing charitable services to the orphaned kids and to the people In the old-aged homes in spreading love and joy through deeds that make them feel special and delighted.

She believes every Human that's alive on this earth should be happy and feel the abundance of what life could offer and embrace it with open arms.

She has been a Teacher, A professor, a Good philanthropist and also a good mentor.

Rajeswari Garu proved that a women can participate in great many activities, have many careers and professions and one can also be very successful with discipline and diligence.

She is a living example of a wonder woman, She believed she could and so she did.

Lorem Ipsum



# Ms. Samina Khan

Samina Khan, a notable entrepreneur, hails from Rampur and now calls Aligarh, Uttar Pradesh, her home. Over two decades ago, she embarked on a unique journey by establishing a boutique specializing in Indian ethnic wear for women, a pioneering endeavour in Aligarh at the time. Samina's boutique, initially known as Elegance, broke new ground by offering a range of exquisite crafts, including resham embroidery, zari embroidery, and zardozi, through her in-house workshop.

One of Samina's standout achievements is her expertise in crafting authentic Indian bridal wear, with a special focus on ghararas, which has garnered her a distinguished reputation. Her commitment to providing personalized bridal attire sets her apart in the industry. In recognition of her expanding reach and her dedication to preserving traditional craftsmanship, Samina recently rebranded her boutique as The Indian Couture, taking her unique creations online to serve customers across India.

Samina Khan's journey is not just about her entrepreneurial spirit but also her dedication to uplifting skilled artisans, many of whom are women and sole breadwinners of their families. She has a close knit team of craftsmen and Samina's conscious design approach ensures that their exceptional skills continue to thrive. Her inspiring story began as a homemaker, and with the support of her husband, she transformed her home into a boutique and workshop, allowing her to balance her responsibilities as a mother while pursuing her passion for fashion. Samina Khan's entrepreneurial journey stands as a shining example of resilience, creativity, and a commitment to nurturing traditional crafts.



**THE INDIAN COUTUTRE**





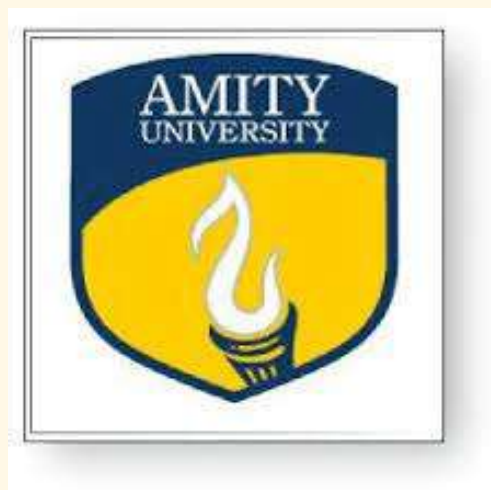
# Dr. Shazina Saeed

Dr. Shazina Saeed holds the position of Assistant Professor, senior grade, at the Amity Institute of Public Health & Hospital Administration, Amity University, Noida. She is a qualified medical practitioner with an MBBS degree from Universal College of Medical Sciences, Nepal, and certification from the Medical Council of India (MCI). Following two years of dedicated practice in internal medicine, she embarked on her academic journey, earning a Master of Public Health (MPH) degree in Public Health Genetics from the renowned Graduate School of Public Health at the University of Pittsburgh, a distinguished institution in the United States known for its top-tier public health programs.

Furthermore, Dr. Shazina holds a Master of Science (MS) degree in Clinical Genetics from the School of Medicine at the University of Pittsburgh, USA. She was the recipient of full scholarships for both esteemed degrees and contributed as a Graduate Student Researcher (GSR) on prestigious projects funded by the National Institute of Health (NIH). With over a decade of experience in the realms of public health and clinical genetics, including hands-on laboratory experience, she has engaged in diverse areas such as public health genetics, preventive cardiology, public health advocacy, women's health, and research methodologies in public health.

Her research interests span developmental cardiovascular genetics, public health cardiology, infectious diseases, and women's health. Dr. Shazina is an active member of various professional healthcare organizations, and she has showcased her scholarly contributions at regional and international conferences. She boasts an extensive publication record, with over 49 research papers published in peer-reviewed, international journals, covering topics ranging from public health and cardiovascular genetics to telemedicine, infectious diseases, oral disorders, and women's health.

Currently, Dr. Shazina serves as a reviewer and associate editor for 12 distinguished international journals, contributing her expertise to the peer-review process. Notably, she has received funding from the Indian Council of Medical Research (ICMR) for conducting pan-India COVID-19 research projects. Dr. Shazina Saeed is a dedicated and enthusiastic public health researcher who is deeply committed to inspiring and guiding students in discovering their areas of excellence within the domain of public health.





# Ms. Vertica Dvivedi

Vertica Dvivedi - Trailblazing Entrepreneur in the World of Women in Interior Design and Architecture

In the bustling landscape of Indian entrepreneurship, one name shines brightly as a beacon of innovation, advocacy, and empowerment – Vertica Dvivedi. Hailing from humble background from the remote North East of India to currently being at the national capital New Delhi, Vertica's journey epitomizes the spirit of resilience, vision, and relentless pursuit of excellence. With a diverse portfolio spanning publishing, journalism, technology, and advocacy, Vertica has left an indelible mark in every domain she has ventured into.

## A Journey of Grit and Glory

A first-generation entrepreneur, Vertica embarked on her entrepreneurial odyssey armed with nothing but a backpack, a dream, and a few hundred rupees. Her saga of success, chronicled in "Chicken Soup for the Indian Soul at Work" by Jack Canfield, narrates the inspiring tale of a woman who transformed adversity into opportunity, challenges into triumphs.

Her entrepreneurial foray began with a boutique design agency, which she steered for a decade before venturing into publishing, exhibitions, conferences, and video broadcasting. Today, she stands tall as the Founder & CEO of WADE INDIA also known as WADE ASIA, a groundbreaking platform for Women in Design, and the Director of Bigsea Marcom (I) Pvt Ltd, the publisher of esteemed magazines like Surfaces Reporter, Furniture Design & Technology magazine and the coveted MATECIA Exhibition.

## Championing Women-led Development and Advocacy

Vertica's commitment to amplifying the voices of women-led development resonates deeply in her multifaceted roles through WADE INDIA/ASIA which recognises, spread awareness and rewards excellence in Architecture, Art and Design. As the Chairperson of WADE Foundation, she spearheads initiatives aimed at raising water awareness and fostering sustainability. Her efforts culminated in a record-breaking achievement, earning her the prestigious ASIA BOOK OF RECORD Medal for orchestrating the largest mass attempt in connecting women for water awareness.

### A Visionary in Design and Innovation

As the Editor-in-Chief of Surfaces Reporter, Vertica has redefined the narrative in architecture, design, and building materials. Under her stewardship, the magazine has evolved into a venerable institution, disseminating cutting-edge insights and fostering creative discourse. Even during the challenging times of the Covid pandemic, Vertica demonstrated her resilience by transforming her publications into telecast platforms, ensuring continuity and relevance in a rapidly evolving landscape.

### Awards and Accolades: Testimony to Excellence

Vertica's trailblazing journey has been adorned with numerous accolades and honors, each a testament to her unwavering commitment and exceptional leadership. From the ASSOCHAM SME Excellence Award, prestigious Dr Sarojini Naidu International Award for Working Women to the Hafele ORBIS Award for Women of Influence, Vertica's mantle is adorned with trophies of excellence and recognition. Her passion for journalism was acknowledged with the "Women in Journalism" award by the Rajasthani Academy, further cementing her legacy as a luminary in her field.

### TEDx Speaker and Mentor

Beyond the realms of entrepreneurship and advocacy, Vertica continues to inspire and educate through her role as a TEDx speaker and mentor. Her invigorating talks on purpose and persistence resonate with audiences, igniting the flames of aspiration and determination. Whether speaking at prestigious forums, colleges, or architecture and design events, Vertica remains a guiding light, illuminating the path for countless aspiring entrepreneurs and changemakers.

### Other Noteworthy Engagements:

- > Jury for National IIID Panasonic Anchor Awards (North & Central region) for selection of Nation's Best interior designs, 2013.
- > Guest Lecturer at National Institute of Fashion & Technology (NIFT) New Delhi
- > Speaker at India Water Week organized by Ministry of Jal Shakti
- > Guest Speaker at Sri Jai Narain PG College KKC Lucknow (BBA-IB Department) 2020, JK Business School, Gurugram 2019; Anna Adarsh College for Women 2020, Chennai - Guest Speaker

She has been widely covered by the Economic Times, Entrepreneur, Sunday Guardian, Aaj Tak, Dainik Jagaran and more.

## Conclusion

In Vertica Dvivedi, we find not just an entrepreneur or a visionary, but a catalyst for change, a harbinger of hope, and a relentless advocate for women in design and architecture. Her journey from humble beginnings to the pinnacles of success serves as a poignant reminder of the transformative power of perseverance, passion, and purpose. As Vertica continues to chart new territories and break barriers, her legacy of excellence in the business-of-design and impact will endure as a testament to the indomitable spirit of the human endeavor.



# Ms. Kirti Malviya

Being a single mother is incredibly tough. Constantly juggling finances, childcare, work, and household responsibilities all on my own. It's emotionally draining to face everything without a partner's support, and sometimes I feel like I'm drowning in it all. Finding time for myself feels like a luxury I can't afford, and the judgement from society only adds to the pressure. But despite the challenges, I'm doing my best to be strong for my daughter and build a better life for us. With the support of my loved ones and community resources, I know I will get through this.

I pursued a degree in law to support my finances and utilised this to support and other struggling underprivileged mothers. My goal was then to use my education to support and empower single-parent families like my own. I just wished to make a positive difference in the lives of others facing similar challenges. I empanelled my advocacy with Bank of India, Canara Bank, Axis Bank and HDFC bank to support my small family of two.

Studying for a Master's degree at the age of 42, I've come to realise that age is truly just a number when it comes to education. Despite being older than many of my classmates, I've found that the pursuit of knowledge knows no bounds. My decision to return to academia later in life has not only enriched my own understanding but has also shown me that it's never too late to follow your passions and expand your horizons. Age should never be a barrier to learning, and my experience serves as a testament to the fact that with determination and dedication, anyone can embark on a journey of lifelong learning, regardless of their age.

No matter my age, I'm eager to land a corporate job that suits my skills and goals. To make this happen, I'm actively seeking training and certifications, networking to find opportunities, and tailoring my resume to highlight my strengths. With persistence and flexibility, I believe I'll soon secure a rewarding corporate position that lets me contribute and grow professionally.





# Ms. Acharya Nidhii N Bansal

Hi, I am Acharya Nidhii N Bansal, I am an Astrologer, Numerologist and Vaastu consultant and this is my journey. I started my journey as a home maker, handling my kids and taking care of the house is all I knew. But as my kids became older and more independent, I felt that my need in their lives was very limited. Having a lot of time in my hand, I started looking into hobbies and passions that would help me pass my time. After numerous tries I could not find anything that would pique my interest. That is till I found the studies of Vaastu and the occult sciences. Since the day I started my studies, getting myself involved in courses that would enable me to study the art of occult sciences on a professional level, I fell in love. I fell in love with the knowledge that I gained; I fell in love with the potential of growth that it opened for me. I never imagined I could ever be interested in such a subject, but as they say you have to go into the water to see how deep it is, similarly I had to study the art to actually see the happiness and joy it brought me. After deciding that this is the path for me, I made a decision to fully dissolve myself in my studies and interests. I not only studied for Vaastu but also learnt about astrology and numerology. I always thought that these sciences were to be practiced individually, until my mentors showed me how mistaken I was, they showed me how these sciences can be combined to increase the positive effect in anyone's life. So, after completing my post-graduation programme for 2 years and acquiring my degree with a high percentage of 93%, I acquired my Shastri title. But that was not enough for me, I pursued my master's degree for which I was awarded the title of an Acharya. Since then, I have never looked back, in a span of 5 years I have helped over 1000 clients, using my art of culminating all 3 sciences to create a beautiful harmony of positive energy that would not only benefit my clients but also help them prosper and grow as human beings. I have not only helped friends and family, but I have worked with individual clients, as well as, I have worked with builders and architects. My speciality is not only culminating the 3 sciences together to create perfect harmony but is to make non-structural changes using Vaastu instruments to give the same effect for positive energy in the house. This enables the architects to maintain their creative edge as I do not interfere with their designs and also make the house Vaastu perfect to live in for the individual client. I help make a house which is not only perfect according to the studies of Vaastu but is also compatible with the astrology of the bread earner to give the best result and also help in growth of the customer. Currently I am pursuing my Phd as I always believe and have taught to my children as well that learning is a never-ending process and there is always scope to gain more knowledge and experience.





# Dr. Ankita Khokhar

## Profile of Dr. Ankita Khokhar

Dr Ankita Khokhar spent her childhood and did her schooling in Gwalior, Siliguri, Sriganaganagar, Jalandhar and Jammu. Her father served in Border Security Force(B.S.F) till 2015. He is also a National Awardee in the field of education. She learned the importance of hard-work and disciplined life from her father. She has actively participated in various competitions like debates, extempore, dance, quiz etc. and won many prizes during her schooling. To serve people and to help them always remained her passion. Therefore, to follow her passion, she opted for medical field and completed her B.D.S and M.D.S. (Oral Medicine & Radiology) from Rajasthan University of Health sciences, Jaipur.

She worked as a Dental Surgeon and an administrator in various government and private organization including military hospitals. She even actively participated in tobacco free India campaign for the eradication of oral cancer. She organized various dental camps and motivated people to generate awareness for various oral diseases. During mandatory posting in cancer hospital, she came across many men, women, children of all age group who were fighting for their survival and also emotionally shattered. She treated them by counseling with proper education about health care and generating awareness to remain healthy as self awareness plays an important role to enhance the patient's will power to fight against diseases. She believes in the quote that "Where there is a will, there is a way."

She was married to an army officer in 2010. But she was not so lucky in her married life. Her all dreams shattered, she suffered with lot of stress, humiliation, violence which resulted into many ups and down in her married life. After lot of stress and struggles, she is living separately from her husband since 2018 (case is still subjudice). Also she is raising her six years old daughter single handedly and legally fighting for her dignity and justice.

Over this period, the adverse circumstances and situations she faced were enough to suppress her dignity and confidence. But with her strong will and faith in GOD, she again stood up and followed her passion towards humanity. She gathered all her strength and raised herself an emotionally strong lady. By now, she was well aware that only a strong woman in all respect can raise a strong daughter who can face the challenges of her life. She preferred to join NGO (PEHCHAN NGO) as a "Nutrition Advisor" to extend her services to the people and their malnutrition children living in slums areas. Her efforts did bring tangible results to rehabilitate a sizeable number of children. She continued her efforts and interacted with a number of helpless and illiterate ladies who were being exploited and developed a sense of hatred for the society. Most of them suffered with different kinds of trauma; as a result of it they developed a constant fear which put them in a state of anxiety. They developed trust deficit and became extra cautious in dealing with the people and living in a state of constant alert and fear of uncertainty in their life. Many of these women had episodes of sexual harassment and molestation at an early age of their lives. She was also a "Chief Advisor" for "PEHCHAAN NGO" for women empowerment and their education, social -upliftment, health, child care and nutrition. She participated in field work for smooth implementation of various schemes for eradication of gender bias, career selection and enhancement.

All together, many things were happening in her life; she was a responsible mother to bring-up her baby girl and to inculcate good values and same time she was fighting a legal battle for justice. It's a saying that "when difficulty arises, it arises from every core of your life." A dreaded disease Corona virus spread up as a pandemic all over the world. Challenging all these struggles, she continued her services towards NGO. But this was not the end of her struggles. Almighty was really testing her hard and in the second wave of pandemic in May 2021 she was caught by dreaded corona virus. She was admitted in hospital and fought for her life and survived. After challenging the corona virus, she returned home but a physically and emotionally weak person. Again, she gathered strength, made herself mentally strong and stood up to surmount the obstacles and difficulties to settle herself, look after her daughter and to achieve the set goal and destination. She cleared the interview and joined as a dental officer at NTPC, Auraiya approximate 200 km away from home. It was very difficult for her to manage a long-distance job in the pandemic. However, with firm determination she accepted the challenges and every week she used to travel from Auraiya to Noida to spend quality time with her daughter and again back to Auraiya. This way she was managing job, her daughter, legal battles, and her services towards society in odd and unfavorable situations.

Now, more than 14 years of experience in healthcare sector and thrust for learning and to ensure multidimensional growth in health care sector, she is pursuing MBA in healthcare management and soon will get her degree. In April 2023 she joined "NUmed Super Specialty" 300 bedded Hospital with all modern advanced facilities, as an "Assistant Medical Superintendent" responsible to look after all medical administration.

She believes and practices positive thinking. And due to her positive attitude towards life, she was able to gain the confidence, strong will power & respect to lead her life despite all struggles and life-threatening situations. This is not an end for her, this is just a beginning. One can fight against all odds and negative circumstances with positive thinking and firm determination. Anyone can achieve anything with hard work with fullest sincerity and honesty, positive thinking, focused efforts and determined mind; what Dr. Ankita believes.

At last but not the least, it is not a faraway target for Dr Ankita to become a certified "Positive Psychology Motivator."; she will be available online to extend her counselling to the needy people. Apart from all these actions, she is showcasing her talent and gradually gaining popularity as a social media influencer on Instagram.

"Every Woman's Success Should Be An Inspiration To Another. We're Strongest When We Cheer For Each Other On."

# Dr. Anupma Saxena



“Skill is the unified force of experience, intellect and passion in their operation”

In today's rapidly evolving world, traditional academic education alone is no longer sufficient to prepare students for the challenges they will face in their future careers and personal lives. In response to this reality, there has been a growing recognition of the importance of integrating skill-based education into school curricula. Skill education, also known as vocational or technical education, equips students with practical skills and knowledge that are directly applicable to various professions and industries. This article delves into the significance of skill education in schools and explores the reasons behind its increasing importance.

One of the primary reasons for the emphasis on skill education in schools is the need to bridge the gap between education and employment. Traditional academic subjects often prioritize theoretical knowledge over practical skills, leaving students ill-prepared for the demands of the workforce. By incorporating skill-based education into the curriculum, schools can provide students with hands-on training in fields such as technology, engineering, healthcare, and trades, thereby increasing their employability and ensuring a smoother transition into the workforce.

We must understand that the global economy is constantly evolving, driven by technological advancements, automation, and shifting market trends. In this dynamic landscape, the demand for skilled workers is on the rise, particularly in emerging sectors such as information technology, renewable energy, and digital marketing. Skill education equips students with the specialized knowledge and expertise needed to thrive in these industries, ensuring that they are well-positioned to take advantage of new opportunities and contribute meaningfully to the economy.

In addition to preparing students for traditional employment, skill education also plays a vital role in fostering entrepreneurship and innovation. By teaching practical skills such as problem-solving, critical thinking, and project management, schools empower students to think creatively and pursue their own ventures. Whether starting a small business, launching a tech startup, or pursuing freelance opportunities, individuals with strong skill-based education are better equipped to navigate the challenges of entrepreneurship and drive economic growth through innovation.

Every student has unique interests, talents, and learning styles. For some, traditional academic subjects like mathematics and literature may be engaging and fulfilling, while others may struggle to connect with these topics. Skill education offers an alternative pathway for students to explore their interests and develop their strengths in a practical, hands-on manner. Whether through apprenticeships, vocational training programs, or specialized courses, schools can cater to the diverse needs of learners and ensure that every student has the opportunity to succeed.

Understanding the needs of the day Nageen Group of Schools hands in hands with skill department of CBSE holds Skill Education nested and snuggled along with the regular course of studies to make its children industry ready for we at Nageen Group of Schools believe that Skill education instills a lifelong learning mindset in students, encouraging them to continuously acquire new skills and stay abreast of industry trends whether through professional development courses, online certifications, or informal learning opportunities, individuals with a strong foundation in skill-based education, better equipped to navigate career transitions, embrace change, and thrive in an ever-changing world and to bring it into reality our all students manned enterprise named “PRAYATAN” has been established which fosters not only experiential learning in the youngsters but also spirit of start ups, entrepreneurship, research based market trends of products along with promoting Indian traditional art, craft, culture in the form of 50+ different products in textile, tie-dye, block and stencil printing, maithali & verli art, food and confectionery items, herbal cosmetics and toiletries, scientific toys, candle making, cow dung products etc. and transforming a regular learner into autonomous and independent youngster all ready with confidence to face the world just after their schooling, by bridging the gap between education and employment, meeting the demands of a changing economy, fostering entrepreneurship and innovation, addressing the needs of diverse learners, and promoting lifelong learning and adaptability.

We stand in sync with PM, Shri. Narendra Modi ji when he says-

“We need to give importance to skill development because this way we can end unemployment”

Wishing for an AATMNIRBHAR BHARAT,

Dr. Anupma Saxena  
Director – Principal  
Nageen Group of Schools.







# Mrs. Artist Krupa Shah

Canvas to Cause: Renowned Mumbai Artist Krupa Shah Inspires Change Through Art and Philanthropy, A True Icon for Women Empowerment

Born and raised in the vibrant city of Mumbai, Krupa Shah has been a passionate and dedicated artist since her formative years. Her artistic journey began as a young girl, captivated by the allure of canvas and colors. From those early days, she displayed an innate talent and an unquenchable thirst for creative expression, setting her on a lifelong artistic pursuit.

Krupa Shah is not only a renowned artist, entrepreneur and a motivational speaker but also a devoted mother of three daughters. Her life embodies the delicate art of balancing personal and professional pursuits, making her a perfect example of how one can seamlessly integrate motherhood with a thriving career. Her ability to fulfill multiple roles with unwavering commitment has made her a role model for countless women striving to harmonize their own work and family lives.

Krupa Shah is a staunch advocate for women's empowerment and believes that every woman and girl has the right to pursue their true calling. Her calling lies in the realm of art, where she communicates her emotions and perspectives through abstract paintings, allowing her audience to interpret and connect with her work on a personal level.

Under Krupa Arts Foundation, Krupa is actively engaged in numerous social initiatives. She has addressed a wide range of issues and societal themes. Her work has transcended the canvas to create positive change in the world. For Krupa, art is a bridge between the tangible world and the intangible experiences that shape our lives.

Krupa Shah's commitment to social work extends beyond her artistry. She has dedicated herself to various philanthropic endeavors, including:

- **Creative Education for Socially Aabled Kids:** Krupa actively promotes creative education for children with special needs, providing them with opportunities for artistic expression and personal growth.
- **Developing Rural Areas:** Krupa has initiated projects to uplift rural communities, with a particular focus on education and empowerment. To mark significant occasions like the '75th Independence Day,' Krupa spearheaded a massive tree plantation effort, overseeing the planting of 1000 saplings within a single day across seven cities. She also demonstrates her commitment to the environment on 'World Environment Day' and 'World Earth Day' by placing hundreds to thousands of water-filled earthen pots to quench the thirst of birds during scorching heat.
- **Empowering Young Girls Through Art:** Recognizing the importance of self-expression, Krupa conducted an art workshop for young girls at Badamvadi in the presence of the Education Minister, providing them with a platform to express their emotions through art.
- **Empowering Unprivileged Kids:** She has launched a transformative project supporting the education of underprivileged students in Vav village, Gujarat. This initiative provided 300 bicycles, along with other educational support, to needy students studying in secondary and higher secondary classes.
- **Awareness Program:** Artist Krupa Shah as a motivational speaker is also constantly conducting motivational speech and awareness programs to uplift ladies in India. So far, she has conducted numerous inspirational programs for different age groups in Mumbai.

Krupa Shah's artistic prowess has taken her to prestigious international platforms. She has actively participated in group exhibitions and conferences across India and abroad, leaving an indelible mark on the global art scene. Some notable events include her participation in The United Nations Day of Vesak in Vietnam, De Art Event and DIFC Dubai in the UAE, as well as exhibitions in major Indian cities such as Mumbai, Bangalore, Ahmedabad, Pune, and New Delhi.

Krupa's philanthropic work and outstanding contributions to the world of art have earned her numerous accolades and awards. Some of the most distinguished recognitions she has received include:

- Rashtriya Seva Samman by Gau Bharat Bharati from Former Governor of Maharashtra - Shri Bhagat Singh Koshyari at Raj Bhavan
- Women Power Award by Aspiring She
- Best Artist Award by Global Business Information
- Iconic Leader Contributing to a Better World by Women Economic Forum
- Make in India Award organized by Bharat Nirman Foundation
- Noble Asian of the Year Award by World Records Foundation

Krupa Shah's artistry transcends the boundaries of the canvas, touching hearts and inspiring change. Her dedication to her craft, her role as a loving mother, and her commitment to making the world a better place through art make her a truly remarkable individual and a beacon of inspiration for women everywhere.





# Ms. Bhumika MahendraBhai Shah

**BHUMIKA MAHENDRABHAI SHAH**

Entrepreneur

PARTNER AT MK ENTERPRISE (MK CONTAINER)

MANUFACTURER OF CONTAINER OFFICES, RESORTS, SS SWIMMINGPOOLS, AND CAPSULE HOMES

## Early life and education

Bhumika Mahendra bhai Shah, Born and raised in Bhavnagar, a town in Gujarat, I spent my formative years shaping my educational foundation. My schooling journey unfolded at KPES English Medium School, where I pursued my studies as a commerce student. These early experiences in my hometown laid the groundwork for my future endeavors and aspirations.

Building upon my academic pursuits, I earned a Bachelor's degree in Commerce with a special focus on Management Information Processing (MIP). Concurrently, during my college years, I completed the O Level program from the DOEACC Society. This combination of commerce education and specialized training in information processing has equipped me with a diverse skill set for my professional journey.

## Professional beginnings

With a rich and diverse career path, I embarked on my professional journey as a dedicated tuition teacher, imparting knowledge to students from 1st to 12th standard in the commerce stream for 15 years. Seeking a shift to the corporate world, I joined VFS Global Pvt Ltd in Ahmedabad, specializing in Schengen visa services. Following this, I delved into the container manufacturing business for six years before venturing out to establish my own firm in January 2023. Driven by a passion for innovation and unwavering commitment to quality, my firm focuses on creating cutting-edge products. In recognition of my contributions, I was honored with the "Inspiring Woman of Gujarat" award by Divya Bhaskar last year. Notably, this year, we proudly introduced two groundbreaking products: a portable Stainless-steel swimming pool and a compact capsule home, reflecting our dedication to pioneering solutions and exceptional customer satisfaction.

## Birth of Mk container

Naming my company "MK Container" is a tribute to my late father, Mahendra Kumar Dhirajlal Shah, symbolizing profound respect and a dedication to perpetuating his legacy. Drawing inspiration from his unwavering work ethic, the tagline "Building the Future" mirrors my ambition to establish a brand known for excellence and innovation. My goal is to contribute to India's pride by manufacturing cutting-edge products.

## Vision of MK container is "Building the Future"

At MK Container, our focus lies in crafting products that meet the nation's requirements, showcasing a robust commitment to local innovation and self-sufficiency. Aligned with the "Make in India" initiative, I aspire to develop a diverse range of products, contributing to the economic development of our nation.

I firmly believe Consistent effort and dedication often contribute significantly to reaching one's goals.

## My moto of how to live life

Balancing hard work with enjoying life to the fullest can lead to a more fulfilling and well-rounded existence. Striking a harmony between productivity and personal happiness is valuable.



# Chef Nisha Gulati



Chef Nisha Gulati

Chef, Trainer, Educator, Chocolatier, & Hospitality Consultant

For have worked over 18+ years in the hospitality and catering industry. with culinary Expertise in the wonders of Continental, Arabic, Thai, Chinese Cuisines apart from being totally grounded Indian and exploring skills and knowledge from great expert chefs from Kashmiri Wazas, to Gujarati Maharaja, up till eastern India and even Southern India, focusing on different attributes of all these regions and their culinary and eating habits and forms along with local beliefs, spices and much more.

Apart from these is a evident specialist in Bakery & Patisserie, also Confectionary of Indian and International origin and Standards.

Having worked in the legends like. The Oberoi Maidens, and later as Management Trainee with Old World hospitality, have got exposure their standards, pre openings, operational aspects, under the expert guidance of renowned chefs. And now with IHMCS, making our generation trained for hospitality industry.

Later took up the challenge of training new genre, to take over this legacy forward always. An avid traveler to the core who loves to explore the world through its Taste.

Last but not the Least...

Her Mantra in her professional life is a famous quote: "The secret of success in life is to eat what you like, and let the food fight it out..." Mark Twain



# Mrs. Chetna Mishra

## Chetna: Weaving a Tapestry of Change

Chetna exemplifies the art of weaving success with social impact. A dynamic businesswoman at the helm of multiple enterprises, educational institutions, and social initiatives, with a keen eye for empowering communities. But her ambition extends far beyond profit margins, for Chetna's heart pulsates with the rhythm of service. She is passionate educator, motivator, entrepreneur as well as a culinary artist.

### A Foundation of Education:

Chetna's journey began with a strong foundation in education. Armed with bachelors in Psychology, a masters in Social Work and a diploma in Fashion Designing, she built upon her intellectual passion and honed her leadership skills. This academic experience instilled in her a profound belief in the power of knowledge to unlock potential and fuel progress, values that later manifested in her dedication to education initiatives.

### Investing in the Future:

Education remains a cornerstone of Chetna's vision. As the Managing Director of Euro Kids International School in Rewa, she nurtures young minds and champions quality education. Her dedication to equipping the next generation extends to her past role as Regional Director of Ankur Vidya Mandir Group of Schools, where she ensured underprivileged children had access to educational opportunities.

### Empowering Through Skills:

Chetna believes in empowering individuals to carve their own paths. Her work with the Gomati Mahila Kalyan Samiti exemplifies this principle. Through skill development training, she equips women and children with the tools and knowledge they need to build brighter futures. This dedication to community upliftment transcends borders, as evidenced by her former presidency of the All India Defence Women's Welfare Association.

### Preserving Traditions, Flourishing Businesses:

While Chetna champions social impact, she is also a shrewd businesswoman. At the helm of Rishab Flowers, Shree Group of Companies, and Rewanchal Warehouse and Logistics, she demonstrates her entrepreneurial acumen. Her success in these ventures underscores her ability to balance profit with purpose, creating businesses that contribute to the economic fabric of her community.

### Savoring Heritage, Sharing Flavors:

Chetna's passion for her heritage extends beyond businesses. The online Kitchen Ninjas community is a testament to this passion. Here, she safeguards the delicious heritage of Bagheli cuisine, ensuring future generations savor its authentic flavors. This initiative seamlessly blends cultural preservation with community building, fostering a shared love for traditional recipes and cooking practices.

### A Beacon of Inspiration:

Chetna's story is a tapestry woven with threads of entrepreneurial flair, unwavering social responsibility, and cultural preservation. It's a vibrant narrative that inspires women everywhere to dream big, embrace their heritage, and strive for a better world. Her achievements are a symphony of success, echoing far beyond the boardroom to resonate in the hearts of those she impacts.





# Ms. Deepa Devarajan

experience • design • passion

Brain behind “PURPLE DREAMS” Deepa Devarajan an award winning interior designer has provided designing solutions to residential and commercial projects with over eight years of experience. She is described as sophisticated, down to earth and easy to work with among clients

and design professionals alike. Her design philosophy stresses a close link between the disciplines of architecture and interior decoration. The end result are rich environments defined by sophisticated color palettes, refined materials and detailing that tailor these interiors to suit her clients’ desires. She has the expertise to create a wide variety of interior environments from traditional to contemporary

Deepa strives to develop interior spaces with an underlying classicism that survives the passage of design trends. She is committed to coordinating the design efforts with an organized and well managed project that consistently exceed clients’ expectations and come in on budget.

# Mrs. Dr. S. Gandhimathi Suresh



Educationist | Motivational speaker | Lyricist | Tamil Poem writer

I am Dr. S.Gandhimathi Suresh, I did my graduation to PhD in political science, and I am doing guest lecturer for colleges and schools, proud to be introduce myself as a motivational speaker and lyricist in Tamil movie, I have written 400+ Tamil poem about women empowerment, and poverty Every women is goddess, but people always pull them down .I hosted flag in Republic day and independence day at schools and colleges. And I will not charging those who are inviting me for the guest role. I involved in social activities such as Lion club, Business network International and I am the member of those club, through that I offers self-motivation for those who are uneducated women in an every family. I am a content writer for blogs and I have been writing up an article for magazine. I have published 300+ receipy in aval vikadan magazine

My achievements are....

I won the award achiever of 2023 award from Aram institute those who recognized about my skills. I am an excelled in motivational speech award on woman empowerment.

I awarded for aval vikadan magazine the best chief in the year of 2022, I have been inviting for guest role for motivational speech in schools and colleges.

I honored by achiever ward for the best women motivational speaker recognized by the Tamil magazine. Every woman always shines their skill by their finding talent themself. Every woman has different talent; they must find out and discover their skill to the world. And I invited by shaksham world braille day as motivational speech for the physically challenged students. Students are motivated by the speech students are enjoyed and learnt to survey in the world with their skills. I awarded for the best organizer from the Rotary club in the year of 2020.

I am an educationist. And I have invited by the guest lecturer for political science from the college. Those who are helpless I offered personally supported to woman through the woman association I have received best inspirational award for woman empowerment in the year of 2000. And I have published Tamil poem in the year of 2022, in the name of Pokkisam, Many woman are inspired through my poem,

I am passionate in helping to the children those who is need to complete their education, I am really proud of myself because I am an inspiration to every women, every women should take responsibility to enhance their ability skill,

I am dedicating this award to every woman. Being a Mother I feel glad, I am transferring positive vibes towards the woman.

Let us move forward to the challenging path, towards the success, Accept all regret but it is not a permanent ,Think beyond...Everything is Possible. Don't try change the world, Try to change yourself.



# Ms. Inderjeet Kaur

Title: "Navigating Excellence: A Decade-Long Odyssey of a Trailblazing HR Manager in the Hospitality Realm"

In the heart of the dynamic and demanding world of hospitality, Inderjeet Kaur, an accomplished HR manager with an illustrious 12-year tenure, embarked on a transformative journey that has left an indelible mark on the industry. Her narrative unfolds as a compelling testament to resilience, innovation, and the evolving landscape of effective HR management.

At the onset of her career, Inderjeet found herself navigating the bustling corridors of hotels, armed with a passion for people and a keen eye for talent. Her early years were marked by a commitment to understanding the unique challenges of the hotel industry, a domain where guest satisfaction is paramount, and employee engagement is the linchpin to success.

One of Inderjeet's pivotal roles was in strategic talent acquisition. In an industry where personnel are not merely employees but ambassadors of the brand, her keen ability to identify individuals who embodied the ethos of the establishment set her apart. The careful cultivation of teams under her guidance became instrumental in elevating the guest experience and solidifying the hotel's reputation.

As the years progressed, Inderjeet found herself at the forefront of a shifting landscape. The rise of technology presented both challenges and opportunities. Embracing innovation, she spearheaded the integration of cutting-edge HR systems that streamlined operations, from recruitment to performance management.

Yet, Inderjeet's journey was not without its trials. The ebb and flow of the hospitality sector brought forth challenges ranging from economic downturns to global pandemics. Her ability to navigate these tumultuous waters with poise and adaptability showcased not only her professional acumen but also her deep commitment to the well-being of the teams under her purview.

Central to Inderjeet's story is her dedication to fostering a culture of inclusivity. In the industry characterized by diversity, she championed initiatives that celebrated differences and created a workplace where every employee felt valued. This commitment to inclusivity went beyond policies and handbooks; it became an integral part of the organization's identity.

Employee development emerged as another cornerstone of Inderjeet's tenure. Recognizing that a motivated and skilled workforce is the backbone of any successful establishment, she instituted training programs that not only addressed current needs but anticipated future challenges. This investment in professional growth not only boosted morale but also contributed to a low turnover rate, a rare feat in the fast-paced world of hospitality.

Inderjeet's leadership extended beyond the HR realm. She found herself in the delicate dance of balancing the demands of upper management with the needs of the staff. Her ability to navigate this intricate terrain earned her the respect of both executives and employees, positioning her as a trusted liaison and advocate for the workforce.

As her narrative reaches its current chapter, Inderjeet stands as a trailblazer in the field of HR within the hospitality sector. Her journey reflects the ever-evolving role of HR professionals, showcasing the delicate artistry required to maintain equilibrium in the industry that demands excellence at every turn.



# Ms. Juhi Gupta

## JUHI GUPTA

Founder and CEO, Agile Vibes - Globally Certified Behavioral Skills Trainer - HR & OD Expert - POSH Trainer & Consultant-Career Coach

Juhi Gupta is an eminent Facilitator, Coach and HR professional with expertise in Learning & Development Solution, Organizational Development Interventions, Career Coaching, POSH Consultancy and high-end experiential learning Behavioral skills workshops.

She comes with a rich experience of 19+ years in training, coaching and mentoring. An MBA with dual specialization in International Business and Human Resource Management from Amity University, she is an avid learner and holds several Certifications. Juhi is a Certified Practioner Coach from CPD, SHRM & HRCi, Certified OD Intervention Professional from HRCi, Certified POSH Trainer from SHRM & HRCi, Certified Gender Sensitization and DEI Trainer from SHRM & HRCi, Certified Enter-Trainer™ from HSSE, Certified Life and Executive Coach from Indian Leadership Academy, Certified Dale Carnegie Train the Trainer, Certified Soft Skills Master Trainer from AASPADA Global, Australia, Certified Career Analyst™ from Edumilestone.

She is recipient of Women Achiever in Training & Development by WASME, 2021; Best Educationalist by Vision Board, 2021; Women Achiever in Entrepreneurial Excellence by Amity University, 2024.

Her professional experience with numerous Start-ups and top Indian conglomerates like, Reliance Industries Ltd, Reliance Communications Ltd, Paytm and Lee Cooper on crucial projects has helped her acquire essential skills for training, coaching and mentoring.

In addition to many Universities and Educational Institutes, Juhi's Corporate client list includes companies like LG Electronics, Honda Power, VIVO Mobiles, Institute of Company Secretaries of India, GAIL (India), IOCL, Amar Ujala, Dr. Reddy's, Compunnel and many more.

Her desire to help others develop their own skills inspired her to pursue a career in training and facilitation. Due to her distinctive and captivating facilitation style, she has become a highly sought-after trainer in the corporate sector and management institutes for skill development and management development programs. Her instinctive ability to connect to diverse sects of people gives her an extra edge as an effective facilitator. She is a creative coach skilled in guiding learners through engaging and innovative learning opportunities. She is vibrant, enthusiastic, and passionate with positive attitude and has a strong commitment to excellence.

As a Corporate Trainer, she specializes in highly innovative, engaging and experiential based trainings programme & workshops. She has inspired, empowered & trained more than 7000+ individuals through In-bound and Outbound Behavioral skills Programs, Coaching Sessions, Career Counselling sessions & Personality Development workshops at various renowned corporate houses, universities, colleges, educational Institutions and provided more than 1000 man-days of training across India.

She believes in experiential learning; her customized workshops and training programs concentrate on essential market needs, which enable the participants in understanding them better by learning through their own experiences in the trainings & workshops.

On personal front, Juhi is a passionate giver and is associated with few NGO's for development in the sector of child education. She is a firm believer of the cosmic power and has gained insights into Tarot Reading, Numerology and Reiki Healing.

As an Ambivert personality, she likes to inculcate her innovative skills in training programs. She is a Learner, Collaborator, Travel Enthusiast & Visionary professional. As an entrepreneur she loves to be termed as a Collabpreneur, as she has collaborated with like-minded experts and organizations for growth.



# Dr. Mansi Chopra



Dr. Mansi Chopra, a luminary in the field of public health, has been a beacon of transformative initiatives for over a decade. Over the years, her work has had profound impact among the most vulnerable population groups, and she has shown exemplary leadership across a spectrum of domains. A Trailblazer in Women's Empowerment, Dr. Mansi Chopra's unwavering commitment to women's empowerment shines through her various roles. Particularly noteworthy is her work during the challenging times of the COVID-19 pandemic, where she showcased her ability to engage communities, disseminate crucial information, and empower women across the country.

**Leadership and Impact:** With over 12 years of invaluable experience, Dr. Chopra has adeptly navigated the intricacies of public health, engaging with diverse and vulnerable groups including women, children, adolescents, the elderly, and those living with multimorbidity. Her extensive body of work encompasses crucial domains such as health promotion and management, disease prevention, lifestyle, research, and policy advocacy.

Dr. Chopra has held pivotal leadership roles, notably serving currently as Deputy Director at HRIDAY, New Delhi, a non-governmental organisation, engaging in multi-disciplinary research, capacity building and outreach linked to the prevention and control of non-communicable diseases. Her impact extends beyond organizational boundaries, reaching academic institutions, government ministries, development partners, and non-governmental organizations. To her credit, she boasts over 40 scientific publications, government guidelines, articles, and reports.

**Academic Odyssey:** Dr. Mansi Chopra's illustrious journey commenced with obtaining a Ph.D. from the prestigious All India Institute of Medical Sciences (AIIMS), New Delhi and Lady Irwin College, University of Delhi. This marked the beginning of a dedicated career in public health that spanned across national, regional, and international levels.

**Global Engagements and Recognition:** Dr. Chopra's influence goes beyond national borders, as she actively participates in global initiatives and engagements. She has been instrumental in establishing and operating national-level technical support units to relevant ministries, contributing substantially to pan-India health initiatives.

Her noteworthy achievements include securing substantial funds, with more than USD 5 million to undertake robust research and programs, from both international and national funders. Dr. Chopra's prowess is further underscored by her role as Chair of Communications for the Global Research Network at the Society for Research on Nicotine and Tobacco.

**Building Capacity and Promoting Research:** Dr. Chopra's commitment to capacity building is palpable through her involvement in training students, young professionals, and community members, based on local needs and priorities.

**Mass Awareness Campaigns and Media Impact:** Dr. Chopra's impact on media is significant, as evidenced by her coordination and development of programs for dissemination via traditional and modern media. These programs tackled crucial topics aimed at health promotion and prevention. Her creation of diverse communication materials, films, and mass awareness campaigns further underscores her commitment to public health outreach.

## Honors

- 2023 SRNT Health Equity Network Spotlight 2023.
- 2023 Health Equity Network and Johns Hopkins Bloomberg School of Public Health Travel and accommodation scholarship, SRNT Annual Meeting 2023, USA.
- 2022-present Chair, Communications, Global Research Network, Society for Research on Nicotine and Tobacco (SRNT).
- 2022-2023 Fellow, Scientific research and writing mentorship initiative towards diversity in research on alcohol control policies, by WHO, Alliance for Health Policy and Systems Research and Alcohol Research Group.
- 2021-2022 Tobacco Control Capacity Programme Research Fellow, GCRF, UKRI.
- 2018 Member, Data Safety Monitoring Board, RATIONS (Reducing Activation of Tuberculosis by Improvement of Nutrition Status) study, led by Yenepoya Medical College, Mangalore.
- 2018 Street Food Vendor Trainer of Food Safety and Standards Authority of India, GoI.
- 2014- present Peer-Reviewer, BMC Public Health, PLOS One, Diabetes & Metabolic Syndrome: Clinical Research & Reviews, Cardiovascular Diagnosis and Therapy, British Journal of Nutrition, BMC Obesity.
- 2016 Travel/Accommodation grant: 13th Science Communication Workshop, The Wellcome Trust/DBT India Alliance.
- 2014-2016 Senior Research Fellow, University Grants Commission.
- 2013 International Union of Nutritional Sciences/Neven Scrimshaw International Nutrition Foundation (IUNS/INF) fellowship, International Congress of Nutrition.
- 2012- 2014 Junior Research Fellow, University Grants Commission.
- 2011 Qualified University Grants Commission JRF-NET.

Dr. Chopra's journey has been marked by academic excellence, leadership, and an unwavering commitment to societal well-being.



# Ms. Namrata Singhal

I run a mental health firm called "Emotional Detox," where I help people grow and heal using therapy and art. My goal is to provide a safe and understanding space for individuals, and I stay up-to-date to offer the best care.

I've had the opportunity to work with different groups through NGOs. With young people, it's like diving into a pool of energy. I help them figure out who they are, deal with tough stuff, and support them on their journey to discover themselves. It's not just about fixing problems; it's about showing them their strengths and helping them build a foundation for a brighter future.

In this adventure, I've seen teenagers navigate the tricky years and step into adulthood with newfound confidence and understanding. Imagine being there to support someone as they tackle the ups and downs of growing up. I wasn't just helping them with problems; I was like a guide, cheering them on as they faced challenges and celebrated victories. It was about creating a space where each person could be themselves and grow stronger.

Then, I shifted to working with seniors, being a companion through the later stages of life. It's like flipping the script, entering the wisdom-filled years. I use art to help them express emotions and find joy, showing how psychology adapts to different life stages. Picture this as a canvas of life experiences, where I provide support to navigate the emotional intricacies of aging. The canvas of art becomes a tool for seniors to express emotions, reminisce, and find joy, reinforcing the enduring impact of psychology on individuals in their later years.

In another role, I worked with survivors of acid attacks. This was a different kind of challenge, a profound experience helping them reclaim their narratives and rebuild confidence through psychology and art. The challenges faced by these individuals were nuanced, their physical and emotional scars weaving tales of remarkable resilience and inner strength. I embraced a dual role as both a psychologist and an expressive art therapist, seeking to create a sanctuary where survivors could reclaim their narratives, rebuild shattered confidence, and unearth beauty within their unique journeys.

As survivors engaged in the artistic process, a silent dialogue unfolded—one that transcended the limitations of language and embraced the universal language of art. It became a journey of self-rediscovery, a process of turning adversity into strength, and a testament to the indomitable human spirit. Through my work, I witnessed the profound impact of creativity on psychological well-being. Art became a vehicle for survivors to confront their traumas, process emotions, and ultimately emerge not only as survivors but as individuals who found empowerment and resilience in the face of unimaginable adversity.

Looking back, each experience added layers to my understanding of how psychology can make a meaningful impact. It's not just about fixing problems; it's about fostering growth, resilience, and healing across different life situations. The stories I've encountered highlight the importance of psychology in guiding people through challenges and bringing hope into their lives.

In this diverse journey, my work with different populations across NGOs has enriched my understanding of psychology's versatile impact. From the energetic and explorative youth to the wisdom-filled years of seniors and the profound resilience of acid attack survivors, each experience has added layers to my role as a psychologist. It's a continuous learning process where the amalgamation of psychology and expressive art therapy creates a meaningful impact, fostering growth, resilience, and healing across the diverse spectrum of human experiences.



# Dr. Nandini Gokulchandran

Dr. Nandini Gokulchandran

Deputy Director & Head – Medical Services Consultant Regenerative Medicine

NeuroGen Brain & Spine Institute, Navi Mumbai

Dr. Nandini Gokulchandran has an experience of 20 years in Regenerative Medicine

## Medical Education

- M.B.B.S. (1997) from Government Medical College and Hospital, Nagpur.
- M.D. (2002) from Government Medical College and Hospital, Nagpur
- Post Doctoral Fellowship at TIFR (Feb 2003 to June 2007) in mouse ES cell derivation, culture and maintenance & developmental neurobiology. Also includes, the prestigious DBT (Department of Biotechnology, Govt. of India), Fellowship for the same project.
- Professional Work Experience (20 years in Regenerative Medicine)
- Currently working as Deputy Director, Consultant Regenerative Medicine at NeuroGen Brain and Spine Institute, Navi Mumbai for 15 years. She has been instrumental in setting up and successfully running a state of art 75 bedded hospital and institution for the treatment of patients with incurable neurological disorders. Over 16 years under her leadership NGBSI has successfully treated over 13000 patients from 75 different countries.
- She has worked as a Research Scientist and coordinator of Molecular Diagnostics at Super Religare Laboratories and has 4 years of Post-Graduate Fellowship in the field of Developmental Neurology and Stem Cell Research at Tata Institute of Fundamental Research, Mumbai.
- Publications and Books and Conferences
- She has published 107 Articles in National & International peer reviewed journals
- and Co-Authoring 18 Books on Neurological Disorders.
- First author paper in prestigious “Science” journal, Lhx2 selector activity specifies cortical identity and suppresses hippocampal organizer fate. Vishakha S Mangale, Karla E Hirokawa, Prasad R V Sayaki, Nandini Gokulchandran, et al..Science, 2008 Jan 18;319 (5861):304-9
- She has participated in Talks / Lectures / Workshops and Conferences in India and all over the world.

## Important Positions

1. Founding editor of Indian Journal of Stem Cell Therapy
2. Chairperson of Institutional Committee for Stem Cell Research (Datta Meghe
3. University, Sawangi)
4. Member – Institutional Ethics Committee (Stemad Biotech)
5. Member – Institutional Committee for Stem Cell Expert (Life Cell India Pvt
6. Ltd.,)
7. Member – Editorial Advisory Board of J MGIMS (The Journal of Mahatma
8. Gandhi Institute of Medical Services) in the Stem Cell Research Section.

## Awards

- ➤ Awarded with the “Shushrut Award 2019” for Unique, exemplary and outstanding research in the field of Stem Cell Therapy
- ➤ Awarded with the “Global Disability Empowerment Award 2020” in January 2020.
- ➤ Awarded with the “Newton Universal Legendary Award” in June 2022 for Apotheosis in Stem Cell Exploration & Scientific Methodology.
- ➤ Awarded with the “Doctor Julius Wayne Dudley Award” in June 2022 for Apotheosis in Medical Transformation.



# Ms. Pallavi Jindal Goyal



Title: "Pallavi Jindal Goyal: Weaving Success, One Foil at a Time"

In the vast tapestry of success stories, Pallavi Jindal Goyal stands out as a shining thread, intricately woven with determination, passion, and a relentless pursuit of her dreams. Born in the heartland of Haryana and raised amidst the vibrant colors of Gujarat, Pallavi's journey is nothing short of an inspiring saga.

Her inclination towards Fashion and trends led her to pursue Bachelor's degree in Home Science, specializing in Clothing and Textiles. This academic foundation became the loom upon which she would later weave her entrepreneurial dreams. Fuelling her thirst for knowledge, she pursued an MBA in International Business from Pune, broadening her horizons and preparing herself for the global stage.

With her familial background deeply rooted in the aluminium industry for four decades, Pallavi inherited the entrepreneurial spirit from her father. The occasional visits to his factory as a child ignited the passion for business in her at a tender age with her dad as her role model. Armed with a reservoir of industrial knowledge, she dared to step into the male dominated world of aluminium with a goal. Mind it, the silver spoon wasn't as shiny as it seemed. The labour class had its own inhibitions in accepting commands from a 21year old daughter of the boss.

It did take her some time to break the conventions and carve a niche for herself. Before reaching her current position she did explore all the nuances of the practical field be it drafting a letter, doing a market survey, tallying stock sheet, meeting clients, making invoices, managing petty cash or recruiting new staff etc.

For the past decade, Pallavi has been an indomitable force in the aluminium industry. Today she navigates the helm of a dynamic and rapidly expanding venture that she conceptualized and established independently. Her dream project the Salon Foil envisioned in 2008 brought in innovation and value addition to the industry.

Pallavi is the proud founder of Tress Care, a brand synonymous with quality and innovation in manufacturing aluminium foils, specifically designed to cater to the unique needs of beauty industry for styling hair. Tishya International LLP, the parent company under which Tress Care operates, has become a trailblazer, providing white-label solutions for renowned salon brands and MNC's.

Her journey did have her share of challenges, and she acknowledges a gap of several years before her come back. Her husband played a pivotal role in motivating her to fulfil her creative pursuit, which had momentarily taken a back seat after motherhood. Juggling responsibilities as a wife, a mother, and a professional required discipline and determination. Her husband's support became the wind beneath her entrepreneurial wings, propelling her forward with renewed determination and confidence to embark on this courageous journey.

Using the right mix of hard work, dedication, and determination, Pallavi not only shattered glass ceilings but also created her own path in the aluminium industry.

Her success story reassures us that self belief is the driving force to convert any dream into reality that surpasses even our wildest expectations. She believed she could ,so she did. It's a powerful reminder that success is not handed over on a silver platter but earned through relentless effort and a burning passion to excel

What sets Pallavi apart is not just her entrepreneurial acumen but her unwavering commitment to turning dreams into reality, proving that gender is not a barrier to success It's a story of overcoming challenges, navigating uncharted territories, and creating a niche in a competitive market.

As we celebrate Pallavi Jindal Goyal's remarkable journey, let it be a source of inspiration for aspiring entrepreneurs specially women and dreamers alike. Whether you are born in a small town of Haryana or find your roots in the vibrant landscapes of Gujarat, success knows no boundaries.

Her journey reflects the essence of entrepreneurship – the ability to adapt, evolve, and consistently deliver value. Her story tells us that setbacks are not roadblocks but detours that lead to new avenues. It is a testament to the idea that even the smallest seeds of inspiration can grow into mighty achievements.

In a world where success stories are often shaped by challenges overcome and dreams fulfilled, Pallavi Jindal Goyal's tale stands tall as a testament to the power of passion, perseverance, and the unwavering belief that with a dream in your heart and faith in yourself you can weave success, one foil at a time.





# Ms. Pratyancha Pandey Agarwal



"Embark on a journey of elegance with me, a visionary garment designer who has captivated hearts with my meticulous attention to detail. With just one year in the industry, I have already established myself as a beacon of creativity and craftsmanship. Each garment crafted by me tells a story of passion and dedication, meticulously curated to perfection. From sketch to stitch, every design reflects my unwavering commitment to excellence. Experience the magic of my creations and embrace the timeless elegance woven into every thread."



# Ms. Priyabhashni Pathak

Mrs. Priyabhashni Pathak

Panel Lawyer of National and Private Banks| Mentor|  
Beauty Pageant Award Winner |  
Fitness Enthusiast |  
Passion for Gardening |  
Vice-President of Pashu Poshan Kalyan Samiti,  
Kathak Dancer



## BIRTH

I was born on, October 01, 1972, in Bareilly, which is also called Nath City, a beautiful part of the State of Uttar Pradesh. I was born and brought up in Bareilly.

## EDUCATION

My schooling was completed in Bareilly. I am completed my Postgraduation in MA Economics in the year 1996 from Bareilly College, Bareilly.

After that, I realized to be part of a legal discipline i.e. judiciary, so I completed my LLB in criminal law in the year 1999 from Bareilly College, Bareilly. Later I completed my LLM in Corporate Law in the year 2021 from Invertis University, Bareilly.

## PROFESSIONAL BEGINNING

Going through the ups and downs of life, in the realm of the professional beginning, I often embark on my lawyer journey by acquiring relevant education, practical exposure, and honing essential skills. In the year 1999. The initial steps involved a combination of learning, networking, and building a foundation for my future success.

Meanwhile, as a beauty pageant contestant, I started by participating in National level Pageant Competitions and was awarded as Mrs. Bareilly, Mrs. Uttar Pradesh, and Mrs. India (Divine).

The commitment to continuous growth and adaptation is paramount in navigating the dynamic landscape of a professional lawyer career.

Both paths require knowledge, dedication, continuous improvement, and a commitment to excellence in their respective fields.

## A VISION FOR THE FUTURE

As a lawyer, envisioning the future involves advancing legal expertise, contributing to justice, and potentially specializing in emerging trends/fields like technology or environmental law. On the other hand, a beauty pageant contestant aspires to leverage their platform for advocacy, empowering others, or even branching into fields such as media and entertainment.

Both professions carry the potential to evolve beyond their traditional boundaries, with a vision that encompasses personal growth, positive impact, and a lasting legacy in their respective domains.



# Prof. Rabia Hamid

Department of Nanotechnology  
University of Kashmir  
NAAC Accredited Grade A+  
Srinagar, J&K

Rabia Hamid, Ph.D  
Professor & Head  
Tel: +919419548985  
e-mail: rabia.hamid@uok.edu.in

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Prof. Rabia Hamid

About my Education, Experience and Academic Achievements (899 words)

Prof. Rabia Hamid, a distinguished figure in academia, holds the position of Professor and Head in the Department of Nanotechnology at the University of Kashmir, Hazratbal. Specializing in Biochemistry, she brings extensive knowledge and leadership to her role. Prof. Hamid is actively involved in cutting-edge research and educational initiatives. Her expertise extends to the dynamic intersection of nanotechnology and biochemistry, contributing significantly to advancements in both fields, particularly nanomedicine. Dr. Rabia Hamid is recognized for her academic prowess, research contributions, and leadership in fostering a vibrant learning environment at the University of Kashmir.

Prof. Rabia Hamid boasts of an impressive educational journey. She earned her Ph.D. in Biochemistry in 2007 and an M.Phil. in Biochemistry in 1994. Having been among Board and University toppers as well as a CSIR-UGC NET Qualifier, her academic foundation includes an M.Sc. in Biochemistry in 1989 and a B.Sc. in Biological Sciences in 1987. Throughout her academic trajectory Prof. Rabia Hamid has demonstrated a commitment to excellence, contributing significantly to the fields of Nanotechnology and Biochemistry at the University of Kashmir. Her research spans diverse domains, showcasing her multidisciplinary expertise. Her contributions extend to the fields of Medicinal Plants Research, Free Radical Biology, Nanomedicine, and Protein Chemistry. In Medicinal Plants Research, she explores the therapeutic potential of natural compounds. Prof. Hamid delves into Free Radical Biology, unraveling the complexities of oxidative stress and its impact on biological systems. Her work in Nanomedicine reflects a commitment to advancing medical interventions at the nanoscale. Additionally, her exploration of Protein Chemistry adds a molecular perspective to her research portfolio. Dr. Rabia Hamid's endeavors epitomize a holistic approach to scientific inquiry, enriching the realms of Biochemistry and Nanotechnology.

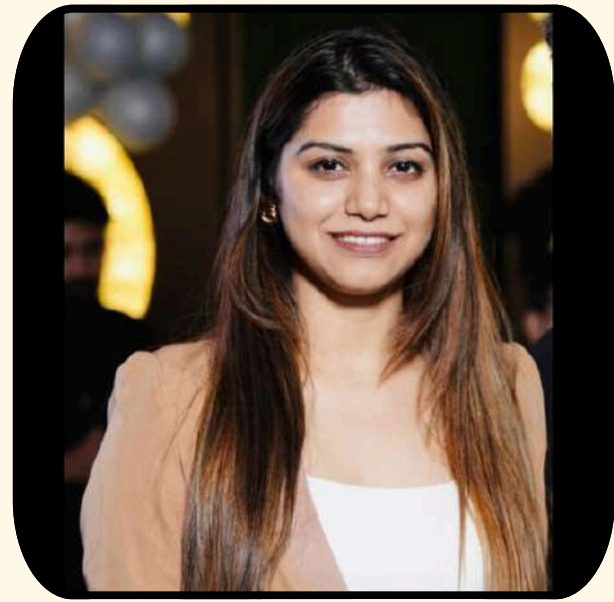
Prof. Rabia Hamid is the Founder, Coordinator & Head, Department of Nanotechnology from 2017-till date and has contributed in launching of Master's (2018) and PhD (2021) Programmes in Nanotechnology for the first time in the UT of J&K. She has also been a faculty in the Department of Biochemistry, University of Kashmir from 2001-2020 and has contributed significantly as an academician and researcher there, functioning as Nodal Officer, DIQA, Academic Counselor, In charge FIST Grant, In charge Admissions, Extension Lectures, Seminars, etc., besides her teaching and research assignments.

Prof. Hamid is currently the Nodal officer for 'Gender Advancement in Transforming Institutions' (GATI), a DST-British Council Partnership Programme towards promotion of women in STEMM to leadership positions in Higher Educational and Research Institutions (2020-till date). As Nodal officer, she successfully submitted the Expression of Interest on behalf of the University of Kashmir in the year 2021 in which the University was selected as one of the 30 premier institutions of the country (including IITs, AIIMS, IISc-B, BITS Pillani, BHU, JMI, IARIs, IISERs, DRDOs) to participate in the prestigious GATI-Pilot Programme sponsored by DST, Govt in partnership with the British Council. The programme works for providing conducive academic and research environment for Women in STEMM to enable their participation with full potential towards leadership positions for the growth of academic and research institutions of the country, drawing inspiration from the Athena SWAN of Higher Education, United Kingdom. Various Action Plans stand approved under this Programme and are now being implemented in the University. Her exemplary contribution as Nodal officer of this project, earned the University of Kashmir its prestigious 'GATI Achiever Award' in 2023.

Prof. Hamid is on the Board of several academic and research bodies of the University of Kashmir including Academic Council, Board of Research Studies in Biological Sciences, Students Grievances Redressal Committee (SCRC), Women Empowerment Committee, Central Purchase Committee, Lab Biosafety Committee, etc. She is also on panel of experts in various academic and research committees in the University as well as several National Universities and Research Institutions like Jawaharlal Nehru University, Jamia Millia Islamia, Mewar University, CSIR-IIIM, SKIMS, etc.

Prof. Rabia Hamid has published about 62 research papers in high impact journals and authored 12 books and book chapters with national and international publication houses. She has been awarded several national and international project grants from DST, DBT, JKST&IC, CSIR, British Council, etc., and has supervised around 25 PhD and MPhil candidates in Biochemistry and many Postgraduate internees in Biochemistry and Nanotechnology. She is a recipient of several fellowships and awards including Women Researcher Award from International Research Awards on Cardiology and Cardiovascular Medicine, United States (2024), Dr. S Radhakrishnan Award for Distinguished Professor & Researcher (2023), DST-British Council-GATI Achiever Nodal Scientist Award (2023), Visiting faculty award to University of Manchester, Aston University and Advance HE Headquarters, United Kingdom (2023), Award For 'Excellence in Research for Biochemistry & Nanotechnology-National Education Brilliance Awards (2022), Indo Asian - Research Excellence Award in Nanotechnology (2022), India Inspirational Women Award in Education (Teaching Excellence in Biochemistry & Nanotechnology), Dream Catchers (2020), DBT-BioCare Research Scientist Fellowship (2014), Scientist of the year, NESI (2012), and many more.

Prof. Hamid is also on the panel of reviewers of several international journals being published by prestigious publishing houses, like Elsevier, Springer-Nature, Taylor & Francis, John Wiley & Sons-online, PLOS-1, Bentham Science, Dove Medical Press, etc.



# Ms. Resham Arya

Your actions speak volumes—make sure they echo with the sound of change!

I am Dr. Resham Arya, a dynamic Project Manager and proud member of Innovation House at Exilent Systems. In my role, I navigate the exciting realm of Australian Sports Tech projects, engaging with clients across Australia. My primary focus lies in fostering robust client relationships and ensuring the provision of unparalleled support services for sustained partnerships.

Being an integral part of the Innovation House, I am privileged to guide our team towards thinking like entrepreneurs. We encourage the birth of ideas and provide a platform where our employees cannot only excel in their roles but also carve their own entrepreneurial path. This unique approach fosters both personal and professional growth, a distinctive service we proudly offer.

Prior to my tenure at Exilent, I dedicated seven years to the education sector. My commitment extended beyond traditional teaching methods, as I guided students to apply theoretical knowledge in practical projects from their very first year. For me, education is not merely about imparting knowledge; it's about shaping well-rounded individuals.

I emphasized the significance of staying ahead of technology trends and acquiring real-life experiences. Moreover, I placed equal importance on nurturing students' personalities, behavior, and instilling ethical values – vital components for success in both academic and professional spheres.

Best Regards,  
Dr. Resham Arya







# Mrs. Richa Vishwakarma

“Beholden for the elixir to recognition” Ek Nari is a wonderful platform through which many unsung educator from across the globe get international recognition. Ek Nari Magazine is a true believer, a dedicated platform to celebrate the real spirit of the academicians from all round Asia. Being recognised by Ek Nari under the category of Women Acharya of the Year, made me highly motivated to work more-harder and to keep going on in the field of education.

I would like to extend my heartfelt gratitude to the jury members of Global Empire Events for selecting me and acknowledging my potentials. The award brings a lot of influence in my career goals. I am serving in the field of education for about 20 years and have come across aspirants from all strata of the society. Many come up with a high potentials and capabilities but for some reason or the other they step back. The one flaw to be highlighted is not the economic status but the confidence in them. They lack in holding any opportunity as they lack in personal and professional confidence.

I as a teacher can identify this as very common in students as they deprive in experiences and exposures which is the need of the day. I am trying to develop in them the confidence they require and work on their personality traits which will help them to enjoy their innate potentialities to the fullest.

Having said that I would also like to mention that platforms like Ek Nari brings a lot of motivation and zeal in me and encourages me to go ahead with my efforts.

Regards

Richa Vishwakarma



# Ms. Ruchee Sabharwal

Title: A Chronicle of Transformation: Educator to Mystic

Hello, dear readers!

I am thrilled to share a bit of my life's adventure with you – a journey that unfolded over 20 years in the vibrant world of education and eventually led me to the fascinating realms of Numerology and Tarot Reading. So, let's embark on this tale together, a tale of transitions, understanding, and making a positive impact.

For two decades, I had the joy of being a part of the education industry, where I witnessed the magic of learning and growth. From classrooms filled with curious minds to guiding the ship as a principal for five rewarding years, it was an incredible ride. Those years instilled in me the belief that education goes beyond textbooks; it's about shaping not just minds but entire personalities.

But as life often nudges us toward unexpected paths, my journey took a turn into the mystical side of things – Numerology and Tarot Reading. Sounds mysterious, doesn't it? Well, it is! These arts became my new language, helping me understand the cosmic dance of life and fate.

Now, I find myself as a consultant in Numerology and Tarot Reading, offering a listening ear and tailored solutions to those seeking peace and harmony. It's like being a guide in a forest, helping people navigate the twists and turns of their lives. I sit down with individuals, hear about their worries, and together, we unravel the puzzles that life throws at us.

In these sessions, I address a variety of concerns – from untangling the knots in relationships to finding paths through health challenges, financial puzzles, and the rollercoaster of emotions. Think of it as solving riddles to make life a bit smoother. It's not about predicting the future; it's about understanding the present and shaping a better tomorrow.

But my journey isn't just about personal growth; it's also about giving back to society. I believe in the power of making a positive impact. In my small way, I've dedicated time and effort to work on women empowerment initiatives. Women, like superheroes, play a crucial role in shaping our communities. I'm passionate about creating opportunities for them to recognize their strengths and contribute to a brighter future.

So, dear readers, why share my story with you? Because life is an incredible journey, and each of us is a storyteller in our own right. My hope is that by sharing my experiences, I can inspire others to embrace change, seek knowledge, and find their unique paths to making a positive impact.

In the vast tapestry of life, education, and mysticism, I've found a beautiful balance. It's like learning a new dance – the steps might be unfamiliar, but the rhythm feels just right. And as the music of life continues to play, I invite you to join me in exploring the harmony that exists between the practical and the mystical, the known and the unknown. Here's to unraveling life's mysteries, one story at a time!



# Ms. Sandhya R

## PFOFILE of SANDHYA R

Mrs. Sandhya R is a professional language teacher for last 35 years has made remarkable achievement in her career. Presently she is working in Sainik School, Kazhakootam, Trivandrum, Kerala.

She uses innovative methods in teaching the language. She is an expert in making audio –visual teaching aids to create interest among students and to make learning a joyful experience. She uses the innovative methods like story telling, advertisement creation, poster making, slogan writing, PPT& video making, news report writing, poetry writing, short story writing and travelogue writing as classroom teaching tools.

She is an inspiring, motivating teacher who create love for the language among her students. She produces short films with the participation of students in all levels – cinematography, editing, dubbing, script writing and final publication. Twelve short films produced jointly by Mrs. Sandhya R have won eighteen awards including state and national level. Every short film had a purpose like life skill development, environment protection, importance of agriculture, drug abuse, water conservation etc. These films have bagged awards from ministry of environment govt. of India, Kerala state Legislative Assembly, State institute of Educational training (SIET) and other film societies. These awards were given wide coverage by the print media. She has also won state level prize in videography competition for teachers conducted by CUSAT (Cochin university of Science and Technology).

In addition to this every year she prepares a large number of students for drama, dance ballets etc. In 2023 a traditional dance programme prepared by her received national level second prize in the inter Sainik School cultural competition held at Karnal, Haryana.

She is an voracious reader and she has published 5 books to her credit. One of her book have received Kerala state award for best childrens' literature in year 2020. Three other books also have received awards from various organisations.

Mrs. Sandhya R is a panel member of SCERT script writing team for life skill development books for high school students.

She was the resource person for all kerala work shop for Malayalam teachers of CBSE schools conducted by Bharath Sahodaya schools complex. In 2022 Bharath Sahodaya honoured her with best educator award.

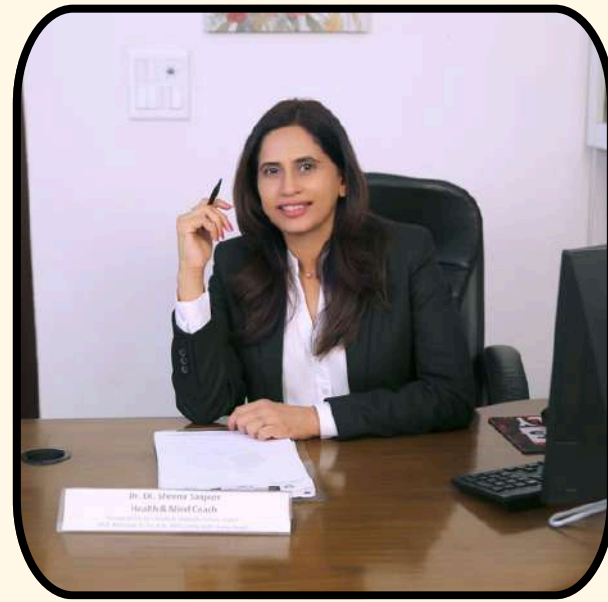
She has done yeomen service in empowering girls. She was a resource person for the study class for teenage girls conducted by Kerala State child welfare department.

She has scripted and produced a number of music albums and published in her you –tube channel. Themes were life and achievements of Sainik School cadets, national integration, teachers day song and translation of a song of Raveendranatha Tagore.

Every year she produces excellent results in the CBSE and school level exams. Sainik School being a residential school, she has contributed immensely to the all round development of the students. As a house master she has groomed the young cadets with life skills, curricular and co- curricular activities like public speech, debate, creative writing, recitation dance and drama. And maintains a life long rapport with the Aluminies. Hundred of her students are leading a successful life in various walks of life including in the officer cadre of armed forces.

Mrs. Sandhya R is a teacher par excellence.

# Dr. Dt. Sheenu Sanjeev



"My goal and mission is to Educate, Counsel, and Motivate people from Depression to Inspiration! People don't even know that they can prevent their clinical problems by merely opting for a Healthy Lifestyle and eating customised food. Yes! I am talking about GHAR KA KHANA! In this rush age, people are not even regular with their soul, leave aside looking after their physical activity and keeping a positive mental attitude. I want to change that" – Dt. Sheenu Sanjeev

Dr Sheenu Sanjeev, Nutritionist, Disease Reversal Expert, Holistic Health Coach and Coach to Healthpreneurs® is founder and Director of HEALTHIFY® Groups of companies including Healthyfy®Solutions and Healthyfy Health and Education Institute and Research Council.

Dr. Dt. Sheenu Sanjeev has completed her Doctorate in Biomedical Science from the University of Delhi in 2003, an area that at first, did not relate to her current profession. Still, she added numerous National and International publications under her belt in Skin Cancer, Diabetes, Stress, Ayurvedic Herbs, and Diet planning and has in-depth knowledge about them all.

Following her dream of working in health and wellness, Healthyfy® Solutions, a registered & ISO Certified company, is now working as a leading and eminent holistic & clinical Dietician-Nutritionist, Health-Wellness Coach & International Certified Trainer in Delhi-NCR with a growing presence across India and overseas.

She has helped twenty thousand people and counting, helping them reverse and cure their clinical and metabolic challenges across the globe with her 18 years plus of experience.

She states that natural food/ Ghar Ka Khana can prevent various metabolic and clinical challenges people living in the metro and tier-two cities face. She always focuses on natural, holistic, and lifelong ways to keep body, mind, and soul healthy. So, rather than opting for medical services, opt for wellness services that can safeguard you from sickness!

Dr. Dt. Sheenu believes that health is the topmost need of those in a growing nation, and realizing that this cannot be done alone, she laid the foundation for the \*Healthyfy® Health and Education Institute & Research Council (HHE-IRC)\*, whose mission is to help people embrace nature and the gift of life. She proudly says- "We build health and create healthpreneurs®." In her Healthyfy® institute she with her team of faculties educate health coaches like doctors, dietician, nutritionists, fitness trainers, Alternate therapists to skill basic and clinical nutrition knowledge and skill their business in holistic way. Healthyfy® Institute also provides UGC Certificate and Diploma education for the same.

HHE-IRC is a Government approved NSDC training provider, Internationally accredited, and ISO certified. Through this institute, she aims to create an army of healthpreneurs® to educate the people of India to heal with natural food.

She believes and follows Napoleon Hill's words, "If your mind can conceive, your heart can believe, it can be achieved."

Dr. Dt. Sheenu is well known for her positive approach to everything. She holistically treats her clients and believes that all chronic diseases or metabolic disorders (Diabetes, PCOD, Hypertension, Thyroid, etc.) cannot only be prevented but also reversed through right nutrition and lifestyle changes. We all know of the line "Charity begins at home," similarly, she says, "Your charm begins when you are at Peace with your Body."

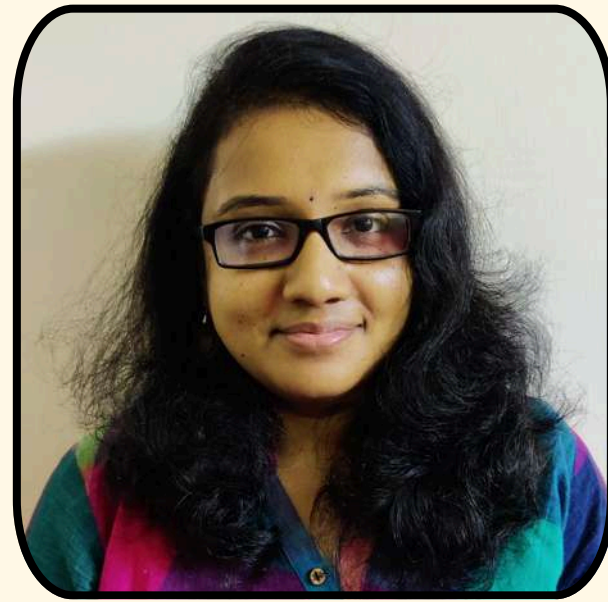
Her work started in 2009 as a Nutrition & Wellness Advisor, and she blossomed in 2013 as a Nutritionist with knowledge in Clinical & Sports Dietician-Nutrition, all while getting very satisfactory results in weight management and curing LifeStyle Diseases through non-starving, scientifically planned diets. Besides all these achievements, she has a social side too, and is associated with ChildLine, orphanages, Sudhar Grah, and supports various causes. She also raises awareness and provides her input on health-related topics.

Further, Dr. Dt. Sheenu adds, scientifically planned & customized "GHAR KA KHANA" is the key to our health and can improve your immunity and protect you to a certain extent from the ill effects of environmental and social changes. Her research has shown links between what we eat and our levels of protection against health challenges.

She has worked as a project fellow with JRF at Defense Institute of Physiology And Allied Sciences (DIPAS), Timarpur, Delhi, on a DRDO (Defense Institute of research and Development Organization) project. She was Asst. Professor and Guide to the students enrolled for Ph.D., and M. Phil degree courses at Department of Life Sciences Brain waves College of Physiotherapy and Hospital Jaipur (2005- 2010).

Dr. Dt. Sheenu is also a licensed Zumba Instructor and certified in Power Yoga, Pilates, and Aerobics. She is also a certified coach and trainer in the Law of Attraction and Energy Healing. She conducts Training and Workshops on the Law of Attraction, Positive thinking, and Correction of Lifestyle disorders in a Holistic way.





# Mrs. Shivasankari Bhuvaneswaran

From Small Town to Big Dreams

Well, what can we say, folks?

All good things start in small places.

The story paints a pretty picture of a small-town lass named ShiBhu (Shivasankari Bhuvaneswaran) who got kindled in the convoluted world of letters from a tender age. She lived in a town so small you'd probably miss it if you blinked while passing.

A Natural Bookworm

ShiBhu was forever buried in books; bookworm was her nickname, as she was always seen with a book for breakfast, lunch, and dinner.

Who needs food when you've got a fantastic fictional world waiting for you, am I right? 📖

Her nose was perpetually graced with the scents of print ink and parchment. She dreamt in worn-out pages and plot twists, scoring the best literary companions. Books pulled her away from the mundane tapestry of everyday sameness into a realm of endless possibilities. The local library was her kingdom, and she was the reigning queen.

The Great Shift and Pause

But hold your horses! There was a plot twist. 🐎

ShiBhu had to take the audacious step of discontinuing her undergraduate studies due to her family's financial situation.

They say adversity breeds greatness, and we can safely say ShiBhu was no exception. Trust me, it wasn't as breezy as it sounds. Despite the hard knocks, she had a deep and abiding faith that her love for words would open the right doors someday.

A New Beginning

One fine day, she decided to leave her small-town comfort behind and boldly step into the corporate jungle. She dived in, head first, and waded through an assortment of departmental rapids from customer support to sales!

This tiny town belle, who once had her nose in written fiction, was climbing through the corporate food chain.

Little did she know, she was on the brink of discovering something amazing about herself...



No matter where you're from, your dreams are valid. - Lupita Nyong'o.

Discovering Hidden Talents

The funny thing about life is that it's full of surprises, just waiting to blow your mind. This was exactly how ShiBhu found her true calling. You might think now, understandably, 'How the blimey did someone swap gears from customer service to sales to content marketing?' 🤔



Finding the Golden Goose of Talent

One wouldn't typically equate dealing with irate customers one minute and pitching business solutions the next.

But tenacious as she was, ShiBhu moved to a sales role. She was like a duck to water, convincing irate customers to not just withdraw their refund request but swap their purchase for something better.

One of the upsides (or downsides, as some might perceive) of being in sales is that you're extensively involved in pitching and presenting your products.

This often involves dancing around with the written words. As ShiBhu found herself doing this more often, she could sense a certain thrill and joy.

It was as though the universe was practically pushing her into a foxhole of words and sentences. You'd think that writing ad copy and emails wasn't exactly writing a novel, but hey, a bookworm turns into a writer — makes a fair bit of sense, doesn't it?

One thing led to another, and before you know it, ShiBhu was weaving exceptional content for business communications—blogs, articles, ebooks, video scripts, podcasts, social media posts, you name it.

Content Writer to Marketing Strategist

Over the next few years, she embarked on a steep learning curve to become an expert, transforming dry, technical speak into engaging content that had businesses flocking her way.

That is how our bookworm clipped her wings and left the world of sales and customer interaction behind to deliver powerful jabs with words. It gives a refreshing perspective, doesn't it?

The End? Meh, Not Really!

Now, she has embarked on another audacious journey by quitting her full-time Content Manager/Strategist job in the SaaS world to become a Marketing Consultant.

Well... With life, you can be assured of one thing— it'll take you places you never imagined. Just ask ShiBhu, she'll tell you all about it.



# Ms. Shweta Anand

पच्चीस में पच्चीस

A commitment to empower 25 lakh women in 25 years.

Coach Shweta

Hi, I'm Shweta Anand, a life coach, healing modalities expert, and successful entrepreneur in the export business. I am on a mission to empower 25 lakh women to create their own identities, discover their inner strength, find their purpose, and lead fulfilling lives.

My life has been a Journey of Courage, Resilience, and Purpose.

My Quest for Identity started with a bold step when I was about 20 years old. Leaving the safety of my home in Dehradun and venturing to Delhi with limited savings and no job prospects. Despite resistance from my family, I was determined to be different than normal women who get in the societal trap and end up getting married and leave their aspirations behind. I always wanted to create my own identity and set an example for numerous other women.

Multiple Stories of Resilience and Growing in Adversities were created during my life journey in professional and personal arena. Whether it is managing key business functions at top notch multinational companies or starting an export business from scratch. My resilience helped me recover from various situations like significant business losses due to a dishonest partner, being cheated by my fiancé. It took some time but I persevered and successfully re-established myself.

My journey made me A Pillar of Strength for People in My Life, whether it was caring for my ailing parents, assisting my brother in expanding his business, or dealing firmly with challenges that came my way. I became the person for my family and friends to rely upon in times of need. Singlehood made me experience various challenges, which made me capable of dealing with them. It prepared me to serve as a guide, a companion, and a mentor to so many women, who understand their worth and are committed to work for the growth, success, happiness, respect, and freedom they truly deserve.

I broke many mental barriers and charted my own life path. Be it getting married at an age where most woman feel their life is over. Be it walking the ramp in a mega fashion event at the National Level or helping the patients in covid times by risking my own life. I never hesitated to take the right step, without bothering about its alignment with established norms.

I am now geared up to empower 25 Lakh Women in 25 years, by helping them create their own identities and lead fulfilling lives. Equipped with extensive life experience, proficiency in life coaching, and expertise in healing modalities, I am driven by compassion to assist women worldwide in discovering their purpose, restoring confidence, and attaining personal and professional growth.

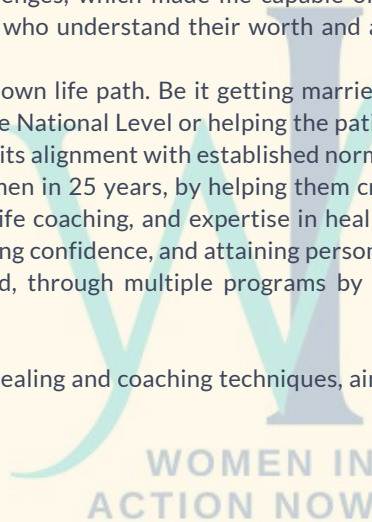
Women from all the sectors are being served, through multiple programs by our organization named "Woman In Action Now" (WIAN International)

I am dedicated to ongoing learning in various healing and coaching techniques, aiming to make incremental contributions to society. Some of these accolades are listed below:

- Certified Life Coach from UK
- Certified EFT Practitioner
- Certified Chakra Healer & Practitioner
- Certified Ho'oponopono Practitioner
- Guided Meditation Expert
- Certified Usui Reiki Healer
- Certified VFR Reiki Healer
- Certified Karuna Ki Healer
- Certified Golden Reiki Healer
- Master of Magnified Healing

Reach Out –

<https://linktr.ee/lifeco>





# Ms. Sneh Lata

## ☀️ Embark on a Journey of Transformation with Sneh Lata ☀️

हारना भी नहीं है, लड़ना भी नहीं है, सबको साथ लेकर चलना है और जीतना है।

Sneh Lata, a seasoned professional with over 8+ years of enriching experience in the realms of social and educational development, stands as a beacon of inspiration for those she serves. Her journey unfolds as a transformation and discovering who you are in a compelling narrative of dedicated service, fostering meaningful connections between children, government officials, and the community. No student should quit because of a lack of resources, misguidance and support. This is her AIM for life. Her current organization, Avanti Fellows, where she worked for the last 5 years, plays an important part to convert these dreams into reality. Avanti fellows believe in sneh and her vision for students a lot. Avanti fellows mission for the students lift themselves & their families out of poverty in a single generation through access to quality in STEM.

Armed with a profound understanding of the social and educational landscape, Sneh Lata embarked on a mission to bridge the gap between, government officials, parents, and students' dreams. Her sincere wish to empower the next generation and bring about constructive change motivates her to keep exploring the complexities in this field.

### ☀️ Vision for students:

Sneh Lata's unique approach involves not only resolving current issues but also guiding students towards a more mature and fulfilling life. She imparts invaluable wisdom on navigating life's challenges, ensuring that students are not just academically successful but also emotionally resilient.

By connecting students with their dreams, she instills a sense of purpose and direction, encouraging them to pursue their aspirations with passion and determination. Her working style revolves around a growth mindset. Her discussion, suggestions, and implementation motivation are followed by celebration

### ☀️ Personal Touch

Sneh Lata ensures that no student under her guidance faces academic obstacles. Her proactive involvement in students' lives goes beyond conventional mentoring, as she personally invests time to motivate and guide them through the journey of growth and success.

### ☀️ Working Style

Sneh Lata's working style can be summarized as a structured process of selection, discussion, suggestions, implementation, motivation, and ultimately celebrating the milestones achieved. This meticulous approach ensures a comprehensive and effective strategy for each student under her care.

In conclusion, Sneh Lata stands as a dynamic force in the field of social and educational development, championing the cause of every student's success. Her profile is a testament to her unwavering dedication, innovative solutions, and the positive impact she has on the lives of those she serves.



# Ms. Somja Das

Somja Das resides from Delhi and is professionally a counselling psychologist and an artist, Indian music vocalist. She has worked with many firms including government and private hospitals as well.

She worked as a social worker during covid 19 in the year 2020 with Delhi Government when the whole nation was suffering and needed immediate help not just for physical health but mental health as well. She had opted to counsel and give mental health support to the ones who needed like stranded people, families, students etc and her number was flashed in all the news channels and radio as well. She used to counsel 100-200 people in a day and provide support. She voluntarily took this decision to do this work. She was awarded with certification the outstanding achievement. She was available online for the people who wanted to discuss on video call / call so therefore she had invented her own psychological centre in the name of "Change with a hope – A counselling centre" during the year 2020 where she would take video sessions with people seeking help from her.

She had used this platform during covid and beyond just to help the people and be emotionally and mentally connected with them for their betterment.

She used to work in hospital OPD and Wards and would work on Patients having mental health issues. During Covid 19 she used to take session during midnight when a lot many would want to seek help. She even used to upload Videos and Talk on Mental Health on social media platform for the people to know and follow the same for their mental well-being.

Currently she has been working in CBSE Reputed schools in Gurgaon, Delhi and now Noida where she is working as a counsellor. She gives mental health advise to the students and parents. She conducts workshop related to mental health topics and what is beneficial for the students and parents.

She takes individual sessions and group sessions as well. She gives her full time to every individual as she believes that the best psychologist /counsellor is the one who is the best listener. It is important to listen so that you are able to Understand and give your Best Advice and Interventions.

Apart from this Ms Somja is a Singer as well and she showcase her talent in Music by performing solo at different events whether it is Habitat Centre, Indian Islamic Cultural Centre, Mandi House, Alliance Française or others.

She is impanelled with ALL INDIA RADIO, Delhi and have given talk shows on psychological issues and shown her talent by singing on Radio channel as well.

She was among top 15 contestant in Karaoke Star 2 by Stage Jam. She keeps performing on social media platform for the audiences as well. She is a macro influencer and support people when required.

She believes that it is a beautiful thing when a career and a passion comes together and one can do anything if they have the passion, the drive, and the focus and last but not the least the support from loved ones.





# Ms. Sukanya Singh

Ms. Sukanya Singh

There are very few girls who got the opportunity to give their best in their professional lives and bring the beautiful outcomes for the society.

In the slow town of Bihar, she got the opportunity to balance her professional life, despite of having many hurdles she chosen to look for the bright side of the life.

## Early life and Education

She belong from Chapra (a small town of Bihar) and completed her higher secondary education from chapra itself. She has chosen to help people around even in her early stage of education, where she started teaching those students who cannot afford the tuition fee and received appreciation from schools and helping centres. This term has added the beauty of community development and awareness in her life.

## Professional Life

She has completed her graduation in Hospital Management from West Bengal university, and her Masters in Human Resource from Arunodaya University in both the terms she has achieved brilliant results and afterwards She is perusing Doctorate in Management.

In Working field she has the experience of 6 years in NGO, in all those years she has given her best into the organization as well as she established her small team to work for the better of community specially in terms of child care and women support, which is happening even in those areas where normal reach of the people or NGOs are very less or equal to no.

## A vision for the Future

Her vision for the future is as bold as her steps was in through out the past time. She had a vision the bring the supportive, understanding and comfortable environment for women's of ruler areas.

Her story is a testament to the power of perseverance, determination, commitment to one's life and the relentless pursuit of one's dream.



# Dr. Syeda Nilofer Asma

Dr. Syeda Nilofer Asma, MD (Obs & Gynaec) is one of the leading Gynaecologist and Infertility Specialist in Hyderabad with over 15 years of experience. Dr Nilofer is also a Certified Sonologist. Her expertise lies in Gynaecology, Obstetrics, General Medicine, Paediatrics and dealing with various high risk cases. She also holds a Bachelor degree in Science. She has been a topper in PG all over A.P. for which she was awarded a gold medal. She is also good in sports and earned a "Sport Secretary/President" position in her medical graduation. Good table tennis player and earned many awards and medals. Beside this, she has also attended various conferences and CME & got certificates of appreciation.

Being a mother of three small kids, she successfully manages to run a hospital "Syed Arif Ali Memorial Gynaecare Maternity & General Hospital". She is also associated with multiple hospitals & diagnostics as a consultant sonologist & gynaecologist.

My father was the principal and owner of school, has been the greatest source of my inspiration and guidance. He always encouraged me to explore myself and do something constructive in my life. Beside a supporter of Women Empowerment, he loves to serve humanity in every possible ways and this is where I was determined to become a doctor to serve the humanity at a very young age.

I belong to a large family. For instance, in the early years of my career I saw many downfalls, financial crisis and faced a share of challenges that gave me the courage and strength to navigate my career to the path where I am today. In many ways, I see my personal struggles as a gift. They have given me a unique perspective that I can bring to my work and develop myself as a dedicated, humble and disciplined professional. My key strength lies in my ability and confidence to effectively manage "High Risk" cases. I am very passionate about my work. I am full of endurance, empathy, creativity, tolerance, loyalty and kindness. I am a good decision maker but when any decision goes wrong I never regret because it gives me a lesson.

I am courageous enough to speak up for what is right on behalf of others and myself. The unique thing in me is I am equally taking all the responsibilities of my family, husband and my kids. I delivered three babies with LSCS without taking a break from my duties during the period of all nine month pregnancies. I remember when I was seven-month pregnant (first pregnancy), my father was on ventilator for almost one month. No matter how emotionally I was disturbed, but I attended my patients every day and stayed with my father at hospital too.

My professional journey begins as a teacher at my father's school while doing my intermediate. It was first year of my medical graduation my practical started at my home. My first patient was my father whom I gave first injection and treatment. I started as DMO when I was in Second Semester of medical graduation simultaneously I did B.Sc. from Open University. I established myself as a dedicated and skilled doctor. When I was doing my PG (MD, Obs & Gynaec), I also did a certified course in sonology and started working as a consultant sonologist and setup a clinic too in 2016. I got success in field of infertility where many patients with history of 10-14 years of their marriage conceived within 3-4 months of my treatment. After that many patients come to my clinic from different cities of India.

My real journey begins after the demise of my father in 2017. He had been my source of inspiration. As a token of love and appreciation, I decided to setup a hospital too in his name. His aim was to serve the poor and underprivileged sector of society. I treated my patients at minimal cost and sometimes free of cost. Apart from that, we also conduct free camps time to time.

I successfully cured more than 500 cases of infertility and thousands of general and gynaec cases and more than 200 normal deliveries and LSCS are being done at my hospital out of which more than 80% cases were "High Risk". My experiences and accomplishments make me stand out from other people. After a busy and tiring schedule I manage personal life without any complaints from my family. All these personal traits of mine make me unique.

Starting a business can be challenging and often unpredictable journey but for those who preserve through the obstacles and setbacks the rewards can be immense. After six years of incorporation, Gynaecare Hospital, is running on its own, has a good flow of patients and very satisfactory results, but still a long way to go.

I can proudly say that whatever I am and wherever I am is because of my father's hard work and perseverance. I owe this to my father for his consistent support. Unfortunately, he is no more, but he will always remain the most significant person in my life. After my father, my husband's biggest support and understanding nature encourages me for what I am doing.

My multifaceted journey has encompasses diverse role and responsibilities to drive business forward. My journey taught me the valuable lesson about leadership, perseverance, self-being and the value of hard work. I am a living prove that no matter where you come from, with determination and dedication any thing is possible. Women are smart, tough and gifted in many ways. Let us make use of every opportunity that knocks on your door. What you do today make a big difference. We as women are powerful, strong and intelligent. We have the ability to take our own decisions in life and we can do this keeping our values and culture intact.



# Ms. Vandana Guleria

## Bio-Data

Vandana Guleria

### Personal Information:

- Full Name: Vandana Guleria
- Date of Birth: 15 May 1979
- Place of Birth: Dharmpur, Mandi
- Nationality: Indian
- Contact Information: 8864800007
- Address: V.P.O. Chalthara, Tehsil-Sarkaghat, Distt.-Mandi, Himachal Pradesh.
- Professional Summary: Passionate social entrepreneur and visionary leader, I am the driving force behind the Aadarshini Welfare Society, a dynamic NGO committed to transforming lives and creating positive change. In addition, I am a dedicated member of the Jila Parishad, contributing to the holistic development of communities. I work primarily focuses on uplifting women, aiding the needy, and catalyzing social progress.

### Professional Experience:

Founder and Chairperson, Aadarshini Welfare Society

- Duration: 2018 - Present
- Description: I am currently leads the Aadarshini Welfare Society, an organization that stands at the forefront of empowering women, providing aid to the underprivileged, and championing social causes. Under my visionary leadership, the society has evolved into a beacon of hope and positive change.

Member, Jila Parishad

- Duration: 2010 - Present
- Description: I am actively participates as a member of the Jila Parishad, contributing my expertise to strategic initiatives that address the diverse needs of communities. My role involves collaborating with local authorities and organizations to ensure comprehensive development at the district level.

### Key Achievements:

- Spearheaded impactful projects under Aadarshini Welfare Society, including educational Tours (Women Exposure of Agriculture and Horticulture)
- Skill development programs with the help of PMKVY (where More than 360 women educated )
- Healthcare initiatives (Organised Blood Donation Camp every year), Cancer and Breast Cancer Awareness Camp (more than 5500 people participated in this Camp) ,Multi Speciality Camp with the help of NRHM,(where 20,000 people benefited), positively impacting the lives of countless men and women and the underprivileged.
- Established strategic alliances with government bodies, corporations, to broaden the scope and effectiveness of welfare programs (Currently Run Aadarshini Institute of Veterinary Pharmacist with the help of NGO).
- During Covid Period, Aadarshini Welfare Society distributed hand wash, hand sanitizer and Mask to 25000 Families. It produced 60 Lakh Masks in Himachal Pradesh with the help of women.
- With the help of NGO 50 LAKH Rupees given for the construction of CSD Canteen in Sandhole.
- In Dharmpur Constituency there are 58 Panchayats, with the help of NGO we provide every Dispensaries (CHC/PCHS) two oxygen concentrator which help the needy one.
- With the Help of NGO and Udyog Vibhag, organized a Camp in Lahul Spiti where women were taught how to knit Sweaters/Mufflers/Gloves etc.
- Successfully advocated for policy changes and community development projects as a member of the Jila Parishad.

### Education:

- Degree: M.A. in Philosophy
- Institution: Punjab University Chandigarh
- Year of Completion the Degree : 2002

### Skills:

- Leadership: Visionary leadership driving impactful change in communities.
- Strategic Planning: Expertise in developing and executing comprehensive plans for social development.
- Advocacy: A powerful advocate for women's rights, social justice, and community welfare.
- Collaboration: Proven ability to build partnerships and collaborations for collective impact.

### Volunteer Work:

- I actively volunteer my time and expertise in various community service initiatives, embodying my commitment to social upliftment. We organized Mahila Divas every year on dated 8 March and awarded Women for their Achievements



# Ms. Vinni Sharma

I am Vinni Sharma a copywriter with about 15 years of experience in the field of brand building and advertising. My last stint was with 92.7 Big FM, as the Regional Creative Head. The job was demanding, and so was my little girl. She was 3, when she told me Call Papa to wash my potty, you don't know how to do that. The mother in me was dying of guilt. So, I decided to give up my job and with it the growth and the pay cheque.

But I had this dream of making it big.

My husband being supportive, opened up the doors of his film production house for me. From regional head I became a freelancer writer. I think people take this term FREE-lancer quite literally. They wanted work but would most often not pay or make some or the other excuse to delay. But I was happy because my girl was happy to find me at home and I had some work to keep me going. Then came COVID, our film business got severely affected and my hard earned retainer clients vanished, and that was it!!!

I decided that I would do something of my own. My husband, my girls and my team stood by me and I started an Instagram page @tedhimedhifamily. I created comic strips presenting instances inspired by my childhood aur mere bacchon ka bachpan. Within 3 months there were more than 15K followers. The love and encouragement I got from this growing virtual family inspired me to do more. What people were liking about us was 'The Indian-ness' that we were offering. They loved our content purely because they could see themselves in it.

To extend, we thought of creating content led fashion, which is Made In India for India.

I felt a huge gap when I wanted to buy t-shirts for my girl and all I could get was Princesses and other western characters. The Superheroes they know of was from what Hollywood gave them, while we had our own legacy and stories that are richer and value driven. Our Hanuman ji ruled the skies much before superman was born. Our Ram ji - the most inspiring warrior prince, who has so much more to be inspired from than the Ninjas.

So with the support of my Tedhi Medhi Team and our Tedhe Medhe Ideas, together we were able to become this wacky to come up with a crazy yet meaningful line of content based fashion wear that's sold online through [www.tedhimedhifamily.in](http://www.tedhimedhifamily.in)

This attempt of mine was well recognised by Womenovator and they awarded me with Mompreneur Award.

There's a quote that has always inspired me to peruse my dreams, 'Do what you like otherwise you will be forced to like what you get.'

That's what I believed in and in this last 1 year, my dream became a part of more than twenty two thousand Tedhi Medhi Families.





# Dr. Jyotsna Sinha

Dr. Jyotsna Sinha is a name synonymous with Excellence in the field of Education. As the Director of The CPJ College of Higher Studies and School of Law, Delhi. She has been instrumental in shaping the academic and personal growth of countless young minds. Her passion for teaching and commitment to her students is evident in everything she does.

Dr. Sinha's journey in the field of education began at a very young age and her passion for teaching has only grown stronger over the years. She belongs to a family of Engineers, and her Father, Mr. Kamlesh Kumar, played a key role in implementing Dolphin Mobile Services as an AGM, MTNL, and Delhi. Her family's legacy in Technical Education has played a significant role in shaping her career and inspiring her to pursue teaching in Higher Education in the field of Technology as a Profession.

Dr. Sinha's commitment to education is not limited to the walls of the classroom. She has always been deeply involved in social work and has Sponsored, Guided, and Mentored many underprivileged students. Her passion for social work is driven by her belief that education and social work go hand in hand, and both are critical for the development of a well-rounded individual.

As the Director, Dr. Sinha worked tirelessly to create a nurturing and inclusive learning environment for her students. She firmly believes that every young mind has the potential to excel, and it is the Institution's responsibility to nurture and develop that potential. Under her leadership, CPJ College has become one of the most sought-after Institutions in the region, known for its academic excellence, innovative teaching methods, and holistic approach to education.

Dr Sinha's approach to education is grounded in the belief that learning should be an active, engaging, and enjoyable process. She has introduced various innovative teaching methods that make complex Technical Learning fun and interactive for her students. Her emphasis on experiential learning has allowed her students to gain practical knowledge and develop skills that go beyond the classroom. Countless students of hers occupy Esteemed Positions in Organizations of repute nationally and internationally.

One of Dr. Sinha's strengths as an educator is her ability to motivate and inspire her students. She firmly believes that every student has the potential to succeed and works tirelessly to help her students realize their full potential. Her dedication and commitment to her students have earned her the respect and admiration of her colleagues and students alike.

Dr Sinha's impact on the field of education extends beyond the walls of CPJ College. She has been a mentor and guide to many young educators, and her insights and expertise have helped shape the careers of countless teachers. Her commitment to education and her passion for teaching have earned her numerous accolades and awards over the years.

She was honored with the 'Leading Educationist Year of the Year ' award by Eminent Research, in 2023 and 'Best Teacher Award' by R C Institute of Technology (affiliated with GGSIP University) in 2019. Dr. Sinha has published 20+ Research Papers in National and International Journals of Repute. She has also participated in and organized 30+ Conferences, Faculty Development programs, Seminars, and Refresher Courses. She had been a Key Note Speaker in numerous Conferences and Seminars

In conclusion, Dr. Jyotsna Sinha is a true inspiration to educators and students alike. Her lifelong commitment to education, her passion for social work, and her dedication to her students have made her an invaluable asset to the field of education. Her legacy in education is a testament to the transformative power of teaching and the lasting impact that a dedicated educator can have on the lives of her students.

# Ms. Preeti Sharma



## Springs of Fire

Preeti Sharma is an advertising and marketing entrepreneur for 24 Years. Experience on Creative and innovative branding concepts. Responsible for exploring and establishing new & emerging national and international markets. Introduced several ground-breaking, new media industry standard concepts / services for polling and measuring viewer's feedback. Brought several New Media concepts from international markets. Execution of brand promotions at the International Industrial Fairs and Exhibitions. A torch bearer on the promotions n right implementation of New and unconventional Media.

Being an avid writer it was imperative for her to become a copy writer soon after she left college. Although studying Company Secretary from ICWA. She continued to study for, Masters in Advertising from Sardar Patel Institute of Journalism, Masters in English and Management in Marketing from IMT, Ghaziabad.

She has been an announcer with All India Radio. Produced several TV shows on Zee Network. While working as a freelance Copy writer for top notch advertising agencies. This was way back in 1998. Organized various Brand promotions in the city of Delhi. The biggest shopping carnival in the country "Millennium Shopping Carnival". It was the longest ever carnival for fourteen days in the busiest market of Karol Bagh, New Delhi.

Selected by the senior telecom professionals as Assistant Manager Product Development in 2000, she was responsible for Brand Management and developing innovative products at the telecommunication platform. Out of the various products she created the one that got acclaim to the company with huge profits, was the tele-contesting services that Mr.A.Bacchan and Mr.Siddharth Basu used on Dialnet's Telecommunication port when they launched their first episode of Kaun Banega Crorepati. Certain unpleasant developments in the company thereafter and stolen projects restrained her interest in jobs. Still headed an exhibition dept. with one of the leading Agencies in Delhi for couple of years.

Sudden shut down of the Exhibition Wing of the Agency she worked with, together with her growing dislike towards corporate system. She lets her spirit of creative entrepreneurship set loose. However, there were couple of accounts she bagged for the forthcoming Auto Expo. The Marketing Managers of these OEM's were left helpless. They requested her to finish her task with or without the job title. Not wanting to keep those company accounts in lurch as their projects were due to be implemented right after a month. It was at first just to facilitate these company accounts. On request she decided to freelance for them. Soon after similar such projects followed. She formed a Company by the name of M/S. DreamAttire in 2002. She developed out of the box exhibition designs at much reduced cost. She was known by the entire industry to have brought in a radical shift in the cost n margins of the stall designers. Something that cost sixty thousand was only costing seven thousand at her shop. There was an uncanny, unconventional approach towards design with her company. She was awarded with various design awards, like Zee Design Awards, Fabrication Design awards by ITPO, EPCH, etc. Enjoyed great success with her innovative concepts and went on to bag lucrative residential and industrial projects. Bagged contracts of 100 showrooms countrywide. The growth was rapid and early, she always wondered," how will it be like in a trial and learning phase of my life?" Much as the system plays, she had to have the taste of her own worries and actions against the market. Slashing her quotations the fabricators started recycling material to reduce the cost of installation. Having no inventory and warehouse of her own shop. She started losing her hold over business. Soon Dream Attire got limited to doing up artworks of print media and somewhat web designing. She had to give up after 2008 recession. When she lost eight projects in a row. Office had to shut down. Dream Attire operations confined at the First Floor office space at her house building.

Looks like this was not the end of the 360 degree panorama of life. Still recuperating with health issues. She experienced a paradigm shift in her success to downfall to back in gears journey so far. Unlike many entrepreneurs she never had any visions or goals in life. Such was her contentment all through. She lived each day to the fullest. Now having owned three manufacturing units of Home Décor and Gifts design and development since couple of years. She was assisted by women working from home. Most of them single handedly supporting their families. More than 2000 distributors joined DreamAttire until 2019. Working from home they pedaled these units to momentum. With much gratitude she'd like to structure their efforts in a more worthwhile and constructive manner. She is now planning a conscious strategy to tap and streamline this tremendous energy that's waiting to explode. In the form of E-commerce platform almost free to them. Specially now when lockdown has faded their enthusiasm. An E-commerce platform will provide them a channel when lockdowns and such market disturbances will give them a padded shock and not as sudden as this one. Dream Attire takes up E- counselling and Digital Skills developments to a next level for their distributors. Which started with So-hum already in 2013. Exploring tremendous opportunities with E-Counselling, Digital Skill Developments and E-commerce during Covid 19. Dream Attire has collaborated with experts and masters in this field. DA envisages further collaborations and investments to foster their Digital aspirations.

Recently to help raise self-employment for lockdown affected Auto Rickshaw drivers. She funded for transport and distribution of organic fruits and vegetables around posh localities in Jaipur. The business model was such that it generated employment for more than 100 jobless drivers. Now they have plan 'B' to back up their financial sustenance after Covid 19 lockdown.

Having witness to several ups and downs in her life. She has one simple, general advice to start ups. " Do what you like". It may sound cliché but one day this is only what reaps you good health, peace of mind and manifestations of several other aspirations in life. Her advice to women at large is that, they are superb multi-taskers. If possible, "become a home maker at work and manager at home". Something she learnt from the life of Ms. Indra Krishnamurthy Nooyi, CEO at Pepsico.

Her strong entrepreneurial skills are demonstrated with panache at each of her enterprise. Her goal has always been for mass development with sustained growth in all of her ventures. Her endeavor is to develop innovative ventures that brings mutual growth in society. Thus, Dream Attire aims to counsel, collaborate and give almost free e-commerce platform to more than 5000 women entrepreneurs by the end of 2020. Preeti has always been a serial entrepreneur at the same time she is a guest speaker at corporates and Institutes for motivational speaking.



# Ms. Shabham J khan

My self Shabnam Khan From Pune Maharashtra . I am the director of Zaitun Education Society in Pune, Maharashtra. I have been working in the education field for the last 10 years. We run more than 50 courses at our institute. I am pleased to share that many students have successfully graduated from our institute and secured jobs at reputed companies. .Last year, we received the Best Education Consultant Award, and this year, we were awarded the Best Entrepreneur Award. Being recognized at the Ek Nari 100 Pe Bhari platform under the Entrepreneur Director of the Year category has greatly enhanced my profile. I would like to thank the Jury Team of Global Empire Events for selecting me. I also extend special thanks to Biz Nation TV for providing this opportunity to meet diplomats, entrepreneurs, educators, and change-makers from various fields. This will be a valuable learning and networking experience.



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# Prof. (Dr.) Sugandha Singh

Dr Sugandha Singh



Dr. Sugandha Singh is a Professor in the Department of Computer Science and Engineering at SGT University, Gurugram. Additionally ISAC has designated her as a Cybercrime Intervention Officer. Despite being a computer science engineer she has a keen interest in management studies also. She has 25 years of teaching experience, which includes 15 years of administration as well. IIoT, IoT, Industry 4.0 & 5.0, Wireless Sensor Networks, MANETs, Cognitive Networks, Business Analysis, and Engineering Education are some of her research interests.

Dr Sugandha belongs to a family of freedom fighters. Her grandparents, Shri Manohar Lal Gambhir and Smt. Shanti Gambhir had been the Principal of public schools in Haryana, after partition. Her family's legacy in education has played a significant role in shaping her career and inspiring her to pursue teaching as a profession.

According to Dr. Sugandha, leadership is an interpersonal process that calls for dedication, direction, and alignment in addition to an individual's competencies. By keeping the goal in mind, one can motivate others to commit and help connect them to a bigger picture. She has always looked beyond the status quo to what is possible and acted despite personal fears and insecurities. It enabled her to move beyond the masculinized ideals of the leadership identity. It brings energy and freedom to create, making space for passion and vision.

In addition to teaching she started her journey of administration in 2009, beginning with Head of department, Dean, Dy Director, and Director. Dr. Sugandha has devoted her life to establishing a supportive and welcoming learning environment for her students and her organization. Her contribution to the attainment of accreditations and rankings by organizations has been crucial for the professional advancement of students.

A senior member of the IEEE, Computer Science Teacher Association (CSTA), Journal and Event Management System (JEMS), and Electrical and Computer Engineering Department Head Association (ECEDHA), she adheres to the principles of "Learn, Group, and Relearn," thus she is always up to date on knowledge and leadership policies. She authored five books on technology and leadership as part of her mission to share her knowledge. Her 57 research papers have been published in prestigious national and international journals and conferences, including SCI/Scopus/Wos. There are 02 granted, 02 published, and 01 filed for grant patents under her name. She evaluates research papers for the Journal of Institute of Engineers (India), Conferences on Engineering Education, UGC Journals, IEEE-referred conferences, and Springer's International Journal of Wireless and Information Networks.

She was recognized as the Best Innovative Teacher by the KRA-MSME Registered Organization for using a variety of teaching methodologies to make her classroom instruction engaging and dynamic (Learnt @ HITAM, Hyderabad). She was named the Best Innovator at the NITI Ayog Savitribai Phule Excellence Awards for her mentorship and project ideas that helped her student teams win numerous contests, including the Imagine Cup, Netriders, SIH, Kalam's competition, and many more. The Air Force Family Welfare Association (AFFWA) has also named her the Best Sangini Contributor in recognition of her efforts to help women in Air Force families achieve financial independence.





# Ms. Kalpana Sanjay Mukhedkar

Mrs. Kalpana Sanjay Gaikwad Mukhedkar  
Film Producer, Mumbai, Maharashtra, India

Mrs. Kalpana Sanjay Gaikwad Mukhedkar is an accomplished film producer who has made significant contributions to the world of cinema. Born on August 5, 1984, she is the daughter of Late Prof. J.S. Totare and Late Kamalbai. Kalpana is married to Dr. Sanjay Madhavrao Gaikwad Mukhedkar and they have two children, namely Sankalp, studying in IEST Kolkata in Aerospace Engineering final year and Karmanya, got 98% in SSC exam. Originally from Mukhed, district Nanded.

Kalpana currently resides in Mumbai, Maharashtra. Her educational background is impressive with Masters degree in Sociology (MA), Masters in Public Administration (MPA), Diploma in Education (DEd). Kalpana has made a significant impact as a Film Producer. Her debut Marathi feature film "Tuzhyasathi kahihi" has gathered widespread attention for its powerful themes.

The film promotes Organ donation, patriotism, respect for Women, Tiger conservation, reverence for the National Flag and raises awareness about the deaf community. Its grand premier took place in Los Angeles, California, USA. This film was eligible for Oscar Award 2023 in 5 Categories, Best Actor, Best writer original screenplay, Best Lyrics, Best Score, Best Picture. But in the last moment of nomination category, this film was not watched by jury members after paying their official fees of Oscar Award. Then she has sent Highcourt notice to President of Oscar, 9 Vice President, 15 Board of Governors, 10 thousand jury members including Actor branch, writer branch and picture branch but they didn't respond, then she has sent Supreme court notice, still not responded, then she has sent American court notice and filed case against all of them. She has single handed fight with all Oscar committee and proved Ek Nari Sau pe bhari.

Also, this film is selected for PARAI International Music Award 2024

She has received National Bang Award 2023, Kolkata, National Inspire Award 2023, Indore, Madhya Pradesh, National Inspire Award 2023, Nashik, National Dr. B.R. Ambedkar Award 2023, New Delhi, Dr. Babasaheb Ambedkar Jeevan Gaurav Award 2023, Samaj bhushan Award 2023, Mumbai, Art and culture Award 2023, Nagpur, Savitrichya Leki Award 2023, New Delhi, Delhi Excellence Award 2023, New Delhi. Through her impactful work and contributions to the cinematic landscape, she continues to inspire and make a lasting impact.





# Ms. Tushiba Khan

Tushiba Khan comes from Kushinagar Uttar Pradesh the " Land of Mahaparinirvana" .She has done her Schooling from Sant Pushpa Intermediate College Kushinagar. And thereafter she pursued her B.tech in Electronics and Communication Engg after Graduation. She qualified Gate Examination and got Enrolled in Institute of Engineering and Technology Lucknow,from where she completed her M.tech in Microelectronics and while pursuing her M.tech she qualified Gate examination for the second time. she worked as a Lecture in Rayat Bahra Group of Institute ,Ropar and also worked as a Lecture in Gov Polytechnic College Kushinagar. Currently she is preparing for UPSC CSE Examination.

Tushiba has a deep interest in Yoga and Meditation and when the world was going through a health pandemic And there was outbreak of Covid -19 tushiba turned disaster into opportunity and followed her passion for public health. She helped women and children of her surrounding with good mental and physical health.While working on health she also reach out to people in field of education through her youtube channel "Tushiba Ki Pathashala".

Tushiba is very passionate about Music and her City recognised her talent and honoured her with ' Kushinagar Idol' to live her life with music she started another Youtube channel where she post her music related videos .

Tushiba come from a sports family and that's the reason she has an interest in sports too. she participated in various sports tournaments. To mention a few of them as participated in I.I.T Kanpur 'Udgosh 12' , awarded ' Best Athlete of The Year 2014' in her college , won many prizes at School and College level.

As mentioned earlier Tushiba has interest in yoga and meditation , she took her interest to an advanced level through Basic happiness courses "Sudarshan kriya" and "Advanced Meditation Course"



# Mrs. Sathya Natesan

Mrs. Sathya Natesan: A Trailblazing Technopreneur, Media Influencer, and Advocate for Nationalistic Values

In the dynamic landscape of modern leadership, Mrs. Sathya Natesan emerges as a multifaceted individual, seamlessly blending her background as a B. Pharmacist with her prowess in digital marketing, healthcare, and media influence. Currently, she spearheads Digital Marketing initiatives and oversees various healthcare companies in Chennai and Bangalore.

Mrs. Sathya Natesan's journey reflects her versatility and commitment to making a difference. Initially educated as a B. Pharmacist, she transitioned into Medical Transcription for US clients, eventually finding her calling as a Technopreneur and Media Influencer. Embracing mentorship roles for politicians in Delhi and Tamil Nadu, she takes an altruistic turn.

Her family, the heartbeat of her life, includes supportive parents, Dad Mr. Natesan and her motivational mom Mrs. Sundari, a loving husband Mr. Krishnamurthy, and two kids K. Nilesh and K. Harshavardhan, siblings Mr. Prasad and Mrs. Subbulakshmi creating a harmonious tapestry woven with laughter, support, and cherished moments. Together, they share a journey of love and joy, defining the true essence of familial bonds.

An influential force not only in business but also in politics, Mrs. Natesan serves as the State President of the Women's Wing of Veterans India in Tamil Nadu for eight years. Collaborating with figures like Major General G.D. Bakshi, SM, VSM, and the Defense Minister of India, they initiate a movement fostering patriotism, nationalism, and integrity.

Driving several initiatives, including programs with Deputy Chief Minister O. Paneer Selvam, she plays a pivotal role in commemorating Kargil Vijay Diwas and organizing "March for Martyrs" marathons. Her involvement in the Nari Sena and Women Empowerment Wing reflects commitment to addressing gender disparity and eradicating discrimination against women.

As the founder of a healthcare division in Chennai, Mrs. Sathya Natesan consistently champions causes that uplift society. The Nari Sena and Women Empowerment Wing, under her guidance, actively engage in removing social stereotyping, violence, and discrimination against women.

In her current role, leading E-commerce operations, Mrs. Natesan brings visionary leadership to the digital marketing landscape, managing a dynamic team. Her journey, marked by dedication and innovation, stands as a testament to the transformative power of visionary leadership.

This award holds poignant significance for Mrs. Natesan, dedicated to her recently demised Dad, Mr. Natesan. Received on the same day as his birthday, it becomes a bittersweet moment filled with both accomplishment and the warmth of his enduring presence.

In conclusion, Mrs. Sathya Natesan's trajectory from a B. Pharmacist to a Digital Marketing maven, Healthcare Entrepreneur, and Political Influencer paints a portrait of a woman whose diverse skill set and unwavering commitment have made a lasting impact on the realms she touches. Her leadership serves as an inspiration to aspiring leaders and a beacon of positive change in society.



# Ms. Suneeta Mukherjee

Dr. Suneeta Mukherjee

1968 – 1971 : Lecturer, Govt. College for Girls, Chandigarh

1972 – 1994 : IAS

1994 – 2010 : UNFPA Rep (International Civil Services)

2010 – 2020 : Retirement, Consultancy, Travel

2021 : Chaired the board of C3 India (Centre for Catalyzing Change)

Trained as Life Coach and started undertaking Life Coaching

2022 : On the board of Heritage School for girls, Udaipur

Recently delivered a Ted Talk,

Suneeta Mukherjee is a professional in the field of Gender, Youth, Health, Population Issues, and Advocacy with nearly forty years of experience at ascending Administrative levels in the Indian Administrative Service (1972-1994) and International Civil Services (1994-2010, UNFPA) after which she has done some soft consultancies. She has worked in multi-cultural environments and led culturally diverse teams in several countries in the Asian Region. When she retired from UNFPA in 2010, she was the Country Representative in the Philippines.

Lecturer, Government College for Girls, Chandigarh

Immediately on finishing her masters, she got her dream job: that is lecturer in the government college for girls, Chandigarh. She was delighted to be able to teach girls who were just slightly younger than her. She would delve in the world of literature with them and the children would get lost in the dream worlds they created. She enjoyed looking after extracurricular activities such as sports, dramatics and debates.

IAS (Indian Administrative Service): 1972 – 1994

In the Indian Administrative Service she moved post to post every 2 or 3 years. To begin with the young IAS officers go through their tenures as Sub Divisional Magistrate, Deputy / Joint Secretary in Secretariat and Deputy Commissioner. In her assignments, she always excelled and was empathic to the deprived in general and looked after the interests of youth and women in particular. She was the first woman deputy commissioner in the state and then followed a specialization in health. She worked as Deputy Director PGI Chandigarh, Deputy Director AIIMS New Delhi and joint secretary Health and Family Welfare, Govt. of India. In between she also did a tenure in the state government as managing director of the state electronics development corporation, where she was instrumental in setting up some electronics industries in the state for the first time.

ICS (International Civil Services): 1994 – 2010

It was a tough struggle to get into the International Civil Services. Suneeta Mukherjee was the head of UNFPA in different countries: Sri Lanka and Maldives from 1994 – 2000, Bangladesh 2000-2006, The Philippines 2006-2010. Here she looked after population issues, maternal and other reproductive health issues, HIV AIDS, youth and adolescents, gender and the elderly. After ICPD the focus shifted from family planning to reproductive health and hence the compass and coverage was much wider. With the common goal of achieving MDGs between 2000 and 2010 and after that shifting SDGs our area of operation widened as they planned not to leave anybody behind and to cover everyone. There was also a standup campaign in MDGs which was primarily an advocacy tool. She headed the UN team in Philippines for the standup campaign and her organization broke the Guinness book of records for two consecutive years.

After retirement, she is now a certified Life Coach and has about a dozen clients and they include matrimonial disharmony and conflicts, and relationships in office. She is also taking public assignments in schools and universities, and is branching into public speaking as she wants to share her knowledge with larger audiences. She is passionate about making a difference for the coming generations. She specially works with schools universities and public and private sector and talk on issues such as happiness, dream fulfillment, relationships, gender equality and youth. She is on the board of Heritage School for girls in Udaipur. She has recently given a Ted talk on “our burgeoning young population: is it a demographic asset or a demographic liability

She has undertaken to help children to study after class 12 and is looking after about 20 children. She has recently been awarded the “Professional Woman Achiever of the Year 2023” by Influential Women Leaders Award 2023.





# Mrs. Nupur Heda Patil

I belong to Harda a small town in Madhya Pradesh. I come from a traditional Marwari family and married into a Marathi family. I enjoy the classic cultures and how they merge.

My husband is an Army officer, he might command the troops but I command the happiness of our lives. I have two little munchkins Samanyu who is 4 and Pavitra turned 1 this month. These two keep me recharging with crazy energy when I go low in life.

My hobbies keep growing day by day and I love to learn new trades and pick up courses to enhance my perspective. Singing has always been one permanent of my passions and I still pursue it whenever I get an opportunity.

And none the less Tarot has become an integral part of life, I can say Tarot lets me fly, swim and dig deep.

I must admit that Tarot has been my unmistakable destiny. My father had extraordinary skills in astrology and occult. I got attuned into fortune telling by his positive aura and sublime intentions. Tarot came to me naturally and I just melted into the art to shape up my acumen. I started early at the age of 17 but my visions and aura became significant only after a dedicated practice of 13 yrs. Post that I never had to look back. I augmented my skills by learning Reiki and Angel Healing. Being a Happiness Coach I could carve a jolly route for myself in the journey of growth in Tarot.

My achievements in Tarot journey started with baby steps when I used to enjoy with giggles, the accolades received from friends in college and then from colleagues at work. As my canvas grew I have received more than 15 professional awards till date. To recount few achievements as significant than others won't be appropriate as each award was the best at the time frame I received it. Still, if I have to recount the ones where I felt deeply elated and humbled would be receipt of;

Global Achievers Award - emerging in class 2017 Chandigarh

Pearl Of Hyderabad, Young Achiever Of The Year 2018 Hyderabad

Women Of The Future Award 2018 Jaipur

Woman Super Achiever 2020 Mumbai

Global Women Inspiration Awards and Conclave Jaipur 2021

Stree Shakti Awards 2021 Hyderabad

Influential Indians

Awards by "Crazy Tales" Delhi 2022

Vyapaar Jagat Best Tarot Reader First Runner up Ahmedabad 2023





# Dr. Meghna R Adhvaryu

By career Dr Meghna Adhvaryu is a Professor of Botany, with passionate interest in basic research in the field of herbal medicine and developing research tools and technics without cruelty towards animals for evidence based alternative medicine, now progressed as mentor for entrepreneurship and management. She has adopted a role of mentor to PUME Farmaherb LLP, a new age biotech startup aligned with the vision and desire to make a positive impact on global health and well-being. Currently heading the department of Botany, Supervising PhD students, district co-ordinator of Innovation club, coordinator of 'Shrusti Samasti' retail cell of her college, coordinator of 'SPARK- Student's Passion Awareness Risk-taking Kosh' SSIP cell of her college - Government Arts, Commerce and Science College, Limbayat, Surat. The institute is based with Higher Education Institute, Gandhinagar, Gujarat and affiliated with Veer Narmad South Gujarat University, Surat.

She is also the founder member of 'BRAHM- Bhuma Research in Ayurvedic and Herbal Medicine' a totally philanthropic NGO that supported her preclinical and clinical research in the field of cellular protective and immunomodulatory potential of Indian herbs that help incurable liver diseases like viral hepatitis C, non-alcoholic fatty liver disease and hepatitis by antituberculosis drugs mandating to stop the antituberculosis treatment and restart at a later date with no preventive remedy. Hitherto un-preventable side effects of life saving compounds like anti-cancer chemotherapeutic agents were significantly reduced helping longevity as well as quality of life by adjuvant herbal medicines that is being given free of charge to all patients. A most common combination of AIDS and resurged Tuberculosis making the patients and physicians alike in trouble due to unfavourable interactions between anti-retroviral and antituberculosis drugs were handled in a trial where antituberculosis drugs with herbal adjuvants could cure Tuberculosis and later successful anti-retroviral given with herbal immune stimulator could save several "hope less cases deemed to die within weeks" by allopathic experts at several institutes to an active productive life.

She never went for a patent but published all her research in peer reviewed open access journals and presented in conferences at, Switzerland, Australia, Germany, USA, Norway, China, Canada and of course INDIA, so that maximum number of researchers, pharmaceutical companies and clinicians could help maximum number of patients. Ultimately the venture is all about the mission of integrative and adjuvant medicine which was initiated in the year 2003, for the first time in India as her PhD research work. Her 15 years of experience in this field as Professor, Scientist, Mentor to researchers and entrepreneurs make her unique in her field.



# Ms. Sofia Naseer Rahman



My name is Sofia Naseer Rahman and I have been in the field of education in the past 20 years. I have been working as an educationist to provide quality education to our young mind, as today's children are the future of tomorrow.

My school's name is Allahabad Public School. It is affiliated with CBSE board. We are providing well trained staff, teachers to provide quality education at affordable price and especially for the girl child. We are providing free education to the underprivileged girl child as following the policy of our honorable Prime Minister "Beti Bachao, Beti padhao". My parent, my grand parents, were all in the filed of education. They have all been professors and Head of Department in Allahabad University. So I can say education and patriotism is in my blood.

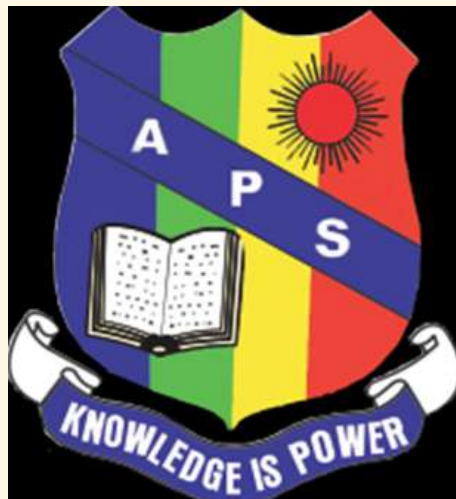
As a women, I would like to write down few lines empowering women is essential to the health and social development of families, where women are living safe, fulfilled and productive lives, they can reach their full potential contributing their skills to the workforce and can raise happier and healthier children.

Its not about being perfect, Its not about where you get yourself in the end, there is power in allowing yourself to be known and heard in owning your unique story in using your authentic voice.

Success is not about how much money you made, Its about the differences you make in people's life. Women are the read architects of the society.

Finally I would like to quote if you educate a man you educate a man but if you educate a women you educate the whole generation, you educate the society you educate a nation.

( Sofia Naseer Rahman )  
Principal  
Allahabad public school Prayagraj.  
Mob : 9554662555





# Ms. Harshpreet Kaur

In a vast landscape of creativity, where voices vie for attention, some whisper like a secret, drawing you in with a gentle intimacy. Such is the voice of Harshpreet Kaur. A writer, blogger, content creator, and educator, her journey is not just a chronological progression of time but a mosaic of experiences, passion, and a commitment to connecting with people on a profound level.

An alumna of the University of Delhi, Harshpreet's academic roots delve into the world of English literature. Her formative years at Sri Guru Tegh Bahadur Khalsa and St. Gregorios School laid the foundation for the eloquence and depth that now permeate her writing.

She embarked on her writing journey from a tender age of 16, using words to mould her thoughts into a relatable narrative accessible to all. The lockdown of 2020 became a turning point as she decided to elevate her writing skills, stepping into the professional realm as a content writer. Since then, she has left an indelible mark, contributing to renowned platforms such as UAE Times Now, Buzzstreetimes, Coinshala, and more. She helmed the content as manager and head, but her true strength lay in the quiet vulnerability of her personal pieces. Her writing wasn't a performance, it was a heart-to-heart talk, stripped bare of artifice. Readers found themselves reflected in her writing pieces; their own unspoken emotions echoed back in beautifully crafted sentences. It's her very own experiences that made her see the world with a different eye.

This raw power of connection fuelled her next leap - "thehkblogs" - a space where the written word bloomed into stories, poems, and reflections. Though temporarily offline, it remains a testament to her journey, a beacon of authenticity in a world yearning for truth.

Harshpreet's literary prowess extends beyond the digital realm, finding a home in anthology books and magazines. Notable publications such as "Moment in Time" and "Metanoia Magazine" have embraced her expressive write-ups, allowing a wider audience to grasp the emotions embedded within her words.

Her accolades speak volumes about the impact she has made in the literary world. The recipient of national awards such as the Nishan-e-Hind International Award, Under 50 Global Inspiring Women Awards by MTTV India, Star Women of the Year 2023, Rashtriya Ratna Award, Bhartiya Kaushal Award, Swadesh Samman 2024 by Hope International and many more, Harshpreet Kaur is not merely a writer but a beacon of inspiration.

Beyond her achievements in the literary domain, Harshpreet is committed to education. She extends her expertise to students in creative and innovative ways, proving that her role as an educator is as vital as her role as a writer. Her recent venture, "Convos with Harsh," is a testament to her multifaceted approach to connecting with people.

"Convos with Harsh" is not just a new project; it's a heartfelt endeavour to use words as a medium for comfort, understanding, and connection. In a world where many grapple with internal struggles, Harshpreet aims to remind her readers that they are not alone. The venture seeks to provide readers with a space where they can find solace, connect, and relate to the raw authenticity of her words. It's a refuge, a fireside chat with a friend who understands the ache and the joy of being human. Here, she delves into the everyday struggles, the unspoken anxieties, offering not solutions, but the comfort of shared experience.

From young scribbles in school notebooks to heartfelt talks, Harshpreet's journey is a testament to the power of vulnerability. In a world where filters mask emotions, she dares to be open, to bleed ink that resonates with raw honesty. Her words offer solace, a reminder that we are not alone in our quiet battles. They are a gentle hand extended, whispering, "It's okay to feel. It's okay to be human." And in that shared vulnerability, lies the magic. She doesn't offer escape from reality, but a lens through which to see it with clearer eyes, a voice that gives form to the whispers within, and a hand that reminds us that we are not alone in the beautiful, messy tapestry of human experience.

This is only the beginning of the story, the first ink-stained chapter in a book with endless possibilities. For Harshpreet Kaur is more than a writer; she is a weaver of words, a tapestry artist of emotions, stitching together hearts, one vulnerable thread at a time. And as her voice continues to echo, in podcasts, blogs, and perhaps someday, even novels, one thing is certain: her words will find their way, offering comfort, understanding, and the magic of feeling truly seen. As Harshpreet continues her journey as a writer, blogger, content creator, and educator, her words resonate as a beacon of hope and understanding, weaving a narrative that goes beyond the surface, reaching into the hearts of those who read them. In every sentence, she reaffirms the power of words to shape, heal, and unite us all.





# Ms. Suchita Joon

Ms. Suchita Joon's illustrious career as an educator exemplifies the transformative power of technology in the field of education. With over 33 years of experience in teaching and educational development and over 3 years of experience as the Country Head for India at the International School to School Experience (ISSE), she has made significant strides in incorporating technology to enhance the learning experience for her students.

Ms. Joon has earned numerous accolades, including the "Global Best Teacher Award 2023" by Yuva (Youth for Universal and Voluntary Action), "Global Teacher Award 2023" from AKS Education Awards (for her contribution to the field of education), and the CES "Teachers Excellence Award PAN INDIA 2023-24" instituted by the Child Education Society. Her role as a Computer Science Teacher at Bal Bharati Public School further cements her commitment to leveraging technology for educational excellence.

Ms. Joon's journey is marked by a steadfast commitment to fostering positive interactions amongst students, families, and faculty through innovative technology. She has consistently ensured the provision of a high-quality education within a supportive and effective online learning environment, enabling students to reach their full potential and embrace lifelong learning. Her passion for technology was particularly evident during the COVID-19 pandemic, where she adeptly utilized a variety of innovative tools to keep classes engaging and accessible for all students, demonstrating her adaptability and forward-thinking approach.

Her innovative methods extend beyond traditional teaching tools, venturing into the creation of interactive multimedia content and the use of virtual reality to provide immersive educational experiences. This approach has not only sparked curiosity and critical thinking among her students but also personalized learning through data-driven insights, significantly enhancing student performance and experience.

Collaboration is a central theme in Ms. Joon's teaching philosophy. By promoting online discussions, collaborative projects, and virtual classrooms, she has not only fostered essential skills such as teamwork and communication but also broadened her students' perspectives by connecting them with peers from various backgrounds and locations. Her adaptability and global leadership experience, combined with her use of diverse tools and technologies, have introduced fresh perspectives in the classroom and across the educational spectrum.

Ms. Joon's career is a testament to the enriching and fulfilling journey of integrating technology into education. By redefining educational boundaries, she has established a dynamic and inclusive learning environment for her students. She firmly believes in the importance of embracing technology as a means to inspire and empower the next generation, underscoring the idea that excellence in technology and education are intertwined. Ms. Joon's vision encourages a collective effort to equip students with the necessary knowledge and skills to thrive in a technology-driven world, highlighting her role not just as an educator but as a visionary in the realm of educational technology.



# Ar. Babita Srivastava

## Architect Babita Srivastava: An Visionary Educator and Entrepreneur

Architect Babita Srivastava commands a prominent position within the sphere of interior design education and entrepreneurship. With an unwavering commitment to fostering creative talent and a discerning eye for pioneering design solutions, she has significantly influenced the industry landscape over the course of the last 15 years. As the esteemed director of Sukriti Professional Academy, an Interior Design School situated in Kalkaji, New Delhi, she has dedicated herself tirelessly to sculpting the next generation of design professionals while simultaneously leading groundbreaking initiatives within the field.

From the outset of her career, she has served as a mentor to her peers and juniors alike. Her meticulous attention to detail and dedication to client satisfaction have been evident throughout her body of work. Establishing her design firm, Sukriti Architecture & Interior, in 2006 alongside her husband, Architect Abhishek Kumar, marked the inception of their design journey. Together, they have undertaken a diverse array of projects spanning residential, healthcare, hospitality, and corporate sectors. Architect Abhishek Kumar's unwavering support has been instrumental to her professional endeavors. Their exemplary contributions were acknowledged when they were honored among the 10 most promising Hospital Architecture service providers in 2019. Moreover, they served as jury members for two consecutive years at the Acetech exhibition in 2021 and 2022.

After a decade-long career, Architect Babita Srivastava identified a disparity between education and professional practice, prompting her to engage in teaching roles across various institutes. Here, she emerged as a beacon of inspiration for aspiring designers, imparting her wealth of knowledge and expertise with unparalleled dedication. Her pursuit of excellence and her ability to cultivate a stimulating learning environment have garnered her the admiration and respect of students and colleagues alike. Rooted in hands-on experience and interdisciplinary collaboration, her pedagogical approach empowers students to push the boundaries of creativity and innovation.

Subsequently, Architect Babita Srivastava established her own institution, Sukriti Professional Academy. Under her leadership, the academy has risen as a premier institution distinguished for its rigorous curriculum, industry-relevant training, and holistic approach to design education. By amalgamating theory with practice and fostering critical thinking and experimentation, she nurtures a generation of designers equipped with the skills and acumen to excel in a rapidly evolving profession.

Beyond her role as an educator, Architect Babita Srivastava is a pioneering entrepreneur whose visionary leadership has propelled Sukriti Professional Academy and its students to unprecedented levels of success. With a profound understanding of market dynamics and consumer preferences, she has strategically positioned the institution as a nexus of creativity and innovation, attracting students and industry partners from across the globe.

Driven by her entrepreneurial zeal, Architect Babita Srivastava has embarked on various initiatives aimed at expanding the reach and impact of design education to other institutions in Delhi. Through strategic collaborations with leading design schools and the introduction of innovative programs, she continually pushes the boundaries of possibility, shaping the future of the industry. Her visionary entrepreneurial approach has not only solidified her reputation as a dynamic leader but has also positioned Sukriti Professional Academy as a catalyst for positive change within the design ecosystem.

The recognition bestowed upon Sukriti Professional Academy as the iconic brand of the year 2022 underscores her dedication to fostering innovation and excellence in architectural education. Additionally, being honored as the best teacher by SGI, Jaipur in 2022 further underscores her stature as a visionary educator.

Architect Babita Srivastava's entrepreneurial pursuits extend beyond academia, as she has made significant contributions to the broader design community. Through her involvement in industry associations, design conferences, and collaborative projects, she advocates for the value of design as a catalyst for social, cultural, and economic advancement. Her advocacy for sustainability, inclusivity, and design excellence has garnered widespread acclaim, establishing her as a thought leader in architecture and education.

In addition to her professional accomplishments, Architect Babita Srivastava is esteemed for her unwavering commitment to mentorship and philanthropy. Recognizing the importance of giving back to society, she actively supports initiatives aimed at empowering underprivileged communities and facilitating access to quality education. Her philanthropic endeavors exemplify her compassionate nature and her belief in the transformative power of education to effect positive change.

In conclusion, Architect Babita Srivastava's extraordinary journey as an educator and entrepreneur epitomizes the transformative influence of passion, perseverance, and visionary leadership. Through her unwavering pursuit of excellence, she has not only shaped the minds of future design leaders but has also redefined the landscape of interior design education and entrepreneurship. As she continues to inspire and empower others, her legacy will undoubtedly endure as a testament to the profound impact of design in shaping a better world.



# Ms. Monica Thomas

Ms. Monica Thomas embodies a multifaceted persona, seamlessly blending the roles of a Creative Learning & Memory Coach, an Edupreneur, and an accomplished author. With the inception of Whiteforest Academy, she embarked on a profound journey dedicated to the realms of brain training, memory mastery, and fostering creative learning environments. Armed with a MCA (Masters in Computer Applications) degree and a rich teaching experience spanning over 25 years, Monica's passion for education has left an indelible mark on countless students across diverse educational institutions, including schools, colleges, and prestigious management institutes like NIIT.

Driven by an unwavering commitment to her craft, Monica currently spearheads a mission to cultivate 1,00,000 Super Learners equipped with unparalleled memory mastery and creative learning abilities by the year 2030. Her visionary pursuit aims to empower individuals with a holistic "Memory Lifestyle," enabling them to harness the full potential of their cognitive faculties amidst the rapid technological advancements of the modern era.

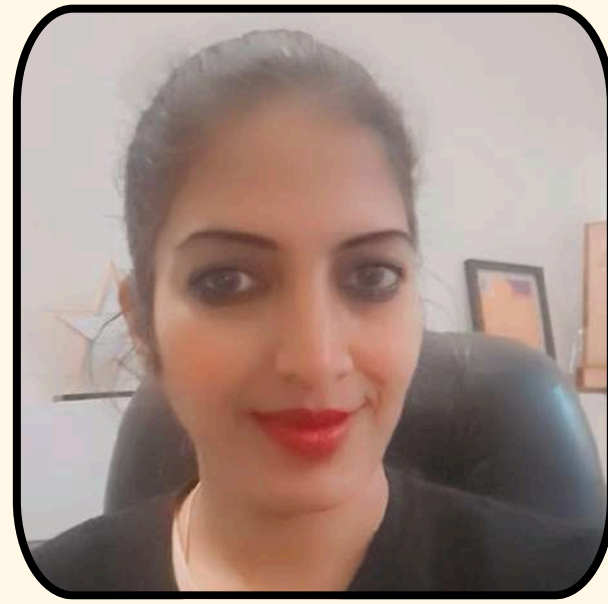
At the core of Monica's philosophy lies the conviction that while many dictate what to learn, few elucidate how to learn effectively. In her enlightening book titled "No One Teaches How to Learn," readily available to eager readers on platforms like Amazon, Flipkart, BookScape, and Kindle, she endeavours to rectify this oversight by providing invaluable insights into the often-neglected nuances of the learning process. Through her work, Monica diligently assists students, educators, and parents alike in navigating the intricacies of effective learning methodologies.

Beyond her expertise in memory training, Monica undertakes the noble endeavour of nurturing memory athletes capable of competing in prestigious memory championships both domestically and internationally. With her guidance, aspiring contenders undergo rigorous training across ten distinct memory sports, mastering techniques to memorize words, numbers, binary digits, dates, packs of cards, and images with unparalleled efficiency and speed. As a distinguished member of the Memory Sports Federation of India, Monica assumes the responsibility of organizing esteemed events such as the Delhi Open Memory Championship 2024 and the Kashmir Open Memory Championship 2024, further solidifying her status as a stalwart in the domain.

Not content with confining her passions to the realm of academia, Monica also harbors a fervent enthusiasm for fitness and holistic well-being. Certified as a Power Yoga trainer, she possesses specialized expertise in YogaNidra, a practice renowned for its profound relaxation benefits. Additionally, Monica's dedication to physical fitness manifests through her pursuits as a marathon runner, embodying the ethos of a healthy lifestyle ambassador both in word and deed.

In essence, Monica Thomas emerges as a beacon of inspiration, seamlessly weaving together her diverse passions and expertise to leave an indelible impact on the realms of education, memory training, and holistic well-being. Through her tireless efforts, she not only imparts invaluable knowledge but also instils a sense of empowerment and fulfilment in all those she encounters, fostering a legacy of lifelong learning and holistic growth.





# Ms. Deepa Jagtap

Ms. Deepa Jagtap epitomizes the seamless transition from corporate leadership to educational entrepreneurship, embodying the role of a Global Trainer and Mentor for students navigating the journey from academia to the professional realm. Currently serving as the Founder and Director of Infinite Knowledge Academy and Placement Solutions, headquartered in Pune, Maharashtra, Ms. Jagtap's dedication resonates in her commitment to bridging the gap between campus education and corporate demands on a global scale.

In her capacity as a Global Trainer, Ms. Jagtap has ardently focused on empowering students, particularly from Tier 2 and Tier 3 cities, with the essential skills required to excel in the corporate arena. Her initiatives extend beyond mere job readiness, encompassing holistic development and instilling an entrepreneurial mindset. Notably, her authored work, "Career Hacks 4 Freshers," swiftly ascended to the status of an Amazon Best Seller within 24 hours of its launch, a testament to her impactful contributions to the field.

Furthermore, Ms. Jagtap's dedication to women's empowerment is commendable. For over 18 years, she has collaborated with Self Help Groups in Pune, imparting invaluable knowledge and skills to women from marginalized communities. Her endeavors extend to educational institutions, where she champions initiatives promoting menstrual hygiene awareness, women's reproductive health, and cervical cancer awareness.

With a rich corporate background spanning 17 years, including notable roles in Learning and Development with industry giants such as Wipro, Tech Mahindra, and Vodafone, Ms. Jagtap brings a wealth of expertise in Telecom, Aviation, and Financial Management to her current endeavors. Her transition from corporate leadership to entrepreneurship was fueled by a profound realization of the gap in career guidance and mentorship for students.

As the Director of "Swa Tantra," an Incubation Programme nurturing student entrepreneurship, Ms. Jagtap underscores her commitment to fostering innovation and economic empowerment at the grassroots level. By providing comprehensive support ranging from manufacturing to marketing, the program aims to equip aspiring entrepreneurs with the requisite tools to thrive in their hometowns, thereby alleviating the need for migration in pursuit of employment opportunities.

**Infinite Knowledge Academy  
and Placement Solutions Pvt. Ltd.**

In essence, Ms. Jagtap's overarching mission is to catalyze a paradigm shift in the educational landscape, nurturing a generation of students poised to make transformative contributions to society. Her vision extends beyond borders, as she aspires to nurture future Nobel Laureates who will not only enrich the tapestry of Bharat but also contribute meaningfully to humanity at large.





# Advocate Serene Yadav

## Advocate Serene Yadav: Championing Dignity and Empowered Lives

Serene Yadav isn't just an advocate; she's a champion of dignity and empowered lives. With a legal powerhouse at her core (Master's in Law, Bachelor's in Education), a literary finesse (Master's in English Literature), and a deep-seated commitment to social justice (submitted thesis on Feminism for Ph.D.), Serene Yadav has forged a career path as dynamic as it is impactful.

Over 7+ years of experience in social work have seen her expertise blossom across legal, social, and education domains, always focusing on areas of real need. Her success in both litigation and pro bono work, coupled with endowments she's established, has earned her the trust and collaboration of leading industrial houses and entrepreneurs.

But Serene's true calling lies beyond courtroom walls. In 2022, she founded Uddaan Foundation, a beacon of education and empowerment for a more inclusive society.

### Uddaan Foundation: Building a Safe and Respectful World:

Uddaan Foundation, under Serene's leadership, is more than just a non-profit organization; it's a professional consulting firm dedicated to building safe and respectful workplaces for all under the POSH (Prevention of Sexual Harassment Act, 2013). Their comprehensive services, provided by a team of experts, include training, policy development, investigations, and support, empowering organizations of all sizes to comply with legal mandates and establish best practices in preventing and addressing sexual harassment.

As a certified POSH Trainer, Serene empowers individuals, organizations & institutions by demystifying the Prevention of Sexual Harassment (POSH) Act, 2013 equipping them with the knowledge and confidence to navigate their rights and responsibilities. Recognizing the fundamental link between health and proper sanitation, providing menstrual hygiene awareness among underprivileged women, government girl's school. Uddaan Foundation's recent initiative of distributing 500 sanitary napkins is a testament to her dedication. During the COVID-19 pandemic, Uddaan Foundation reached deep into rural India and marginalized communities, distributing 10,000+ masks and gloves to security guards and housekeeping staffs & underprivileged individuals. Even these interventions were tiny, but were powerful messages of compassion and support in the face of crisis.

Serene Yadav's story is one of unwavering commitment to empowering individuals, institutions & organizations and providing all a safer workplace. Her journey, driven by knowledge, compassion, and action, illuminates the path for all who seek to create a world where dignity and respect have no boundaries.



# Ms. Indrakshi Ghosh

## My work and activities :

I am Indrakshi Ghosh from Kolkata, West Bengal, India. I have started my career as Revenue Officer in West Bengal Land Revenue Service. After 3 years I have joined in Behala College under the University of Calcutta. Behala College achieved A++ in National Assessment and Accreditation Council gradation. I am Associate Professor of Economics in this college at present. I am teaching here for more than 25 years. I have publications in International Journal.

In addition to this teaching learning process I am a regular performer of Tagore Song (Rabindrasangit). I have many CDs and DVD of Tagore songs . My on stage performances were many a times appreciated in popular daily newspapers like Ananda Bazar Patrika, Aikal, Bartaman , Saptahik Bartaman etc. I have performed in Mumbai and Bangladesh on invitation. I do perform in various television channels like Ruposhi Bangla, Jayotu Bangla, Tara TV, Channel Vision, CTVN, R+ etc.

I am associated with Innerwheel Club, the women's wing of Rotary club. Innerwheel Club is dedicated for various social works.

I feel proud as a member of Udbhash. Udbhash is an NGO which take care of street children. Udbhash provides all round educational development for these children of Basti-dwellers. These children learn music, dance, recitation, drawing , stitching, knitting and other activities apart from regular academic activities. They have their own magazine which is being published for the last 25 years. Udbhash hold her annual exhibition of handicraft items , hand made embroidered sarees, kurtas, shawls, bags etc. prepared by the children . Ex-students of Udbhash are well placed in their life.

## My Family :

I am the only child of my parents. I am grateful to my beloved parents for their life-long contribution in my upbringing. My father Sri Prabir Chandra Ghosh is a retired judge. He retired as a Commissioner of Workmen's Compensation Commission. My mother is President of Udbhash. Social work is her passion. My parents are my inspiration. Although I had to struggle a lot for achieving my goals but my husband Dr. Surajit Basu and my son Sri Ritam Basu always supported me throughout my life and career.

Regarding my family background I would mention that Sri Hara Chandra Ghosh , the first Indian Judge of British India , is my ancestor. He was the follower of great patriot Derozio.

## Academia:

In reminiscent mood I do mention that I have secured 76 percent marks in School Leaving Examination in the year 1983 (Madhyamik Pariksha) when star marks (75 percent) was not easy to achieve. Later I have graduated from Lady Brabourne College ( very renowned college of Kolkata) with Economics Hons. Completed M.Sc and M. Phil from Calcutta University. For M.Phil I was awarded B.B.C (British Broadcasting Corporation) fellowship . In M. Phil my research area was Environmental Economics. I am now pursuing Ph. D in Gender Issue under Calcutta University.

## My dreams:

- Upliftment and empowerment of women
  - Evaluation of women's household contribution
  - Establishment of schools for the third gender
-



# Dr. Sumana Talakokkula

Title: Dr. Sumana Talakokkula: Healing Hearts and Inspiring Journeys in Telangana

## Introduction:

In the heart of Telangana, where traditions intertwine with modern aspirations, Dr. Sumana Talakokkula has emerged as a shining beacon of healthcare excellence. Born in the culturally rich town of Siddipet and educated in esteemed institutions across India and Germany, her journey from a small town to a distinguished medical professional is both inspiring and remarkable.

## Early Years in Gajwel and Hyderabad:

Dr. Sumana Talakokkula's educational roots trace back to the quaint town of Gajwel, where she completed her primary schooling. The bustling city of Hyderabad became her educational hub for secondary schooling and further studies. Little did the city know that within its academic corridors, a future medical luminary was honing her skills and building the foundation for a stellar career.

## Medical Graduation and Specialization:

The iconic Gandhi Medical College in Hyderabad played witness to Dr. Talakokkula's formative years in medicine. In 2002, she proudly graduated with a Bachelor of Medicine, Bachelor of Surgery (MBBS) degree, marking the beginning of a journey dedicated to healing and care. Undeterred by the challenges that awaited her, she continued her educational pursuit at Osmania Medical College, earning a Diploma in Anesthesia (DA) from 2003 to 2005.

## Expanding Horizons:

Dr. Talakokkula's thirst for knowledge and her commitment to excellence led her to Mumbai, where she pursued a Diplomate of the College of Physicians and Surgeons (DGO) in Obstetrics and Gynecology from 2009 to 2011. This phase of her journey equipped her with specialized skills, adding a new dimension to her medical expertise.

## International Expertise:

The pursuit of excellence knows no bounds, and Dr. Sumana Talakokkula's journey took an international turn as she undertook a Fellowship in Gynecological Endoscopy at Keil University in Germany in 2013. This global exposure allowed her to master advanced minimally invasive techniques, contributing to the global discourse on women's health.

## Continued Learning:

In the dynamic field of medicine, staying current with advancements is crucial. Dr. Talakokkula demonstrated her commitment to ongoing education by undertaking training in Pharmacovigilance in 2018, showcasing her dedication to patient safety and the ethical use of pharmaceuticals.

## Contributions to Healthcare:

Beyond her impressive academic credentials, Dr. Sumana Talakokkula has become a trusted name in healthcare, known for her compassionate approach to patient care. Her expertise in anesthesia, obstetrics, and gynecology, coupled with her global exposure, has positioned her as a leader in advancing healthcare practices.

## Professional Prowess:

Dr. Sumana Talakokkula's professional journey includes roles at various esteemed institutions, where her skills as CEO, a gynecologist and anesthesiologist have been invaluable. From Yellareddy Hospital to Maheshwara Medical College and Hospital, Udbhava Hospital, Holistic Hospital, Lotus Hospital, Apollo Hospital, and SLG Hospital, she has left an indelible impact on healthcare delivery.

## Awards and Accolades:

Dr. Talakokkula's exceptional contributions have not gone unnoticed, with a string of prestigious awards attesting to her impact on the healthcare landscape. The SHEPAHI award by the Telangana Government Police Department, the Indian Glory Award in Clinical Excellence, and the Outstanding Leadership Award at the Health 2.0 Conference in the USA and UAE are testaments to her unwavering commitment to raising the bar in healthcare.

## Conclusion:

Dr. Sumana Talakokkula's journey from Siddipet, to becoming a multifaceted medical professional is a testament to the power of perseverance and passion. Telangana can take pride in her accomplishments, as she continues to make significant contributions to healthcare, touching the lives of many with her healing hands and compassionate heart.

Dr. Sumana Talakokkula's journey from a small town in Telangana to becoming a globally recognized healthcare professional. Her contributions to the healthcare landscape of Telangana and beyond showcase the impact that one dedicated individual can have on the well-being of communities. Dr. Talakokkula stands as a beacon of professional excellence, a testament to her unwavering commitment, continuous pursuit of knowledge, and passion for healing inspiration for aspiring healthcare professionals, embodying the spirit of excellence and compassion in the field of medicine.



# Dr. Sawmali Swarnkar



Greetings! I am Dr. Sawmali Swarnkar, a Ph.D. graduate in the subject management under the faculty of Management studies and research from MATS University, Raipur. Beyond my academic pursuits, my passions include reading and travelling, which continually broaden my perspectives.

In the spirit of giving back to the community, I extend free tuition to students pursuing BBA and MBA, aiming to contribute to their academic success. Additionally, I am actively involved with INTERNATIONAL INSTITUTE OF INFLUENCERS & INTERNATIONAL LIFE SKILLS TECHNOLOGIES as Premium Brand Member in BOARD OF GCI- GLOBAL INTERNATIONAL INSTITUTE OF INFLUENCERS, WORLDS Premium Organization, where I collaborate with like-minded individuals committed to making a positive impact on a global scale. Furthermore, I am associated with the KESARI NANDAN CHARITABLE TRUST in Bhilai, CHHATTISGARH aligning my efforts with their noble mission. These endeavors reflect my dedication to both personal growth and social responsibility, as I strive to inspire and contribute to the academic and societal development of those around me.





# Ms. Manish Mohan Andhansare

As per Hindu literature Manisha means "the independence of intellect (mati)". Therefore, Manisha can be deciphered as "the intelligence which is capable of independent logical reasoning and rational analysis in determining truth or facts". This is exactly how Manisha Mohan Andhansare, the CEO of St. Xavier's High School and Junior College, Navi Mumbai, Maharashtra can be summed up as. It may be argued that, "What is there in a name?" and that a rose would still be a rose even if you call it by any other name. However, in case of Manisha it seems that the name chose her rather than her parents choosing it for her.

From a humble beginning with 35 students the school established in the year 1985 has grown exponentially to about 5000 students standing tall in all its glory housed in an imposing School Building has a great history of more than three decades. Without commercialization of education it provides comprehensive education from K.G. to P.G. It is a haven for the children where schooling is an experience by itself which the children would cherish throughout their life.

The institution has taken this upward trajectory thanks to Manisha's impeccable leadership and tireless efforts that has catapulted this once upon a "tiny Institution to one of the finest in the region".

Manisha has quite a few feathers in her cap and her services have been recognised by various organisations. She has been awarded

- "Savitribai Phule Rajya Award" under Ran Ragini Category by Shikshak Bharati for contribution in the field of Education,
- "Savitribai Phule Smruti Award" by Ekta Cultural Academy for the contribution in education,
- "Woman Achiever Award" by Agnishikha Manch,
- "Kritisheel Mukhya - Adhyapak" Award,
- "Adarsh Shikshak Award" - Thane District, Honoured by Sanmitra Charitable Trust as the Best Principal for contribution in the field of education,
- "Vocational Guidance Award" - Rotary Club - Nerul.
- Other than these she has been recognised for her social service by the
  - "Alert India Award",
  - "Helpage India Award" and the
  - "Pulse Polio Award".
  - She has been invited by various organisations in Navi Mumbai to be the Chief Speaker.

She has also worked as the Secretary and the Executive member of New Bombay Area Schools Association relentlessly for the improvement in the field of education and as Commissioner of Headquarters of Scout and Guide (Thane).

Achievement of 100% results for last 30 years through motivation of teachers, students and parents.

Introduction and conducting of "Gyanodaya" an adult educational program for the parents to encourage them to guide and help their children to pursue higher education and also for themselves.

Introduction of "Lakshya" a scientifically designed sports program for mental and physical development of children.

Imparting of knowledge to students based on their ability and capability in three different categories viz. Startup, Enrichment and Acceleration programs.

Introduced Secret Ballot School Elections for student council similar to National Elections to introduce children to the process of Elections and imbibe democratic values.

Organized computer literacy program for community.

Organized family day every year for employees to develop a strong bond between the employees and the organization.

Last but not the least interacted with various International schools in the USA & UK to understand the educational reforms process and share rich cultural heritage of our country with them. Above all, the cherry on the cake is the conversion of the school to E-school by embracing 100% solar power thereby reducing carbon footprints and contributing towards social and sustainable development.

Her successful leadership lies in the fact that she is an effective communicator, an active listener and has a growth mind-set the qualities which come easy to her thanks to the extremely rich four decades of experience in the teaching field.

# Ms Rashmi Sharma ( Workout Studio )



Rashmi Sharma

[Owner Of Workout Studio Fitness Centre]

Born on 1 July 1984 in Meerut. I am a fitness trainer since last 10 years. I help people reducing their weight and preventing disease caused by being overweight. I am a women counsellor too. I help people take care their physical health as well as mental health.

When I started my journey in the field of fitness. I became aware of my own health and studied about fitness, then it became my resolve to educate more women and youth about fitness. The word fitness not only talks about physical health and beauty but also shows the direction of overall healthy lifestyle. I carry fitness training with women counselling to provide guidance on mental and emotional issues for healing them. I create an emotional connect with my clients so that they feel comfortable to talk to me.

After my counselling session and fitness session when the ladies have achieved their goals, they remain happy, live life in a positive manner, they become self-confident and self-dependent. They don't have any type of difficulty in taking decisions and fitness becomes an important part of their life, then I feel very happy and get encouragement and become capable of helping the women and the youth at a better level.

(Certification)

Certified from Delhi and Noida.

(Education)

M.A in English and education

(Services)

Zumba,Areobics,Cardio,Strength,Functional & Circuit Training,Yoga and Dance and many more. Dealing in special population (PCOD, PCOS, B.P, Sugar, Thyroid)

Personal training online and offline.

(Audience)

Specializes in working with women,youth and kids.

(Mission)

Committed for promoting a holistic approach to fitness focusing on physical and mental health well being. Striving to improve women,youth and kids through personalized training and counselling. I am dedicated for spreading fitness awareness.

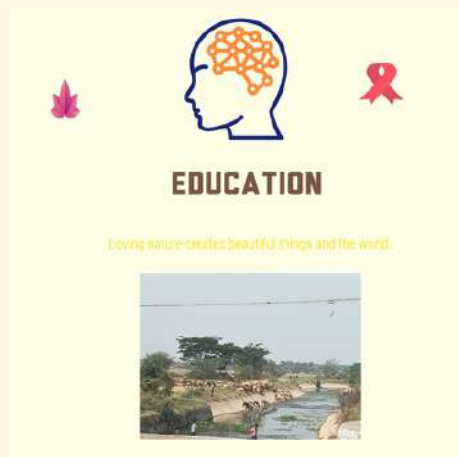




## Ms Swapna S.

I am SWAPNA S, MSc, BEd, Diploma in seed technology. Science Teacher, ASSISTANT MASTER GRADE 2, ADARSHA VIDYALAYA, SOSALE. I am a Science teacher and I teach the students the Science in construction developing life which creates dreams of their own life and sustains their worthiness. I have been awarded as Best Science teacher, Best organiser, Best Guide Teacher by Chinthana foundation. I have got first prize in poster competition of topic Nanotechnology in medicine. I make successful students secure first prize in taluk level Science exhibitions everytime. I secure first in Taluk level essay competitions. My students have secured rotating award in debate competition. My students have been placed in Army and Navy with good and golden attitude. My students are humane nature towards society and problems. I am good at singing, kolata dance, Drawing, Rangoli, Cooking, sewing, Fashioning, Interior decoration, clay modeling, creative art works, creative arrangement, creative usage etc. I am good at sports chess, carrom, badminton, shuttle, football, shooting, rugby. In friend circle I am always won first with happiness and liked by my friends too. I like to research the Science field the solutions to problems in a sustainable way. I am always joyful and enjoying with fun and antiquity and integrity in my life. I enjoy my life with family and friends. My friends, people, family, colleagues, students love me a lot. I love cycling in nature in my free time enjoying the beautiful flowers, the rivers, and beautiful trees giving peace breeze surrounding the region. When I get very happiness I create and write my own poems in kannada, English so I feel myself a music therapy. I am beautiful lady so I find interest in maintaining my beauty by various my own beauty methods and tricks. I love children. I find happiness in children happiness. I attended many training, workshops and some conferences so I get numerous knowledge from eminent personalities. I grow plants when I get free and use the products for home cooking or as medicine. I read and collect books.

Thank you,  
SWAPNA S







# Ms. Afaf Ansari

Meet Afaf Ansari, the visionary founder behind the success story of Indian Drycleaning Company (IDC), a retail franchise chain specializing in laundry and drycleaning services. With nearly a decade of expertise in the Laundry & Drycleaning Service Industry, Afaf is on a mission to position IDC as a global leader in customized cleaning services.

Afaf Ansari, a Commerce graduate from the University of Mumbai, further honed her skills by obtaining a Masters in Advertisement & PR. Drawing from her extensive knowledge, she is dedicated to revolutionizing the textile and fashion cleaning segment in India. As the driving force behind IDC, Afaf is committed to delivering innovative solutions that not only meet the dynamic needs of the millennial demographic but also contribute to a sustainable future with a strong commitment to #ResponsibleBusiness.

Recognizing the urgent need to conserve water, Afaf has implemented a groundbreaking process at IDC that uses only 1/3rd of the water consumed per wash cycle compared to traditional home laundry methods. Despite this water-saving approach, IDC guarantees impeccably clean, fresh, and hygienic garments delivered to your doorstep within 48 hours. The brand adheres to stringent guidelines to avoid using products that could harm the environment, making IDC a "Plastic-Free" entity that utilizes 100% biodegradable packaging materials.

Under Afaf's leadership, IDC is not only transforming the laundry and dry cleaning landscape but is also on a mission to create 4000 employment opportunities in India by the end of the decade. The ambitious goal is to establish 1000 'Phygitally' operating units across India by 2030. Launched in November 2023, IDC has already made a significant impact in South Delhi, serving areas such as Malviya Nagar, Saket, GK1, GK2, South Extension, and more.

Entrepreneurs and investors are invited to join IDC in this revolutionary era of laundry and dry cleaning. Be a part of the movement led by Afaf Ansari, where business success is intricately woven with environmental responsibility and social impact.





## Ms. Amisha Jain

Amisha is a University Graduate. Being a firm believer in God and the principles of Karma she always dared to break through her boundaries.

Being an independent woman, she plays the role of a conventional homemaker and a passionate entrepreneur brilliantly. From running the food business and venturing into the world of fashion, she has created employment opportunities for women workers and has reshaped lives of many of them.

When she is not working she loves to listen to music and is looking forward to making new friends. She aims to live life to the fullest. She believes in standing up for oneself rather than leaning on someone for the same.

# Ms. Divanjali Chauhan



Amisha is a University Graduate. Being a firm believer in God and the principles of Karma she always dared to break through her boundaries.

Being an independent woman, she plays the role of a conventional homemaker and a passionate entrepreneur brilliantly. From running the food business and venturing into the world of fashion, she has created employment opportunities for women workers and has reshaped lives of many of them.

When she is not working she loves to listen to music and is looking forward to making new friends. She aims to live life to the fullest. She believes in standing up for oneself rather than leaning on someone for the same.

# Ms. Divanjali Chauhan



Divyanjali Chauhan: An Educator

Quote : LEARN ABOUT ANYTHING IS TO TRY IT

TEACHER ENCOURAGE MINDS TO THINK, HANDS TO CREATE AND HEARTS TO LOVE

ABOUT MYSELF:

NAMSKAR “ Greetings to all !!

I am delighted to present myself, I'm Divyanjali Chauhan. I live in Mainpuri Uttar Pradesh. I'm a graduate passed out and pursuing Bachelor of Education from Dr Bhim Rao Ambedkar Agra University . I'm a alumnae of Army Public school Kota .

ABOUT MY WORK

Life is full of roller coaster rides. For two years I devoted my professional life to the field of education. I never thought that I would ever be a part of this field. It was my mother's dream that she would become a successful teacher in her life .But due to some family circumstances she could not able to fulfill her dreams. My family always motivated me to join this field.

After becoming a teacher, I realized that you need to be very positive towards your students and into a classroom . Because your energies are also transferred to your students . I have always tried to be my student's sister, mother and best friend. Where they will feel safe to express their problems. We live in Indian culture and we are not uncomfortable to share our problems with our parents. When our students face these emotions they share things with their friends and then they get wrong advice. Students are afraid of delivering their problems. We teachers should make our bond with them so sacred and so strong that they can trust us. Our education system should be such that a teacher is so much interactive and connected to a child that he /she can solve their problems. These little ones become victims of anxiety and depression when they reach to their teen age .And somewhere, unfortunately, crime also originates from here. Our country's education system should get positive teachers whose aim is not just to get good results but to get good emotions and health of their students. Our aim is not only to make the children learn and teach with sticks but also to make so trustable towards ourselves. We teachers are God in the lives of students I would request every teacher to be like a God in the life of his/her students, just as they never fear in front of God by delivery their problems, and This is how they will present himself before you.

I made teaching my profession and now it has become my passion . I hope, my words have ignited a beacon of hope for countless childrens . My words inspires people to create spritual , joyful and unique classroom environment and which will make the world a better place .



# Ms. Kavita Chauhan

I am Kavita Chauhan mother of a child and a wife run a Hotel in Rishikesh Uttarakhand by the name of Rudram Hotel Yoga & Ayurveda Retreat

In our Hotel one can feel an essence of Rishikesh. Our concept is all about authenticity of India. In our Hotel outside shoes are not allowed, we provide in house slippers in rooms, dinning are floor seating old Indian style.

Yoga classes are free for our in house guests, meditation classes are provided free as well, on request of guests

We provide copper or steel bottles of water in rooms to reduce use of plastic.

I myself did MBA in marketing and went to Canada for higher studies.

I got married with my husband there who was also an International student; but we always craved for India as we wanted to move back to serve our country and could generate en employment for needed people which come from small villages of uttarakhand.

I was so much into Yoga, Ayurveda and meditation so I created this Hotel project; where people feel the essence of Rishikesh, as well as get rejuvenated with the good vibes and take these vibes from India to all world or within India; also people can learn or adapt healthy life style after learning yoga and meditation.

I took an initiative after living there in Niagara Falls for 15 years; moved back to India with my child and built this Hotel in March 2018 and we started it in April 2019 with this unique concept our hotel is doing well with the grace of God.

The hotel interior is done by us only and used all Indian handicrafts for décor and bedding also aesthetic Rajasthan's dohar.

My hobbies: Interior and exterior decoration, cooking, reading, travelling, gardening, shopping handicrafts materials







# Ms. Manuja Mishra

## MANUJA MISHRA

Founder & Certified Career Counselor

Thee Purplee Housee, Guna (M.P.)

Career Counseling Services and Personality Development Classes

Manuja was born in February 2000 in Guna city of Madhya Pradesh. Since her childhood, she has always been driven to do things beyond the ordinary. She was an average student but excelled in sports and other activities. An introvert during her school years, Manuja is now a vibrant and dynamic person. She loves to meet new people from various fields and is always excited to get a glimpse of life in various industries and sectors.

## EDUCATIONAL ACHIEVEMENTS -

- Bachelor of Arts Bachelor of Education (Integrated Degree)
- PG Diploma in Guidance and Counselling Psychology (Amity University Gwalior, Madhya Pradesh)
- Global Career Counsellor - Green Belt Certificate (Univariety & UCLA Extension, California)
- Cleared Central Teacher Eligibility Test - Paper II
- Pursuing Masters' Degree in Psychology and English.

## LIFE EXPERIENCES -

- The journey to realize her dream of becoming a career counselor has helped Manuja learn about her true calling. After completing her school education, Manuja joined a personality development institute to work on her skills and overcome her introverted tendencies. Today, she is skilled in public speaking and does not fall back in the face of challenges. She has participated in social discussions, hosted various events in her hometown, and has the mesmerizing capability to explain her ideas to the masses.
- Manuja is also an avid sports player and has won individual championships, certificates and medals in kabaddi, shot put, running, and other sports events. She loves to play badminton and is also a talented dancer.

## ABOUT HER WORK -

- At the young age of 23 years, Manuja realized her dream of being the first certified career counselor in her hometown. Her centre "Thee Purplee Housee" (pronounced Thee Purple House) is the first to provide counseling and skill development services in the district. With continuous support from her parents, Manuja guides school students to discover their true potential and match their interests and aptitudes with the right career fields. With her impressive achievements and unyielding spirit, Manuja is a true inspiration in the field of career counseling.

## MANUJA MISHRA - A CAREER COUNSELOR

- With the ever-changing educational and career domains, it is becoming difficult for students to make a decision that is agreed upon by their parents. As a career counselor, Manuja bridges the gap between individual potential and the best-fit career field. She helps students discover what is best for them and assists them in enhancing their skills so that they can grab whatever opportunity arises.
- She has conducted numerous interactive career seminars and personality development sessions for students and working professionals, and her work has been recognized by many as she is the youngest trainer in her city. Her commitment to empower young students to achieve their full potential is an inspiration to all who aspire to make a positive impact in their respective fields.

## A MESSAGE FOR THE READER -

- "I would like to appreciate all the women leaders and change-makers who are actively working towards betterment of the society. I believe that true change begins at home. So, my decision to enlighten young minds about various career possibilities started in my hometown.
- After reading all the news articles on the unexpected steps taken by the students today, my resolve to be the change-maker has been strengthened. I am motivated to raise awareness about the numerous options available for those who choose to lead a better life. I also thank my parents and supporters for being there for me." - Manuja Mishra



# Ms. Pooja Kothari

I'm delighted to present myself, Mrs Pooja Kothari.

I was born and brought up in Hyderabad. I have done my M.Com from Osmania University, Hyderabad. My childhood was an amazing part of my life. I was an national level athlete and can proudly say that I have won many medals and made my state proud back then.

After Marriage I moved to Bongaigaon, Assam. Well to start with I would say, all thanks to my family who supported me to do something which would make me feel independent and as well which I enjoyed doing was to assist my father-in-law n husband in their business (Prabhat Trading Co., which deals in distribution of Milton products in lower Assam).

After a few years of experience with them, I started with my own venture, i.e. PRABHAT AGENCIES which deals in distribution of Borosil products. Borosil is something which I can connect with myself as a women, also it adds to my identity as well.

I'm thankful to GEE, BizNation TV and the whole "EKNARI 100 PE BHARI" team for giving me this privilege and I'm so happy to receive this award. It's whole lot of different experience to meet such beautiful ladies and knowing how powerful women today are! I'm glad to be a part of it.



# Ms. Sananda Dey Sarkar

As Chairman of Future-X Academy Trust, Sananda Dey Sarkar, passionately shares the remarkable journey of education empowerment embarked upon together. The belief in education's transformative power is central to their vision, striving to bridge the gap between underprivileged and privileged children over the past seven years. Providing essential educational resources free of cost, they've supported 111 students, aiming to establish a permanent English medium school to bring lasting change.

Their commitment extends beyond material support, fostering a platform for every child to showcase their talents without discrimination. Notably, the purchase of land without external funds underscores their dedication to meaningful causes, inspiring others to join in this noble endeavour. While primary education remains their current focus due to resource limitations, their aspirations to support 500 students by 2025 shine brightly.

Empowering women through essential soft skills is also a priority, with Sananda's expertise as a master trainer of Abacus driving impactful initiatives. Their Abacus brand, associated with renowned schools in Kolkata for over a decade, empowers women from lower-middle-class families, enabling them to teach over 1200 students monthly. Recognizing that general education may not suffice for employment, Abacus equips women with quick learning and confidence-building skills.

These small steps are envisioned to lead to significant positive changes, fueled by the generosity and support of individuals. Their recognition of 80G in 2020 stands as a testament to their unwavering commitment. Looking to the future with hope and optimism, they invite more individuals to join this impactful journey towards a brighter tomorrow.

# Ms. Sima Devi Moirangthem



## Sima Moirangthem

She is from Manipur. A double graduate (English and Political Science) turned Fashion Designer. Living in Delhi since 1996. She runs a charitable organization named "Human Foundation" with the motive of helping orphans and old people. And "Styleera By Sima", a brand that focuses on bridal and semi-bridal.

With diverse working experience in the fashion industry and seeing the demands of indo-western wear, bridal and semi-bridal for women, she started her brand "Styleera by Sima" in Shahpur Jat, New Delhi with the hope of fulfilling her dreams and providing budget-friendly outfits for bridal and semi-bridal despite facing many challenges and financial risks. She is contributing to society by employing staff (artisans), tailors, merchandisers, and interns for fashion students who are pursuing their dreams in the fashion industry. Running a business has lots of ups and downs. Having lots of competitors in the industry she survived and made it possible for liquidity to hold the business. Even though COVID-19 turned out to be a life-changing phase for the entire world she still maintained her positive attitude, determination, and perseverance to sustain the business and the charitable work.

As the famous saying "I alone cannot change the world, but I can cast a stone across the water to create many ripples.", She alone cannot change the world but can do her part by aspiring youngsters and motivating them and educating them that even though life throws many hardships one must be determined.





# Ms. Smita Singh

I have dedicated 15 enriching years to the field of education, embarking on a remarkable journey that has spanned diverse roles, challenges and accomplishments. I've transitioned from an early childhood educator to a prominent school Principal, spanning diverse roles in the education sector. My unwavering dedication to the field of education, embarking on a commitment to the educational sector has been a source of immense personal and professional fulfillment and it is a privilege to share the narrative of my educational odyssey with you.

My voyage in the realm of education commenced at the prestigious S N MEMORIAL INTERNATIONAL SCHOOL, where my passion for teaching found its initial canvas. It wasn't long before I began to stand out as an exceptional educator, driven by an unquenchable thirst for knowledge and innovation. This distinction opened an extraordinary opportunity for me – an opportunity that would prove to be transformative not only for my career but for the educational landscape in India. In a watershed moment, I was handpicked as one of the top three candidates nationwide to participate in an exclusive professional training program in the illustrious city of London, United Kingdom. This fully-funded program aimed to shape a visionary curriculum that could meet the evolving needs of students in the coming two decades.

The curriculum we envisioned wasn't merely a syllabus, it was a roadmap for nurturing agile minds ready to thrive in a rapidly changing world. My tenure in London was nothing short of an intellectual and experiential whirlwind. Surrounded by educators from around the globe, I delved deep into the realms of innovative pedagogical practices, curriculum design and educational psychology. The program exposed me to diverse educational philosophies, each contributing unique insights into the craft of teaching. My time in London crystallized my vision of a forward-thinking education system that would empower students to become lifelong learners, critical thinkers and responsible global citizens. Armed with this invaluable knowledge, I returned to India, determined to catalyze change in the educational landscape. My mission was two-fold. First, I sought to disseminate the cutting-edge teaching methodologies and approaches I had acquired during my training. Second, I undertook the task of conducting comprehensive audits in various schools across the country. These audits aimed to ensure that these progressive teaching methods were effectively integrated into the school's educational framework.

With the newfound purpose, I embarked on the next phase of my career journey by joining "S N MEMORIAL SCHOOL," a distinguished group of educational institutions renowned for their

commitment to excellence. As a Principal, my primary mission aligns seamlessly with the National Educational Policy (NEP), which envisions a reimagined educational ecosystem designed to empower students as well-rounded individuals.

My curriculum development efforts are centered on fostering an educational framework that transcends traditional boundaries. I aim to equip our students with the skills, competencies, and ethical grounding needed to excel in a dynamic world. This approach doesn't merely impart knowledge but also nurtures critical thinking, emotional intelligence and effective communication skills – essential attributes for success in the 21st century.

My commitment to contributing positively to India's educational landscape remains unwavering. It is a journey marked by dedication, innovation and an unrelenting belief in the transformative power of education. As I look forward to the chapters yet to be written, I carry with me the profound conviction that education has the potential to shape not only individuals but entire societies, fostering progress, compassion and a brighter future for all.

In conclusion, I extend my gratitude to all those who have supported and inspired me throughout my educational journey. Together, we embark on a shared mission to shape the future through the power of education.



# Ms. Neelamba Jhala

In 2012, my dear friend Laxmiba and I embarked on an adventure that was both exciting and daunting. With no background in fashion but a shared passion for our traditional Rajputi Poshak, we dared to dream. We transformed an extra room on my terrace into a small boutique, a place that would soon become a canvas for our dreams.

Balancing our roles as housewives, Laxmiba and I could only spare 3-4 hours a day for our venture. Yet, within these limited hours, we poured our hearts and souls into Nikhaar Boutique. Our vision was clear: to merge the rich traditions of Gujarat and Rajasthan in our designs, creating attire that honored our heritage while embracing the present.

Perhaps what I'm most proud of, beyond the success of our designs, is our commitment to empowering women in need. We made it our mission to hire women who were widows or facing financial struggles, offering them not just employment but a chance to rebuild their lives with dignity. Seeing these women grow in confidence and skill has been one of the most rewarding experiences of my life.

Our boutique quickly gained popularity, especially among Rajput brides who dreamed of wearing something truly special on their wedding day. It wasn't just about the clothes; it was about making dreams come true. As our reputation grew, so did the recognition from our community. Laxmiba and I found ourselves invited as chief guests and judges, honored with awards that acknowledged our hard work and contribution.

Amidst the whirlwind of running Nikhaar Boutique, I also pursued my passion for horse riding. Joining the RD Jhala Horse Riding Club in Rajkot, I became one of the first women to compete and win medals at state and national levels. This journey has taught me the power of perseverance, the joy of following one's passion, and the importance of breaking barriers.

Today, with a team of 48, including 32 incredible women, every day at Nikhaar Boutique is a new opportunity to create, to inspire, and to make a difference. Our journey continues, fueled by the dreams we've realized and those we've yet to achieve. Looking forward, I am filled with hope and excitement for what the future holds, for Nikhaar Boutique, for our team, and for every woman who dares to dream big.





# Rehmat Anjum

Rehmat Anjum: Transforming Careers with AI and Personal Branding Expertise

"Rehmat Anjum: Redefining Career Success in the Age of AI and Personal Branding"

In the dynamic world of career development and personal branding, Rehmat Anjum stands out as a beacon of innovation and excellence. Her groundbreaking "LinkedIn+AI Job Mastery Toolkit & Program" is reshaping the landscape of career advancement. This unique program empowers individuals to transform their LinkedIn profiles into powerful tools for landing dream jobs and leadership roles.

Over the past three years, Rehmat has been instrumental in helping hundreds secure prestigious positions in top MNCs and startups across India. Her expertise lies in guiding people to achieve their career goals, secure deserving salaries, and attain impactful leadership roles using her distinctive methods.

Rehmat's approach to mentorship encompasses a broad spectrum of skills, including LinkedIn branding, AI integration, communication excellence, and leadership development. Her training spans various industries, preparing her mentees for success in their respective fields.

As the host and speaker of the acclaimed LinkedIn Audio Live- "Career Resilience Live", Rehmat provides valuable insights into thriving during uncertain times.

A true educationist and career mentor, Rehmat uniquely combines personal branding, career growth, and AI. Her signature toolkits and blueprints, including innovative tools, provide a comprehensive approach to career advancement.

Empowering a Million Careers

Driven by her mission to empower one million careers, Rehmat focuses on using AI and LinkedIn branding to achieve exponential growth.

Her journey began in 2009, serving prestigious institutions and impacting over 2000 individuals now thriving in companies like E&Y, Genpact, and Accenture. As the CEO of Walkinly, she plays a key role in talent acquisition for India's tech giants, emphasizing skill development and career alignment.

Rehmat's expertise as a LinkedIn specialist has positively impacted over 500 lives, making her a leading figure in career growth coaching. She continues to expand her influence through keynote speeches in both English and Hindi, covering topics like LinkedIn Mastery, Career Clarity, and Resume Writing.

Connect & Follow here-

LinkedIn: <https://www.linkedin.com/in/rehmat-anjum/>

Instagram: [https://www.instagram.com/rehmat\\_anjum/](https://www.instagram.com/rehmat_anjum/)

Facebook: <https://www.facebook.com/RehmatAnjumCareerCoach>

YouTube: [https://www.youtube.com/channel/UCUDu\\_MznAKBux8G3nr8BreA](https://www.youtube.com/channel/UCUDu_MznAKBux8G3nr8BreA)

<https://masterclass.rehmatanjum.com/>

[www.walkinly.com](http://www.walkinly.com)

**REHMAT ANJUM**





# Ms. Kajal Chaudhary

## The Role of Yog and Dietary Modifications for PCOD/PCOS Patients

In recent times, a concerning trend has emerged as several diseases gain notoriety among the youth, with a surprising degree of nonchalance prevailing. One such prevalent health issue is Polycystic Ovary Syndrome (PCOS/PCOD), a condition affecting the hormonal balance in individuals. Despite its far-reaching impact on reproductive health, there appears to be a lack of awareness or concern among the younger generation. The repercussions of this indifference extend beyond personal well-being, influencing the health of the next generation. Understanding and addressing the implications of PCOS/PCOD is crucial for the collective well-being of society's youth.

PCOD and PCOS are not so different after all,

PCOD - Polycystic Ovarian Disease

PCOS - Polycystic Ovary Syndrome

PCOD is a condition in which ovaries produce many immature or partially mature eggs, this happens due to poor lifestyle, obesity, stress and hormonal imbalance. PCOS on the other hand is a metabolic disorder and more severe form of PCOD can lead to anovulation where ovaries stop releasing eggs which is also a result of poor lifestyle.

This condition affects an estimated 8–13% of women of reproductive age, and up to 70% of cases are undiagnosed.

PCOS has a lot of symptoms common with PCOD - weight gain, infertility, acne, irregular periods, etc. PCOS also induces metabolic syndrome, which increases risk of heart disease, strokes, and diabetes.

Ovulation disorders are the cause of infertility in around 25% of couples and PCOS/PCOD is the major cause of anovulatory infertility, accounting for approximately 70% of all cases.

In the past decade, Polycystic Ovary Syndrome (PCOS) and its precursor, Polycystic Ovary Disorder (PCOD), have emerged as significant health challenges in India. The increasing prevalence of sedentary lifestyles, stress, and dietary shifts towards processed foods has contributed to a rise in hormonal imbalances among women. Factors like urbanization, changing societal norms, and delayed marriages have also played a role in the higher incidence of PCOD and PCOS. Lack of awareness, coupled with the stigma surrounding reproductive health, often results in delayed diagnosis and treatment. Addressing this growing problem requires a holistic approach, including education, awareness campaigns, and improved accessibility to healthcare services.

The connection between PCOD and lifestyle extends to dietary choices, including the consumption of dairy products and certain food items. In many cases, dairy products may contain hormones due to the administration of growth-promoting injections to cows, which can potentially disrupt hormonal balance in humans. Additionally, chocolates, especially those with high sugar content, may contribute to insulin resistance, exacerbating PCOD symptoms. The cultivation of whole grains using chemicals introduces the risk of pesticide residues, which can further impact hormonal health. The accumulation of these factors underscores the importance of opting for organic, hormone-free dairy, and making mindful choices in selecting whole grains and chocolates to reduce potential hormonal disruptions associated with PCOD and PCOS. Adopting a diet that prioritizes natural, unprocessed foods can be a crucial step in managing and preventing these conditions.

The integration of yoga and a balanced diet plays a pivotal role in addressing and managing PCOD and PCOS. Regular practice of yoga, with a focus on poses that promote hormonal balance and reduce stress, can positively impact the symptoms associated with these conditions. Yoga's emphasis on mindfulness and relaxation techniques helps in managing stress, a significant contributor to hormonal imbalances. Additionally, adopting a well-rounded and nutritious diet, fruits, vegetables, and lean proteins, aids in weight management and regulates insulin levels. Both yoga and a wholesome diet contribute synergistically to improving overall well-being and fostering hormonal equilibrium. Integrating these lifestyle changes not only assists in alleviating symptoms but also empowers individuals to take proactive steps towards long-term health and wellness.

Meditation also plays a crucial role in PCOD management by reducing stress, a key contributor to hormonal imbalances. Through mindfulness and relaxation, meditation helps release endorphins, the "happy hormones," promoting a sense of well-being and potentially alleviating symptoms associated with PCOD.

BYC FITNESS FOUNDATION has encountered numerous cases of women facing challenges related to PCOS and PCOD over the past 15 years. Through a holistic approach that integrates specialized yoga practices and personalized dietary guidance, the institute has successfully supported and guided 150-200 women who were initially presented with challenging fertility prospects by medical professionals. These success stories underscore the efficacy of the institute's methodology, showcasing that with the right combination of yoga and dietary interventions, individuals can navigate and overcome the complexities of PCOS and PCOD, highlighting the potential for positive outcomes in the realm of reproductive health.





# Ms. Smita Srivastava

परिचय : स्मिता श्रीवास्तव

मातृभाषा हिंदी के प्रति समर्पित दो दशकों से अधिक हिंदी भाषा शिक्षण का अनुभव हिंदी भाषा शिक्षिका । हिंदी एक भाषा नहीं एक विचार है। भारतीय संस्कृति एवं मूल्यों के प्रचार प्रसार हेतु पिछले २२ वर्षों से प्रयासरत हैं । रामचरित मानस की अनवरत विधार्थी। शिक्षाविद एवं भाषा प्रशिक्षक (भारतीय) शिक्षा और सामुदायिक सेवा में 22 वर्ष का अनुभव, दिल्ली के प्रतिष्ठित विद्यालय में कार्यरत। शैक्षिक योग्यता - बैचलर ऑफ एजुकेशन, डबल मास्टर्स- हिंदी ओर प्राचीन इतिहास, पोस्ट ग्रेजुएट डिप्लोमा हिंदी रचनात्मक लेखन में। रुचियां : पठन- पाठन , कथावाचन , लेखन , शैक्षिक एवं आध्यात्मिक भ्रमण।

- कवि एवं स्वतंत्र लेखन, रामचरित मानस का अध्ययन एवं राम साहित्य का पठन-पाठन एवं चिंतन
- स्वतंत्र लेखन, कथावाचक
- रामचरित भवन ह्यूस्टन यूएसए की सदस्य एवं नियमित वक्ता
- विभिन्न मंचों से कविता पाठ विभिन्न पत्र- पत्रिकाओं में लेख एवं कवितायें प्रकाशित
- कविता लेखन एवं गायन
- विभिन्न वर्गों के सामाजिक कार्यों में सक्रिय हिस्सेदारी।
- रंगमंच में सक्रिय भागीदारी
- आध्यात्मिक वक्ता
- रामचरित मानस की अनवरत विधार्थी
- रेडियो ऐप के लिए कविता वाचक एवं कथावाचक के रूप में कार्य
- पुस्तकों तथा पत्रिका का उपसंपादन का कार्य
- विदेशों में भारतीय संस्कृति एवं मूल्यों का प्रचार प्रसार।
- भारतीय पौराणिक कथा वाचन
- कई अन्य संस्थाओं में स्वयंसेवक के रूप में सक्रियता, सांस्कृतिक व साहित्यिक कार्यक्रमों व गोष्ठियों में भागीदारी व उनके आयोजन में सहयोग।
- नुक्कड़ नाटक लेखन कार्य एवं प्रस्तुति

SMITA SRIVASTAVA

Educationist and HINDI Language Expert (Indian)

22 years of experience in education and community service

(Working with a very reputed school in Delhi)

Educational and Professional Qualifications:

Bachelor of Education, Double Masters Hindi and History, Post Graduate Diploma in creative writing Hindi.

With her experience as an educationist for 22 years and expertise in Indian values and culture. She firmly believes Hindi ek Bhasha Nahi ek Virchar Hai. A passionate and enthusiastic professional with many awards, She continues to demonstrate quality and excellence in her personal, professional, and social life.

Tagline

Hindi ek bhasha nahi ek vichar hai.

Passion

Storytelling

Love

To spread Indian values and culture to the new generation.

Wish

To share my Life Experiences and Learnings with everyone associated with me.

Expertise

HINDI language and Ramcharit Manas.

Strength

Good at patiently teaching HINDI to foreign nationals.

- POET, WRITER, AND FREELANCER
- MEMBER OF HUSTEN RAM CHARIT BHAVAN AND REGULAR SPEAKER
- POEMS AND WRITE-UPS PUBLISHED IN MANY MAGAZINES
- SCRIPT WRITING FOR STAGE SHOWS
- VOICE OVER ARTIST
- SPIRITUAL SPEAKER
- REDIO ANCHORING
- INDIAN CULTURE AND LANGUAGE LESSONS FOR FOREIGN NATIONALS
- RAMAYAN AND BHAGWAT GEETA STORIES
- ADDITIONAL HELP IN MAGAZINES
- MYTHOLOGICAL STORYTELLER
- HINDI NUKKAD NATAK WRITER ON SOCIAL ISSUES

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# Prof. Suman Mann

Prof. (Dr.) Suman Mann

Professor, School of Computer Science and Engineering

Galgotias University, Plot No.2, Sector 17-A, Yamuna Expressway, Opposite Buddha International Circuit, Greater Noida, Gautam Buddh Nagar, Uttar Pradesh 203201

Dr. Suman Mann is an accomplished professional in the field of Computer Science and Engineering. She earned her B.Tech in Computer Science from Kurukshetra University, followed by an M.Tech from Punjab Technical University and a Ph.D. from Guru Gobind Singh Indraprastha University (GGSIU). Her research expertise lies in the areas of Data Warehousing and Artificial Intelligence.

In recognition of her dedication and excellence, Dr. Mann was awarded IEEE Best Branch Counsellor in 2009. Her commitment to research has been acknowledged with research recommendations in 2022. With a background in teaching representation spanning twenty-two years, Dr. Mann currently holds the position of Professor in the School of Computer Science and Engineering at Galgotias University.

Dr. Suman Mann has made significant contributions to academia, with an impressive publication record. She has authored and co-authored over 85 papers, which have been published in reputed journals indexed in SCI, SCIE, and Scopus. She has chaired many technical sessions in international conferences and invited as keynote speaker in various seminars and FDPs. Her research output reflects a commitment to advancing knowledge in the intersection of Data Warehousing and Artificial Intelligence.

As a seasoned professional and academician, Dr. Mann continues to contribute to the academic community through her research, teaching, and leadership roles. She received Leadership Award on Magic Makers event held at Subharti University, Meerut on 19-11-2023. She Earned Visionary Mentor Award on the occasion of Teachers day for the event Changing Chalks held at Rishihood University on 3-09-2023.

Her comprehensive background, coupled with her extensive publication record, positions her as a notable figure in the field of Computer Science and Engineering.

Prof. Suman Mann



# Dr. D Bharathi

I am Dr. D. Bharathi working as an Associate Professor in the Department of Economics

S I V E T College, Gowriwakkam, Chennai 73, for the past 25 years. I am glad to say that, the college where I am working is in the outskirts of Chennai City. Students mostly come from government schools, with poor socio economic background, and they are mainly from first generation degree holders.

Creating awareness and imparting education has been my prime goal. I am very happy to say that I would be one among the women who feel that education alone can transform one's lives and make them lead a holistic life.

Quality Education sustains value systems and refines each and every individual to be a mentor or guide for others in the society. An Educated mind with good ethics lives a life of human being, providing welfare to all. One of the Sustainable development goals focuses on Quality Education. I sincerely accept that an Educated society will develop and create a landmark in India in the years to come. This is possible only when the teaching fraternity are duly respected in the society and the digital technology during learning be strictly monitored or policies be designed to avoid Mobile phones inside the Educational Institutions.

I did my Ph.D in the area of Ecological Economics. My paper was accepted by the International Society for Ecological Economics in the year 2006 at the International Conference organised at India Habitat Centre, New Delhi on the title 'Impact of shrinkage on Pallikaranai Marshland'. In the year 2008 my another paper was accepted by the Indian Society for Ecological Economics at Gujarat Vidhyapeeth on the title 'Public Governance on Wetland Management a study on Pallikaranai Marshland'. This paper was taken as reference by the Madras High court when the stakeholders were protesting to save Pallikaranai Marshland. Care Earth and other NGOs, added to this the Residents Welfare Association in and around Pallikaranai Marshland protested to save this wetland last remaining in the South Chennai part of Tamil Nadu.

Severe rainfall in Chennai during 2005, 2010, and 2016, 2023, caused floods. Damages to infrastructure, property loss, loss of valuables, death caused lot of Mental problems. All stakeholders will only refer protecting Pallikaranai Marshland as the only solution for flood damages. I was awarded Doctorate degree in 2010. Thanks to the High court orders issued in 3rd February 2024 "The Hindu" title "Learn lessons from floods, don't alienate wetlands" that hereafter there must not be any encroachment even by the Government.

I am thankful to the court orders for protecting the Pallikaranai Marshland which will be the only natural capital providing all direct and indirect services to the society at large.

I am thankful to the Global Empire Events for selecting me in Ek Nari 100 pe bhari for the award of Women Empowerment through Education.



# Ms. Divya Bhardwaj

Ms. Divya Bhardwaj is a very dedicated educator with more than 10 years of experience, she is deeply committed to fostering a supportive and enriching learning environment that empowers students to reach their full potential. Through innovative teaching methods, personalized instruction, and a genuine passion for education, She strive to inspire a love for learning and cultivate critical thinking skills in the students.

She has utilised differentiated instruction techniques to meet the diverse needs of learners in the classroom. By employing a variety of instructional strategies and resources, she successfully accommodated students with varying learning styles, abilities, and backgrounds, leading to improved outcomes for all students.

She Implemented student-centered approaches to foster a supportive classroom community where students feel valued, respected, and empowered to take ownership of their learning.

She has emphasised on introducing reading programme in early years of learning. She believes that early exposure to books and reading can instill a lifelong love for learning and curiosity about the world, setting children on a path of continuous intellectual growth and exploration.

Overall, reading during the early years is not just about learning to read; it's about laying the groundwork for a lifetime of literacy, learning, and personal enrichment.

She worked as a facilitator in London empowering students to become lifelong learners and active contributors to society.

Ms Divya believes that education is the key to unlocking individual by cultivating a nurturing and inclusive learning environment, fostering a growth mindset, and instilling a love for learning.

She is presently working with Sri Venkateshwara International School Dwarka, Delhi, where she aims to equip students with the knowledge, skills, and values necessary to thrive in an ever-changing world.

Her approach is characterized by adaptability and innovation, as I continuously seek out new pedagogical techniques and incorporate feedback to enhance the learning experience. Whether through project-based learning, flipped classroom models, or interactive technology integration, she is dedicated to sparking a lifelong love of learning and empowering students to reach their full potential.

With a background in Microbiology and Environment Management she bring a depth of expertise to her role as an educator. Whether facilitating meaningful discussions, providing constructive feedback, or fostering a culture of curiosity and discovery, she is committed to making a positive impact on the lives of students and inspiring a lifelong passion for learning.





# Mrs. Bina Tejura

Mrs. Bina Tejura, a visionary educator whose journey in the world of teaching is both inspiring and transformative. Born into a family where education is a cherished legacy, Bina began her academic journey in a Gujarati medium, laying the foundation for her deep cultural and linguistic roots. This early experience imbued her with a profound appreciation for language and learning, a journey that saw her embracing the challenge of learning English alongside her children, truly embodying the spirit of lifelong learning.

Her personal evolution was deeply influenced by her children's engagement in extracurricular activities. Her son, a passionate cricket player who represented at the state level, and her daughter, a passionate Kathak dancer, highlighted the importance of a balanced education that nurtures both the mind and spirit. This realization became a cornerstone of Bina's educational philosophy, leading her to pioneer the integration of sensory experiences in the curriculum at Angel English School.

With all these ideas, Bina played a big part in starting Angel English School. She wanted a place where kids love to learn. At Angel English School, Bina Tejura has been instrumental in revolutionizing early education by introducing sensory-based learning for nursery students. Under her guidance, children engage in learning through touch, sight, and smell, fostering a natural curiosity and a deep, meaningful connection to their learning. This innovative approach ensures that education transcends traditional boundaries, making learning an engaging, immersive, and joyful journey for every child.

Bina's connection with her students is characterized by empathy, understanding, and a personal commitment to their growth. She knows each student's strengths and challenges, enabling her to tailor her support to help them thrive academically and personally.

In essence, Bina Tejura is not just an educator; she is a nurturer of potential, a beacon of innovation in teaching, and a true embodiment of lifelong learning. Her warmth, resilience, and empathetic nature make her a beloved figure among her students and a source of inspiration for us all.

Ladies and gentlemen, please join me in welcoming an extraordinary educator who believes in the power of immersive learning and the importance of nurturing the whole child, Mrs. Bina Tejura.

Co-Organized By Mahatma Education Trust

AHMEDABAD

# Highlights

## From Previous Event





# Highlights

## From Previous Event



# Highlights

## From Previous Event





# Highlights

## From Previous Event



# Highlights

## From Previous Event





# GLOBAL EMPIRE EVENTS & BIZNATION TV



100 Pe Bhari

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