

ISSUE DATE 31st May 2024

EK NARI

&

100 PE BHARI

LEADERS OF BHARAT

CHAPTER - 10

WORK HARD
**TO GET
SUCCESS**



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CHAPTER-10



31st MAY 2024
RADISSON BLU, NEW DELHI, INDIA

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BizNation TV is the backbone of Global Empire Events, all the events happening under GEE are digitally mastered, curated, designed & controlled by BTV. With our clients being Start-ups & Education Institutes, we look forward to serve & grow your BRAND digitally.

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- WE ARE "BRAND BUILDERS"
- B2B, B2C, Franchise marketing with Clarity, Consistency & Competitiveness ,Consistency & Competitiveness
- Email, Content, SEO, SMM - Facebook/Insta (lead generation) PPC Marketing all with BTV under one roof

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Right knowledge of product it's market & demand is our analysis strategy to build a perfect digital marketing campaign for your Brand.



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DIGITAL MARKETING

SMM, SEO, PPC, Graphic Designing, Video editing, Content writing, Logo designing, with supreme customer satisfaction.



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H.E. MR. K.L. GANJU,

O.C.V.C. (CDR.) DOCTOR (HONORIS CAUSA) CONSUL GENERAL (HY).
ADVISOR TO FOREIGN MINISTER, UNION OF COMOROS. PRESIDENT
HONY. CONSULAR CORPS DIPLOMATIQUE-INDIA.

Mr. K.L. Ganju a businessman by profession became the Consul General (Hy.) of the Union of Comoros in the year 2005. The gazette notification for his appointment was issued by Govt. of India on 10th January, 2005. Mr. Ganju at the initial stage of his life had to abandon his education to standby his father at the time of crises in the family. But he was determined to make a mark in his life. At the age of 19 years he started a small business which grew steadily. He continued his struggle and achieved his desired goals. He married Dr. Gurdeep Kaur and started living happily. He has two daughters. After giving good education to them, he got them married. Right from the beginning of his life he was devoted towards helping the under-privileged, he continued to give education to the poor children and helping getting married the daughters of the poor families. Apart from this, he was instrumental in collecting funds for the Indian Spinal Injury Center which is today one of the best Spinal Injuries Hospital in India. For this effort, he collaborated with Maj. H.P.S. Ahluwalia (the Everest Hero). But the zeal to do something special continued. In the year 2004 he was offered to become the Consul General (Hy.) of the Union of Comoros in India. Initially he declined this offer, but ultimately due to some good friends he agreed to take the responsibility. After assuming the charge of the Consul General (Hy.) he realized that this is the best way to help the needy people wherever they are and also promote good bilateral relations between India and Union of Comoros. He established Embassy like Hony. Consulate in New Delhi and started working. He realized that there is no traffic of people from Union of Comoros to India either for education, medical treatment or business. He used his skill to convince the people and Govt. of the Union of Comoros to send their patients for medical treatment to India which has good medical facilities available at a reasonable price. He also convinced the students of Union of Comoros to come to India for education. Though Union of Comoros is a francophone country still students came to India, learnt English and thereafter completed their graduation, post-graduation and also some of them did doctorate. The biggest satisfaction which came to Mr. Ganju was when serious patients started coming to India for treatment. During the course of their treatment it gave Mr. Ganju opportunity to serve them, help them at the time of need. This also includes, sometimes, giving family blood to the patients at the time of operation. This action of Mr. Ganju became talk of the town in the diplomatic community in Delhi and people in Comoros. This service of Mr. Ganju continued and is still on. Having achieved to serve the people of Comoros, Mr. Ganju also played an important role in promoting bilateral relations between India and Union of Comoros. Today the bilateral relations between the two countries are its best.

Mr. Ganju is proud of his achievements and in the process he published a book titled "The Golden Decade 2005-15, My life as Hony. Consul General". During the printing of the book, the comments Mr. Ganju received from dignitaries including Hon'ble President of the Union of Comoros are remarkable and satisfying. Some of the comments are mentioned below:

Hon'ble President of the Union of Comoros wrote I quote "So I am glad to say that during this decade, thanks to the tireless efforts of Mr. Ganju, there has been much improvement in Indo-Comorian relations, whether in terms of high level visits, economic interaction or people to people contact." Unquote

Hon'ble Foreign Minister of the Union of Comoros wrote I quote "Talking about his experience as Honorary Consul General of the Union of the Comoros is an important contribution that I greet with respect. It is a testimony and teaching. Diplomat by heart, Mr. Ganju will always surprise us and amaze us. His journey is a life lesson. His life, he devoted to others. My country is proud to count on a man with great human qualities, a man of great talent who knows how to open himself to others." Unquote Hon'ble Mr. Idriss Raoua Quedraogo, Ambassador of Burkina Faso in India wrote I quote "His achievement as Hony. Consul General is like a pilgrimage, where he has invested a lot of dedication, selfless service, humility and fraternity to deepen the concept of

Diplomacy. As a young envoy of Africa, I feel very proud and honored to have crossed paths with Mr. K.L. Ganju." Unquote.

There are many other messages which were received from different Ambassadors, High Commissioners, Dr. G.V.G. Krishnamurthy, Former Election Commissioner of India and other dignitaries.

For this extraordinary humanitarian work through diplomacy and also developing excellent bilateral relations between India and Comoros, Mr. Ganju was awarded two highest civilian decorations by the Hon'ble President of Union of Comoros.

1. "Order of the Green Crescent of Comoros" – Officer Grade

2. "Order of the Green Crescent of Comoros" and was raised to the level of "COMMANDER". This is the highest civilian decoration of the Union of Comoros.

Apart from the above Mr. Ganju has received the following awards:

1. Gusi Peace Prize, citation of which is signed by the Hon'ble President of Philippines. He is the 7th Indian to receive this award.

2. Pride of India leadership award from Kent, United Kingdom.

3. "Gold Medal" by Amity International University, Noida.

Apart from the above he has received many other National and International Awards.



ADV. UDAIVEER SINGH BINDRA,
MANAGING DIRECTOR GLOBAL EMPIRE EVENTS &
BIZNATION TV



Aaj aap sab ki uphastati me and in your welcome I would like to say

मीरा की अमर भक्ति ज़हर से मर नहीं सकती,
झाँसी वाली रानी है किसी से डर नहीं सकती,
मदर टेरेसा, कल्पना हो या सानिया,
असम्भव क्या है दुनियाँ में जो नारी कर नहीं सकती।

Today on this auspicious occasion as we have gathered under the Ek nari 100 pe bhari and Leaders of Bharat 9th Chapter.

I would like to mention Why do we celebrate the Woman Leaders and glorify our Indian women entrepreneurs and Educators more is because - बिजली चमकती हैं तो आकाश बदल देती हैं आंधी उठती हैं तो दिन रात बदल देती हैं जब गरजती हैं नारी शक्ति तो इतिहास बदल देती हैं !!

I'll tell you why and how ?

Today President of India is a Woman, The Finance Minister of India is a Woman, many Chief Justices of Honorable Supreme Court are woman, many corporate heads of big mncs are woman, woman cricket team is excelling. So we are not only just having leaders in the most populated country of the world, but we are also way ahead in having "woman as leaders".

Talking about leadership according to the shreemad Bhagavad Gita,

It is not possible to become an effective leader if the leader does not understand his or her own self, and does not understand his or her own potential and purpose but today in India we have a leader Our Prime Minister Sh. NARENDRA Modi ji who does not only understands himself very clearly but the heart of the Nation and people as well and is leading on the forefronts, Economically, socially and geopolitically and we can proudly say today that India is the world leader not only on the Asian Map, but up there on the World map & India is the New Emerging Superpower.

And now Talking about BizNation TV the digital backbone of Global Empire Events, the core team of marketing, digital marketing and the pillar.

In today's Era of Entrepreneurship and marketing I believe that we don't have a choice on whether we do social media, whether we advertise our business on social media or not, but the question is how well we do it ?

So How well we do it at BizNation TV?

In mba the first chapter we read is jo dikhta ha vo bikta ha.

BizNation TV is a live example for everyone of you attending this conference today, you all connected with us because of our visibility on social media because of our digital marketing which was done by BizNation TV.

BizNation TV will be a one stop solution for all your digital marketing needs. All the designing you see here on the stage on photobooth on the standees all the conceptualizing of the conference and the event and the marketing has been handled by BizNation TV.

We believe in brand building and would like to be at your service through our digital marketing strategies & Services. Let's grow your brand together with BizNation TV. To know about our services we have kept our brochures in your Conference kits.

I'll conclude by saying...

रुकावटें आती हैं सफलता की राहों में ये कौन नहीं जानता,
फिर भी वह मंज़िल पा ही लेता है जो हार नहीं मानता।



HH ACHARYA LOKESH JI,
FOUNDER, AHIMSA VISHWA BHARTI AND WORLD
PEACE CENTER



His Holiness Acharya Dr. Lokesh Muni is born on this earth to extend to the world the message of peace & harmony, and re-establish human value & communal integrity. Acharya Dr. Lokesh is a social reformer, versatile thinker, writer and poet. For the last 30 years, he has been continuously making efforts for establishing communal harmony, non- violence, peace, mutual co-operation in the society.

Acharya Dr. Lokesh has earned limit less love, fame and respect not only in India but also at the International level due to his steadfastness, knowledge, energy and perseverance. He is master in the field of Peace Education. His contribution is the mode of popular 'Peace Education' which is an administer of age- old meditation and Yoga and current scientific research. It brings an end to the animal instinct in the human beings and awakens the human and spiritual values.

In order to give practical shape to these values he founded "Ahimsa Vishwa Bharti" and thus made his field of activities spread throughout the world. His vision towards establishing Ahimsa Vishwa Bharti is to join religion with social service in order to eradicate social evils from the society. Acharya Lokesh Muni has travelled extensively and addressed the world in many international conferences for Global Unity, Jainism and Vegetarianism.

Acharya Dr. Lokesh Muni was honoured with many national and international awards like National Communal Harmony Award 2010 by Government of India, Gulzarilal Nanda Natik Samman honored by Her Excellency Mrs. Pratibha Patil, Key to City by Milpitas Assembly honored by Mayor of Milpitas etc.



MS. USHA MANI, FOUNDER PARENTEEN BOND

USHA MANI

FOUNDER PARENTEEN BOND

CHANGE MAKER, EDUCATIONAL THOUGHT LEADER,
UNDAUNTED TRANSFORMATIONAL SPEAKER, WORLD-CLASS FACILITATOR,
INSPIRATIONAL AUTHOR, AND CERTIFIED COACH.

Usha Mani is a seasoned teacher, award-winning transformational speaker, author, and British Council School Ambassador and Master Trainer – CBSE who has dedicated her life to educating and inspiring the next generation. With over 40 years of extensive experience in the field of education, Usha Mani has been blessed to touch the lives of thousands of students, parents, and fellow teachers throughout her lengthy career. In 2015, she received the National Award from the President of India for her contribution to the field of education.

She is the founder of “ParenTeen Bond” which facilitates

Smooth communication and excellent relations between teenagers and their parents.

As a proud mother, grandmother, and wife to her wonderful late husband, Usha Mani believes in always growing and embracing new opportunities. This led her to dedicate herself to coaching and speaking at the age of 67.

As the author of her book, It's Now or Never, she aims to distill her experience into practical advice that helps struggling parents with their teens. She has also hosted several workshops on Self-Effective Transformation (SET) for corporate professionals, leaders, housewives & and people of all backgrounds.

She is on a mission to transform the future generation and make an impact with “100 schools in 100 days in 2024”

Usha Mani is driven by her relentless desire to give back to her community and share the love that has made her life so deeply meaningful.

PHONE - +91 9825329134 INSTAGRAM - @relectwithushamani EMAIL - usha.ckmani@gmail.com





MS. MAMTA SINGH
RELATIONSHIP IN TODAY'S SCENARIO

Mamta Singh is a multifaceted professional with over two decades of experience across pharmaceuticals, logistics, sales, and marketing. As the CEO of Nityanchal academy in Jodhpur, Rajasthan, India, she leverages her expertise as a licensed life coach and NLP coach to help individuals navigate mental health challenges, including relationship issues, anxiety, and depression. Author of the best-selling book "Reinventing Connection Catalyst," Mamta guides readers on forming meaningful relationships. Her rich career includes significant roles such as managing director at SIPHAR SA, where she oversaw comprehensive company operations. Mamta's journey through various executive positions in companies like Aegis Logistics, Vanaz Engineers Ltd, and Swift Securitas Pvt. Ltd, has showcased her exceptional leadership, communication skills, and her dedication to making a positive impact on people's lives. Her success across different sectors highlights her adaptability and commitment to excellence.



"ONE CHILD,
ONE
TEACHER
ONE BOOK &
ONE PEN CAN
CHANGE THE
WORLD".



MS. JIYA DHINGIYA

EMPOWER WOMAN TODAY FOR A BETTER TOMMOROW

Miss Jiya Dhingiya,
CEO , Co founder of Gurukripa Dance Academy Dehradun.

"If we want to achieve our goal then let us empower ourselves with the weapon of knowledge and let us shield ourselves with unity and togetherness".

This is Jiya Dhingiya from devbhoomi uttrakhand. And this is my vision to see million of women on the top. And I didn't only dream for it I worked for it.

If we want to make a nation powerful We just have to educate the youth of that country. And that's what I'm exactly doing by providing free of cost education for needy girls in Dehradun Uttarakhand.

I am a professional kathak Dancer having my Dance Education from Madhukar kala Manch Dehradun. This is a blessing for me to get this precious values and knowledge of culture from my Respected Guru Sanjeeta kukreti bhatt ji and Guru Deepak Anand Bhatt ji who themselves are a very legendary artists.

And this is an honour for me to serve this knowledge to the youth of this nation in my own Dance Academy known as Gurukripa Dance Academy Dehradun.

Here we provide certification courses for kathak and classes for all the other dance forms under my instructions and directions.

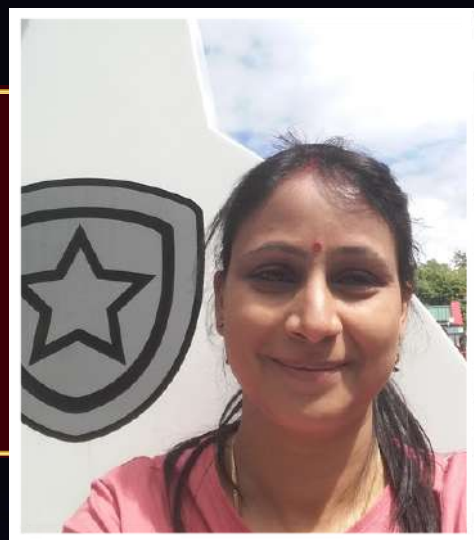
Feeling Blessed to have this prestigious award of appreciation and I am very glad to work for my nation Serve for the students in many aspects.

I am working for women empowerment and education from past 5 years and want to serve life long as a teacher for my country. I love my Country.

जय हिन्द, जय भारत

जय उत्तराखंड 🙏।

MS. ANUSUYA KAUL



Here is my testimony that delves much deeper into my journey as a campus hire in HCLTech, then HCL Comnet in 2007, capturing the essence of my experiences, challenges, and triumphs.

My journey as an Observability Lead was not just about climbing the corporate ladder; it was about paving a path for other women to follow. From the outset, I encountered the all-too-familiar challenges of being a woman in a male-dominated field. However, I refused to let these obstacles define my journey. Instead, I turned them into opportunities for growth and change.

In the corridors of HCLTech, amidst the hum of servers and the glow of monitors, there exists a story—a story of growth, resilience, and unwavering passion. It begins in the year 2007, a time when the world of technology was on the cusp of transformation, and me, a bright-eyed campus hire, stepped into the realm of IT services with eager anticipation and boundless enthusiasm.

As I entered the doors of HCLTech, a sense of possibility hung in the air, palpable and electric. Guided by mentors who saw potential in my eyes and determination in my stride, I embarked on a journey of discovery, ready to embrace the challenges and opportunities that lay ahead.

From the very beginning when I was a Senior Analyst, I was drawn to the intricate dance between technology and innovation, where each assignment/task was a puzzle waiting to be solved and each project was an opportunity to push the boundaries of what is possibly possible. At HCLTech, I found not just a job but a passion—a deep, abiding love for the work that fuelled every step of mine, and it still stays with me all the time. This was the first love of my life I guess, my work.

Early in my career, I recognized the glaring lack of gender diversity in the IT department. Determined to make a difference, I began advocating for initiatives to support and empower women in the workplace. I with my team implemented mentorship programs, pairing experienced female professionals with up-and-coming talent. Through these mentorship relationships, we not only provided guidance and support but also fostered a sense of community and solidarity among women in the tech industry.

As the years passed, my journey at HCLTech became a testament to the power of perseverance and the rewards of relentless pursuit of excellence. Through the ups and downs, the triumphs, and setbacks, I remained steadfast in my commitment to my craft, drawing strength from the challenges that lay before me. Though the road was not always easy, it was in the face of adversity that I discovered my true strength—the resilience to overcome, the courage to persevere, and the determination to succeed against all odds.

We didn't stop there. We actively worked to create a more inclusive workplace culture, where all voices were heard and valued. We championed diversity training initiatives to raise awareness of unconscious bias and promote understanding and respect among colleagues. Me and my team also organized networking events specifically geared towards women, providing opportunities for them to connect, collaborate, and share their experiences.

Amidst the challenges and triumphs, what truly set my journey apart was the deep-seated love for work, passion to excel and lay a pavement for my fellow female colleagues—a passion that burns within me like a flame, guiding my every step and illuminating the path with its warm, steady glow.

As my efforts began to bear fruit, the impact on the IT department was palpable. More women were taking on leadership roles, breaking through the glass ceiling that had once seemed impenetrable. The workplace became more vibrant and dynamic, with diverse perspectives driving innovation and creativity.

The aim is to extend this impact beyond the walls of my own workplace. I want to become a vocal advocate for women's empowerment in the tech industry, speaking at conferences and events to share my experiences and insights. Through my advocacy, I can inspire other leaders to take action and drive positive change in their own organizations.

In the end, it's not just about the projects I have completed or the accolades I've received—it's about the lives I've touched and the impact I've made. It is about creating a brighter future for women in the tech industry. I am and will extend unwavering commitment to empowerment hence serving as a beacon of hope and inspiration, reminding us all of the importance of continuing the fight for gender equality. In that regard, my journey at HCLTech has been nothing short of extraordinary—a testament to the power of passion, the resilience of the human spirit, and the endless possibilities that await those who dare to dream.

DR. VANDANA SINGH



Dr. Vandana Singh, the Director of Global Corporate Key Account Management Asia Pacific at Saudia Cargo, is a true luminary in the world of aviation and logistics. With an impressive 28 years of global experience, her leadership, strategic prowess, and innovation have illuminated the path of the air cargo industry. Vandana's secret to success lies in her unwavering focus and a resolute promise to deliver results that outshine the night runway.

But Vandana's journey transcends the boundaries of her professional success. She embodies a philosophy of balance and resilience, drawing inspiration from the wisdom of Albert Einstein, finding simplicity in chaos and opportunity in adversity. She stands as a beacon for women in male-dominated fields, a testament to her father's influence, which instilled in her a relentless drive to empower women to break barriers with resilience and determination.

Vandana Singh's story is a testament to her indomitable spirit. She dreamt of joining the Indian Air Force fighter squadrons in the 1990s but faced insurmountable regulations. Her father, Brigadier S. L. Kapur, was aware of her aspirations but couldn't alter the rules. So Vandana pursued a different path, one that would eventually lead her to the cockpit of success in the aviation industry.

Her journey includes a remarkable 15-year tenure with Lufthansa Cargo, where people described her as a **"disciplined run" filled with continuous learning at every turn.** Vandana firmly believes that women in logistics roles bring a unique collaborative spirit to the industry, fostering stronger partnerships due to higher expectations of cooperation.

For Vandana, being a woman in the workplace presents no drawbacks. Her message to women is clear: genuine curiosity and self-confidence can take you anywhere you want to go.

Today, after nearly three decades in the air cargo industry, Vandana has spent a decade as the Director of Global Key Account Management Asia Pacific at Saudia Cargo focusing on managing relationships with significant Global Key Accounts Worldwide. Her fervour for the industry is nothing short of exploratory, challenging, and fun. When asked if she can drive a car, she humorously replies, **"No... But I can fly!"** She is not only a dedicated professional but also a loving mother, setting the benchmark for women in her industry.

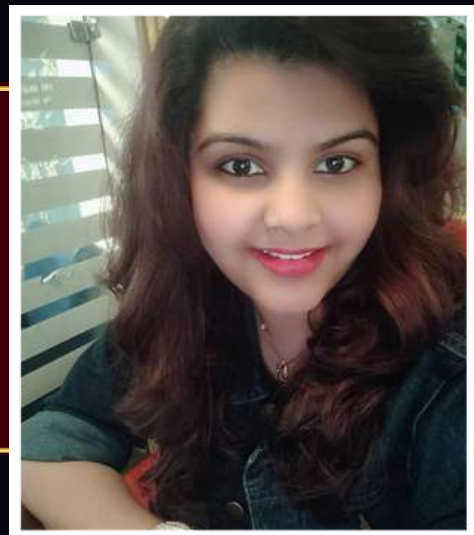
She values the government's support for women in the workforce and advises young women to always be confident. While women were underrepresented in the air cargo industry for a long time, Vandana believes now is the time to break in and encourages women to network with other professionals through participation in professional organizations.

Vandana's motto for the younger generation is simple: "Get a mentor and learn to love learning. Don't give up; eventually you'll succeed."

Vandana Singh's remarkable journey is a testament to her resilience and relentless pursuit of excellence. Her commitment to the aviation and logistics industry has been recognized through a plethora of awards and accolades. She serves as a role model for aspiring professionals, proving that with determination and unwavering willpower, anything is possible.

SKINOS

MS. KHUSHBOO JHA



My name is Khushboo Jha, and I am a 26-year-old published author and a dedicated aspirant of the UPSC. Hailing from Bihar, a place where educating girls is still a challenge, I understand firsthand the importance of setting an example and empowering young girls. I received my education from St. Dominic Savio's High School and DAV Public School, and it was during my time there that I realised the transformative power of education. Graduating with Honours in English from Magadh University, I embarked on a mission to break the barriers and stereotypes associated with girls' education in Bihar. At the young age of 19, I took a significant step towards making a difference by writing my first book. Although I was not sure if I should go ahead and publish it, but my mom said just do it because the anguish of regret carries a heavier burden than the sting of failure itself. I wanted to inspire young girls in Bihar and show them that education is not merely an option, but a necessity. I firmly believe that education has the power to empower individuals and is a fundamental right for every citizen of our country. As Francis Bacon wisely said, "Knowledge is power," and I wholeheartedly embrace this notion. I believe that knowledge is the most powerful tool we possess to bring about positive change in society.

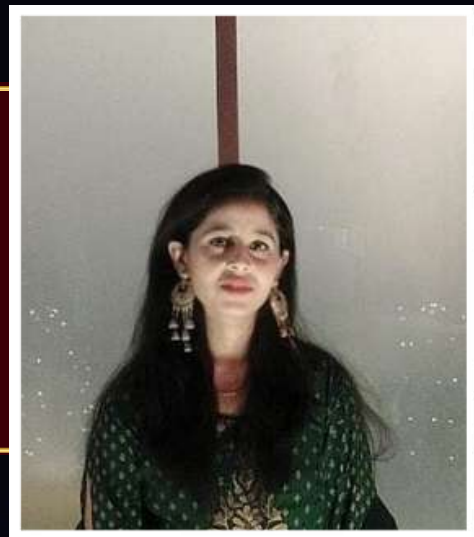
In addition to my achievements in the literary field, I have faced and overcome significant health challenges. When I was diagnosed with a brain tumour, I made the courageous decision to face it on my own, without informing my family until I was confident in my ability to handle the situation. I even managed to maintain a sense of humour during that difficult time, joking with the nurses and doctors who were unaware that I was the patient. Although I had to take a break as advised by the doctors, I persevered. True to my fighting spirit, I returned stronger and completed another book, which is set to be published in 2023.

Growing up in Bihar, where the notion of investing in a girl's education versus saving for dowry is a dilemma for many fathers, I consider myself incredibly fortunate to be born into a family that never even jokes about marrying me off before I become independent. When I received the diagnosis of a brain tumour, a wave of anxiety washed over me as I wondered how my parents would afford the expensive surgery and tests. However, both my father and mother not only managed the financial burden but also ensured that I received the best medical care available. It was during this challenging time that I truly comprehended what one of my teachers had once said in class— that we are privileged to afford even the most basic necessities of life while others suffer from hunger. I had heard those words before, but it was only when I faced my own medical journey that their true meaning resonated with me. I realised that I could have lost my life to the tumour, and no one would have cared, but I was given another chance. From that moment on, I resolved to make every second count because I want to work tirelessly to bring the same sense of gratitude and privilege I feel today to every single girl who is fighting to survive. I believe that true accomplishment and empowerment stem from knowledge and choices, and it is my mission to provide these opportunities to others. I am deeply grateful to the Women Leaders Forum for granting me this platform to share my experiences and inspire young women. Together, let us create a world where every girl can overcome obstacles and thrive.

None of my accomplishments would have been possible without the unwavering support of my family. They have been my pillars of strength throughout my journey. My younger brother, despite being younger, has been a constant source of empowerment, always encouraging me to pursue my dreams. My father has been my rock, assuring me that I can pursue anything I desire while he takes care of everything else. My younger sister, despite the age gap, looks up to me as her guardian angel. And my mother, the epitome of grace and strength, has taught me the importance of doing the right thing in every aspect of life. I aspire to embody her qualities of strength and grace, even if it's just 1%, as that would bring me immense joy and fulfilment. My ultimate dream is to make a global impact by empowering young girls

Through education and choices. I firmly believe that education is the key to creating a better future for girls worldwide. This dream is not a fleeting ambition but a lifelong commitment. I am determined to work tirelessly towards achieving it, with unwavering dedication and passion. To my beloved family—Mummy, Papa, Chiki, Suraj—I want to express my deepest love, gratitude, and longing. You have been my perfect support system, always standing behind me and pushing me to excel in life. I couldn't have asked for a better family. I am also immensely grateful to every single person who has supported and loved me, propelling me one step ahead in my journey. And lastly, I extend my heartfelt thanks to 'Gannu' for everything that has been bestowed upon me. I cannot express enough how grateful and fortunate I feel. In conclusion, I am Khushboo Jha, a young woman driven by a mission to set an example for young girls and empower them through education. I firmly believe that education is the catalyst for change and that by providing opportunities and choices to young girls, we can create a brighter future for all. Together, let us embark on this journey of empowerment.

MS. ARUSHI YADAV



I was born into a family deeply rooted in agriculture, in a quaint village where the earth was revered as much as life itself. From the moment I could walk, I found myself drawn to the fields, fascinated by the cycles of planting and harvesting that sustained our community. My parents, both farmers, instilled in me a profound respect for the land and the importance of stewardship.

As I grew older, my passion for agriculture blossomed. I devoured books on agronomy and soil science, eager to understand the science behind the ancient art of farming. Armed with this knowledge, I set out to pursue higher education, determined to make a difference in the world of agriculture. After completing my Bachelor of Science in Agriculture, I embarked on a quest for knowledge, eager to delve deeper into the science of soil conservation and water management. Recognizing the critical importance of these disciplines in ensuring sustainable agricultural practices, I set my sights on pursuing a Master of Science degree with a specialization in Soil Conservation and Water Management.

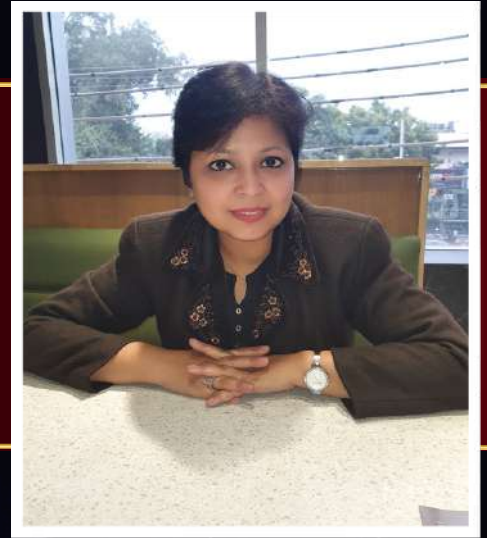
During my postgraduate studies, I immersed myself in the complexities of soil science and hydrology. Through rigorous coursework and hands-on research, I gained a comprehensive understanding of the intricate relationship between soil, water, and plant growth. Armed with this knowledge, I set out to explore innovative solutions to the pressing challenges facing modern agriculture.

For my doctoral research, I chose to focus on the development and application of hydrogels—a water-storing polymer gel aimed at enhancing water retention in agricultural soils. Recognizing the significance of water scarcity in many regions around the world, I was driven by a desire to find sustainable solutions that could help farmers mitigate the effects of drought and optimize water usage. Over the course of my PhD studies, I dedicated countless hours to experimentation and analysis, pushing the boundaries of scientific knowledge in pursuit of my goal. Through perseverance and innovation, I developed formulations of hydrogel tailored to the specific needs of different soil types and climates. The results of my research were promising, demonstrating significant improvements in water retention and crop yield in field trials.

Armed with my doctoral degree and a wealth of groundbreaking research, I set out to share my findings with the wider agricultural community. I published my research in leading scientific journals and presented my findings at international conferences, sparking interest and collaboration from fellow researchers and industry stakeholders. My work garnered recognition and accolades, earning me a reputation as a pioneer in the field of soil conservation and water management.

Today, as I reflect on my journey from a budding agricultural scientist to a leader in agricultural innovation, I am filled with gratitude for the opportunities that have propelled me forward. My research has not only contributed to advancing scientific knowledge but has also had a tangible impact on the lives of farmers around the world. As I continue to sow the seeds of change and innovation, I am driven by a deep-seated belief in the transformative power of science to create a more sustainable and prosperous future for generations to come.

MS. ASHI GOYAL



Ashi Goyal is MTech in Microelectronics from BITS Pilani. Learned Strategic Management from IIM Calcutta.

She is Passionate Semi-Conductor and AIML Technologist and Industry Leader. Has enriching 18years of experience. Worked at Intel, Synopsys, Cadence and STMicroelectronics.

Ashi is key contributor in Semiconductor chip development project of ADAS (Advanced Driver Assistance Systems) for Audi/BMW, Infotainment of BOSCH/Aston Martin, Image processor of Nokia/HTC.

She strongly believes "where there is a will there's a way". Perseverance, Passion and Leadership is the key to success. We all should work to lift the society to make it a better place to live.

Her professional commitment of 18 years against all odds of the society inspires many female aspirants. She has done significant work in driving "Women in Technology" and "Inclusion and Diversity" agenda at workplace. Became mentor of young aspirants to guide them to achieve their dreams.

MS. KKOMAL VASISHT



Kkomal Vasisht is a distinguished Vastu consultant, Numerologist, and Astrologer with over a decade of expertise in harnessing the ancient wisdom of Vastu Shastra, Numerology, and Astrology to foster harmony, prosperity, and success. As the visionary founder and director of "BhagyaVastu". She has dedicated her practice to the principles of making life's journey smoother and more fulfilling through the strategic application of Vedic sciences. Kkomal's comprehensive consultancy services span across residential, commercial, and industrial Vastu, as well as Astrology and Numerology, catering to a diverse clientele seeking to align their spaces with the laws of nature for optimum results.

Her commitment to demystifying Vastu, Numerology, and Astrology as sciences of nature, devoid of superstitions, sets her apart in her field. This pragmatic approach has resonated well with her audience, allowing her to positively impact over a thousand clients, achieving a remarkable satisfaction rate. Kkomal's expertise is not just recognized by her clients but also by prestigious platforms and organizations. She holds the esteemed position of Chief Consultant at the International Astrology Federation and has contributed her insights to Zee Media Group's DNA platform as a Numerologist. Her excellence and contribution to the field of Vedic sciences have been acknowledged through several awards and recognitions, including the "Indo American Astrological Award" from the International Astrology Federation and the "Bharat Ki Vrangnayan Ubharte Sitare 'Ratan Award'" from Shades of India.

Kkomal Vasisht's mission through BhagyaVastu extends beyond consultancy; it empowers individuals to navigate life's challenges with ease and confidence. Her approach, deeply rooted in understanding and applying the science of nature, transforms spaces and destinies, guiding people towards their goals precisely and clearly, much like a navigational beacon in their personal and professional journeys.



BhagyaVastu

MS. NANDITA



Nandita is a seasoned professional skilled in English language communication, personality development, and motivation. Being the Founder of 'IELTS by Nandita', She firmly believes in the power of perseverance, viewing life's limitations as mere obstacles against boundless potential. Through tapping into one's inner energy, she advocates for individuals to catalyze their own success, adhering to the philosophy that transformation leads to growth. As an optimistic and self-assured trainer, Nandita ensures that her training sessions and workshops are lively, results-driven, and worth every penny. With a natural ability to connect with her audience, she infuses her sessions with dynamic energy, creating an engaging atmosphere from the outset. Drawing from over a decade of experience across various sectors such as BPO, education, and immigration, coupled with her certification as an IELTS trainer from the British Council, Nandita has successfully coached more than 5000 students to achieve their career aspirations.

Her meticulously designed programs, focusing on effective communication, public speaking, interview preparation, team building, and fostering creativity, reflect her commitment to excellence. Storytelling is her forte, adding a unique dimension to her training approach. Certified by the Indian Academy of Training and Development, Nandita's clientele includes Corporates like TCS, Cognizant, Government Organisations like MSME, military personnel, and entrepreneurs, who are drawn to her infectious optimism and unwavering 'never say die' attitude, making her sessions uplifting, inspiring, and motivational.

Nandita's lectures delve deep, provoking thought, while her interactive activities are both imaginative and enjoyable. Participants invariably leave her sessions feeling rejuvenated, elated, and ready to conquer new challenges.

MS. SONALI BASU



My humble obeisances unto the lotus feet of my Guru Maharaj HH Loknath Swami Maharaj (ISKCON).

I bestow my sincere obeisances to my parents and all mentors.

PROFILE SUMMARY

- Double M.Phil. triple M.Sc Qualified, MS (Psychotherapy), MD (Bio Medicine) Spiritual & Motivational Speaker and a forward-focused professional offering, over 26 years of rich experience
 - Working with the Management, Principals & faculty to continuously improve the teaching/learning programs and environment of the schools; setting strategic, operational, and financial directions
 - Dedicated leader with proficiency in managing the administrative activities entailing including facilities, infrastructure, staffing, welfare, discipline, boarding and all policy development & implementation, event management, faculty appraisal and upholding of the institutions motto
 - Distinguished skills in training large workforce (Principal / Staff members) for accomplishing greater operational efficiency; organized teachers' training program to enhance personal knowledge center and adopt trending methods to be implemented
 - Impressive success in planning, organizing & directing comprehensive educational programs for students as per the syllabus
 - Sensitivity to and understanding of the diverse academic socioeconomic, cultural, disability, gender identity, and ethnic backgrounds of students
 - Gained rich exposure across International Schools, Colleges, Educational Institutes, Management Institutes, Engineering Colleges and corporate sectors
 - Tasks involves Inspection for CBSE for affiliation of multiple schools
 - Proficiency in developing all educational aspects; encouraging and conducting various internal and external exams
 - Excellence in bringing about challenging & innovative teaching-learning atmosphere which empowers the active learner
 - Functioned as a GM /Curriculum Head in Little Laureates Group of Schools
 - Understanding of multiple kinds of curriculum including CBSE, CISCE, IB, 'A' Level, PYP and British Curriculum
 - Insightful exposure in working for Extension for Affiliation; highly self-motivated & creative with capability to maintain excellent documentation of the work
 - Maintained professional and technical knowledge by attending educational workshops, reviewing professional publications, establishing personal networks, and participating in professional societies
- ## SIGNIFICANT HIGHLIGHTS
- o Conferred with: o Lifetime Member & Speaker of GRKQSF Edutalks Forum (ISO 900/2015 Certified)
 - o Excellence Education Award from Praxis (2021)
 - o Excellence Education Award from Praxis (2020)
 - o India Excellence Award as the Best Progressive Principal, Jhansi (2019)
 - o Dr. Abdul Kalam Award for being acknowledged as the Best Administrator in U.P (2023-24)
 - o Dr. Abdul Kalam Award for being acknowledged as the Best Administrator in U.P (2022-23)
 - o Dr. Abdul Kalam Award for being acknowledged as the Best Administrator in U.P (2021-22)
 - o Dr. Abdul Kalam Award for being acknowledged as the Best Administrator in U.P (2020-21)
 - o Best Educationist Award from International Institute of Education & Management, New Delhi for exceptional contributions in the arena of Education (2012)
 - o National Mahila Rattan Gold Medal Award by Indian Solidarity Council, New Delhi (2012)
 - o Gold Medal Award for extraordinary performance in Biochemical Medicines (MD) by Calcutta Biomedical College (2002)
 - o Gold Medal Award in M.Phil. For Environmental Science (2006)
 - o Renowned Educationist Award from JCI Amravati (2017)
 - o Recipient of Scholarship in programming languages (COBOL, FORTRAN, C++)
 - o Recognized with Gold Medal while pursuing LLB from Vishwa Guru Law College, Cuttack
 - o RASHTRIYA SHIKSHA SAMMAN PURASKAR by The Economic for Health & Educational Growth (2024), Bhopal.
- My Career from School till date is a journey respectively Each day starts with a challenge and ends with an experience. My life had many ups and downs. My challenges taught me to be more adventurous. From nothing to winning several accolades was not what makes me satisfied. I am satisfied that at the age of 20, I could adopt those girls who were socially deprived, now some are married while others are doing masters. Traumatic school days helped me to cater the needs of slum children through my own earnings. Being the youngest student to complete MD in biochemic medicines and gold medalist in Materia Medica, I could secure the life of villagers in Bongaon. Fighting with complexities in job sites, I could blend myself with the spiritual world. I could not really feel 48 years serving more than 33 years in the field of education and uplifting those who needed a pat to bring out their latent potential. It's so very true, if you are not loved, who stopped you to love, if you don't get Charity, who stopped you to offer Charity, if you are not heard, who stopped you from hearing.....

I am still doing that...to forgive and forget, contribute than to compete. I am happy for those women of Jhansi who could dare to come and establish themselves from the conservative life. Wherever I had gone, I could understand that people need my support and remember me as their support system.

I never mourned for all kinds of ups and down. Perhaps my ongoing nature with a determination of not to give up, helped me to bring forth my books (written with an intention to spread the essence of life inspired by Bhagwad Gita) had surprisingly got selected in World book fair. My journey and fight all odds from being a Principal, Ambassador and a cook of Satvik Prasadam is just the footsteps of my spiritual mentors and my eternal service to the Supreme Godhead Krishna.

People may give multiple names but it is the Absolute truth. Thus my book "Zero- the ultimate digit" is for every individual to understand the only thing to achieve is the Connectivity with Divine. All my degrees and appreciations are so less in comparison to the reality that we are not the doers. I am thus moving on for a global village in which young children (1st generation learners) will play to learn, not to earn. They will learn to cook and eat what they happily prepare. Old people will not be tagged as retired their voluntary service will ensure that the final retirement happens only once after death. I welcome all people with similar thoughts to join my Shubhangi group for multiple activities with an integration of old and new dwelling together for learning and growing.

I always tried Welcoming challenges and thus instead of being a part of established setup, I tried areas which needed someone to uplift.

I real feel happy that school in Jhansi could be uplifted to topmost level along with the achievement of home centreship. Women who was never allowed to express themselves, could step out for conducting spiritual and social programs. People could be inspired to rejuvenate and understand their goals. Learning through cultural programs, make one's dream come true and encourage people to act confidently is my mission so far. In my current organization perhaps that's why my lady teachers nominated me for this award. They could really see how they can be a team to portray as winners of cricket match and conduct over 50 different innovative programs in just a year's time. Along with others, their love and prayers had helped me to win the tag of recommendable author in World book fair.

MS. DEEPIKA



I've dedicated myself as an intuitive empath and life coach to empowering youth, helping them unlock their full potential. Over the past 22 years, I've been fortunate to work extensively with students aged 18 to 25, providing training and guidance that has resulted in nearly 10,000 individuals finding their paths to success. This journey of empowerment has transcended mere career aspirations, becoming a deeply fulfilling and purposeful calling.

My professional odyssey commenced in 2002 when I embarked on a role as an ASP designer and project coordinator for a prestigious company based in the UAE. This initial experience honed my skills in project management, team coordination, and technical design intricacies. Through this role, I gained invaluable insights into the corporate landscape, laying a solid groundwork for my future endeavors.

As my career progressed, I felt a profound yearning to forge deeper connections with people and make a meaningful impact on their lives. This impetus led me to transition into language coaching, a domain where I could not only assist individuals in enhancing their communication skills but also delve into their personal journeys, aspirations, and challenges. Working closely with young adults, I gained profound insights into their dreams, struggles, and the immense reservoir of potential they held within.

A pivotal juncture in my professional evolution was marked by collaborations with esteemed healthcare institutions like Max Super Specialty Hospital and various educational establishments. These collaborations exposed me to the multifaceted dimensions of personal growth and development, particularly emphasizing the crucial role of mental well-being and holistic empowerment.

My passion for unraveling and nurturing human potential propelled me to explore realms beyond language coaching, leading me to delve into psychological counseling and soft skills training. I realized that true empowerment extended beyond the realm of technical or linguistic proficiency; it encompassed cultivating resilience, self-awareness, and emotional intelligence. This holistic approach became the cornerstone of my coaching philosophy, guiding me in crafting impactful and transformative experiences for my clients.

In the pivotal year of 2024, driven by my vision of fostering a more empowered and balanced society, I embarked on a significant endeavor by founding "SEmpaths." This initiative stands as a testament to my unwavering commitment to empowering women and youth, recognizing their inherent strengths, and equipping them with the tools and support necessary for their personal and professional growth.

SEmpaths is founded on the fundamental belief that every individual possesses the potential to empower others, provided they first acknowledge and nurture their own abilities. Our array of programs and initiatives is meticulously crafted to instill a sense of self-discovery, resilience, and confidence among individuals, enabling them to step into leadership roles and catalyze positive change within their communities.

At the heart of SEmpaths lies the ethos of "nurturing souls," underscoring the paramount importance of mental well-being and emotional equilibrium in today's fast-paced and often demanding milieu. Through tailored coaching sessions, immersive workshops, and holistic support mechanisms, SEmpaths endeavors to cultivate a nurturing and empowering environment where individuals can unlock their full potential and achieve holistic success.

With the clientele such Dr Reddy's Foundation for Health Education (DRFHE), Frankfinn Institute of Airhostess Training, P&G Shiksha, and an eminent school in Dehradun, our approach transcends conventional notions of success; it's about facilitating a transformative journey of self-discovery and personal growth. We believe that true empowerment emanates from within, and by nurturing the soul, we can spark a ripple effect of positive change that resonates far beyond individual transformations.

Grateful for the profound impact SEmpaths has had on countless lives, I am imbued with a sense of excitement and anticipation for the future. I look forward to continuing to empower individuals, nurturing a culture of self-discovery, resilience, and growth. Through SEmpaths, my aspiration is to contribute to fostering a more empowered, compassionate, and harmonious world for generations to come.

DR. GAGANJOT KAUR



Dr. Gaganjot Kaur: A Multifaceted Educator and Mentor Extraordinaire

Dr. Gaganjot Kaur is a multifaceted educator whose dedication to teaching and commitment to her students' personal and professional growth have earned her a reputation as a leader in the field of education. She is currently working as an Associate Professor in Raj Kumar Goel Institute of Technology, Ghaziabad. With a diverse background that includes experience in academia, industry, and certification in Microsoft Azure Fundamentals and Microsoft Azure Data Fundamentals, Dr. Kaur brings a unique perspective to her work, enriching the lives of those around her and leaving a lasting impact wherever she goes.

With a passion for knowledge and a deep-seated belief in the power of education to transform lives, Dr. Kaur has dedicated her career to inspiring and empowering others. As an educator, Dr. Kaur's impact is far-reaching. She believes in the power of education to transform lives, and she works tirelessly to inspire her students to think critically, solve problems creatively, and strive for excellence in everything they do. Her innovative teaching methodologies and engaging classroom presence have made her a favorite among students. She has a unique ability to explain complex concepts in a clear and concise manner, making learning both enjoyable and rewarding. Dr. Kaur's passion for teaching is evident in everything she does; from the way she interacts with her students to the enthusiasm with which she approaches her subject matter.

Dr. Kaur's contributions to the field of education extend beyond the classroom. She is a prolific writer and researcher, with numerous journal articles, conference presentations, and book chapters to her name. Her work is characterized by its depth, originality, and relevance, and has made a significant impact on the academic community. Dr. Kaur's research covers a wide range of topics, from pedagogical techniques to the role of technology in education, and her insights have helped shape the way we think about teaching and learning. She has also received numerous certificates for various NPTEL MOOC and Infosys courses, highlighting her commitment to lifelong learning. Dr. Kaur is a member of IEEE and the WIE society, further demonstrating her dedication to her profession.

One of Dr. Kaur's most impressive qualities is her dedication to her students' personal and professional growth. Dr. Kaur's enthusiasm for teaching is contagious, and her students often describe her as a mentor and a friend, always willing to go above and beyond to help them succeed. Dr. Kaur takes the time to get to know her students on a personal level, understanding their strengths, weaknesses, and aspirations. She is a source of inspiration and encouragement, always willing to listen, advise, and support her students in any way she can.

Dr. Kaur's impact on her students' lives extends long after they have left her classroom. She has mentored countless students, many of whom continue to seek her advice and guidance as they navigate their professional careers. Dr. Kaur takes great pride in her students' achievements and is always there to celebrate their successes and offer support during challenging times. Her dedication to her students' success is unwavering, and her impact on their lives is immeasurable. In addition to her work in education and research, Dr. Kaur has also made a significant impact in the corporate world. During her two years in industry, she worked tirelessly to improve processes and enhance the skills of IT professionals. Her hard-working nature and dedication to excellence left a lasting impression on her colleagues, many of whom continue to seek her advice and guidance to this day.

In addition to her work as an educator and mentor, Dr. Kaur is also actively involved in the academic community. She is a sought-after speaker at conferences and seminars, where she shares her insights and expertise with others in the field. Dr. Kaur is also a respected author, with several books and articles to her name. Her work is highly regarded in the academic community, and she is considered a leading authority in her field.

Dr. Gaganjot Kaur is truly a beacon of inspiration in the world of education and Kaur's impressive list of accomplishments is a testament to her dedication to personal and professional growth. She has been recognized with numerous awards and certificates, including the best employee award and the certificate of achievement Zenith, Ace the Excellence. Her dedication to teaching, commitment to her students' personal and professional growth, and contributions to the field of education make her a true asset to the academic community. She is a role model for educators everywhere, and her impact on the lives of her students is a testament to her passion for teaching and unwavering commitment to excellence. Dr. Kaur's impact is felt not only in the lives of her students and mentees but also in the broader academic and corporate communities. She is a shining example of what it means to be a lifelong learner and a dedicated educator, and her work will continue to inspire others for years to come.

MS. HIMALI JAIN



Ms. Himali Jain stands as a beacon of compassion, innovation, and dedication in the field of special education and child development. With over 12 years of enriching experience, Ms. Jain serves as the Head of Special Education Needs (SEN) at Khaitan Public School and is the esteemed co-founder and Executive Director of Essential for Kids, a leading child developmental clinic based in Noida. Her journey is not just a testament to her professional prowess but also to her unwavering commitment to inclusivity and holistic development.

Ms. Jain's passion for empowering children with special needs stems from her fundamental belief in the power of inclusion. At the core of Ms. Jain's philosophy lies in a steadfast commitment to inclusivity, particularly the integration of children with special needs into mainstream schools. This ethos permeates every aspect of her work, both at Khaitan Public School and Essential for Kids.

Ms. Jain's illustrious career has seen her traverse diverse settings, from clinical environments to inclusive setups, honing her skills in addressing the multifaceted challenges faced by children with special needs. Her versatility is evident in her ability to work with students across a spectrum of abilities and requirements, ensuring tailored support for each individual.

At Khaitan Public School, Ms. Jain plays a pivotal role in fostering inclusive educational practices, advocating for the integration of children with special needs into mainstream classrooms. Her efforts have not only transformed the educational landscape within the school but have also inspired a broader cultural shift towards inclusivity and acceptance.

Essential for Kids, founded in 2014 by Dr. Samrat Jain, stands as a testament to Ms. Himali Jain's vision and dedication. Located in the vibrant communities of Noida and Greater Noida West, Essential for Kids is dedicated to providing exceptional care and support for children with special needs and their families. Strategically located in Noida and Greater Noida West, the clinic serves as a lifeline for families in the Delhi NCR region, offering a comprehensive range of services aimed at fostering holistic development in children.

At Essential for Kids, we aim to understand the unique challenges that children with special needs face, and our mission is to provide comprehensive services to support their development and well-being. Our clinical setup offers a range of specialized therapies, including occupational therapy, speech therapy, Applied Behavior Analysis (ABA) therapy, group sessions, and brain gym exercises, all delivered by a team of highly qualified professionals.

Transparency and accountability are fundamental values at Essential for Kids. With state-of-the-art CCTV monitoring installed throughout our facility, we ensure the safety and security of all our young clients. Additionally, we offer parental counseling services to support families on their journey, providing guidance and resources to navigate the complexities of raising a child with special needs. Our team works closely with families to create individualized home plans, ensuring continuity of care and maximizing progress outside of the clinic setting.

Our success is measured by the positive impact we have on the lives of children and families. With a proven track record of success, we are proud to have served more than 5000 families in Delhi/NCR. Our commitment to excellence and dedication to the well-being of every child drives everything we do, and we are honored to be a trusted partner in their journey towards reaching their full potential.

Ms. Himali Jain's impact extends far beyond the confines of her roles at Khaitan Public School and Essential for Kids. Her tireless advocacy and innovative initiatives have reshaped perceptions and practices in the field of special education, empowering children with special needs to realize their full potential.

Central to Ms. Jain's success is her dedicated team of professionals at Essential for Kids, who share her unwavering commitment to excellence and compassion. Together, they strive to deliver the highest quality services, ensuring that every child receives the support and guidance they need to thrive.

As Ms. Himali Jain continues to champion the cause of inclusivity and holistic development, her influence reverberates throughout the special education community and beyond. Through her leadership, innovation, and unwavering dedication, she is reshaping the narrative surrounding special needs education, paving the way for a more inclusive and equitable future for all children.

MS. KARUNAMAI NANDAMURI



Karunamai Nandamuri: A Journey of Resilience and Empowerment

Karunamai Nandamuri's journey epitomizes resilience, determination, and an unyielding commitment to education. Born into a well-off family in a small village, Karunamai's childhood was imbued with leadership qualities, nurturing her siblings from a young age. With her innate storytelling prowess, she captivated audiences and emerged as their protector and guide.

Tragedy struck at the tender age of 10 when Karunamai lost her father suddenly. Despite this loss, she remained resolute, embodying the values of honesty, respect, and forgiveness instilled in her by her parents and grandparents who are spiritual. She excelled in academics and extracurricular activities, earning accolades and admiration from peers and teachers alike. She is an all-rounder in school.

At 18, Karunamai embraced an arranged marriage, navigating unfamiliar customs and traditions with grace. However, her world was upended when her husband suffered a major accident, leaving him with a severe head injury. Undeterred, Karunamai became his primary caregiver, nursing him back to health with unwavering devotion.

With two young children to care for, Karunamai embarked on a journey of self-discovery and empowerment. She returned to college after 15 years, with her husband's encouragement, earning degrees in English literature while mastering the art of driving and managing the family business. Tragedy struck again with her husband's sudden demise, leaving Karunamai widowed at 36 in 2014 leaving her to navigate the challenges of life as a widow.

Then she wants to start a school of her own and appeared for B Ed in a very short span she secured it. She wants an respectful life for her and through her life to her children too.

Fueled by determination, Karunamai ventured into entrepreneurship, founding Early Wings Preschool in 2016. Starting with just two children and a single teacher, she created a nurturing environment where children could thrive.

Early Wings Preschool follow Montessori methodology. Where they lay a foundation to life of children of early age. Early wings teach children home chores, gardening, classical dance and abacus as subjects and being independent. Apart from academics...they concentrate on child's physical, social, emotional growth too. As our human brain develops fully from 0-6 years so, they concentrate of this age group.

Despite financial struggles and the challenges of the COVID-19 pandemic, Karunamai's resilience propelled her forward.

Today early wings have 7 members of team of all woman who have the heart of a mother to guide these small children.

Early Wings Preschool earned recognition as one of the top 100 preschools in India in 2023, and now karunamai Nandamuri in 2024 is being awarded as "Woman Acharya of the year" by Ek Nari 100 pe bhari a testament to Karunamai's vision and dedication. She believes in cultivating young minds like a farmer tends to his fields, nurturing each child's innate potential. Her mantra, "Quality education is a necessity, not a luxury," underscores her commitment to providing every child with opportunities for growth and development.

Karunamai's journey is a beacon of hope and resilience, inspiring others to overcome obstacles and pursue their dreams. Her unwavering dedication to education exemplifies the transformative power of perseverance and passion. As she continues to nurture young minds at Early Wings Preschool, Karunamai remains steadfast in her mission to shape a brighter future for generations to come. As she believes in "Train up a child in the way he should go, even when he is old he will not depart from it."

Karunamai Nandamuri....." Today I have a story to narrate of my own, because my pains and joys have shaped me into the resilient and inspiring person today. Thank you for everything happened in my life."

MS. SHWETA SINGH



It's not about being perfect. It's not about where you get yourself in the end. There's power in allowing yourself to be known and heard in owing your unique story, in using your authentic voice- Michelle Obama.

Myself shweta singh and it's the story of an ordinary girl...story of hard work. story of endless weekend struggles... I started this journey in July 2019... full time employee at a SR level with a half n year old kid. Monday to Friday in office and weekend with my kid in colleges, schools, and foundation. It's was neither easy nor difficult. one goal for ethical/ human rights and social responsibility. support to Aahan foundation. support in medical exigence COVID-19, pharmacy education in several hospitals ... finally last 1 year supporting them in and out ... was awarded by GlantorX for an honour for fierceness and glory by top Women Achiever's 2023 award.

Working in the industry with 17 plus year of experience, helping patient and their life with medicine registration, Lean six sigma certified along with Green belt in BPMS. As I said never been a easy journey with career oriented women to the motherhood and making the perfect balance of work life. Being from defence background myself discipline helped me to nature my self and make a perfect spice and balance in both the area.

Working as part time in GMI, Global mentor ship programme, providing mentorship and training to resources and underprivileged kids and youngster. Making them to understand the self discipline, self aura and reality check of life.

Students are from across the Globe and helping them out with different training topics letting them explore the new way of working and scheduling their life goals.

MS. SOUMYA SRIVASTAVA



Mrs Saumya Srivastava
"Empowering Young Minds: The Journey of an Edupreneur"

In a world where academic success is paramount, the role of educators transcends mere teaching; it becomes a transformative journey of shaping young minds. As an edupreneur dedicated to imparting essential skills in reading, writing, and logical thinking, my mission goes beyond the confines of a classroom. With over seven years of experience and a track record of enriching the lives of more than 5000 students, I stand as a beacon of inspiration in the realm of education.

My journey began with a profound realization: the conventional approach to education often overlooks the diverse needs of young learners. Armed with this insight, I embarked on a mission to revolutionize the way children engage with academic content. Through innovative teaching methodologies and personalized attention, I sought to cultivate a love for learning that transcends the boundaries of textbooks.

One of my greatest sources of pride lies in the countless testimonies of parents who have witnessed the remarkable transformation in their children's academic performance. Amidst the struggles and frustrations of navigating the educational landscape, their words of appreciation serve as a testament to the impact of my work. It is a humbling experience to know that I have played a pivotal role in alleviating the academic challenges faced by both students and parents alike.

However, beyond the realm of accolades and achievements, lies a deeper sense of purpose. Each day, as I step into the classroom, I am reminded of the profound responsibility entrusted upon me—the opportunity to shape the future leaders of tomorrow. It is a privilege that I do not take lightly, for I understand that the seeds of knowledge sown today will blossom into the fruits of tomorrow's success.

What sets my approach apart is my unwavering commitment to nurturing not only academic proficiency but also essential life skills. In a rapidly evolving world, where adaptability and critical thinking reign supreme, I strive to equip my students with the tools necessary to thrive in any given environment. Whether it be through fostering a love for literature, honing writing skills, or sharpening logical reasoning abilities, I empower my students to become lifelong learners and problem solvers.

Central to my philosophy is the belief that education extends far beyond the confines of textbooks and standardized tests. It is about instilling values of curiosity, resilience, and empathy—qualities that lay the foundation for success in both academic and personal endeavors. By cultivating a nurturing learning environment where every child feels seen, heard, and valued, I aim to ignite the flame of curiosity that will accompany them on their educational journey.

As I reflect on the path that has led me to this moment, I am filled with gratitude for the opportunity to serve as a catalyst for change in the lives of young learners. It is a role that I embrace wholeheartedly, knowing that the work we do today has the power to shape the course of tomorrow. With each lesson taught and each milestone achieved, I am reminded of the boundless potential that resides within every child—a potential waiting to be unlocked and unleashed upon the world.

In the midst of challenges and uncertainties, I find solace in the knowledge that I am part of a larger movement—a movement towards a more inclusive, empowering, and equitable education system. Together, we are not merely educators; we are architects of dreams, builders of futures, and guardians of hope.

In conclusion, my journey as an edupreneur is not just a profession; it is a calling—a calling to empower, inspire, and uplift the next generation of leaders. As I look towards the horizon, I am filled with optimism for the future, knowing that the seeds of change we sow today will yield a harvest of success tomorrow.

MS. RUPALI UPADHYAY



Miss Rupal Upadhyay
Principal
Aghore Vidya Peetha
Chhattisgarh

Educational Qualifications: - Bachelor of Science
Masters of Science (Botany)
Bachelor of Education
Pursuing Ph.D. in Botany

Brief summery

“A journey from a loser to the youngest Principal”

As I belong to a very small town of Chhattisgarh born in a family very supportive, I got good grades in my school & selected a carrier to work on; unfortunately, it didn't work as I thought so & I had to face failure, and the mean comments of the orthodox society started bothering me & I was depressed because I couldn't handle it & that's when I met my spiritual Guru who taught me about life when I joined Aghore Peetha I was a loser & when I saw the underprivileged children enjoying every ounce of their life I realized that “its all in our mind set” & one should always learn from failure. With the support of my parents & guidance of my Guru I started my journey as an educator & whatever I am today is because of them only. I always believe that in this era with so much competition over materialistic things we need to promote kindness & humanity over everything. A person very close to me has told me that “life lessons are taught by life itself, experiencing life makes you experienced in life, no one can teach that” for achieving the heights one must not forget about their roots. Getting the recognition from the Jury is really overwhelming for me I'm grateful to the team. I am an ordinary person with limited caliber & skills just following the path to serve the society and I am strongly believing “आज का कर्म, कल का भविष्य”.



MS . RASHI MEHROTRA



Ms. Rashi Mehrotra working as a PGT in English. She has contributed many years in shaping the academic and personal growth of countless young minds. She has dedicated the past 24 years of her life in the field of teaching. She began her journey in the realm of education at the tender age of 19. She dedicated her life to this noble profession of teaching. From a young age, she has harboured a deep-seated love for learning and an unwavering commitment to make a difference in the lives of others through education. With great enthusiasm that she embarks on this journey to contribute her entire life to the field of teaching.

Throughout her extensive tenure as an educationist. She taught the blooming buds at Primary Level from II to V std. which creates base and then taught at Secondary Level from VI to VIII, followed by being a TGT (English). Now, she is PGT (English). She is privileged of witnessing the transformative power of education firsthand. She is deeply passionate about cultivating a love for learning, nurturing intellectual curiosity and empowering students to reach their full potential. Her approach to learning is rooted in the belief that education is not merely about imparting knowledge but also about fostering critical thinking skills, creativity and lifelong learning habits.

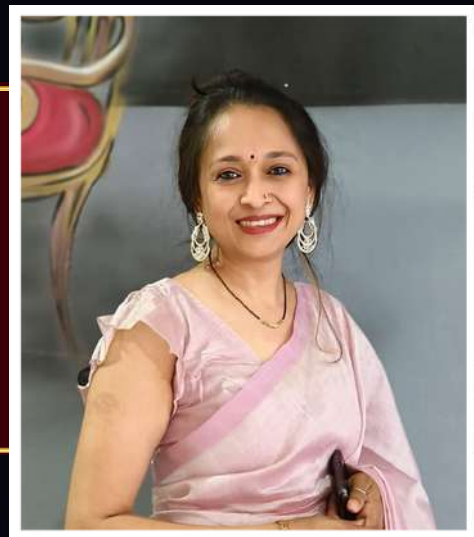
Education is grounded in the belief that learning should be an active, engaging and enjoyable process. To make it happen she has attended various workshops conducted by CBSE, DEF (Darshan Academy Foundation), various panels (DIKSHA, NISHTHA etc.) and live sessions on You Tube and other platforms. She has shouldered the responsibilities of being a Teacher Trainer, Spiritual Curriculum (HOD), team leader for International School Award, British Council. She has also been awarded with Savitribai Phule Award for her valuable contribution to the society in shaping and nurturing the future of the students.

Over the years she had the opportunity to work with a diverse range of students from primary to senior secondary, each with their own unique strength, challenges and aspirations. Through personalized instruction, learning strategies and a supportive classroom environment. She strives to meet the individual needs of every student and help them to succeed academically, socially and emotionally. Many of the students have been benefitted and guided by her who are working at a very reputed position in different fields/areas such as defence, medical and engineering.

In her classroom, she drives to foster a dynamic and engaging learning environment by incorporating innovative teaching methods and techniques that cater to the diverse needs and interests of her students. Whether it's through project-based learning, experimental activities or the integration of technology. She is always eager to explore new avenues to make learning both meaningful and enjoyable for children.

She feels honoured and is grateful to Ek Nari for giving such a platform where all working women have come together under a single roof of different fields and through this platform, they can express their views that what more they can do.

MRS. KAMAKSHI JAGDEV BARVE



Grateful to the "Ek Nari - 100 pe bhaari" platform for recognizing her hard work, discipline, and success, Kamakshi Barve, hailing from Satara in Maharashtra, India, is an entrepreneur who conceived the brand Barva, with a vision to offer a variety of natural and organic cosmetic products. Her aim is to work towards women empowerment.

The Barva range consists of products for the care and upkeep of the skin, body, and hair; as well as a beautiful and wide range of natural make-up essentials leaving you safe, looking natural, and glamorous.

Her story started as 'the quest of a mother.' One day while getting ready to go to an event, her then two-year-old daughter was watching her apply make-up. In attempting to apply lipstick while her mother was not around, the two-year-old ended up chewing it. When she smiled innocently at Kamakshi, a bluish-purple residue was noticed on the daughter's teeth. This was the result of the chemical lipstick one would use those days. Aghast and concerned, Kamakshi decided to stop using chemical ridden products and look for natural and safe ones to use instead.

In her quest to find the best product using natural ingredients, Kamakshi came across a fellow innovator Anagha Dandavate who was manufacturing a lipstick made with clarified butter. To put her time to productive use, Kamakshi decided to work with Anagha and soon realised that the products could be used by adults as well as children without any risks. She offered to market the product and that is when the brand 'Barva' was conceptualised and created. Interestingly the name is also the derivative of her marital surname, Barve.

Emphasising her vision to create a brand that would enhance the divine beauty within people, Kamakshi explains, that Barva means pure and divine in Sanskrit, and they ensure that all the products are made from the pure goodness of nature. The first product branded and marketed successfully was the range of lipsticks made using clarified butter. A product made using the goodness of pure cow ghee.

Completing 12 years of brand 'Barva', she is proud to say that she has built an enterprising business with a dedicated workforce majorly comprising women, who handle sales in numerous smaller sectors of India, thereby reflecting their motto of the Empowerment of women.

Thanks to the availability of multifaceted social media marketing, they have been successful in promoting their brand to reach customers all over India and now to USA too.

Explaining that whereas earlier, many women in our country did not have access to organic beauty products or had to procure expensive ones from western countries, now anyone can purchase this organic yet well-priced 'Barva' range of products. Kamakshi is proud to say that her products are made in India.

She has been featured over a variety of platforms, where women entrepreneurs are highlighted or needed to inspire other women by sharing experiences or to impart training; or opportunities to talk with MBA or Pharmacy students for tips on running a cosmetics or organic based product business successfully.

Through a Q & A (question and answer) event at Tilak Maharashtra Vidyapeeth (TMV), 200 students were made aware of the many aspects leading to the reality that organic is the key forward.

Another memorable accolade is that of receiving the Award for Women Entrepreneur from the Thane Vaibhav newspaper, on the event of 'Women's Day' in 2017. The Barva customers from Thane approached the newspaper to inform them of her and her amazing products which convinced the newspaper to confer the Award.

However, the greatest achievement so far has been that of being invited for the Pune G20, in April 2023. She was requested to give her insights on making a roadmap for developing women entrepreneurship. Kamakshi considers it truly an honour to be chosen to partake of this memorable event.

Barva does a great deal as CSR (Corporate Social Responsibility) as Kamakshi has very strong emotions about the betterment of underprivileged girl children as well as high reverence for soldiers sacrificing their lives for our country. Barva sets aside Rs. 5/- from every product sold to go towards the above causes.

There is an ongoing contribution to Aakar Foundation, Sangli, Maharashtra, who work for underprivileged children of single parents, towards educational sponsorship.

Ehsaas Matimand Mulanche Balgruh, Satara, is also given financial aid for their mentally handicapped children.

They also set aside the said amount for (especially on sales for 26th January and 15th August) for SIRF (Soldiers Independent Rehabilitation Foundation) working for the welfare of widows of soldiers. Additionally contributing for the last three consecutive years towards the plan of setting up oxygen plants for our soldiers who fight the harsh climes of posts at high altitudes such as Siachen.

Kamakshi hopes to expand sales globally and has already reinstated the same to Dubai United Kingdom, Kenya and Germany; which were delayed due to the pandemic. Her sincere dream is to keep increasing the count of the women workforce of Barva, the current target being a not too far away count of 500 women.

Kamakshi believes that women are truly beautiful inside and out and Barva merely does its bit to enhance this divine and pure beauty.

MS. APEKSHA DAVE



Identifying a need, and taking the first step to action is key to becoming a successful Changemaker.

A happy, confident girl with big dreams. I always think of doing something which brings positive change in society in any large and small ways.

Learning Child psychology helped me understand the importance of Early Childhood Education and its significance in child's future. My experience in education field of 6 years, helped me understand how vital it is to shift away from traditional preschool education system and provide children with Skill enabled and child psychology based practical learning for their strong future. This is from where the journey of Kinderoo begins. We laid the foundation of Kinderoo last year and we are growing exponentially.

We all have difficulties during rollout, but with my glass, half full approach and always being a goal-getter, I hustle every day. I am paving my way to my Dream mission. Successfully running preschool and educating over 500+ children in our Morbi city, we are growing with a strong vision to build a preschool chain in India. Kinderoo will provide Holistic Learning and care to children in small towns where we still find a dire need of awareness among parents about importance of early years education and to provide them with higher standards of education at affordable prices.

Today's world is becoming a world with equality of gender at any stage. Not only men, but women are entrepreneurs nowadays too. We work hand in hand With Women hustlers, providing them with new networks and access to diverse opportunities along with their personal development and trainings.

I feel grateful on receiving this award from Ek Nari 100 Pe Bhari. This is my motivation. My work is far from over. I am proud of what I have accomplished today. And how it is bringing a difference. So I am rolling up my sleeves and continuing my journey with even more dedication! If we have made this much progress and just one year I'm thinking of what we can do in three!

Apeksha Dave

Founder and Director - Kinderoo Childhood Care and Education

www.kinderoo.in , 8849405490 | 8000401708

Instagram: [kinderoo.in](https://www.instagram.com/kinderoo.in)

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MS. CHARU GUPTA



In the realm of nNumerology 7 Vastu, a name that resounds with trust, shrewdness, and unrivaled mastery is Charru Gupta. Practicing more than 7 years, Charru Gupta has secured herself as a signal of direction and understanding, procuring the title of India's Best Numerologist Online.

Charru Gupta, a Numerologist and Vaastu consultant, possesses a unique blend of spirituality, higher education, and personal development, which enriches her approach to these ancient sciences. Her passion lies in guiding individuals on their journey towards self-discovery and empowerment, utilizing her expertise in Numerology and Vaastu to address various aspects of their lives.

Specializing in areas such as life direction, compatibility, relationships, career, finance, and foreign settlement, Charru Gupta offers personalized consultations aimed at helping individuals navigate their paths with clarity and confidence.

Beyond traditional teachings, Charru delves into the realms of Occult Science, seeking to enrich the soul and provide deeper insights into the mysteries of life. Her professional journey has been shaped by learnings from some of India's best Numerologists and Vaastu Coaches, allowing her to integrate diverse perspectives and approaches into her practice.

With a commitment to continuous learning and growth, Charru Gupta is dedicated to staying at the forefront of her field, ensuring that she can offer the most comprehensive and effective guidance to her clients. Through her holistic approach and unwavering dedication, she strives to empower individuals to unlock their true potential and live a life of fulfillment and purpose.

Through her deep understanding and expertise in numerology, Charru Gupta has illuminated the paths of countless individuals, offering clarity and guidance in various aspects of their lives. Her ability to decipher the intricate language of numbers has helped people navigate challenges, seize opportunities, and unlock their true potential.

Charru Gupta, as a Numerology and Vaastu consultant, is driven by a deep aspiration to become your trusted advisor and coach. She is dedicated to assisting you in crafting a better life through the application of scientific and practical solutions rooted in Numerology and Vaastu.

Her mission is clear: to offer professional guidance and education in the realms of Numerology and Vaastu. Whether you seek clarity in your life direction, improvements in relationships, career advancement, financial stability, or seeking harmony in your living or workspace, Charru Gupta is committed to providing you with the insights and tools necessary to navigate these areas effectively.

Through her expertise and personalized approach, Charru aims to empower individuals to make informed decisions, overcome obstacles, and unlock their true potential. By blending ancient wisdom with modern methodologies, she strives to offer solutions that are not only effective but also practical and accessible in today's fast-paced world.

With Charru Gupta as your guide, you can embark on a journey of self-discovery, growth, and transformation, paving the way towards a more fulfilling and prosperous life.

As a trusted advisor and mentor, Charru Gupta's impact extends far beyond mere calculations; she provides personalized consultations that empower individuals to make informed decisions and embark on journeys of self-discovery and growth.

Her dedication to her craft, coupled with her unwavering commitment to helping others, has rightfully earned her the recognition as one of the foremost authorities in numerology, both in India and online. Charru Gupta continues to shine brightly, guiding and inspiring all who seek her guidance on their journey towards fulfillment and success.

Charru Gupta has mastered herself in the field of numerology and vastu. She has been awarded American honorary Doctorate in Numerology.

She is passionate about guiding individuals on their path to self-discovery and empowerment. With expertise in Numerology and Vaastu, She is specialised in areas like life direction, compatibility, relationships, career, finance, foreign settlement, and more.

Her journey started with a well-established energy for grasping the divine language of stars and numbers. Her steady quest for information drove her to turn into an ensured master, whose bits of knowledge have enlightened the existences of more than 10,000 people through customized consultation. She has taught more than 5000 students & helped them to navigate their life.

Her articles got published in newspapers, magazines, and news channels. She appeared as guest columnist, and her articles on Numerology and Vaastu are crafted to inspire and inform.

Charru Gupta's unique approach to numerology and Vaastu allows her to provide individuals with clear insights into their lives, helping them navigate both fortunate and challenging periods. By analyzing a person's date of birth and name, she can uncover key aspects of their life journey, including lucky periods and strategies for overcoming obstacles.

Furthermore, Charru Gupta's expertise extends to the realm of Vaastu, where she can tap into the energy of a person's home and workspace through maps and directions. By understanding the subtle energies present in these environments, she can facilitate transformation and create harmonious living and working spaces.

Through her guidance in numerology and Vaastu, Charru Gupta has positively impacted the lives of numerous individuals, helping them unlock their full potential and achieve greater fulfillment. Whether it's finding success in career and relationships or overcoming personal challenges, her insights and advice have proven invaluable to those seeking direction and empowerment.

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DR. ANUJA BHARTI



Dr. Anuja Bharti

MBBS, DNB (Paediatrics), MIAP

PGPN (Boston)

Certified in International Vaccine Trust Course, Level 1 by International Paediatric Association (IPA)

"Always remember to fall asleep with a dream & wake up with a purpose"

I am a listener, helper and healer.

"Dedicated Pediatrician with healing hands".

It is always difficult to write about your own journey of life and your role play in others life.

To become a doctor was my childhood dream but to land up being a paediatrician is God's gift to me to serve our tiny blossoms.

I feel honoured to receive this award and will surely carry my responsibilities in the best ways I can. Coming so far in my practise, I feel satisfied to contribute few little things in life to bring big changes in future. Few contributions of my social work are:

- health screening of school kids
- health check up of handicapped children and provision of free medical treatment to them.
- Taking educational classes of students in China
- Health talks in school for kids and parents.
- Health talks for kids and young mothers in multiple societies

I did my MBBS from NMCH Patna & PG (DNB ,Pediatrics) from Fortis Escorts Hospital, Faridabad. I was also awarded "best doctor of the month" during PG training for quick and timely management of a serious kid. After my post graduation joined a reputed multi speciality hospital focused on Paediatric transplant and other critical cases. This experience was a realisation of life being precious in hands of doctors. Going forward, I have been attached to sequence of corporate hospitals in Chennai and have earned experience of being a seasoned Pediatrician.

I have done free telemedical consultation attached to Renault India private limited during COVID times to give easy online advice to needy kids. I have been a Guest Lecturer in several talks organised by Physiotherapy Association on Covid and breast cancer awareness in 2020 and 2021.

I have participated in school health talks to educate kids and teacher about basic well being needs and care , conducted health camps for handicapped children and provided basic medicines of their needs. I have also been invited as Guest of honour in schools for health talks.

As I relocated to China due to personal reason, my goal of helping others stayed in my mind . I explored various options and got the opportunity to teach medical graduates there and also became a part of International clinic, as guest lecturer.

Coming back to India , I started my own setup as "Sunshine Child Care " Clinic to treat the kids. During this time have been associated to several polyclinics and have served under privileged kids.

Currently I am associated with a reputed Hospital as a Senior Consultant. Still my medical journey is ongoing with many more contributions yet to make!

Achievements earned so far:

- "Doctor of the month" award during PG course
- Certified in International vaccine trust course, by International Pediatric Association.
- Certified in Post Graduate Programme in Pediatric Nutrition(PGPN) by Boston University, 2023.
- Best Doctor Award by online medical portal , 2023 (drgalen.org, USA)
- Selected for Oral paper presentation at PEDICON, Indore in 2014 .
- Winner in 6th IAP Pediatric Quiz for postgraduates in Faridabad, 2012
- Runner up in 6th IAP Interstate Pediatric quiz in Jammu, 2012

"Not all of us can do great things but we can do small things with great love"- Mother Teresa. I feel this always and abide by this in my life.

DR. KIRTI PATIL



Dr. Kirti Patil emerges as a shining beacon of success within her community, proudly holding the distinguished title of the first female dentist in Risod, her taluka. Commencing her professional odyssey over 16 years ago in her husband's dental clinic, Dr. Kirti has etched her name in the dental field, leaving an indelible mark on healthcare in her region.

Beyond the clinical realm, Dr. Kirti stands as the visionary behind Creobeaity Cosmetics, a beauty brand nested within her enterprise, Dr. Kirti's Beauty Enhancers. This venture not only showcases her entrepreneurial flair but also underscores her unwavering belief in women's empowerment. "Beyond Beauty," the tagline of Creobeaity Cosmetics, encapsulates Dr. Kirti's philosophy that every girl inherently possesses beauty, capable of radiating confidence with the right opportunities. Crafted with precision by a team of qualified doctors, the brand's products for daily makeup and skincare transcend mere aesthetics, embodying her dedication to holistic beauty.

Dr. Kirti extends her influence beyond her roles as a dentist and entrepreneur, actively contributing to education and empowerment. Serving as the Vice President at GNM Nursing College, she plays a pivotal role in shaping the destinies of young women, fostering education and independence.

Simultaneously, her position as an Entrepreneurship Development faculty at the Maharashtra Center for Entrepreneurship Development positions her as a mentor for aspiring entrepreneurs, fostering growth and innovation.

Engaging in community activities, Dr. Kirti actively participates in the Art of Living organization, contributing to social awareness initiatives through her involvement in Balsanskar Kendra. This multifaceted engagement underscores her commitment to holistic development, emphasizing the significance of contributing to the greater good.

Infusing philanthropy into her professional journey, Dr. Kirti spearheads a diagnostic program for oral cancer patients in her clinic. Motivated by a profound sense of social responsibility, she strives to make a tangible and positive impact on the lives of the less fortunate, exemplifying her commitment to community service.

Dr. Kirti's advocacy for women's empowerment is not just a slogan but a deeply ingrained belief spanning emotional, physical, and economic dimensions. In her perspective, every woman possesses the inherent capability to conquer life, requiring only the right guidance and unwavering support. Her journey as a dentist, entrepreneur, educator, and philanthropist collectively paints a portrait of a woman dedicated to uplifting and empowering her community, embodying the principles of compassion, resilience, and progress. Dr. Kirti Patil's narrative transcends personal success; it's a story of empowerment, leadership, and the transformative impact one individual can have on a community. She attributes her success to her parents' blessings, her in-laws' support, finding inspiration in her two daughters, and acknowledging her husband as the backbone of her entire journey.

DR. RAJAMALAR DHARMAKRISHNAN



I am Dr. Rajamalar, mother of two, and I am excited to share my personal journey with you. For the past twelve years, I have had the privilege of working in the dynamic field of healthcare, specializing in the distribution of medical equipment. Through my experiences, I have witnessed firsthand the transformative power of innovation in improving patient care and outcomes.

My journey in healthcare began with a passion for serving others and a keen interest in the intersection of technology and medicine. However, the seeds of my motivation were planted long before I entered the professional world. My late mother, who sold mangoes at the beach shore, instilled in me a deep sense of resilience, determination, and compassion.

Growing up in an environment where hard work was the cornerstone of our livelihood, I learned the value of perseverance from my mother. Despite the challenges she faced as a small-scale vendor, she approached each day with unwavering dedication and a commitment to providing for our family. Her tireless efforts and unwavering spirit served as a constant source of inspiration for me.

Armed with her teachings and a desire to make a difference, I pursued higher education in Biotechnology Ph.D., eager to explore how technology could be harnessed to improve healthcare outcomes.

Embarking on my healthcare journey was driven by a profoundly personal impetus. My mother's battle with cancer was a profoundly impactful experience in my life. I vividly remember spending 15 days by her side in the hospital, witnessing firsthand the challenges caused by the lack of adequate medical equipment. It was a distressing time, made even more difficult by the realization that better resources could have potentially improved her treatment and comfort.

The experience of seeing my mother's struggle and the deficiencies in healthcare infrastructure deeply affected me. It was during those days in the hospital that I made the decision to dedicate my career to addressing these gaps in the healthcare system. Witnessing the limitations of the healthcare system ignited a passion within me to make a difference and ensure that others wouldn't have to face similar challenges.

With each step of my journey, from academia to the professional realm, I carried with me the lessons imparted by my mother – the importance of hard work, resilience, and compassion in everything I do. Over the years, as I navigated the complexities of the healthcare industry, I often drew strength from my mother's example. Her unwavering determination in the face of adversity fueled my own perseverance during challenging times. And while our paths may have diverged, her legacy continues to guide me as I strive to make a positive impact in the world of healthcare.

Furthermore, I am excited to announce the establishment of DR LABS, founded on July 4, 2014, dedicated to advancing medical research and development. With DR LABS, our vision was to foster collaboration and innovation in the pursuit of groundbreaking healthcare solutions that address the evolving needs of patients and healthcare providers.

In addition to my professional endeavors, I am proud to have co-founded Shresha Biotech on April 24, 2019, alongside my husband, Dharmakrishnan, who is not only my life partner but also my business partner. Together, we have worked tirelessly to drive innovation and make a positive difference in the healthcare industry.

Looking ahead, I am grateful for the opportunities I have been afforded and the lives I have touched along the way. As I continue my journey in healthcare, I am committed to honouring my mother's legacy by advocating for the adoption of innovative solutions that have the potential to transform patient care and improve healthcare delivery worldwide.

Thank you for allowing me to share a glimpse of my journey with you.

SAHASTRAKASH OVERSEAS



“Empowering Success Through Entrepreneurship: A Journey of Ambition and Achievement”

With a steadfast commitment to carving out a unique identity and making a mark in the world of business, I have charted an inspiring trajectory that is defined by resilience, ambition, and unwavering dedication. My journey into the realm of entrepreneurship is a testament to my relentless pursuit of excellence and my unwavering passion for creating opportunities and driving innovation.

Armed with a solid educational foundation in Business Administration, I embarked on my professional journey by pursuing a Bachelor's degree in Business Administration (BBA) followed by a Master's in Business Administration (MBA). Equipped with a comprehensive understanding of business principles and a thirst for knowledge, I honed my skills and expertise in various domains, preparing myself for the challenges and opportunities that lay ahead.

After completing my academic pursuits, I delved into the corporate world, where I gained invaluable experience and insights by working in diverse roles and industries. This phase of my career not only sharpened my business acumen but also instilled in me a deep appreciation for the intricacies of organizational dynamics and market forces. However, amidst the hustle and bustle of the corporate landscape, a burning desire to chart my own path and create something truly unique continued to simmer within me.

Driven by a vision of independence and a passion for entrepreneurship, I made the bold decision to transition from a corporate career to the realm of business ownership. With a clear focus and a resolute determination, I ventured into the world of export-import business, a domain that resonated deeply with my aspirations and ambitions.

Establishing my own export-import business was not merely a career choice; it was a manifestation of my long-held dream to create a legacy of my own. Guided by a spirit of innovation and a commitment to excellence, I embarked on this entrepreneurial odyssey with a firm belief in the transformative power of hard work, perseverance, and ingenuity. As I navigated the intricacies of global trade and forged strategic partnerships with stakeholders across borders, I realized the immense potential that lay in the realm of international commerce.

The prospect of engaging in international trade not only appealed to my business acumen but also resonated with my desire to contribute to the growth and recognition of my country on the global stage. I saw it as an opportunity to showcase the quality and diversity of products that my country had to offer, while also forging valuable partnerships with business worldwide.

Building on my foundation of academic knowledge, corporate experience, and entrepreneurial zeal, I have steered my export-import business towards unprecedented growth and success. Through a blend of strategic planning, market insights, and a customer-centric approach, I have been able to establish a strong foothold in the competitive world of global trade, expanding my business reach and impact with each passing day.

Central to my entrepreneurial ethos is a commitment to integrity, quality, and innovation. I believe in conducting business with the highest ethical standards, fostering trust and transparency in all my dealings. Moreover, I strive to deliver products and services of the highest quality, meeting and exceeding the expectations of my clients and partners. Innovation is at the heart of everything I do, as I continually seek new opportunities, explore emerging markets, and adapt to changing trends to stay ahead of the curve.

Looking ahead, my vision as a business leader in export-import is to create a globally recognized brand known for excellence, innovation, and ethical practices, while fostering strong partnerships and sustainable growth in diverse markets."



MRS. ROOPALI VASHISHTHA



You will reach the destination of your dreams after overcoming difficult paths.

If you have courage and passion then your dreams will definitely come true. Before marriage, I topped Agra University in Master's degree. Participated in classical dance till state level and was the winner. I gave civil exam in 2008 without out coaching. Cleared both the exams but due to nervousness I could not pass the interview. Still I did not lose courage. I and my brother (Krishna) went to study in Dehradun. Came where my brother M.C.A and I took the degree of Tourism. And I worked in S.G.R.R Inter College. But times changed again in 2009, my brother passed away in a bus accident and the dream of P.H.D he had for me remained incomplete. After some time, I got married in Dehradun itself and then like a common woman, I started fulfilling my duties and responsibilities of my family and children (what did I want, who was I?) but then once the time changed and I would like to say that My husband, whom I call my life partner (Dhruv Vashishtha), who gave wings to my unfulfilled dreams and gave me the courage that I can do anything. My father-in-law (Mahesh Chandra Sharma ji), who loved me like a father and is supporting me at every step. Wherever I have reached today is because of the support of my father-in-law, husband and family, a common woman can do anything when she is determined.

Today I am in the last year of PhD, along with this (I am the District President of Indian Human Rights Dehradun Uttarakhand.) Now I have been honored with (Woman Icon Award) 2024. I am a writer and am writing my book (Lakhmandal). Along with me that (Honored with Vishwa Ratna Samman Award 2024) All these achievements have been achieved with courage and passion. I will continue to work in the field of education in future also.

It is very important for women to be aware, they should know about their rights, they should be aware about education, only then women will be able to move forward, I will play my role in this field as much as possible. And will keep working. (special thanks to my father in law Mahesh Chandra Sharma and my husband Dhruv Vashishtha and my family) M rs. Roopali Vashishtha (P.H.D) Research Scholar History Department (MAHGU)

(special thanks to my father in law Mahesh Chandra Sharma and my husband Dhruv Vashishtha and my family)

Mrs. Roopali Vashishtha (P.H.D) Research Scholar History Department (MAHGU) Writing a Book on (Lakhmandal UK.) Indian Human Right (IHRCT) District Prcsident Dehrdun Uttarakhand



MS. BHUMIKA AGGARWAL



Ever Consider how well-organised the horticultural sector can be?

A young female entrepreneur in a typically male-dominated industry has achieved an impressive feat. Introducing Miss Bhumika Aggarwal, the visionary CEO and Founder of UrBot, a one-stop horticulture solutions company located in Delhi. Her journey from a conventional family background to a trailblazer in the horticulture industry is nothing short of inspiring.

She comes from an entrepreneurial family background. But, her family held traditional beliefs, and they didn't anticipate women to start their businesses. Growing up, Bhumika faced the challenge of convincing her family to support her ambitions. Her family's expectations were for her to get good marks, attend a reputable college, secure a stable job, and then get married. She excelled in school, especially in mathematics, and followed this expected path initially. Then soon, she realised that her true passion lay in making a broader impact on society.

In pursuit of her dream, Bhumika opted for an Economics degree from Guru Gobind Singh Indraprastha University (GGSIPU), where she developed a deeper understanding of how the economy works. Her journey towards entrepreneurship took a significant turn in November 2022 when she attended an exhibition in Pune. There, she noticed a major gap between consumers and vendors in the horticulture industry. The absence of a direct connection between gardeners and potential consumers inspired her to create UrBot, a platform aimed at bridging this gap.

Bhumika launched UrBot in February 2023 with the vision of connecting manufacturers, vendors, and consumers under one roof. UrBot not only streamlines the horticulture supply chain but also creates employment opportunities for local gardeners. Bhumika's technical and e-commerce background helped her build this advanced tech platform. She understood how to use technology to solve real problems in the horticulture industry. The platform is designed to make gardening accessible to everyone, providing educational resources that help consumers make informed decisions about their green spaces.

One of the standout features of UrBot is its commitment to sustainability. The platform includes both organic and inorganic product filters, ensuring that consumers can easily find eco-friendly gardening solutions. Additionally, UrBot's upcoming app has (AR) and (AI) capabilities. Similar to Amazon's lens feature, UrBot also has integrated the lens features in their upcoming app. That allows users to scan their gardens and optimise their spaces with suitable plants and products.

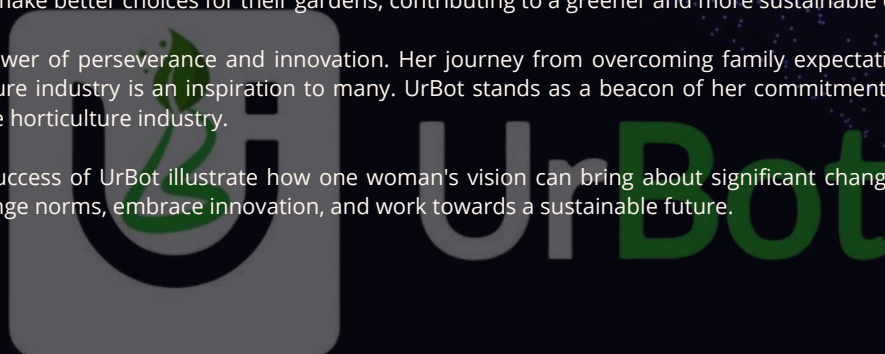
Bhumika's hard work and innovative approach have earned her a nomination for the EK Nari Award, which honours women making significant contributions in their fields.

This recognition is particularly meaningful in the horticulture industry, which is predominantly male-dominated. Despite initial scepticism from her peers and industry experts, Bhumika's relentless drive has led UrBot to revolutionise the horticulture sector.

Through UrBot, Bhumika has not only organised the industry but also promoted environmentally-friendly gardening practices. The platform serves as a comprehensive resource for anyone interested in horticulture, from amateur gardeners to professional landscapers. UrBot's educational resources empower users to make better choices for their gardens, contributing to a greener and more sustainable environment.

This is a testament to the power of perseverance and innovation. Her journey from overcoming family expectations to becoming a pioneering entrepreneur in the horticulture industry is an inspiration to many. UrBot stands as a beacon of her commitment to sustainability, organisation, and community support in the horticulture industry.

Bhumika's journey and the success of UrBot illustrate how one woman's vision can bring about significant change in a traditional industry. Her story encourages us to challenge norms, embrace innovation, and work towards a sustainable future.



MS. MANDEEP KAUR GILL



INTRODUCTION:

Greetings esteemed members of the award show committee,
I am delighted and deeply honored to have been nominated for ENTREPRENEUR OF THE YEAR IN PRODUCT OR MANUFACTURING BUSINESS at EK NARI- 100 PAR BHARI CONFERENCE, EXHIBITION & AWARDS 2024. My name is Mandeep Kaur Gill, and I am the proud owner of Gillz Time Designer Hub, based in Ludhiana since 2012. With a passion for fashion and a dedication to excellence, I have cultivated a reputation for delivering exceptional designs to my esteemed clientele both locally and internationally.

BACKGROUND:

As a double postgraduate in Punjabi language and History, I bring a unique perspective to my work as a fashion designer. My academic background has instilled in me a deep appreciation for cultural heritage and storytelling, which I infuse into each of my designs.

PROFESSIONAL ACHIEVEMENTS:

INTERNATIONAL RECOGNITION: I am proud to have garnered recognition at an international level for my innovative designs and impeccable craftsmanship. My creations have graced the wardrobes of clients from around the globe, representing a fusion of traditional elegance and contemporary flair.

CUSTOM DESIGNS:

At Gillz Time Designer Hub, we specialize in creating bespoke, one-of-a-kind outfits tailored to the individual preferences and personalities of our clients. From bridal couture to ready-to-wear collections, each piece reflects our commitment to quality and creativity.

BALANCING ROLES:

In addition to my thriving career as a fashion designer, I am a devoted housewife and mother of two wonderful children. Balancing these roles has taught me the importance of time management, resilience, and unwavering dedication to my passions.

VISION AND IMPACT:

My vision extends beyond creating beautiful garments; it encompasses empowering individuals to embrace their unique identity and express themselves through fashion. Whether it's designing a wedding gown that captures the essence of a bride's dreams or crafting a statement ensemble for a red-carpet event, I strive to make a lasting impact through my work.

CONCLUSION:

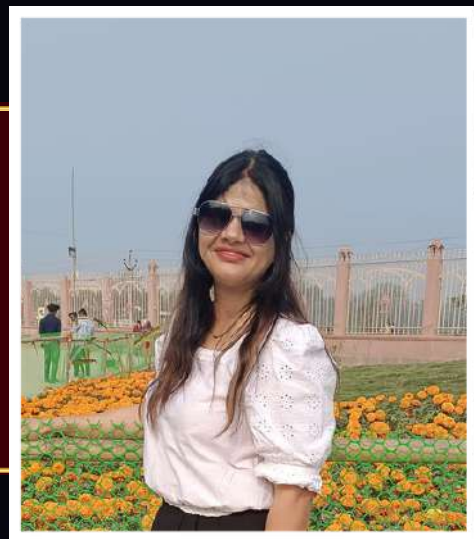
In closing, I am immensely grateful for the opportunity to be considered for this prestigious award. It is a testament to the collective effort of my team at Gillz Time Designer Hub and the unwavering support of my family. I look forward to the possibility of sharing my journey and contributing to the celebration of excellence in the fashion industry.

Warm regards,

Mandeep Kaur Gill
Owner, Gillz Time Designer Hub



MS. NEELAM RAI



****The destination that was in our eyes, the destination that was in our dreams, that destination has knocked on all our doors today.*** Efforts to make the school excellent:

talk about my primary school, which is a government school in Manduadih, Varanasi, where children receive meals at school, and their parents are busy with various jobs like running fruit stalls, selling vegetables, etc., and cannot pay attention to their children. In government schools, the government is now making good arrangements, but I and my school's principal and all the teachers have developed the school to be like an English medium school. Making the morning assembly interesting had a significant impact on the attendance of children. Various innovations such as role plays, dramas, street plays in the village, regular use of science experiments, improved children's educational levels, and increased parents' confidence in the school.

I myself provided carpets for children to do yoga, lockers for the school, Text books for each class, color rubber cutters, etc. Through community participation laptop, printer, water cooler, projector, and two smart TVs . I received Best Teacher Award by District Magistrate varanasi and the school's five-star ranking. In Varanasi ,Certificate of honor for Mission Shakti campaign warrior, certificate of cleanliness under the Dettol School Hygiene Education Program. Certificate from the Basic Education Department for the use of ICT. Certificate of appreciation from UNICEF, certificate of excellence for teachers; certificate of participation in the Story telling Competition; certificate of honor for women empowerment. It was a proud moment for Primary School Manduadih, block kashividyapeeth. Varanasi, when our school children met the Honorable Prime Minister and sang their cleanliness song to him. The school family was filled with joy .when our school girl organized the Cleanliness Olympiad sponsored by Dettol, securing first place in all of India. As a result, two children from the school, Janvi Patel and Anshika Pandey, got the opportunity to meet the great actor Amitabh Bachchan ji and also received a check of ₹50,000. Our school's children's parliament was also inaugurated by NDTV, which was broadcast on World Health Day, April 7th. Additionally, our school was also covered by Doordarshan, where the work done by the children and teachers was highly praised. Educate my school children while also informing women in the village about their rights. Additionally, I have trained teachers in my block as a trainer so that they can also do good work in their schools.



DIPTI A SHAH



Dipti A. Shah

M.A. (English), US

Zig Ziglar: "You can have everything in life you want, if you will just help other people get what they want."

Mrs. Shah holds a double master's degree in English from both Gujarat University, India, and Georgia University, US. She has been a student at C.N. Vidyalaya (Gujarati medium) and St. Xavier's College (English medium) in Ahmedabad, Gujarat.

She has had a brilliant academic career and has always been a topper of her class! After studying in mother tongue medium in school, she topped the list of all English major students of Gujarat University in her second year of Bachelor of Arts.

With a flair and fascination for public speaking, Mrs Shah won many trophies and prizes in intra- and inter-state elocution competitions, debates, radio discussions, mock parliament, etc--both at school and college levels. Besides, representing her university, she visited Japan under Indo-Japan Student Exchange Programme and acted as a cultural ambassador to Otemon Gakwin University, Osaka, in 1972.

Mrs. Shah spent 7 years in the US, where she studied under a full- year Rotary Scholarship and pursued her second master's degree in English literature. During her tenure as a student, she taught the English language to foreign as well as undergraduate American students in her college.

In order to support their studies, Mrs Shah and her husband (they married in their first year in the US in 1973) embarked upon one of the toughest jobs ever--selling Bibles door-to-door in four different Southern US cities during four summer vacations from 1974 to 1977--on pure commission basis!!

Disciplined and dedicated to knock average 25 doors a day in 110 degrees heat, carrying a bag of books weighing 40 pounds, Mrs Shah learned the most invaluable lessons of persistence, positive thinking and pursuit of excellence! Motivated by the '10 Scrolls' in the book "Greatest Salesman in the World" by Og Mandino, Mrs Shah became the first Indian woman to receive the award of 'No 1 Experienced Salesman' in her second summer among 700 American and foreign students.

Mrs Shah returned to India in 1980 and launched her teaching career in Ahmedabad. As a part-time faculty, she taught English at St. Xavier's Language Institute and Bhavan's Arts & Commerce College for 18 months.

In 1981, she came into her own when she launched 'Modern English Classes' in her in-laws' rented house basement, and after a few years established full-fledged 'Dipti Shah's Institute of English, Public Speaking & Self-Development' in her own huge apartment basement.

In 20 years, Dipti Shah's Institute became a household word in the states of Gujarat and neighbouring Rajasthan. Higher secondary/college students, graduates, housewives, doctors/surgeons, lawyers, CAs, engineers, MBAs/PhDs, businessmen--all started thronging Dipti Shah's for a 2-3 month intensive training.

Besides its regular curriculum, the institute staged one-act dramas in English, talent shows, and a grand public speaking function in huge auditoriums. It also covered creative visualization, speed reading, table manners, etc and even organized several charity projects per batch! It is as if students started shaping into mature beings and got wings to fly in the direction of their dreams!

Her husband and business partner, Amit Shah (an IIT engineer, MS/MBA from the US) quit the corporate world to join Dipti Shah's and for the past 28 years has moulded students in the field of life skills and personality development!

Mrs Shah is an accomplished public speaker and has conducted public speaking seminars for professionals and students alike. Her book "Effective Public Speaking" was published in 2018 and not only is it being taught in her own Institute but taught by her accomplished past students/anchors/public speaking trainers in India and abroad.

For the last 43 years, Dipti Shah's Institute has impacted the lives of more than 18,000 students, professionals and businessmen of all ages and aspirations from two generations.

Equipped with sharpened English communication, self-confidence, and public speaking skills as well as several life lessons on how to set and achieve goals/how to start a business/how to crack a job interview/how to handle investments and relationships wisely, our students have established start-ups/academic institutes/tech companies, and flourished in their careers and businesses in India and abroad!

During the pandemic, Dipti Shah's even conducted 10 online batches, but now has gone back to the offline model.

Housed in a prestigious building with a 125-seater auditorium-like classroom, Dipti Shah's has a rich library of English story books, novels, and biographies, motivational, spiritual and other books.

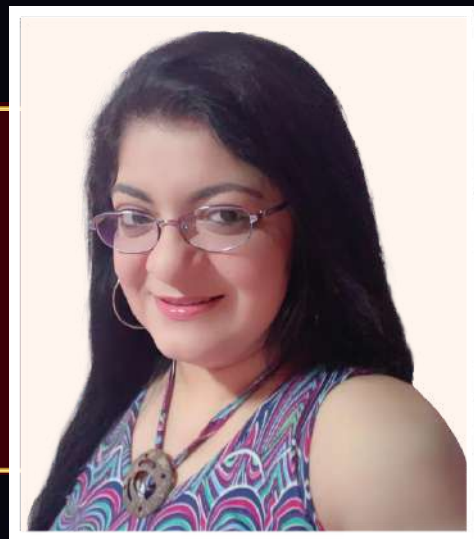
Doing both rigorous class work and homework, students here practice all six English language skills and learn to imbibe them in their lifestyle. As a result, they come to love the English language, and enjoy reading books, watching web series/movies/documentaries/YouTube videos, and expressing themselves freely on and off the stage.

Now the institute has emerged as life- and career-building. Students from different cities, states and countries vie to study here, highly recommended by their families/friends/colleagues/bosses/teachers/professors! And majority of them are themselves past students of the institute!

Dipti Shah's Institute of English, Public Speaking & Self-

Development (Since 1981) Satellite, Ahmedabad Website: www.diptishahs.com

MS. MEGHLA BHARDWAJ



Meghla Bhardwaj: A Trailblazer Fueling India's Sourcing and Cross-Border E-commerce Industries

Meghla Bhardwaj is a name synonymous with innovation and excellence in the sourcing and e-commerce industries. With a career spanning over two decades, she has played a pivotal role in transforming how global businesses source products from Asia, particularly India.

She was the first to encourage global ecommerce sellers to start sourcing products from India. With numerous educational initiatives, podcasts, masterminds, she spread awareness of the benefits of importing products from India.

Her contributions have not only helped grow India's exports but have also empowered numerous start-ups and entrepreneurs globally to establish and grow their e-commerce ventures.

Early Career and Industry Experience

Meghla's career in the sourcing industry began in 2000. Over the years, she has accumulated extensive experience working in diverse markets, including India, China, the Philippines, and Singapore. Her deep understanding of manufacturing and sourcing processes is rooted in her visits to hundreds of factories and numerous trade shows across these countries. This on-ground experience has been invaluable in shaping her expertise in supplier identification, negotiation, quality control, and logistics management.

Founding India Sourcing Network

In a bid to streamline the sourcing process and make it more accessible, Meghla co-founded India Sourcing Network.

This platform is a one-stop solution for importers looking to source products from India. It provides end-to-end services, ensuring that businesses can efficiently and effectively manage their supply chains. India Sourcing Network offers everything from supplier identification and contract negotiation to quality control and shipping.

India Sourcing Trip

One of Meghla's most notable initiatives is India Sourcing Trip, a unique program that allows global Amazon and e-commerce sellers to visit Indian factories and meet suppliers directly.

This trip provides participants with a firsthand experience of India's manufacturing capabilities and facilitates direct business relationships. India Sourcing Trip has been instrumental in showcasing India's potential as a global manufacturing hub and has fostered stronger trade ties between India and other countries.

The Asian Seller: A Community for E-commerce Entrepreneurs

Recognizing the growing potential of e-commerce in Asia, Meghla launched The Asian Seller, a community aimed at supporting Amazon and e-commerce sellers in the region. The Asian Seller provides a platform for sharing knowledge, resources, and best practices among entrepreneurs. It offers podcasts, workshops, and events that help sellers start and scale their online businesses.

Through this community, Meghla has inspired and educated many aspiring entrepreneurs, helping them navigate the complexities of the e-commerce landscape.

Facilitating India's Cross-Border Exports

Meghla believes there is tremendous potential in India's cross-border exports. To this end, she organized India's first conference and expo focused on ecommerce exports. Ecom India Summit provided invaluable benefits to attendees by offering insights into effective sourcing strategies, e-commerce growth tactics, and the latest market trends.

Participants had the opportunity to network with industry experts, learn from successful case studies, and gain practical knowledge on leveraging India's manufacturing strengths for their e-commerce exports businesses.

The summit's sessions, workshops, and panel discussions equipped sellers with the tools and strategies needed to enhance their competitive edge and drive business growth.

Overcoming Challenges

Meghla's journey has not been without its challenges. Navigating the complexities of international trade, dealing with diverse cultural dynamics, and managing the logistical intricacies of sourcing from multiple countries are no small feats.

In addition, she faced personal hardships when her husband passed away from a heart attack in 2017.

However, Meghla's perseverance and commitment to excellence have been her guiding lights. She has faced these challenges head-on, leveraging her extensive industry knowledge and network to find innovative solutions.

Her determination and passion for her work have seen her through these tough times. Her ability to turn obstacles into opportunities is a testament to her strength and character.

Impact on Podcasts and Media

Meghla's expertise and insights have made her a sought-after speaker on numerous podcasts and webinars. She has been interviewed on over 200 platforms, where she shares her knowledge on sourcing best practices, the benefits of importing made-in-India products, and strategies for e-commerce success.

These media appearances have amplified her influence, allowing her to reach and inspire a global audience of entrepreneurs and business leaders.

Vision for the Future

Looking ahead, Meghla is committed to continuing her mission of supporting global e-commerce sellers and promoting India's manufacturing excellence. She envisions a future where Indian products are a staple in global markets and where entrepreneurs from Asia can thrive in the e-commerce ecosystem. Her ongoing projects, including expanding India Sourcing Network and India Sourcing Trip are steps towards realizing this vision.

Conclusion

Meghla Bhardwaj's contributions to the sourcing and e-commerce industries are truly commendable. Her efforts have not only boosted India's exports but have also empowered countless entrepreneurs worldwide. As she receives this award, it is an acknowledgment of her unwavering dedication, innovative spirit, and the positive impact she has made on the global business landscape. Meghla Bhardwaj is indeed a trailblazer, and her journey continues to inspire many.

DR. MANJU LATA SHARMA



Dr. Sharma stands as a beacon of dedication and expertise in the field of public health, with a remarkable journey spanning over two decades. Currently serving as Officer on Special Assignment (OSA) at the World Health Organization (WHO) Country Office in Delhi, India, her illustrious career commenced in 2002 with WHO, where she has been instrumental in Polio Eradication Program, Newer Vaccine introduction along with implementation of various Health Program and shaping health policies and initiatives.

A Wealth of Experience: With a solid foundation as a Consultant Pediatrician and Adolescent Health Expert from 1992 to 2002, Dr. Sharma brings over 25 years of invaluable experience to her current role. Her expertise extends across various domains, including child and adolescent health, maternal and child welfare activities, community pediatrics, and public health endeavors.

Leadership Roles and Contributions: Dr. Sharma's impact resonates through her diverse leadership roles, including Vice Chairperson of IMA Women Wing Rajasthan State, Executive Board Member of North AHA (2013-2016), Chairperson of Bikaner AHA, and Chairperson of IMA Women Wing in Bikaner, Rajasthan. Additionally, she has served as Convenor at IAP Women Wing Rajasthan and held the prestigious title of Rajasthan State Brand Ambassador for IAP Women Wing and Adolescent Health Academy.

Community-Centric Approach: Driven by a profound affinity for child and adolescent health, Dr. Sharma's work transcends conventional boundaries. Her initiatives span from developing guidelines for, parenting, adolescent suicide prevention and addressing violence risk behaviors to grassroots interventions for managing nutrition and menstrual health among marginalized communities, especially slum girls. Through intensive community interaction and collaboration, she has left an indelible mark on the lives of countless individuals.

Expertise and Contributions: Dr. Sharma's tenure at WHO has honed her expertise in surveillance, immunization, program implementation, and human resource management. Her collaborative efforts with governmental and non-governmental organizations, development agencies, and civil society stakeholders have been instrumental in shaping policies and strategic visions for effective program management and implementation.

A Legacy of Excellence: Dr. Sharma's contributions extend far beyond her professional engagements. With over 50 scientific research papers, numerous publications, and more than dozens of awards at international, national, and state levels, she continues to inspire and lead by example. Her dedication to public health has been recognized globally, cementing her status as a stalwart in the field.

Dr. Sharma's journey epitomizes the transformative power of dedication, expertise, and community-centric approaches in public health. As she continues to champion the cause of health equity and well-being, her legacy serves as a testament to the profound impact that one individual can make in shaping healthier, more resilient communities.

Major Achievements and Honors

Dr. Sharma's illustrious career is marked by numerous accolades and international recognition for her outstanding contributions to public health and medical sciences. Here are some of her most notable achievements and honors:

Dr. Sharma's remarkable achievements and international recognition underscore her commitment to advancing public health, pediatric care, and medical research on both national and global scales. Her tireless efforts and contributions continue to make a lasting impact on healthcare practices and policies worldwide.

National Recognition:

- Award of appreciation for exceptional contributions to COVID-19 healthcare and field services in Rajasthan and Delhi during the pandemic.
- Certificate of appreciation for excellence in Adolescent health by the Adolescent Health Academy at Adolescon 2020.
- Fellowship awarded by the Indian Academy of Pediatrics (FIAP) in 2018 for her remarkable contributions to pediatrics and child health.
- "Young Women Achiever Award" bestowed by ISID at the 13th International Congress of Infectious Diseases in Kuala Lumpur.
- DNR Best Doctor Award in Research and Academics by Danik National Rajasthan Bikaner in 2018 for her significant research contributions.
- Multiple awards from the Indian Medical Association (IMA), including State Awards for excellence in health management and meritorious performance in adolescent and child health and immunization.
- Local and District-Level Recognition:
 - Recognition from various local and district authorities, including awards for childcare, immunization, and social service excellence.
 - Nominations for State Mahila Shakti Puraskar for Woman Empowerment Award and various district-level awards for social service, childcare, and women's care.
- International Recognition:
 - Acknowledgment from the World Health Organization (WHO) for dedicated service and significant contributions to polio eradication and global immunization activities.
 - Participation as a faculty speaker at prestigious international conferences, including the Association of Pediatric Education in Europe (APEE) Congress of Neonatology in London and the World Conference of Pediatrics' Gastroenterology, Herpetology & Nutrition in Paris.
 - Invitations to speak on important public health topics at international conferences and congresses in Australia, China, Switzerland, Malaysia, Turkey, and the Netherlands.

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MS. SUNITA MEHTA



"Zindagi badi honi chahiye babu moshaye, Lambi nahi" – A famous movie dialogue

"Agar kisi cheez ko shiddat se chaho to poori kaynaat tumhe usse milane ki koshish me lag jati h" – Another famous movie dialogue

And my life literally just sums up with these two movie dialogues !!

Being studious from the school days, I have really worked hard to achieve everything I wanted in my life – be it scoring meritorious positions, being gold medalist, entering into country's most prestigious institutes, grabbing some Government projects and finally establishing my own startup.

I am a research professional by career, a path bit different from the conventional successful persons. Over the tenure of 15 years in my research career, I have always focused on the projects, which can be beneficial to the society as well as leave a mark behind. Among the various projects, I have pursued, some of my favorites are - development of braille patterns on a normal office paper and validation of the same in a blind school; developing biomedical devices for patients with aphasia and neurological disorders.; development of transparent and breathable face masks especially for deaf and dumb students children; an affordable artificial heart for cardiac patients and a user friendly device for patients with laryngectomy.

So far, the journey has been filled with contentment and many accolades. Moreover, the goal was never to be at the peak because it's so lonely out there. The idea was to get the sufficient enough for myself and also to be able to share with others. Therefore, I decided to not to run after a high paying job but rather attempt to create sufficient jobs for the needy ones and that's how I came up with Shitashii innovations Pvt Ltd. (Shitashii – a japanese word for a friend).

I would like to mention here that it was all my effort to start this entrepreneurship, but I was never alone. By God's grace, I keep on alleviating all the obstacles in my paths somehow or the other with the cooperation of so many people.

As there is no movie without any villain, my life is also not an exception here. So I would like to use this platform to thank all the people, who crossed my paths, from the bottom of my heart for supporting me in all the possible ways either by being with me as a great support or being against me to leave no other option for me but being the strongest version of myself.

Further, I am not a feminist, but would like to share that life in this world is not easy for a woman. You must have heard "Ki ladki agar chand par b ja rhi h to", its normal to expect from her "ki jate jate chaar paranthe bana k jaye." Here, I would specifically point out on marriage system, especially in India, where the girl has to accept happily to live in an entirely new place after the marriage, I don't know whose idea was this and why this culture was adopted, but I believe, that is the main reason for the women not getting equal rights in the society. Even some girls have to suffer a lot in their in-laws because of several various reasons.

And the great thing is, we women are still able to make a mark in society, just imagine the scenario, how much would we have flourished without such society's red flags.

So I would also take the opportunity to congratulate all the great women gathered here and achieving these great awards for their remarkable journeys.

I am also thankful to the organizing committee for honoring me with this award today and giving me this opportunity to share my thoughts here.

Thankyou so much thanks for having me.

Keep shining, sky is the limit !!!

Dr. Sunita Mehta

Director

Shitashii Innovations Pvt Ltd.

Sunita.materials@gmail.com, 7814108065

MS. ADITII PARNAIK SHARMA



Aditii Parnaik Sharma

Psychic Tarot Card Reader, Numerologist, Law of Attraction Coach, Happiness Life Coach, Mindfulness Expert, Councillor, Actor, Voice-over Artist, Writer and a Mrs World International 2022 Finalist.

Born in Madhya Pradesh, in a family of soldiers, Aditii's childhood was filled with playfulness, friends and frequent change in locations due to her father's postings. This entailed travelling to different parts of the country and changing schools frequently. The assortment of school mates, locals and those on the move like her, from across the country provided a good understanding of what Bharat is. Frequent outings and adventure camps served to develop a love for nature and define a conforming concept of finding comfort in whatever the situation provided. The Adventure Course in 1995 at Nehru Institute of Mountaineering (NIM) was a natural fallout. Even though not being among older of the over 56 participants, she proved herself in rock climbing, rappelling and also handled responsibility of Patrol Leader, eventually securing an awardee position for herself amongst the course participants. For a cheerful, articulate and happy youngster what came out of all this was development of confidence in oneself, being self-reliant and understanding Teamwork.

Aditii always knew she would do something to make her existence meaningful. Her purpose of life has always been helping the world in her own special way and making the ones around her, happy. On graduation she secured a position in an MNC and her performance earned her recognition as an international achiever. Her marriage relocated her where she took up an assignment with another Corporate. Soon she was handling the office mostly by herself and took up the task of motivating and training graduates to opt for and take up a corporate job. Owing to her husband's posting she had to relocate to a different city. After she completed her MBA, her desire to learn and acquire knowledge took her through a number of wide-ranging courses. Her love for a career in acting saw her completing a course in the subject. Notwithstanding her commitments in the family as an Army wife and mother, she managed to follow up with work on the television and playing lead in episodics. One of her Voice-over Ads released in four different countries abroad, while the other was for the esteemed, "National Chemical Laboratory", Pune. Though there have been several opportunities that came up, they could not be taken up owing to her family commitments. Her book, "She started at 34!", is on Amazon and talks of her journey to become an Actor.

On the family front, a challenge was slowly becoming evident. Her baby son was growing up but was not beginning to speak as usually children do. As months passed and a year, her concerns grew. Having recognised the problem, she put herself to address it. Educating herself and looking after her son with patience, love and care, she reached out to family members, teachers, councillors and his friends to ensure he got the right environment. The struggle was full of ups and downs and unending stress. Often, individuals and authorities were not sensitive to the situation. Getting them to understand the problem at hand and how important their role was in tackling it, brought good results. This was a good insight into how much community and society at large, can help in such cases. The enormous effort that went into handling this challenge is evident from the fact that today, the boy is studying in a boarding school, well-adjusted and keen participant in all activities. This also brought to her notice the travails of parents and children so affected, eventually leading her to take up a Masters in Psychology.

In 2018 her husband got posted to an operational area and she shifted to Pune, where she stayed in a society of similarly placed families. There were a large number of ladies, children and elderly family members as also a considerable number of maids and their families who made up the population of the complex. When the secretary of the society moved out to rejoin her husband, Aditii was nominated to take over from her. Given her zeal, social outlook and desire to maintain a functional standard of all facilities there, she interacted with members of the society and took up pending issues in right earnest. Then Covid 19 struck. The sudden clamping down of free movement and supplies getting affected hit daily life. Media reports of casualties put the scare in everyone's mind. Conditions kept worsening. The elderly and children were vulnerable and especially required to be careful. Other adults were no better. Everyone was home bound. With time normal life got impacted seriously. Rations ran out, the sick had to be taken to the hospital, deliveries of mothers-to-be were due, with everyone at home and stressed due to severe restrictions, tempers rose. The maids' families were in similar dire state. It was in such a progressively worsening situation that Aditii came forward from the beginning, proactively, to meet the requirements of families. She continuously engaged with the higher service and administrative authorities persuading and assisting them to provide support. Transport was arranged for taking patients for treatment, arrangements for getting rations were made for the members while free rations were arranged for the maids' families on more than one occasion. At times some of them would come to her stating they had nothing to eat and without hesitation she gave them what she had at her place. The society was soon a close-knit group and she became the go-to person. She arranged for daily requirements of vegetables and milk.

Arrangements for quarantine of individuals that included medical examination, accommodation and food were coordinated. Although Aditii was looking after her two sons and all the aforesaid, she introduced on line activities to engage members of all age groups to provide creative diversion for them and went on to even arrange prizes from her side. For her outstanding contribution and support provided as a secretary of the society, from the beginning and right through the Covid 19 First Phase, she was awarded the Army Wives Welfare Association (AWWA) Award in Aug 2020. To add to this, for her, the love and affection that developed and prevailed among all members of that society and the blessings that the maids and their families heaped upon her, remains as a source of great satisfaction.

Slowly, people realised they could get solutions to their problems through the secretary of the society. Individuals would come with their problems to meet Aditii. They included ladies, hassled home makers, elderly, maids, an individual struggling with challenged child and looking for a suitable placement and even the guards on duty in the society. They all were entertained, patiently counselled, their stress related personal and administrative problems were addressed and they all went back relaxed and cheerful. Arrangement for meals were made by Aditii from her home for the guards whose regular meal arrangements failed due to a change in the system.

Around the time Aditi was in the midst of several responsibilities, she was approached by a lady whose marriage was full of abuse and violence. Having failed to get the required support from anywhere and having seen how Aditii was involved in handling issues and situations, she sought help from Aditii. Her state was, to say the least, quite pitiable and that of her parents no better. For days on end, she was spending most of her time at Aditii's place in a depressed state. With patience and decisive action Aditii handled the matter and progressed the case for interim relief until final resolution of the matter as desired. The lady is since happily remarried and pursuing her career. While she was handling her responsibility in the society, Aditii was also the First Lady of the Unit her husband was commanding in an operational area. This inherently put her at the head of the Unit Welfare Organisation. Like her, the families of the men of the unit were also staying on their own, away from their husbands. Not one to let up on her responsibilities, she was in constant touch with the families of the men of the Unit and handled their problems through her communication with concerned authorities. Her regular personal communication with the families brought out issues they had which she could address. She maintained a rapport with them such that they could call her anytime to discuss what was bothering them. This prevented day to day problems growing into major issues given the stress and inability of the soldiers to address the problems in a timely manner.

Aditii's approach of reaching out to help those who needed to be helped, manifested during the 'Self-Awareness, Life Skills and Responsible Citizenship Course' that she took under the Osmania University from the esteemed "College of Defence Management, Secunderabad. She steered her group to take on the subject of 'Transgenders or the Third Group'. For this, her study of the subject and personal interaction with a representative of the community served to secure for them the Top position in the course. Her interest in the subject continues.

With all that was going on, Aditii was also getting to know herself, her strengths and what she was naturally good at doing. She was extremely busy but remained in high spirits. She relished the satisfaction that came from being of service to others. This also

firmed her earlier desire to be of value to society at large. With the wide spectrum of her interests, she decided to empower herself to enable her to make this value more meaningful. She took up courses in numerous fields, as mentioned above and worked hard to gain expertise in them. She believes that everyone has a bit of magic. The secret is to realise it and use this magic to make those around us, happy as also achieve our goals. Today, she is a successful Psychic Tarot Card Reader and also runs courses on the subject. Her interactions provide required guidance and help her clients with their varied and real-life problems of relationships, finance, jobs, marriage, illness, profession, business and just about any aspect of life. Her counselling sessions are providing her clients a better understanding of the situations they are in and offer ways to get over them. Clients when faced with unbearable stress or feeling 'low' freely call her even at odd hours to seek advice and sometimes simply to talk with her because it cheers them up. Such is her patience, positivity, empathy and cheer.

She was awarded in 2022 for her 'Counseling & LifeCoach' activities and in 2024 she bagged a 'Business Excellence Award' for her contribution in the field of Psychic Tarot Card Reading & Spiritual Healing.

For Aditi, though, there is still so much more to be done, because there are so many out there who need sympathy, support, help and more importantly, who need to be empowered to get a grip over their own lives and manifest their desired destinies.

MS. ARCHANA GAUTAM



Resilience Unleashed : The inspiring Journey of Archana Gautam – From Survivor to Trailblazer

In a world where challenges can shatter dreams and break spirits, there are individuals like Archana Gautam who defy the odds and emerge as beacons of resilience and empowerment. From surviving domestic violence and personal violence and personal turmoil to rising triumphantly as a respected lawyer and esteemed astrologer, her journey is a testament to the unwavering strength of the human spirit.

Introduction:

Archana's life took a tumultuous turn as a central government servant when her marriage brought with it cascade of hardships – from the loss of her job to enduring domestic violence, mental harassment and the burdens of dowry demands. In the faces of these adversities, she found solace and purpose in the birth of her son, igniting a flame of determination within her to fight for a brighter future.

As the challenges mounted, ms Archana found herself at a crossroads, where her unyielding spirit and resilience became the driving force propelling her towards a path of self discovery, empowerment and unwavering strength. The hurdles that once seemed insurmountable now became stepping stones to her metamorphosis from a survivor to a trailblazer in her own right.

An Uphill Battle:

With courage as her sword and as her shield, Archana embarked on a legal battle that stretched to the corridors of power, from the supreme Court to the Nation Information Commission. As both victim and lawyer, she fearlessly advocated for her rights and stood as a voice for countless others silenced by abuse and injustice, earning respect and admiration for her unwavering resolve.

In the courtroom, Archana stood tall, armed not just with legal knowledge but with a fierce determination to seek injustice and bring about change. Her unwavering resolver and tenacity in the face of adversity not only secured her own rights but also paved the way for others to find their voice and fight against injustice.

A new Path Unveiled:

Amidst the chaos, Archana Gautam, discovered a passion for astrology that blossomed into a second career path- One that transcended boundaries and offered solace to those seeking guidance and enlightenment. Embracing her innate gift for astrology, weaving a tapestry of hope for those in need.

Through the study of the cosmos and the alignment of the celestial bodies, Archana found a new language to connect with others on deeper level, offering not just predictions but a guiding light towards self discovery and empowerment. Her journey as an astrologer not only transformed her life but also touched the lives of many life's uncertainties.

The Power of Motherhood:

Balancing the demands of single motherhood and a thriving career, Archana personifies resilience and strength in its purest form. With unwavering dedication, she nurtures her son with love and guidance, instilling the values of independence, perseverance and compassion. Her unwavering commitment to her child serves as poignant reminder of the transformative power of the maternal love and determination.

As a mother, Archana embodies the essence of selflessness, sacrifice and unwavering support. Her journey is not just a personal triumph but a testament to the strength and resilience that emanate from the profound bond between a mother and a child, a bond that transcends all obstacles and challenges.

A Beacon of inspiration :

Today, Archana stands as a guiding light for all who have faced adversity, her story a testament to the indomitable spirit that resides within each of us. Through her journey of self-discovery, empowerment and success, she illuminates the path for others to embrace their inner strength, overcome challenges and forge their destiny with courage and resilience.

In a world that often tests our resolve and challenges our spirits, Archana shines brightly as a symbol of resilience, triumph and hope. Her journey from victim to survivor from lawyer to astrologer, is a reminder that adversity can be written, no matter the obstacles, no matter the obstacles in our path.

Conclusion:

In the tapestry of life, Archana's story stands as vibrant thread, weaving together moments of adversity, triumph and empowerment into a masterpiece of resilience and courage. Her journey serves as a beacon of hope, inspiring others to embrace their inner strength, face challenges head-on, and emerge victorious on the other sides. Through her unwavering spirit and commitment to creating a better future for herself and her child, Archana exemplifies the transformative power of resilience and the indomitable strength of the human spirit.

MS. DEEPIKA TALUKDAR



The Modern Educator: A Blend of Past and Future

In a fast-changing world, the role of educators has unceasingly changed, acclimatizing to the ravages of time and technology. Baked and soaked in the field of education for the past 18 years my insights from the journey of being a teacher has seen the transition from the outmoded dominions of chalk and talk to the extensive horizons of digital learning. As we pilot through this exploration, we'll uncover how the essence of teaching vestiges resolute, even as the methods undergo a transformation.

When we delve through the folios of our antiquities, we can recall sitting engrossed, gripped by the tales narrated by elders. These anecdotes were more than just stories; they were pearls of wisdom for life. The morals imparted compasses windows into a world we hadn't witnessed. Teachers are the contemporary epithets of these narrators. Teachers carve creative minds and acquaint the gen X to new boulevards of knowledge and innovation.

In the horse & buggy days teaching space reverberated with the tip-tap of chalk on blackboards and whirling of pages. These rustic sounds still hold their charisma, they're now accompanied by the clicks of a mouse and digital screen. It's analogous to the progression from letters, lovingly penned with ink and feather to the era of encrypted emails. The fundamental crux of interacting and imparting knowledge remains intact, but the source has transformed to reflect the times.

Every year, there are a flock of new apps, websites, and other technology tools shaped to improve the learning process. A lot of added pressure on teachers to continuously stay up to date with the latest technology. Most believe that the latest tools will provide the best quality education but the results still are debatable.

In the perpetual debate between modernity and tradition, both ancient and modern education systems offer exclusive insights and contributions to the pursuit for knowledge and human development. While ancient systems endorsed eternal ethics of wisdom and virtue, modern education endures to progress in retort to the trials and prospects of the contemporary world. Ultimately, the amalgamation of the best elements from both eras may hold the key to shaping a more inclusive, adaptive, and holistic education system for future generations.

We the modern educators have a huge role to play to bring in a change that helps to blend the virtues with trends and make an indelible impact on the lives that we touch.....

Deepikka Talukdar

MS. DIMPLE RANAWAT



From Darkness to Light: My Journey of Transformative Healing

"One day, I will make my depression look beautiful... and I DID!"

For years, depression gripped my life tightly. Each day felt like an uphill battle against an unseen foe. Despite trying everything—medication, meditation, therapy, self-help books, marathons, triathlons, treks, travel—nothing brought lasting relief. I felt trapped in an endless cycle of sadness and hopelessness.

Amidst my struggles, I embarked on an extraordinary journey beyond the familiar. This path wasn't just about conquering depression; it was a transformative odyssey that led me to my true calling. Through healing, I discovered the profound world of past life regression therapy. This exploration not only turned me into a certified Past Life Regression Therapist but also fueled my passion to delve into the depths of souls and human existence.

During this journey, I created the Atomic Weight Release Program (AWRP)—a radiant gift born from darkness, crafted with resilience and a fervent desire to help others find their own light. This program became my lifeline, transforming my relationship with depression and serving as a conduit to share the insights I gained from my struggles. It empowers others to shed the weights that bind them, enabling them to soar.

The Atomic Weight Release Program has earned recognition and accolades for its profound impact on countless lives. It has guided suffering souls to true joy, given hope to the hopeless, and brought divine grace to the grieving. Testimonials from my clients include significant height increases in those in their 60s and 70s, overcoming decades of depression and mental disorders, relief from fibromyalgia, enjoying painless periods, living stress-free lives, improved interpersonal relationships, canceling scheduled surgeries, and so much more.

In addition to AWRP, I have developed several other powerful programs: Money Magic Multiplier, Quad Layer Healing, Divinity of Twinity, and The Sacred Walk. Each of these programs is designed to address different aspects of personal growth and healing, offering unique pathways to transformation and enlightenment.

As the Healer, CEO, and Founder of Divine Iris, my mission is to make life simple, easy, and extraordinary for everyone who seeks self-evolution and transformation. Our holistic approach combines DNA healing, energy alignment, mental reprogramming, and channelizing the grace of my mentors to facilitate profound and effortless transformations for those who choose me for their growth.

Through the Beauty and the Beast called AWRP, I am committed to helping individuals live an effortlessly limitless life—being happier, healthier, and wealthier, transforming their lives from the inside out.

I have had the honor of sharing my journey and insights as a TEDx Speaker, and I am the recipient of numerous awards, including the Atal Achievement Award, Bhartiya Nari Ratna Award and Asia Pacific Excellence Award. My work has been featured in India's top newspapers and podcasts, recognizing my contributions to the field of holistic healing.

Join me on this journey of transformation and discover the radiant beauty that lies within you.

Dr Dimple Ranawat
Healer | CEO | Founder
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<https://www.youtube.com/@divineirishealing>
<https://divineiris.in/>

MS. JOSEPHINE ANITHA A



Tmt. A. Josephine Anitha

Tmt. A. Josephine Anitha, Associate professor and Head in MCA Department, Ethiraj College for Women(Autonomous),Chennai has completed her under graduation in Computer Science from Women's Christian College, Nagercoil, Tamilnadu and Post Graduation in Computer Applications from Shrimati Indira Gandhi College, Tiruchirappalli, Tamilnadu. Currently pursuing her Ph.D from University of Madras in the specialization area Remote Sensing Image Classification and Deep Learning. Her role encompasses a blend of teaching, research, and service, with a unique set of responsibilities and opportunities that contribute significantly to both academic, technological and societal advancements.

She is responsible for designing and delivering the curriculum that cover foundational topics like Data Structures, and Computer Architecture, Digital Computer Fundamentals, DBMS, Data Mining as well as advanced subjects such as Internet of Things , Machine Learning, Cyber Security, and Artificial Intelligence. Beyond mere teaching, she supports students, guiding them through complex concepts, fostering critical thinking, and preparing them for careers in the tech industry or academia.

Mentoring students is another key responsibility of her, supervise the students and guiding them through the research process, helping them refine their methodologies, and ensuring their work meets academic standards. This mentorship extends to advising students on academic and career choices, fostering the next generation of empowered women professionals.

She possesses ATAL and AICTE approved certifications in Research Article Writing, Universal Human Values and Machine Learning. She has organised various Faculty Development Programmes on Internet of Things, Cloud Computing and Robotic Process Automation. She was a convenor for the international conference on "Mathematical Models in Computational Intelligence". Also she organises various workshops, seminars, webinars and training programmes for the students to meet the standards of the challenging IT world. She is a member of ICT Academy and Computer Society of India.

She encourages the students to participate in professional organizations and attend conferences to help them stay current with industry developments. Apart from teaching, she trains students in technical advancement with a comprehensive approach that combines cutting-edge curriculum, hands-on experience, soft skills development, innovation, industry connections, and a mindset of continuous learning.

MS. KRITI NARANG



Kriti Narang: A Journey of Continuous Learning and Growth

Hi, I'm Kriti Narang, a 26-year-old who's all about continuous learning and personal growth. My educational journey took me through Tecnia Institute of Advanced Studies (IP College) and Lovely Professional University (LPU). Balancing my studies with an emerging career was challenging yet incredibly rewarding, and my teachers' unwavering support was crucial in helping me thrive both academically and professionally.

I kicked off my professional journey at 17 while still in college, landing my first job at PolicyBazaar.com. Despite initial skepticism about my age, I pushed through and earned my first promotion there. This experience taught me that education is an ongoing process vital for self-development. Over the past 8.5 years, I've worked with Tech Mahindra, Nykaa, and now Travorbit Global Pvt Ltd as the Head of Training. My focus has always been on imparting both technical and soft skills, aiming to empower individuals to reach their full potential.

My career has been marked by several awards and recognitions, particularly as a top performer at PolicyBazaar. These achievements reaffirm my belief that dedication and hard work can overcome any obstacle. I strongly believe that education is the best gift you can give to anyone. It not only builds confidence but also equips you with skills that will help you anywhere you go. Life has thrown its share of challenges, including the profound loss of my father in August 2022. Returning to work just ten days after his passing, I was met with overwhelming support from my Tech Mahindra team, underscoring the importance of resilience and a nurturing work environment.

For me, teaching is a two-way street; I've learned as much from my colleagues and trainees as I've taught them. This mutual growth is central to my professional philosophy. My focus is not just to train people but also to help them grow personally and evolve. On a personal note, I'm grateful for my supportive partner, whose encouragement fuels my ambitions, including my goal to pursue a PhD. His unwavering support is a testament to the saying that behind every successful woman is a supportive man. My mantra is simple: never stop working hard. Every effort invested today will yield rewards in the future. With dedication, support, and a thirst for knowledge, I believe we can achieve our dreams and make a meaningful impact on the world.

MS. MAMTA NARVARIYA



Hello, my name is Mamta. First of all, I would like to thank Zee present Ek Naari Sau Par Bhari, that they considered me worthy that today I can share my thoughts with the world.

Friends, there is a woman power behind my success and She is my daughter. What is the digital world? My daughter introduced me to this and also encouraged me that I can do it, you are the best mother in the world. Being from a rural environment, I was married at the age of 16. Even after marriage, I continued my studies, did triple post-graduation, a teaching degree, and a computer degree, along with doing all this, the biggest thing was becoming a mother, a joint family, and a job and Everything was going well with my own studies. Meanwhile, I faced many financial and family problems, but my desire to learn and do something new always remained. There was a need to do a job, but it was my heart's desire to show something different to the world. There was a voice that used to come every moment. I have been very interested in cooking since childhood. Whoever eats the food prepared by me does not remain without praise and even says that Maa Annapurna resides in your hands, so all this encouraged me a lot and I used to try my hand at new dishes. In the hustle and bustle of home, family, and job, we did not realize when we completed 29 years of marriage. Meanwhile, Corona came and we all stayed at home together all the time, making different types of recipes and serving everyone. One day my daughter made my cooking channel on YouTube and she taught me how to manage it and use the smartphone today I am a successful YouTuber, and along with this I have participated in many cooking competitions, won many prizes, and was able to make 36 recipes in 1 hour. Also made a world record, also won the Super CHEF award, my future goal is to start a restaurant or food business, in which I can give employment to women and make them self-reliant, make them realize their power, you don't have to work with anyone, all you need is your courage. And the success of taking a step with courage will definitely kiss your feet. I would like to say a special thing to the women of rural environments who recognize your power and respect themselves, only then will the world respect you, and this society will respect you and its own.



MS. MILINDA KULLAR



Milinda Kullar- Edupreneur Director of the Year

Shaping Futures with Tiny Wings Preschool

In the heart of Dehradun, nestled among the verdant hills, lies a haven of early childhood education: Tiny Wings Preschool. Founded in 2019 by the visionary educator Milinda Kullar, this institution has swiftly ascended to the echelons of excellence, earning its place as one of the premier preschools in the region. At the helm of this educational venture stands Milinda Kullar, a beacon of inspiration whose journey embodies dedication, innovation, and a profound commitment to nurturing young minds.

Milinda Kullar's academic journey took vital shape at Dalhousie University in Halifax, Canada, where she pursued her post-graduation while gaining excellent cross-cultural international exposure. Armed with a robust educational background and a passion for early childhood development, she embarked on a mission to redefine preschool education in her hometown. Drawing from her experiences and insights gained abroad, Milinda envisioned a preschool that transcended conventional paradigms, placing emphasis on experiential learning and holistic development.

Tiny Wings Preschool, Dehradun, is more than just an educational institution; it is a sanctuary where learning intertwines seamlessly with joy and exploration. Tiny Wing's pedagogical philosophy is rooted in the principles of Action-Based Learning (ABL), a methodology that champions learning through hands-on experiences rather than rote memorization. At Tiny Wings, children are not passive recipients of information but active participants in their own educational journey. Through engaging activities, interactive discussions, and immersive experiences, they develop critical thinking skills, creativity, and a lifelong love for learning.

Central to Milinda's vision is the belief that every child is unique and possesses innate talents waiting to be discovered. Tiny Wings, Dehradun, fosters an inclusive environment where diversity is celebrated, and individuality is cherished. By recognizing and nurturing each child's strengths, interests, and learning styles, the preschool cultivates confident, empowered young learners who are equipped to navigate the complexities of the modern world.

Beyond academics, Tiny Wings places great emphasis on character development and socio-emotional learning. Milinda understands that education extends far beyond the confines of textbooks, encompassing values, empathy, and resilience. Through collaborative activities, community engagement initiatives, and mindfulness practices, students at Tiny Wings, Dehradun, develop essential life skills and a sense of responsibility towards themselves and others.

Milinda Kullar's unwavering dedication to excellence permeates every aspect of Tiny Wings Preschool, Dehradun. From meticulously crafted curriculum to state-of-the-art facilities, every detail is meticulously designed to provide children with the best possible start in life. Moreover, Milinda fosters a culture of continuous improvement, regularly incorporating feedback from parents, educators, and experts to refine and enhance the preschool's offerings.

Under Milinda's leadership, Tiny Wings has garnered widespread acclaim and recognition as a beacon of educational innovation. The preschool has been lauded for its commitment to quality, its nurturing environment, and its transformative impact on young learners. It stands as a testament to Milinda's vision, passion, and unwavering dedication to shaping futures- one tiny wing at a time.

As she reflects on her journey thus far, Milinda remains steadfast in her resolve to push the boundaries of preschool education and inspire positive change in the lives of children. With each passing day, Tiny Wings Preschool, Dehradun, continues to soar to new heights, guided by the visionary leadership of Milinda Kullar—a true pioneer in the field of early childhood education.

In the serene landscapes of Dehradun, amidst the laughter and curiosity of children, Milinda's legacy continues to unfold—a testament to the transformative power of education and the indomitable spirit of those woman who dare to dream.

MS. MITI SINHA



Miti Sinha

Miti is Co-Founder at ABHA Inc. A multinational technology conglomerate company into AI; Digital Platforms; Electronics; E-Mobility and Energy ventures. Within- ABHA Inc. Cloudstrats is IT Services organisation. Miti is Director at Cloudstrats Inc. with Growth as Charter Globally & in India. She is also Chief Operating Officer of Green Energy Start-up ABHA Fleet Ltd. which offers Mobility as a service with vision of saving planet by promoting green energy. She is on board of various Start-ups in areas of Technology, AI, Marketplace Digital Platforms & Agritech to achieve societal impact at grassroot level.

With over 25 years of experience; she has led various Business Units/Territories at F100s namely Microsoft, Citrix, Gartner, EY, and Startups of repute in multiple countries for driving population scale projects with strategic implementation of Artificial Intelligence, Analytics, Blockchain, Cloud, Cybersecurity; & Digital Infrastructure.

During her tenure at Gartner & Ernst & Young; she has led teams & advised Enterprises, Governments & Industry bodies, on Industry4.0, Digital Transformation led business strategies, important national priority programs & policy building in areas of Digital India, Start up Mission, Cybersecurity Policy, AI in Government, IoT policy, Strengthening Academia, building Centre of Excellence, and other strategic implementation such as Skilling, Innovation & Incubation in Start up ecosystem. She has led large skilling programs with varied NSDC Sector Skills Councils to build employable youths of tomorrow.

Her experience also include working extensively with World Bank, ADB as well as United Nations. She has been instrumental in setting up UN Innovation Centers at States in collaboration with United Nations in focused themes around sustainable development goals. She has been member of GPAI community during India G20 patronage.

Her Goal is to transform the way Business & Government operates, enabling companies as well as Governments of tomorrow to communicate, collaborate & create value & impact to today's senior professionals and the economies they drive.

She is currently driving a Global C-Suite Think Tank a revolutionary community-based collaboration platform that unifies and enriches vibrant conversation coupled with an ecosystem that would execute on the strategy around unifying experiences in Digital Transformation, Innovation, ESG which will drive leaders towards new way to deliver value to stakeholders.

She strongly believes in three operating models i.e. Compassion & Empowering others creates capable teams, balancing aptly between Strategy-Plan-Execution-Impact Measurement-Learning & Improvisation build organizations of Tomorrow. Last but not least Creating environment & being a strong advocate of Accessibility, Diversity and Inclusion is must.

Empowering young girls specially STEM is her passion.

She is active member of Global Non- Profit Organization Soka Gakkai International that promotes peace, culture and education centered on respect for the dignity of life.

She is a Mathematics Graduate from Miranda House, Delhi University, also Masters in Computer Applications and holds Dual Post Graduate in Marketing Management & IT Systems.

MS. MONIKA KHAN



Hello Team
Greetings !
This is Monika Khan, an educationist by profession (co – founder of Sunrisenest Preschool) and a fitness enthusiast by passion.
In a bustling world full of aspirations and obligations, I stand as a testament to resilience, ambitions and the power of nurturing both family as well as dreams.
At the heart of this multifaceted life is Sunrisenest, my vibrant pre school which was established with a vision to cultivate young minds and provide a nurturing environment for children to thrive .
At Sunrisenest learning is not confined to textbooks but extends to exploration, creativity and emotional intelligence.
We are committed to fostering holistic development in children.
Sunrisenest is a place where curiosity is celebrated and individuality is cherished. It is only with our unwavering commitment to excellence that has propelled Sunrisenest to prominence – earning the admiration & trust of parents and educators alike.
Beyond the confines of Sunrisenest, comes my family , my children. I prioritize spending quality time with my family , fostering bonds that are grounded in love , trust and mutual respect.
However , my pursuit of personal and professional fulfilment does not end with my role as a mother and an entrepreneur.
With the thirst of self improvement and zest for life , I have always believed in and embarked on a journey of continuous learning and growth. Enrolling myself in Latin dance classes , I have embraced the opportunity to explore new passions, expand my horizons and embrace the joy of self – expression.
Above all I inspire to be a beacon of inspiration for children, girls and women of all ages , encouraging them to embrace their innate potential and pursue their dreams with courage and conviction.
Through my words and actions , I seek to challenge the societal norms , break barriers and redefine the narrative of what it means to be a woman in today's world by championing the values of self – reliance , independence and empowerment.
To conclude I would like to say that if you have a vision and undeterred dedication nothing can stop you !
Let's all inspire each other to embrace the beauty of our own journeys and pursue our dreams with unwavering determination.
My heartfelt gratitude to the entire team of “ Ek Nari ” for acknowledging my work , my passion and contribution to the society and bringing me this honour !
Warm Regards



Sunrise Nest+
Nurturing Humanity

MS. PARMEET DEVGUN



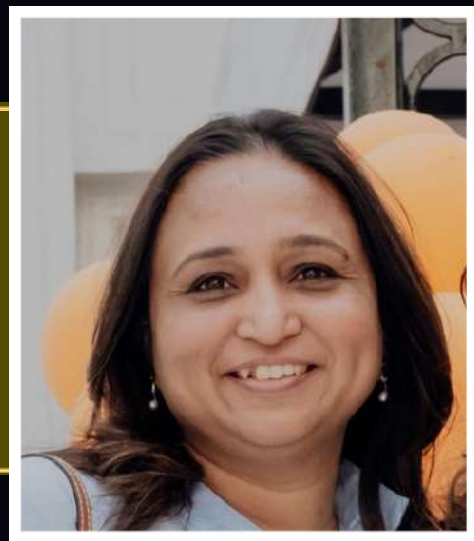
Parmeet Devgun is a dynamic and influential figure, renowned for her contributions as a social worker, entrepreneur, and advocate for women's rights. As National President of MOTHERS ARMY and a prominent member of the Women's Indian Chamber of Commerce and Industry (WICCI), she serves as the Vice President of the Corporate Social Responsibility (CSR) council in UT Chandigarh. Parmeet's journey is marked by her dedication to creating a positive impact in society, particularly in supporting education for underprivileged children and promoting inclusivity for plus-size individuals.

Achievements:

- ***Leadership Role*:** Holds the esteemed position of National President of MOTHERS ARMY, focusing on the safety and security of children, women, and girls across all life aspects.
- ***Public Speaking*:** Made her debut public appearance at a Health Conclave in September 2022, invited by Dr. Baljinder Kaur, to share her and her daughter's inspiring story.
- ***Award for Social Impact*:** Honored with the "Iconic Women Creating a Better World For All" award at the Women Economic Forum (WEF) in December 2022.
- ***Artistic Expression*:** Performed a play depicting the journey of women during the Van Mahotsav Celebration in January 2023, earning accolades for her exceptional contribution to education and women's excellence.
- ***Literary Talent*:** Secured first place in a poetry competition at the Shades of Women (SOW) event in March 2023, showcasing her poetic prowess with the piece "Ye Kisne Kaha Ke Naari Hai Kamzor".
- ***Recognition in Pageantry*:** Achieved top five in the Miss/Mrs Divas pageant, earning the International Divas title and the Best Social Worker award.
- ***Cultural Achievement*:** Won the X-Factor title at the NA Cultural Society event (Mrs. Indian Apsara Contest) in April 2023.
- ***Philosophy on Life*:** Advocates for positivity and resilience, emphasizing the importance of embracing life's uncertainties with a positive mindset and self-belief.

Parmeet Devgun continues to be a beacon of hope and inspiration, leveraging her platform to advocate for meaningful change and uplift those around her. She can be reached at +91-8198884123 or via email at aahamdevgun@gmail.com for further collaboration and inquiries.

MS. PARUL AGARWAL



PARUL AGARWAL
Director
Renascent Consultants Pvt Ltd

My journey as an architect spans over two decades, during which I've had the privilege to shape spaces, mentor young talent, and break barriers in a traditionally male dominated field.

From the moment I earned my degree I was driven by a passion for creating functional, beautiful and sustainable designs. I started my own Architectural Design Firm along with my husband in 2005. My early projects focused on Residential buildings. As I gained experience, I transitioned into more complex projects especially Health Care Design. Feeling the need for development of a more contemporary design character & fresh solution oriented approach which results in distinctive high-quality building structures and environments, we joined hands with two more friends in 2012 to start a new enterprise, RENASCENT Consultants Private Limited, a firm with prime focus on verticals of Healthcare & Institutional Architecture projects apart from various residential and hospitality.

As a lead in an architectural firm for over 20 years, my role encompasses a wide range of responsibilities and duties. Being a woman in a predominantly male field presented its share of challenges. Early in my career, I often found myself as the only woman in the room, facing skepticism and biases. However, these experiences only strengthened my resolve. However, these obstacles fueled my determination to excel and pave the way for future generations of female architects.

Beyond my architectural work, I am passionate about mentorship and advocacy. I actively participate in industry conferences, contribute to architectural journals, and mentor young architects, particularly women, to help them navigate their careers.

My personal philosophy centers around the belief that architecture is not just about building structures, but about creating environments that enhance the quality of life. This belief drives my approach to every project, ensuring that each design is thoughtful, inclusive, and forward-thinking. Looking ahead, I am excited to continue pushing the boundaries of architecture, exploring new materials and technologies, and advocating for greater diversity and inclusion within the industry.

Reflecting on my career, I am proud of the impact I have made in architecture and the progress towards gender equality in the field. My journey is a testament to the power of perseverance, passion, and the endless possibilities that arise when we challenge the status quo. I am committed to continuing this journey, inspiring the next generation of architects, and contributing to a built environment that is sustainable, inclusive, and innovative.



MS. PIA SINGH



I found myself drawn to a purpose beyond my own struggles—a purpose rooted in the empowerment of minds and the alleviation of mental anguish. My journey began amidst the shadows of depression, trauma, and the complexities of familial mental health struggles. These experiences, though arduous, sparked within me a profound desire for change.

As the founder of MindSmith, I am propelled by a singular mission: to address the urgent need for mental health support in our society. According to the latest Harvard Medicine report dated July 2023, a staggering 1 in 2 people require assistance with their mental well-being. Yet, the current gap between patients and mental health experts stands at a staggering 1:700,000—an alarming statistic that underscores the pressing need for innovative solutions.

MindSmith has risen to this challenge by pioneering groundbreaking initiatives aimed at revolutionizing mental health care. Our commitment to innovation is exemplified by the development of pioneering diagnostic tools, such as the Brain Health Profile. This first-of-its-kind tool allows individuals to quantify their mental health status, empowering them to take proactive steps towards well-being.

Furthermore, MindSmith's dedication to advancing mental health extends beyond individual wellness to the realm of enterprise. With the creation of EngagePro, we are reshaping the landscape of employee experience, offering tailored solutions to enhance mental well-being in the workplace. By building a culture of support and understanding, we are driving meaningful change on a systemic level.

Looking ahead, my aspirations are boundless. I envision a world where mental health is no longer shrouded in stigma or inaccessible to those in need. With each innovation and initiative, MindSmith is forging new pathways towards a brighter, more inclusive future for mental wellness.

To share the sentiment that encapsulates the essence of my mission with MindSmith about moving ahead relentlessly in our pursuit of a future where mental wellness is not just a dream but a tangible reality for all, want to say, "There is no end goal, only the pursuit of what lies ahead."

Pia Singh
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Mental Health | Consultation | Counselling | Psychologist | Psychiatrist | Therapist | Brain Health profile | EngagePro | MindSmith | MindSmith India | Anxiety | Stress | Depression | Panic | Sleep | Personality | Alcohol | Tobacco | Drugs | Dependence | Addiction | Relationship | Parenting | Deaddiction | Employee Wellness | Workplace Wellness



MS. PINKY PUKHRAJ BALAR



One person can make a difference and everyone should try - John Fitzgerald Kennedy

Mrs Pinky Pukhraj Balar, a remarkable Social Activist, An Interviewer, A Value Educator and A Proud Home Maker.

Pinky has indulged herself for the welfare of the society and humanity. She embarked her social services with some iconic webinars in pandemic and impacted thousands of people through her splendid panel talks. She associated with many esteemed organizations during this journey and led many initiatives. She served for underprivileged people, adolescent students, senior citizens and differently abled people.

Pinky spreads compassion and humanity through her tireless endeavors. By Value education programs she empowered a huge number of adolescent students and developed strong character and values among children. Her primary goal of fostering value education is to cultivate not just knowledgeable individuals but also morally upright citizens who contribute positively to society.

She dedicated herself for uplifting the lives of underprivileged children by providing fundamental necessities. Additionally she extended her support to underprivileged children via street schools in slum areas where they can get their basic education and knowledge.

Beyond her social services she excels in various family roles, skillfully balancing the social services with her responsibilities at home. She adeptly meets her family's need, offering a strong backbone and wise insights to those around her. Her ability to juggle these roles with grace and efficiency makes her a role model for all who know her.

All these different domains of her versatile personality is not developed overnight but due to her self-motivated nature and family support she stands as a good humanitarian.

Her achievements in social services and humanity works have been recognized through various prestigious awards as **National Excellence Award, Gujarat Prabudh Mahila, Sukanya Puraskaar, Page 3 Excellence Award** and many more. Recently Mrs. Pinky Pukhraj Balar has been honored with the title of **Honorary Doctorate** for her significant contributions in Social Services and Humanity Works.

MS. ADITII PARNAIK SHARMA



Aditii Parnaik Sharma

Psychic Tarot Card Reader, Numerologist, Law of Attraction Coach, Happiness Life Coach, Mindfulness Expert, Councillor, Actor, Voice-over Artist, Writer and a Mrs World International 2022 Finalist.

Born in Madhya Pradesh, in a family of soldiers, Aditii's childhood was filled with playfulness, friends and frequent change in locations due to her father's postings. This entailed travelling to different parts of the country and changing schools frequently. The assortment of school mates, locals and those on the move like her, from across the country provided a good understanding of what Bharat is. Frequent outings and adventure camps served to develop a love for nature and define a conforming concept of finding comfort in whatever the situation provided. The Adventure Course in 1995 at Nehru Institute of Mountaineering (NIM) was a natural fallout. Even though not being among older of the over 56 participants, she proved herself in rock climbing, rappelling and also handled responsibility of Patrol Leader, eventually securing an awardee position for herself amongst the course participants. For a cheerful, articulate and happy youngster what came out of all this was development of confidence in oneself, being self-reliant and understanding Teamwork.

Aditii always knew she would do something to make her existence meaningful. Her purpose of life has always been helping the world in her own special way and making the ones around her, happy. On graduation she secured a position in an MNC and her performance earned her recognition as an international achiever. Her marriage relocated her where she took up an assignment with another Corporate. Soon she was handling the office mostly by herself and took up the task of motivating and training graduates to opt for and take up a corporate job. Owing to her husband's posting she had to relocate to a different city. After she completed her MBA, her desire to learn and acquire knowledge took her through a number of wide-ranging courses. Her love for a career in acting saw her completing a course in the subject. Notwithstanding her commitments in the family as an Army wife and mother, she managed to follow up with work on the television and playing lead in episodics. One of her Voice-over Ads released in four different countries abroad, while the other was for the esteemed, "National Chemical Laboratory", Pune. Though there have been several opportunities that came up, they could not be taken up owing to her family commitments. Her book, "She started at 34!", is on Amazon and talks of her journey to become an Actor.

On the family front, a challenge was slowly becoming evident. Her baby son was growing up but was not beginning to speak as usually children do. As months passed and a year, her concerns grew. Having recognised the problem, she put herself to address it. Educating herself and looking after her son with patience, love and care, she reached out to family members, teachers, councillors and his friends to ensure he got the right environment. The struggle was full of ups and downs and unending stress. Often, individuals and authorities were not sensitive to the situation. Getting them to understand the problem at hand and how important their role was in tackling it, brought good results. This was a good insight into how much community and society at large can help in such cases. The enormous effort that went into handling this challenge is evident from the fact that today, the boy is studying in a boarding school, well-adjusted and keen participant in all activities. This also brought to her notice the travails of parents and children so affected, eventually leading her to take up a Masters in Psychology.

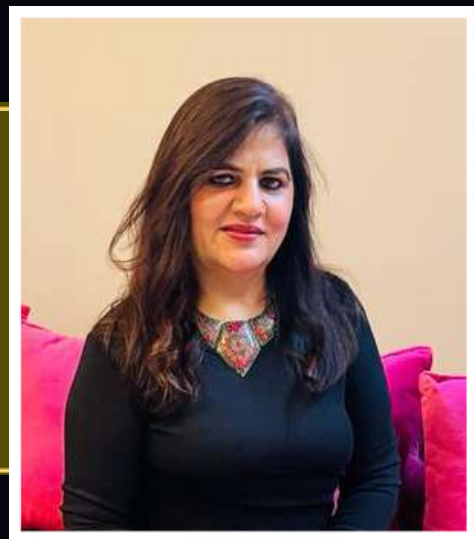
In 2018 her husband got posted to an operational area and she shifted to Pune, where she stayed in a society of similarly placed families. There were a large number of ladies, children and elderly family members as also a considerable number of maids and their families who made up the population of the complex. When the secretary of the society moved out to rejoin her husband, Aditii was nominated to take over from her. Given her zeal, social outlook and desire to maintain a functional standard of all facilities there, she interacted with members of the society and took up pending issues in right earnest. Then Covid 19 struck. The sudden clamping down of free movement and supplies getting affected hit daily life. Media reports of casualties put the scare in everyone's mind. Conditions kept worsening. The elderly and children were vulnerable and especially required to be careful. Other adults were no better. Everyone was home bound. With time normal life got impacted seriously. Rations ran out, the sick had to be taken to the hospital, deliveries of mothers-to-be were due, with everyone at home and stressed due to severe restrictions, tempers rose. The maids' families were in similar dire state. It was in such a progressively worsening situation that Aditii came forward from the beginning, proactively, to meet the requirements of families. She continuously engaged with the higher service and administrative authorities persuading and assisting them to provide support. Transport was arranged for taking patients for treatment, arrangements for getting rations were made for the members while free rations were arranged for the maids' families on more than one occasion. At times some of them would come to her stating they had nothing to eat and without hesitation she gave them what she had at her place. The society was soon a close-knit group and she became the go-to person. She arranged for daily requirements of vegetables and milk. Arrangements for quarantine of individuals that included medical examination, accommodation and food were coordinated. Although Aditii was looking after her two sons and all the aforesaid, she introduced on line activities to engage members of all age groups to provide creative diversion for them and went on to even arrange prizes from her side. For her outstanding contribution and support provided as a secretary of the society, from the beginning and right through the Covid 19 First Phase, she was awarded the Army Wives Welfare Association (AWWA) Award in Aug 2020. To add to this, for her, the love and affection that developed and prevailed among all members of that society and the blessings that the maids and their families heaped upon her, remains as a source of great satisfaction.

Slowly, people realised they could get solutions to their problems through the secretary of the society. Individuals would come with their problems to meet Aditii. They included ladies, hassled home makers, elderly, maids, an individual struggling with challenged child and looking for a suitable placement and even the guards on duty in the society. They all were entertained, patiently counselled, their stress related personal and administrative problems were addressed and they all went back relaxed and cheerful. Arrangement for meals were made by Aditii from her home for the guards whose regular meal arrangements failed due to a change in the system.

Around the time Aditi was in the midst of several responsibilities, she was approached by a lady whose marriage was full of abuse and violence. Having failed to get the required support from anywhere and having seen how Aditii was involved in handling issues and situations, she sought help from Aditii. Her state was, to say the least, quite pitiable and that of her parents no better. For days on end, she was spending most of her time at Aditii's place in a depressed state. With patience and decisive action Aditii handled the matter and progressed the case for interim relief until final resolution of the matter as desired. The lady is since happily remarried and pursuing her career.

While she was handling her responsibility in the society, Aditii was also the First Lady of the Unit her husband was commanding in an operational area. This inherently put her at the head of the Unit Welfare Organisation. Like her, the families of the men of the unit were also staying on their own, away from their husbands. Not one to let up on her responsibilities, she was in constant touch with the families of the men of the Unit and handled their problems through her communication with concerned authorities. Her regular personal communication with the families brought out issues they had which she could address. She maintained a rapport with them such that they could call her anytime to discuss what was bothering them.

MS. SUHANI BAJAJ



I am Suhani Bajaj, originally from Saharanpur. My life has been filled with various challenges, but none shook me as profoundly as the loss of my husband at the age of 40. Despite this setback, I remained resolute in my belief that I am capable of achieving greatness. Among my accomplishments, I am honored to have received the Great Indian Woman's Award and the Folk Story Face of the Year Award. I authored a motivational book titled "Suhani ki Kahani," which recounts my journey through numerous trials and tribulations. My resilience in the face of adversity led to recognition from the government in the form of the Great Indian Woman Award. After starting with various jobs, I eventually ventured into entrepreneurship, establishing my own real estate company known as Suhani Homestead. My aim is to inspire women who may feel adrift after the loss of a spouse, demonstrating that they possess the strength and ability to excel in any endeavor. Additionally, my role as a motivational speaker allows me to empower individuals from all walks of life, not just women. Despite the inherent challenges in the real estate industry, I have shown that with unwavering determination, women can achieve their dreams. The move from a small city to Gurgaon signifies a significant milestone for me, highlighting the boundless potential inherent in every individual. I am profoundly grateful to God and my supportive network of friends and family, whose encouragement propelled me forward in the face of adversity. Receiving this award serves as validation of my efforts and underscores the message that with steadfast resolve, anything is possible. Thank you.

MS. SWAPNA



PROFILE

I SWAPNA S, Science Teacher in ADARSHA VIDYALAYA. I was born in Bannur, Mysore in 08/01/1988. My parents is C SWAMY And D LAKSHMI. I am married to a research person and his name is MAHESHA M. I am given birth to baby boy and his name is POORNACHANDRA M . I have been awarded the creative entrepreneur of the year from ek nari 100 pe bari. I am interested in research and has good heart and helping nature. I have human nature for human and animals and it has been followed from my birth.i help to Human of my own limits to make him happy in his life. I worked for the students in my school very uniquely and in a outstanding way so children find happiness in my teaching. Students liked me most including teacher's and colleagues. So I felt very happiness and it created a great reformation in Education system and included my contribution to Education system and country by various way. I helped to eradicate corona. I helped to keep up the health of Human. I cared Children's by providing healthy and good food from Government. I kept Hygiene and Health status good by Teaching activities. It solved most of the problems of Schools and provided Healthy and good living. I love to enjoy in nature myself so I loved nature. It loved me most by giving fresh air, good fruits and water to me everytime. I love animals. It care me in all endeavours. I have many hobbies like Dancing, Cycling, cooking, painting, knitting,kolata, dialogue practice, rangoli, decoration, party celebration, photography, shopping , surfing etc.. It clears my time in a day and keep me freshen and joy always. I would like to thank jury team for giving me a great award CONTRIBUTION TO EDUCATION COMMUNITY. I am very obedient ly and studiously thank you so much my teacher's, jury team, parents, friends, people,Animals, India etc... for supporting and encouraging me. Love you so much and be happy my dear Human.

**MRS. RUCHI SHARMA
(FOUNDER PRINCIPAL)
THE BLOOMING DALES SCHOOL**



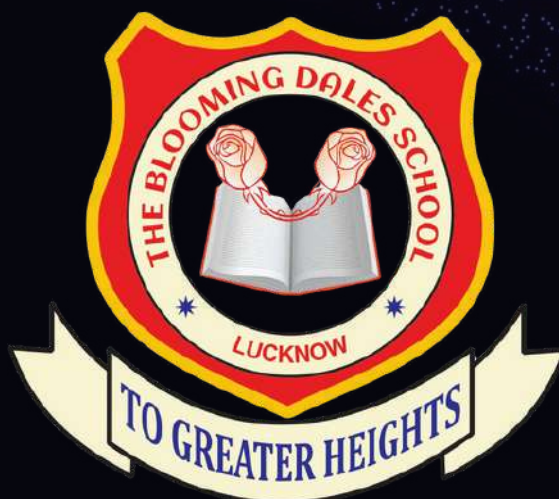
Early Childhood Development is a very important stage in the life of a child as their emotional, social & physical development at this time has a direct effect on their overall development and on the adult they will become. That is why understanding the need to invest in very young children is so important. Preschool is an exciting time, filled with wonder and exploration & the focus at this point should be to ensure the 3 “E’s” in every child:

- EMBRACE - Every student, every day is finding a way to feel CONNECTED.
- EDUCATE - Every student, every day is being CHALLENGED by new learning experiences.
- EMPOWER - Every student, every day knows they have a HERO they can turn to.

Early Childhood Programs should be based on the holistic development of the children which focus on all the five key areas: cognitive, emotional, social, language & physical development with a broad range of play aids based on subject - themed learning which spark creativity & encourage imagination in the child. These programs not only polish a child's academic skills, but also prioritize playfulness and social development with safe learning settings, experienced & compassionate facilitators, and compact & vibrant classrooms. It is very important that Preschools focus and support the child's cognitive, socio-emotional, and physical development in a holistic manner for an overall personality development. The curriculum should be designed to teach lifelong habits, that incorporate each child's interest and inspires kids to be the co - creators of their own learning. Lot of emphasis should be laid on problem solving, decision making, creativity, negotiation, emotional & social intelligence and collaboration. Preschool facilitators need to nurture the students to collaborate, think creatively, reason critically, and form inclusive global perspectives with a lifelong passion for learning. To ensure personalised attention, positive classroom behaviour, enhanced learning & understanding leading to better results, Preschools should maintain low student teacher ratio.

Parental involvement in the school life is yet another in fact the most important key to every student's success. Children need to know that there is a strong connection between school and home. Extensive research consistently reveals that children whose parents are actively involved in their education tend to excel academically. By collaborating closely, parent teacher relationships can tailor their support to meet each child's unique needs, leading to improved learning outcomes and academic achievements.

To sum up Early Childhood Education is the cornerstone of a child's educational voyage, fostering an environment that sets the stage for lifelong learning and well-being. The significance of this period lies not only in academic preparation but in the holistic development of young minds.



DR. SUJATA SHINDE



Celebrating a Nursing Luminary: Sujata Vijay Shinde

(Nursing Head and Group Educator, QAI Assessor, Counsellor, POSH Trainer, MBA in Hosp. Adm & IT, Doctorate in Management Studies, Masters in Lean Six Sigma Expert-Black Belt, Evidence Based Practice Fellowship, Criminal Forensic Expert, Transplant Coordinator, Infection Control)

Amidst the bustling city of Mumbai, the nursing community is fortunate to have a shining star in Sujata Vijay Shinde. With over two decades of dedicated service, Sujata Vijay Shinde stands out as a beacon of nursing excellence and education, leaving an indelible mark on the healthcare landscape.

Sujata's journey into nursing leadership and education began with a passion for teaching, writing, and athletic pursuits. Her professional odyssey reflects a deep commitment to expanding nursing knowledge and embracing diverse roles within the healthcare ecosystem.

As a Nursing Head and Group Educator at SRV Group of Hospitals, Sujata exemplifies the virtues of leadership and knowledge dissemination. Her remarkable educational background, including an MBA in Hospital Administration & Information Technology, a Doctorate in Management Studies, a Lean Six Sigma Black Belt certification, QAI Assessor, Counsellor, POSH Trainer, Evidence Based Practice Fellowship, Criminal Forensic Expert, Transplant Coordinator, Infection Control underscores her multifaceted expertise in nursing practice and administration. She believes these qualifications have been instrumental in shaping her career and enabled her to contribute meaningfully to healthcare institutions.

Throughout her illustrious career, Sujata has contributed significantly to nursing organizations, including memberships in esteemed associations like TNAI, Infusion Nurses Society, ANEI, and HIS-MF. Her career has been punctuated by enriching experiences in renowned corporate hospitals such as Kokilaben Dhirubhai Ambani Hospital, Apollo Hospital, Raheja Hospital, Bajaj Hospital, and SRV Group of Hospitals. Each role has provided invaluable insights and opportunities to make a difference in patient care and organizational excellence. Her affiliations reflect a deep-rooted commitment to fostering continuous learning and professional growth within the nursing fraternity. She is deeply touched with the gleams of hospital infection control and prevention with quality nursing to the patients.

Sujata's life story is a testament to resilience and determination. From humble beginnings as a young Maharashtrian woman navigating life's challenges, she emerged as a trailblazer in nursing education and skill development. Her life story is one of perseverance amidst challenges. Raised as a middle-class girl, was married at teens and encountered life's trials and tribulations while pursuing my education along with her pivotal role as a housewife and a mother. Overcoming hurdles, failures, and cultural expectations, she emerged stronger, fueled by the unwavering support of her family and the resilience instilled by life's challenges.

Navigating full-time professional responsibilities while being the primary caregiver after my husband's stroke was a profound test of fortitude. Balancing family duties, home care for dependents, and continuous education was a roller coaster, but my passion for nursing and dedication to advancing patient care propelled me forward. Despite facing personal and professional obstacles, Sujata's unwavering dedication to nursing excellence propelled her forward.

For Sujata, nursing is more than a profession; it is a calling enriched by compassion and dedication. She draws inspiration from her husband, especially her children, who have been pillars of support throughout her journey. Sujata believes in dreaming big, constantly learning, and embracing challenges as stepping stones to success.

In her role as a nursing educator, Sujata emphasizes the importance of continuous skill enhancement and patient-centered care. She champions training programs that equip nurses with essential bedside skills, ensuring the highest standards of care and empathy in healthcare settings.

Nursing, according to Sujata, is a noble profession that transcends boundaries and touches lives profoundly. It offers a rewarding career path for individuals seeking purpose and fulfillment, rooted in the art of healing and human connection. The noble role of nurses cannot be overstated. Nurses are the heartbeat of healthcare, providing expert care, support, and comfort to patients and their families. They embody the ethos of empathy and kindness, playing a pivotal role in healing and recovery. As a nurse, she believes in the transformative power of knowledge, constantly upgrading my skills to deliver optimal patient care. In her words " Nursing has been my calling—a divine vocation that has provided me with immense fulfillment. It has enabled me to serve humanity with compassion and empathy, transcending societal barriers and nurturing a deep sense of purpose. My profession has not only shaped my career but also defined my identity as a women achiever. My profession embodies the essence of empowerment. Nurses are catalysts for change, nurturing future healthcare professionals and advocating for patient-centric care. The nursing profession isn't merely a career; it's a calling—a conduit for personal growth and societal impact."

As we celebrate Sujata Vijay Shinde's achievements, let us recognize the invaluable contributions of nurses worldwide. Through their dedication and expertise, nurses like Sujata are shaping the future of healthcare, one compassionate act at a time. Throughout her illustrious career, Sujata has made significant contributions to the field of skill development. Her innovative approaches and dedication to excellence have set new benchmarks in the industry. From designing tailored programs to fostering strategic partnerships, she has demonstrated a remarkable ability to create sustainable pathways to success.

DR. GEETA CHAUDHARY



Geeta Choudhary has an inspiring story. She didn't start with any experience in salons, but now she's a makeup expert with eight years of know-how. She's the proud owner of three successful branches. Geeta's secret? She's super dedicated to her work and always strives for the best.

Geeta's journey wasn't easy. At first, she didn't have any formal training or salon experience. But her love for makeup pushed her to learn and grow. She faced lots of challenges along the way, but she never gave up. Every setback just made her stronger.

Geeta is known for her hard work and attention to detail. No matter how big or small the job is, she puts her heart into it. People love her work because she listens to what they want and makes it happen.

Even with her busy schedule, Geeta makes time for learning. She attended many international makeup sessions to enhance her skills. Recently, she finished a course in cosmetology and is now trained in all types of skin treatments. She believes in staying updated with the latest trends and techniques. Because of her expertise, customers come from far and wide to receive her specialized skin treatments.

Geeta isn't just good at makeup; she's also a great leader. She's expanded her business to three branches, showing her talent for running things smoothly. She's not just a boss; she's a mentor to her team, inspiring them to do their best.

In short, Geeta Choudhary's story is all about hard work and dedication. From starting with nothing to becoming a successful business owner and makeup pro, she proves that with determination, anything is possible. Geeta's journey in makeup is far from over, and she's sure to keep shining in the beauty world for years to come.



DR. RUCHITA SHRIVASTAV



Im Dr. Ruchita Shrivastava The President of Society for Advanced Research in Plant Science, a well known for her great work in the field of Botany especially in Ethnobotany and Medicinal Plants as Academician and Researcher. I pursued my M.Sc & Ph.D in Botany From Barkatullah University, Bhopal. I hv attended more then 10 National & International Seminars & Webinars and also published more than 45 research papers and 04 book chapter in National and International Journal and book. I hv also published more than 10 books in national/international level along with research experience in quantitative & qualitative extraction of medicinal plants of madhya pradesh. Beside this, I got the "Best Researchers Award 2022" from reseach education solution affiliated from Govt. Of India & AICTE. She is also a reviewer in two reputeded journal.Im a Member of National Bodies like IBS, IAAT, SEB, Science Advisory Board, etc & the editorial board member of some reputeded journals and also the chief editor of journal of emerging trands of medicinal plants and research (JETMPR). Beside this, I was the keynote speaker and resource person in some internation conferences 2022.

Beside all of the above my qualifications, I also hv my publication bussiness where basically I provide all those high level publication like scopus, elsevier, web of science, etc in a low fees bcz due to high charges of publication peoples are unable to publish their articles in these journals as well as we r now also providing patents and international level of book chapters publications. So it is a platform for those who want to publish their articles. They directly be informed time to time about such type of articles. Infact any of the member have any special request regarding such type of articles then he/she will directly be connected with me for their requirement. All the publication will be low cost definitely. We r trying to provide all subject areas for research articles as well as research assistance for project, dissertation, phd thesis, etc. Now we also provide the plateform to become an editor of book publishing of international level of publication houses. Now we are also conducting National/International Conferences On Plant Sciences & Related Subjects themes/Areas from SARPS,Registered by/from Govt. Madhya Pradesh,India.

I want to offer my services for the development of society and India and I work hard for it. I also offer my services for the promotion of academia/research.

Thanks & Regards

Dr. Ruchita Shrivastava (President – SARPS)



SARPS
SOCIETY FOR ADVANCED RESEARCH IN
PLANT SCIENCE

MRS. GARIMA JAIN



In the bustling streets of Bhilai, Chhattisgarh stands The 90s Cafe, a quaint haven that beckons with nostalgia and creativity. Behind its vibrant facade lies the heart and soul of Garima Jain, a Master of Pharmacy (Pharmaceutics) with highest grades turned maestro of melodies and flavors.

Garima's journey is one of passion and perseverance, a tale woven with threads of determination and love for the arts. Armed with a degree in classical singing from the prestigious Indira Kala Sangeet Vishwavidyalaya Khairagarh (IKSVV) and a master's in pharmacy, Garima found herself at a crossroads. While her academic prowess could have paved a traditional path in pharmaceuticals, her heart danced to a different rhythm, one that resonated with the aroma of freshly brewed coffee and the harmony of yesteryears' tunes.

It was this fervour that led Garima to embark on a remarkable adventure alongside her husband, fuelled by their shared vision and unwavering support from their families. With minimal capital but boundless dreams, they breathed life into their first venture, The 90s Cafe, nestled within a modest 1000-square-foot space area with limited items to serve.

What sets The 90s Cafe apart isn't just its delectable fare, but the kaleidoscope of memories it evokes from a bygone era. Stepping through its doors is akin to traversing a time capsule, where the essence of the 90s permeates every nook and cranny. From iconic posters of beloved singers and cult movies to relics like cassette tapes, vinyl discs, and CDs repurposed as whimsical decor, the cafe is a homage to an era cherished by many.

Yet, it's not merely about aesthetics; it's about a spirit of innovation and sustainability. Garima's creative ingenuity knows no bounds, as evidenced by the cafe's upcycled furniture and quirky embellishments. Carom boards find new life as tabletops, while bicycle spokes and old desks serve as conversation starters, inviting patrons to reminisce and connect over shared memories.

But perhaps the pièce de résistance is the hand-painted murals adorning the walls, each stroke a testament to Garima's multifaceted talents. From the mischievous grin of Mario to the moonwalk of Michael Jackson, from the whimsical charm of Mr. Bean to the colourful cast of Cartoon Network classics, every mural breathes life into the space, infusing it with joy and nostalgia.

After four years of the resounding success of The 90s Cafe, Garima's entrepreneurial spirit continued to soar to new heights. Buoyed by the overwhelming support and patronage of loyal customers, she and her husband embarked on their next chapter: the expansion of their vision.

With hearts brimming with gratitude and ambition, they unveiled their second masterpiece, a sprawling oasis of culinary delights and cultural fusion. The new branch, boasting an expansive 6000-square-foot space, seamlessly merged the cozy charm of The 90s Cafe with the grandeur of a multi-cuisine restaurant.

As patrons stepped into this culinary sanctuary, they were greeted by an opulent tapestry of aromas and flavours, each dish a testament to Garima's unwavering dedication to her craft. From hearty brunch classics to exotic global fare, the menu transcended borders and palates, inviting diners on a gastronomic journey like no other.

Yet, amidst the culinary symphony, echoes of nostalgia still reverberated within the walls. The spirit of the '90s remained alive and well, woven into the fabric of the establishment through subtle nods and playful touches. Whether it was the retro-inspired decor or the occasional blast from the past on the speakers, every corner exuded a sense of familiarity and warmth.

But beyond the culinary delights and nostalgic charm, the second branch of The 90s Cafe represented something far greater: a testament to the power of dreams and the boundless potential of human creativity. What started as a modest cafe fuelled by passion had blossomed into a beacon of inspiration for dreamers and entrepreneurs alike.

As Garima stood amidst the bustling energy of her second establishment, she couldn't help but reflect on the journey that had brought her here. From the halls of academia to the stage of entrepreneurship, every twist and turn had shaped her into the visionary she was today. And as she looked towards the future, she knew that the best was yet to come.

With her husband by her side and their families' unwavering support, Garima's dream had evolved into a legacy—a legacy built not just on bricks and mortar, but on a foundation of love, creativity, and the relentless pursuit of excellence.

As the sun set on another day at The 90s Cafe, Garima found solace in the knowledge that her journey was far from over. With each passing day, she would continue to write the next chapter of her story, one filled with passion, purpose, and the boundless possibilities of tomorrow.

MS. KAVNEET KAUR



When I first spoke on stage at school, I was literally paralysed with fear! Surprisingly however, I seemed to have a commandingly loud voice. I realised that speaking was my passion.

After school I wondered how to use my speaking skills. I could become a journalist, an anchor, a teacher, politician, spiritual leader? I decided to become a journalist.

Sadly, my parents didn't approve, as they saw this as an unsafe profession for a girl in India. I was too young to fight with them, so spent the next three years studying BCom. However, I grasped every opportunity to speak at college and got a standing ovation for delivering a motivational speech. I was even more hooked on speaking.

After my degree, I again approached my parents to pursue a Masters in Journalism. But the answer was still No. By now I was so sick of affairs at home that I thought about going abroad. So, I took an IELTS exam, which is a mandatory English examination for applying to colleges abroad. This was just the first step, the next exploring countries and getting a visa would be a long process. So, in the meantime I decided to get a job, teaching English at one of the local institutes in Ludhiana. \

It was there that I met Matt Drew, an English teacher from the UK. He saw me taking classes and said I would make a good English teacher. He encouraged me to take a professional course in TESOL or CELTA, which are the top two certifications for teaching English. Now I had to choose between going abroad as a student, or to get this certification. I thought Bingo – why not combine both, and get this certification from the UK itself!

My uncle in the UK helped me gain admission at the International House College, in London. I was so excited to go to the UK!! But the universe had its own plans, as my visa got rejected. Nobody could understand the pain I was feeling. My uncle supported me during this low phase of my life. He advised me to get certified from India. So, I enrolled in a CELTA course at the British Council in New Delhi. That course was a truly life changing experience for me. It showed me that my speaking skills were actually a foundation for something more valuable – teaching! After the course, I found a job back home as a fully certified English teacher.

I actually loved teaching and was enjoying my work immensely. After a while however, I realized that I was not growing. Teaching English was a growing business in Punjab, and I wanted to become a bigger player in this industry. That's when I decided to start my own business in teaching English and IELTS coaching.

In 2019, joining forces with a colleague, I decided to start a coaching business in Khanna, about 50 kms away from Ludhiana. That was when I realized that we had to market ourselves first to get students, only then I could do any teaching! Starting a business from scratch is really hard work, but gave me a huge sense of achievement.

But life doesn't stand still, and just after three months COVID-19 hit the world. Physical businesses had to shut and so did ours! Surprisingly, somehow this time around I didn't feel shattered. During Covid I started my Instagram page with the name "IELTS with Kavneet" and started posting content. People liked my content, and my old students also followed me. During Covid, when all the institutes were shut, I started with just one student whom I taught at home. I didn't realise how it went from just one student to more than a hundred students over the course of one year. Within that one year, through Instagram and teaching from home, I was able to make a large impact in the lives of so many students.

As covid subsided, I decided to expand and open a proper centre in Ludhiana. Along the way I met the love of my life (a French teacher) on Instagram. As we both shared the same vision and goals, we decided to support each other. Today we are married and are building our individual businesses by working really hard.

When I look back and reflect upon my life these last few years, I can see how each difficulty was really a challenge in disguise, overcoming which led me to grow as a person. Starting a business during Covid from a small bedroom to successfully running a coaching institute in Ludhiana for the last three years, has been a roller coaster of a ride, full of ups, downs with lots of thrills and shrieks. Life is truly wonderful when we embrace all it throws at us.

DR. ALPA S. KOTADIA



“Leadership is not about being the best. It is about making others better.”

This quote is instilled in my mind by my father, whenever I wanted to be a leader in the class and I couldn't do the best for all. My parents showed me a path of excellence by walking through it by doing and learning things. I gained knowledge, confidence, wisdom, and communication skills during my school and college days. After marriage into an orthodox family, I had to undergo several restrictions, not allowed further studies, or involve in social activities. I had to remain a submissive daughter-in-law and a dotted housewife. After I became a mother, I realized the need to bring a positive change in the existing pre-school system. With the support of my husband, I underwent Montessori training and researched innovative learning styles. This resulted in starting preschool “LEAF the Way to Grow” under the umbrella of Little Angels Education Trust in 2001 which has now 4 branches and one franchise school. In 2005, the trust started Vapi Public School and I became the Director Principal. In 2012 it became the first CISCE affiliated school in Vapi. Now it is a NABET-accredited, System driven school that has a holistic Curriculum and excels in both scholastic and co-scholastic activities. This could be achieved fulfilling all my duties as a mother, wife and daughter-in-law due to the skill development workshops held for educators, students, and staff members whom I could inspire, motivate, organize, and unite. I attended several courses and enhanced my education and now I have an Honorary PhD and am doing M.Ed. After all a leader should lead by example to make others leaders.

Along with academic skills (IQ), we take care of our students' Emotional Quotient and Spiritual Quotient. Workshops and orientations are held for students to enhance 21st Century Skills, Personality Development, Mind Power, Time management, Self-improvement, Multiple Intelligence, sexual health and well-being, and happiness Courses. I introduced a system of Students' Cabinet empowering the students with skills in leadership, decision-making, organizing, and managing events. Planned morning assemblies, celebrations, and competitions develop the skills of students in researching, speaking, writing, and communicating. Guided projects like Fun fairs, Exhibitions, Farewell functions, Night Camps, and Spirit week enhance skills in Creativity, Financial management, Waste management, and marketing. Meditation, breathing exercises, and yoga strengthen the emotional balance among students to make accurate decisions.

Educators are trained to be facilitators through workshops conducted by me and other experts on the needed areas. My institute has several facilitators with leadership qualities ingrained in them as they get a chance in rotation to hold responsible positions and enhance their skills. Their vision aligns with the objectives of the school, foster collaboration, embrace innovations, delegate work, and keep good relationships with colleagues. My facilitators get offers from other schools in responsible positions. I feel proud in enhancing them to become leaders in the field.

My journey in women empowerment activities started in 1997 when I joined an NGO. I became the first lady member of the Rotary Club of Vapi in 2005, and its first Lady President in 2015, where so far males dominated. These positions helped me to find jobs and self-employment for women by organizing workshops on adult literacy programs, vocational training and life skills. Having held responsible positions for years in Utkarsh Mahila Mandal, Mahila Suraksha Committee of Valsad District, panel member of Valsad Police, colleges, hospitals, and Women Protection Cell, I could liberate women from drastic conditions and empower them financially to lead a respectable life. Karvy Creations is my project that helps women by giving Sewing machines, teaching stitching, finding markets and selling products. I conduct Good parenting workshops and regular orientation programs for parents and children to bring harmony, rapport, and a stress-free atmosphere conducive to learning at home and school. Another of my pet projects is Vatsa Tapovan, in which we conduct classes for aspiring mothers to know about Garbha Sanskar and become loving, devoted parents to bring up mentally healthy children. I conduct workshops on KYC [Know your Child] for parents and teachers of the area as I am an active member of ART of Living.

To change the mindset of the students towards Valentine's Day, we celebrate it as “Grandparents Day”. Grandparents get a common platform to show their talents and to bond better with their grandchildren and children. Grandparents learned to use computers and internet. We started a public library too where these empowered grandparents meet, chat, share their time and talent.

I have adopted a government residential school for needy girls at Kochar.

Activities like organizing women to provide food packets for natural calamity victims, donating blood, motivating people to fill eye donation forms, providing grains and clothes to orphanage and old age homes have become a routine effort.

Like Hillary Clinton, I too believe women are the largest untapped reservoir of talent in the world and I want to tap it to the fullest, I won't let anyone to stop me.

MS. AVANI BHARGAV DAVE



With dream to right talent gets connected to the right job, Avani Dave has founded Kaivalya Trainment Private Limited. She holds masters degree in Human Resource Management. Her visions and values have been the driving force behind the company's success since its inception. Her wide-ranging experience and exposure to Human Resource, Operations and Project Management coupled with her zeal and determination for perfection and people assessment skills makes her expert in Client Relationship Management. Her combined perspectives of training, development and Recruitment are invaluable to clients for adding new dimensions to their HR, manpower sourcing and business efforts. She continues to create innovative growth strategies to serve a market place. She is an expert skill development, client management, motivating and developing team members and company branding.

MS. PURNIMA JAIN



As quoted by Albert Einstein “Wisdom is not a product of education; it is a result of lifetime of learning”, Dr Purnima Jain tries to learn at every step of life, each new day is a new hope and a new learning

Prof. Purnima Jain, affiliated with Netaji Subhas University of Technology (NSUT) and holding degrees in MSc, MTech, and PhD from IIT Delhi, stands as a beacon of excellence in academia. With an impressive track record of mentorship, Dr. Jain has supervised 7 PhD students and mentored 20 MSc students in the completion of their dissertations. She seamlessly intertwines various facets of her career to create a profound impact on education, research, and societal advancement. With an unwavering commitment to **academic progress**, Dr. Jain continuously refines curricula, ensuring they remain aligned with the latest industrial and academic research developments. Her innovative teaching methodologies inspire and motivate students, fostering a deep-seated passion for learning and a drive for excellence. Beyond the confines of the classroom, Dr. Jain's mentorship serves as a guiding light for students, instilling confidence and empowering them to realize their full potential.

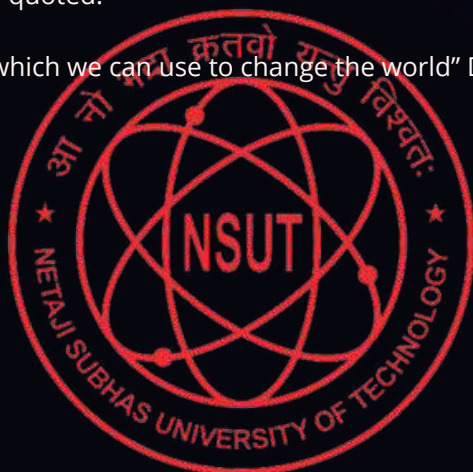
In her pursuit of knowledge, Dr. Jain's research endeavors extend far beyond conventional boundaries, delving into the realm of green chemistry and sustainable solutions. Her pioneering work in the development of biodegradable polymers and environmentally friendly synthesis techniques not only advances the scientific discourse but also addresses pressing societal and environmental challenges. Through her groundbreaking research, Dr. Jain exemplifies a steadfast commitment to **societal betterment**, striving to create a more sustainable and equitable world for future generations.

Dr. Jain's contributions extend beyond the academic sphere, as she actively engages in community outreach initiatives and environmental advocacy efforts. Her holistic approach to research and education underscores a profound sense of responsibility towards society and the environment, driving positive change on both local and global scales. As a mentor, researcher, and advocate, Dr. Jain's impact reverberates far beyond the confines of her laboratory or classroom, leaving an enduring legacy of inspiration and transformation.

Her prolific publication record in prestigious, high-impact factor journals serves as a testament to the breadth and depth of her research contributions. By disseminating her findings to the academic community, Dr. Jain ensures the continuous **advancement of knowledge**, laying the groundwork for future breakthroughs in polymer science and beyond. Through her tireless dedication and visionary leadership, Dr. Jain embodies the spirit of academic excellence, motivating others to push the boundaries of knowledge and create positive change in the world. She believes in what Nelson Mandela once quoted:

“Education is the most powerful weapon which we can use to change the world” Dr. Professor Purnima Jain

Department of Chemistry
Netaji Subhas University of Technology
Sec 3 Dwarka
New Delhi



MS. SHILPA PODDER



Good evening, everyone. I stand here today with immense gratitude and a heart full of reflections on the journey that brought me to this moment. My name is Shilpa, and I want to share with you the story of how I ventured into the world of entrepreneurship amidst challenges and triumphs. In 2021, I made a decision that would change my life forever—I opened my own business, a blend of a gym and a salon. This was not just a business venture for me; it was a dream nurtured over years of passion for health, wellness, and beauty. As a mother of two, I knew the road ahead wouldn't be easy, but I was determined to turn my vision into reality. Little did I know that alongside the excitement of starting something new, I would encounter numerous obstacles. The biggest challenge I faced was not the complexities of running a business, but the negativity and envy that surfaced from certain quarters of my community. People questioned my capabilities, whispered doubts behind my back, and, at times, actively tried to undermine my efforts. However, instead of letting these obstacles deter me, I chose to use them as stepping stones towards growth. I realized that the opinions of others reflected their insecurities, not a measure of my potential. With the unwavering support of my family and close friends, I stayed focused on my goals and poured my energy into creating a space that embodied my values. The journey wasn't smooth sailing. There were sleepless nights, moments of self-doubt, and financial strains. But through it all, I held onto my belief in the importance of what I was building—a place where individuals could not only work on their physical fitness but also pamper themselves and boost their confidence. As my business began to take shape and flourish, I witnessed the transformative power it had on my clients. Seeing someone walk out of our salon with a smile of self-assurance or witnessing the joy of achieving a fitness milestone fuelled my determination to keep going, despite the challenges. I learned invaluable lessons along the way—lessons that have shaped not just my business but also my outlook on life. I learned to embrace resilience—to bounce back stronger from setbacks. I learned the significance of empathy—to understand and connect with others on a deeper level. Most importantly, I learned to trust in myself and my abilities—to silence the doubts and forge ahead with unwavering confidence. To anyone out there who dreams of starting their own venture, I want to share a few words of encouragement. Believe in yourself and your vision, even when others doubt you. Seek support from those who uplift and inspire you. And most importantly, stay true to your values and never compromise on your integrity. Today, as I look around this room filled with supportive faces, I feel a profound sense of gratitude. Gratitude for the journey that has shaped me, for the obstacles that have strengthened me, and for the community that has rallied behind me. To my fellow entrepreneurs, especially women navigating similar paths, I want to say this: you are capable of achieving greatness. Let no one dim your light or discourage you from pursuing your dreams. The road may be challenging, but remember, each obstacle is an opportunity to rise above and shine brighter. As I continue on this journey of entrepreneurship, I am filled with excitement for what lies ahead. I am committed to nurturing my business, expanding its impact, and inspiring others to chase their dreams fearlessly. Thank you for allowing me to share a piece of my journey with you today. May we all find the courage to pursue our passions and embrace the challenges that lead us closer to our dreams. Together, let's celebrate resilience, determination, and the limitless potential that resides within each of us. Thank you.



MS. GUNJAN DUA



Fly high with wings of willpower Captain Gunjan Dua

When there is a will, there is a way. I have been listening to this since my childhood. And I followed it up to realise my dream, which once looked far fetched.

When I used to walk down the narrow lanes in my home town Rewari, I always wanted to fly down to my school. Whenever I would see a plane high up in the sky, I would dream of piloting it. But then the distance from a sleepy conservative town - Rewari to air routes up in the sky was huge - and that time unfathomable.

But then I used to recall every time the age old saying - When there is a will, there is a way. And that would give my wings of dream strength to fly high and think positive.

I completed my XII and pursued bachelor's degree in computer science from a premier college in Gurgaon. While pursuing this I came out of Rewari to a big city - Gurgaon, closed to the national capital Delhi and near my dream. I used to stay at a place when I would see the planes take off and land daily - igniting my dream further. I knew my engineering degree will not take me to the cockpit of any Boeing 707.

I will have to gain a license of commercial pilot to fuel my ambition. After completing graduation, I could have easily landed up on a cushy job in IT sector, which was red hot at that time. Salaries were astronomical at that time but the dream to fly a plane took me to South Africa instead of easier destination - Bengaluru.

In 2009, I acquired Commercial Pilot License (CPL) with an authority to fly in Indian sky also. I spent some time in South Africa flying chartered planes and teaching young pilots about the technical nitty gritty of flying science. While pursuing both flying and teaching, I started liking to groom pilots more than flying planes. The reason was: while flying you are not adding much to the industry you work in but when you are instructor you are churning out good trained quality pilots who can planes in the booming airlines business.

I could not stay long in South Africa as the love for my own country pushed me to come back and contribute to airlines sector of the country which was then in infancy. There was dearth of pilots that time in India and airlines companies were getting launched every year. I could have come easily settled with a plum job in any of the new airlines as pilot but I decided to be an instructor who can train quality pilots for the industry.

To make things more professional, I pursued MBA (Operations) from Symbiosis and earned a professional certification in Safety Management from Crankfield, South Africa.

Armed with an experience of 15 years, I have been able to train hundreds of pilots and as chief ground instructor and safety manager with leading colleges and institutes.

When you work hard with undeterred perseverance, laurels and awards follow you. Not only in India, I have been able to get awards in South Africa also. I won cross country flying completion there at AUAA, South Africa besides getting the award for best navigation instructor at AUAA in 2008. During that time only, down in India, she was awarded as the leading lady of aviation industry by Captain Ajay Yadav, then minister of energy, Forest and environment.

Apart from that, I have been felicitated and awarded as young woman achiever at several platforms and honoured by large number of schools, colleges and universities.

I have been invited by many schools, training institutes and colleges to inspire girls to take up aviation as a career. I take lectures and training sessions for young professionals and teaching them soft skills need to excel in any of the professions. Currently, I am running a pilot training institute where we are training air hostesses, ground staff, stewards and pilots for the booming aviation industry. Hundreds of our students are well placed at leading airlines and airports. With a strong alumni support, we offer 100% job assistance to our students.

MS. ANJALI KHATRI



As Anjali Khatri, the heart and mind behind Irenic International Education Services, my journey is not just a personal narrative but a chapter in the chronicle of empowering women in the entrepreneurial world. For the past 10 years, Irenic has been a beacon of guidance for thousands aspiring to study abroad, reflecting my dedication and the collective effort of a team that values excellence and integrity above all.

The inception of Irenic was more than just the establishment of an overseas education consultancy; it was the realization of a dream to make a tangible difference in the lives of students across India. From our humble beginnings to becoming a name synonymous with trust and success in the international education sector, our journey has been nothing short of remarkable.

Our values at Irenic are not just about business efficacy; they are about nurturing dreams with the utmost care and precision. This approach has seen us through the establishment of a robust network and modern infrastructure that spans multiple countries, with multiple offices across India. Our holistic suite of services, encompassing pre-departure briefings to post-landing assistance, ensures that our students are not just prepared for the academic journey ahead but are also supported as they transition into new cultural landscapes.

Being a woman at the helm of this venture, I have experienced the challenges and triumphs that come with entrepreneurship. My story, I hope, serves as a beacon of motivation for other women. It stands as a reminder that with perseverance and the right intentions, barriers can be transformed into stepping stones.

The theme 'Ek Nari - 100 Pe Bhari' resonates deeply with my ethos. It is not just a statement about the capability of a woman; it's about the extraordinary impact she can have when her potential is fully realized. It's about understanding that when a woman is educated and empowered, the benefits cascade into the community, the nation, and beyond.

My achievements with Irenic are a testament to what we, as women, can accomplish. We are creators, innovators, leaders, and much more. We have the power to envision a better future and the fortitude to make it a reality. It's about recognizing that our contributions are pivotal and that our leadership can herald a new era of growth and prosperity.

In the decade to come, I envisage Irenic expanding its horizons further, breaking new grounds in international education, and continuing to empower students with global opportunities. As we march forward, our mission remains unwavering – to illuminate the path of education for many more and to keep inspiring women across the globe to dream, dare, and do.

'Ek Nari - 100 Pe Bhari' is not just a celebration of what women have achieved but also a clarion call for what we are yet to accomplish. Let us continue to inspire and be inspired, and in this symphony of collective aspirations, may we find the strength to be '100 Pe Bhari.'

AR. ANKITA GUPTA



Full Name: Ankita Gupta

Profession: Architect

Founder of Brands: I Design Spaces & Manasvini

3 words that define my profession: Interior Designer

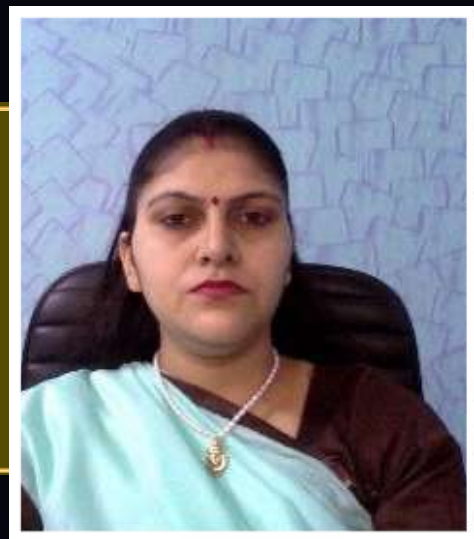
List of five achievements:

- □ CORONA WARRIOR HONOUR CERTIFICATE OF APPRECIATION – 2020
- □ INDO US SUMMIT – 2020
- □ DVITIYA HIMALAYI NAARI SHAKTI SAMMAN – 2020
- □ Women Entrepreneur India Top 10 Women Leaders in Startups – May 2022
- □ ARCHITECTURE & INTERIOR DESIGN EXCELLENCE AWARDS & CONFERENCE – 2023
- □ Silicon India Start Up City 10 Best Home Décor Startups – July 2022
- Instagram Handle: https://www.instagram.com/idesign_spaces/ <https://www.instagram.com/manasvinibyidesignspaces/>
- Call Number: +91 9927964444
- Email Id: ankitagupta@idesignspaces.in
- manasvini@idesignspaces.in

About Me:

- I have a license from the Indian government as an architect. Architecture and design have been my passion and professional calling for over a decade. I have been married for 15 years, and I am also a homemaker. I started my interior design business called "I Design Spaces" about ten years ago, fuelled by my passion and with my husband's constant support. I Design Space had a humble beginning, as it was started in a small basement room with just one part-time employee. My ideas and designs represented my passion for design, and as my clientele grew, my start-up quickly prospered. Even after all these years, I can still vividly recall every design I've ever made and the joy it brought my clients.
- Looking back, I think my core philosophy of "personal touch", which served as the foundation for all of my projects, could be credited with I Design Spaces' success. Homes are the most intimate spaces we inhabit, and in all of my designs, I tried to capture the warmth, love, and affection that a home should have. After "I Design Spaces" had been a success for two years, I met a group of skilled weavers and block printers. Meeting these artisans sparked a new interest in home furnishings, a field related to interior design.
- Thereafter, I started my second company, a sister firm to "I Design Spaces" called "Manasvini". Manasvini is a Sanskrit word that translates to "a proud woman". Manasvini offers a wide range of handmade home furnishings, including bed linens, table linens, handloom fabrics, and many more home furnishing products. Customization in block printing is one of the unique selling points of Manasvini. Staying true to our core philosophy of "personal touch," even at Manasvini, we design our own original motifs and designs. While the two labels are different in terms of their product offerings, they still complement each other since both are governed by the same ethos of superior quality and prioritizing customer satisfaction. Furthermore, the two firms are connected, as once the interiors are done at I Design Spaces, Manasvini can offer our amazing customers a glimpse of the beautiful designs that will soon adorn their homes.

DR. NIDHI SHANKAR SINGH



I was born in Lucknow and grew up in Lucknow and went to ICSE school. I Dr. Nidhi Shankar Singh is a professionally qualified professor with 9 years of experience. I have recently achieved the BEST MENTOR TROPHY in my university. Not only this I have also achieved the BEST FINANCE RESEARCHER AWARD of the year 2020 from ISSN. I am seeking employment that will make best use of my skills and allow me to develop them further by giving a well skilled and independent citizen to our nation.

I love to dig into students' problems and solve them with my counsellor talent. I create, scale and optimize teaching portfolios that matter. To accomplish this, I focus on delivering key lectures, building amazing examples and quickly adapting to new learnings.

I have enjoyed many universities throughout my career till yet. My personal and professional experiences have taught me the following about myself;

I am a hardworking, honest, punctual and motivated individual who is able to work in a busy environment and produce a standard citizen for our nation. I am an excellent team worker and adaptable to all challenging situations. I am able to take instructions from all levels and build up good working relationships with all colleagues. I am outgoing and tactful and able to listen effectively when solving problems. I am flexible, reliable and possess excellent time keeping skills. I am able to work well both in a team environment as well as using own initiative. I am able to work well under pressure and adhere to strict deadlines. I am very willing to learn and develop new skills. I have an active and dynamic approach to work and getting the things done within the deadline. I identify and develop opportunities. I have a creative mind and am always up for new challenges.

My biggest strength is being able to quickly and easily see skills, gifts and talents that my students don't even realize they have. My greatest satisfaction comes from helping the students discover and develop these skills, and seeing them set sail with enthusiasm and confidence toward a future filled with joy, satisfaction and success beyond their wildest dreams.

Through my workshops, presentations and writing, I help students explore their past so that they create their future. When I am speaking to my students about turning tragedies into triumphs, or guiding them individually through their own journey of discovery, my goal is always the same to help them buried their treasure so that they can make the rest of their life the best of their life.

Making difference in my students is what makes my day.

After all these qualities in me, I must say that I am strong women to face all the tragedies, problems, bad time of life successfully without any fear. I am self-confident, productive, optimistic, and a go-getter, a fear-tackler, caring, unafraid to stand up for what one believes in, proud, unbothered by what others say or think, and true to one's self.

I am mentally strong women, which is not about how cute I look on any given day. It is not about being popular, and it's not about earning the most money. It is about my character. It is being good examples for others and taking good care of ourselves at the same time.

Being confident helps me to self-love and it also helps me to stay away from comparing.

Being productive helps me to spend time on worthy causes and important matters keeps my mind happy.

Being optimistic and positive helps me to see the glass as half full and not half empty. It brings good vibes with me everywhere I go.

Being go-getter helps me put my dreams into action.

I being mentally strong women face my fears, problems and issues with head-on and I do not run away from them. We all run into different fears throughout our lives, but it is how we handle them that determines if we are being mentally strong.

I being caring take care of myself while caring for others too.

When I see something wrong is going on in society, I don't watch others get bullied. Instead, I take appropriate action.

Whenever people make mistakes and say hurtful things at times, I simply ignore such comments.

Ignoring these messages is difficult but it is possible.

I do not change myself to satisfy others, neither I change to impress others. I stay true to myself, and doing so is loving my mind goes right along with the comfort.

Dr. Nidhi Shankar Singh

Professor

Babu Banarasi Das University



MRS. ANINDITA ROY



Rising from Small Beginnings: My Journey to Becoming a Chartered Accountant

Early Days in a Small City

Let me first introduce myself, I was born and brought up in a quaint, small city in West Bengal. Growing up, the world beyond our city limits seemed vast and unattainable. My parents, both emphasized the importance of education, instilling in me a deep love for learning. Despite the limited resources and opportunities, I was a diligent student, fascinated by the world of numbers and problem-solving.

The Dream Takes Shape

In school, my affinity for mathematics and accounting became apparent. The thought of becoming a Chartered Accountant (CA) captivated me, even though it felt like a distant dream. Our city lacked specialized coaching centers and advanced study materials, but I was undeterred. With my parents' encouragement, I set my sights on this ambitious goal, knowing it would require extraordinary effort and determination.

Bridging the Gap

After excelling in my high school exams, I attended college from the same city and started preparing for the CA exams. This transition was challenging—the CA course is known for its rigor, with multiple levels of examinations and extensive training, but I was ready for the challenge.

Building My Career

After qualifying as a Chartered Accountant, I secured a position with a top multinational firm in a bustling metropolitan city. This was the moment I had been working towards—a professional role in a big city, BENGALURU - a city where young generations arrive with lots of dreams and hopes in their eyes and heart. The corporate world was competitive and demanding, but my rigorous training and unyielding determination saw me through. I quickly established myself as a competent and reliable professional, earning respect and recognition in my field.

Achieving Success

Today, I stand as a successful Chartered Accountant, proud of my journey from a small city to the heights of professional success in a major metropolis. My story is one of resilience, hard work, and the belief that no dream is too big if you are willing to pursue it with unwavering dedication. Each step of my journey, from the struggles to the triumphs, has shaped who I am today.

Despite my success, I have never forgotten my roots. I regularly visit my hometown, conducting workshops and seminars to inspire and guide young students who, like me, dream of achieving more.

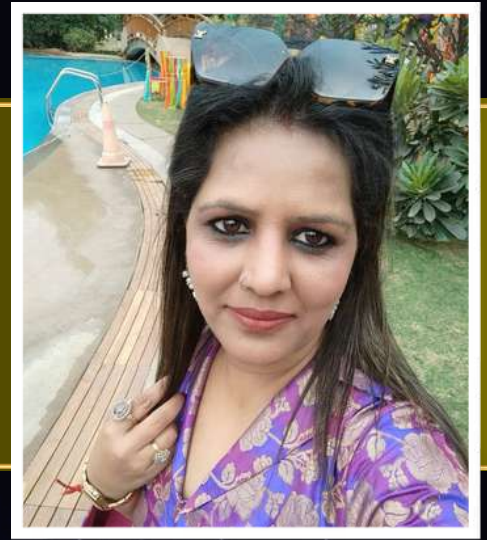
Reflections and Future Aspirations

Looking back, my journey has been filled with challenges and triumphs, each teaching me invaluable lessons. The small city that once seemed like a limitation became the foundation of my strength and determination. As I continue to grow professionally, I remain committed to making a positive impact on others' lives, helping them realize that with hard work and perseverance, any dream is attainable.

Epilogue: A Message to Dreamers

To all the young dreamers out there, especially those from small towns and humble beginnings—never let your circumstances define your potential. Not every person gets an opportunity to make their parents proud. Believe in yourself, work hard, and stay dedicated to your goals. Success is not about where you start, but about how far you are willing to go to achieve your dreams.

MS. ANU JAIIN



Vridhi Creations: A Legacy of Love and Elegance

In 2014, I embarked on a journey that was as personal as it was professional. My daughter was just six months old, a tiny bundle of joy and inspiration. It was during this precious time, while navigating the beautiful chaos of motherhood, that Vridhi Creations was born. Named after my daughter, Vridhi, this boutique is not just a business; it's a testament to love, family, and the timeless bond between a mother and her child.

The Meaning Behind "Vridhi"

The name "Vridhi" holds a special place in my heart. In Sanskrit, "Vridhi" means "growth" or "prosperity." To me, it symbolizes the beautiful path that life carves out for us, filled with unexpected turns and wonderful surprises. My daughter, Vridhi, embodies this essence, bringing joy, purpose, and a sense of growth into my life. Naming the boutique after her was a way to honor the profound impact she has had on me, and to weave her spirit into the very fabric of our creations.

Vridhi Creations is more than just a boutique; it is a family affair. I am blessed with two wonderful children, and they have both been my source of strength and motivation. Balancing the roles of a mother and an entrepreneur has been challenging, but it has also been incredibly rewarding. Every design, every stitch, and every piece of fabric carries with it a piece of my journey as a mother and a creator.

Our Collection

At Vridhi Creations, our collection reflects this deep personal connection and the values that are important to us. We offer a range of products, from elegant sarees and intricately embroidered lehengas to chic kurtis and stylish indo-western outfits. Each piece is crafted with love, precision, and an eye for detail, embodying the perfect blend of tradition and modernity.

Our Philosophy

Our boutique is dedicated to women who cherish the beauty of traditional attire while embracing contemporary styles. Vridhi Creations is a space where timeless elegance meets modern sophistication, offering something unique for every woman. Our design philosophy revolves around creating garments that not only look beautiful but also tell a story – a story of heritage, craftsmanship, and personal touch. **Milestones and Achievements** Since its inception, Vridhi Creations has achieved several milestones. We have been featured in notable fashion magazines and have showcased our designs in prestigious fashion shows. Our boutique has grown, but our core values of quality, authenticity, and personalized service remain unchanged. The loyalty and love from our customers drive us to keep innovating and expanding.

Our Vision

The vision for Vridhi Creations extends beyond fashion. We aim to empower women through our designs, providing them with choices that reflect their unique identities and enhance their confidence. We are committed to sustainability and ethical fashion, working closely with artisans and craftsmen to preserve traditional techniques and ensure fair trade practices.

Visit Us

Vridhi Creations is located at 26/104, Shakti Nagar, Delhi-110007, a heaven where elegance and style converge. We invite you to visit our boutique and experience our collection first hand. Stay connected with us through our social media channels i.e., @vridhi_creations for the latest updates on our collections, promotions, and events.

Vridhi Creations is a celebration of love, tradition, and modern elegance. It is a journey that started with a mother's dream and has grown into a beloved boutique. Join us and become a part of our story, where each piece is crafted with love and destined to create beautiful memories.



MS. ANWESHA ROUT



Mrs. Anwesha Rout's journey as a woman entrepreneur is both inspiring and impactful, reflecting a powerful blend of innovation, commitment, and societal contribution. Her ventures — The Food Gala, Innovize Thermal Solutions, and Combad Adventure Training and Security Services Private Limited — are diverse in nature, yet they share a common thread of excellence and entrepreneurial spirit. Mrs. Rout's approach goes beyond mere business success; it encompasses the broader objectives of economic growth, social change, and community empowerment.

The Food Gala, presumably, taps into the culinary space, offering unique food experiences that might also emphasize local cuisines and sustainable practices. Innovize Thermal Solutions suggests a focus on engineering or technology, likely contributing to efficiencies in energy consumption or environmental conservation. Combad Adventure Training and Security Services Private Limited indicates a venture into security and possibly outdoor adventure training, emphasizing both physical preparedness and personal safety. Each of these startups not only diversifies her business portfolio but also serves different societal needs, showcasing her versatility as an entrepreneur.

Her increasing presence and success as a woman entrepreneur bring notable economic and social benefits. By generating employment, Mrs. Rout directly contributes to the economic stability and growth of Odisha. This job creation not only provides livelihoods but also stimulates further business activities and investments in the region. Moreover, her success story and leadership role inspire other women, encouraging them to pursue entrepreneurship and break traditional barriers. This is particularly significant in a societal context where women's economic participation is crucial for broader gender equality and empowerment.

Mrs. Rout's vision for promoting sustainable development among women entrepreneurs highlights her strategic and forward-thinking mindset. By focusing on balanced growth, she acknowledges the importance of ensuring that economic development does not come at the expense of social or environmental well-being. Her commitment to strengthening women entrepreneurship through initiatives, network creation, and partnerships demonstrates a comprehensive approach to empowerment. Such efforts are vital for building a supportive ecosystem that enables women entrepreneurs to thrive, innovate, and contribute to their communities.

In activating partnerships among diverse stakeholders, Mrs. Rout aligns with a global understanding of sustainable development, which relies on collaboration across sectors and disciplines. These partnerships can bridge gaps in resources, knowledge, and opportunities, making entrepreneurship more accessible to women who may face barriers ranging from societal norms to financial constraints.

In summary, Mrs. Anwesha Rout exemplifies the role of an entrepreneur as a catalyst for change. Her contributions extend beyond her businesses' financial successes, embodying the transformative potential of entrepreneurship in addressing societal challenges, fostering economic growth, and paving the way for future generations of women leaders in Odisha and beyond.

MS. SWATI AGGARWAL



Swati Aggarwal : A Passionate Numerologist, Tarot Reader, Grandmaster Healer, Manifestation Coach Who Loves Empowering Others

Swati Aggarwal's bio paints a vivid picture of not only an acclaimed and renowned reader but also a dedicated teacher driven by a desire to help others. Here are the some key takeaways :

Passion and Purpose:

Swati's passion and gift for Astute Readings paves way for her to offer guidance and empower clients for positive change.

Her ultimate goal is to use her skills to help people overcome challenges, find purpose, and live fulfilling lives.

Experience and Expertise:

Swati boasts over a decade of experience doing readings and healings for 4000+ clients from over 15 countries.

She is a highly sought-after trainer of Numerology, Lama Fera, and Tarot Reading. She has taught over 1100 students, and has an uncanny ability to form a lifetime bond with her students while empowering them with the knowledge that helps them not only earn but also to in-turn help their clients.

As a Manifestation Coach, she has helped hundreds of people realise their dreams in a very short time.

What Makes Her Unique:Swati emphasizes personalized guidance, connecting deeply with each client and tailoring readings to their specific situations.

Her extensive knowledge of esoteric subjects allows for multi-layered interpretations. She creates a warm and welcoming space, fostering open communication and a judgment-free environment. Her remedies and corrections have borne results for thousands of clients throughout the globe. Swati draws inspiration from her clients' positive transformations and her own sense of purpose.

Her mantra as a teacher is that her students are not viewed as future rivals, but as living testaments to the efficacy of her knowledge and teaching methods. She fosters their success by generously sharing the entirety of her expertise, holding back no secrets. This empowers them to make a profound impact on the lives of their own clients in the future.

MS. PRACHI BANSAL



Prachi Bansal

Date of Birth: May 14, 1986

Education: PG MBA in HR and Marketing

Experience: 14 Years

Prachi Bansal's journey in the business world is a testament to the power of determination, vision, and effective leadership. Hailing from a business-oriented family, Prachi's early exposure to a comfortable yet dynamic entrepreneurial environment laid a strong foundation for her future endeavors.

With a robust educational background, including a postgraduate MBA in HR and Marketing, Prachi entered the corporate arena equipped with the skills and knowledge to make a significant impact. Over the past 14 years, she has harnessed these skills to drive impressive growth and success in her professional career.

As the driving force behind Captain Sam's, a rapidly growing brand in the Food and Beverage Industry, Prachi has played a pivotal role in its expansion. "When I joined Captain Sam's," Prachi recalls, "we were operating just 7 or 8 outlets. Today, we've expanded to over 35 outlets, and our ambition is to reach 100 by 2025." This remarkable growth trajectory underlines her strategic prowess and dedication to excellence.

Prachi attributes much of her success to the importance of having a strong platform to develop and showcase one's abilities. She believes that being part of a company that encourages growth and innovation is crucial for professional development. "For your growth, you should get a great platform to enhance your abilities," she advises, emphasizing the need for supportive and challenging environments.

A key factor in Prachi's professional growth has been the mentorship she received from industry veteran Mr. Brij Bhushan Aggarwal (Founder and Owner of Captain Sam's). His guidance has been instrumental in shaping her leadership style and approach. "I got a mentor in Mr Brij Bhushan Aggarwall," she says, "and new leaders are formed under great leaders." This mentorship has not only helped her navigate the complexities of the business world but also inspired her to mentor others.

Mr. Brij Bhushan Aggarwal, renowned for their visionary leadership and business acumen, have been pivotal in steering Captain Sam's towards success. Their mentorship has provided Prachi with invaluable insights into strategic planning, operational efficiency, and market expansion. Under their guidance, Prachi has honed her skills in managing and scaling business operations, ensuring that Captain Sam's continues to thrive in a competitive market.

Prachi's story is not just about personal success; it's about fostering a culture of continuous improvement and leadership development. Her vision for the future is clear and ambitious, aiming to expand Captain Sam's footprint significantly in the coming years. With leaders like Prachi at the helm, the path to 100 outlets by 2025 seems not just achievable but inevitable.

Her journey serves as an inspiring example for aspiring business leaders, showcasing the importance of education, mentorship, and the relentless pursuit of excellence. Prachi Bansal's story is one of growth, leadership, and the unyielding drive to turn visions into reality, making Captain Sam's a brand to watch in the future.

MS. JYOTI BHADANA



MS. JYOTI BHADANA

(PHD SCHOLAR HISTORY)

Haryana State President: Kisan Mazdoor Sangharsh Morcha

Indian Human Right Cooperation Trust (IHRCT) if we don't know our roots
we don't know anything.

Ms. Jyoti Bhadana is from a Gurjar farmer family of Ghitorni village in New Delhi. She had a dream since childhood to become a good professor by doing PHD, but as soon as she Graduated from D.U in 2006, she got married, as often happens in villages, and her in-laws and Her studies came to a halt to fulfill the responsibilities of two small children.

But after such a long gap in studies, she again gathered courage to do M.A. in 2015 and also fulfilled her family responsibilities and when her children grew up, she took admission in P.H.D. with the support of her husband and family and fulfilled her dream. She started doing it and was very happy. But then there was an interruption in her dreams and she came to know that she had a tumor in her stomach and after a major surgery, she got a new birth.

Her husband Harsh, children, her mother and the entire Family encouraged her and her Dr. Rama Joshi asked her to think positively.

It was only because of Family Support that she was able to recover quickly and is again busy in fulfilling her dreams. From the very beginning, she wanted to do research on the history of her ancestors so that she could connect with her roots and decided to do research on the farmers' freedom movement. In this regard, when her articles, poems and research papers appeared in books and social magazines, the Kisan Mazdoor Sangharsh Morcha organization and the Indian Human Rights Governments Trust were impressed by his work and appointed him Haryana State President so that she could work with them to fight against the problems of farmers, laborers and others. She can serve the people in the areas and can also make people aware of their fundamental rights and duties. With this spirit of service, she started a campaign to make women aware about diseases like cancer and to help them.

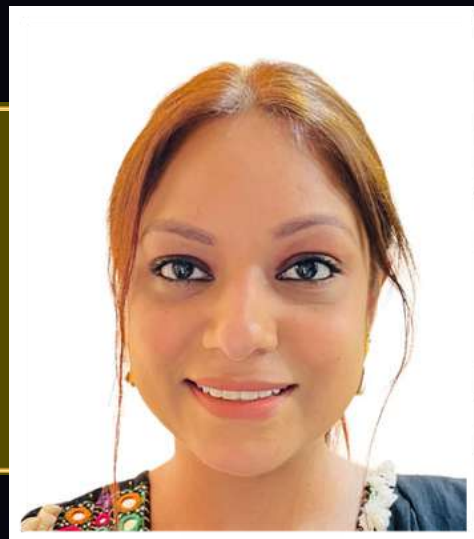
Under which she has appealed to all the women that they should only take the responsibility of making their 2 houses and that every month along with their salary, she will also give them a packet of 1 pad so that they can use it to avoid many diseases and can also teach it to others. Can understand the importance.

If every woman fulfills her responsibility honestly, then who knows how many thousands and lakhs of women can be saved from such diseases and in this way it will not be burdensome on just one person. Similarly, she also gives many types of tasks related to children in school seminars to them, she is also trying to make them understand their duties towards the environment, for their public service work and writing works, and also their duties towards the environment. Trying to explain. She has also received awards like worn achiever for his public service work and writing work. In this way, we learn from them that no matter what the circumstances are, if you are determined to fulfill all your dreams, they definitely come true.

Research papers, Articles writing

If she is doing the work of women empowerment then she is believes that if it is yours then you can do anything like her father in law has always said that everyone should support their Family and any woman.

MS. VARSHA TIWARI



"Ekavira is a fashion brand that seamlessly blends contemporary aesthetics with a commitment to sustainability & supporting our Indian skilled artisans. We endeavor to create clothing that makes you shine. Ekavira Fashion Brand has achieved remarkable growth of 50% revenue year on year. It is one of the fastest growing fashion brands in North India present on popular platforms such as Nykaa, Ogaan, Aza, Agashe, Amazon etc. Ekavira is dedicated to supporting artisans contributing to sustainability and uplift traditional craftsmen in our everyday transactions. We collaborate with skilled artisans, ensuring their crafts reach a wide audience. Through ethical practices and fair wages, the brand uplifts artisans, preserving their legacy. We incorporate age-old techniques like hand block printing, hand embroidery, and natural dyeing. Each piece tells a story, connecting wearers to the artisans' heritage." We proudly marked our presence in the fashion industry through our first collection - KHUSHI. Khushi is all about women. At the heart of Khushi lies a beautiful story of empowerment and collaboration. Through meticulous research and dedication, we've uncovered and revitalized ancient art forms like Kharek, Naren, and Pakko embroidery - each representing distinct types of embroidery with a lineage spanning 400 years.

These exquisite techniques, once endangered by cultural shifts, migration, and economic pressures leading to unjust wages, now flourish in our collection "Khushi". By supporting these women artisans, we're not just creating beautiful garments and preserving cultural heritage, we're fostering economic empowerment and community development. We're creating opportunities for economic independence and empowerment.

FARAH, our second collection, represents a harmonious fusion of tradition and innovation, weaving sustainability into every thread. In a visionary collaboration, we have joined forces with the revered artisans of Ajrakhpur, bringing their centuries-old craft of Ajrakh to the forefront of modern fashion.

Ajrakh, a time-honored art form originating from the arid lands of Gujarat, India, embodies a rich tapestry of culture, history, and heritage. Passed down through generations, its intricate patterns and natural dyes tell stories of the land and its people. By partnering directly with the original Ajrakh artisans, we not only honor their expertise but also support their livelihoods, ensuring the preservation of this invaluable tradition.

In our quest to bridge the past with the present, we've reimagined Ajrakh fabric in contemporary silhouettes, creating a collection that speaks to the aspirations of the young generation. Each piece is a testament to our commitment to sustainability, crafted from eco-conscious materials and mindful production practices. By infusing modern designs with the timeless elegance of Ajrakh, we aim to inspire a new era of conscious consumption and appreciation for artisanal craftsmanship.

The Farah collection serves as a beacon of hope for a fashion industry in transition, where ethical sourcing and responsible production are no longer optional, but imperative. It stands as a symbol of empowerment for both the artisans who have dedicated their lives to preserving their craft and the consumers who seek to make a positive impact through their fashion choices.

OUR VISION :

At Ekavira, we envision a fashion landscape where heritage meets innovation, and sustainability is at the core of every creation. Our vision is to inspire a global community to embrace conscious living through stylish, ethical fashion choices, creating a world where every garment tells a story of culture, craftsmanship, and care for the planet.

OUR MISSION: Our mission at Ekavira is to disrupt the fashion industry by seamlessly blending tradition with contemporary design and eco-conscious practices. We are dedicated to partnering with artisans from diverse cultures, celebrating their craftsmanship while advocating for fair trade and sustainable production. Through our collections, we aim to spark a movement towards mindful consumption, empowering individuals to express themselves stylishly while making a positive impact on the world. With every stitch, we strive to weave together a future where fashion is not just a statement of style, but a testament to our values of authenticity, integrity, and environmental stewardship.

FUTURE COMMITMENTS:

PROJECT "SAATHI"

In continuation of Ekavira's commitment to women's empowerment, we're expanding our efforts beyond cities to reach marginalized communities in rural areas. While we've successfully conducted tie and dye workshops for urban women, our focus now extends to those in rural settings who may lack access to such opportunities. By bringing "SAATHI" to underserved regions, we aim to bridge the gap in skill development and provide avenues for economic empowerment to a broader demographic. By investing in skill development and entrepreneurship, we aspire to create lasting impact and positive change in the lives of marginalized women and their communities.

"SAATHI" facilitates collaboration and provides access to market opportunities, enabling artisans to showcase their talents globally while preserving cultural heritage through EKAIRA.

WHAT'S COMING UP ?

Ekavira's expansion plan focuses on increasing product range, enhancing production capabilities, and strengthening distribution channels while maintaining its commitment to collaboration with artisans and co-creation. The brand aims to introduce new lines and expand existing ones, supported by targeted marketing efforts. Investments in technology and infrastructure will scale production while preserving artisanal craftsmanship. Strategic partnerships with retailers and exploration of new markets will broaden Ekavira's customerbase and boost sales revenue. Throughout its expansion, Ekavira remains dedicated to upholding sustainability and ethical standards, ensuring that growth aligns with its core values of social responsibility and environmental preservation.

EKAIRA.

DR. SONIA SHARMA



Experiences, Challenges & Inspiration of an Eye health professional women

I, Dr. Sonia Sharma, an Optometrist with a PhD background and experience in Optometry Eye health care would like to share the insights in highlighting the significance of empowering women in the field. Let's delve into the gravity of this profession for women, focusing on importance, challenges, and community impact.

As per the National Commission for Allied & Healthcare Professions Act, 2022 "Optometrist is a health care professional, who studies eye, related ailments and specializes in the management of disorders of eye and visual system, limited in scope and complexity as performed by a medical doctor, with a minimum of four years of baccalaureate degree in Optometry".

Empowering women in the field of Eye health care can indeed lead to profound positive impacts on individuals, families, and communities. Let's break down the points further:

(A) The importance of a 'women making a career in Optometry Eye health care':

1. Economic Independence: Women entering the field can achieve financial independence through well-paying jobs in Eye Hospital, Professor in a University, professional lead in Eye Care Industry, or even starting their own practices, which contributes to their economic empowerment.
2. Improved Health Outcomes: With University degree/Post-graduation and/or PhD, women in Optometry can significantly contribute to public health by addressing vision impairment issues, thus enhancing the quality of life and productivity for patients.
3. Community Development: Women optometrists serve as not only healthcare providers but also as role models and leaders in their communities, driving social change and inspiring others to pursue education and careers in healthcare.

The challenges in managing professional commitments and personal responsibilities in my fifteen year of working and daily commuting to Dr. Shroff's Charity Eye Hospital (SCEH), New Delhi and then my own clinical practice at Faridabad, Haryana since few years, will be worth declaring here as my learnings of Work-Life balance.

(B) Let's break down the 'Challenges to women's participation in Optometry':

1. Social Norms and Gender Stereotypes: Traditional beliefs may hinder women from pursuing careers in Optometry due to societal and family expectations. In fact, I know many of the women Optometry friends who gave-up their career after marriage.
2. Financial Barriers: The cost of education and training may pose a significant obstacle for women, especially in marginalized communities.
3. Work-Life Balance: Balancing professional commitments with family responsibilities can be challenging for women, impacting their participation in the field and competing the professional expectations required for growth.

Providing access to quality education in science-related fields is crucial for women to enter the Optometry profession. From my experience and challenges, I would like to enlist few strategies

(C) Let's enlist the 'Strategies for empowering women in Optometry':

1. Awareness and Advocacy: Promoting the importance of gender equality in healthcare and advocating for including the Optometry as essential part of NEET Exam as like BDS and nursing, and AYUSH. This will inspire to become a profession of choice as like in developed countries.
2. Membership and Networking: I was privileged to have Ophthalmology and Optometry mentors at SCEH which may not be an advantage with others. Support networks and professional associations like World Council of Optometry, WHO and Ophthalmic Sciences Professional Council can propose for mentorship and opportunities for career advancement.
3. Flexible Work Environment: Implementing policies that support work-life balance enables women to pursue careers in Optometry while managing family responsibilities.
4. Government and Policy Support: Support of government in encouraging Optometry Eye health profession as 'profession of choice' for young talent. Through this eye care profession, a woman can not only address the lack of eye care services, by extending its reach in rural and underserved areas and change their own life as individual but raise the entire family and community with their independence.

(D) Let's try to feel the 'Impact of Optometrist women on Communities':

1. Raising Awareness by importance of Eye health: Their involvement in community outreach programs, awareness campaigns, and educational initiatives helps raise awareness about the importance of eye health and preventive care.
2. Healthcare Access: Women in healthcare professional can address the lack of services, in urban, rural or underserved areas, thereby improving healthcare access for vulnerable populations and directly contribute to improving the vision health and overall well-being of individuals and families surrounding areas.
3. Social Change: Women's active participation in professional roles challenges gender norms and promotes equality, setting a positive example for future generations and fostering a culture of health and empowering women to pursue careers as health professional
4. Economic Growth: Empowered women contribute to economic development by investing in their families and communities, leading to overall prosperity.

Conclusion:

Empowering women in Eye health care may not only promote gender equality but also improve public health outcomes and fosters community development. Addressing challenges and implementing strategies to support women active participation in the field, can make this as a "Profession of Choice" and attract the young women brains to create a more inclusive and equitable society. Their contributions shall serve as a beacon of inspiration for women everywhere, reaffirming the importance of empowerment and representation in healthcare.

Hope this journey of my experiences and challenges serves as an inspiration to women everywhere, highlighting the importance of empowerment, resilience, and leadership in healthcare professions.

Thanks

Dr. Sonia Sharma (Founder & Director)

MS. ARTI PRASAD



ARTI PRASAD : Principal (Soami Nagar Model School)

Resilient, compassionate Leader, with 3 decades of diverse Academic background: Science to Physics to System Science to Theology. She has worked with many prestigious schools like DPS; Manav Rachna. She works in collaboration with Innovative frugal approach and believes in Team work. She firmly believes in Quality based education to all with Excellence. Dedication, sincerity towards work, meticulous planning are her core values for overall development of children. She always leads by example, with high moral and ethical values. She is a dedicated, passionate certified Counsellor also, and always wants to make change in young minds with positivity. She communicates well and motivates others to do more and manages human resource effectively. Loves to work in challenging conducive environment.

Education to her means to foster innovation and quality with simplicity and flexibility and to reach the last, the least, the lowest and the lost in the society. She is an educationist and academician by choice and have strong passion for teaching and serving the society. An active member of System Society and also work on various Environmental issues with NGOs. She is working full time honorary service, imparting education for spiritual moral transformation of the children, and believes in service before self. She has conducted various workshops for teachers and students in different areas related to Curriculum (development & designing, planning).

Growth and change signify progress in life. Our attitudes change towards tasks, peers, towards environment, imagination, innovation, and help us realize the "self". I believe in Innovation with clarity of basic concepts: Modernity with Spirituality. Rapid changes are taking place in our educational system. I work with vibrant community of compassionate learners for whom Excellence is a credo. Mentor n mentee live a shared philosophy of resilience and empower the new generation with knowledge, wisdom and values. All stakeholders synergize together in thought and action in quest of self-discovery, learning and service before self. I believe balanced cohesive approach in Academics and extracurricular activities for student's holistic development. She guides children to be intellectually competent, physically sound and socially responsible citizens. I humbly tread the path of spreading happiness in children and constantly guide future Super human beings.

MS. PRIYANKA



Priyanka Chourase is an Assistant Professor at the Department of English at the University of Delhi. She has numerous publications and presentations in various national and international seminars. Priyanka has established herself as a leader in promoting corporate literature and literary studies in academia, particularly in Indian literature, embodying passion, drive, and boundless curiosity, making her an exemplary professor and researcher. She is currently pursuing her PhD and serving as a Senior Research Fellow at the Department of English, Banaras Hindu University, India. Priyanka not only excels in academia but also inspires aspiring scholars globally.

For various teaching-learning classroom interventions, she is an invited speaker in PMeVidya, which is an innovative and unique initiative by the Ministry of Education, Government of India, to sustain education by leveraging ICT and to facilitate learning and teaching at the school level. It offers multifarious educational resources in multi-platform mode viz. digital/online through 12 DTH TV Channels, community radio, content for Divyangs (CWSNs), podcast etc. Takes advantage of the several streaming platforms available across the country to telecast educational content in audio/video mediums.

She has been assigned multiple sessions in the program titled "Teaching Learning Interventions for Inclusive Classrooms" which happens at 12 noon every day (Monday-Friday) and is telecast on various national channels - PMeVidya Channels for class 1-12 and YouTube channel "NCERT OFFICIAL".

She is post-graduated in English from Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya, a central university, Wardha, Maharashtra, and pursuing her PhD from Banaras Hindu University, a central university, and Institute of Eminence by the Government of India.

Her research was in the domain of corporate literature and corporate cultural studies.

Her Areas of Interest in Research are - Twentieth Century Fiction, Disability Studies with Particular Reference to Literature and Cinema, Indian Writing in English, Translation Studies, Diaspora Studies, Human Rights Literature, Communication and Technology Applications.

She is working in the field of personal and professional Communication which helps individuals to express themselves in the most convincing way. What sets Ms. Priyanka apart is not just her extensive knowledge of the English language but also her unique teaching methodologies. Unlike traditional approaches that focus solely on grammar and vocabulary, she places a strong emphasis on practical, real-life communication skills. Her teaching methods revolve around interactive sessions, role plays, group discussions, and immersive activities, ensuring that students develop fluency, confidence, and the ability to express themselves effectively.

Hailing from humble beginnings, Priyanka's educational odyssey began at Jawahar Navodaya Vidyalaya in Betul, Madhya Pradesh. Her relentless thirst for knowledge propelled her to esteemed institutions like the Regional Institutes of Education (NCERT) in Bhopal and Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya in Wardha.

Her academic interests span diverse realms including culture, language, literature, environment, gender, tribal art, Urdu Ghazal, and Indian aesthetics, showcasing her intellectual breadth and dedication to societal exploration.

Priyanka is actively involved in inclusive education and disability awareness since 2021, advocating for the upliftment of the disabled community.

Throughout her academic journey, Priyanka's commitment to research and nuanced understanding of her subjects has been exceptional. Beyond academia, she serves as a beacon of determination and resilience, proving that with perseverance and a thirst for knowledge, any obstacle can be overcome.

Priyanka's impact transcends academia; she actively engages with communities through workshops, seminars, and public speaking engagements, demonstrating exceptional communication skills and a commitment to societal progress.

The remarkable point of her literary interest is Ramayana, shorter of the two great epic poems of India, the other being the Mahabharata ("Great Epic of the Bharata Dynasty"). The Ramayana was composed in Sanskrit, probably not before 300 BCE, by the poet Valmiki and in its present form consists of some 24,000 couplets divided into seven books. She believes that the Indian epics provide a good number of materials for the modern-day writers to interpret and re-create. The web of retellings makes it possible that each creative writer can claim a new version of his own. The Indian epics are retold by many writers. These include indigenous as well as foreign versions.

She is a firm believer in Knowledge from Ram Charit Manas Chaupai:

जेहि के जेहि पर सत्य सनेह
सो तेहि मिलय न कुछ सन्देह {Meaning : No one can hide the truth, the sun of truth definitely rises. }

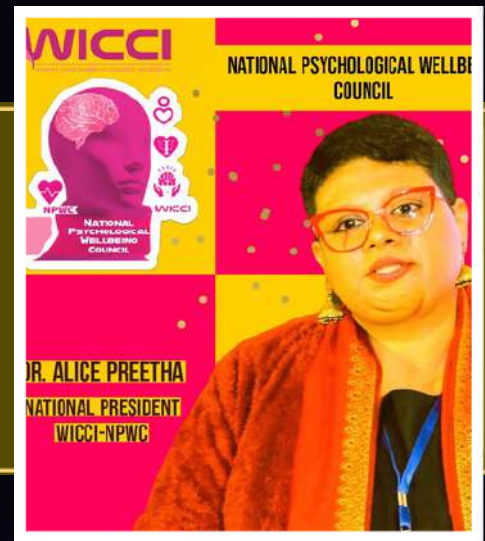
In a constantly evolving world, Priyanka Chourase exemplifies the transformative power of education and intellectual curiosity. Her dedication to expanding the boundaries of knowledge and fostering inclusivity and cultural preservation makes her a role model for scholars worldwide. Her journey reminds us that the pursuit of knowledge knows no bounds; with determination and curiosity, we can make a lasting impact on the world.

MS. ASHA DHYANESHWAR SONAWANE



Journey from a simple indian housewife to A Inspiring Women entrepreneur. Mrs . Asha Sonawane has been working for child's brain development since 2017. Since last 10 years she has been working as a quite excellent women entrepreneur in the field of education and personality development. Mrs . Asha Sonawane completed her education after being a mother of 2 children. since last 20 years she has been handling her professional and personal life perfectly. After completing her education she has been working as a school teacher for 2 years which was definitely impossible without the family support. Being in a joint family she managed to balance her passion and responsibilities simultaneously. Being a teacher was not her passion, her passion was to develop children mentally as well as physically, in fact her passion is to make each and every child strong and develop the overall personality of the children in every field including spirituality. Even working as a teacher with a well paying salary was not enough for her, she wanted to cross the limits and extend the boundaries for herself. In 2017, Mrs. Asha Sonawane started an institute which was *YashDnyan*: The international institute of brain and skill development, the name itself gives the brief introduction about the institute. YashDnyan is not a typical academy. Its a platform where a child gets strong enough to compete in this competitive world. YashDnyan focuses on overall development of the child. We run various courses like abacus, vedic maths, calligraphy writing, handwriting improvement, language speaking, rubic cubes and many more such interesting courses under the shelter of YashDnyan. Mrs. Asha Sonawane converted her passion into profession perfectly. She has been through many hard situations but she was and she is strong enough to face any problems which comes between her and her dreams. For her sky is the limit. She has been launching various courses continuously which will help for the better present & future of the child. YashDnyan is not just an institute for children we have also been serving for parents. We are trying to make parenting more friendly and increasing the understanding skills between the parents & children. The very first mission of our YashDnyan institute is to create awareness about all these courses and importance of child's personality development in each and every small village, towns and cities. No child should lack in these skills just because of his/her financial condition hence, we are trying to provide our skills in each and every area through training the local teachers in that particular area. We are supporting women empowerment therefore mostly we train the women teachers who are passionate about their work and want to earn their own income and become financially strong and independent. Not only in India but, in every state, in every city, in every village, so many ladies want to become financially strong but are lacking behind because of not getting proper platform or support and hence this is the best platform for all those women who want to prove themselves in front of this world. We train the teachers with their comfortable languages which makes them easy to learn and teach. We conduct this teacher training under our project *Educating the Educators*

DR. ALICE PREETHA



Journey from a simple indian housewife to A Inspiring Women entrepreneur. Mrs . Asha Sonawane has been working for child's brain development since 2017. Since last 10 years she has been working as a quite excellent women entrepreneur in the field o f education and personality development. Mrs . Asha Sonawane completed her education after being a mother of 2 children. since last 20 years she has been handling her pWrite up

Dr. Alice Preetha, Founder of Gumption Mind, a MSME registered Non Profit Organization, leads with a wealth of experience as an accomplished professional and a published author. Her academic journey encompasses a Ph.D. in Human Resource Management & Organizational Psychology, an M.Sc. in Counselling Psychology, and a B.Sc. in Psychology, showcasing a diverse skill set.

Through Gumption Mind, she is focused on leveraging her expértise to empower individuals on their journeys to personal growth and resilience. Gumption Mind's mission revolves around instilling courage and cultivating a resilient mindset to empower individuals in confronting life's challenges. Central to this mission is a dedicated commitment to helping individuals discover their inner strength and encouraging them to assertively advocate for themselves, particularly in the face of formidable obstacles.

The organization recognizes that fostering a resilient mindset is pivotal for personal growth and well-being. It involves equipping individuals with the tools to navigate difficulties, overcome setbacks, and persevere in the pursuit of their goals. This empowerment extends beyond mere encouragement, aiming to provide tangible support and guidance to individuals on their journey to resilience.

Whether it be professional hurdles, personal setbacks, or mental health struggles, the organization strives to create an environment that not only acknowledges the difficulties individuals face but actively equips them to confront and triumph over these challenges.

Beyond Gumption Mind, she serves as the National President of WICCI- National Psychological Wellbeing Council, a Non-Profit and Volunteering Organization, dedicated to advancing mental health on a national scale. Through impactful initiatives, community outreach, and volunteer-driven programs, the council promotes mental health awareness, education, and access to resources. Focused on reducing stigmas, the organization collaborates with professionals and volunteers to create a psychologically resilient and empowered society, showcasing her commitment to professional leadership and community service.

As a dynamic mental health advocate, she completed specialized programs at prestigious institutions like Harvard Medical School and Harvard Health Publishing. Recognitions include the 'Iconic Women Creating a Better World for All' award from WEF Delhi and the Exceptional Women of Excellence award from WEF London.

In her role as a therapist, Master Mindset & Life Coach, she guides individuals on a transformative journey towards personal growth, mental well-being, and professional excellence. Her literary achievements include the 'Emily Dickinson Award' for the book of poems, 'The Key to Words,' along with awards like 'Dynamic Women Leadership - Wellness & Mindset Coach' from Golden Aims Conference Awards.

Global recognition extends to being a featured author on platforms such as 'Awesomegang.com' and 'Bookreadermagazine.com.' Additionally, recognized as the Top Voice of Leadership, Mentoring, Training and Development (HR), and Non-Profit Management on LinkedIn.

Lastly, her profile reflects academic excellence, professional achievements, and an unwavering dedication to empowering individuals and advancing mental health on both national and global stages. This narrative encapsulates a legacy of resilience, leadership, and transformative impact.

rofessional and personal life perfectly.After completing her education she has been working as a shool teacher for 2 years which was definitely impossible without the family supportBeing in a joint family she managed to balance her passion and responsibilities simultaneously.Being a teacher was not her paasion , her passion was to develop children mentally as well as physically , infact her passsion is to make each and every child strong and develop the overall personality of the children in every field including spirituality . Even working as a teacher with a well paying sala ry was not enough for her , she wanted to cross the limits and extend the boundaries for herself.In 2017 , Mrs. Asha Sonawane started a institute which was *YashDnyan* : The international institute of brain and skill development , the name itself gives the brie f introduction about the institute. YashDnyan is not a typical academy. Its a platform where a child gets strong enough to comp ete in this competitive world.YashDnyan focuses on overall development of the child. We run various courses like abacus , vedic maths , calligraphy writting , handwriting improvement , language speaking , rubic cubes and many more such interesting courses under the shelter of YashDnyan.Mrs. Asha Sonawane converted her passion into profession perfectly.She has been through many hard situations but she was and she is strong enough to face any problems which comes between her and her dreams.For her sky is the limit.She has been launching various courses continuously which will help for the better present & future of the child. YashDnyan is not just a institute for children we have also been serving for parents. We are trying to m ake parenting more friendly and increasing the understanding skills between the parents & children .The very first mission of our YashDnyan institute is to create awarness about all this courses and importance of child's personality development in each an d every small village , towns and cities.No child should lack in this skills just because of his/her financial condition hence , we are trying to provide our skills in each and every area throught training the local teachers in that particular area . We are sup porting women empowerment therefore mostly we train the women teachers who are passionate about there work and want to earn there own income and become financially strong and independent.

DR.VANITA KUMARI SAPRA



Dr. Vanita Kumari Sapra

With two decades of experience in education and a fervent dedication to teaching, I bring a scientific mindset and progressive outlook to the field. My passion lies in molding the intellectual development of students, fostering a keen interest in the teaching-learning process. Embracing technological advancements, I exhibit a keen insight into the realm of Digital Education.

In my educational journey, I have continually sought innovative methods to engage students and promote critical thinking. My classroom is not just a space for disseminating knowledge but a dynamic environment where curiosity is encouraged, and creativity is cultivated. I actively participate in professional development opportunities, staying abreast of the latest educational trends and pedagogical techniques. This ensures that my teaching methodologies remain relevant and effective in an ever-evolving educational landscape. By incorporating digital tools and resources, I aim to create a stimulating learning environment that prepares students for the challenges of the modern world.

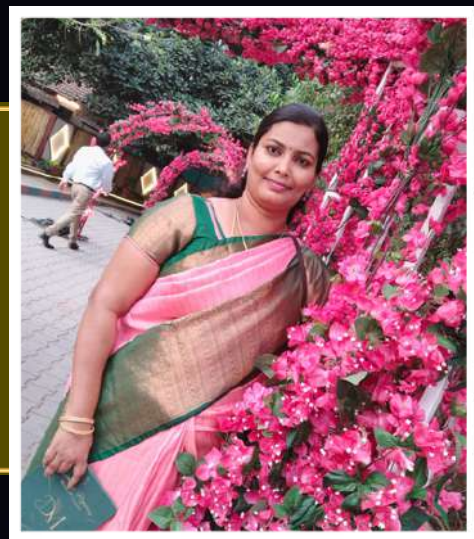
Furthermore, my advocacy for girls' education goes beyond the classroom. I have been involved in initiatives that aim to break down barriers and stereotypes, empowering young girls to pursue their passions and excel in diverse fields. By actively participating in community outreach programs, I seek to create awareness about the importance of equal educational opportunities for all, irrespective of gender.

As a female educator, I recognize the importance of mentorship in empowering young girls. I am committed to providing guidance not only in academic pursuits but also in navigating the complexities of personal and professional development. By fostering a sense of confidence and resilience, I aspire to contribute to the next generation of empowered women leaders.

In my role of Women Cell In Charge, I actively collaborate with stakeholders to advocate for gender-inclusive policies and initiatives. By championing diversity and equality, I aim to break down barriers and create a supportive ecosystem where every student can thrive. My overarching goal remains to instill a love for learning, equip students with essential skills, and contribute to the creation of a more equitable and enlightened society.

In essence, my educational philosophy is rooted in a holistic approach, combining traditional values with forward-thinking strategies. Through this, I aspire to contribute to the creation of a society where every individual, especially young girls, can thrive and reach their full potential.

MS. GEETHA PRIYA



Brundavana School (CBSE)
Nallur road, Hosur-635110,Tamil Nadu

Ms.Geetha priya Nandagopal.

M.A.M.Ed.,(English),D.E.E.E.,

Principal of Brundavana School, Hosur.

YOU ARE NEVER TOO SMALL TO MAKE THE DIFFERENCE....

VISION:

"School is an inclusive environment , where different set of students will learn and grow together. I, being a Young Principal of Brundavana chain of schools in Tamil Nadu and Karnataka,hold a vision to create an inclusive school where, normal as well as special kids can learn grow under one umbrella.

EARLY LIFE:

I was born and brought up in Tamil Nadu, was destined for my future in Engineering.My journey started in the city of Salem in Tamil Nadu ,where I did my schooling and Diploma in Electrical and Electronics. From day one of my schooling and college, I wished to be a leader and popular among my school or college mates. I got an opportunity to serve as a Student's Vice Chairman of my department(EEE) after winning the Students elections. This exposure in my teen age made me to lead and stand for a big team. The same is helping me currently to be successful as a Principal at the age of 32.

EDUCATION AND PROFESSIONAL LIFE:

Though I completed my Diploma in technical field, I always had my passion towards teaching English Grammar at school level which made me to start my career in teaching at the age of 24 after the birth of my son. I joined as a computer faculty in a higher secondary school , where I used to take grammar classes during my leisure hours. There I started researching about complicated grammar topics in English. This made me restart my education again. I did my UG and PG in English.. I always hold a name called a strong hand to analyse and teach Grammar Topics to the students like a sugar coated medicine. Then I got an opportunity to work for Sri Chaitanya Techno School, Hosur , the school which shaped me into a perfect teacher and a blooming leader. I got an opportunity to work as an Academic Incharge of IB curriculum. Within 3yrs, I managed to receive Dedicated Teacher Award and promoted as an Academic Coordinator for Mavericks curriculum which is the first step of my administrative career. I underwent many training programs conducted by CBSE Board to upgrade myself and to keep me in the trends of Education Field. I still managed to pursue and complete my Graduation and Masters in Education by scoring distinctive marks and grades.

ASSOCIATION WITH BRUNDAVANA:

I have been associated with BRUNDAVANA CHAIN OF SCHOOLS and Dr.B.L. Sekhar sir ,Chairman of Brundavana Group of Institutions from 2022. This is a place where I found a gateway for my vision, innovation, implementation, leadership and fame. Brundavana is the place which brought me into limelight as Young Principal at the age of early 30's.

The management has supported me a lot to implement my ideas .Few for your notice:

- Designed the overall Curriculum of Preprimary ,Primary, Middle and High Wings of the School.
- Selected and finalised the textbooks for Preprimary ,Primary, Middle and High Wings of the School.
- Made the students of Primary and Middle School to participate in World Heart Day Sloga competition and Drawing competition in tie up with Sri Chandrasekara Hospital, Tamil Nadu.
- Made the school team to participate in Hosur Football League 2023
- Framed Academic calendar and Event calendar.
- Evaluated Teacher's performance by conducting Psychometric and pedagogical test.
- Created and led Recruitment Panel of the school with proper recruitment procedure.
- Designed Back to school programme for welcoming the students.
- Designed Proper System for the Smooth Functioning of school.
- Designed School Clubs and Houses and framed club activities for Super Saturdays.
- Prepared monthly reports based on the functioning of the school and appreciated by top level management.
- Arranged monthly educational trips for all the students from Poppies to Grade VIII.
- Designed Report cards for Preprimary , Primary, Middle and High Wings.
- Conducted many in-house workshops for teachers.
- Led the whole team of teachers for CBSE affiliation work and record maintenance.
- Organised a welfare program named Old Vs Young for old people of Suki Old age Homes,Hosur.
- LSRW challenge was designed to strengthen the basics of newly admitted students.
- Admission campaign was organized with the participation of teachers.
- Bridge course programme has been framed to strengthen the basics of students during the Transition period.
- Discipline based appreciation called Groom Room flag for best classroom was given every month in rotation basis.
- Created an opportunity for the students to participate and win in STATE LEVEL SLOGA CHANTING COMPETITION organised by Chinmaya Missions,Tamil Nadu. Students received Top three positions in Kindergarten level across Tamil Nadu.

Conclusion:

According to me, age doesn't decide my designation and growth .It is only perseverance, determination, hardwork and consistency brought me to the position of Young Principal. I have just bloomed now and have a long way to go....

MS. HINA VARSHNEY ROUT



I am an enthusiastic young woman mentor born in Aligarh (U.P.), graduated from Pune (Maharashtra). I have 8 years of work experience in the IT sector while working with IBM. I am an active member of BNI, the world's largest networking organization and certified in CHILD PSYCHOLOGY by Indian Counselling Service (ICS). I am a person who likes to explore new things around the world and have courage to face challenges. My biggest strength is a POSITIVE ATTITUDE and strong belief in TRADITION with INNOVATION. My husband Raj Rout also is an entrepreneur and working on a pioneer Fish Culture project of Madhya Pradesh on RAS (recirculatory aquaculture system) technique in Bhopal. We are blessed with a 10 years old beautiful daughter who is a national level WIZ SPELLBEE 2023 winner, state level skater and a budding badminton player.

I have always loved children and was determined to do something for the society. Hence post marriage decided to leave the corporate job and moved to Bhopal with my spouse to carry forward the family owned CBSE based educational institute named as Shree Bhavan's Bharti Public School (SBBPS), Kerwa Dam Road, Bhopal which nurtures children aged from 3 years to 18 years with New pedagogical framework of ECCE which include flexible, multilevel play/activity-based learning and latest curricular structure, along with a child centric approach for the last 18 years. It was started by my mother-in-law who was a teacher in Kendriya Vidhyalaya, Delhi. Her passion for teaching inspired her to establish her own institute.

It was an easy journey switching from CORPORATE to SCHOOL ADMINISTRATION where one needs to have knowledge of various education policies, finance management, human resource management and many more. Eventually I accepted this change happily and started working on myself to get acquainted with various segments of School Management and started with upgrading static school website to dynamic one, ensuring the inclusion and equal participation of children with CWSN (CHILDREN WITH SPECIAL NEEDS) and from economically weaker section (RTE) in execution of our planners with the highest priority.

I firmly believe that "Technology will never replace great Teachers, but in the hands of great teachers, it's transformational"

In today's fast evolving AI dominated digital world, it is a challenge to come up to the expectations of the students. However SBBPS team considers it's duty to satiate their curiosity and hence constantly keeps updating itself to keep pace with the ever changing trends. It is our endeavor to provide the best to our students. Each child is precious to us and born with some innate talent that needs to be identified otherwise it gets lost without reaching its fruition. Children need to be guided towards the right path to translate their talents to full potential.

To achieve this

1. We have already introduced 3rd Language in primary grades, art integrated teaching methodologies and creating awareness among the students & parents about CUET exam. And a free hand is given to the teachers and other staff holders to develop TLM (Teaching Learning Material) to attain FLN (Foundational Literacy and Numeracy)
2. We take care that our inquisitive learners get exposure to basic skill education. The skill education has seamlessly integrated in our annual planner, which includes pottery, block printing, carpentry, gardening, wood-work, electric work. We have involved the associated people like gardener, carpenter and plumber to give hands-on experience of vocational crafts to the students.
3. Industrial visits are arranged periodically for senior students with an objective of providing them an opportunity to explore the different industry sectors like manufacturing, services, finance and marketing and develop a deeper understanding of the expectations, values, and work ethics of the local industry.
4. The teacher training programs are regularly organized in association with experts to equip teachers with techniques and modern pedagogy strategies that help them to better connect with, manage, and teach to their students in a manner which ensures that all students are learning and benefitting.

I work on the old school thought that powerful learning takes place where there is mutual respect between teachers and students. When people are valued, it helps them to fulfill their potential both as students and teachers so to achieve this we maintain EFFECTIVE PARENTS-STUDENT-TEACHERS association which is dedicatedly working to create an environment that will help the students to realize their dreams and turn into reality to build a healthy society.

I follow LEARN, UNLEARN and RELEARN model and hence keep myself and my mentors team updated to understand the parents and children expectations to provide them the best avenues, which leads to transforming thoughts into reality. Me and my team is dedicatedly working to make SBBPS as one of the best educational institutes which is well equipped with Technology i.e. AI and other new trends in Bhopal, Madhya Pradesh hence looking for Tie ups. This journey from manual to automation is to foster associations to sail through creativity and innovation and provide a platform to children to manifest the perfection already present in them!

Arise, awake and stop not until the goal is achieved!

MS. KAVITA



The power of one woman : Insights from a staff nurse

- Working for gender equality
- Women empowerment
- Beti bachao beti padhao, a scheme by our honorable prime minister
- Embracing legacy: My decision to donate my body for scientific purposes after death
- I am Kavita working as a nursing officer in the health department of haryana. Presently I am working at Civil Hospital Jhajjar , Haryana. I am a widow and the mother of a 15 year old boy. The journey of my life hasn't been easy since my childhood. Presently I am working at Civil Hospital Jhajjar , Haryana. I was born in a very poor family of farmers. I am the youngest one out of the 5 sisters in my family. My schooling was in a rural area of Haryana where women are not educated much. As I grew I felt at times the gender disparity towards women. I passed my matriculation from the village government school. I passed my graduation in arts with first division. I wanted to continue my studies further, but was forced to marry against my will.
- I passed my nursing course after my marriage and attained 2nd rank in the state. Since the last 10 years, I have been working in a govt job in Jhajjar. Along with my routine duty I am very interested in social work. My main motto is to stop female foeticide as sex ratio in haryana is very low. I am working with all my dedication towards that. I have 13 successful raids in haryana and the neighbouring states. For that I have recieved numerous awards from the district and state government. I also work in the TB and polio program run by the national health scheme. I have donated my body for scientific purposes.
- Working for gender equality.
- Importance of Gender Equality:
- Gender equality is not merely a moral imperative but a fundamental prerequisite for sustainable development and societal cohesion. By dismantling discriminatory structures and fostering an environment of inclusivity, gender equality unlocks the full potential of individuals and communities, driving innovation, economic growth, and social progress. Moreover, it upholds the principles of justice and fairness, ensuring that every individual, regardless of gender, enjoys equal rights, opportunities, and dignity.
- Women Empowerment: Catalyst for Change:
- Women empowerment embodies the empowerment of society as a whole. It entails the enhancement of women's agency, voice, and autonomy, enabling them to participate actively in decision-making processes and shape their destinies. Empowered women serve as catalysts for transformative change, challenging stereotypes, breaking barriers, and inspiring future generations. Moreover, women empowerment fosters inclusive leadership and governance, enriching perspectives and fostering collaborative approaches to address complex societal challenges.
- Economic Empowerment:
- Economic empowerment stands at the heart of women's autonomy and independence. By providing women with access to financial resources, entrepreneurship opportunities, and

equitable employment, societies unleash their untapped potential as drivers of economic growth and innovation. Moreover, economic empowerment enables women to break free from cycles of poverty and dependency, fostering self-sufficiency and resilience in the face of adversity.

Addressing Structural Inequities:

Achieving gender equality and women empowerment demands a concerted effort to address structural inequities and dismantle systemic barriers. This necessitates comprehensive policy interventions, legal reforms, and institutional mechanisms that promote gender mainstreaming, ensure equal access to resources and opportunities, and combat gender-based violence and discrimination. Moreover, fostering cultural and social transformation requires collective action, advocacy, and consciousness-raising efforts to challenge stereotypes, norms, and attitudes that perpetuate gender inequality.

Women empowerment : Insights from a Staff Nurse

First and foremost, women possess an innate capacity for empathy and nurturing. Nursing, at its core, is a profession grounded in empathy—the ability to understand and share the feelings of another. Women, often socialized to be caregivers from a young age, naturally embody these qualities. As a staff nurse, I've witnessed the transformative power of a compassionate touch, a comforting word, or simply a listening ear. In moments of vulnerability, it is often the presence of a caring woman that soothes fears and instills hope.

Furthermore, women excel in communication and relationship-building—essential skills in the intricate tapestry of healthcare. As nurses, we navigate diverse patient populations, each with unique needs and backgrounds. The ability to establish trust and rapport is foundational to providing effective care. Women, with their intuitive understanding of human dynamics, excel in fostering meaningful connections with patients and their families. Whether offering reassurance during times of uncertainty or advocating for patient rights, the influence of a woman's voice resonates deeply within the healthcare setting. Additionally, women contribute invaluable perspectives and insights to the multidisciplinary team environment of healthcare. Nursing is inherently collaborative, requiring coordination among diverse healthcare professionals to optimize patient outcomes. Women, with their holistic approach to problem-solving and attention to detail, enrich team dynamics and enhance patient-centered care. As a staff nurse, I've witnessed the transformative impact of inclusive leadership, where women's voices are valued and respected in shaping healthcare policies and practices.

Beti Bachao Beti Padhao, A scheme by our honorable prime minister

As a staff nurse dedicated to the principles of equality, education, and empowerment, my journey in healthcare intertwines with the noble mission of Beti Bachao Beti Padhao (BBBP).

In this essay, I illuminate the pivotal role that staff nurses play in advancing the goals of BBBP, advocating for gender equity, promoting girls' education, and fostering holistic development within communities.

One of the primary ways in which staff nurses contribute to BBBP is through prenatal and postnatal care. By providing comprehensive support to expectant mothers and newborns, nurses play a crucial role in promoting maternal and child health, ensuring safe deliveries, and fostering a nurturing environment conducive to the well-being of both mother and child. Through counseling and education sessions, nurses empower mothers with knowledge about the importance of girl child survival and the value of investing in their daughters' health and education from the earliest stages of life.

MS. MANPREET KAUR



Manpreet Kaur is a Professional vocalist "GRADE- B" Artist at All India Radio, Akashwani Bhawan, New Delhi. Her journey into music seems deeply rooted in her upbringing and family heritage. It's inspiring to hear how she started at such a young age of 6, showcasing her talent in Gurbani kirtan and then delving into Indian and Western classical music. Her father S.Amrik singh and mother Mrs.Narinder kaur influence and support likely played a significant role in nurturing her passion and talent. Her academic journey in music is impressive, having completed her Masters and Visharad from Akhil Bhartiya Gandharva Mahavidyalaya, New Delhi under the guidance of Smt.Debjani Dhar and learning Gurmat Sangeet from Dr. Gursharan Kaur and Shri Raam NarayanJha. Professor at Delhi University. Her educational background in economics, alongside her Bachelors in Tabla from Prayag Sangit Samiti, reflects a well- rounded approach to her musical pursuits. Manpreet Kaur's versatility shines through not only in her vocal abilities but also in her proficiency with various instruments like the Harmonium, Tanpura, Tabla,Dilruba Dholak,Keyboard etc. In 2012 , she hasbeen awarded for Clearing the Priliminary rounds and was among the "Top-10" Contestants of the famous singing reality show 'Indian Idol '.In 2018, she was among the Top -15 Contestants in Gurbani singing reality show 'Gavo Sachi Baani' - Season 2 ,telecasted on PTC punjabi channel that undoubtedly marked significant milestones in her career, bringing her talent to a wider audience and making her parents proud. Thereafter, she performed in numerous college festivals and also won many classical ,Light ,sufi and Ghazal Competitions. Performed various stage shows ,live gigs in colleges, corporate shows .Additionally, her success as the 4th Runner-up in the Grand Finale of Sunakhi Punjaban Season -4 Beauty pageant showcases her ability to represent and celebrate Punjabi culture and tradition beyond the realm of music. She has a rich background in music education and choral leadership. Working as a Music faculty at Assisi Convent School in Noida over the last 6 years and leading choral groups at the state level must have provided her with valuable experience and opportunities to nurture young musicians.Winning the first prize at JASHN-E- VIRASAT, The Urdu Heritage Festival held at Central park, New Delhi and receiving media coverage in "Urdu Jagran" must have been a significant achievement for her. It's impressive to see her contributions recognized in such a prestigious event, showcasing her talent and dedication to preserving cultural heritage through music.

MUSICAL ACHIEVEMENTS • Winner at Bazm- E Jamia, Urdu Ghazal recitation competition, Jamia Miliya college, Delhi University, 2016
 • Winner International Music - E competition, GAD College Amritsar, awarded as 'Grade - A' by NAAC.
 • 1st Runner up in Sur Sangeet, classical music competition, Delhi University, 2017.
 • Winner at Kalam , Punjabi folk singing competition, Sri Guru Nanak Dev Khalsa College, Delhi University.

JUDGEMENT

• Inter College, 46th Baani Kirtan Competition, Delhi University, 2023.
 • Solo singing ,Pratibimb media fest, MERI college (Dept of journalism and mass media).

SPORTS ACHIEVEMENTS

• Silver medalist, National Gatka Cup 2017, Seenchewal Punjab (Sikh Martial Arts).
 • State level Gatka competition, Single stick at Gurduware Damdama sahib.

MS. MITALISEN SENGUPTA



Meet Mitali Sengupta, a seasoned and passionate educator whose remarkable 26-year journey in the field of education has been marked by dedication, inspiration, and transformative teaching practices. Shaped by an education received at a prestigious boarding school, Mitali was profoundly influenced by the commitment and passion exhibited by her teachers. This influence ignited a desire to pursue a career in teaching and become a driving force in shaping the lives of young minds.

The odyssey into education commenced in the primary section, a phase that not only cultivated a love for children but also instilled in Mitali a deep understanding of the profound impact teachers can have on shaping personalities and futures. The early years of teaching were a revelation, as she discovered that being an educator is not merely a career but a significant contribution to the holistic development of a child.

The responsibility of molding the minds of young students was a profound realization for Mitali, as she recognized the trust placed upon her by her little learners. Teaching, in this context, became more than a profession; it became a commitment to fostering an environment where children would flourish and realize their potential. These foundational years set the tone for Mitali's teaching philosophy, emphasizing the importance of creating a nurturing and supportive educational space.

As Mitali transitioned to teaching senior classes, the lessons learned during the formative years became invaluable in understanding and addressing the unique needs of older students. The ability to connect with students on a personal level and provide the much-needed support in their academic and personal journeys became a hallmark of her teaching approach. This adaptability and empathy were further refined when she took on a role in another premier boarding school.

In this new environment, the challenges faced by students away from their families illuminated the critical role teachers play in the lives of young individuals. Beyond being instructors, Mitali embraced the role of mentor and guide, offering support and guidance to students navigating the complexities of life away from home. The understanding that teachers are not just educators but also pillars of support became deeply ingrained in Mitali's educational philosophy.

Specializing in the subject of History, Mitali took on the challenge of making a traditionally perceived "boring" and content-heavy subject captivating for students. By transforming historical narratives into engaging stories and fostering class discussions, Mitali not only made the subject interesting but also attracted a considerable number of students to it. This innovative teaching style, honed over years of experience, has proven to be particularly successful, contributing to Mitali's reputation as an effective and inspiring educator.

The journey of Mitali has now brought them to one of the best international schools in the country. This prestigious position serves as a testament to her unwavering commitment to education and their ability to adapt and thrive in diverse educational settings. In this role, Mitali continues to inspire students, colleagues, and the educational community at large.

Beyond the classroom, Mitali recognizes the broader societal impact of teachers. The commitment to nurturing future leaders, critical thinkers, and responsible citizens goes beyond the confines of academic instruction. She believes in instilling values, fostering creativity, and cultivating a lifelong love for learning.

In conclusion, Mitali stands as a beacon of inspiration in the field of education. Through decades of dedicated service, she has not only imparted knowledge but has also played a pivotal role in shaping the character and future of countless individuals. The passion for teaching and the unwavering commitment to students' well-being make Mitali a true luminary in the world of education, leaving an indelible mark on the hearts and minds of those fortunate enough to be part of their educational journey.

MS. NAINA CHANDRA



WOMAN MENTOR OF THE YEAR - MS. NAINA CHANDRA :

Psychic Tarot Reader, Astrologer & Spiritual Mentor. Founder of "Seraphic Attunement" - Platform for Tarot, Astrology & Holistic Counselling based on Astro Spiritual Mentoring. Naina is an Astro Researcher, researching and guiding thousands of souls from past more than 5 years. Soon to be honoured with Doctorate. She is well known for her insightful psychic readings & mentoring people on the basis of their horoscope analysis. Vedic Astrology known as Jyotish is seamless having multiple branches involved in it. Naina is practicing and researching in an integrated way that caters to guide human lives on all mundane to crucial life occurrences & phases with a pinch of Spiritual Mentoring that's naturally blended in Vedic Science coming from Vedas, Puranas, Upanishads. For example Medical Astrology, Modern & Vedic Astrology Combination etc. Further she has been honoured with multiple awards, interviewed by international prestigious magazines. Holds renowned social media presence on Instagram "Seraphic Attunement By Naina Chandra"

BRIEF ABOUT NAINA CHANDRA'S JOURNEY : A CELESTIAL ODYSSEY

Evolutionary journey - From National Dance Artist & Educator to Divination - Psychic Tarot Reader, Astrologer & Spiritual Mentor. She is a trained Kathak Dancer, has achieved YouTube Silver Button & her Educational Voyage as an Educator spanned prestigious institutes like K.R. Mangalam & Cambridge. Her journey has been evolutionary, that adds to her knowledge & learning in multiple fields. Her complete education has been from Delhi ie schooling and college from Delhi University. Pivotal events occurred which triggered Naina's journey to a profound shift towards learning & practicing Tarot & Astrology followed with her Kundalini Awakening in 2020. Over the time period with her practice, guiding experience, research studies & spiritual penance to ShivaShakti, she has activated her Third Eye & Vaak Siddhi Yoga - One of the crucial yoga in astrology that are seen in genuine astrologers horoscopes that makes their guidance true, connected to throat Chakra. This is her blessing & gift to be Divine Medium and Mentor to mankind.

ACHIEVEMENTS

1. Esteemed Psychic Tarot Reader, Astrologer & Spiritual Mentor
2. Exceptional Social Media Presence on Instagram
3. Honoured Member in IWHM - Indian Women's History Museum
4. Awarded by Passion Review Magazine for Exceptional Tarot Reader & Astro Counsellor
5. Among Top 10 Readers by Hindustan Chronicles News
6. Honoured under Super Woman Of The Year 2024 by Femme Times Magazine Article & Interview
7. Going to be awarded Honorary Doctorate in April 2024 by WHRPC. Receiving from Government Ministers & Bollywood Personalities

MS. NISHA MANN



In the dynamic world of business, women entrepreneurs continue to break barriers and redefine success. One such remarkable figure is Nisha Mann, the Managing Director of a leading color sorter machine company. Her exemplary leadership and innovative approach have earned her the title of "Women Entrepreneur of the Year."

Background:

Nisha Mann's journey to success is a testament to determination and passion. With a background in engineering and a keen interest in technology, she ventured into the challenging field of color sorting machines. Her commitment to excellence and forward-thinking mindset set the stage for the company's remarkable growth.

Leadership and Innovation:

As the MD of the color sorter machine company, Nisha Mann has exhibited exceptional leadership qualities. She spearheaded initiatives that fostered innovation, ensuring that the company stayed ahead of industry trends. Under her guidance, the company introduced cutting-edge technologies, enhancing the efficiency and precision of their color sorting machines.

Empowering Women in Tech:

Nisha Mann's success extends beyond her professional achievements; she actively promotes diversity and inclusion within the tech industry. Recognizing the underrepresentation of women, particularly in engineering fields, she has implemented initiatives to encourage more women to pursue careers in technology. Her commitment to empowering women in the workplace has garnered accolades and admiration.

Social Impact:

In addition to her business acumen, Nisha Mann is dedicated to making a positive impact on society. The color sorter machines developed by her company have played a crucial role in improving food safety and quality, particularly in agricultural processes. This dual focus on business success and societal benefit highlights her commitment to responsible entrepreneurship.

Challenges Overcome:

Nisha Mann's journey has not been without challenges. As a woman in a predominantly male-dominated industry, she faced hurdles and biases. However, her resilience and unwavering belief in her capabilities allowed her to overcome obstacles and pave the way for future generations of women entrepreneurs.

Conclusion:

Nisha Mann's recognition as the Women Entrepreneur of the Year is a well-deserved accolade. Her transformative leadership, commitment to innovation, and dedication to empowering women in technology have positioned her as a role model for aspiring entrepreneurs. As we celebrate the achievements of women in business, Nisha Mann's story serves as an inspiration for breaking barriers and thriving in traditionally male-dominated sectors.

PROF. JAYASHREE AJITH



Prof Jayashree Ajith

Before I sleep miles to go. Step of success. As a woman has a dream in life to fulfill the vision, hard work and confidence are some of the key factors to achieve the ambition of life. Every steps of life what I encounter must be taken seriously and learnt a lesson from the each step. Myself believes that every problems will always have hidden solutions. Beginning is very tough but as it goes older. Things will become lighter as long as we enjoy our work. Since childhood I dreamed to be a leader. Dreams are essentials to me in keeping me focused on what I do every day.

I have started my journey as a leader and an educator from 13 Dec 1993 after passing my professional course. My Goal gave me a sense of meaning and purpose to explore more and go ahead. As it happens, I really dreamed to be a professor in Department of Obstetric and Gynecology, Department of Nursing. I was appointed as a Board of studies member in the year 2012 at Jiwaji University, Gwalior (MP). I was inspired and motivated by Mentor Dr (Prof) AV Raman and my parents, husband Mr Ajith T and my one and only princess Athira with pride and honor. I was able to help and molds hundreds of patients were made possible as I initiated in founding the case to needy which become my passion.

I acted as a Researcher during the academic carrier since 2006 till date. I also feel proud to say that I am a 'Nurse' leader and educator. Being a soft hearted, disciplined nurse leader for those students and high potentialities and skill. I have motivated my students to involve in Research in field of Nursing.

I have achieved state Florence Nightingale award in 2016. Best state teacher award in UP state by National Teachers association 2023, Zonal president in NTA. All these were possible with enthusiasm, hard work dedication self learners believe on God.

It is our in herent wish to flourishing and to be proceeding onward consistently towards more ample success. Nothing is possible without support of family and life partner.

Power is not given; it is awarded to deserving woman

Prof. Jayashree Ajith
Principal
Naraina Nursing College, Kanpur (UP)
Zonal President, Nursing Teachers Association of India
e-mail- achchuajith@gmail.com

MS. RAJNI GUPTA



I am Rajni Gupta, a woman on a mission to redefine possibilities and inspire change. My story unfolds over two dynamic decades, shaped by diverse experiences that have molded me into a leader navigating both the bustling manufacturing floor and the strategic boardroom with equal flair.

A Tale of Transformations:

Recently, I've taken on my current role as AVP Manufacturing and Supply Chain Head at Jubilant FoodWorks (Domino's India), spearheading transformative initiatives and steering manufacturing operations towards excellence. Prior experiences with international companies like Pernod Ricard India and IMI Norgren have seen me orchestrate operational symphonies, embracing a culture of innovation, cost optimization, collaboration, inclusion, and placing people at the center of operations and continuous improvement. Turning around brownfield projects and converting them into best-in-class manufacturing setups within a span of two years has been a significant achievement. Additionally, a world-class manufacturing facility emerged within eight months, a testament to resilience and strategic vision.

The Woman Changemaker's Vision:

My journey extends beyond professional realms. I envision a future where every woman feels empowered to chase her dreams, unapologetically. As a proud advocate of women in leadership, I am committed to fostering a culture of mentorship and creating pathways for women entrepreneurs. For me, success is intertwined with business ethics, integrity, and a relentless commitment to customer-centric values.

Rajni Gupta

AVP MANUFACTURING AND SUPPLY CHAIN / SCC HEAD AT JUBILANT FOODWORKS (DOMINO'S INDIA)

CRAFTING TRANSFORMATION, INSPIRING GROWTH

Championing Inclusion and Diversity:

In my leadership journey, I have championed the cause of inclusion and diversity. Recognizing the strength in diverse perspectives, I have worked towards creating an environment where every voice is heard, irrespective of gender, background, or culture. By driving cultural transformation initiatives and fostering an inclusive workplace, I believe in the power of diverse teams to fuel innovation and drive success.

Future Aspirations:

The honor of "Women Leader of the Year" serves as a springboard for my future aspirations. I am poised to continue championing excellence, sustainability, innovation, and inclusion. My commitment to empowering women remains steadfast, with a focus on mentorship and creating opportunities. As I tread this path, I hope to inspire women to embrace their dreams, recognizing the transformative power of business ethics, integrity, and a customer-centric approach.

In my narrative, I hope every woman finds a reflection of her own journey, aspirations, and the courage to be a changemaker. The award is not just mine; it belongs to every woman who has dared to dream, redefine, and create a ripple of change. Together, we embark on a journey of endless possibilities, breaking barriers, and embracing diversity in all its forms.

MS. SHAARIKA SINGH BAGHEL



Shaarika Singh Baghel,

Founder, Coach & Healer – Abundant Your Life

Hey, I am your Abundance full life & Mindset Coach who helps you to become your Version 2.0 to live a Happy & Peacefull balanced life. I believe in "Great Mind Think Differently" & "Universe has always our back."

Today's Kalyuga is Completely a World of Science, where when we look behind and found science has completely made our life easy and fast. Reaching from earth to sky/moon science has done lots of Big Invention. Now with the help of machines & Gadgets everything is available in seconds and on tips of our finger. But simultaneously this world is also suffering from health issues, Depression, Anxiety, suicidal thoughts, incurable disease, Money Problems, Relationships instability, unhappy life, lack of career options & missed spirituality etc.

In the world of Science, Glamour, Name, Fame, Success, Innovation, show off, one rising & Shining star with Divine Spiritual energy, 36 Years old Shaarika Singh Baghel from Delhi, an CFA (Chartered Financial Analyst), B.com(H) Graduate who begin her entrepreneurial journey being a social Contributor by founding "Rewiring Mindset & Healing" Brand on 1st Jan'2024. Since it is Inception, Right Mindset and knowledge of life skills can lead to live a great life, and Shaarika Singh Baghel is one that truly inspire.

From MNC Job to Social Contributor (Entrepreneur) Healing from an illiterate & Backward farmers family to becoming the most educated girl by acquiring CFA degree to earning a high profile MNC job, to reannouncing a highly paid job to becoming a life coach with a vision to create something exceptional and serve the society.

My Spiritual Awakening & Life purpose Year 2019, the dark phase of my life comprising her father's death, an emotional breakdown in personal life, multiple fracture in leg & struggling with anxiety, depression shook me out of me comfort zone and she deeply wanted to transform my life. Universe shown compassion towards me and one of my friends had suggested me to practice meditation. Since then, I Started learning practical spirituality and rotated my life 360 degree in each aspect. Spiritual awakening helped me know about my life purpose and raised me as enlightener with mastery in Metaphysical Science. Today I have done mastery in many healings' modalities & Occult Science i.e. Law of Attraction, Tarot Card Reader, Reiki Level 3 Practitioner, Advance Lama Phera, Numerology, Vaastu Consultant, Certified Ho'Oponopono healer, Money Reiki, Relationship healing, Subconscious Mind Alignment process through Meditation.

Abundant Your Life: The Brand with Mission, Vision & Goal

Our Mission: As a life designer the mission of my life to transform 10 million of live with the power of Spirituality and right Mindset to become their better 2.0 version in each aspect of life, Health, Relationship, career, Money, Social & Spirituality.

Our Vision: As a brand our Vision to Spread practical spirituality in this scientific era and make life coaching easy and affordable price in each corner of the world.

Our Goals: As a social Contributor/ enlightener our goal to guide those who are stuck, confuse, lost hope, looking for clarity and want to find a purpose of their life.

Shaarika Singh Baghel knows that in today era right mindset is equally important just like brushing our teeth. Abundant Your life actively participating to giving back to the community, such as empowering women, kids & Youngsters and promote spirituality to spread and maintain positivity.

One secret to my growth and success is, discipline, Honesty, Unconditional Love & determination.

My biggest strength is my smile, which keeps me humble every time.

In last I would say" Always share your knowledge & experience with others because you never know who may get inspire with you"

Keep Smiling 😊

Shaarika Singh Baghel

Founder & CEO: Abundant Your Life

Life & Mindset Coach | Tarot Card Reader | Spiritual healer

Mobile: +91 9315308017, 9718172327

Email: abundantyourlife@gmail.com

Website: www.abundantyourlife.com

• : ayl_insight & AYL_Insight

MS. SUDHA CHAKRABARTI



In the vast expanse of the educational cosmos, there emerges a woman whose journey through 27 years of teaching transcends the conventional boundaries of her profession. A beacon of inspiration and commitment, she embarked on her educational odyssey in the vibrant state of Maharashtra, shaping young minds and leaving an indelible mark on the landscape of learning. Currently, she continues her noble pursuit as a Social Studies teacher in the historical realm of Rajasthan at St. John's School in Abu Road. This is a tale not just of a teacher but a mentor, a mother, and a writer, whose influence extends far beyond the walls of her classrooms.

Academic Qualifications:

Her academic prowess is a testament to her dedication to knowledge. Armed with a B.Sc in Science and H.Sc in Home Science, she delved into the realms of both scientific and societal understanding. Further, her pursuit of wisdom led her to acquire Master's degrees in both History and Sociology, enriching her understanding of human history and societal dynamics. To complement her academic journey, she attained a Bachelor of Education (B.Ed), a crucial step in her evolution as an educator.

Designation and Work Experience:

As a Trained Graduate Teacher (TGT) specializing in Social Studies (S.S.T) for Classes 8 to 10, her journey began at Hycinth's Little Flowers School in Tumsar, Maharashtra. From 1994 to 2000, she served as a Science and Social Science teacher, laying the foundation for a remarkable career. Subsequently, she embraced a new chapter of her professional life in 2000 at St. John's School in Abu Road, Rajasthan, where she continues to illuminate young minds as a Social Studies teacher.

Strengths and Achievements:

Best Teacher Award - Hycinth's Little Flowers School:

Early in her career, she was honored with the prestigious Best Teacher Award at Hycinth's Little Flowers School. This recognition underscored her proficiency in imparting knowledge and her ability to connect with students.

Innovative Teaching Approach:

Her distinctive quality lies in her ability to make learning interesting and enjoyable. Departing from traditional methods, she incorporates creativity and innovation into her teaching, transforming each class into a journey of discovery filled with excitement and curiosity.

Best Teacher Award - InSc (Institute of Scholars), Bangalore:

Her impact transcends the boundaries of her school, as she received the Best Teacher Award from the prestigious InSc (Institute of Scholars) in Bangalore in 2021. This recognition on a broader platform underscores her influence on the educational landscape.

Appreciation from HRD Ministry - Smriti Irani:

Her commitment to excellence in education received commendation from the Ministry of Human Resource Development. Smriti Irani, the then minister, expressed appreciation for her role in achieving excellent results in Social Studies in the 10th Board Exams for many consecutive years.

Spot Evaluation of Secondary Board Answer Sheets:

Beyond the classroom, she has been entrusted with the crucial responsibility of spot evaluation of Secondary Board Answer Sheets in Social Studies for more than five years. This role attests to her expertise and dedication to ensuring fair and accurate assessments.

Training:

To stay abreast of evolving educational methodologies, she actively participated in various Training Programs conducted by CBSE and other esteemed institutions. These programs covered a spectrum of topics, including gender sensitivity, art-integrated learning, health and wellness in schools, competency-based education, safe online communication, and the development of a positive and healthy school environment as per the National Education Policy (NEP).

Additional Responsibilities:

Sports Week In-Charge:

She assumed the responsibility of conducting the sports week every year, contributing to the holistic development of students beyond academics.

Student's House In-Charge:

Her leadership extended to being in charge of a student's house, earning her the honor of winning the Best House of the School Trophy.

Teacher's Representative:

Appointed as the Teacher's Representative for several years, she played a pivotal role in facilitating communication and understanding between the teaching staff and the administration.

Beyond the Classroom:

Her students, scattered across diverse fields, have reached pinnacles in their lives. They remember her not merely as a teacher but as a mentor whose teachings transcend the walls of the classroom, guiding them through the intricate journey of life. Her influence is not confined to the academic realm; she is a dedicated mother to a daughter who excels in her own field. As a mother, she extends beyond the traditional role, becoming a best friend to her daughter.

Her ability to balance work, family, and personal aspirations is beyond imagination. Her teaching methods, marked by calmness, patience, and love, distinguish her from others in the profession. She is a fervent believer in the concept of continuous learning, and her knowledge knows no bounds as she imparts wisdom to those around her.

A Writer and Dreamer:

Beyond the rigors of teaching, she is a writer at heart. Her pen has crafted hundreds of poems and stories, some of which have found their way into magazines and newspapers. Aspiring to be a recognized writer in the future, she adds yet another dimension to her already multifaceted personality.

MS. RAMANDEEP KAUR



Hello! I'm Ramandeep Kaur, and my journey in education has been nothing short of exhilarating. With over 24 years of experience under my belt, I've delved deep into the realms of Computer Science and English proficiency programs like IELTS, PTE, OET, SELT, and Duolingo. Alongside my academic pursuits, I've earned certifications from esteemed institutions such as PEARSON, IDP, and SELT, further solidifying my expertise and commitment to excellence in education.

My academic voyage has been marked by milestones that I hold. Armed with double Master's degrees, I've traversed through the intricacies of my subjects, constantly seeking to expand my knowledge and refine my teaching methodologies. Achieving an overall score of 8.5 in the IELTS examination stands as a testament to my dedication and proficiency in the English language.

As the Director of DOTWAY, my days are filled with challenges and triumphs. Leading a team of 15 individuals, I strive to create an environment where innovation flourishes and every member feels valued and empowered.

Beyond the confines of DOTWAY, I'm deeply passionate about extending the reach of education through distance learning programs. Collaborating with institutions like Lovely Professional University (LPU), I endeavor to break down barriers and provide access to quality education to students worldwide.

But beyond titles and accolades, what truly drives me is the opportunity to make a difference in the lives of my students. Being a mentor and a guide is not just a role for me; it's a calling. Witnessing the growth and success of my students fuels my passion and reinforces my belief in the transformative power of education.

As I continue on this educational odyssey, I'm filled with gratitude for the opportunities I've been blessed with and excitement for the journeys yet to come. Each day presents new challenges to overcome and new horizons to explore, and I'm eager to embrace them all with an open mind and a steadfast commitment to excellence.



MS. VISHAL PRIYA TANDON



MRS.VISHAL PRIYA TANDON

Social work is a profession in which trained professionals are devoted to helping vulnerable people and communities work through challenges they face in everyday life. Social work helps people to deal with personal and social problems so that people can overcome or adjust to any personal difficulties. Social work is a combination of social stability and social change. Social stability promotes individual and social welfare and social change seek to change negative aspects of society. Values are implicit within the law and policy and these tend to reflect the values within society.

EXPERIENCE

INNER WHEEL CLUB OF AMROHA PRESIDENT DISTRICT 310:

2013-2014, 2016-2017

INNER WHEEL DISTRICT VICE-CHAIRMAN OF District 310

INNER WHEEL-DISTRICT CHAIRMAN DISTRICT 310:

HONoured BY UP GOVERNMENT FOR THE UPLIFTMENT OF GIRL CHILD.

ATTENDED TWO IW SOUTH ASIA RALLIES. ATTENDED TWO IIW

CONVENTIONS IN MELBOURNE, AUSTRALIA,

REPRESENTED INDIA AND PERFORMED KATHAK DANCE.

ATTENDED A NATIONAL MEET IN UDAIPUR. WITNESSED MANY

IWC ASSOCIATION PRESIDENTS' INSTALLATIONS & GOING TO

ATTEND MANY MORE.

TESTAMENT TO HER UNWAVERING PASSION FOR CULTURAL
EXPRESSION AND ARTISTIC EXPLORATION.

BEYOND HER ACADEMIC PURSUITS, MRS. TANDON'S REPERTOIRE EXTENDS INTO THE ESOTERIC DOMAIN, WHERE SHE EXHIBITS REMARKABLE PROFICIENCY AS A TAROT CARD READER. WITH A UNIQUE ABILITY TO NAVIGATE THE MYSTICAL REALMS, SHE PROVIDES INVALUABLE GUIDANCE AND SPIRITUAL ENLIGHTENMENT TO THOSE WHO SEEK HER COUNSEL, TOUCHING COUNTLESS LIVES WITH HER PROFOUND INSIGHTS.

Despite the profound personal loss of her husband, who passed away in 2022 due to a Cardiac arrest, Mrs. Tandon stood strong and never lost hope. Her resilience and strength in the face of adversity continue to inspire all who know her. Her husband ROTARIAN MR. VISHAL TANDON was a A Class government contractor and a real estate developer, who was also deeply involved in the social service of the city . Vishal Tandon, a dedicated Rotarian, played a pivotal role in the establishment of the Rotary Club of Amroha Royals in 2021. His commitment to community service and social work significantly impacted the region. Under his leadership, the club undertook numerous initiatives aimed at improving local infrastructure, healthcare, and education. Mr.Tandon's efforts were instrumental in organising health camps, educational programs, and community development projects, reflecting his deep commitment to making a positive difference in society. His work continues to inspire many in the community, demonstrating the profound impact of dedicated social service.

MS. RITU DHASMANA



Being an Engineer by profession I always had an inclination towards energy sector.

After having worked with Reliance Industries and other Engineering Consultancies, in order to promote green energy, we had started XES in 2020 with an introduction of EVs.

We are catering public at large with our best-in-class sales and service support.

We have done R&D and created a inhouse hybrid conversion (Petrol+Electric) of two wheeler.

We have also extended the alternate Energy sector in which we are providing solution in CBG sector, which not only is a source of indigenous gas source but also provides waste management. For this we have a developed End to End solution for EPC commissioning of CBG plant.

We have a team of Engineers dealing with EPC of biogas production plant / till its conversion to compressed biogas.

There is one more hospitality sector coming soon through which we will showcase and promote Indian hill areas with its beauty, its food and culture.

Apart from this I personally have a corner to help in any way to growing special children. I would love to talk and understand and help them as a mentor to provide them a way suitable for them, helping them whether its academic and career.



DR. JYOTI CHATURVEDI



In the vast landscape of education, few individuals manage to leave an indelible mark, inspiring countless others to follow in their footsteps. Dr. Jyoti Chaturvedi is one such luminary whose 18-year journey as an educator has been nothing short of extraordinary. Guided by her philosophy to "be the reason for the crowd, not be a part of the crowd," Dr. Chaturvedi has dedicated her career to fostering innovation, critical thinking, and a passion for learning among her students.

Dr. Chaturvedi's path in education began with a deep-rooted belief in the transformative power of knowledge. She pursued her academic endeavors with vigor, earning a Ph.D. in English Literature which equipped her with the theoretical foundation and practical skills necessary to excel in her field. From the very beginning, she distinguished herself not just by her academic achievements but by her unwavering commitment to making a difference.

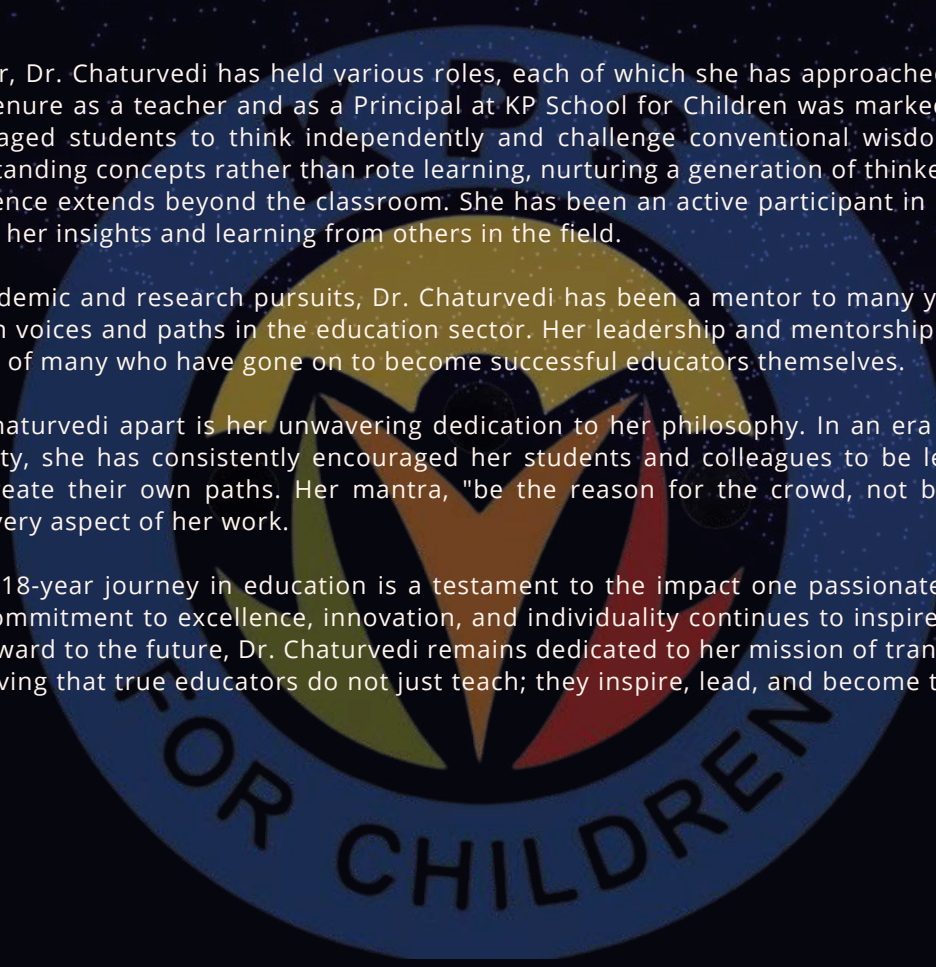
Central to Dr. Chaturvedi's educational philosophy is the belief in personalized learning. Recognizing that each student is unique, she tailors her teaching strategies to meet diverse needs, ensuring every learner has the opportunity to thrive. This student-centric approach not only results in high academic performance but also fosters personal growth and self-confidence. Her classrooms are dynamic spaces where curiosity is encouraged, and students are empowered to explore their potential fully.

Throughout her career, Dr. Chaturvedi has held various roles, each of which she has approached with her unique vision and dedication. Her tenure as a teacher and as a Principal at KP School for Children was marked by innovative teaching methods that encouraged students to think independently and challenge conventional wisdom. She emphasized the importance of understanding concepts rather than rote learning, nurturing a generation of thinkers and problem-solvers. Dr. Chaturvedi's influence extends beyond the classroom. She has been an active participant in educational conferences and seminars, sharing her insights and learning from others in the field.

In addition to her academic and research pursuits, Dr. Chaturvedi has been a mentor to many young educators, guiding them to find their own voices and paths in the education sector. Her leadership and mentorship have been instrumental in shaping the careers of many who have gone on to become successful educators themselves.

What truly sets Dr. Chaturvedi apart is her unwavering dedication to her philosophy. In an era where conformity often overshadows originality, she has consistently encouraged her students and colleagues to be leaders, to challenge the status quo, and to create their own paths. Her mantra, "be the reason for the crowd, not be a part of the crowd," resonates deeply in every aspect of her work.

Dr. Jyoti Chaturvedi's 18-year journey in education is a testament to the impact one passionate individual can have on countless lives. Her commitment to excellence, innovation, and individuality continues to inspire her students and peers alike. As she looks forward to the future, Dr. Chaturvedi remains dedicated to her mission of transforming education, one student at a time, proving that true educators do not just teach; they inspire, lead, and become the reason for the crowd to follow.



MS. PRIYA SEN



You must be wondering why the name change. From the tender age of 12, I captivated my naani's heart with my ability to toss up hearty meals from the most humble of ingredients, earning her loveable praise saying "yeh ladki kabhi kisi ko bhuka nahi rakhegi " thus nicknaming me as "humari ghar ki Annapurna."

In Mumbai, we have scores of people who feel fortunate to have just one square meal a day. So, during the pandemic I wondered how the destitute would get food since no one was venturing out on the streets. So initially I started off by cooking food and distributing it to them. Then , my naani's words kept ringing in my ears and my husband and I thought of the noble initiative "A Meal for a Meal" since it had to be a more sustainable project.

[This magically compliments UNESCO's 2nd Sustainable Development Goals (SDGs) of Zero Hunger, ensuring that every deprived too has access to adequate food by 2030.]

As quoted by the famous Ikeda Sensei, "History is created by people. Each of you is a key protagonist of that endeavor. Don't rely on others. Enact your own thrilling drama of creativity. Rise up resolutely!" I thus decided to cook recipes that hail from some of the most iconic kitchens of my family dug out from old diaries and kitchen drawers, recreated through my memories of the mouthwatering taste and flavours; cooked by my grandmothers, grand-in-laws and parents! My friends wanted to order my food too to support the cause and so as they enjoyed the legacy cuisines of my family, with each meal that they ordered, with the proceeds, someone needy out there did not go hungry!

Therefore, with each meal ordered, a portion of the proceeds goes towards providing nourishment to the less fortunate in the form of ration kits. As a family, with my supporters of "Annapurna Sen's meal for a cause," we have distributed over ten thousand meals since the pandemic till date.

In the meantime, the founder of LIVE TO GIVE had tasted my Bengali dish and wanted me to support veganism by curating delicious Vegan Bengali and other similar cuisines. Imagine it became a duo-cause! This vegan cause extends beyond feeding the hungry. It's about safeguarding the welfare of animals and promoting a sustainable lifestyle that respects all forms of life on our planet. Through mindful culinary choices, we can contribute to a more compassionate and harmonious world for both humans and animals alike.

My professional journey has been as diverse as my culinary adventures. From soaring the skies as a cabin crew with esteemed airlines to sharing my expertise as a trainer for cabin crew. My aviation career highlight came in 1995 when I was recognized as the "Woman of Substance" in the Times of India for displaying exemplary courage during an emergency landing. This experience reinforced my belief in the power of determination and grace under pressure.

Yes, I am now an Educator too for 15 years, at a prestigious IGCSE school in Mumbai, teaching First language English to grade 9 and 10. I impart not only knowledge but also values of empathy, compassion, and social responsibility to the Gen Z since I am simultaneously , actively engaged in making a positive impact on society.

This journey of "Annapurna Sen's meal for a cause" is a testament to the transformative power of compassion and altruism, reminding us all of the profound difference we can make when we choose to extend a helping hand.

I am honoured to be considered for recognition, and I humbly accept it on behalf of all those who have supported me in my mission to make the world a kinder, more nourished place. Together, we can create a future where no one goes hungry, and everyone has the opportunity to thrive, while also advocating for the well-being of animals and our planet.

My professional accomplishments-

I have pursued continuous learning and development, with qualifications such as a Bachelor of Arts, B.Ed in English, and Cambridge International Diploma in Teaching-Learning with Distinction. I hold a diploma in French from Alliance Française de Mumbai, and I enjoy singing too thus acquired a Diploma in Sangit Navin from Sangeet Mahabharti (Classical Vocal), reflecting my passion for languages and the arts.

My commitment to excellence has been recognized through various awards and nominations, including the NDTV Awards for Excellence in English Teaching and certificates of appreciation for my involvement in initiatives such as the Queens Commonwealth Essay competitions and the Times of India - Teach India Movement.

MS. REENA AGGARWAL



Name: Reena Aggarwal Current Position: Managing Partner (LuxeLife Homes) Company: LuxeLife Homes LLP . We are in business from past 20 years. Location: Ludhiana, Punjab Professional Summary: We have established a successful career in the Gifting & Home Decor industry, leveraging our expertise to create and market stylish, high-quality products. With a keen eye for design and a strong understanding of market trends, we have consistently delivered exceptional home decor items and thoughtful gifts that resonate with customers. Our experience includes curating unique collections, managing product development, and overseeing business operations to ensure growth and customer satisfaction. Through our dedication and innovative approach, we have made a significant impact in the industry, building a reputation for excellence and creativity. We have been working with brands like Versace, Roberto cavalli, Noritake ,Momentz etc.

My Skills:

Design and Aesthetic Sense: We have Ability to understand and create appealing designs that resonate with customers and align with current trends.

Market Research and Trend Analysis: Skills in researching market trends, understanding consumer preferences, and staying ahead of industry developments.

Product Development: We are Expertise in developing new products, from concept to final product, including sourcing materials and overseeing production processes.

Customer Service: We provide Strong customer service skills to ensure client satisfaction, handle inquiries, and resolve any issues promptly.

Sales and Marketing: We have Knowledge of sales strategies and marketing techniques to effectively promote products, including digital marketing, social media, and traditional advertising.

Business Management: Skills in managing business operations, including inventory management, financial planning, and logistics.

Creativity and Innovation: We have Ability to think creatively and come up with innovative ideas for products and services that stand out in the market.

Attention to Detail: We give Meticulous attention to detail to ensure high-quality products and accurate customization for bespoke items.

Networking and Relationship Building: Ability to build and maintain relationships with suppliers, clients, and other stakeholders in the industry.

Negotiation and Communication: We have Strong negotiation skills for securing favourable terms with suppliers and effective communication skills for working with clients and team members.

Project Management: We have Proficiency in managing multiple projects simultaneously, ensuring timely delivery and adherence to budgets.

Technical Proficiency: Familiarity with design software, e-commerce platforms, and other relevant technologies to streamline operations and enhance customer experience.

Educational Background: I have graduated in economics & maths from Delhi University .

Affiliations and Memberships: I am part of women wing of FICCI. I have chaired this organisation in the past. I am also member of BNI, the global referral organization. I have been president twice . Currently Director Consultant in BNI. Personal Attributes: Passion: A genuine enthusiasm for home decor and gifting, which drives you to continuously improve and stay engaged with your work.

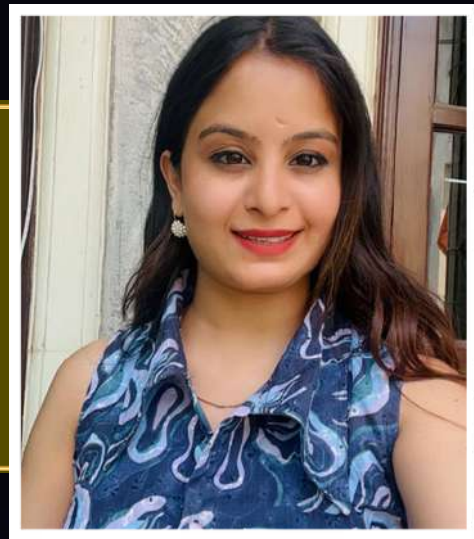
Resilience: The ability to persevere through challenges and setbacks, maintaining focus on long-term goals and success.

Strong Work Ethic: Dedication to putting in the effort required to achieve excellence, from product development to customer service.

Vision: Having a clear sense of direction and long-term goals for your business, enabling strategic planning and growth

Contact Information: luxelifehomesllp@gmail.com:

MRS. SALONI SHARMA



Mrs. Saloni Sharma Chhabra, the proud owner and founder of Khaki Dori. My entrepreneurial journey began in 2018, during my school days, when I ventured into starting my small business. Juggling between studies and business growth, I utilised social media platforms to expand my reach. Opting to pursue my graduation at IICD Jaipur.

Since childhood, inspired by my father's involvement in the fashion industry, I aspired to become a designer. His unwavering support propelled me forward, and upon completing my degree in Textile Designing, I embarked on a new chapter. Despite the changes that came with marriage, my husband and supportive in-laws stood by me, enabling me to pursue my career aspirations with confidence and determination.

Khaki Dori is a social enterprise that teaches, empowers, inspire urban and rural women artisans to utilise their crafts based skills into creating wholesome handcrafted products. From vibrant textiles to intricate designs, every piece we craft tells a story of resilience and creativity.

At Khaki Dori, we invite you to experience the beauty of handmade products, meticulously crafted for gifting and adorning your homes. Each item is infused with passion, purpose, and a touch of soul. In addition to our product line, we have also hosted exhibitions and workshops catering to diverse age groups, fostering a sense of community and creativity. Join us on this journey of empowerment and celebration of craftsmanship.

Warm regards,
Saloni Sharma Chhabra
Owner and Founder of KHAKE DORI

Khaki
dori

MS. SHILPA CHAWLA



Dr. Chawla's Homoeo Care, Aesthetic & Diet Clinic Pioneering the Path to Holistic Health

In a world where conventional medicine often addresses symptoms rather than underlying causes, Dr. Chawla stands out as a beacon of holistic healing. As a homoeopathic doctor, disease reversal nutritionist, and aesthetic practitioner, Dr. Chawla embodies a multifaceted approach to wellness that integrates traditional wisdom with modern science. With a vision to revolutionize healthcare and a mission to empower individuals to reclaim their health, Dr. Chawla is making waves in the field of integrative medicine.

A Passion for Healing:

Dr. Chawla's journey into the realm of healthcare was driven by a deep-seated passion for healing. From an early age, she was fascinated by the body's innate ability to heal itself when provided with the right tools and support. This fascination led her to pursue a degree in homoeopathic medicine, where she delved into the principles of natural healing and individualized treatment.

A Holistic Approach:

At the core of Dr. Chawla's practice is a commitment to holistic health. Unlike traditional medicine, which often focuses solely on treating symptoms, Dr. Chawla seeks to address the root causes of illness, taking into account the interconnectedness of mind, body, and spirit. Through personalized treatment plans tailored to each patient's unique needs, Dr. Chawla aims to restore balance and vitality from within.

Disease Reversal Nutrition:

Recognizing the critical role that nutrition plays in overall health, Dr. Chawla became a trailblazer in the field of disease reversal nutrition. By harnessing the power of food as medicine, she helps patients not only manage their conditions but actually reverse them. Through evidence-based dietary interventions and lifestyle modifications, Dr. Chawla empowers individuals to take control of their health and break free from the cycle of chronic disease.

Aesthetic Practitioner:

In addition to her work in functional medicine, Dr. Chawla is also a skilled aesthetic practitioner, specializing in enhancing both inner and outer beauty. Whether she is helping patients achieve radiant skin, rejuvenate their appearance, or improve their vision, Dr. Chawla approaches aesthetics with the same holistic mindset, prioritizing natural and sustainable solutions that support overall well-being.

Vision and Mission:

Dr. Chawla's vision is to redefine healthcare by shifting the focus from disease management to true healing and prevention. She envisions a world where individuals are empowered to take charge of their health and vitality through integrative and personalized approaches to wellness.

Driven by this vision, Dr. Chawla's mission is to educate, inspire, and empower patients to make informed choices about their health. She strives to create a supportive and nurturing environment where patients feel heard, valued, and empowered to embark on their healing journey.

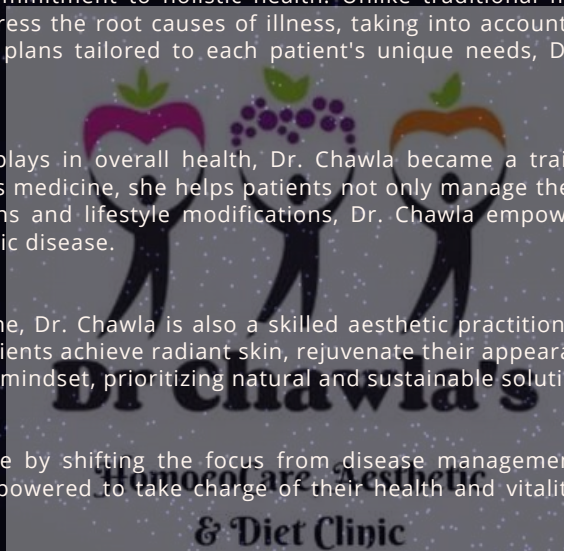
Making an Impact:

Through her innovative approach to healthcare, Dr. Chawla has touched the lives of countless individuals, guiding them towards optimal health and vitality. Her dedication to healing extends beyond the confines of her clinic, as she actively participates in community outreach programs, educational initiatives, and advocacy efforts to promote holistic health on a larger scale.

Conclusion:

Dr. Chawla is more than just a healthcare practitioner; she is a visionary leader, a compassionate healer, and a catalyst for change in the world of integrative medicine. Through her unwavering commitment to holistic health and healing, Dr. Chawla is paving the way for a brighter, healthier future for generations to come.

In a world where true wellness is often elusive, Dr. Chawla offers a guiding light, reminding us all that healing is not just about treating symptoms—it's about restoring balance, nourishing the body, and honoring the innate wisdom that resides within each and every one of us.



MS. SHILPA MITTAL



The struggle word comes in everyone's life. Mine will be different than yours but yes definitely it was there.
Hi !! I'm Shilpa Mittal. A home baker, a mother of two beautiful children and now a proud daughter of proud parents.

Everyone is a sweet tooth, so am I but i love to make others also. I bake cakes at home and sells accordingly. It is easy right? May be you say yes, but let me remind you having two kids in front of you and a single daughter you are who wants to give every basic necessities to their parents. Now answer me again is it easy?

Moreover, a single parent and a single earner. Baking and caking was not my profession initially. It was like a fun game for me. But life wants something else. How my fun changes into an interesting game and now it's my profession.

A tight slap from my life turns everything apart but it makes me an independent woman. I was unmarried when i used to make chocolates and cakes for my family and friends but that time it was not a regular task for me. It depends on my mood when i want to bake or not! But yes after getting married my chaotic life slaps me again and it wanted me to improve my baking skills. My mother was my backbone. When i started my whole journey my mumma used to drop me at the classes but she use to wait for me till when i use to get free. I improved my skills day by day with hand on practice.

Surprisingly, my baking journey started on the saddest note of my life but in end it made me a stronger and happier woman.

In end what matters is my family, my children and the smile of my clients as well as of-course me.!!!
Thankyou!



TR. SHRADDHA BHAMBANI



"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela

In a society where gender equality remains a distant dream, initiatives like the Ek Nari Awards stand as beacons of hope, celebrating the achievements of women who have defied odds and made significant contributions to their communities. The Ek Nari Awards, which translates to "One Woman Awards," recognize the remarkable achievements of women from various fields, highlighting their resilience, leadership, and impact.

Education has always been a powerful tool for social change, and the Ek Nari Awards underscore this fact by honoring women who have excelled in their respective fields. One of the key themes that resonate through the stories of these remarkable women is the transformative power of education. Education serves as the foundation for empowerment, providing women with the knowledge, skills, and confidence to navigate through life's challenges and pursue their dreams. It not only enhances their employability but also equips them with the tools to make informed decisions about their health, finances, and overall well-being.

The Ek Nari Awards serve as a powerful reminder of the transformative power of education and the incredible achievements that women can accomplish when given equal opportunities.

In my 13 years of teaching, I've witnessed firsthand the transformative power of education, contributing to positive change in several ways. Firstly, I've focused on fostering critical thinking by creating an environment that encourages curiosity, creativity, and independent thought. I firmly believe that education goes beyond mere memorization; it's about equipping students with the skills to become active participants in society. Secondly, I'm dedicated to promoting gender equality both inside and outside the classroom. I've worked tirelessly to establish a gender-inclusive learning environment, challenging stereotypes and empowering girls to pursue their passions. Thirdly, I emphasize the importance of empathy, compassion, and social responsibility, not just academic success. Through community service projects, discussions, and real-world experiences, I encourage my students to become agents of positive change. Lastly, as an educator, I see myself as more than just a teacher; I provide mentorship and support, creating a safe, nurturing space where students feel valued and empowered to reach their full potential.

In the dynamic world of education, the role of a teacher extends far beyond delivering lessons and grading papers. As educators, we are entrusted with the crucial task of shaping not just minds, but also the characters and futures of our students. In this feature, I reflect on the various ways I have contributed to the development of my students, both inside and outside the classroom.

I would like to thank and express my gratitude to the Ek Nari Team for the opportunity to share my thoughts, feelings, and experiences with your audience. It was truly an honour to be able to contribute to Ek Nari and to connect with your readers in such a meaningful way.

Being able to share my journey, insights, and perspectives has been an incredibly rewarding experience for me. Your platform provided me with the opportunity to reach out to a wider audience and to make a positive impact on others.

I am grateful for your support, encouragement, and for giving me a platform to express myself. Thank you for believing in me and for providing me with this wonderful opportunity.

I look forward to the possibility of collaborating with Ek Nari again in the future.

Regards

Tr. Shraddha Bhambani

SHRUTHI S



The quote "Small aim is a crime, Have a great aim" by A.P.J. Abdul Kalam resonates deeply with me. I believe in lifelong learning and view it as essential for excelling as an educator. This philosophy has driven my academic journey, which began at Acharya Bangalore B School where I earned a post-graduate degree in Commerce, graduating as the Best Outgoing Student. Additionally, I hold a Bachelor of Education degree from Vivekananda College of Education, Bengaluru.

Teaching is a unique profession. Unlike others focused solely on material gain, it allows me to nurture the creative minds of innocent young souls. I am convinced that a student-centric approach is key to transforming them into responsible citizens. Interestingly, my own teaching journey began on September 5th, a significant day celebrated as Teachers' Day in India as the youngest at the age of 22 years.

Driven by an unwavering passion for education, I've spent over five years as an assistant professor in the Department of Commerce. Specializing in Digital Marketing, Accounting, and Management for B.Com and M.Com students, I strive to create engaging and interactive classes that foster effective and enjoyable learning.

My experience extends beyond these five years. For nine years, I honed my teaching skills at Kaiser Academy in Bengaluru, tutoring students from kindergarten to postgraduate levels. This diverse background allows me to effectively impart knowledge across various learning styles.

Presently working as youngest assistant professor in Post graduate department of Commerce, Seshadripuram College, Seshadripuram Educational Trust, Bengaluru, College is known for its legacy across Karnataka state.

My commitment goes beyond traditional teaching. I believe in mentoring students on life choices and guiding them towards informed career decisions. Adding another dimension to my academic profile is my involvement in cultural activities. I am a student of Carnatic Music, playing the Veena instrument. Additionally, I'm a Certified Tiritiya Sopan in Scouts and Guides. These experiences demonstrate my commitment to embracing creativity and disciplined learning in various aspects of life.

Actively participating in professional development activities within the college community is another way I contribute. I engage in academic, cultural, and administrative initiatives that help create a vibrant campus environment.

As a first-generation learner, I pride myself on being a fast learner, a courageous individual, and an enthusiastic team player. With a positive and opportunistic outlook, I constantly seek opportunities for personal growth and collaboration within the educational realm. Born and raised in Bangalore, I feel a deep connection to my local community and am committed to making a lasting impact through my dedication to education.

Thank You,

Regards,
Shruthi S.
Assistant Professor,
Post Graduate Department of Commerce,
Seshadripuram College,
Bengaluru- 560020

DR. SHWETA MIGLANI



Dr. Shweta Miglani: Founder Skill Mapping
Nurturing Excellence, Inspiring Futures

Dr. Shweta Miglani, a luminary in the realm of education, boasts an illustrious 20-year odyssey in the academic sphere. Her journey, fueled by an unwavering passion for knowledge, found its zenith in 2019 when she embarked on a transformative mission of guiding students via her venture—SKILL MAPPING Careers. Her story is a testament to resilience, innovation, and the remarkable impact she has left on the landscape of education.

Dr. Miglani's tapestry of accomplishments weaves together diverse experiences, ranging from enriching pedagogy to groundbreaking research undertaken in tandem with her students. With a plethora of awards and accolades as her testament, her devotion to education remains unparalleled. She embodies an educator who dares to push boundaries, blending the realms of teaching and research to leave an indelible mark.

In an ever-evolving educational landscape, Dr. Miglani stands as a beacon of foresight and adaptability. She doesn't just teach; she redefines the paradigm. By attuning herself to the dynamic demands of the industry, she ensures that her students receive an education that sync with their interest areas, transcends time and equip them with skills that are forever relevant. She strongly advocates critical and design thinking amongst students and therefore has been actively taking case study workshops with premium colleges of region.

Beyond academia, Dr. Miglani is a staunch advocate for holistic development. She is not just molding minds; she's nurturing hearts and fostering essential life skills. Her students graduate not just with academic prowess but with a profound understanding of personal and professional excellence. Life skills training, under her tutelage, equips her students for the multifaceted world, making them confident leaders of tomorrow. Further to bridge the disconnect over New age careers between parents and their children, she is dedicated to facilitating one-on-one sessions with parents, fostering greater understanding and communication within families.

Dr. Shweta Miglani's dedication to education, skill development, and groundbreaking research sets her apart as an exemplary academician and mentor. Her fervor for teaching and commitment to her students' growth continue to positively influence lives. Through her remarkable accomplishments and relentless advocacy, she is sculpting a generation of well-rounded individuals ready to conquer the challenges of the modern world with confidence and competence.

Dr. Shweta Miglani's Field of Expertise Extends Across:

- Career Coaching & Guidance
- Personality Enhancement
- Soft & Interpersonal Skills
- Interview Coaching
- Motivation and Inspiration

One of proudest achievements the Venture is the global reach of SKILL MAPPING. The students guided at Skill Mapping have found their place in the most prestigious universities around the world, such as Ashoka University, Flames University, Christ University, the University of Leeds, the University of Glasgow, the University of Manchester in the UK, Eindhoven University in the Netherlands, UBC, and UofT in Canada and many more. Their dedication to their success knows no bounds.

For more details

Visit: www.skillmappingcareers.com



SOMA GOHO



Ms. Soma Goho is an entrepreneur, driving by the passion of making education a learning experience for children. She, an educationist and a mother, has dedicated her life to improving childrens' lives and personalities. She set up the brand "PROMISE YOUR CHILD" which is an innovative and unique concept offering personality development and multi skill development programs for children in the age group of 5-14 years. PROMISE YOUR CHILD offers the following programs:

- Brain development and mental arithmetic skills
- Vedic Maths
- Coding Classes
- Astronaut /Space Study
- Handwriting Skills
- Money smart
- Spell Bee
- Over all personality development and life time skills .

She also has tie up with International Universities in Canada, UK, Australia, Philippines, Bangladesh, Ukraine for Under-Graduation and Post-Graduation course offerings for India students.

Soma began her career very early in life, in her early twenties, in leather export business with a leading export house in Kolkata. She gained international exposure through her travels to various European countries and this exposure enabled her to gauge the deficiency in personal development that children from Bengal may face as they embark on their career pursuits. With a vision to provide quality & innovative education to children in their formative years and thus assist them to grow up with good careers and develop into good human beings, she launched the concept of Promise in 2005.

With her first Promise Centre at Lake Gardens inaugurated in the year 2005, the concept of supplementary education for kids that gives individualized attention to developing overall personalities took Kolkata by storm and both parents and children love it. This innovative concept was much needed in Kolkata and will enable children to groom up as better individuals. She further introduced the concept of Indian Abacus, a unique one of its kind brain development concept for children using digital abacus in her centers. Being a mother herself, she realized the importance of this concept for children, all the more.

"Promise Your Child" is a unique and innovative brain and personality development program, for children in the age group of 5 years to 13 years, pioneered in Bengal by her and is now being promoted through more than 60 plus centers and schools throughout Kolkata and other cities of Bengal. Annual about 5000 plus students go through the various courses offered by Promise Your Child.

What is impressive is that the force behind this organization lies with women. Her organization is an all women organization.

. Best recognitions so far

- EMIRATES EXCELLENCE AWARD 2024 February - BEST WOMAN EDUPRENEUR
- FOX STORY MEDIA - WOMAN FACE OF THE YEAR 2024
- PRIDE OF BENGAL AWARD 2023 - BEST WOMAN EXCELLENCE AWARD
- BRAJVANDANA FOUNDATION , organised by EVENT BOX - BEST RISING EDUPRENEUR AWARD 2021-2022
- Best Supplementary Education Award -
- from Assocham IN ASSOCIATION WITH CENTRAL EDUCATION MINISTRY in the year 2017
-
- Best All India Franchisee of India Abacus for the years 2017, 2018, 2019 and 2020
- Women Entrepreneur Award in 2020 from Franchise India



DR. SRIVALLI KORRAPATI



Dr. Srivalli Korrapati: A Trailblazer in Business and Education

Dr. Srivalli Korrapati's life story is a testament to perseverance, passion, and the relentless pursuit of excellence. Born into an orthodox Brahmin family, she faced early challenges but emerged as a visionary leader and entrepreneur, breaking barriers and inspiring others along the way.

Coming from a family rooted in academia and support, her father's role as a professor and her mother's nurturing presence laid a strong foundation for her journey. Her husband's career at LIC underscores stability and encouragement. Her younger daughters' study in business analytics at the undergraduate level and her older daughter's pursuit of graduate studies in the US, with aspirations for a Ph.D., showcases a deep commitment to intellectual growth running in the family.

Having married young and started a family, Dr. Srivalli did not let this deter her educational and professional ambitions. She began her journey in the corporate world at a tender age of 20, navigating through different roles and companies to gain invaluable experience.

Dr. Korrapati's academic journey is impressive, with a Master's in Economics and a B.Ed from Nagarjuna University. She further honed her skills with a CIA certification from ICA, an MBA from Manipal University, and a Ph.D. from ISB. Recently, she was honored with an honorary Ph.D. from Cambridge Digital University, recognizing her outstanding contributions to academia and business.

Throughout her career, Dr. Srivalli has held key positions that shaped her into the dynamic leader she is today. She served as the Director of Learning and Development at System Soft Technologies, where she played a pivotal role in enhancing employee capabilities and fostering a culture of continuous learning. Her tenure as CEO of NextStep marked a period of strategic growth and innovation, propelling the company to new heights of success. In her role as the Director of Training at Media3 International Pvt Ltd. Her expertise in leadership development and skill training has been instrumental in shaping future leaders and empowering the workforce for success.

Dr. Korrapati's entrepreneurial spirit led her to found and chair Mac India, a pioneering venture in the aesthetics industry. Under her guidance, Mac India has become synonymous with excellence, innovation, and customer satisfaction.

Her achievements have not gone unnoticed, as evidenced by the numerous awards and accolades she has received, including the Times Excellency Award by Times of India, the Vijetha Award by the Andhra Pradesh government, and the Andra Challenging Entrepreneur Award from Union Bank of India.

In every role she undertakes, Dr. Srivalli Korrapati embodies the values of integrity, dedication, and a relentless pursuit of excellence. Her journey serves as an inspiration to aspiring entrepreneurs, educators, and leaders, illustrating that with passion, hard work, and a clear vision, anything is possible.

MAC

MS. SUNITA SINGH



INTRODUCTION Ms. Sunita Singh

- A visionary educator and promoter of the Vedic way of living along with technology.
- Principal and Director, in Chandanvan Group of Educational Institutions.
- Elected as a "Zila Panchayat Sadasya" under the Samajwadi Party, Emphasizes her dedication to societal welfare.
- Vice President of District Cooperative Federation reflects her on-going efforts to promote awareness for nation-building and cultural enrichment.
- Illuminating Paths to Holistic Education
- In the tapestry of modern India, there exist individuals who serve as beacons of enlightenment, guiding us towards a harmonious blend of tradition and progress. Among them stands Ms. Sunita Singh, a visionary educator and promoter of the Vedic way of living in harmony with technology. With a rich tapestry of experiences and an unyielding dedication to societal welfare, Ms. Singh has emerged as a catalyst for change, advocating for holistic development and cultural resurgence in an era marked by rapid technological advancement.
- A Tapestry of Diverse Experiences
- Ms. Sunita Singh's journey is intricately woven with threads of diversity, enriched by her upbringing as the daughter of an army officer. From her early years, she was immersed in a world of discipline, service, and patriotism—a foundation that would shape her future endeavors profoundly. Her childhood was marked by extensive travels across India, exposing her to the

kaleidoscope of cultures, languages, and landscapes that define the nation.

From the snow-capped peaks of Kashmir to the sun-kissed shores of Kanyakumari, each experience nurtured a deep-seated understanding and appreciation for the country's rich tapestry of diversity.

Championing Holistic Development

At the core of Ms. Singh's philosophy lies a fervent belief in the transformative power of education. With over three decades dedicated to the field, her professional journey began humbly as a Post Graduate Teacher of English in Kendriya Vidyalaya. Over the years, she assumed various roles, including that of Principal and Director, in educational institutions across the country. However, her mission extended beyond academic excellence; she sought to cultivate individuals capable of making meaningful contributions to society.

Advocating for a societal shift towards prioritizing character over material success, Ms. Singh emphasizes holistic development as the cornerstone of her educational approach. She recognizes that true progress stems not only from academic prowess but also from the cultivation of virtues such as empathy, integrity, and resilience. In an era dominated by technological advancements, she advocates for a balanced lifestyle that integrates ancient wisdom with modern innovation—a paradigm she refers to as the "Vedic way of scientific living along with technology."

A Legacy of Service and Inspiration

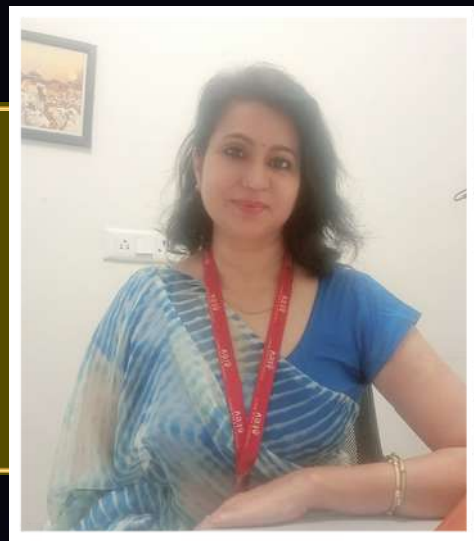
Ms. Singh draws inspiration from her family's legacy of service to the nation. Her grandfather's contributions to the freedom struggle and her father's distinguished service in the Indian Army instilled in her a deep sense of duty towards her country and its people. It is this legacy that fuels her commitment to using her political platform to propagate Vedic culture and foster unity. In her view, cultural divides must be bridged, and pride in Indian heritage restored, while embracing the richness of other cultures.

Politically, Ms. Singh's journey has been marked by a resolute commitment to grassroots engagement and community service. Her victories in the 2015 elections, where she was elected as a "Zila Panchayat Sadasya" under the Samajwadi Party, Emphasizes her dedication to societal welfare and holistic education. Additionally, her role as Vice President of District Cooperative Federation reflects her ongoing efforts to promote awareness for nation-building and cultural enrichment.

A Vision for the Future

As Ms. Sunita Singh continues to tread the path of enlightenment and advocacy, her vision for the future remains clear—to contribute to the development and preservation of India's identity and unity. Through her tireless efforts in education, politics, and social activism, she seeks to illuminate paths towards a more harmonious and prosperous society. In her endeavors, she invites us all to embrace the wisdom of the past, harness the potential of the present, and forge a future where tradition and progress coexist in perfect harmony.

MS. SURBHI SINGH



SURBHI SINGH

Surbhi Singh originates from Land of colours and rich heritage, Rajasthan. A post graduate from Maharaja Sayaji Rao University Vadodara, brings 22 years of extensive experience in education industry operations, planning, and management. With a background encompassing diverse roles at esteemed institutions like Army Public School, Presidium School, Delhi Public School and Sophia College Ajmer.

She excels in administration, operations, human resources, budgeting, and event organization. Demonstrating leadership in team management and project execution, she aligns with the progressive education vision, serving as a central figure for administrative operations across campuses. Surbhi's confident, self-motivated approach ensures efficient support and strategic direction for present and future endeavors. Her passion towards giving children a happy and safe environment for learning and their overall development has brought her a long way in the education industry.

She is a process driven individual and strongly believe that Operations team of any organization reflects the culture of the workplace and has the capacity to transform an ordinary place into an excellent collaborative work space. She is a people's person and thrives to be a facilitator to every single being around. A single mother of a 23-year-old son lives by the Mantra - "When life gives you 100 reasons to cry, show life that you have thousands of reasons to smile".



UMA KUMRE



Dr uma kumre parte

"*A Tale of Passion n courage in Animal industries n live stock sector Buisness consultancy*" I am a veterinary extension person the field which is stil thrive wid male dominancy yet struggling wid my Efforts to make it Easier profession For other women _

खोल दे पंख मेरे कहता है परिंदा अभी और उड़ान बाकी है जमीन नहीं है मंजिल मेरी अभी पूरा आसमान बाकी है ♀

Livestock production: recent trends, future prospects

The livestock sector globally is highly dynamic. In developing countries, it is evolving in response to rapidly increasing demand for livestock products. In developed countries, demand for livestock products is stagnating, while many production systems are increasing their efficiency and environmental sustainability. Historical changes in the demand for livestock products have been largely driven by human population growth, income growth and urbanization and the production response in different livestock systems has been associated with science and technology as well as increases in animal numbers. In the future, production will increasingly be affected by competition for natural resources, particularly land and water, competition between food and feed and by the need to operate in a carbon-constrained economy. Developments in breeding, nutrition and animal health will continue to contribute to increasing potential production and further efficiency and genetic gains. Livestock production is likely to be increasingly affected by carbon constraints and environmental and animal welfare legislation. Demand for livestock products in the future could be heavily moderated by socio-economic factors such as human health concerns and changing socio-cultural values. There is considerable uncertainty as to how these factors will play out in different regions of the world in the coming decades.

The Ministry of Animal Husbandry and Dairying has established a robust support ecosystem for entrepreneurs and companies involved in the Animal Husbandry and Dairying sector. This includes offering attractive incentives such as interest subvention of up to 3% on loans, as well as providing grants of up to 2 Cr for eligible projects. These measures aim to foster growth, encourage innovation, and bolster the development of the sector while providing substantial financial assistance to entrepreneurs and companies keen on making significant contributions in the field of Animal Husbandry and Dairying.

Let's explore more wid the potential of Animal industries n enterprenrurship

MS. BHAKTI KAPOOR



Bhakti Kapoor: Pioneering the Path to Optimal Health

In the dynamic world of nutrition and wellness, Bhakti Kapoor stands as a beacon of inspiration, dedicated to guiding individuals towards vibrant health and well-being. Armed with a Master's degree in Food Science and Nutrition from the esteemed SNDT University in Mumbai, Bhakti's journey into the realm of holistic nutrition began as a deeply personal exploration. Her academic pursuits not only equipped her with a comprehensive understanding of the biochemical intricacies of nutrition but also ignited a profound passion to unravel the profound impact that dietary choices have on human health.

Rooted in Science, Inspired by Tradition

Bhakti's approach to nutrition is a harmonious fusion of scientific rigor and cultural wisdom. Grounded in evidence-based principles, her recommendations are meticulously crafted based on the latest advancements in nutrition science, metabolism, and human physiology. Drawing upon her academic background, Bhakti possesses a nuanced understanding of the complex interplay between nutrients, hormones, and cellular processes within the body. This scientific foundation enables her to develop highly personalized nutrition plans tailored to the unique needs, preferences, and goals of each individual client.

However, Bhakti's approach transcends the confines of scientific analysis; it is deeply intertwined with cultural traditions and culinary practices. Recognizing that food is not merely sustenance but also a reflection of culture, heritage, and identity, Bhakti endeavors to honor and celebrate diverse culinary traditions. She incorporates traditional foods, cooking methods, and indigenous ingredients into her recommendations, ensuring that her nutrition plans resonate with the cultural identities of her clients. Whether it's advocating for the consumption of nutrient-rich superfoods indigenous to a particular region or integrating traditional cooking techniques that enhance the flavor and nutritional profile of meals, Bhakti's approach to nutrition is deeply rooted in cultural appreciation and respect.

Recognized Excellence and Collaborative Endeavors

Bhakti's unwavering dedication to advancing wellness has garnered recognition and acclaim from esteemed platforms around the globe. Her collaborations with industry leaders such as Vitalyse wellness strips and Green Protein serve as a testament to her influence and expertise in the field. As an advisory luminary, Bhakti leverages her profound insights to shape the trajectory of product development and innovation within the wellness industry. Her exceptional contributions have been celebrated with prestigious awards, including the "Most Promising Nutrition and Wellness Expert of the Year 2023" at the Global Business Conclave & Awards, as well as the Women Iconza Awards for "Outstanding Contribution as a Nutritionist." These accolades not only honor Bhakti's individual achievements but also underscore the growing

recognition of holistic nutrition as a pivotal component of overall well-being.

Furthermore, Bhakti's commitment to her craft extends beyond accolades; she actively serves as a consulting Nutritionist at Elixir Wellness and Synovacare, Mumbai, where she empowers clients to embark on transformative journeys towards optimal health through personalized dietary strategies. Her multifaceted approach and unwavering commitment to excellence cement her position as a respected authority in the realm of nutrition.

A Digital Haven for Empowerment Bhakti's impact transcends geographical boundaries, as she

harnesses the power of digital platforms to empower a global audience. Through compelling content shared across LinkedIn, Facebook, and Instagram, she disseminates invaluable insights, practical tips, and motivational messages, inspiring individuals to take proactive steps towards enhancing their health and well-being. Her virtual nutrition counseling platform, HEALTHY HIGH, serves as a dynamic hub for individuals seeking personalized guidance and support on their wellness journeys. Through one-on-one consultations, interactive workshops, and community forums, HEALTHY HIGH provides clients with the tools, resources, and encouragement they need to make sustainable lifestyle changes and achieve their health goals.

Embracing a Future of Wellness

As we navigate the ever-evolving landscape of health and well-being, Bhakti Kapoor remains a guiding force, illuminating the path with her visionary approach to nutrition and wellness. Grounded in scientific rigor, enriched by cultural wisdom, and fueled by a passion for empowering others, she stands as a beacon of hope in a world inundated with misinformation and confusion.

Her tireless dedication to her clients' well-being and her relentless pursuit of innovation ensure that she remains at the forefront of the field, shaping the future of holistic nutrition.

Additionally, Bhakti believes in a very holistic approach to nourishing the mind, body, and soul. She advocates the use of practices such as gratitude journaling, meditation, and daily affirmations to promote mental and emotional well-being alongside physical health. Understanding that true wellness encompasses harmony across all aspects of life, Bhakti encourages her clients to cultivate a holistic lifestyle that nurtures not only their bodies but also their minds and spirits. As she continues to inspire and empower individuals on their quest

for optimal health, Bhakti Kapoor's legacy as a trailblazer in the field of holistic nutrition will endure, guiding generations towards a brighter, healthier future.

MS. ADITI JOSHI



Harmony in Design: Sustainable Interior Living

A passionate globetrotter and the co-founder of Arika Inc. While my educational path includes degrees in Microbiology, Immunology, Patent Law, and Healthcare Management, it is my fervent love for exploring the world that truly defines me. My travels to over 20 countries have immersed me in diverse cultures, arts, and design inspirations, igniting my passion for interior design. My journey into interiors began with a simple realization during my travels: the universal desire for a comforting, beautiful living space, which was often unmet. This gap, coupled with my encounters with various cultures and their unique design philosophies, led me to co-found Arika Inc. Our mission is to transform small homes into lavish sanctuaries, blending minimalist concepts with maximalist energy to create spaces that are both functional and visually stunning.

I believe that the essence of great interior design lies in its ability to make grand statements in compact spaces. My designs are influenced by my travels and the myriad of cultures I've experienced, which help me bring a piece of the world into every home. At Arika, we are also committed to sustainability and smart design, striving to innovate ways in which homes can be both eco-friendly and luxurious.

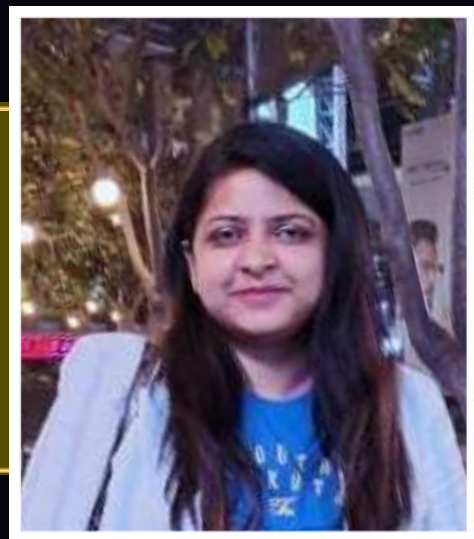
Sustainable design transcends the use of eco-friendly materials. It involves creating efficient, environmentally conscious spaces that optimize every inch. This approach is essential, especially in smaller homes, where functionality and style must coexist seamlessly. Smart living solutions, like multi-functional furniture and integrated technology, play a crucial role. They enhance liveability by saving space and energy, aligning with my belief that "Good design must be efficient and environmentally responsible"

Steve Jobs once said, "Design is not just what it looks like and feels like. Design is how it works." This philosophy guides me as I integrate smart technologies and clever layouts to expand visual and practical space, making small interiors feel luxurious and grand.

Having had the opportunity to design homes for celebrities, I've honed my ability to deliver bespoke, high-end interior solutions that reflect the personalities and lifestyles of my clients. Each project is a new canvas, and I approach it with the philosophy that even the smallest spaces can be transformed into grand experiences.

As we look to the future, my vision for Arika Inc is clear: to lead the way in sustainable, smart interior design that makes every inch count. I want to continue exploring the globe, gathering new inspirations, and bringing them back to the drawing board to help more people realize the dream of living in a space that is both small in scale and rich in design.

DR. BHUMIKA NARANG



Dr. Bhumika Narang

Plastic Surgeon

She is not your ordinary plastic surgeon; She's a maestro of transformation, a sculptor of human form, and a beacon of hope for those seeking to redefine their beauty. With her meticulous hands and artistic vision, she reshapes lives, one procedure at a time.

Graduating top of her class (MBBS Gold Medalist) from the prestigious University followed by Post-Graduation in General Surgery, Dr. Narang's journey into Mch Plastic and Reconstructive Surgery was driven by a passion for precision and a desire to blend science with art. Her expertise extends beyond mere aesthetics; she specializes in reconstructive surgeries, restoring not just physical appearance but also confidence and self-esteem.

In her renowned clinic, adorned with accolades and testimonials, Dr. Narang employs state-of-the-art techniques and cutting-edge technology to achieve unparalleled results. But it's her empathy and personalized approach that truly set her apart. Every patient is not just a case but a story waiting to be rewritten, and Dr. Narang ensures that each journey is guided with compassion and understanding.

Beyond her clinical practice, Dr. Narang is a fervent advocate for body positivity and mental well-being. Through seminars, workshops, and community outreach programs, she educates and empowers individuals to embrace their uniqueness and celebrate their journey to self-love.

In a world obsessed with superficial ideals, Dr. Bhumika Narang stands as a beacon of authenticity, reminding us that true beauty lies not in perfection but in the courage to be ourselves. As she continues to sculpt dreams and redefine standards, her legacy as a pioneer in plastic surgery remains etched in the hearts and faces of those she touches.

BN
- Plastic Surgeon -

MS. PRAGYA CHOPRA



Pragya Chopra -A Visionary Educationist and Entrepreneur

Pragya Chopra is a committed educationist with over 18 years of rich experience in organizations with diverse work culture and aspirations. iLEAD (affiliated to MAKAUT, WB) under her leadership has grown to 2300 students, 190+ employees, with 4 campuses (approx. 1.22 lakh sq feet) in Kolkata offering 20 full-time degree courses under the iLEAD School of Business, School of Creativity and School of Science and Technology.

She has initiated a series of innovative steps to strengthen academic activities, reinforce marketing and improve work culture among students, faculty and staff by:

- Revamping admissions by introducing innovative marketing strategies

- Strategizing policies by offering courses having major job prospects in the present market.

Selecting programs as per present industry data and the demand-supply gap of skilled human resources in those particular sectors.

- International Academic Collaborations with 16 Universities across the world - Yunnan Normal University China, Tennessee State University USA, University of Dhaka Bangladesh, AIMST University Malaysia, etc.

- International Live Projects by students

A gold medalist MBA from IIMM Pune, her expertise in marketing and systems fuels successful partnerships in academia and corporate realms. Under her guidance, the institute has achieved new heights in all spheres of its activities.

She has successfully provided thrust to growth and has brought about a positive change in outlook, aspiration, motivation and enhanced team spirit in the organization.

Visit:

Linkedin: [LinkPragya Chopra Receiving Award for iLEAD](#)

Some of the special accolades of the institute are:

- Recognized with the 'gold' position under the category of 'Excellence in Green Tech Sustainable Practices' at the Economic Times TechEdu India Awards 2024

- Awarded for Excellent Leadership – Graphic and Animation Design School (Silver) at the Edutainment Awards 2024

- Recognised with Excellence in Academia Award in HRD India Awards 2023 in association with The Economic Times

- Awarded with the Best Media and Mass Communication Institute at Gurukul Awards 2023

- iLEAD received the 'Best Entrepreneurship Program Development' Award at the Sankalp Awards 2019.

- It is ranked the 4th Best Media College in India by KPMG at the Edutainment Awards.

- Bagged the first runner up award for being the 'Best emerging Media School' at the renowned Edutainment Awards□ The prestigious ASSOCHAM (The Associated Chambers of Commerce & Industry of India) award for 'Endeavour to become visible in certain SAARC countries' category.

Global Experience

With 18 years of global experience across organizations like Randstad India, Mercer Human Resource Consulting and Planman Consulting, Pragya Chopra has a proactive approach, is a Team Leader and a Tactical Planner with ability to retain and secure key players in building strong and long-lasting business relationships. As Chief Advisor at One Hotels Collection, she pioneers premium, sustainable hospitality.

Pragya Chopra With The Stanford Seed Cohorts

CAPTAIN.ASHA SHINDE



Capt. Asha S Alagappa
Founder GyanDarshani
Defence Veteran, Defence Careere Coach
084494 77771 / 8408071771 asha.alagappa@gyandarshani.com www.gyandarshani.com

With the heart of an army officer Capt. Asha S. Alagappa envisions 1 Million Young Students becoming passionate Defence Officers and leading a life of fulfillment & compassion to serve the motherland through Capt. Asha's Blueprint to Success.

Capt. Asha S. Alagappa, the founder of GyanDarshani Academy, is a corporate veteran with more than two decades of experience in multi-domain Strategic Business Development and operation. She is an expert Logistician & Specialist in Ammunition, Armament, and Explosives with a decade of experience in the Indian Army. Capt. Asha S. Alagappa wore many hats during her 2nd career, from Senior Admin specialist to Chief Manager to AVP in multiple corporations. In her last corporate job as an Assistant Vice President at IronLady, she not only scaled their business 5x times but also supported & guided 1000+ women to decide the right career path.

Along with that, Capt. Asha S. Alagappa is a Pioneer Defence Ammunition & Explosive Expert for Defence Business, Advisory Board Member at NAAM Foundation, MSME Strategic Advisor for the ease of business to micro, small, and mid-level companies, Pune Region, and Founder of GyanDarshani Academy, a Career Coach, a PoSH ICC Specialist. To concrete her mission to transform 1 million young adults to take up the path of pride and serve the nation with utmost passion, she started GyanDarshani Academy. She has already impacted 16816 (and counting...) young lives with her never giving up attitude, sessions, workshops, talks, and thriving endeavors. She has also authored a complete Defence Career Guidance book 'Be the Hero of your life' to spread her experience and knowledge to the maximum number of young Indians.

At GyanDarshani, young Defence enthusiasts not only learn how to clear Defence written exam and SSB interview but also get holistic transformation as an individual. With GyanDarshani, she aims to change the mediocre mindset of society for all girls and boys with focused, well-planned results by joining the Defence service with respect and passion. The experts-led sessions and experienced professional outlook can bring much-needed perspective and learnings to the Defence aspirants' preparation.

Capt. Asha offers 15 mins free career counseling sessions to all Defence Aspirants. Feel free to book an appointment here: <https://gyandarshani.com/apply-now> Her Motto for life is "Never, never, never, give up." And at GyanDarshani this becomes the first guideline to adapt. We invite you to explore, join, and thrive with Capt. Asha S Alagappa's mission, vision, and impact at gyandarshani.com.

To know more about GyanDarshani and Capt. Asha S. Alagappa visit: <https://gyandarshani.com/about-us> Connect with Capt. Asha S. Alagappa at <https://www.linkedin.com/in/captainasha115n/>
Wish you all success and happiness!

Capt. Asha S. Alagappa
Defence Veteran, Author, Defence Career Coach, Founder of GyanDarshani Academy,
Advisory Board Member Naam Foundation Advisory & Executive Committee Member MSME Business Forum



DR. SARABJEET KAUR



"Life has given me two precious pearls of wisdom to hold fast and prize. The first is gentleness, the second is perseverance. These deeply imbibed values keep me grounded to serve others selflessly. Being gentle and perseverant aided me to become a leader to influence optimism all around."

Life is not a bed of roses for everyone. In trying to create a rosy niche for myself, I was greeted by the thorns that pricked at every step. Instead of giving up, I started smiling at life and it made all the difference. I got an opportunity to serve Gurudwara Shaheed Dr Diwan Singh at Port Blair, India's most sacred Martyr had left a dream to be fulfilled. He wanted Indian children from all walks of life, irrespective of caste and creed or religion to progress on the path of well defined education system.

Following his perceptive Principles, I became the founder teacher cum Principal of KHALSA PUBLIC SENIOR SECONDARY SCHOOL, PORT BLAIR in Andaman and Nicobar Islands since June 2005. This school caters to the academic needs of the children from the underprivileged backgrounds. Starting off with seven students, the school is now well equipped with all kinds of facilities to provide excellent education and has strength of around 700 students now. The co-scholastic activities enable students to pursue their dreams. Science, Humanities, Sports, AI are the major subjects taught here. The staff is well trained as per the new education system.

I was born imperfect with physical disability. It was a challenge at every step to prove my perfection. I grew up in an ethereal family of Zamindars. For my family, I was the most perfect child who had sharp intellect and wit but the world looked at me otherwise. People gave pitiful looks that used to hurt me extremely. Relentless care and support of my school teachers as well as college professors lent me indomitable strength to shape my present existence. I completed schooling from the elite Härtmann College in Bareilly and further education from Bareilly College, Uttar Pradesh. I am a great Sports enthusiast, so, sports activities take centre stage as part of the

school activities. The students are doing incredibly well after passing out from this school. Students of this school have excelled in all scholastic as well as Co Scholastic spheres. They are achievers in Olympiads, VVM exams, NEET / JEE Exams, Chess, Martial Arts, Debates, Cultural competitions. The school has NCC Wings, namely NCC Army and NCC (Navy), whereby, girls form a wonderful part.

I give all my quality time to each and every child irrespective of caste, creed or religion. Students and parents adore me for the compassionate way of helping everyone deal with stress. From the online platform, my.gov.in, I am recognized with the badge "CHANGEMAKER". I write patriotic skits and poems for radio and television, Port Blair stations. I am also the Secretary of CBSE Sahodaya, Port Blair chapter. Being a tireless and a workaholic person, I keep my mind relaxed with Vipassana Meditation.

IN WORDS OF MY FACULTY AND STUDENTS :

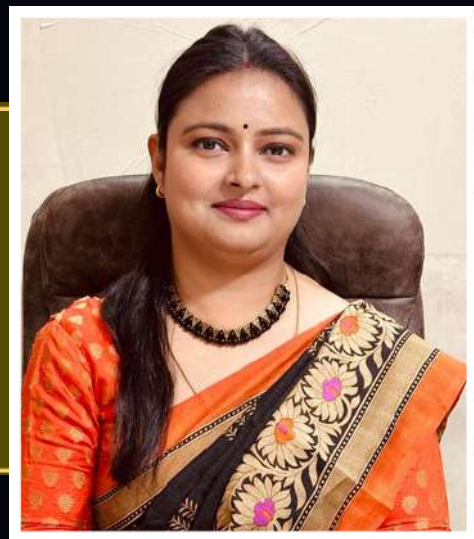
We are so fortunate to work under Jagpal Mam's guidance. Being around her lifts your energy to be diligent. Seeing her is believing. She works 24 x 7 with the same vitality. She goes out of the way to help the needy in the Andaman Islands. She visits homes of students to help them cope with relentless anxiety and renders free services to prepare for the Board exams. She is a great quiz master and prepares students for quizzes and debates. She is a walking powerhouse of Knowledge. Her firm and perseverant nature makes arduous tasks look easy. Seeing her work round the clock makes one believe in her spirit of executing the onus to shape the lives of the downtrodden. She is an inspiration for the millions already. Whosoever meets her, gets captivated to be a part of her team. The Islanders take pride in having her as an asset for the society. She is a lady of substance with ethereal personality who fought with all the oddities of her own life. Her humour keeps everyone joyful.

SOME OF THE AWARDS RECEIVED

- *BOLT AWARD, 2009, FROM AIR INDIA AND THE ECHO OF INDIA JOINTLY
- * CERTIFICATE OF GRATITUDE FROM CENTRE OF EXCELLENCE, NEW DELHI FOR PARTICIPATION AND MOTIVATING STUDENTS FOR AIMS TALENT EXAMINATION EVERY YEAR SINCE 2012
- * ACHARYA VISHISTA PURASKAR 2019 FROM INDIAN INSTITUTE OF ART OLYMPIAD, BANGALORE
- * HIGHLY EFFECTIVE PRINCIPAL AWARD IN 2019 FROM AKS WORLDWIDE LTD
- * WOMEN ACHIEVER AWARD 2021 FROM NAVODYA FOUNDATION, PORT BLAIR
- *GLOBAL CS AMBASSADOR IN LEADERSHIP EXCELLENCE, 2023 BY SUPER TEACHER EDUREFORMS PVT. LTD.
- *IWC - INTERNATIONAL WOMAN EDUCATIONIST AWARD BY MTTV IN 2024



MS. SWATI SHARMA



***Empowering Women- the Vision and Motto of WhiteSwan as well as of Ms. Swati Sharma* who is also a founding member , Director and the inventor of this very innovative, revolutionary "smart precision timer Gas cooktops" technology.**
The Inspiring Journey of Swati, who was also homemaker, mother of two school going kids.

Her journey from a teaching background to becoming a trailblazer of the revolutionary technology. Her family is already in the kitchen appliance industry. After facing multiple issues while working in kitchen in the early morning rush hours is a herculous job as also need to simultaneously attend other chores and tasks like ; sending children schools, preparing food for other family members, and their business commitments etc...

So she thought and come out with an idea to develop such kitchen appliance which will ease the lifestyle of kitchen users, and ended up to invented this "New Era Smart Precision timer gas cooktops "

In the world of kitchen technology, where innovation meets conviction, convenience, Swati shines as a visionary leader and co-founder of WhiteSwan.

Swati and her vision for empowering women through technology.

It's her passion for creating solutions that make everyday life easier stems from her own daily cooking experience with not just aim to make things better but should also have a meaningful impact on people's lives.

This belief laid the foundation for WhiteSwan, a brand that goes beyond gas stoves to empower women in the kitchen.

Vision and Philosophy

to transform cooking a joyous experience. She firmly believes that every woman deserves a kitchen companion that simplifies cooking and enhances the culinary journey.

Her mantra is, "Cooking should be a joy, not just a chore.

Our technology is designed to give women more time to do multitasking simultaneously like; watching their favourite Rv shows and movies, going for their shopping spree; which they love most 😊

Swati is the creator, inventor of the World's first patented Smart Precision Timer based Gas Cooktops technology in gas stoves industry.

The WhiteSwan Smart Precision Timer gas stoves ensures perfectly cooked meals every time, reducing stress and allowing for more enjoyable cooking experiences.

Simply, set the timer on the gas stove and forget about it, the gas turns off automatically - no more burnt food or stress in the kitchen because of distractions or a busy schedule.

Swati's approach is not just about selling products; it's about building relationships and supporting women in their culinary endeavors.

Innovation Impact:

One of Swati's guiding principles is to always stay ahead of the curve. She believes that innovation is a continuous process and is committed to exploring new ideas and pushing the boundaries of what is possible in kitchen technology. This forward-thinking approach has positioned WhiteSwan as a pioneer in the industry, setting new standards for convenience and efficiency.

Building Community:

Swati's vision extends beyond creating innovative products; it's about fostering a community of empowered women. She emphasizes the importance of collaboration and inclusivity in business. "When women support each other, incredible things happen," says Swati. WhiteSwan is not just a brand; it's a movement towards a future where women lead, innovate, and inspire.

Inspiring the Next Generation:

As a woman founder, Swati's message to aspiring entrepreneurs, especially women, is clear: "Believe in yourself, stay true to your vision, and never be afraid to challenge the status quo." She encourages others to harness their creativity, embrace challenges, and pave the way for meaningful change.

In the world of business, Swati is not just a founder; she is a beacon of empowerment and a testament to the limitless potential of women in entrepreneurship.

Her leadership and dedication have positioned WhiteSwan as a symbol of innovation and empowerment. With Swati at the helm, the future is bright for WhiteSwan and for women entrepreneurs everywhere.

MS. PAVNA SURESH



Make an opportunity instead of waiting for one.

You really heard that right, never pass up the chance to start something new or show off your skills. You ought to make the first move to seize an opportunity.

Four years ago, when I was eighteen, I began my career as an educator, and as of today, twenty-one, I still adore my work. Back then, I was part of the Youth Outreach Club in my college and I worked for Manavar Illam, where college students get an opportunity to educate school students post college hours. It was then that I discovered how much I was able to educate others. From that point on, I began working as a part-time employee for numerous companies.

I am a specialist in spoken English and also deliver English, Biology, and Social Science classes to students from the US, UK, and India. I have successfully mentored more than 25-30 students, ranging in age from 10 to 45, with a variety of personalities and backgrounds, helping them to succeed in their careers today. Those who work for multinational corporations (MNCs) and want to improve their communication skills, students pursuing higher education at foreign colleges, youngsters with speech impairments, and those from rural areas who want to learn English are among my students.

Even though I was initially paid very little for my work, I persisted because I had a passion for teaching. I still recall how people would look down on me when I informed them about my career and pay, but I probably ignored it all because I know the value that teachers bring to people's lives. Every profession has pros and cons of its own.

The path of an online educator is not without its challenges. From mastering new technology to fostering virtual engagement, I encountered hurdles that tested my resilience and adaptability. Yet, with each obstacle came an opportunity for growth. Through perseverance and a commitment to continuous learning, I honed my craft, refining my teaching strategies and discovering innovative ways to connect with students across the globe.

As my journey unfolded, so too did my impact on the world of education. Through my dedication and passion, I have inspired countless learners to pursue their goals and unlock their full potential. Whether teaching a specialized course or delivering a keynote address, I leave an indelible mark on the hearts and minds of those I reached, leaving behind a legacy of empowerment and enlightenment.

This brings me to my final point: I want to serve as an example for the youth of today, showing them that they don't need to wait to complete their education or for a chance to change the world or themselves. Whether you are a young person or an elderly person, age is simply a number, and you are never too old or too young to accomplish good deeds.

MS. NEHA ARYA



Neha Arya - Founder of "The Solo Nari" tour and travels.

Coming from a middle class family of Pauri Garhwal Uttarakhand and growing up with three big sisters and around mom, I realised that women are the epitome of such kind human that if she makes up her mind to do anything they'll do it no matter what. I have seen my mother and set an example for me that I have to give her the life which she wants because the region she was from was like no support for women that time, no education but my mother takes care of one thing specially that we girls can financially independently stand on our own. So after a dedicated journey in a Corporate industry as Recruitment consultant I had served my six years gracefully with a startup company and after Covid I started travelling thoroughly I realised that TRAVEL IS THE TERM WHICH CAN CHANGE A LIFE OF ANY HUMAN BEING AS ITS GIVES US THE NEW POSITIVE APPROACH TOWARDS

OURSELVES BECAUSE WE WHEN WE CONNECT WITH NATURE EVERY PROBLEM LOOKS SMALL IN FRONT OF IT. SO I STARTED TRAVELLING ALOT THEN I WENT TO LADAKH IN WINTERS AT 2022 in -20 DEGREE FOR VOLUNTEERING IN A HOMESTAY WHILE DOING MY CORPORATE JOB AND THAT IS MY ONE OF THE BEST LIFELONG EXPERIENCE.

BUT TO PEOPLE TRAVEL SEEM TO BE LUXURIES BUT ITS NOT LIKE THAT IF YOU ARE REALLY A TRAVELLER YOU ARE A GOOD AT EXPLORING THINGS WHICH ACTUALLY GIVES MEANING TO YOUR TRAVEL.

BUT AFTER MY MOTHER DEMISE I QUIT MY WELL CORPORATE JOB AND I STARTED MY OWN STARTUP "THE SOLO NARI TOUR AN TRAVELS" VENTURE.

TO SERVE MY REST OF THE LIFE TO THOSE WOMENS WHO ARE NOT ABLE TO DO ALOT OF THINGS IN HER LIFE BUT THEY DON'T KNOW THAT THEY ACTUALLY CAN. SO taking a small initiative between Solo Female travellers and Local regional women to adapt Culture diversity and empowering women through skillery workshops and women empowerment awareness through Travel and tourism.

My Travel company mainly focuses on giving the best Offbeat remote destinations exploration to Female Solo Travellers and also to help Regional local women of particular destinations where the tour is held by organising women empowering workshops and adapting Cultural exchange programs with Female Solo travelers and local women.

Because Travelling changed my life so I believe it can change the other human perspective too and in the current situation women need this most who are not able to go outside alone and explore.

My company takes care of each and everything in terms of their safety and enjoyment while Travelling with a Group of only women as "THE SOLO NARI" only provides the platform to Female solo travelers and local regional women.



MS. KIRANDIP KAUR



Celebrating the Sweet Success of Ms. Kirandip Kaur: A Pioneer in Baking and Culinary Education

In the bustling city of Ludhiana, Punjab, a baking and cooking institute has been quietly transforming lives since its inception in 2019. This is the brainchild of the indomitable Ms. Kirandip Kaur, a passionate baker and culinary enthusiast who has not only mastered the art herself but has also empowered hundreds of students to follow their dreams in the world of baking and cooking. Today, her institute stands as a beacon of creativity and entrepreneurship, having nurtured more than 500 students who have embarked on their own culinary journeys.

A Passion Turned Profession

For Ms Kirandip Kaur, baking wasn't just a hobby; it was a lifelong passion waiting to be shared with others. After years of perfecting her craft and receiving glowing reviews from friends and family, she decided to take the plunge and share her skills with aspiring bakers. With a vision to empower individuals with the art of baking, she established her institute in Ludhiana, offering both online and offline classes to cater to diverse needs and preferences.

The journey wasn't without challenges. Ms. Kaur reminisces about the initial days when she had to balance teaching with managing the institute's operations, but her unwavering determination and love for baking kept her going. "I wanted to create a space where people could learn and grow, just like I did," she shares with a smile.

Nurturing Talent, One Student at a Time

What sets Ms. Kirandip Kaur's institute apart is its personalized approach to culinary education. From amateurs looking to bake a perfect cake to aspiring chefs' eager to delve into the intricacies of gourmet cuisine, her institute caters to all skill levels. The curriculum is thoughtfully designed to cover a wide range of techniques, from basic baking to advanced pastry-making and savoury delights.

"It's not just about teaching recipes; it's about instilling confidence and nurturing creativity," explains Ms. Kaur. "I want my students to feel empowered to experiment and innovate in the kitchen."

The success stories of her students speak volumes about her teaching philosophy. Many graduates have gone on to launch successful bakery businesses, while others have found joy in sharing their creations with friends and family. "Ms. Kaur's classes were transformative," says Raman, a former student turned entrepreneur. "I never imagined I could turn my love for baking into a thriving business until I joined her institute."

Adapting to the Digital Age

Recognizing the changing landscape of education, Ms. Kirandip Kaur seamlessly integrated online classes into her institute's offerings. This shift not only expanded her reach beyond Ludhiana but also allowed students from different corners of the country to benefit from her expertise. The online classes retain the warmth and interactivity of traditional in-person sessions, with Ms. Kaur personally guiding students through each recipe and technique.

"The pandemic reinforced the importance of online education," Ms. Kaur reflects. "It's amazing to see students connect virtually and share their creations, despite being miles apart."

Community and Collaboration

Beyond teaching, Ms. Kirandip Kaur emphasizes the importance of building a community among her students. Regular bake-offs, workshops, and alumni meets are organized to foster connections and encourage collaboration. "The kitchen is a place of camaraderie," she remarks. "I want my students to not only learn from me but also from each other."

Her commitment to community extends beyond her institute. Ms. Kaur actively participates in local food festivals and charity events, showcasing her students' talents and giving back to society. "Food has a way of bringing people together," she adds. "I encourage my students to use their skills for a greater purpose."

Looking Ahead

As Ms. Kirandip Kaur looks towards the future, her vision for the institute is clear—to continue inspiring and empowering individuals through the art of baking and cooking. She plans to introduce specialized courses, collaborate with renowned chefs, and establish tie-ups with hospitality industries to provide her students with real-world exposure.

"I want my institute to be a hub of culinary innovation," Ms. Kaur enthuses. "There's so much talent waiting to be discovered!"

In a world where passion often meets pragmatism, Ms. Kirandip Kaur's journey is a testament to the transformative power of following one's dreams. Through her institute, she not only imparts culinary skills but also ignites a spark of creativity in every student who walks through her doors. Ludhiana's baking scene has undoubtedly been enriched by her presence, and with each batch of enthusiastic learners, her legacy continues to rise like a perfectly baked soufflé—bold, delightful, and inspiring.

MS. PREETI SHARADH



WHO WE ARE?

We began our journey in 2020, with processing and distributing milk products in Vadodara. Today, Amrutam Food Products - Dairy Nation brand is well-known as one of the leading manufacturers of dairy products in Vadodara.

From a small milk processing operation to a energy-efficient dairy plant, manufacturing hygienic and healthy milk products. Our state-of-the-art milk processing can handle 8000 litres of milk per day!

Live Young. Live Strong.

With a promise for freshness, quality and hygiene throughout our range of products, we cater to the everyday needs of dairy products for household as well as hotels, restaurants, caterers, Local dairy/ Retail shops etc.

At Amrutam Food Products - Dairy Nation, we are committed to maintain utmost level of quality and food safety at all steps of the milk processing chain, right from milk procurement to dispatch and delivery of finished products. Our dedicated internal quality control team ensures total compliance to all manufacturing practices and guidelines issued by the government.



MS. V VIJI



I have completed my post graduation in A D.M College for women Nagapattinam at 1993,next I did my M.phil course in Annamalai University, Chidambaram at 1995.,I have completed my ph.D in 2014 on Gender gap in Education.Next I have passed State Level Eligibility Test in 1997.i was appointed as a Lecturer in October 1998 from that I have completed my 25 years of Teaching and Research Experience i in my subject (Economics).I have attended 44 National and international Seminars Conferences and Workshop,I have presented 40 papers,j have published 38 articles in peer Review journals. I have acted as a Resource Person in 8 forums,I have conducted 10 Seminars.As a member of Association of Economics Tamil Nadi and All indian Economic Association.i have awarded one ph.D as a external examiner recommended by Thiruvalluvar University, kanjipuram. I have guided 3 research scholars among that Tow were Awarded one is doing.I am acted as a co- ordinator of Gender club, Women cell and Entrepreneurship Cell. I am acted as a observer of national eligibility test(NEET).and external examiner of Tamil Nadu Recruitment Board, Tamil Nadu.

MS. ANAIYSHA SONAL



From Witnessing Loss to Witnessing Light: My Journey from Self Awareness, Alignment & Transformation.

Have you ever looked into a child's eyes and seen a depth of curiosity that seems to pierce the veil of the ordinary? That was me at five years old. The world shattered a bit when grief washed over my mother's face, the news of my grandmother's passing a heavy weight in the air. In that moment, a seed was planted. Why? Where do we go? What does it all mean? These profound questions, whispered by a tiny voice inside, would become the compass guiding my life.

My journey wasn't a straight line on a sunny map. It was a winding path, sometimes shrouded in fog, but always nudged forward by a sense of unseen guidance. Like whispers on the breeze, divine insights and chance encounters with wise mentors became breadcrumbs leading me deeper. There were moments of doubt, yes, but a core belief held fast - a belief that even in the darkest corners, a deeper purpose flickered. This quiet knowing, born from a child's yearning, would become the foundation upon which I built my life's work - helping others find their own light.

Life, with its quirky sense of humor, took me down a path that surprised everyone, myself included. Design and advertising were my initial companions, but a chance encounter with a friend applying for a job sparked a curiosity I couldn't ignore. "Why not me?" I thought, and with a playful nudge of fate, I landed my first coaching role at American Express. For over a decade, I thrived in the corporate world, but a yearning for something more profound began to simmer. The relentless focus on numbers felt like a mismatch with the whispers in my soul.

Taking a deep breath, I stepped into the world of freelance coaching. Here, I could truly connect, crafting personalized programs to help people navigate the labyrinth of anxiety, fear, and past hurts. Witnessing the transformation and the shedding of limiting beliefs, the blossoming of self-awareness filled my heart with a joy unlike any other.

From students struggling with unseen ailments to expectant mothers facing the emotional rollercoaster of IVF, my clients have come from all walks of life, each story a testament to the human spirit's resilience. Holding space for their vulnerability, celebrating their victories, and witnessing their inner light ignite - these are the moments that make my heart sing. Today, I stand as a living example of how a child's curiosity can blossom into a life of purpose. My work as a life coach and spiritual guide is more than a profession; it's an outpouring of the lessons learned on my own remarkable journey. This passion extends beyond one-on-one coaching. My book, "The Ritual: Your Guide to Emotional Mastery & Limitless Manifestations," offers a structured path for anyone seeking to unlock their potential and live a life brimming with joy.

As a mother to a 5 year old children's well-being & holistic development is very close to my heart, I'm passionate about equipping the next generation with the tools they need to navigate life's challenges. Witnessing the impact of childhood trauma fuels my desire to empower them with emotional intelligence and resilience. My life is a vibrant tapestry woven with the threads of a successful coaching practice, a thriving real estate venture with my husband, the irreplaceable joy of motherhood, and a network of cherished relationships. Sharing this story isn't about bragging, but about igniting a spark within you. It's a testament to the boundless possibilities that lie within us all. No matter your background or experiences, the power to achieve your dreams, to find your own light, resides within you. Let your journey begin. Let your own light shine.

Anaiysha Sonal Parashar
Emotional Mastery Life Coach

DR.ARTI TIWARI



Myself Dr Arti Tiwari, Asst.Prof.in higher education, an Anchor in All India Radio, Poetess, Professional voice over artist , News anchor social worker and a folk singer in regional area.

I believe that women is a nice creature of God filled with all the colours of nature the only thing is that she had to know about herself and her power.Am proud to be a women, and am confident that I Will do anything in this world. Being an educator, I strongly believe that if a female child can give a chance the sky is all hers.So am working with them to make them strong.

The whole nation had a powerful youth but not strong and by my journey of life ,, i teach them if I can do then why u not.Now the youth had lack of confidence and by my side I want to make them strong in every aspect cause they are the future of nation.

Last but not the least,, I had a strong lesson in life,, but still am playing in this playground,,, as an victory player,I know its not easy, but trying at the end of my last breath,, nd this spirit is eternal that i want to spread in whole world.

Thanks
Dr Arti Tiwari

MS. MEGHA MESHAM



Greetings everyone,

I'm Megha Meshram hailing from Delhi. My journey has been quite a rollercoaster ride. Initially, I pursued a career as a Civil Engineer, amassing four years of invaluable experience in the field. However, familial responsibilities led me to a crossroads, and I had to bid farewell to my engineering pursuits. Yet, within me burned the desire for personal fulfilment, a yearning for my own identity – my own "Meri Pahchan."

Baking has been my solace since 2012, a passion that I decided to nurture further. I embarked on a journey to pursue a Government diploma in baking and chocolate crafting. Finally, in December 2020, I took the leap to establish my baking venture, "ARchangels," from the comfort of my home. This endeavor allowed me to strike a balance between family, hobbies, and work, all executed with unwavering honesty, loyalty, and dedication.

The path to this point was strewn with challenges. Yet, I clung onto my belief in hard work, consistency, and the unwavering support of my loved ones and clients. Their encouragement, feedback, and motivation have been instrumental in my growth. My creativity knows no bounds; I take delight in crafting edible flowers and intricate props, ranging from humans to animals, cosmetics to musical instruments. Hence, my tagline stands true: "You Dream, We Bake."

This profession not only brings me joy but also spreads happiness to my clients. Along the way, I've been honored with several achievements, including bronze medals in prestigious competitions like CAKOLOGY and INCREDIBLE CAKE MAGAZINE, in categories such as wedding cakes and edible flowers. These accolades serve as a testament to my dedication and passion for the craft.

In essence, my journey is a testament to the power of resilience, passion, and the unwavering support of those around me. With each creation, I strive to spread joy and leave a lasting impression in the hearts and taste buds of my clients.

Here are my social handles:

<https://www.instagram.com/archangels2021?igsh=a3I5dTA5MGExMGM4>

<https://www.facebook.com/megha2021?mibextid=ZbWKwL>

Warm regards,

Mrs. Megha Meshram



MS. AKANKSHA DEHLI WAL



Embracing the True Essence of Education: A Teacher's Journey
Ms Akanksha Dehliwal

As Alexandra K. Trenfor eloquently expressed, "The best teachers are those who show you where to look but don't tell you what to see." This sentiment resonates deeply with me as an educator, as I am inspired every day by the profound impact, I can make on society by nurturing critical thinkers who will undoubtedly shape the world for the better.

In today's generation, I observe a declining interest in pursuing a career in education. Many are deterred by perceptions of the profession as merely a job, driven by financial rewards and burdened by off-hour demands. However, I firmly believe that teaching is not just a job—it is a noble service. It requires selflessness, focusing on giving rather than expecting results. While monetary rewards matter, the true rewards of teaching are immeasurable. Each day, I have the privilege of leaving a lasting impact on my students' lives. Some may go on to become entrepreneurs, scientists, or leaders—all influenced by the guidance and support they received in their formative years.

Despite being a double postgraduate, I deliberately chose to teach primary students. Interacting with these young learners rejuvenates me. Witnessing their thirst for knowledge and nurturing their foundational years fills me with a sense of purpose. I am committed to empowering them to become tomorrow's leaders—individuals who understand that their voices matter and their actions can effect positive change. My teaching philosophy revolves around inspiring curiosity and fostering creativity. I encourage my students to explore, question, and discover new ideas. Each day, I eagerly await their insights and creations, knowing that I am playing a pivotal role in shaping their minds and instilling a lifelong love for learning.

I am continuously learning and evolving, seeking ways to enhance my teaching practices and better serve my students. I am grateful for the unwavering support of my family—my parents, Sangeeta and Ravinder, my brother, Ayush Dehliwal, my husband, Abhishek Mittal, and my son, Ayaansh—who inspire and motivate me on this journey.

I extend my heartfelt appreciation to all the dedicated mentors and educators who, like me, view teaching as a calling—a chance to make a meaningful difference in the lives of others. Together, let us continue to strive towards creating a brighter future for generations to come.

MS. HARSIMRAN KAUR



Dr. Harsimran Kaur Bhatia is a distinguished practicing ophthalmologist and the visionary founder behind two innovative brands: Fuschia, a vegan skincare line, and Physiovits, a nutraceuticals brand. Her unique blend of medical expertise, creative vision, and commitment to sustainability has set her apart as a leader in both the health and wellness industry and the skincare market.

Early Career and Medical Background

Dr. Harsimran Kaur Bhatia's journey began in the medical field, where she established herself as a reputable ophthalmologist. Her medical background provided her with a deep understanding of the human body and its needs, which later played a crucial role in her entrepreneurial ventures. Her attention to detail, precision, and commitment to quality are qualities honed during her medical career and are evident in the products she develops.

Founding of Fuschia

The inception of Fuschia stemmed from Dr. Bhatia's passion for skincare and her commitment to sustainability. Fuschia is more than just a brand; it's a movement towards eco-friendly, vegan skincare solutions. As the creative mind behind Fuschia, Dr. Bhatia ensures that every product not only meets high standards of beauty and efficacy but also adheres to principles of environmental responsibility. Dr. Bhatia's role in Fuschia is comprehensive. She oversees the development and execution of the brand's design aesthetic, ensuring that each product is visually appealing while being eco-friendly. Her leadership has helped Fuschia gain recognition for its innovative designs and commitment to sustainability.

Development of Physiovits

Building on her success with Fuschia, Dr. Bhatia ventured into the nutraceuticals market with the launch of Physiovits. This brand focuses on providing high-quality, scientifically backed supplements designed to promote overall health and wellness. Physiovits is a testament to Dr. Bhatia's ability to fuse her medical knowledge with her entrepreneurial spirit.

At Physiovits, Dr. Bhatia applies her medical expertise to develop products that are both safe and effective. High-quality ingredients and appropriate dosages adhering to the RDA form the basis of the Physiovits supplements. Dr. Bhatia's commitment to research and development ensures that Physiovits stands out in the crowded nutraceutical market.

Leadership and Strategic Vision

Dr. Bhatia's leadership style is characterized by her strategic vision and hands-on approach. She is deeply involved in every aspect of her brands, from product development to marketing strategies. Her ability to foresee market trends and adapt to changing consumer needs has been instrumental in the growth and success of both Fuschia and Physiovits.

Commitment to Quality and Innovation

Under Dr. Bhatia's leadership, both brands have thrived on a foundation of quality and innovation. She continuously seeks out new ideas and approaches, ensuring that her brands remain at the forefront of their respective industries. Her innovative mindset is reflected in the unique product offerings and the overall brand strategies of Fuschia and Physiovits.

Advocacy for Sustainability

One of Dr. Bhatia's core values is sustainability. She believes in creating products that are not only beneficial for consumers but also for the planet. This commitment is evident in Fuschia's eco-friendly packaging and the use of natural, vegan ingredients. Dr. Bhatia's dedication to sustainable practices extends to every facet of her brands, making her a role model for ethical entrepreneurship.

Impact and Recognition

Dr. Bhatia's contributions to the skincare and nutraceutical industries have not gone unnoticed. Her brands have garnered a loyal customer base and have been featured in various media outlets for their unique approach and effectiveness. She has also won several accolades including DIGITAL WOMEN AWARDS 2018, hosted by She the People Tv.

Conclusion

Dr. Harsimran Kaur Bhatia is a remarkable entrepreneur whose work bridges the gap between healthcare and consumer products. Her medical background, coupled with her creative vision and dedication to sustainability, has led to the creation of two thriving brands that are making a significant impact in their respective markets. As she continues to innovate and advocate for ethical business practices, Dr. Bhatia's influence in the industry is set to grow even further. Her journey is an inspiring example of how passion, expertise, and a commitment to doing good can lead to extraordinary success.

ADV. AARUSHI RELAN



Aarushi Relan is a highly accomplished advocate with a strong focus on Intellectual Property, Constitutional, and Corporate Laws. With over three years of experience practicing before the Delhi High Court, she has honed her expertise in these areas. Aarushi has an impressive educational background, having graduated from Amity Law School, Amity University, Noida, Uttar Pradesh with a B.Com LLB (Hons) degree. Her academic achievements, including receiving the 'Merit Scholarship' multiple times and being awarded the Silver Medal and Shri Baljit Shastri Award, reflect her dedication and excellence in her studies.

During her time at university, Aarushi was deeply involved in various extracurricular activities such as mooting, writing research papers, and moderating events. She also served as the Campus Ambassador for the Bar Council of India and All India Reporter for Amity University, demonstrating her leadership qualities and commitment to the legal field. Aarushi's professional journey has seen her work in prestigious law firms like Anand & Anand and Sagar Chandra & Associates, where she gained valuable experience in her areas of specialization. Additionally, her role as a Law Researcher cum Judicial Clerk under Justice Jyoti Singh at the Delhi High Court provided her with invaluable insights into Intellectual Property matters.

In pursuit of further academic enrichment, Aarushi has been selected to pursue her LLM from Cambridge University, United Kingdom, specializing in Intellectual Property, Privacy, and Technology laws. Furthermore, her selection by the World Intellectual Property Organisation (WIPO) for their Summer School on United States Intellectual Property laws underscores her reputation as a leading expert in her field.

Beyond her legal career, Aarushi is a multifaceted individual with diverse interests. She is passionate about reading books on various subjects such as mythology, autobiography, spirituality and time management. Aarushi also actively contributes to the legal community by writing blogs on lesser-known topics, recording podcasts on mental health, and motivating her peers and juniors. Overall, Aarushi Relan's blend of academic prowess, professional experience, and passion for continuous learning and community engagement makes her a standout figure in the legal fraternity.

MS. PARUL AGGARWAL JAIN



It's never too late to follow your dreams, and there's no time like the present to start.

Hi, I am Dr. Parul Aggarwal, director of ECOTOUCH CHEMICALS PVT. LTD.

I am a graduate in Mechanical Engineering discipline which is generally known to be a male dominating field. Despite of being into job, I always look out for things for me to be happy. I tried my hands in various fields before starting up our all new venture with my family's support, M/s Ecotouch Chemicals PVT. LTD. few years back which is now a quite well-known brand in the paint manufacturing industries and we manufacture products like: - thinners, NC Paints, All types of Wood Coatings, Melamine Coatings, Sanding Sealers etc.

I just wanted to say that the path ahead will always be difficult, but if you are persistent and consistent nobody can stop you from achieving your dreams.

So, let's your wall shine in Ecotouch Style.



MS. AAYUSHI MUKHIJA



Aayushi Mukhija is a young 24 year old Entrepreneur, She is the founder & CEO of a leading Pharmaceutical Startup with the name of Astralite pharmaceuticals and also a seasoned recruiter, The Vice President of Human Resources in a leading Recruitment Firm.

Aayushi grew up in Nairobi, East Africa and was always a little girl with big dreams, She aims to revolutionise healthcare industry and has always been passionate about Medicine. She acknowledged that the two major areas where the world suffers are unemployment and Lack of Healthcare services

She has given placement to thousands of Candidates and trained many Freshers on how to land into their dream jobs, and as a Healthcare provider having a history with diplomas in Medicine , healthcare and Nutrition from BSU, Georgia ; She aims to make healthcare accessible all over India, her main aim is to come up with schemes that will help the rural community of the Nation.

She also has been a former Vice President of a Mental Health Organisation where Global summits by professionals from Harvard University were conducted to spread awareness and break Mental health Stigmas among the youth globally, Her significant efforts in the healthcare and Recruitment Industry, have been acknowledged by various platforms and she has been facilitated with awards such as Women Entrepreneur of The Year 2023, By Indian Achievers Forum, International Achievers Award By Eurasian Summit London, and Many more.

She is a firm believer in Jesus Christ and gives him all the Glory for all that she does, The only message she wants to leave behind is to always trust in God and to work hard, there is no substitute to hard-work, she encourages us to believe in our ideas and Work on them against all the odds

She also acknowledges and says that she has been blessed with the most supportive Mother who backs her up at every step and Great friends, she encourages us to always choose our circle wisely and to be in an environment that values us, for who we are.

DR. AJANTA NAYAK



Dr. Ajanta Nayak M.Sc. M.Phil., Ph.D. is a progressive academician with 20+ years of teaching and research experience in various blends of Home Science including Food & Nutrition, Textile & Fashion Design, Extension Education, HRM and Life Span Development fostering empirical research findings to connect with people's everyday lives along with a strong advocator of digital learning and ICT's. Her main area of research is in community nutrition. Currently she is perusing a major research project in the area of rice nutrition sponsored by DST, Govt. of Odisha.

She is conferred with the prestigious 73rd Kumudini Memorial Award by Odisha Science Congress Society (Odisha Bigyaan Prachar Samiti) in 2023. Awarded First prize in the International Conference on Recent Trends in Biotechnology ICRBT 2022, held in School of Engineering & Technology, Centurion University of Technology & Management, Odisha. Selected for Young Scientist Award at Nutrition Society of India, National Institute of Nutrition, Hyderabad in 2008.

She is currently working as a Asst. Professor (G-3), Department of Home Science, Shailabala Govt Women's College, Bhubaneswar Odisha, India and is actively involved in Community Connect Programs in terms of teaching and field practice. She is a gold medallist throughout her academic career and has presented a good number of research papers at national and international conferences. She has also published many books and articles in international journals. She is the Associate Editor of International Journal of Home Science and International Journal of Education, Modern Management, Applied Science & Social Science. She is a Life Member of Nutrition Society of India, INSPIRA Research Association and Home Science Association of India.

MR. ANIRUDH CHAUHAN



Short description-

Anirudh Chauhan, is a multi talented youth icon whose intellectual thoughts has helped thousands of youths in fulfilling their goals.

Renowned career counsellor, thinker, motivator and Certified author. He has got success in getting government jobs 08 times. He has worked as officer in State Bank, Central GST Department and other departments. He is convenor of national wide programme 'Youth Against Addiction'.

A living inspiration for the youths whose free guidance and studies has enabled thousands of youths to get government jobs.

Books published -

Motivation beyond Motivation

Financing factor in the Indian Education system

Awards and achievements -

Winner of

1. Asian Education Award by Major Gen Sanjay Soi
 2. Indian Icon Awards by Hon'ble Kiran bedi ji.
 3. Global inspiring leaders award by MTTV news.
- Life time Member of Bharat Gaurav Ratna Award council

Contact- Mobile - 9837784399,

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MR. VIMAL KAPOOR



I never planned for success; I worked because I enjoyed my job. I always put in my best efforts. I began my career as a Physics teacher in 1989. Maybe as a child, I wasn't a keen student, but as a teacher, I had a fire in my belly and a determination to excel. I put extra effort into preparing my lessons, rehearsing like an actor practices their lines. My good communication skills, empathy and amicable nature helped me connect with both colleagues and students. I never hesitated to seek guidance from my senior colleagues, who generously shared their life experiences.

I combined their principles with my fresh ideas to develop my unique teaching style. My day started with the first class at 5 AM and ended with the last one at 10 PM. I started my coaching classes with just six students, and through hard work and perseverance, this number grew by 100 times. After about seven years of effort, with the support of my family and encouragement from those around me, we opened "Vidyaniketan" school in 2004. My motto has always been, "You never know what you can do until you try." The satisfaction on my students' faces was my motivation.

The journey was challenging, as they say, "survival of the fittest." With constant changes and new competitors, I learned, unlearned, and adapted, making necessary updates at every step. One of my key principles is, "Nature helps those who help themselves" I believe in doing new things to meet needs, even if it means experimenting and sometimes failing, and then finding solutions. I don't stop here. We are now opening a section for autistic children, aiming to equip them to survive independently in this world.

Achieving this award, encourages me for the future, and I believe my best is yet to come. I thank my family for helping me achieve this success. As the founder and managing director of the school, I feel my respect growing exponentially.

Vimaldev Kapoor

Founder, Vidyaniketan School, Rajkot

Working Area: School teaching from pre-primary to Higher Secondary section with more than 1000 students.

Additional Asset: Opening section of Autism kids aiming to equip them lead a life independently.

MR. AYUSH SARDAR



At just 20 years old, Aayush Sardar stands as a remarkable example of entrepreneurial spirit and innovation. As the CEO of Byte Track Digital Pvt. Ltd. and Byte Track Realty, Aayush has achieved more in his early years than many do in a lifetime. His story is one of passion, perseverance, and a relentless drive to succeed. Aayush's journey began at the tender age of 14 when he ventured into the world of business through dropshipping and affiliate marketing. Fascinated by the potential of the digital realm, he immersed himself in learning the intricacies of digital marketing and business development. His early exposure to these fields laid a solid foundation for his future endeavors.

By the time he was 16, Aayush had already begun working as a freelancer, offering digital marketing and business development services. This period was crucial in shaping his skills and understanding of the business landscape. Through hands-on experience, he developed a keen eye for market trends and honed his ability to craft effective business strategies.

With a wealth of knowledge and experience under his belt, Aayush founded Byte Track Digital Pvt. Ltd. The company was born out of his desire to help businesses navigate the digital world and achieve their growth potential. Byte Track Digital quickly gained a reputation for delivering innovative solutions and exceptional results, solidifying Aayush's status as a visionary leader in the digital marketing space. Not one to rest on his laurels, Aayush's entrepreneurial journey took another exciting turn when he entered the real estate industry. His interest in real estate led to the creation of Byte Track Realty, a company that aims to revolutionize the industry by integrating traditional practices with cutting-edge digital technology. Under his leadership, Byte Track Realty has flourished, offering a unique blend of services that cater to the modern real estate market.

In addition to his impressive business achievements, Aayush is also a published author. His two books, including the notable "Unknown Digital Realty," provide insights into his vast knowledge and experience in digital marketing and real estate. These books serve as valuable resources for aspiring entrepreneurs and established business professionals alike, showcasing his expertise and thought leadership. Aayush Sardar's story is a testament to the power of youthful ambition and the impact of dedication and hard work. From starting his business journey at 14 to becoming the CEO of two thriving companies by 20, Aayush has demonstrated that age is no barrier to success. His ability to innovate, adapt, and lead with vision sets him apart as a true trailblazer in the business world.

As he continues to push boundaries and explore new opportunities, Aayush's journey is far from over. With his unwavering commitment to excellence and a passion for growth, the future looks incredibly promising for this young entrepreneur. Aayush Sardar is not just a name to watch; he is an inspiration to all who aspire to make their mark in the world of business.

MR. KAILASH CHAND MALI



Despite my adversity, I kept my goal that I have to work for the people around me.

And I did not find any excuse for this, I worked for it, the light connection in my house was also installed after the completion of four years of my computer teaching...

I was asking myself the same question that what is the purpose of my life, I was interested in helping people and technical work since childhood and my father also wanted my son to work only for people and not a job!

For the last 13 years, rural upliftment has led to realizing the dream of Digital India by guiding children digitally to realize the dream of Digital India and keeping their standards and values high during their career with the organizations (CSC, E-MITRA, RKCL, NIELIT, BSNL etc.), leading business development for the rural sector of India. - (Keeping in mind the items of various services like making various types of documents at the Common Service Center or Public Service Center (CSC) and providing the benefits of other various types of government schemes near their home without visiting any office, computer education, providing internet services through optical fiber in remote areas in villages, I believe that listening patiently, speaking logically and thoughtfully helping my clients and students makes me a reliable and well-recognized business and as a trainer. Development manager at various industry chambers. These experiences gave me meaningful lessons about how to interact with peers and clients, students.

Over the past 13+ years, planning, self-motivation, determination, taking timely action whether it is short term etc., courage has been required to keep a good head on your shoulders in the face of difficulty. But it was never an easy way out.

One of my experiences served as a pivotal moment in my life and the path I was always walking on, I started my career at the age of 15 I started my career at the age of 15 I started a CSC center in 2011-12 which finally established in 2014 as an "Bharatiya Computer Shikshan Sansthan" and my institute About 11000 students have been digitally literated and one form of this was the Government of India's scheme National Digital Literacy Mission, this scheme got an opportunity to work through CSC and I and my team went to village Dhani Dhani and imparted training to about 2500 people in the age group of 14-60 years.

During the Corona period, going to the house of the needy people, withdrawing the pension money, doing online registration of people during vaccination, identifying the nearest center of vaccination, we did this work considering it as our duty towards the people; during the Corona period, work from home was considered more safe, due to which the demand for internet connection suddenly increased, due to which we have to use our limited resources. We did the work of providing internet connection with full dedication, we kept a lot of patience in this work and many times our family members were also angry with us that what would happen if you happened in the affair of people, but leaving everything, our goal was just to help people, and by God's grace we did not even have corona and my team completely avoided Corona and Keep helping people in every possible way

My Guru's blessings and students, customers, well-wishers, his constant faith in my business motivate me to fulfill and exceed his every expectation. Thank you "'''''' for your trust and confidence. "Bharatiya Computer Shikshan Sansthan" takes pride in your trust with us.

I always wanted to keep one of these beautiful awards to myself and today, it is a reality.

This is not the end goal, but the beginning of a new journey. It has motivated me to do better and my best is yet to come... Therefore, the one who is ahead will always be the driving force within.

Sometimes I get restless and sometimes I get less rest, but whatever my responsibility I have, I always complete with full energy.

Kailash Chand Mali

Founder -Bharatiya Computer Shikshan Sansthan

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कोर्स:- RS-CIT,RS-CFA,RSCSEP(From RKCL),CCC,ECC,BCC,ACC,O,LEVEL,(NIELIT New delhi), IIBF EXMS(From CSC ACEDEMY) PMGDISHA (GOVT OF INDIA)

सेवाए:- INTERNET(FTTH,Broadband,AirFiber of BSNL),TELE LAW,AIR TICKET,RAIL TICKET,EMITRA,DIGITAL CAST AND BONAFAIDE,POLICE VERIFICATION,GRAMIN ESTORE,CASH DEPOSIT WITHDRWAL(HDFC BANK MINI BRANCH), PASSPORT, RATION, AADHAR CARD Etc.

MR. NAVEEN BHARDWAJ



From Roadside Watch Seller to Business Magnate: The Inspirational Journey of Navin Bhardwaj (Final)

Navin Bhardwaj's story is a testament to the power of perseverance, vision, and unwavering dedication. Rising from the humble beginnings of a roadside watch seller, he now stands at the helm of a business empire valued at over ₹250 crore. His ventures have not only created significant wealth but have also provided employment to over 700 people, making a substantial impact on the community. His journey, marked by relentless hard work and an indomitable spirit, serves as an inspiration to many.

Humble Beginnings

Born into a lower-middle-class family, Navin's early life was a constant struggle. Despite these challenges, he was a studious and intelligent student. Education was not a luxury; it was a necessity he was determined to pursue. His dedication caught the attention of his school headmaster, who waived his school fees, allowing Navin to continue his studies under a scholarship. At the tender age of 14, he had to forgo further education to support his family and the education of his younger sibling. He took up whatever options were available and worked in multiple jobs, earning daily wages to make ends meet.

The Turning Point

Navin's entrepreneurial spirit shone through when he began selling watches on the streets of Jaipur. His keen business acumen and dedication allowed him to save enough money to restart his education at the age of 16. Balancing his studies with his work, Navin took his first corporate job at 16, working tirelessly while pursuing his education. His journey in the corporate world saw him rapidly ascend the ranks, moving from sales executive to business head. By the age of 24, he had accumulated vast experience and success, working with industry giants like Reliance Communications, Tata Teleservices, Spidigo Internet, Sai Infosystems, and Trimax.

The Entrepreneurial Leap

Despite his corporate success, Navin felt a deeper calling. Along with three professional colleagues, he joined Spiderlink and became a partner, a bootstrapped venture that began as a simple plan discussed in a garden. Today, Spiderlink is Rajasthan's largest Internet Service Provider, having acquired a 22-year-old ISP and diversified into ten different revenue streams. This success fueled Navin's passion for entrepreneurship, leading him to invest in startups, real estate, and consultancy. Furthermore, Navin is a stakeholder in over seven businesses, demonstrating his versatility and acumen across various sectors.

A New Vision: Giving Back

Navin's life philosophy is encapsulated in his own words: "I received more than I ever expected at a very early stage. Whether it was success or failure, I always felt blessed and confident." His new goal is to give back to society. Recognizing the invaluable support he received throughout his journey, he established the Trikone Foundation. This NGO focuses on education, empowerment, and environmental sustainability, reflecting Navin's commitment to making a positive impact.

Becoming a Thought Leader

Navin is now leveraging his wealth, resources, and extensive network to help others help themselves. He is deeply concerned about global issues such as climate change, lack of education, and social inequality. His vision has evolved from seeking personal success to fostering a happy and empowered society. Navin is taking deliberate steps each day to address these challenges, aiming to become a thought leader in solving major societal problems.

Conclusion

Navin Bhardwaj's journey from a roadside watch seller to a business magnate is nothing short of remarkable. His story is a beacon of hope and inspiration, demonstrating that with determination and vision, one can overcome any obstacle. As he continues to work towards his new goals, Navin remains a shining example of how one individual's efforts can bring about significant change in society. His legacy is not just in his business achievements but in his unwavering commitment to creating a better world for future generations.

MR. UZEF SHARIF KHAN DURRANI



Durrani Technologies: Pioneering Innovation in Software and Digital Solutions

Founded in 2019 by the visionary entrepreneur Uzeff Durrani, Durrani Technologies has swiftly risen to prominence in the internet and software industry. The company, headquartered at the intersection of technology and creativity, exemplifies the drive and ingenuity that define today's tech landscape.

A Journey of Vision and Innovation

Uzeff Durrani, an engineering dropout with an unyielding passion for technology, embarked on a mission to create a company that would not only offer cutting-edge software solutions but also revolutionize the way businesses approach digital transformation. With a clear vision and relentless determination, he laid the foundation of Durrani Technologies.

Comprehensive Suite of Services

Since its inception, Durrani Technologies has been at the forefront of delivering a wide array of services tailored to meet the diverse needs of modern businesses. Our expertise spans across various domains, including:

Custom Software Development: We specialize in building bespoke software solutions that cater to the unique requirements of our clients, ensuring efficiency, scalability, and innovation.

Website Design and Development: Our team creates visually stunning and functionally robust websites that provide an exceptional user experience, enhancing the online presence of businesses.

Mobile Application Development: We develop intuitive and high-performance mobile applications for both Android and iOS platforms, ensuring seamless user engagement and satisfaction.

Digital Marketing: Our digital marketing strategies are designed to boost online visibility and drive engagement, leveraging SEO, PPC, content marketing, and more to achieve measurable results.

Social Media Management: We manage and optimize social media platforms to enhance brand presence, foster community engagement, and drive customer interaction.

The Team Behind the Success

At the heart of Durrani Technologies is a dynamic team of nine dedicated professionals. Each team member brings a unique set of skills and expertise, contributing to the company's growth and success. Our collaborative environment fosters innovation, allowing us to deliver outstanding results for our clients.

Projects That Make a Difference

In a short span of time, Durrani Technologies has successfully completed numerous projects across various industries. Our portfolio is a testament to our commitment to excellence and our ability to deliver solutions that exceed client expectations. From developing sophisticated software systems to designing user-centric websites and mobile applications, our work reflects our passion for technology and our dedication to client success.

Looking Ahead

As we continue to grow and evolve, Durrani Technologies remains committed to pushing the boundaries of what is possible in the realm of internet and software solutions. With Uzeff Durrani's leadership and the unwavering dedication of our team, we are poised to achieve even greater heights, driving innovation and transforming businesses worldwide.

Durrani Technologies is more than just a company; it is a testament to the power of vision, perseverance, and the limitless potential of technology. We are excited about the future and the endless possibilities it holds.

For more information about our services and to explore how we can help your business thrive in the digital age, visit our website or contact us directly. Join us on this journey of innovation and excellence.

website : www.durranitech.in

contact: +91 8888148121

MS. PRATIMA MITTAL JAIN



Pratima Mittal is an education consultant with more than two decades of experience working in India and the MENA region. A certified agent by the British Council, she has provided guidance to thousands of students to help them make an informed decision about their higher education. She is an official representative for several top-ranked universities worldwide and has received training from them to provide the right guidance and ensure a perfect fit.

Drawing on her extensive experience, she developed the "Student Preparedness Program," which is founded on Developmental Academic Guidance. The program is designed to prepare students for the future and covers important topics such as growth mindset, biases, skill development plans, mental models, the future of jobs, and more. Believing that proper academic guidance is the key to student success, she works tirelessly to make 'developmental academic guidance' available in all Indian secondary schools. She is an IIM Calcutta alumna who advocates and fervently follows the concept of lifelong learning. She participated in the 'Education Leadership' Program at IIM Calcutta, where she presented her case emphasizing the need to structure and mandate academic guidance. She is currently pursuing an ACC credential through the International Coaching Federation, where she was awarded a scholarship for 2024.

Pratima is the Director of International Placewell Consultants, Gulf, which is licensed by the Ministry of Higher Education in Abu Dhabi. Her company has been named a 'Trusted Partner' by the KHDA in Dubai for its consistent performance in the region since 2003.

Full Name: Pratima Mittal

Designation: Director

Organization: International Placewell Consultants FZ LLC, Dubai, UAE

Qualification:

Education Leadership, IIM Calcutta

B. Com Hons, Hindu College, University of Delhi

PGDM Marketing, National Institute of India, Delhi

Modern School Barakhamba Road, New Delhi

Total Experience in Education Field: 20 years

MS. PREETI AGARWAL



Preeti Agarwal (born June 5, 1983) is a prominent social worker and women's activist from Punjab, India. She is widely recognized for her steadfast commitment to women's empowerment and social justice. Her extensive work with various NGOs has significantly impacted communities in Punjab, Delhi, Haryana, and Uttar Pradesh, advocating for women's rights and gender equality.

Early Life and Education :

Preeti Agarwal was born on June 5, 1983, in Ambala, Haryana, India, to Prabhu Dayal Goel and Suman Goel. She has two brothers, Ritesh Goel and Mukesh Goel. She attended PKR Jain School in Ambala City before pursuing higher education at DAV College, Ambala City, where she earned a Master of Commerce degree. Additionally, she holds a Master of Fashion Designing from the Indian Institute of Fashion Designing in Chandigarh.

Personal Life

Preeti Agarwal is married to Tinesh Agarwal, and they have two children, Archit Agarwal and Vaibhav Agarwal. The family resides in Samana, Patiala.

Career and Activism :

Preeti Agarwal's career in social work and women's activism is driven by her deep-seated belief in gender equality and her passion for empowering women. She has collaborated with numerous NGOs across Punjab, Delhi, Haryana, and Uttar Pradesh, focusing on initiatives that support women's empowerment and social work. Her projects aim to provide women with the necessary tools and support to become self-reliant and confident.

Philosophy and Vision :

Preeti Agarwal's philosophy centers on the belief that women possess unparalleled strength and deserve respect in all aspects of life. She often quotes, "नारी वही है जो नर से भारी है" (A woman is one who surpasses men), highlighting the historic and cultural reverence of women in India. She compares women to deities like Durga, Kali, and Lakshmi, emphasizing that respecting women is akin to worshipping God. In her public appearances, she stresses the importance of valuing women's roles and contributions to society, warning that disrespect towards women leads to societal downfall.

Contributions and Impact :

Preeti Agarwal has inspired many women to overcome their circumstances and fight for their rights. She actively participates in programs promoting women's education, health, and economic independence. Her efforts have raised awareness about women's rights and addressed critical issues such as domestic violence, gender discrimination, and girls' education.

Awards and Recognition :

Preeti Agarwal's dedication to women's causes has earned her numerous accolades. She is frequently invited to speak at various forums and events, where she shares her experiences and insights to motivate others.

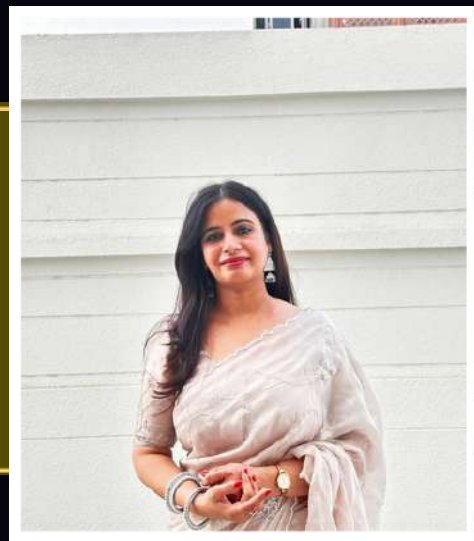
Conclusion :

Preeti Agarwal remains a beacon of hope and strength for many women across India. Her life's work is a testament to the power of dedication and the profound impact one individual can have on society. Through her activism, she has empowered countless women and contributed significantly to the broader movement for gender equality in India.

See Also

- Women's Rights in India
- Notable Indian Social Workers
- Gender Equality Movements in India

DR. KAVITA DERIC



“Women don't need to find a voice, They have a voice, and they need to feel empowered to use it, and people need it to encouraged to listen them”.

~Meghan Markle

Dr.Kavita Deric, a renowned and acclaimed educationist, has earned National recognition for her expertise in education. She stands as an eminent leader and a dedicated advocate for education, particularly renowned for her contributions in curriculum development, effective learning, and primary child education.

After many hurdles and struggling years she had reached epitome of success in education fields. Though we're living in the 21st century, it is still a challenge to manage career and a family as a woman. As a woman you need to face all the challenges of life.

Women play an integral part in society; without their progress, the overall progress of society comes to a halt. Societies in which women see consistent growth have been known to prosper themselves. It is through the empowerment of women that societies can ensure their growth as well.

Dr.Kavita's unique and trendsetting approach has set her apart as a Frontrunner in the competitive society. With almost 19 years of professional experience in education department, she has redefined diligence, adaptability and steadfastness time and time again. Dr.Kavita's acute attention to detail combined with strategic thinking forms a powerful combination.

Dr. Kavita redefines success as something earned through hard work rather than being handed on a platter. She sets an example for being young principal and aspiring teachers, educationists, inspiring them to excel in this competitive and dynamic industry.

As a distinguished figure in the education society, she serves as a trainer.

Resource person for CBSE, providing valuable insights to both teachers and students on various topics. Dr.Kavita is Jolly Phonics trainer and train teachers the correct method of teaching English.

Dr.Kavita holds numerous accolades, including the Active Principle Award, Global Education Inspire Award, National Icon Award, Inspiring Education Leader Award, GSLC Eduicon Award and World Wide Highest Performance Award.

Dr.Kavita's academic background includes Ph.D, PGCTE, B.Ed and expertise is Jolly Phonics trainings. She holds good reputation in CBSE board and has designation of CBSE City coordinator of Pratapgarh district.

She continually strive to inspire students, fostering a dynamic and challenging learning environment, emphasizing the importance of Technology as a core skill, she envisions nurturing the next generation of innovators at APC School. Under her leadership the School has achieved remarkable progress in CBSE Board result. Her school's students are District Toppers since many years.

“Success is not a destination but a journey of unwavering dedication constant growth and the audacity to redefine what's possible. Believe in yourself, embrace Challenges. The path of the greatness begins with the single step and with each step you will discover the extraordinary within”.

~ Dr.Kavita Deric

MS. MRUNALINI



In the bustling city of Delhi, amidst the cacophony of urban life, there exists a tale of resilience, passion, and triumph—a tale woven into the very fabric of one woman's journey. Meet Mrunalini, a girl from Maharashtra, a Banker by profession and a creative soul at heart, whose narrative unfolds like the pages of a gripping mystery thriller.

For close to a decade, Mrunalini has navigated the intricate world of finance with grace and determination. Yet, beneath the façade of corporate life, beats the heart of an artist—a soul stirred by the allure of literature, dance, and the boundless possibilities of storytelling.

It was amidst the hustle and bustle of her banking career that Mrunalini embarked on a parallel odyssey—a journey into the realms of creativity and imagination. Her evenings were spent immersed in the pages of novels, her weekends dedicated to penning down stories that danced across the canvas of her mind.

But it was with the release of her debut book, "The Unexpected Whispers of Shanthi Villa," that Mrunalini's star truly began to rise. This enigmatic tale, a fusion of mystery and intrigue, captured the imagination of readers worldwide, finding its way onto virtual shelves across platforms like Amazon, Goodreads, Flipkart, Notion Press, Kindle, and Beyond. The acclaim was swift and resounding, affirming Mrunalini's talent as a storyteller and igniting a spark of possibility within her heart.

Yet, the journey to literary acclaim was not without its challenges. Nights were spent wrestling with self-doubt, moments of uncertainty casting shadows upon her path. But through it all, Mrunalini pressed forward, buoyed by the unwavering support of her family and fueled by a passion that refused to be extinguished.

Her achievements did not go unnoticed. In a moment of triumph and validation, Mrunalini was also honored with the prestigious Indian Prime Icon Award—an accolade that served as a beacon of recognition for her tireless dedication and unwavering commitment to her craft.

But Mrunalini's story does not end here. With the sequel to her book poised to captivate audiences once again, she continues to write her narrative—one of dreams pursued, obstacles overcome, and victories celebrated. With each word penned, she adds another chapter to her legacy, inspiring others to chase their dreams relentlessly and embrace the journey with courage and conviction.

And as her story continues to unfold, one thing remains certain: the world eagerly awaits the next chapter in the extraordinary saga of Mrunalini Phade.

DR. LALIT KUMAR GUPTA



Introduction:

Prof. (Dr.) Lalit Kumar Gupta is a luminary in the field of education, seamlessly blending academic prowess with administrative finesse. With over two decades of experience, he stands as a testament to excellence in teaching, research, and leadership.

Life Journey:

A first-class M.Sc. Physics graduate from Central University Guru Ghasidas University, Bilaspur, Prof. Gupta continued his academic pursuit with a remarkable Ph.D. from B.R. Ambedkar University, Agra. His journey has been marked by an unwavering commitment to knowledge and an insatiable curiosity in the realm of Materials Science.

Academic Achievements:

Boasting an extensive academic career, Prof. Gupta has held pivotal roles such as Professor & Head of Applied Science Department, Director at Edtech company SETU100 India Pvt Ltd., Ghaziabad, and Professor & Head of Skill & Incubation Centre at VGI Dadri. His roles as Examination Superintendent at CCS University Meerut, Administrative Officer, Vice Principal of S.S. PG College BSR, and In Charge of the Innovation Cell showcase his versatile administrative acumen. Currently working as Director & Principal of S S P G college, Bulandshahr.

Research Eminence:

Prof. (Dr.) Lalit Kumar Gupta is not just an educator but an accomplished researcher with more than twenty research papers published in international and national journals. His presence is also felt in conferences where he has presented an equal number of research papers, contributing significantly to the academic discourse.

Mentorship and Innovation:

During his 15 years at Krishna Engineering College, Prof. Gupta passionately mentored students in technology and innovation. His role as the head of the Incubation Center and Skill Hub underscores his dedication to nurturing talent and fostering an environment of creativity.

Current Endeavors:

With 25 years of experience in the education sector, Prof. (Dr.) Lalit Kumar Gupta continues to make an indelible mark as the Principal of a Postgraduate College. His leadership is marked by a deep understanding of academic intricacies and a commitment to shaping future generations.

Awards and Recognitions:

While his contributions speak volumes, Prof. Gupta's journey is also adorned with accolades and recognition. His awards stand as a testament to his commitment and excellence in the education sector.

In essence, Prof. (Dr.) Lalit Kumar Gupta's profile is not just a narrative of achievements but a chronicle of dedication, innovation, and leadership in the dynamic realms of academia and administration.

In 2023, Prof. (Dr.) Lalit Kumar Gupta earned distinguished recognition for his dedication to education, being honored with the title of Innovative Professor of the Year by the Delhi Government's Cabinet Minister. Following this, the Maharashtra Education Department bestowed upon him a prestigious Lifetime Achievement Award on December 6, 2023, acknowledging his significant contributions to the education sector. Recognizing his enduring commitment, Krishna Engineering College presented Prof. (Dr.) Lalit Kumar Gupta with the Long Service Award, and further highlighting his impact, the college honored him with the Best Teaching Award. These accolades collectively underscore Prof. (Dr.) Lalit Kumar Gupta's unwavering commitment to excellence in education.

MR. DIVYANSH SRIVASTAVA



Divyansh Srivastava: A Visionary Leader in Modernizing India

Divyansh Srivastava, a dynamic and visionary individual, stands at the forefront of innovation and entrepreneurship, driving impactful change in multiple sectors. Currently pursuing his third year at Jaypee University of Engineering and Technology, Divyansh has demonstrated exceptional leadership as the Founder & CEO of BitBattles Esp Pvt Ltd, Director of Trustique Assist Pvt Ltd, and Co-Founder of Arsenal Esports (Strangers community).

Founding Arsenal Esports

Divyansh's journey into entrepreneurship began with the founding of Arsenal Esports on May 13, 2019. The organization was established with a noble intention—to provide gamers with a platform to showcase their skills and talents. Initially focusing on conducting tournaments, Arsenal Esports quickly evolved to address a significant challenge faced by gamers—their professional placements. Recognizing this gap, Divyansh spearheaded a drive to help gamers secure suitable placements in the gaming industry, ranging from game developers to testers and modifiers.

BitBattles Esp Pvt Ltd: Revolutionizing Security Services

As Arsenal Esports gained traction, Divyansh identified another area ripe for innovation—security services. Observing the traditional methods used by security agencies and the challenges faced by both users and guards, he envisioned a solution that combines human expertise with cutting-edge technology. This led to the founding of BitBattles Esp Pvt Ltd on November 21, 2023. The company leverages high-end technology to enhance security services, ensuring a safe environment for users and guards alike. This innovative approach represents a paradigm shift in the security industry, offering a unique blend of human vigilance and technological prowess.

Trustique Assist Pvt Ltd: Redefining Consumer Services

In addition to his role at BitBattles Esp Pvt Ltd, Divyansh serves as a Director at Trustique Assist Pvt Ltd. The company, founded by his brother Mr. Pranjal Pandey on June 21, 2023, specializes in providing comprehensive solutions for consumers in need of caretakers, maids, babysitters, and workers. Divyansh's strategic insights and entrepreneurial acumen have been instrumental in driving Trustique Assist's growth and success, as the company continues to redefine consumer services with a focus on efficiency, reliability, and customer satisfaction.

Mission and Vision for Modernizing India

Divyansh's multifaceted roles reflect his overarching mission and vision—to modernize India across various sectors while fostering profitability and sustainability. By combining technology, innovation, and a deep understanding of market needs, he is leading the charge towards a more digitally empowered and efficient India. His commitment to excellence, ethical business practices, and social responsibility sets a benchmark for aspiring entrepreneurs and leaders.

Conclusion

In conclusion, Divyansh Srivastava's profile exemplifies the spirit of entrepreneurship, innovation, and social impact. From empowering gamers through Arsenal Esports to revolutionizing security services with BitBattles Esp Pvt Ltd and redefining consumer services at Trustique Assist Pvt Ltd, Divyansh's contributions are shaping the future of multiple industries. With a clear vision and unwavering determination, he continues to inspire and lead, driving positive change and creating lasting impact in India's journey towards modernization and success.

Divyansh Srivastava

Founder & CEO | BitBattles Esp Pvt Ltd |

Director | Trustique Assist Pvt Ltd |

Founder of organization | Arsenal Esports (Strangers community)

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DR. VINAY YADAV



Transforming Lives through Education and Philanthropy: The Journey of Dr. Vinay Yadav

In the picturesque town of Dibrugarh, Assam, Dr. Vinay Yadav stands out for his commitment to education, philanthropy, and scientific inquiry. As he approaches recognition at an upcoming award ceremony, Dr. Yadav's achievements highlight the impact of vision and dedication in transforming lives. Dr. Vinay Yadav's journey began with his academic pursuit, earning an MSc in Organic Chemistry from Andhra University, Vishakapatnam, followed by an honorary doctorate. His scholarly dedication reflects his commitment to continuous learning and excellence.

Dr. Yadav's professional career commenced with a decade-long service in the Indian Railways, providing him with insights into public service. Following this, he taught for four years at a government school in Assam, marking the start of his lifelong dedication to teaching and community service. His teaching career expanded both online and offline, where he taught chemistry to secondary school students, polytechnics, and specialized coaching for Olympiads, NEET, and JEE exams. His effective teaching methods helped many students secure admissions to prestigious institutions such as IITs, NITs, and medical colleges.

Driven by a desire to uplift communities, Dr. Yadav spearheaded initiatives to provide educational opportunities for the underprivileged. He authored Chemistry textbooks for Diploma Engineering courses across India, ensuring access to quality learning materials. His work with schools in Assam and Arunachal Pradesh enriched students' learning experiences and promoted scientific inquiry. In 2010, Dr. Yadav founded Quantum Foundations, a coaching institute in Northeast India, leading a team of qualified faculty providing NEET, JEE, and Olympiad coaching. His vision to deliver quality science education is supported by modern teaching methods and technology. He is currently expanding his institute using a franchise model to cover both rural and urban areas in the northeastern states, ensuring accessible quality education.

Beyond education, Dr. Yadav is committed to community welfare, collaborating with organizations focused on human rights and social welfare. His involvement with groups such as ASTEC highlights his dedication to fostering scientific innovation and addressing superstitions in rural areas.

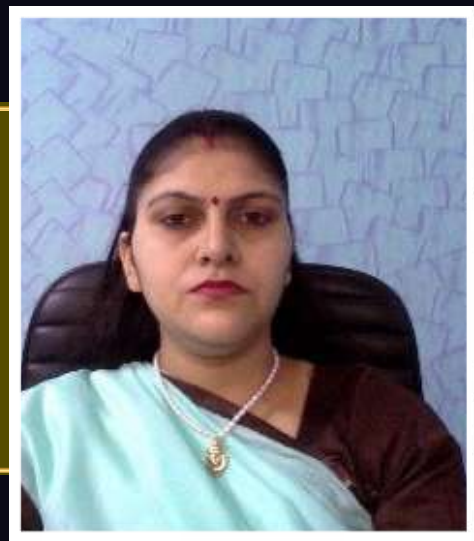
Dr. Yadav's holistic approach to education and community service has garnered him recognition and respect. His efforts have transformed individual lives and uplifted entire communities. Recognizing Dr. Vinay Yadav acknowledges his significant contributions to education and social welfare, serving as an inspiration for meaningful change.

Dr. Vinay Yadav's career, spanning from local classrooms to influential educational institutions, demonstrates the far-reaching effects of his dedication to teaching and community service. His journey continues to inspire future generations, leaving a lasting impact on the educational and social landscape of Northeast India and beyond.

Dr Vinay Yadav
Director
Quantum Foundations
vinay_647@rediffmail.com



DR. NIDHI SHANKAR SINGH



I was born in Lucknow and grew up in Lucknow and went to ICSE school. I Dr. Nidhi Shankar Singh is a professionally qualified professor with 9 years of experience. I have recently achieved the BEST MENTOR TROPHY in my university. Not only this I have also achieved the BEST FINANCE RESEARCHER AWARD of the year 2020 from ISSN. I am seeking employment that will make best use of my skills and allow me to develop them further by giving a well skilled and independent citizen to our nation.

I love to dig into students' problems and solve them with my counsellor talent. I create, scale and optimize teaching portfolios that matter. To accomplish this, I focus on delivering key lectures, building amazing examples and quickly adapting to new learnings.

I have enjoyed many universities throughout my career till yet. My personal and professional experiences have taught me the following about myself;

I am a hardworking, honest, punctual and motivated individual who is able to work in a busy environment and produce a standard citizen for our nation. I am an excellent team worker and adaptable to all challenging situations. I am able to take instructions from all levels and build up good working relationships with all colleagues. I am outgoing and tactful and able to listen effectively when solving problems. I am flexible, reliable and possess excellent time keeping skills. I am able to work well both in a team environment as well as using own initiative. I am able to work well under pressure and adhere to strict deadlines. I am very willing to learn and develop new skills. I have an active and dynamic approach to work and getting the things done within the deadline. I identify and develop opportunities. I have a creative mind and am always up for new challenges.

My biggest strength is being able to quickly and easily see skills, gifts and talents that my students don't even realize they have. My greatest satisfaction comes from helping the students discover and develop these skills, and seeing them set sail with enthusiasm and confidence toward a future filled with joy, satisfaction and success beyond their wildest dreams.

Through my workshops, presentations and writing, I help students explore their past so that they create their future. When I am speaking to my students about turning tragedies into triumphs, or guiding them individually through their own journey of discovery, my goal is always the same to help them buried their treasure so that they can make the rest of their life the best of their life.

Making difference in my students is what makes my day.

After all these qualities in me, I must say that I am strong women to face all the tragedies, problems, bad time of life successfully without any fear. I am self-confident, productive, optimistic, and a go-getter, a fear-tackler, caring, unafraid to stand up for what one believes in, proud, unbothered by what others say or think, and true to one's self.

I am mentally strong women, which is not about how cute I look on any given day. It is not about being popular, and it's not about earning the most money. It is about my character. It is being good examples for others and taking good care of ourselves at the same time.

Being confident helps me to self-love and it also helps me to stay away from comparing.

Being productive helps me to spend time on worthy causes and important matters keeps my mind happy.

Being optimistic and positive helps me to see the glass as half full and not half empty. It brings good vibes with me everywhere I go.

Being go-getter helps me put my dreams into action.

I being mentally strong women face my fears, problems and issues with head-on and I do not run away from them. We all run into different fears throughout our lives, but it is how we handle them that determines if we are being mentally strong.

I being caring take care of myself while caring for others too.

When I see something wrong is going on in society, I don't watch others get bullied. Instead, I take appropriate action.

Whenever people make mistakes and say hurtful things at times, I simply ignore such comments.

Ignoring these messages is difficult but it is possible.

I do not change myself to satisfy others, neither I change to impress others. I stay true to myself, and doing so is loving my mind goes right along with the comfort.

Dr. Nidhi Shankar Singh

Professor

Babu Banarasi Das University

MR. NITIN JAIN



Nitin is an Entrepreneur and the visionary behind Indibni® Group, a trailblazing enterprise dedicated to fostering self-reliance in India through the creation of exceptional indigenous products with global appeal. Armed with a Masters in Design from Birla Institute of Technology, Mesra, and specialized entrepreneurship training from the University of Maryland, USA, Nitin seamlessly integrates creativity with strategic business acumen to champion the ethos of Vocal For Local.

At the helm of Indigifts®, a groundbreaking gifting brand as seen on Shank Tank India has redefined the landscape of Indian gifting. Nitin, alongside his better half Divya, orchestrated a remarkable journey to national acclaim. Nitin recently did Indiyatra, 7 states, 6100 KM's in 21 Days to spread the mission of building Brand Bharat, sharing the stories of Indigenous Innovators. Renowned for its mascot "Indi" and tagline, "Swag Bhi, Sanskar Bhi," Indigifts® has curated an extensive collection of over 5,000 indigenous products, fulfilling over 2 million orders since its inception in 2017. Notable among their innovations is the Seed Rakhi®, Discovering India etc Indigifts is recognized with prestigious awards such as Best D2C Brand of the year by Indian Retailer, India's Best Design Award by Design India Magazine and The Future of Design Award by Business World, and extensively featured across prominent media outlets.

Beyond business, Nitin is deeply committed to Reliant India through Indibni Ventures and Indibni Foundation. These platforms are instrumental in fostering community engagement, nurturing entrepreneurship, and advocating for sustainability. So far the group has employed over 300+ rural women artisans and educated over 100K students through personal interactions for sustainable celebration.

Inspired by a profound Near Death Experience in his youth, Nitin's philanthropic endeavors are driven by a genuine desire to give back to society. Actively engaged in community building such as Birla Institute of Technology, Mesra Alumni Association, and esteemed organizations like Istart Rajasthan, ASCENT Foundation, Charter for Compassion, Costartup India, Nitin embodies the spirit of collaborative growth and shared success. With a passion for movies, mountains, Vipassana, and wellness, Nitin thrives on cultivating meaningful connections and collaborative opportunities. Nitin's journey is a testament to innovation, sustainability, and societal impact, as he continues to shape the future of entrepreneurship in India and beyond. His guiding mantra, "बात करोगे तो बात बनेगी !"



MS. RIMPI KAUR HORA



I'm Rimpi Kaur Hora from Bilaspur, Chhattisgarh. In 1998, I completed my postgraduate studies in Economics and was awarded a gold medal. After that, I got married. Like many families at the time, I had to give up on some of my dreams and move in with my in-laws. I have two children, a daughter and a son. I spent almost 16-17 years solely focused on raising them. Sometimes, I would have thoughts of soaring high, but then the responsibilities of being a homemaker would take over. Not that taking care of family is not satisfying, but, it was time to do something which would satisfy my individual needs, and therefore, I joined various social groups and progressed in the field of social work.

I'm honored to have served as the President of the Lions Club Energy, where I worked tirelessly for the betterment of human welfare. Under my guidance, we successfully carried out numerous campaigns that made a positive impact on the community.

I've also had the privilege of serving as the President of the Panjabi Mahila Sanstha, where my focus has been on empowering women. We specialize in working with ladies and provide sewing machines to help them become self-sufficient. Additionally, we supply sanitary pads to uneducated or less educated women and girls in villages, while also educating them about menstrual hygiene. As an ex-Wise President, I've worked towards creating opportunities for women to thrive and succeed in all aspects of life.

I'm proud to be an active volunteer with the NGO Relief Organization, where I've had the opportunity to contribute to various public works that benefit society as a whole. We're currently running programs for childhood cancer and breast cancer awareness, as well as providing food services in government hospitals. I've also taken the initiative to adopt malnourished youngsters and provide them with nutritious foods like milk, eggs, fruits, green veggies, and jaggery.

Rimpi Kaur Hora
Rimpihora1503@gmail.com Contact- 9575963000 Bilaspur, Chhattisgarh- 495004

MR. HIMANSHU GUPTA



Introducing Himanshu Gupta: Director of The Creations Scholars

Meet Himanshu Gupta, a visionary leader in the education and training industry, who brings a wealth of experience and expertise to his role as Director of The Creations Scholars. With a dynamic background in Social Media Marketing, Public Speaking, Management, and Business Development, Himanshu is dedicated to fostering skill excellence and empowering individuals to succeed in their careers. Himanshu holds a Master of Business Administration (MBA) with a specialization in Human Resource and Public Policies from Maharshi Dayanand University, Rohtak, solidifying his foundation in business acumen and strategic management. His commitment to education extends beyond traditional boundaries, as he actively engages with government schools, imparting valuable insights through guest lectures in management studies.

Recognized for his proficiency in leveraging digital platforms, Himanshu spearheads impactful social media campaigns for small business firms, driving growth and visibility in the competitive landscape. His credentials include certifications as a Certified Public Speaker by Alchemist and a Digital Marketing Professional from Hansraj College, DU, reflecting his dedication to continuous learning and professional development.

Beyond his professional endeavors, Himanshu's passion for social activism shines through as he dedicates his time and resources to supporting underprivileged children in their educational journey. His belief in the transformative power of education fuels his advocacy efforts, inspiring positive change and empowerment within communities.

As Director of The Creations Scholars, Himanshu Gupta combines innovation, compassion, and expertise to create a nurturing environment for skill development and personal growth. With his unwavering dedication to education and social impact, Himanshu is a beacon of inspiration, guiding individuals towards a brighter future filled with endless possibilities.





DR. RAJESH REDDY



Dr. Rajesh Reddy S: Pioneering Ethical and Sustainable Poultry Farming

With a vision of achieving ethical, sustainable, and high-quality poultry farming, Dr. Rajesh Reddy S has significantly impacted the industry. As the driving force behind SRAF Proteins, a leading poultry company in India, Dr. Rajesh is dedicated to producing top-quality poultry free from antibiotics and hormones. His journey began in childhood, growing up in a family of poultry farmers, where he developed a deep understanding of the industry's potential and challenges.

In 2011, Dr. Rajesh founded SR Agro Farms, an initiative supporting local farmers by providing healthy chicks, top-quality nutritious feed, and comprehensive training in bird care, adhering to industry standards. This initiative has grown into a network of over 100 farmers, all committed to producing nutritious and high-quality chicken. Dr. Rajesh's vision was rooted in empowering these farmers and bolstering the rural economy through sustainable poultry farming. Expanding into institutional sales, he led SRAF Proteins to embrace the farm-to-table concept, maintaining control over the entire production process from breeder farms and hatcheries to feed mills, processing plants, and retail stores. This approach ensures fresh and nutritious poultry products are delivered directly to consumers.

In 2023, Dr. Rajesh furthered his commitment to nourishing communities by introducing SR's Daily Nutrition, a chain of retail outlets in Bengaluru. This concept guarantees that fresh and nutritious poultry products reach consumers directly, emphasizing the farm-to-table approach. The COVID-19 pandemic highlighted the importance of quality protein, strengthening the connection between health, immunity, and SR's Daily Nutrition.

Dr. Rajesh and his company are dedicated to producing high-quality poultry and being responsible citizens. They have incorporated eco-friendly practices such as rainwater harvesting and solar energy usage, reducing their carbon footprint and minimizing plastic waste. In recognition of his contributions to business administration and social services, he was honored with an honorary doctorate from the World Human Rights Protection Commission. This award underscores the immense positive impact he has made in the world of poultry farming and beyond.

A significant accomplishment for Dr. Rajesh is the 'Champions of Change Karnataka' Award, presented by Governor Thawar Chand Gehlot. This honor recognizes his outstanding contributions to sustainable farming and healthcare and was initiated by the Interactive Forum on Indian Economy.

Dr. Rajesh has also received international recognition. In 2023, SRAF Proteins achieved the prestigious Business Excellence Award for Poultry Company of the Year, presented by the Honorable Governor of Andhra Pradesh, Sri Biswa Bhusan Harichandan. His company has been prominently featured in Forbes India and Fortune India, and he has been recognized as one of the Top 10 iconic leaders of 2023 by Indian Express.

His international impact is further acknowledged with the Asia-UK Business Excellence Awards, received at the Parliament House of Commons in London, UK. Additionally, SRAF Proteins has been honored with the MSME Government of India Award for Best Poultry Company of the Year and the Best Entrepreneur Award of the Year from the MSME Business Award. Capping it all, SRAF Proteins received the Best Poultry Company Award of 2023 at Dr. APJ Abdul Kalam's Inspirational Awards, presented by esteemed individuals such as Shri Prakash Javadekar, Ms. M C Mary Kom, and Shri Syed Shahnawaz Hussain.

After establishing a substantial presence across India, Dr. Rajesh aims to become a leading force in the global poultry industry. He is committed to upholding ethical and sustainable poultry farming practices while ensuring that communities worldwide have access to affordable, high-quality protein sources. He aspires to introduce ready-to-cook food solutions and empower even more local farmers. His vision extends to promoting health and nutrition, setting industry standards for quality, transparency, and traceability while embracing innovation and social responsibility.

Dr. Rajesh Reddy's vision goes beyond business; it's about making a positive impact on the poultry industry, society, and the environment. His commendable work towards ethical and sustainable poultry farming has transformed his dream into a reality, changing the way we approach the food we consume.

MR. PRAEEK GARG



Prateek Garg: Transforming Spaces with Vision & Passion

In the world of interior design, where creativity meets functionality, Prateek Garg stands out as a beacon of innovation & excellence. As the Director of Elatio Interiors, Prateek has spent over 9 years crafting beautiful, functional spaces that resonate with the unique personalities & needs of his clients. His journey from a passionate novice to a seasoned expert is a testament to his dedication, vision & unwavering commitment to his craft.

His Journey: From Humble Beginnings to an Industry Leader

Prateek Garg's journey into the world of interior design & furniture manufacturing began in November 2014. With a deep-rooted interest in furniture & interiors, he embarked on this path with a dream of transforming dull and boring spaces into vibrant, livable and likeable environments. His educational background from Delhi Public School (DPS) laid the foundation of his disciplined approach, while his undergraduate studies at Shaheed Sukhdev College of Business Studies (SSCBS) honed his Business Acumen. His postgraduate education at the Fore School of Management further equipped him with the strategic insights necessary to thrive in this competitive industry.

His Results: A Testament to Excellence

Over the years, Prateek's hard work & dedication have borne fruit. Being on the leading front in his space, he has an experience of working with over 1,700 clients across 14+ cities, each project adding to his repertoire of skills & experience. In 2020, he achieved a significant milestone by Introducing Disney & Marvel furniture to India for the 1st time ever. This innovation not only filled a gap in the market but also brought joy & excitement to countless young parents, making themed interiors accessible & popular among children & fans alike.

Prateek's results speak for themselves. From quaint apartments to sprawling villas, his designs have transformed spaces into personalized sanctuaries. The feedback from his clients has been overwhelmingly positive, with many lauding the functionality, aesthetic appeal & meticulous attention to detail that characterize his work.

His Clients: Partnerships Built on Trust

Throughout his career, Prateek has had the honor of working with some of the most esteemed clients. Notable names include Mr. Vijay Shekhar Sharma, the founder of Paytm, & Mr. Singhania of JK Lakshmi Super Cement. These collaborations have not only been professionally rewarding but also personally enriching, as they have allowed him to understand & cater to diverse tastes and preferences.

His client base is diverse spanning Individuals, Families & Corporate entities. Each client brings their unique vision & Prateek ensures that the vision comes to life. The trust & rapport he builds with his clients are the cornerstones of his success, ensuring that each project is a collaborative & fulfilling experience.

His Hobbies: A Window into His World

Outside of his professional life, Prateek has a variety of hobbies that keep him inspired & grounded. He is an avid reader and a writer, with a particular interest in design magazines & architectural journals. Additionally, he enjoys traveling allowing him to explore different cultures & architectural styles, broadening his design perspective.

His Values: The Pillars of His Practice

Integrity, creativity & client-centricity are the values that underpin Prateek's work. He believes in conducting his business with the utmost honesty & transparency, ensuring that his clients are always well-informed & involved in the decision-making process. Every decision is made with the client's needs & preferences at the forefront, ensuring that the final design is both beautiful & functional.

His Belief: Planning & Processes for Success

Prateek firmly believes that proper planning, systems and a process-based approach are crucial for delivering desired results. This belief has been shaped by his extensive experience working with category teams of leading platforms such as Amazon, Flipkart, Pepperfry, Home Centre, & Firstcry. Each of these collaborations has reinforced the importance of meticulous planning & systematic execution in achieving excellence.

His Goal: Crafting Dream Homes

Looking ahead, Prateek aims to continue expanding the horizons of Elatio Homes, reaching more clients & exploring new design possibilities. Ultimately, his mission is to help people craft their dream homes—spaces that are not only aesthetically pleasing but also deeply personal & functional.

His Publications: Sharing Knowledge & Expertise

Prateek is also an accomplished author, sharing his wealth of knowledge & insights through his writings. He has authored "The Ultimate Guide to Home Renovation," a comprehensive resource for homeowners looking to transform their living spaces. Additionally, his book "7 Tips to Craft a Dream Home" has been a significant success, earning a place on the Amazon #1 Bestseller list. These publications reflect Prateek's dedication to educating and empowering others, providing practical advice & inspiration for anyone embarking on their own home renovation journey.

In conclusion, Prateek Garg's journey as an interior designer & furniture manufacturer has been a blend of passion, hard work & unwavering commitment to excellence. As he looks to the future, Prateek is excited about the endless possibilities & the opportunity to make a difference, one beautiful space at a time.

SKINOS

PR || SKINOS PRIVATE LIMITED

Meet Dr Shruti Gupta, the powerhouse behind Skinos. Know her journey, education, and more

Shruti Gupta, MD Dermatology and FAAD (USA) founded Skinos Private Limited, a leading dermatology clinic headquartered in Delhi. With a stellar academic background, including an MBBS from King George Medical University, Lucknow, and an MD from Bangalore Medical College & Research Institute, Bangalore, Dr. Gupta brings over nine years of enriching experience to provide top-notch and effective skin, hair, facial, aesthetic, and laser services.

The Goal of Skinos

Skinos is renowned for providing aesthetic services and personalized care for skin and hair concerns. With a focus on innovation, excellence, and holistic well-being, Skinos is redefining beauty standards in the modern arena. Recognizing that every individual is unique, Skinos offers customized care and treatments tailored to suit each client's specific needs and goals. Every service is crafted to meet specific needs, from advanced laser therapies to bespoke skincare regimes. Shruti aims to revolutionize dermatology by merging advanced technology with personalized care. Beyond physical transformations, Skinos contributes to improved self-confidence, enhanced quality of life, and increased awareness about skincare and haircare.

Expanding Reach and Product Range

In the coming months, we plan to expand our reach by opening clinics in more locations. We'll also be partnering with leading brands to offer you even more options for skincare and haircare products. And if that's not enough, we'll be launching an online platform where you can shop for your favourite products and consult with our experts from the comfort of your own home, Shruti added.

Recognition and Awards

Dr. Shruti Gupta's contributions to the field of dermatology extend beyond the confines of her clinic. Her groundbreaking research on the efficacy of Platelet-Rich Plasma (PRP) in treating androgenetic alopecia in males has garnered international acclaim with its publication in PubMed.

Beyond accolades and awards, Gupta's vision for Skinos is deeply rooted in social impact. Through Skinos, she aims to enhance self-confidence, improve quality of life, and foster education and awareness about skin and hair care.

MR. RAJA PATHAK



नमस्कार

मैं छात्र जीवन से राजनीतिक जीवन में एक राजनीति की विद्यार्थी के रूप में कार्य कर रहा हूँ बाल्य अवस्था से स्वमसेवक हूँ एबीवीपी भाजपा युवा मोर्चा भाजपा में बीभन्न जिम्मेदारियों का निर्वाहन करता आ रहा हूँ जो संगठन जिम्मेदारी दी उसे निभाता आ रहा हूँ राजनीति मेरे लिए समाजसेवा का सशक्त माध्यम है हमारा मेरी बाल्य अवस्था से रुचि समाजसेवा एवम सामाजिक चिंतन में रही है , मैं हमेशा से कई आलेख समाजिक राजनीतिक विषयों पर लिखता हूँ जो कई राष्ट्रीय स्तरीय एवं राज्य स्तरीय समाचार पत्रों में प्रकाशित होते हैं टीवी चैनलों पर परिचर्चों में मुझे हमेशा आमंत्रित किया जाता है हाल ही में मैंने भारतीय संस्कृति की जागरूकता व प्रमाणिकता का संदेश देने के लिए एक पुस्तक लिखी है जिसका नाम है भारतीय संस्कृति मानव जीवन का आधार जो amazon एवं flip kart पर उपलब्ध है जिसकी देश में बहुत लोग ले रहे हैं । वर्तमान में राष्ट्रीय कार्यक्रम विभाग भाजपा मध्य प्रदेश में सदस्य के रूप में दायित्व पर हूँ मेरा तो आपसे यही कहना चाहता हूँ जब भारत कौशल विकास की यात्रा शुरू की थी, तो हमारे सामने अनेक चुनौतियाँ थीं। बेरोजगारी, गरीबी और युवाओं में रोजगार की कमी जैसी समस्याएँ हर देश के विकास में एक बड़ी बाधा बनकर खड़ी थीं। लेकिन हमने ठान लिया था कि हम इन बाधाओं को पार करेंगे और एक ऐसा रास्ता तैयार करेंगे जिससे हमारे युवा सशक्त और आत्मनिर्भर बन सकें।

इस दौरान हमें विभिन्न राष्ट्रों के सहयोग और विभिन्न राष्ट्रीय का सहयोग करने का भी अवसर मिला

इस दिशा में हमें आपके जैसे साथी देशों और विदेशी विशेषज्ञों का अभूतपूर्व सहयोग मिला है। आपने हमारे साथ मिलकर कौशल विकास के विभिन्न कार्यक्रमों और नीतियों को विकसित करने में अमूल्य योगदान दिया है। आपके साथ के बिना, हमारी यह यात्रा अधूरी रहती।

प्रमुख उपलब्धियाँ और योगदान

शिक्षा और प्रशिक्षण का सुधार: हमने शिक्षा प्रणाली में महत्वपूर्ण सुधार किए हैं। उद्योगों की आवश्यकताओं के अनुरूप पाठ्यक्रम तैयार किए गए हैं, जिससे युवाओं को आधुनिक और व्यावहारिक ज्ञान प्राप्त हो सके। वर्ष 2021 में भारत ने नई शिक्षा नीति लागू की जिसने भारत की कौशल विकास योजना को एक नया ऊर्जा प्रदान की

तकनीकी शिक्षा का विस्तार: हमने तकनीकी शिक्षा पर विशेष ध्यान दिया है। नवीनतम तकनीकों की जानकारी और प्रशिक्षण प्रदान करने के लिए अत्याधुनिक संस्थानों की स्थापना की गई है।

स्टार्टअप और उद्यमिता को प्रोत्साहन: हमने युवाओं को स्टार्टअप और उद्यमिता के लिए प्रेरित किया है। इसके लिए वित्तीय सहायता, मार्गदर्शन और आवश्यक संसाधनों की उपलब्धता सुनिश्चित की गई है।

राष्ट्र के युवाओं की लगन ने कार्यक्रम को एक अलग ही रूप दिया तकनीकी शिक्षा में एक वक्त ऐसा माना जाता का प्रतिभावान होते हुए भी भारत कौशल विकास योजना को ढंग से नहीं लागू कर सकता लेकिन कहते हैं कि,

कौन कहता है कि आसमान में सुराग नहीं हो सकता एक पत्थर तो तबीयत से उछालो यारो

ऐसी लगन और उत्साह से जब भारत ने अपने प्रत्न किए और सफलता का आलम यह रहा की जो युवा एक वक्त रोजगार के लिए भटक रहे थे उन्होंने रोजगार देना शुरू किया,

यह बात दुनिया जानती की कोई भी कार्य मातृशक्ति कि बिना अधूरा रहता है तो कौशल विकास योजना 49% आबादी रखने वाली महिलाओं के बिना कैसे पूरा हो सकता था

महिलाओं को कौशल विकास के मुख्यधारा में शामिल करना हमारी प्राथमिकता रही है। इसके लिए विशेष कार्यक्रम और योजनाएं चलाई गई हैं, जिससे वे आत्मनिर्भर और सशक्त बन सकें।

और मातृशक्ति ने यह साबित कर दिया कि किसी भी सफलता के पीछे मातृशक्ति होती है मैं नमन करता हूँ विश्व की मातृशक्ति को जिसने अपने समर्थ से अपनी प्रतिभा को ऐसे दिखाए की पूरी दुनिया उनके सामने नतमस्तक है।

कौशल विकास योजना की सफलता का उदाहरण हाल में ही देखा कि ग्रामीण क्षेत्र की महिलाएं अपने खेत की सुरक्षा ड्रोन से कर रही है,

वैसे अपने घर का नहीं गांव का और राष्ट्र के विकास में अपना 100% योगदान दे रही हैं कौशल विकास योजना के तहत यह देखना सुखद है निश्चित तौर पर इस बात से भी इनकार नहीं किया जा सकता

विदेशी विशेषज्ञों के सहयोग के सहयोग से भी हमें इसमें अनेक अनेक सफलताएं मिली हैं क्योंकि विश्व एक परिवार रूपी रूप में चलता है तो सहयोग का आदान-प्रदान करना परिवार के सदस्यों का दायित्व होता है भारत अपना दायित्व विश्व के लिए समझता है पूरी तरीके से प्रतिबद्ध भी है हमें विदेशी विशेषज्ञों के सहयोग से, हमने विभिन्न क्षेत्रों में नए आयाम स्थापित किए हैं। उदाहरण के लिए, जर्मनी के विशेषज्ञों ने हमारे प्रशिक्षण संस्थानों में ड्यूल सिस्टम ऑफ ट्रेनिंग (Dual System of Training) को लागू करने में महत्वपूर्ण भूमिका निभाई। इसी प्रकार, जापानी सहयोग से हमने औद्योगिक ऑटोमेशन और रोबोटिक्स के क्षेत्र में बड़ी प्रगति की है।

मैं यह नहीं कह रहा की हम पूरी तरीके से सफल हो चुके हैं लेकिन हमने सफलता की सीढ़ियां चढ़ना शुरू कर दिया है और इस मौके पर किसी की कई बात याद आती है कि "माना अंधेरा घना है लेकिन दिया जलाना कहां मना है"

किसी भी कार्य को करते समय हमें पहले से उसके सफलता के बारे में ना सोचते हुए उसकी सफलता में अपना योगदान देना चाहिए सफलता असफलता एक सिक्के के दो पहलू हैं लेकिन जब तक सिक्का उछाला ना जाए जब तक उसका नतीजा नहीं निकलता है

तब मुझे अटल जी की बात याद आती है संघर्ष पथ पर जो भी मिला यह भी सही वह भी सही क्या हार में क्या जीत में किंचित नहीं मैं भयभीत में,

तब मैं कहता हूँ की स्किल डेवलपमेंट व्यक्ति की पर्सनालिटी को तो निखारता है राष्ट्र की प्रगति का भी आधार ही

हो गई है पीर पर्वत-सी पिघलनी चाहिए
इस हिमालय से कोई गंगा निकलनी चाहिए , और निश्चित तौर पर हम संघर्ष पथ पर चलते हुए सफलता की कुंजी को स्थापित करेंगे और स्किल डेवलपमेंट से राष्ट्र और विश्व का विकास में अपना संपूर्ण योगदान देंगे,

अंत में मैं आपसे कहूंगा कि अपने युवाओं को पर्सनालिटी डेवलपमेंट और स्किल डेवलपमेंट से जरूर जोड़ें क्योंकि प्रतिभावान युवा ही राष्ट्र की प्रतिभा को परिभाषित करता है

राजा पाठक टीकमगढ़

सदस्य

राष्ट्रीय कार्यक्रम विभाग भाजपा मध्य प्रदेश



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